### FFR in Left Main Disease

William F. Fearon, MD
Professor of Medicine
Director, Interventional Cardiology
Stanford University



#### **Disclosure Statement of Financial Interest**

Within the past 12 months, I or my spouse/partner have had a financial interest /arrangement or affiliation with the organization(s) listed below

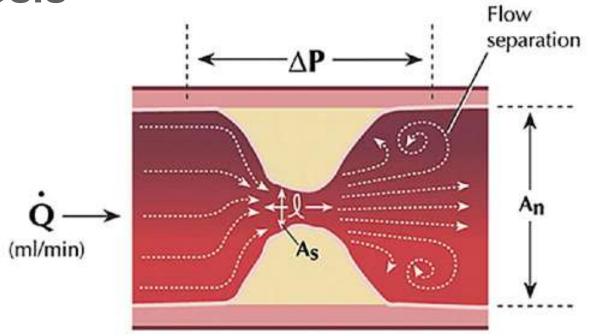
**Company** 

Grant/ Research Support:	St. Jude Medical Medtronic
Consulting Fees/Honoraria:	Medtronic HeartFlow Cathworks
Major Stock Shareholder/Equity Interest:	
Royalty Income:	
Ownership/Founder:	
Salary:	
Intellectual Property Rights:	

Affiliation/Financial Relationship



# Factors impacting ischemic potential of a stenosis

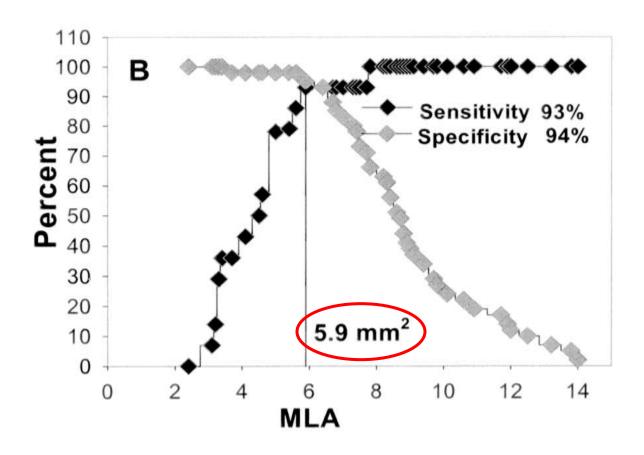


$$\Delta \mathbf{P} = \underbrace{\mathbf{f}_{1}(\mathbf{1}_{As^{2},}\mathbf{1}_{A},\dot{\mathbf{Q}})}_{\text{Viscous}} + \underbrace{\mathbf{f}_{2}(\mathbf{1}_{As^{2},}\mathbf{1}_{An^{2},}\dot{\mathbf{Q}}^{2})}_{\text{Separation}}$$



