

# **Pulmonary Arterial Hypertension and Congenital Heart Disease: Role of Interventional Cardiology**



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**Okayama, JAPAN**

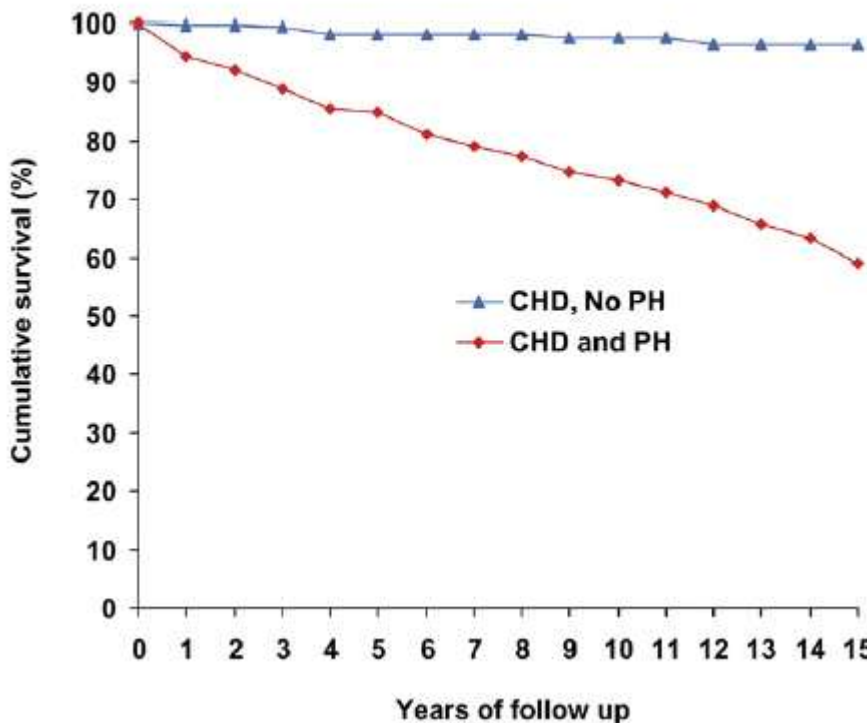
**TCTAP 2014**

# Diagnosis of Pulmonary Hypertension in the Congenital Heart Disease Adult Population

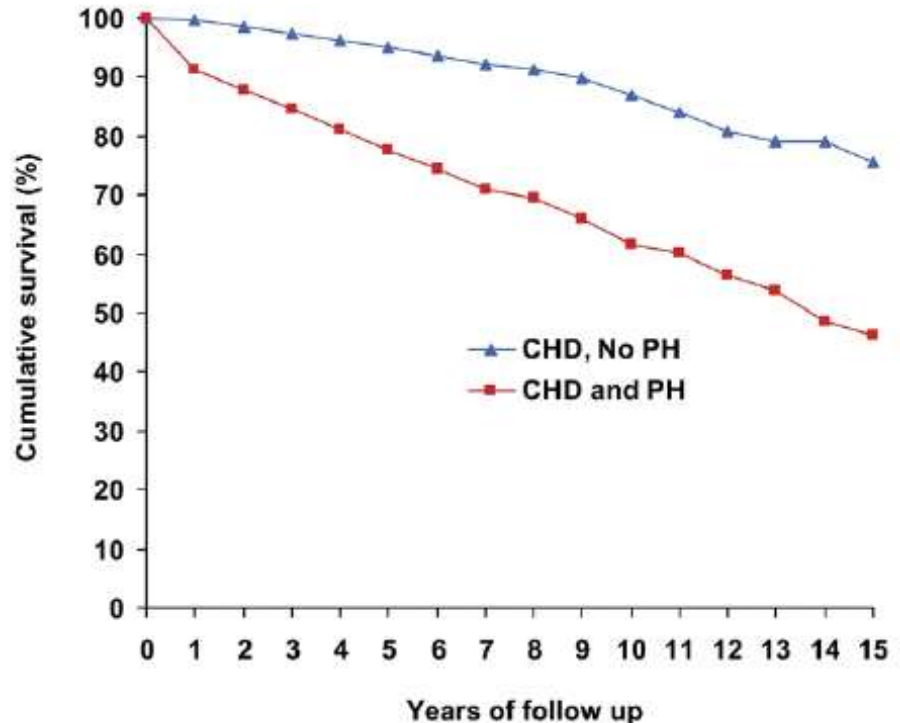
## Impact on Outcomes

Boris S. Lowe, MB, CHB,\*† Judith Therrien, MD,\*† Raluca Ionescu-Ittu, PhD,\*‡  
Louise Pilote, MD, MPH, PhD,‡§ Giuseppe Martucci, MD,\* Ariane J. Marelli, MD, MPH\*

Age 18 – 39 years



Age 40 – 64 years



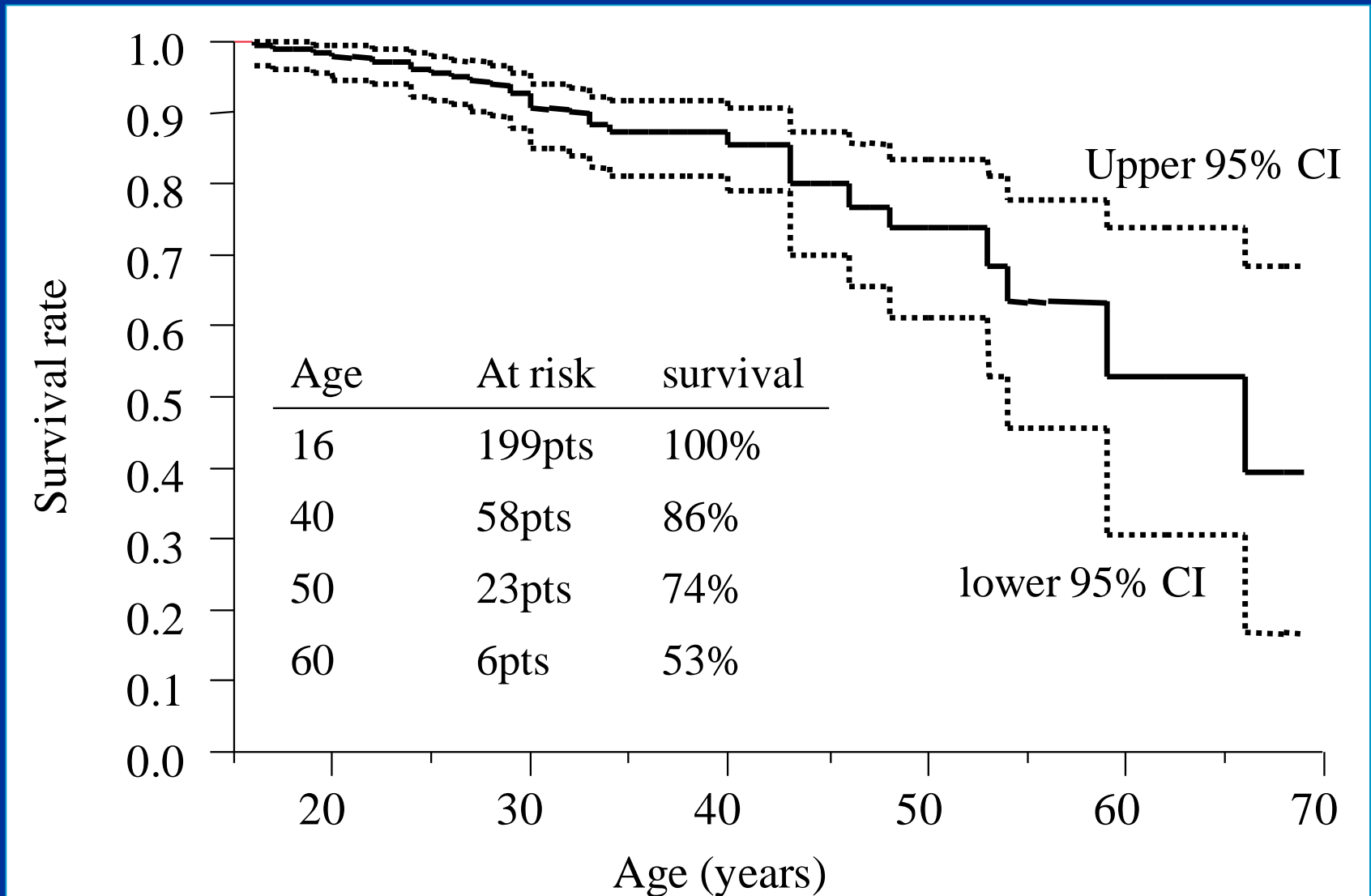
# Various Conditions of ACHD with PH

- Eisenmenger Syndrome
- Left to Right Shunt disease with PH
- Post operative PH (without shunt)

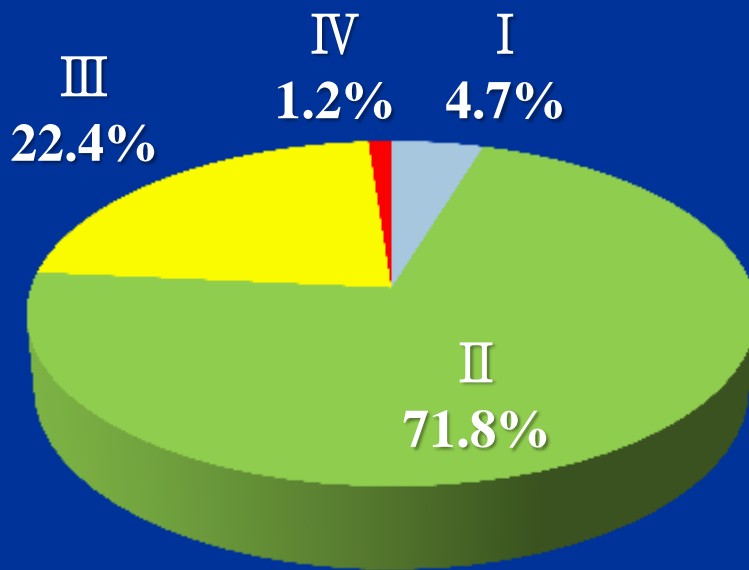
# Various Conditions of ACHD with PH

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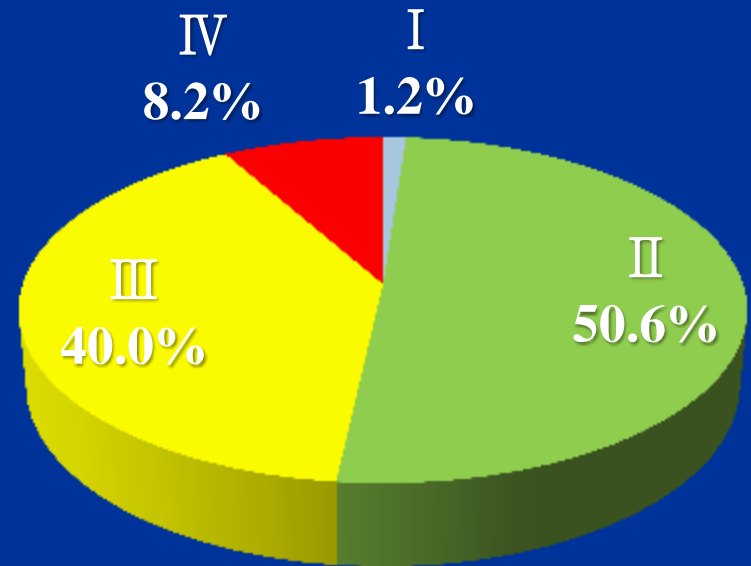
# Natural course of Eisenmenger syndrome



