

When Aspiration Thrombectomy Does Not Work?

AARON WONG NATIONAL HEART CENTRE SINGAPORE



Thrombus in STEMI

- Over 70% of STEMI patients has angiographic evidence of thrombus
- Thrombus increases the risk of: No reflow/Distal embolization and Stent thrombosis







De Luca et al. Journal of Thromb Thrombolysis 2009

Aspiration Thrombectomy in Primary PCI

Very appealing to interventionists:
Simple concept
Easy to use
Faster procedure







Vlaar et al. Lancet 2008;371:1965



Lagerqvist et al. NEJM 2014;371:1111-20





"Manual catheter thrombus aspiration should be considered during PCI of the culprit lesion in STEMI."

"Aspiration thrombectomy is reasonable for patients undergoing primary PCI."



O'Gara Circulation 2013, Kushner JACC 2009 Steg EHJ 2012, Wijns EHJ 2010, Van de Werf EHJ 2009

Recommendation of Aspiration Thrombectomy

COR	LOE	Recommendations
llb	C-LD	The usefulness of selective and bailout aspiration thrombectomy in patients undergoing primary PCI is not well established. ¹
III: No Benefit	А	Routine aspiration thrombectomy before primary PCI is not useful. ²

1. Modified recommendation from 2013 guideline (Class changed from IIa to IIb for selective and bailout aspiration thrombectomy before PCI)

2. New recommendation

Levine et al. Circulation. 2016; 133: 1135-1147

When Aspiration Thrombectomy Doesn't work?

- *Routine* aspiration thrombectomy in primary PCI is a Class III recommendation
- Correct topic?
- Shouldn't the topic be:
 - "When aspiration thrombectomy does work?"
 - o "Why aspiration thrombectomy doesn't work?"
 - "When aspiration thrombectomy doesn't work"
- We either:
 - Do not follow the updated guidelines! Or
 - Still believe that aspiration thrombectomy still works!
- I believe most interventionists still believe that aspiration thrombectomy still works for selected cases

Case 1 – Just aspirate and stent!



Advantages: Removal of thrombus, establish flow and visualization of the vessel for sizing of stent

Case 1 – Just aspirate and stent!







After stenting

Case 2 – Just aspirate and stent!



Anterior STEMI

Aspiration thrombectomy

Case 2 – Just aspirate and stent!



Post aspiration thrombectomy



Stent placement

Case 2 – Just aspirate and stent!



Final angiography



TIMI 2 flow and good myocardial blush

When aspiration thrombectomy does not work?

- Define "works"
- What do we expect aspiration thrombectomy to do?
 - Reduce thrombus load
 - Reduce distal embolization



Improves microvascular perfusion



Facilitate PCI – assess lesion size and length
Faster procedure

Reasons for failure of Aspiration Thrombectomy

- Too little experience with device use
- Too little thrombus presence
- Too much thrombus
- Too little thrombus can be removed
- Too late to have a discernable effect against the large background of myocardial necrosis

Limitation of TASTE and TOTAL Trial

Highly selected patients

- 60% of patients who met criteria for this study were not randomized into the trial
- 30-day mortality of 2.9% in randomized versus 10.6% in non-randomized patients
- 5 thrombectomy catheter use per 2 years and 2.5 patients/month/hospital

Not selective enough

• Inclusion of some patients with low thrombus burden



Stroke and Aspiration Thrombectomy



Inferior STEMI with large conus branch



Proximal RCA occlusion

Stroke and Aspiration Thrombectomy



Transradial approach with difficult guiding



Proximal embolization to conus branch after aspiration thrombectomy

When Aspiration Thrombectomy Doesn't work?

PRESENTATION OF CASES







When Aspiration Thrombectomy doesn't work?

When there is nothing to aspirate

- Minimal thrombus with TIMI 3 flow
- The amount of thrombus make no difference to the outcome
- Risk of distal embolization is minimal

When to aspirate?

• TIMI o – definitely



Mid RCA occlusion

Inferior STEMI



After wire crossing but aspiration catheter not able to cross

2 mm balloon failed to dilate lesion proximal to culprit lesion



Final angiography after high pressure balloon and 2 DES implanted



Inferior STEMI with mid RCA occlusion

Aspiration catheter not able to go beyond lesion



When Aspiration Thrombectomy doesn't work?

When unable to cross lesion

- Too tight, calcified or tortuous
- Tight lesion usually associated with less thrombus
- If unable to cross, aspirate at the site of occlusion may help to establish some flow distally
- Different aspiration catheter has different crossing profile and deliverability
- Thrombuster® comes with stylet to facilitate delivery
- May need pre-dilation but risk of distal embolization





Inferior STEMI with ectactic RCA

Large thrombus lodged in distal RCA bifurcation



Aspirated with aspiration catheter but still have large thrombus present Angiojet® used for mechanical aspiration but still have residual thrombus



Final angiography after multiple aspiration thrombectomy, Angioget® and balloon. Glycoprotein 2b3a inhibitors was given as bailout.


TIMI 3 flow with resolution of thrombus in distal RCA



Inferior STEMI with thrombus laden aneurysmal RCA with multiple critical lesions



Inferior STEMI with a huge thrombus compressing proximal segment of a dominant LCX with spontaneous recannalization



Inferior STEMI with a huge thrombus compressing proximal segment of a dominant LCX with spontaneous recannalization



When Aspiration Thrombectomy doesn't work?