#### Variability of IVUS Cutoff Values

55 patients with ambiguous left main disease and IVUS compared to FFR

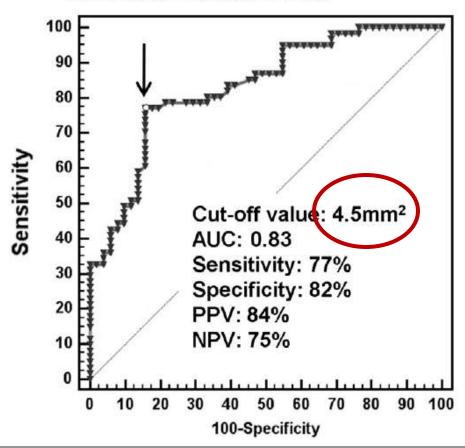




#### Variability of IVUS Cutoff Values

#### 112 patients with 30-80% LM and FFR and IVUS

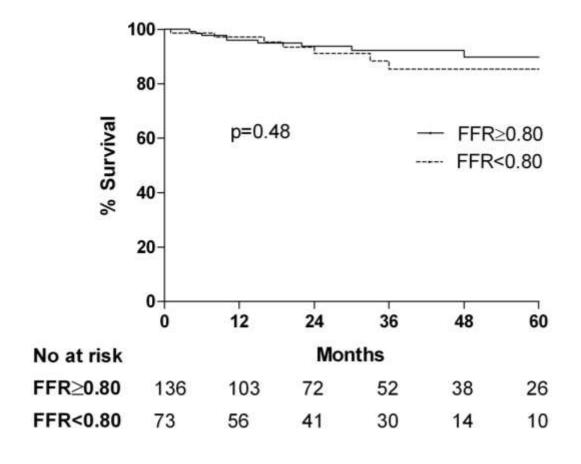
#### Minimal Lumen Area





#### FFR for Assessing LM Significance

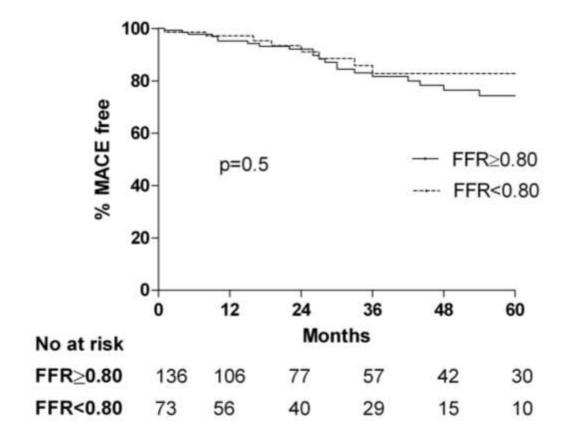
#### Survival Rate





#### FFR for Assessing LM Significance

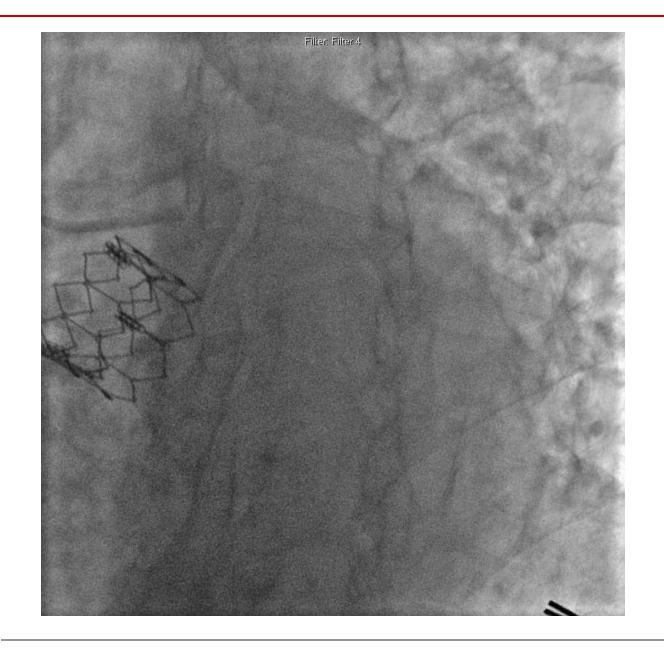
#### **MACE Rate**





# Case Example:

- 69 yo man with a history of Hodgkin's Disease who received chemotherapy and radiation.
- He subsequently developed symptomatic aortic stenosis and we performed TAVR a year ago.
- Now presents with new onset exertional angina.
- Echo shows normal ejection fraction with a wellfunctioning TAVR with a mean gradient of 10 mmHg.
- With exercise there was lateral and posterior wall hypokinesis.