# Transition of NYHA functional class in Eisenmenger syndrome



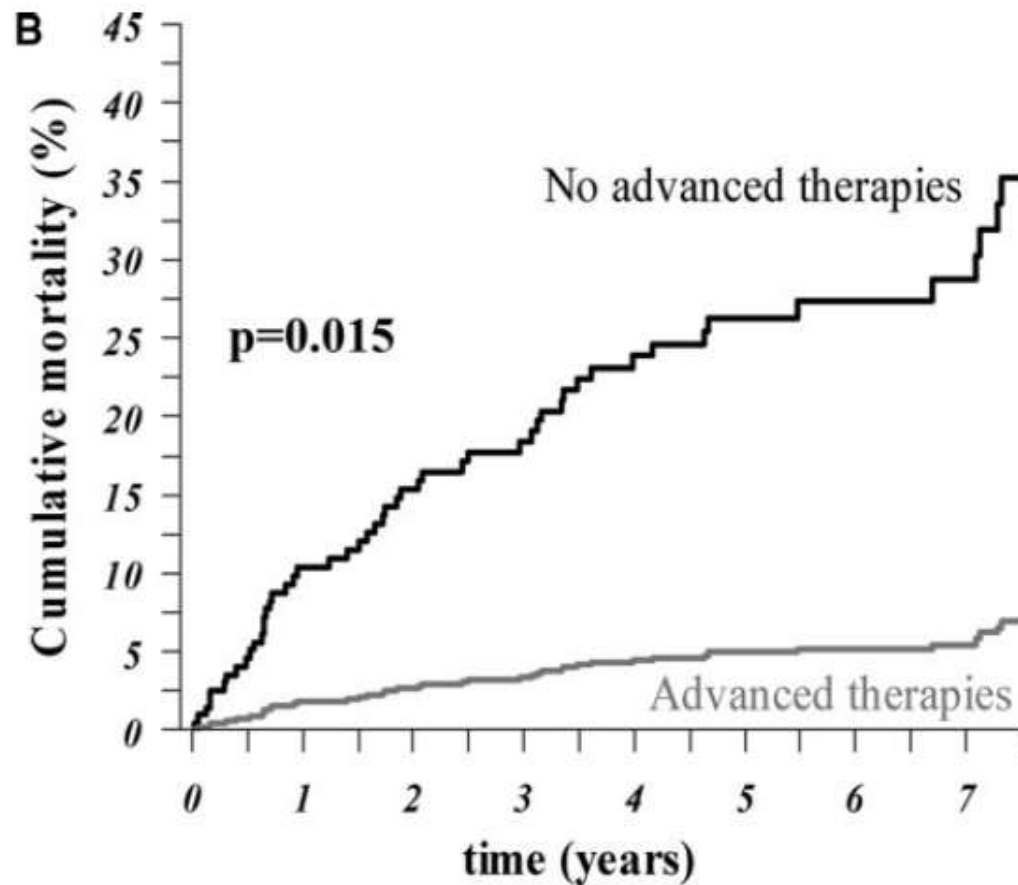
Age at enrollment (30±12 years)



Age at the latest study (38±11 years)

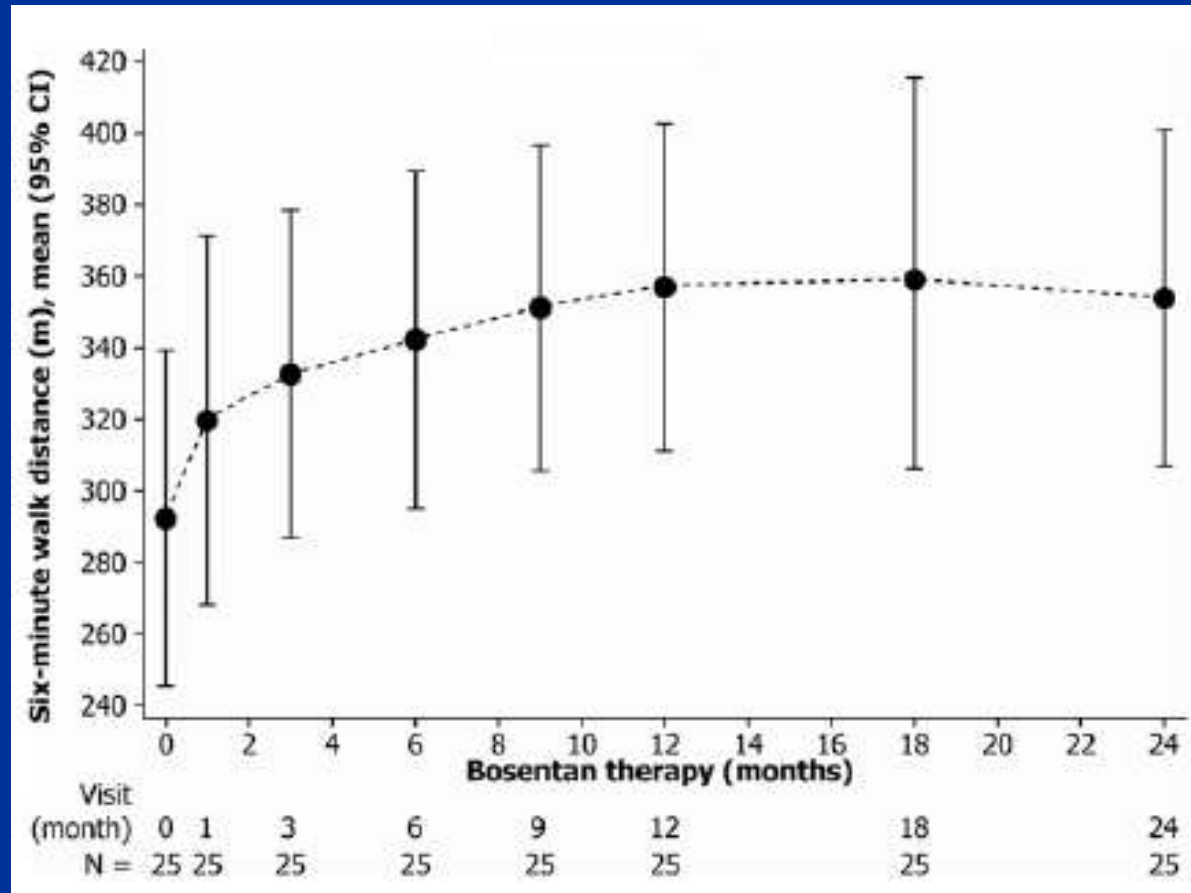
# Improved Survival Among Patients With Eisenmenger Syndrome Receiving Advanced Therapy for Pulmonary Arterial Hypertension

Konstantinos Dimopoulos, MD, MSc, PhD, FESC\*; Ryo Inuzuka, MD\*; Sara Goletto, MD; Georgios Giannakoulas, MD, PhD, FESC; Lorna Swan, MD, MRCP; Stephen J. Wort, BA, MBBS, MRCP, PhD; Michael A. Gatzoulis, MD, PhD, FESC



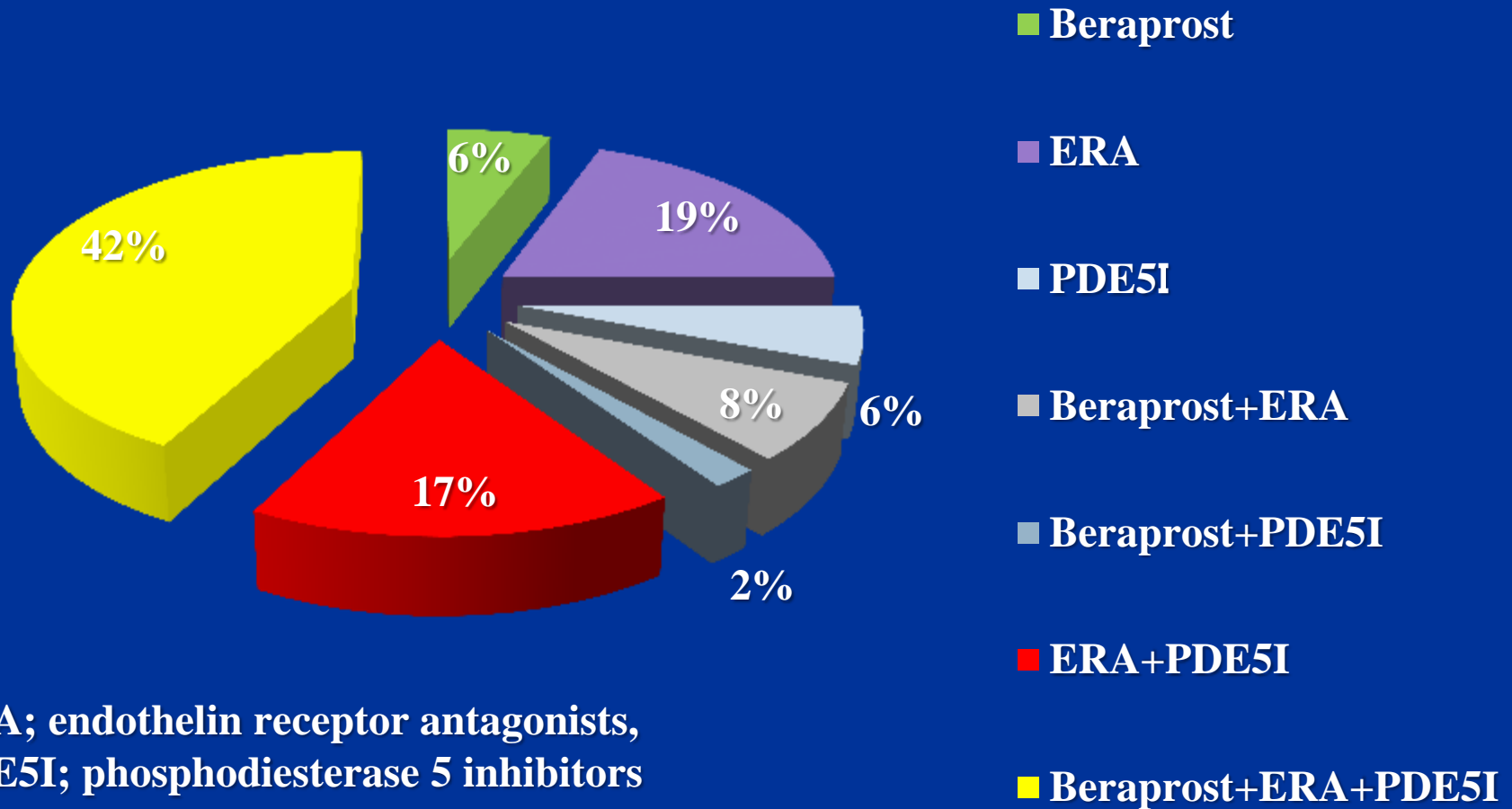
# Efficacy and Safety of *Bosentan* for Pulmonary Arterial Hypertension in Adults With Congenital Heart Disease

Oliver Monfredi, MBChB, MRCP<sup>a</sup>, Linda Griffiths, RGN, RSCN<sup>b</sup>, Bernard Clarke, MD<sup>a,b</sup>, and Vaikom S. Mahadevan, MD<sup>a,b,\*</sup>





# Type of Medication of Disease Targeting Therapy



# Various Conditions of ACHD with PH

- Eisenmenger Syndrome
- Left to Right Shunt disease with PH
- Post operative PH (without shunt)

## **52 years-old female**

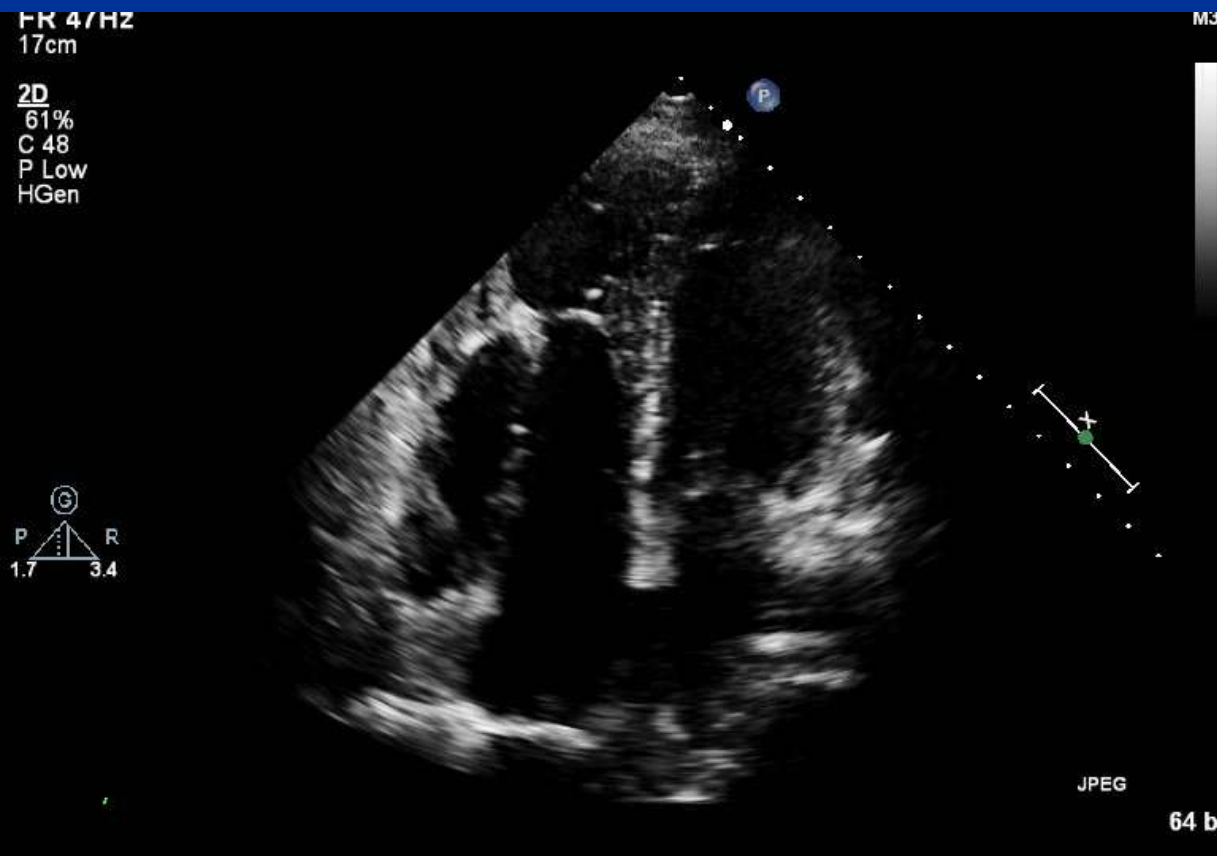
**Atrial septal defect was diagnosed when she was 20 years-old. Recently, she became aware of dyspnea on exertion.**

