Beyond IVUS: OCT, NIRS, and Beyond

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Disclosure Statement of Financial Interest

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below.

Affiliation/Financial Relationship

- Grant/Research Support
- Consulting Fees/Honoraria
- Speaker Fee

Company

- Boston Scientific Corporation
- Boston Scientific Corporation, ACIST
- Volcano Corporation, St Jude Medical





Old Friend, Grayscale IVUS







Gray Scale IVUS Tissue Characterization



Attenuated Plaque (Superficial, Deep)

- 2,292 2-mm long segments from 151 coronary specimens in 62 autopsy hearts.
- Data obtained in the CDEV3 Study, Gardner et al, JACC Imaging, 2008, sponsored by InfraReDx, Inc.

Deep Attenuated Plaque Superficial Attenuated Plaque





Pu J, et al. JACC in press



Echolucent Plaque (Superficial, Deep)







Diagnostic Summary of Large Necrotic Core/Lipid Pool





Pu J, et al. JACC in press



New Generation High Frequency IVUS

Three Layers Appearance



Axial Resolution: 40µm



Ruptured Plaque 60MHz



40MHz





High Speed Pullback with Flush





New Friend, OCT







MGH Multicenter OCT Registry (n=126) Definite OCT-Erosion Probable OCT-Erosion





Presence of attached thrombus overlying an intact and visualized plaque

- 1) Luminal surface irregularity without thrombus
- Attenuation of underlying plaque by thrombus without superficial lipid or calcification immediately proximal or distal site





JACC Jia H, et al. 2013

Multicenter OCT Registry

At median follow-up of 753 days, only one TLR with rupture.

	Intact Fibrous Cap (n=12)	Ruptured Fibrous Cap (n=19)	P-value
Treatment	Thrombectomy only	Thrombectomy + Stent	
Age	52.2±12.0	62.6±10.8	0.019
Male	10 (83%)	16 (84%)	NA
Hypertension	1 (8%)	10 (53%)	0.033
Pre DS (%)	79±33	88±17	0.95
Post Aspiration DS (%)	27±19	32±35	0.48
Total Ischemic time (h)	3.5±3.0	3.6±2.3	0.82
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µOCT with <1-2 Micron Resolution

Smooth Muscle Cells

Macrophages







Tearney, G Nat Med 17: 1010-14, 2012



Powerful New Friend, NIRS







NIR can Distinguish Lipid-rich from Fibrotic Plaques





Original Wave Returned Wave Absorption 1900 Wavelength 1100

(nm)



NIR Spectroscopy

Necrotic Core>0.2mm thick, >60°, Cap<0.45mm



in the Innovation

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Near Infrared Spectroscopy



Formation of the Cap Thickness Prediction Image



ARDIOVASCILAR RESEARCH

Ability to Predict Thin Cap (<0.065mm)







All Together











OCT-NIRS Cadaver Coronary Plaques





Tearney G, Optics Express, 21: 30849-30858.

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OCT and IVUS





Courtney B et al, Cathet Cardiovasc Interv 2013;81:494-507



Relationship between Lipid Rich Plaque detected by NIRS and Outcomes

- Prospective Single Center Study, 206 patients (ACS47%)
- Primary Endpoint: Composite of all-cause mortality, nonfatal ACS, stroke and unplanned PCI during one-year FU
- >40mm non culprit segment of NIRS

Lipid Core Burden Index (LCBI)=188





Oemrawsingh RM et al, ESC2003



Relationship between Lipidic Plaque detected by NIRS and Outcomes





Oemrawsingh RM et al, ESC2003

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PROSPECT II Study PROSPECT ABSORB RCT



900 pts with ACS after successful PCI 3 vessel IVUS + NIRS (blinded)

≥1 IVUS lesion with ≥70% plaque burden present?



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Where are we going?

- 1. Higher technology to visualize cell level morphology and complementary imaging, which allow us to understand vulnerable plaque more details.
- 2. In the meantime, to develop the best treatment option (BVS stent, super-intensive short term drug therapy, etc) should be evaluated to change the patient outcome ultimately.
- Fortunately, the current optimal medical therapy reduce hard endpoint significantly, and need to differentiate very high risk patient who has benefit of these technology.

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