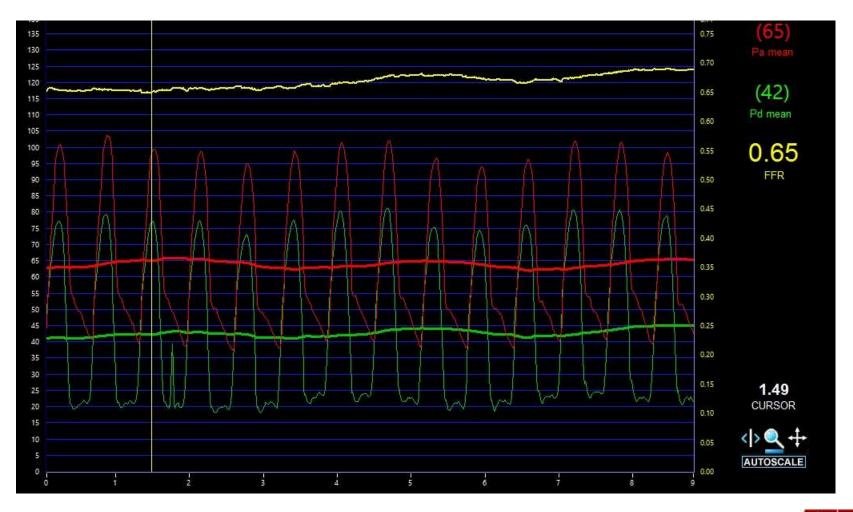






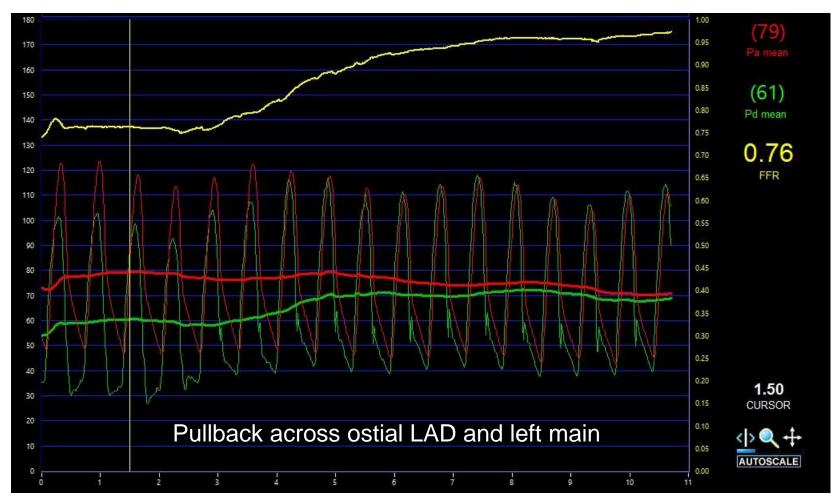


#### FFR of L Cx



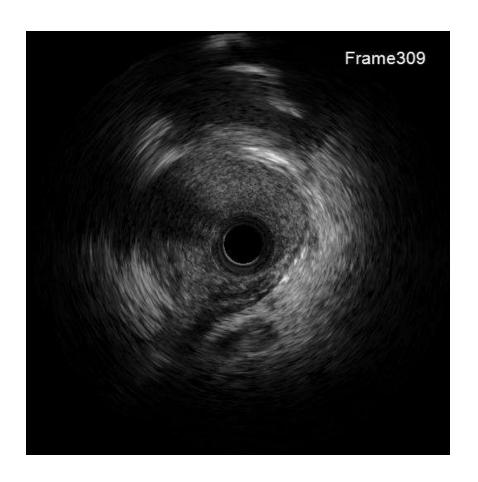


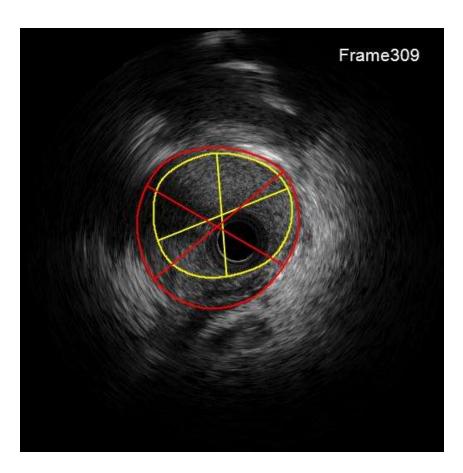
#### FFR of LAD





### **IVUS of LAD Ostium**

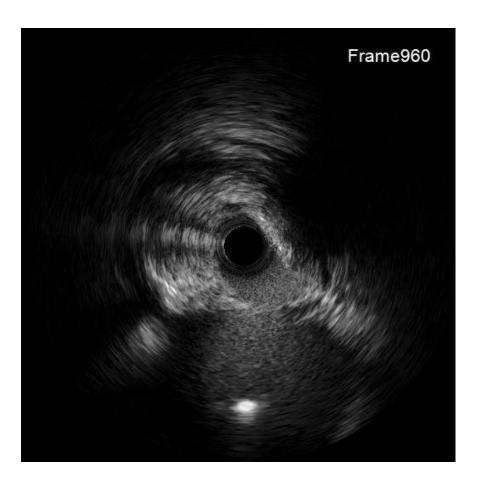


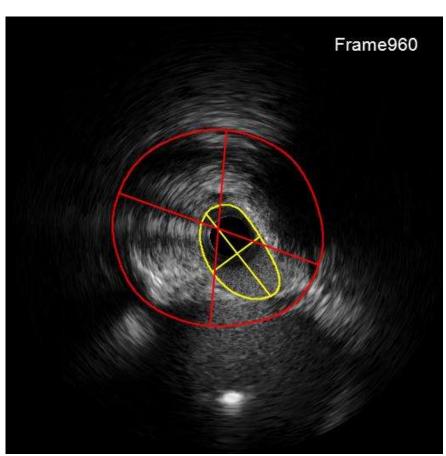


Minimum Lumen Area = 9.2 mm<sup>2</sup>



#### **IVUS of Left Circumflex Ostium**

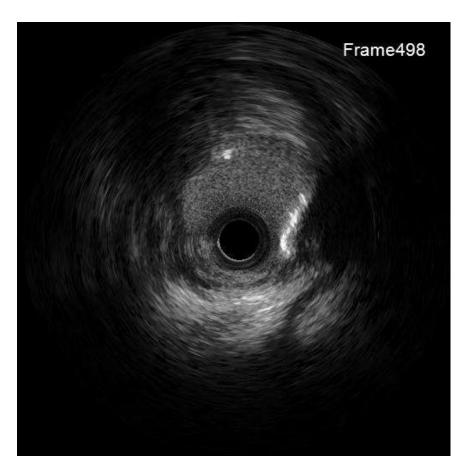


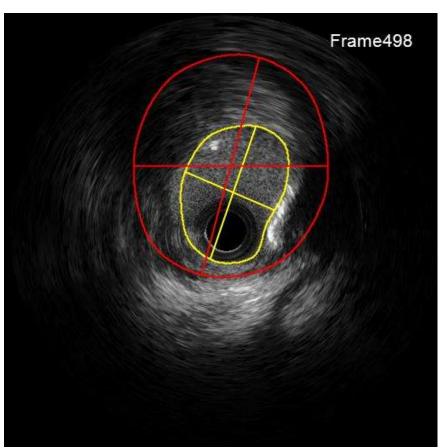


Minimum Lumen Area = 3.1 mm<sup>2</sup>



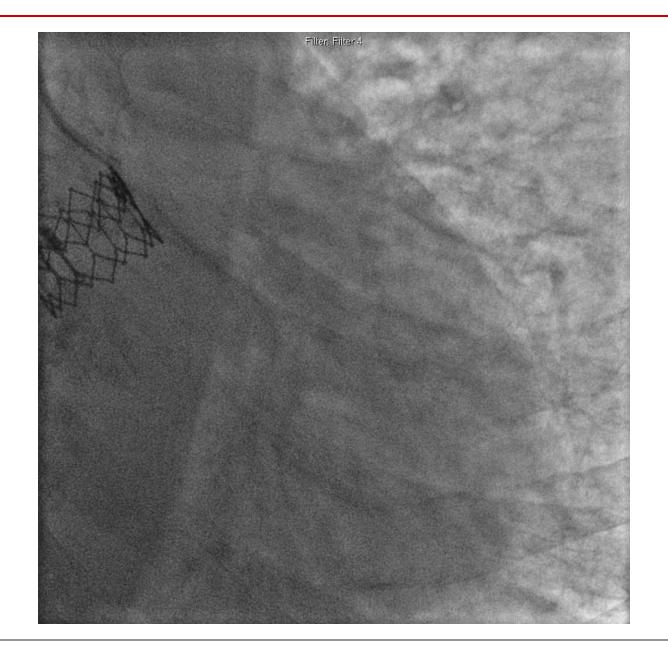