**NYHA class II**

**Height 149 cm, Body weight 56 kg**

**No medication**

# Transthoracic echocardiogram (initial examination)



TR mild  
TRPG=95mmHg  
PR mild  
PREDP=15mmHg

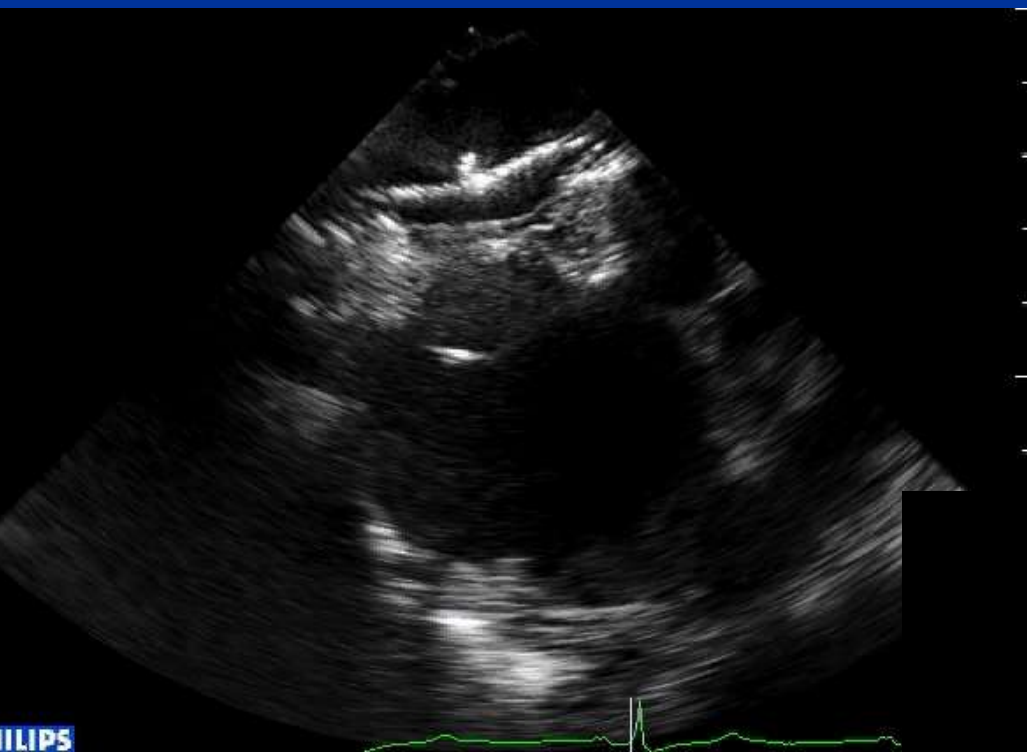
IVC 13/5 mm

Preserved LV contraction  
LVDd/s 36/22 mm  
EF=70% FS=39%  
e' 3 cm, E/e' 15

ASD (secundum) L  $\Rightarrow$  R shunt

Estimated Qp/Qs=2.6, maximal defect diameter 28 mm

0 degree



Amplatzer Septal Occluder  
30 mm

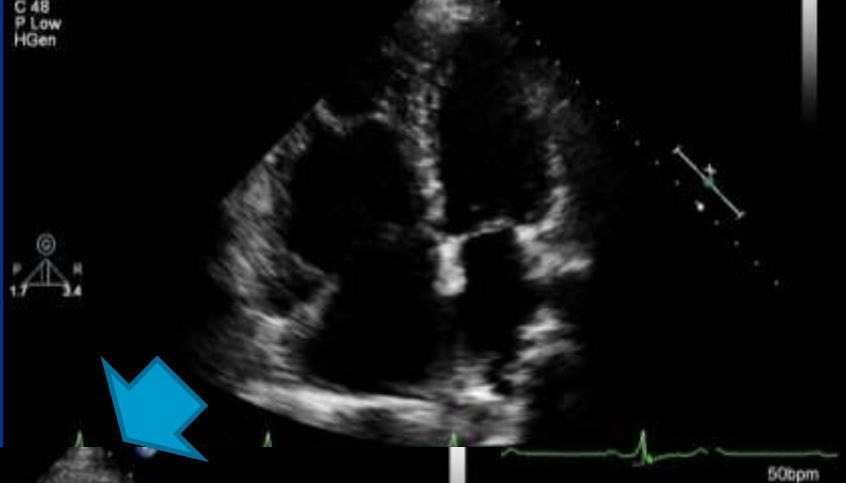
90 degree



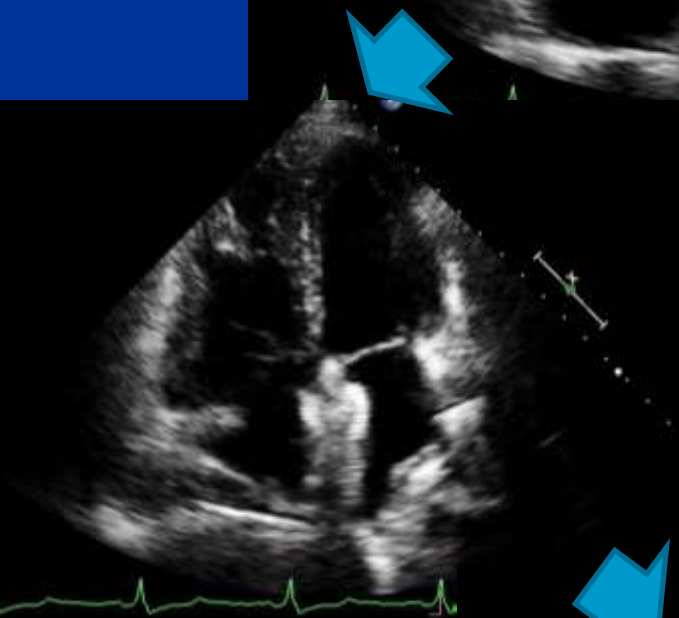
Mean PAP  
45 → 33 mmHG

# Clinical course

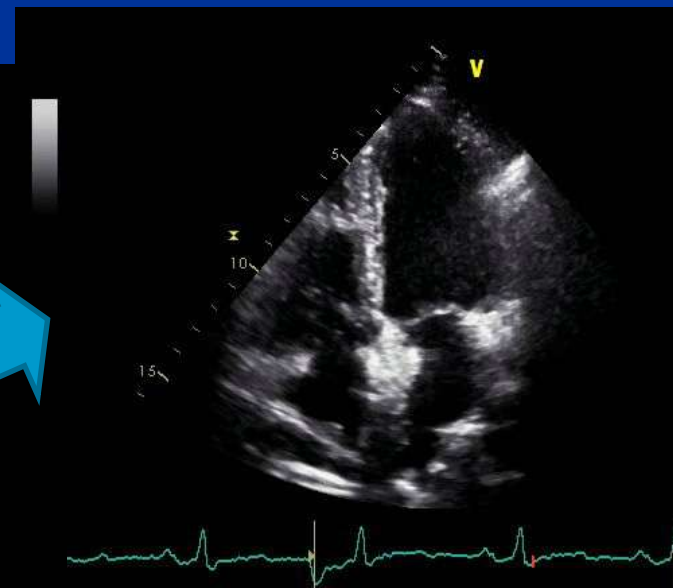
after diuretics treatment  
TRPG=60mmHg



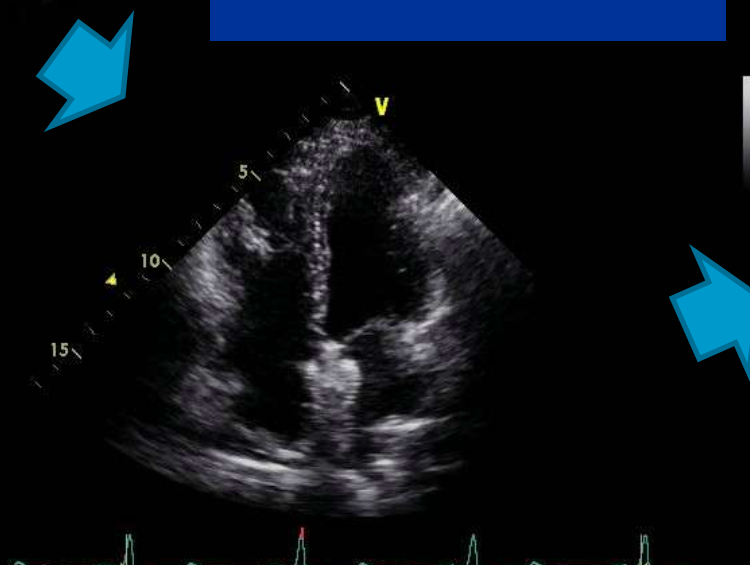
after ASD closure  
TRPG=54mmHg



1 year after  
TRPG=39mmHg



3 mo. after  
TRPG=45mmHg

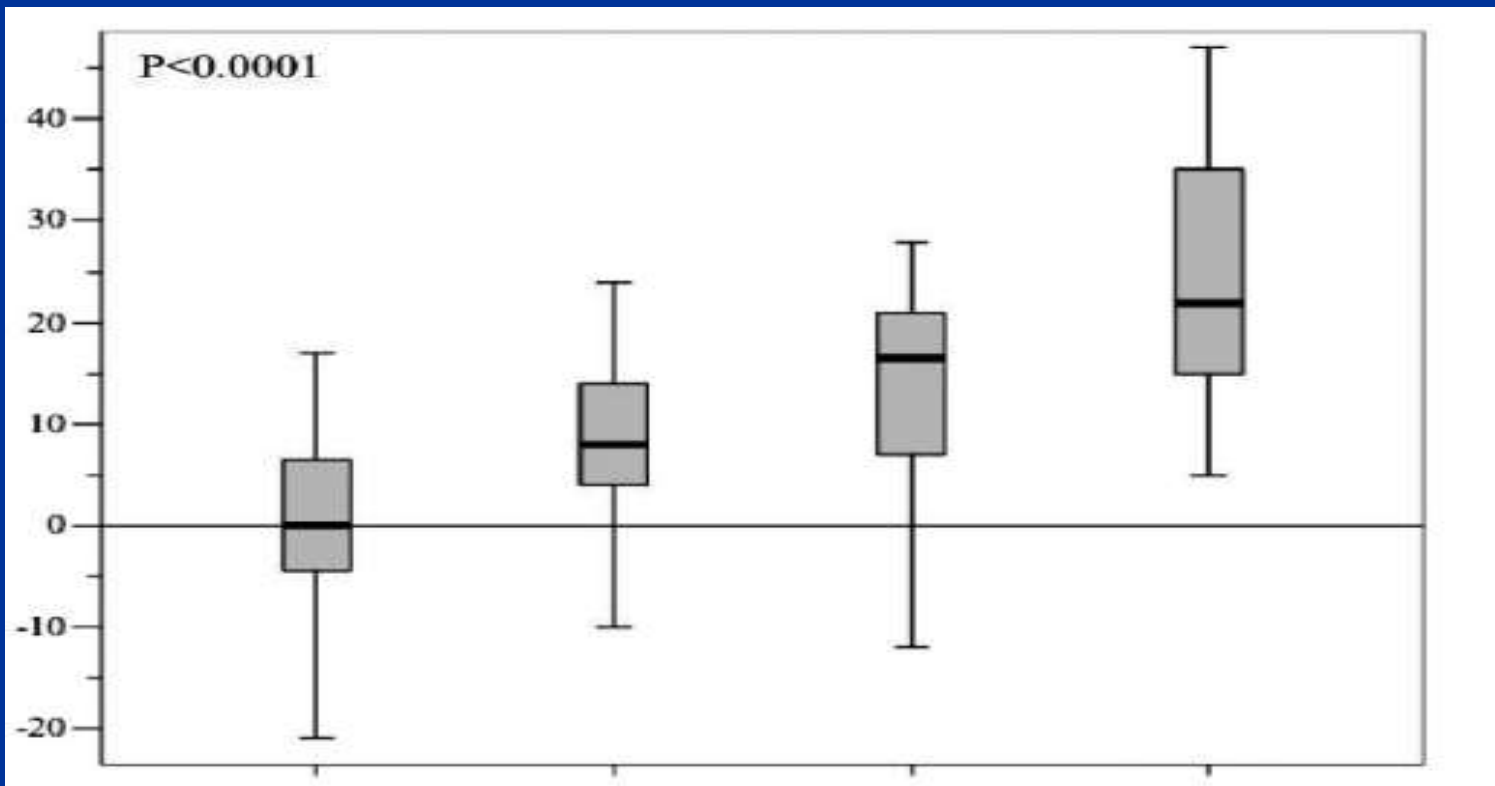


# Pulmonary Arterial Hypertension in Patients With Transcatheter Closure of Secundum Atrial Septal Defects

## A Longitudinal Study

Gerald Yong, MBBS; Paul Khairy, MD, PhD; Pierre De Guise, MD; Annie Dore, MD; Francois Marcotte, MD; Lise-Andree Mercier, MD; Stephane Noble, MD; Reda Ibrahim, MD

% reduction of PA pressure



<40

40-49

50-59

≥60

SPAP (mmHg)

(Circ Cardiovasc Intervent 2009)

