## How Are Left Main and non Left Main Bifurcations Unique: Insights from Imaging

Akiko Maehara, MD

Cardiovascular Research Foundation/
Columbia University Medical Center
New York City, NY

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## Plaque Distribution LMCA vs LAD/D1

Inclusion: angiographically significant bifurcation disease



Plaque Composition in Each Vessel Necrotic Core (NC) \& Dense Calcium (DC)
\%NC and \%DC were greater in the LAD (15.7\%, 8.8\%) than in the LM (11.8\%, 4.5\%) or LCX (10.9\%, 4.5\%) - p=0.002 \& $p=0.0004$, respectively.



## Carina Shift (n=23, LCX DS $<50 \%$ )



78\% showed a >10\% reduction of MLA within LCX ostium after cross-over stenting



## Location of Restenosis after LMCA Stenting




## Criteria for stent underexpansion at the distal LMCA bifurcation ( $\mathrm{n}=403$ )



## SB Stent Underexpansion After Crush

Final angiographic result


|  | MV | SB | P |
| :--- | :---: | :---: | :---: |
| MSA, mm |  |  |  |
|  | $6.5 \pm 1.7$ | $3.9 \pm 1.0$ | $<0.0001$ |
| Stent expansion, $\%$ | $92.1 \pm 16.6$ | $79.9 \pm 12.3$ | 0.02 |
|  |  |  |  |
| MSA <4 mm² | $10 \%$ | $55 \%$ | 0.007 |
|  | $(2 / 20)$ | $(11 / 20)$ |  |
| MSA $<5 \mathrm{~mm}^{2}$ | $20 \%$ | $90 \%$ | $<0.0001$ |
|  | $(4 / 20)$ | $(18 / 20)$ |  |



## The Optimal Cutoff Value of Post-Procedural MSA to Predict a Follow-up MLA $\geq \mathbf{4 m} \mathbf{m}^{2}$ After Bifurcatoin T-Stenting



AUC=0.88
(95\%CH=0.80-0.95)

## Take Home Message

1. $90 \%$ of plaque distribution is LAD dominant in the LMCA, LAD/D1 bifurcation, no matter the angiographic appearance.
2. In LMCA bifurcations, advanced atherosclerosis (fibroatheroma, calcification) is more in the proximal LAD than LMCA or LCX. However, in non-LM bifurcation lesions, the proximal segment had more plaque than the distal segment.
3. In LMCA lesions, carina shift is related to the narrow angle of LAD/LCX and minimum plaque at LCX ostium.
4. The main difference between LMCA and LAD/D1 bifurcation are 1) size of vessel and 2) angle which may relate to different mechanism of lumen compromise at side branch ostium and acute outcome (=minimum lumen area).