### **IVUS of Distal Left Main**





Minimum Lumen Area = 7.3 mm<sup>2</sup>









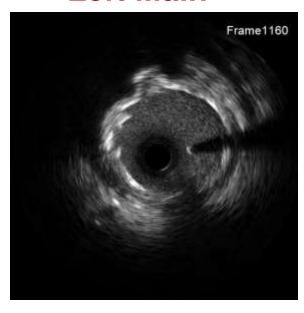


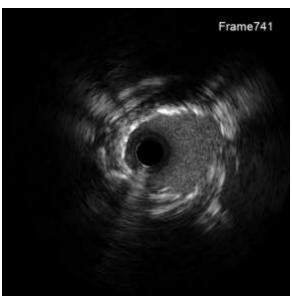
# Final IVUS Images

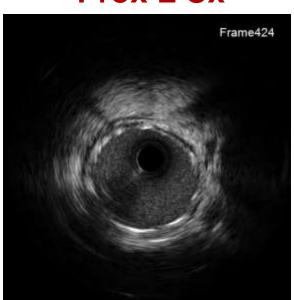
**Left Main** 



**Prox L Cx** 



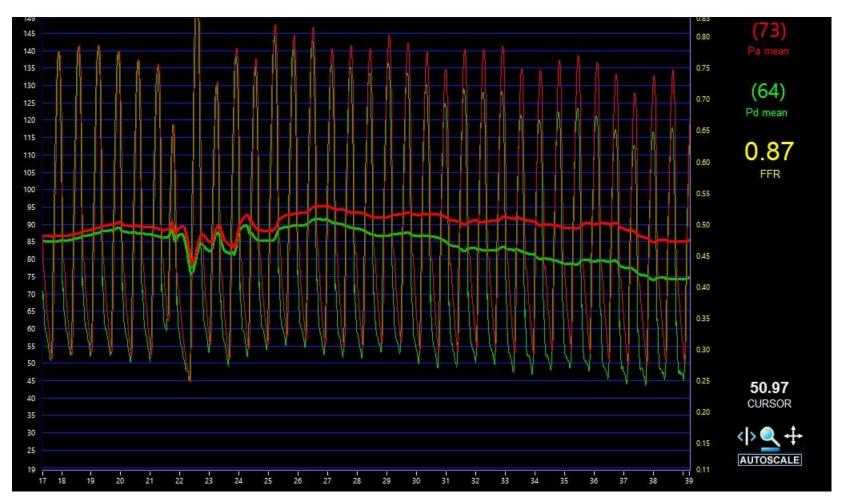




MSA= 8 mm<sup>2</sup>

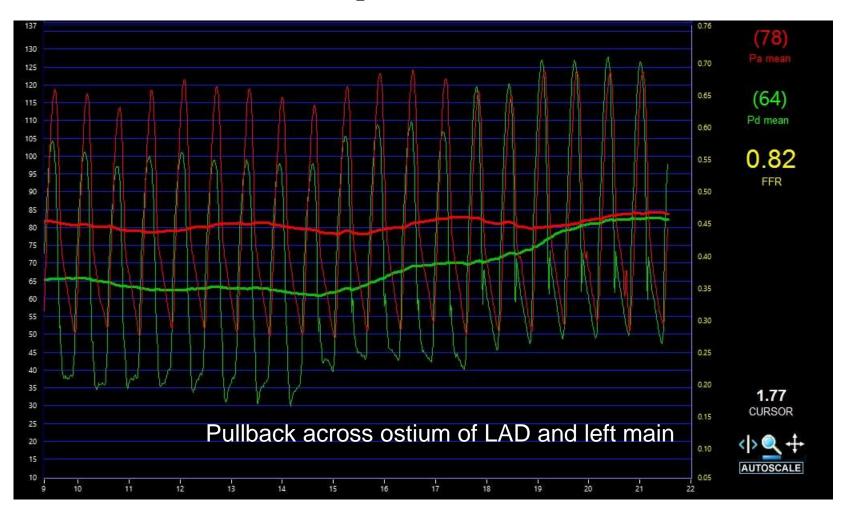


# FFR of L Cx post





# FFR of LAD post





### Practical Aspects of LM FFR:

- First measure FFR in the least diseased vessel, preferably the LAD, with a pullback
  - □ If FFR < 0.80, then revascularize
  - □ If FFR >0.85, then treat medically
  - If FFR between 0.80 and 0.85 and there is significant downstream epicardial disease in the other epicardial vessel, then can consider IVUS/OCT



## Practical Aspects of LM FFR:

- Intravenous adenosine is the ideal hyperemic agent because it allows time to pull the guide catheter out of the ostium.
- A physiologic evaluation of left main disease, compared to an anatomic evaluation alone, is safe and appropriate, just as it is in non-left main CAD.
- Never forget the patient and the clinical scenario.