# ASD complicated with PH

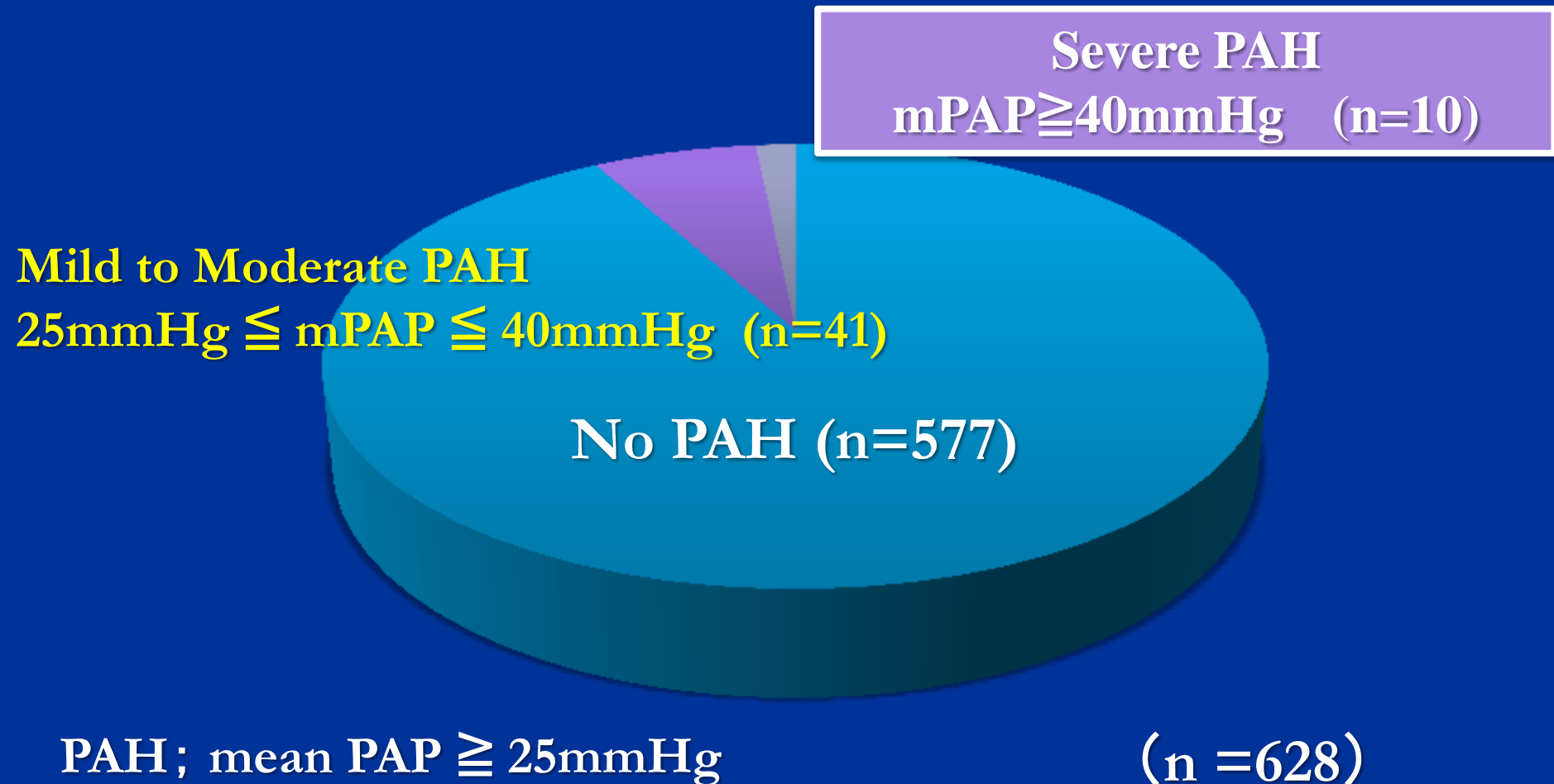
- PH due to large ASD or increased PA flow
- PH due to Primary Pulmonary Lesions



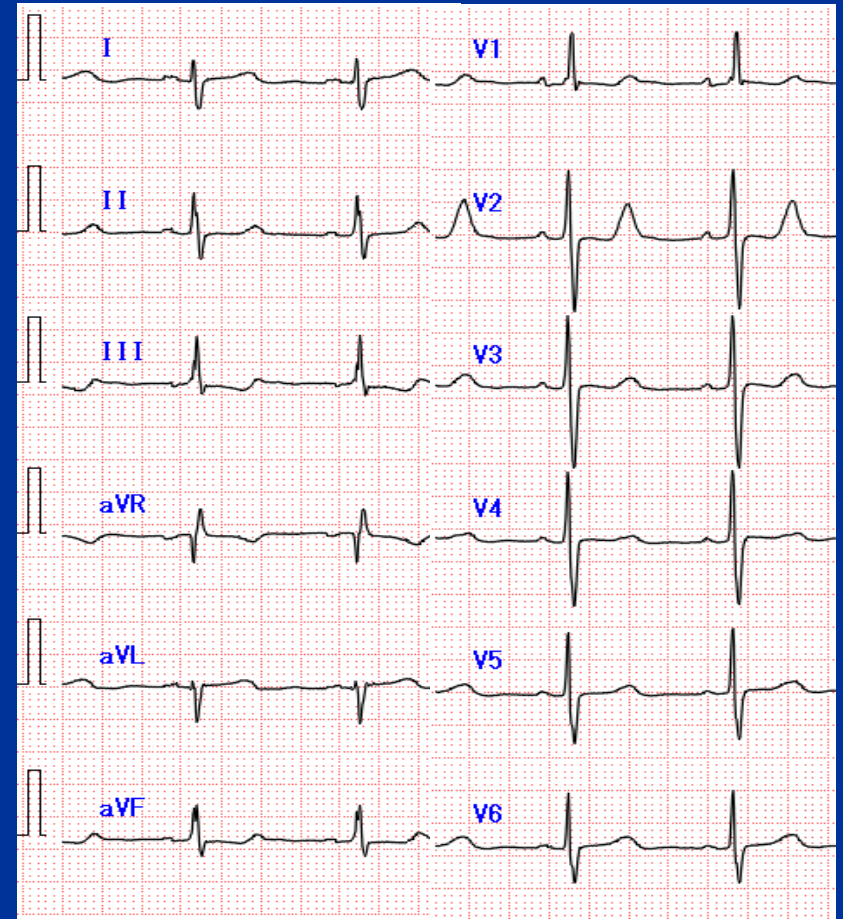
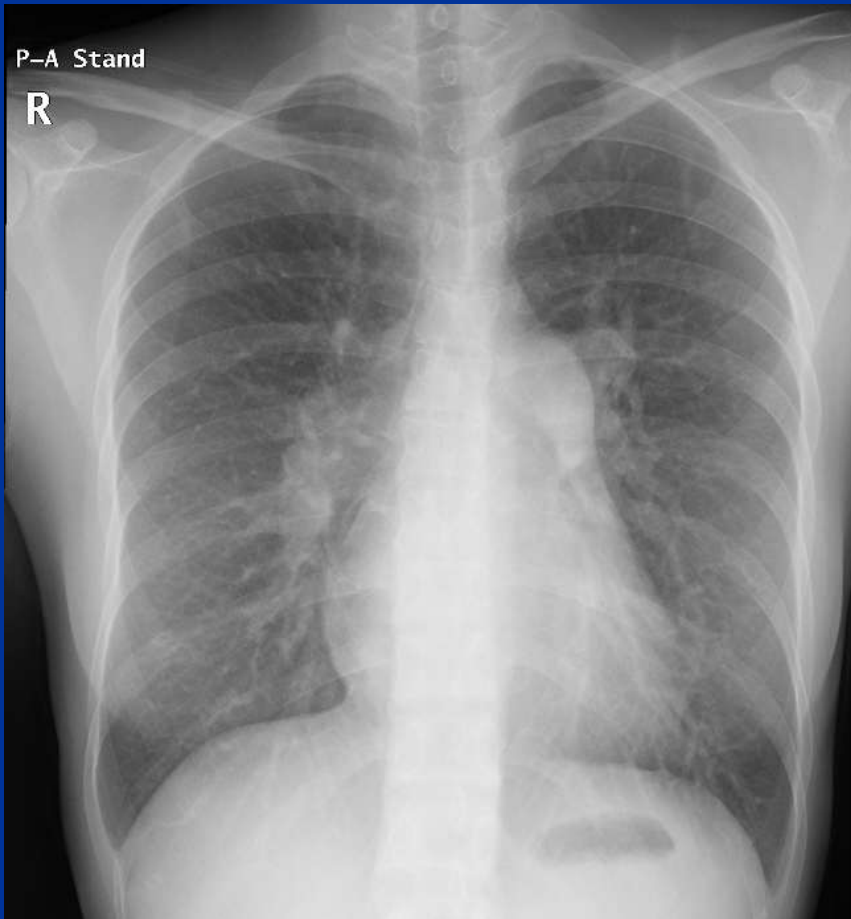
# ESC guidelines for the management of ASD

Indications	Class <sup>a</sup>	Level <sup>b</sup>
Patients with significant shunt (signs of RV volume overload) and PVR <5 WU should undergo ASD closure regardless of symptoms	I	B <sup>26</sup>
Device closure is the method of choice for secundum ASD closure when applicable	I	C
All ASDs regardless of size in patients with suspicion of paradoxical embolism (exclusion of other causes) should be considered for intervention	IIa	C
Patients with PVR ≥5 WU but <2/3 SVR or PAP <2/3 systemic pressure (baseline or when challenged with vasodilators, preferably nitric oxide, or after targeted PAH therapy) and evidence of net L-R shunt (Qp:Qs >1.5) may be considered for intervention	IIb	C
ASD closure must be avoided in patients with Eisenmenger physiology	III	C

# Incidence of PAH in candidates for catheter ASD closure



# ASD with Severe Pulmonary Hypertension



**34 years old female, Dyspnea, Syncope after exercise**

# ASD + severe PH



Estimated PAP **113/32 mmHg**

RA/RV dilatation

ASD

defect=15 mm x 13.5 mm

L→R shunt (++)