When there is too much thrombus

- Commonly in large, ectatic and/or aneurysmal artery
- AMI in these situations are sometimes due to embolization of thrombus formed in the dilated segment
- Usually these vessels have high thrombus load
- 2 other scenarios usually high thrombus load and related to poor PCI outcomes despite aspiration or even mechanical thrombectomy – *RCA and left main*



Inferior STEMI with large thrombus load in RCA and despite aspiration thrombectomy, there was still slow flow in RCA



Filter device was placed in the distal RCA and Angiojet® was used Further balloon dilatation and Angiojet® were used



Final angiography with slow flow

Repeat angiography 4 days later





Despite multiple dilatation with larger balloon, there were still large amount of thrombus in RCA



Final angiography with residual thrombus and occluded right PL branches



Relook of RCA showed similar findings of thrombus laden RCA



DES was deployed across right AV groove branch with minimal effect on distal RCA flow

Rate of Distal Embolization

- NHCS in 1998, fifty consecutive primary PCI patient before the use of embolic protection devices
- Angiographic appearance of distal embolization:
 - 1. Slow flow
 - 2. No-reflow
 - 3. Macroscopic embolization





"STEMI" with cardiogenic shock with LM occlusion Both LAD and LCX were wired and aspiration thrombectomy was performed



Flow was established in LAD and LCX but slow flow, with a large mobile thrombus sitting at the distal LM bifurcation

Case 11



LM stenting into LAD with crossover LCX artery



No reflow and patient collapsed with Lucas® device used for CPR



No adequate flow established after LM stenting and patient did not survived



"STEMI" with distal LM occlusion with poor flow to LAD and LCX



Aspiration thrombectomy was performed in both LAD and LCX Crush technique was used for LM bifurcation stenting with FKBT



Final angiography showing poor distal flow in both LAD and LCX despite GP2b3a inhibitors, vasodilators and IABP

When Aspiration Thrombectomy does not work?

- Primary PCI in LM occlusion almost always do poorly
- Usually in cardiogenic shock and on multiple inotropic support – poor myocardial perfusion and vasoconstriction
- Left main is a large vessel higher thrombus load
- Larger territory at risk of distal embolization commonly post stenting or post dilatation of stent
- Usually slow flow or no reflow edematous myocardium may impede/reduce microvascular perfusion



"STEMI" with LM occlusion and cardiogenic shock RCA was relatively free of disease



LAD was wired and after aspiration thrombectomy there is huge filling defects in LAD and slow flow distally despite IC vasodilators.



Slight improvement of LAD filling defects LCX was wired and thrombus seen after aspiration with thrombectomy catheter



Angiojet® device was used with flow to distal LCA improved but still poor



Both LAD and LCX was predilated with large balloon LM was stented using Crush technique with FKBT

Case 13 – LM dissection 1/52 post partum

Poor distal flow in both LAD and LCX at final angiography Patient required ECMO and eventual LVAD



Young woman presented few days post partum with chest pain and "STEMI" and coronary angiography showed LM was occluded with filling defects





LAD and LCX were wired with IVUS guidance After confirming in true lumen stenting to LAD and LM/LCX/LAD using TAP



Final angiography after GP2b3a inhibitors and IC vasodilator

Case 14 – 3 days later





Repeat angiogram showed improved flow in both LAD and LCX 3 days later

When Aspiration Thrombectomy doesn't work?

When the primary cause is not thrombus

- Coronary artery dissection (post partum, connective tissue disease, SCAD)
- Coronary artery spasm



Chest pain and anterior STEMI

Patient had a cath done 4 hours ago with normal coronary artery


After aspiration and lots of IC GTN



65 year-old woman presented with chest pain, syncope and ECG showed inferior STEMI





Wire eventually crosssed Aspiration thrombectomy and balloon predilation was performed There was no flow to distal RCA



In view of large thrombus load, Angiojet® was used to aspirate the thrombus mechanically

Case 15 – Final Angiography



After Angiojet® failed, multiple balloon dilations and aspirations were performed Eventually abandoned the attempt to recannalize RCA

Case 15 – In retrospect ...





Case 15 – CT Aortogram

Ascending aorta



Abdominal aorta



Descending aorta



Common iliac



When Aspiration Thrombectomy doesn't work?

- When there is nothing to aspirate Minimal thrombus with TIMI 3 flow
- When lesion cannot be crossed too tight, calcified or tortuous
- When there is too much thrombus– large ectatic and aneurysmal vessel with huge thrombus load or in large vessels like RCA and LM
- When the primary problem is not thrombus aortic dissection, spontaneous coronary artery dissection or spasm

When Aspiration Thrombectomy doesn't work ..

- **Angioget** (R) in our experience not much more effective
- **Distal protection device** (filter devices)
- IABP may improve coronary flow
- M-Guard stent
- Glycoprotein 2b3a inhibitors
- **Intracoronary vasodilators** verapamil, adenosine, GTN, nitroprusside
- **Defer PCI** provided patient pain free and adequate antegrade or collaterals flow
- CABG

CABG as option for STEMI



- Presented with chest pain and "STEMI" LM occlusion
- After aspiration thrombectomy, TIMI 3 flow was established
- Operator decided for CABG as high likelihood of no reflow and demise

Conclusion

- *Routine* aspiration thrombectomy is not recommendation in primary PCI
- However, it may be beneficial in selected patient or bailout situation
- Operators need to pay careful attention to the technique of aspiration to prevent complications
- Although it does not work well in some situations discussed, it works well in selected STEMI patients
- Aspiration thrombectomy is here to stay as it is cheap, simple to use, facilitates equipment selection and probably shorten the time of procedure

Thank you for your attention!