R→L shunt (+)

**Qp/Qs = 1.1**



# ASD with severe PH

## Before medication

6MWD 20m, PAP 87/30 (57) mmHg,  
PVR 8.7 wood unit (697 dyne · sec/cm<sup>-5</sup>)  
Qp/Qs=1.32

bosentan	250mg
sildenafil	60mg

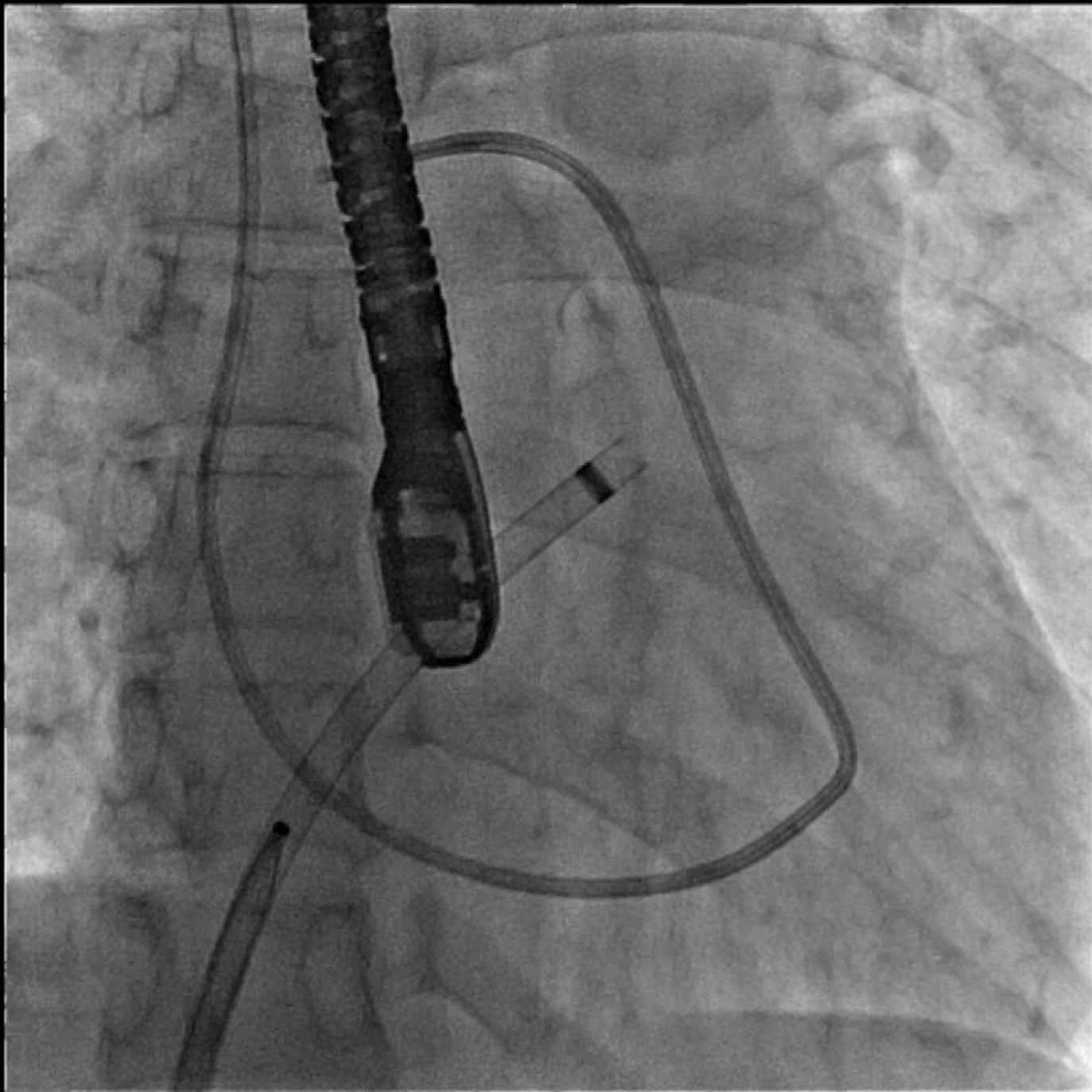


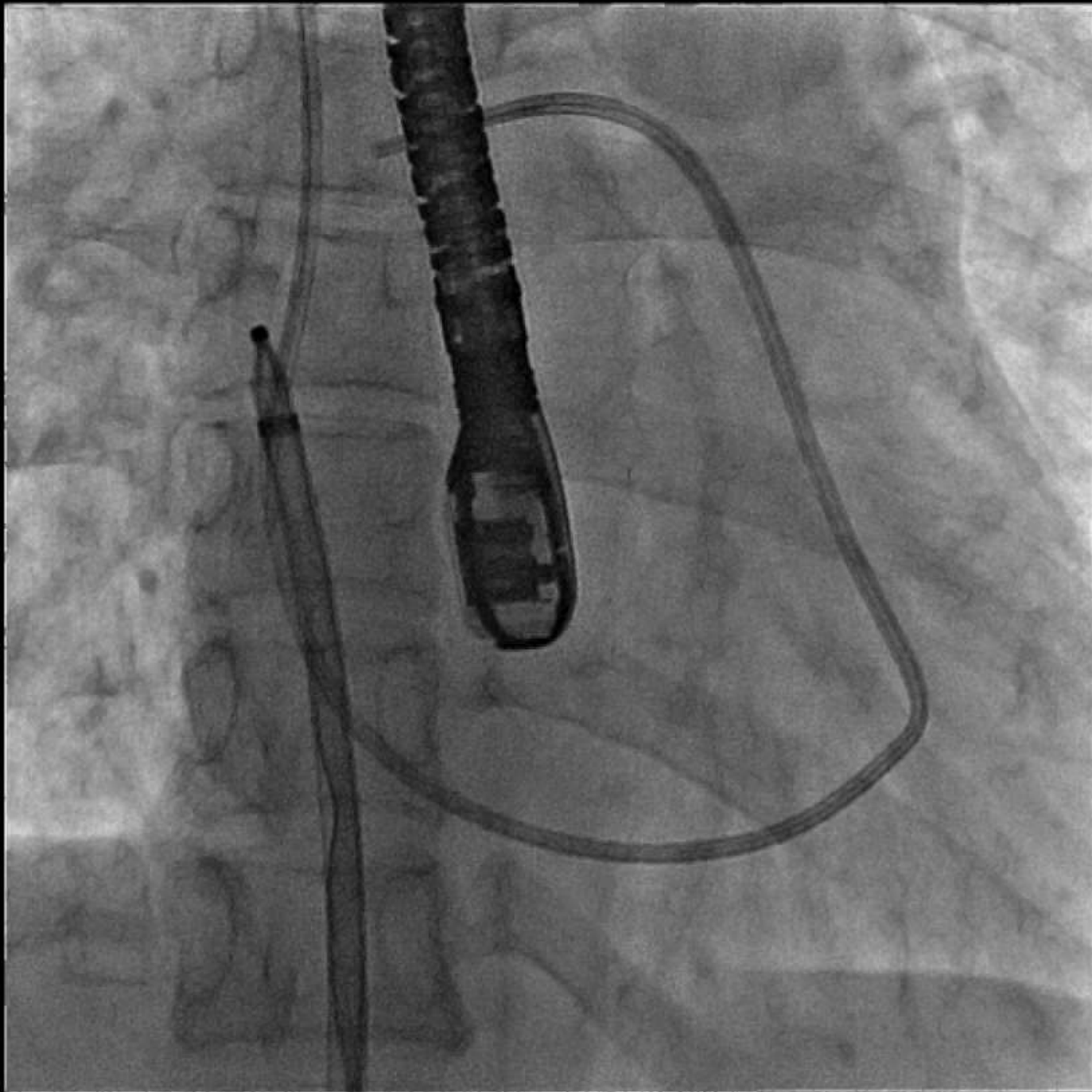
## After medication

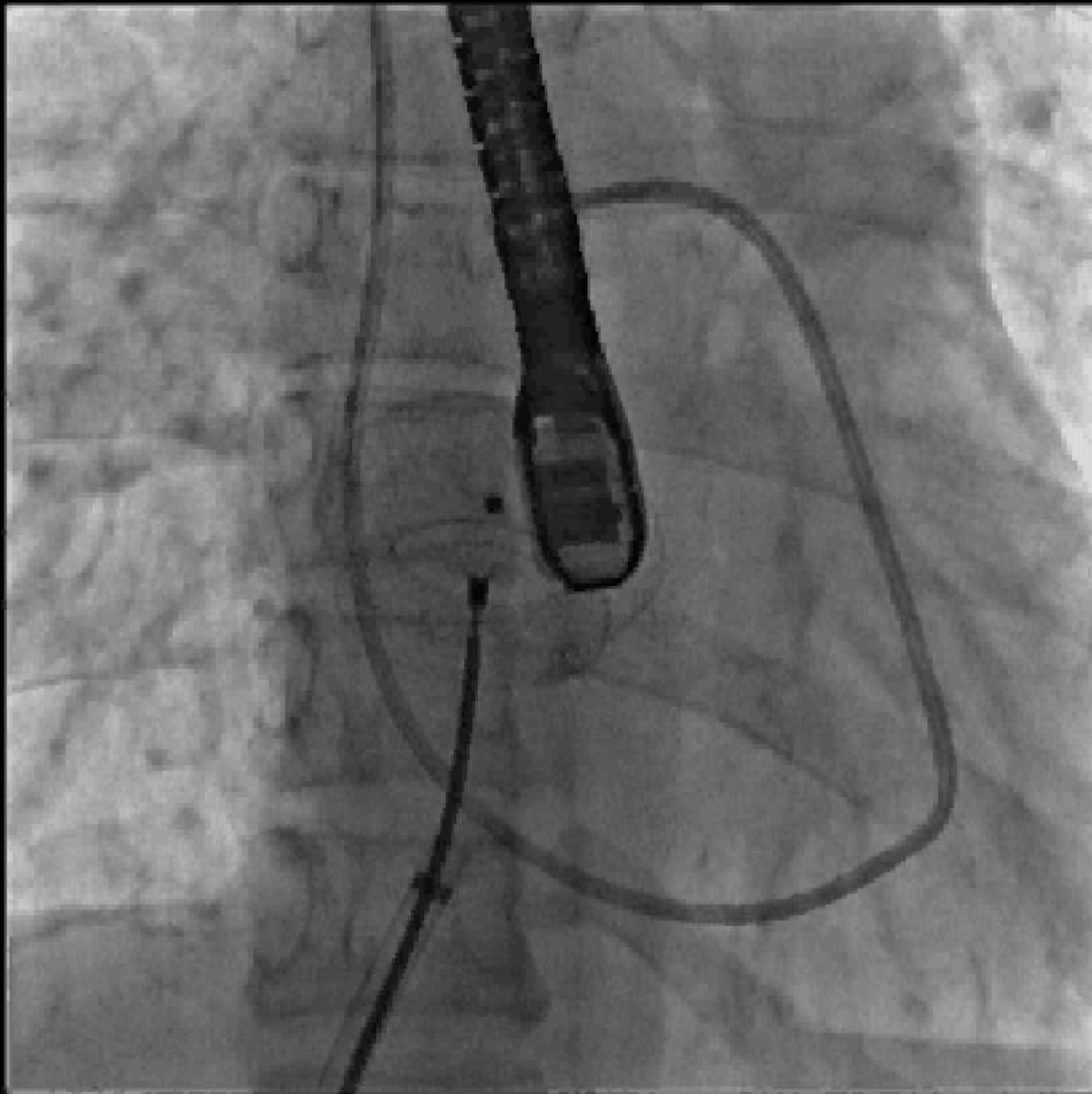
6MWD 350m, PAP 60/21 (35) mmHg,  
PVR 3.6 wood unit (291 dyne · sec/cm<sup>-5</sup>)  
Qp/Qs=2.19



catheter closure of ASD was performed









# Clinical Course

WHO FC III

WHO FC II

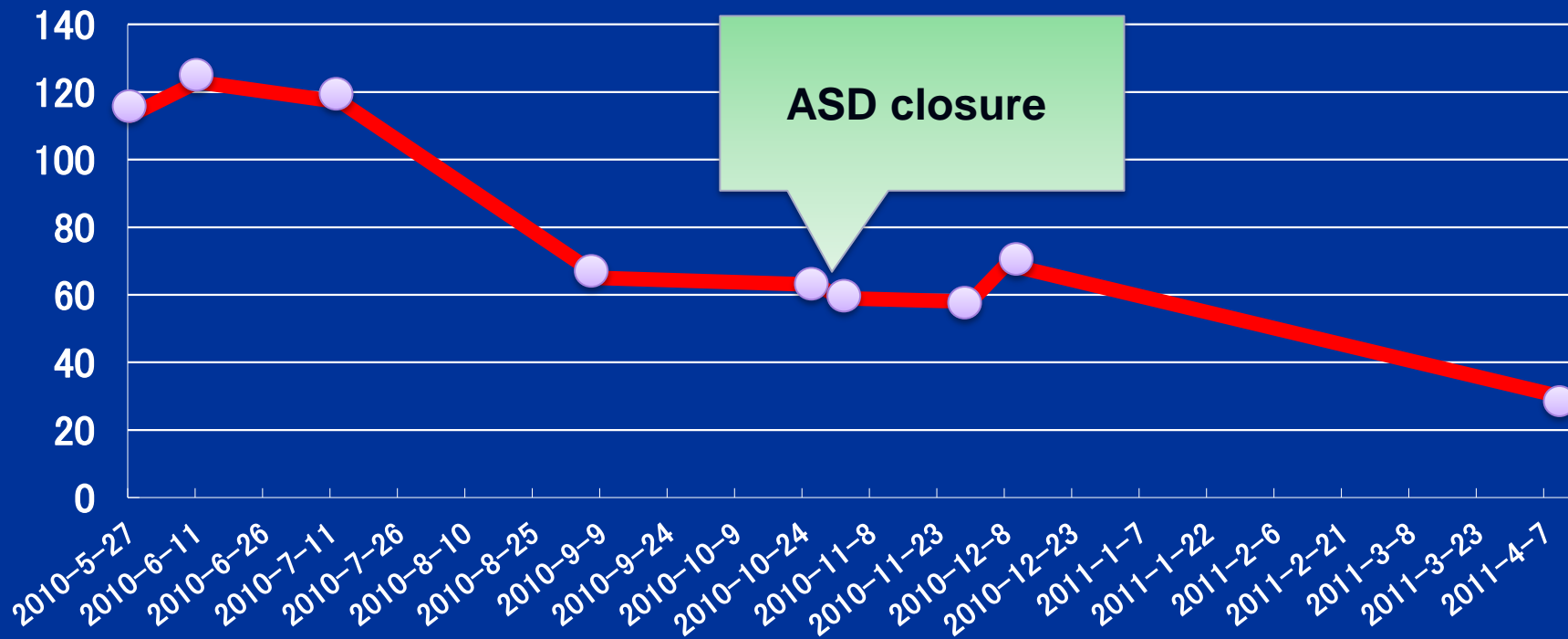
WHO FC I

bosentan 250 mg

sildenafil 60 mg

ASD closure

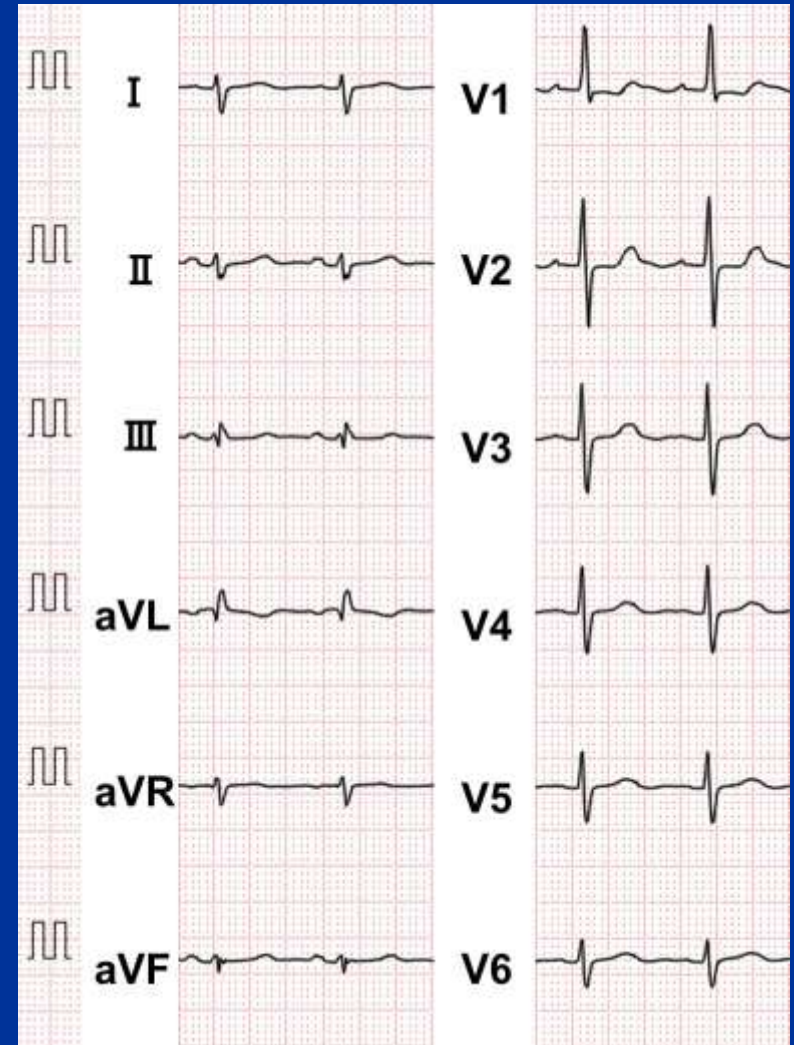
TR-PG  
(mmHg)



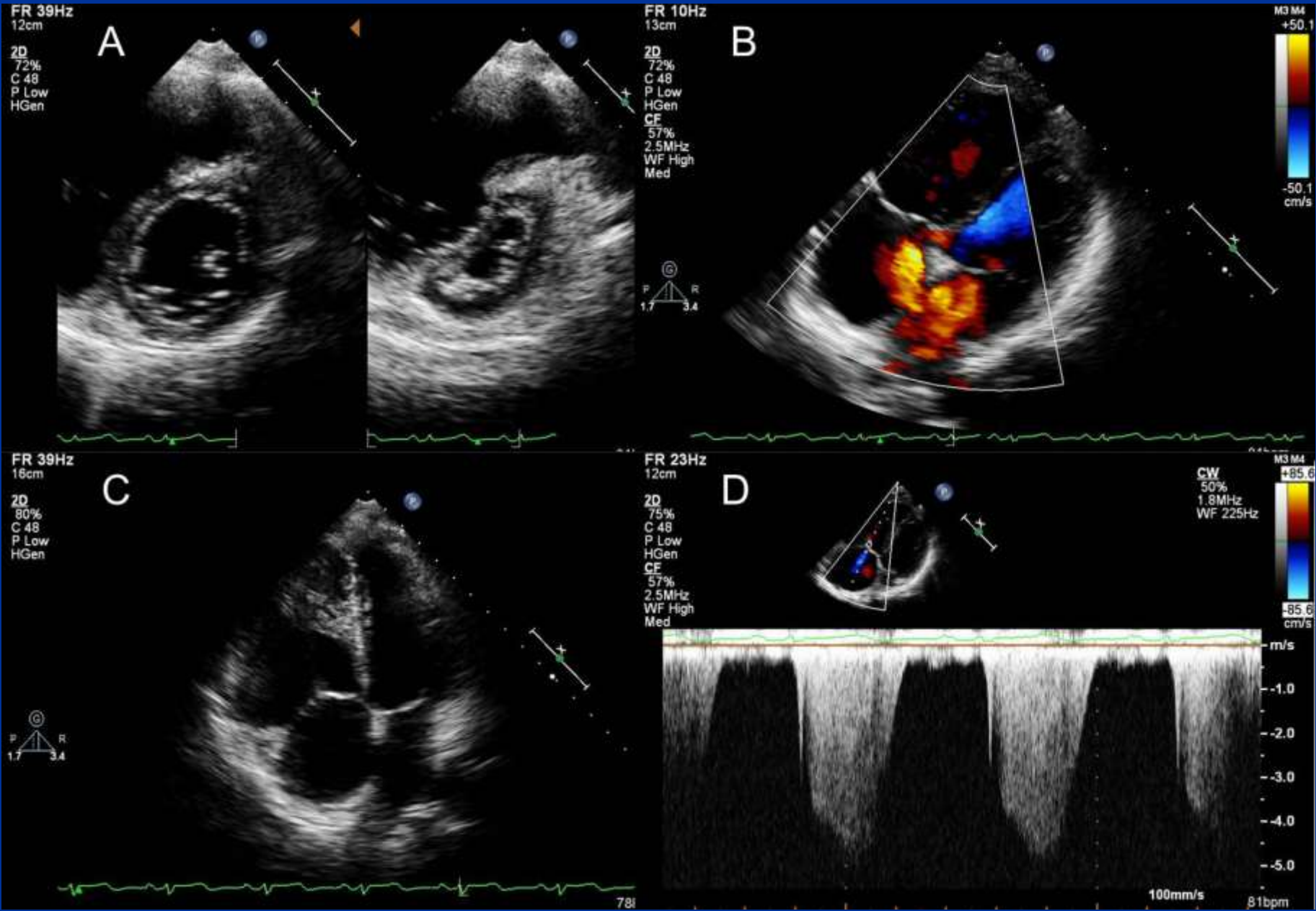
Qp/Qs=1.32  
PVR 697  
mPAP=57

Qp/Qs=2.19  
PVR 291  
mPAP=35

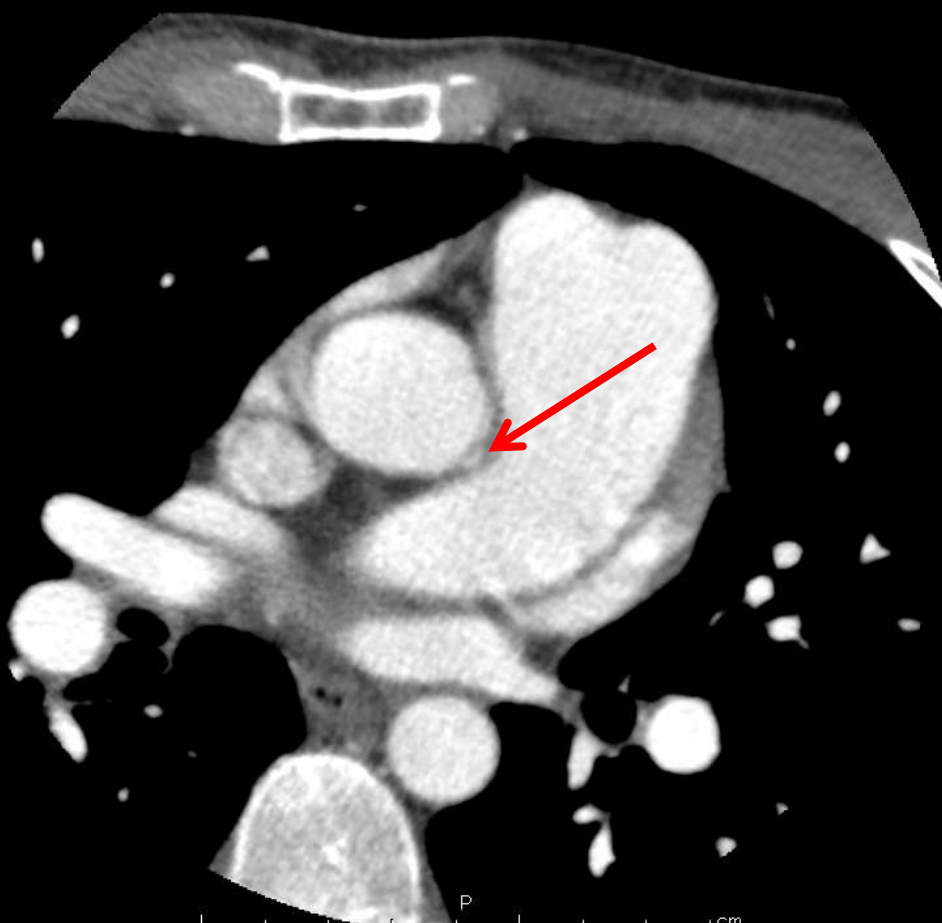
# 37 years old female, Eisenmenger syndrome ?



PAP 113/50(73) mmHg, PVR 12.8 wood unit  
 $Q_p/Q_s = 1.0$



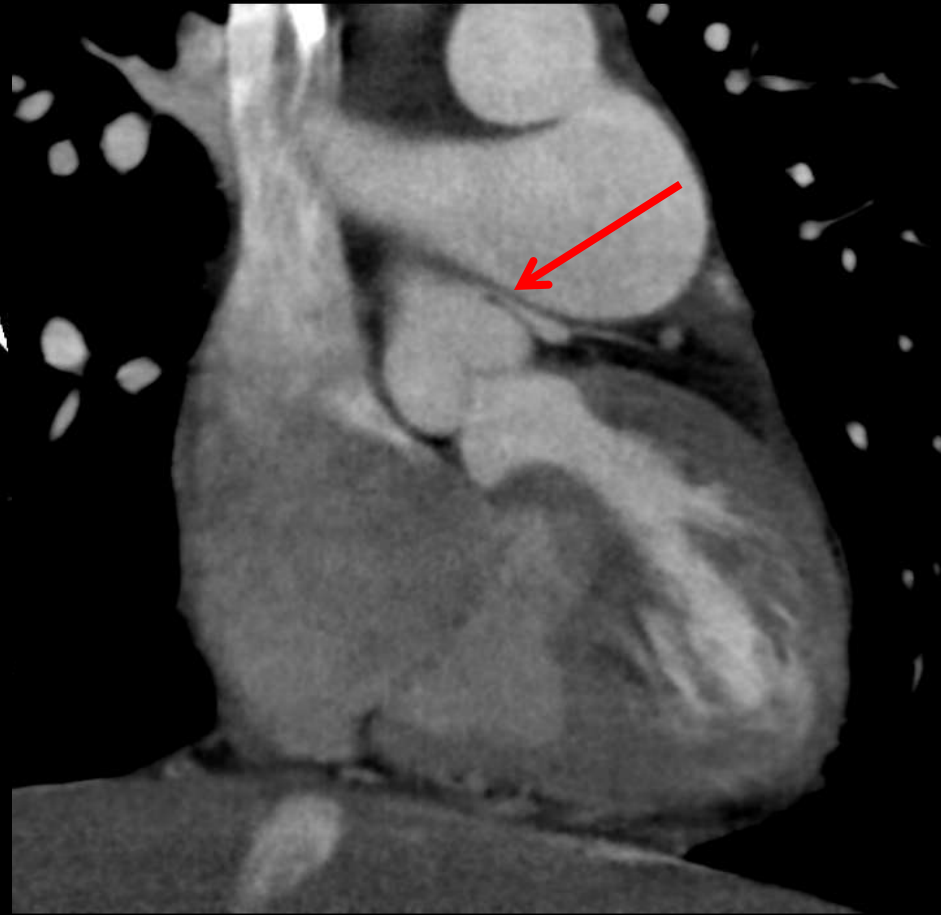
A



P

1 cm

H



F

1 cm

TAMURA, YOUKO  
1971-06-10 F  
0003664172  
2008-07-03

OKAYAMA UNIV. HOSPITAL

e

LAD  
SO

CAUD  
C

T-image:  
3.37

T-run:  
15:41:06

RUN  
9  
123  
IMAGE  
51



**37 years-old**

**PAP 113/50(73) mmHg, PVR 12.8 wood unit**

**Qp/Qs: 1.0**



**Epoprostenol 110ng/kg/min**

**Bosentan 125mg/day**

**41 years**

**PAP 53/22(38) mmHg, PVR 4.3 wood unit**

**Qp/Qs: 1.6**

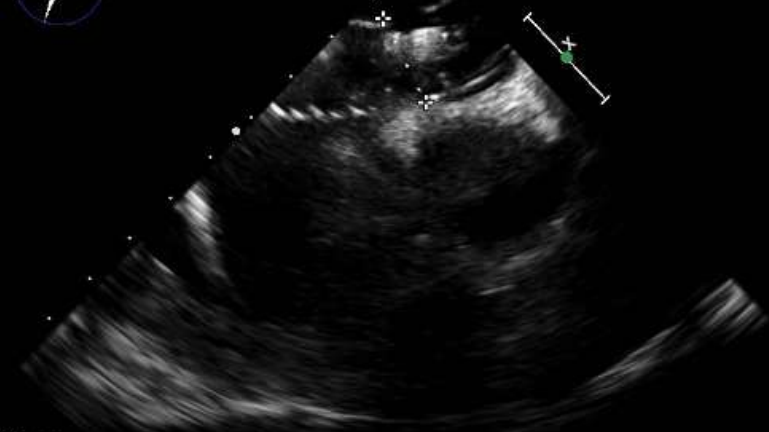
FR 37Hz  
10cm

2D  
57%  
C 50  
P Off  
Gen



FR 37Hz  
10cm

2D  
57%  
C 50  
P Off  
Gen



1:45:37

M4

✦ Dist 1.65 cm

PAT T: 37.0C  
TEE T: 38.0C

FR 37Hz  
10cm

2D  
57%  
C 50  
P Off  
Gen



PAT T: 37.0C  
TEE T: 37.9C



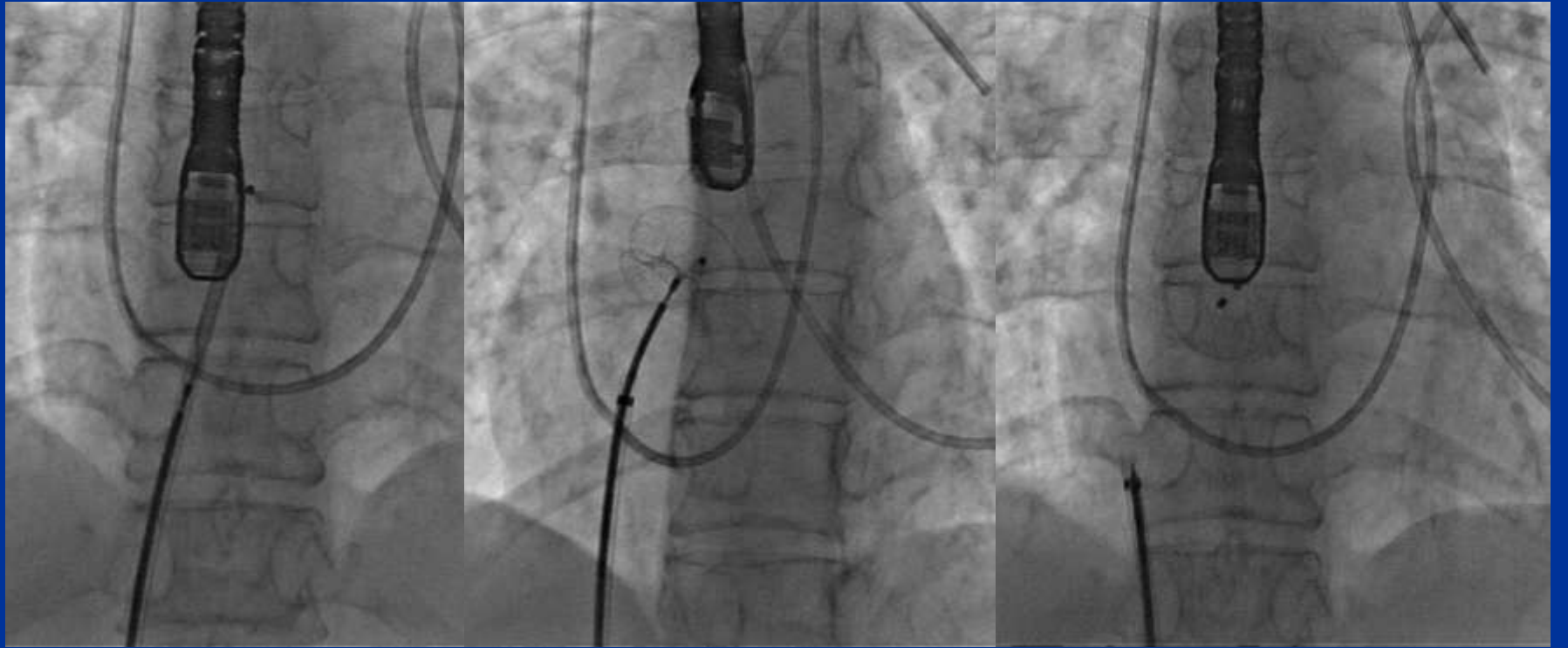
71bpm

JPEG

PAT T: 37.0C  
TEE T: 37.9C

80 bpm  
17.0C  
18.1C

90 bpm

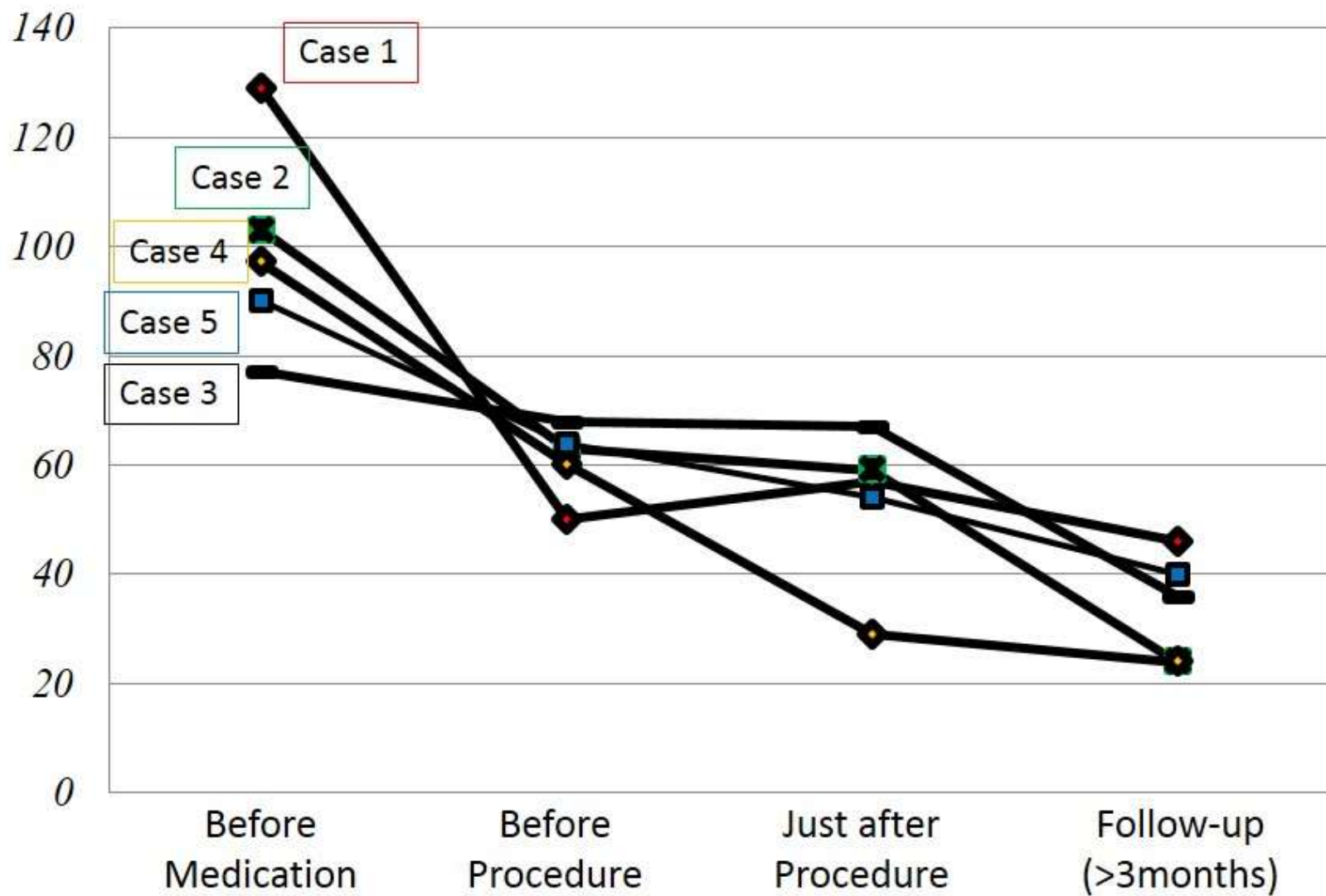




# PAH Specific Medical Treatment

<b>Case 1</b>	<b>epoprostnol 65 ng/kg/min, bosentan 125mg/day</b>
<b>Case 2</b>	<b>sildenafil 60 mg/day, bosentan 250 mg/day</b>
<b>Case 3</b>	<b>beraprost 360 µg/day, sildenafil 60 mg/day, bosentan 250 mg/day</b>
<b>Case 4</b>	<b>bosentan 125 mg/day</b>
<b>Case 5</b>	<b>epoprostnol 120 ng/kg/min, bosentan 125 mg/day</b>

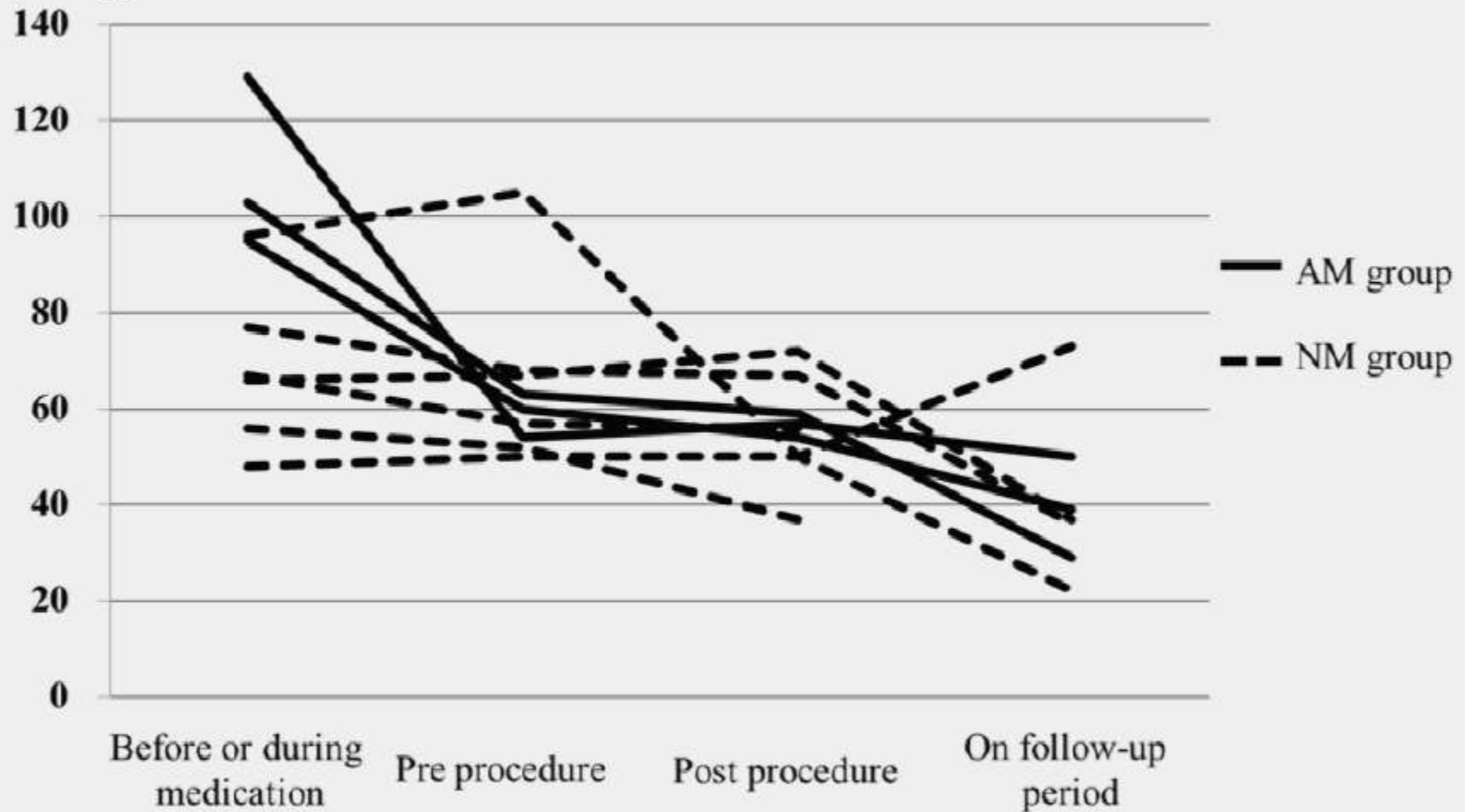
(mmHg)



# Catheter closure of ASD complicated with severe PH (mean PAP >40 mmHg)

Clinical course of tricuspid regurgitation pressure gradient (mmHg)

(mmHg)



## Improvement in estimated systolic PAP

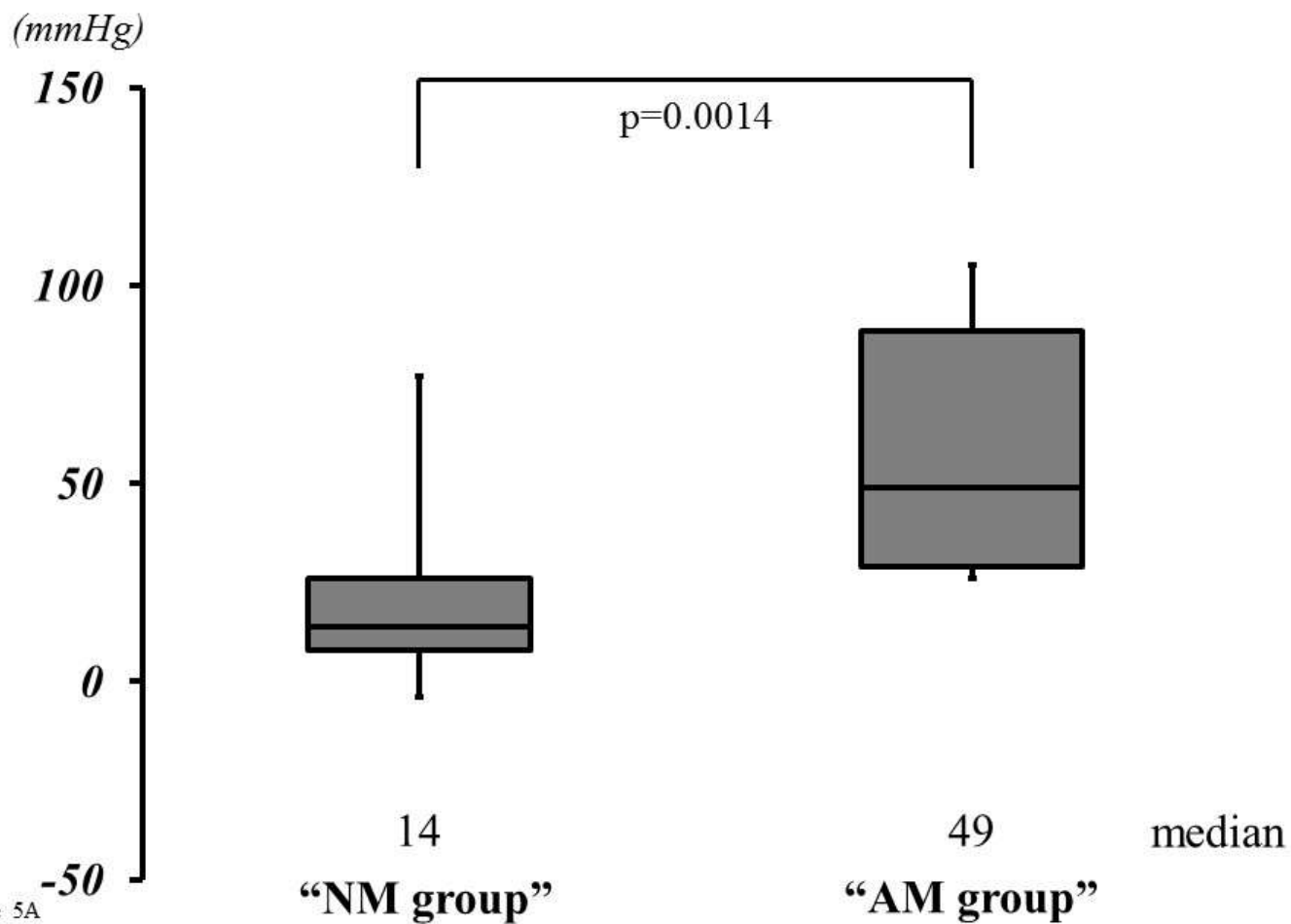
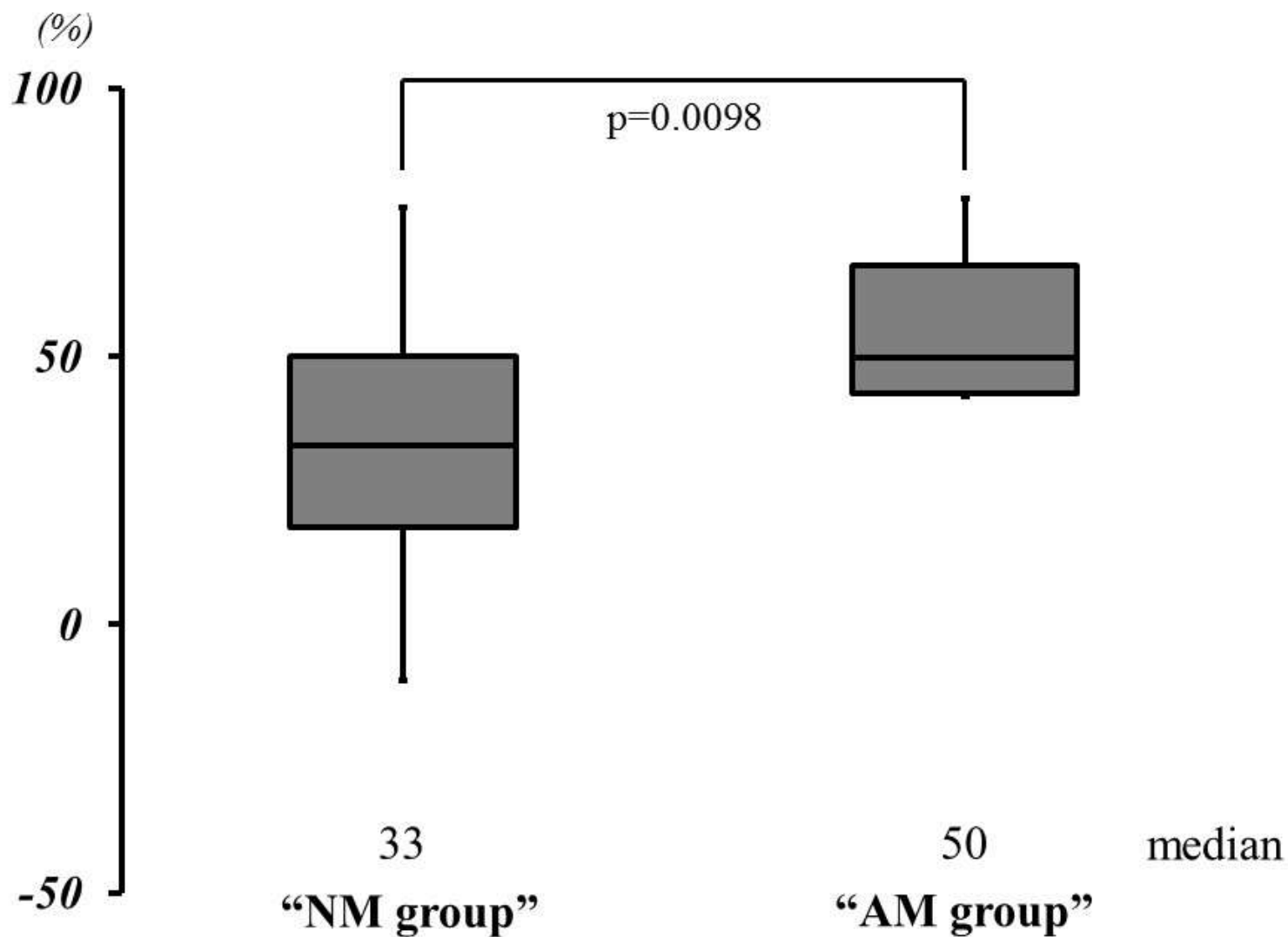


Figure 5A

## Degree of improvement in estimated systolic PAP



# Role of Interventional Cardiology for ASD with Pulmonary Hypertension

- Expands the therapeutic indication
- Combination of catheter intervention and PAH specific medication contributes the improvement of long-term outcome.