

# Vulnerability Assessment Using Physiologic Indices

**Bon-Kwon Koo, MD, PhD**

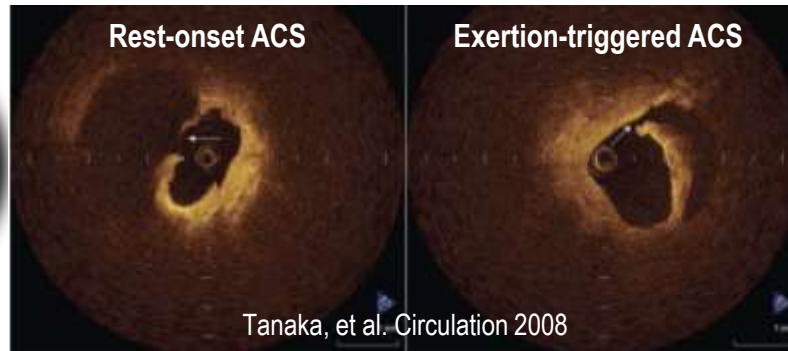
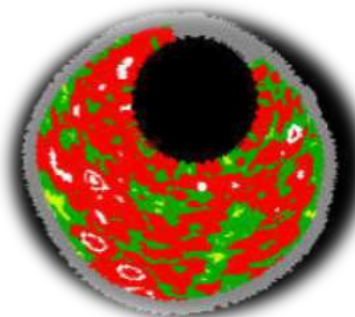
Seoul National University Hospital, Seoul, Korea



# Why does the plaque rupture?

:Mechanism of material failure

**Durability = Vulnerability**

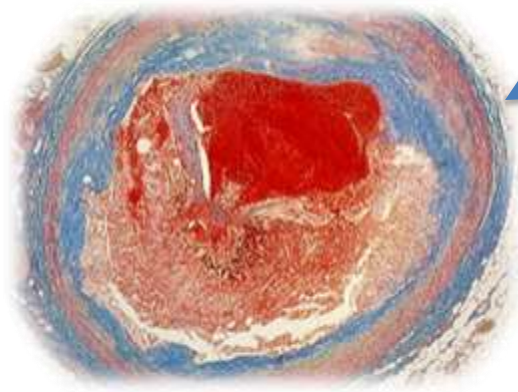


The broken cap was much thinner in the rest-onset group than in the exertion group (50 vs. 90  $\mu\text{m}$ ,  $P < 0.01$ )



**External force**

# Vulnerability Assessment Using Physiologic Indices



**ACS** (with rupture)

?

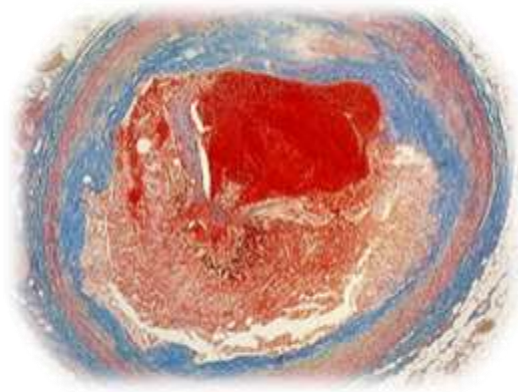
Pressure  
gradient  
(FFR)

## Fractional Flow Reserve (FFR)

- Surrogate for “ischemia”
- Prognostic indicator for coronary artery disease



# Looking for the links between FFR and ACS...



**ACS** (with rupture)

Platelet activation  
Thrombosis

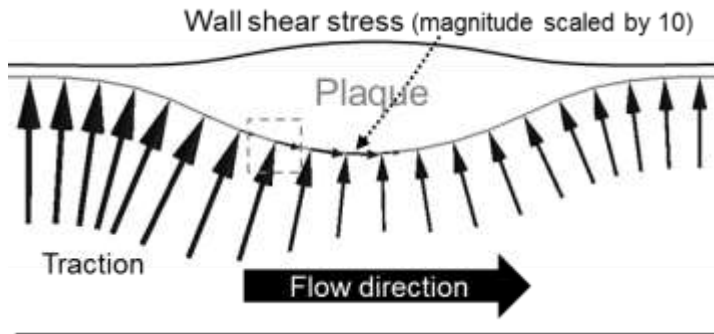
Plaque Stress

Plaque  
vulnerability

Pressure  
gradient  
(FFR)

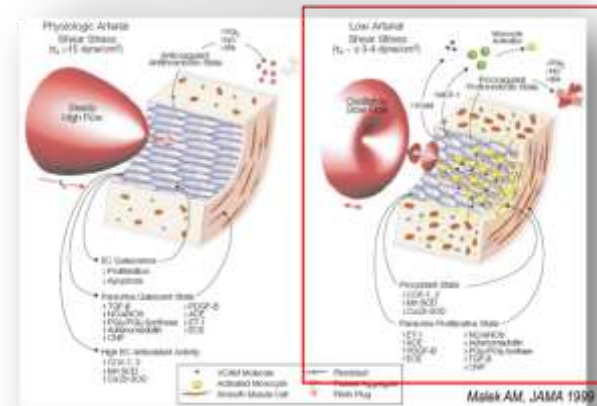


# Wall shear stress: small, but important!

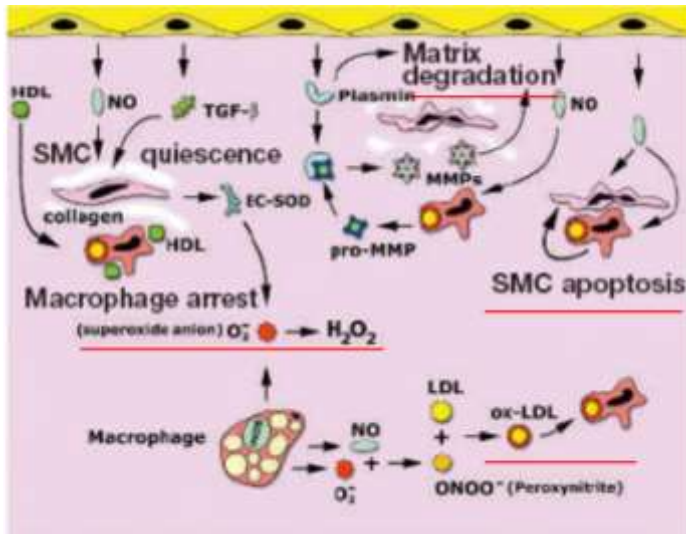


WSS: Tiny tangential force of flowing blood on endothelial surface

**Low wall shear stress**  
 → Proliferative, pro-inflammatory, pro-thrombotic stimulus



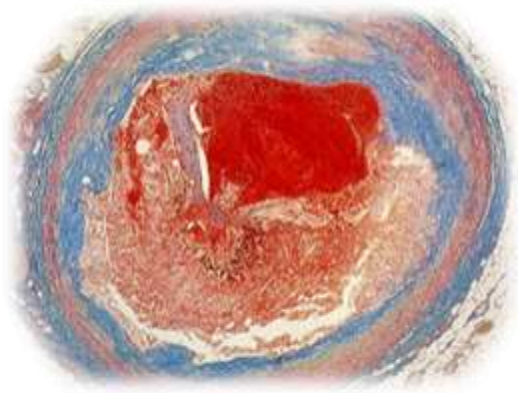
**Very high WSS (> 30 dyne/cm<sup>2</sup>)**



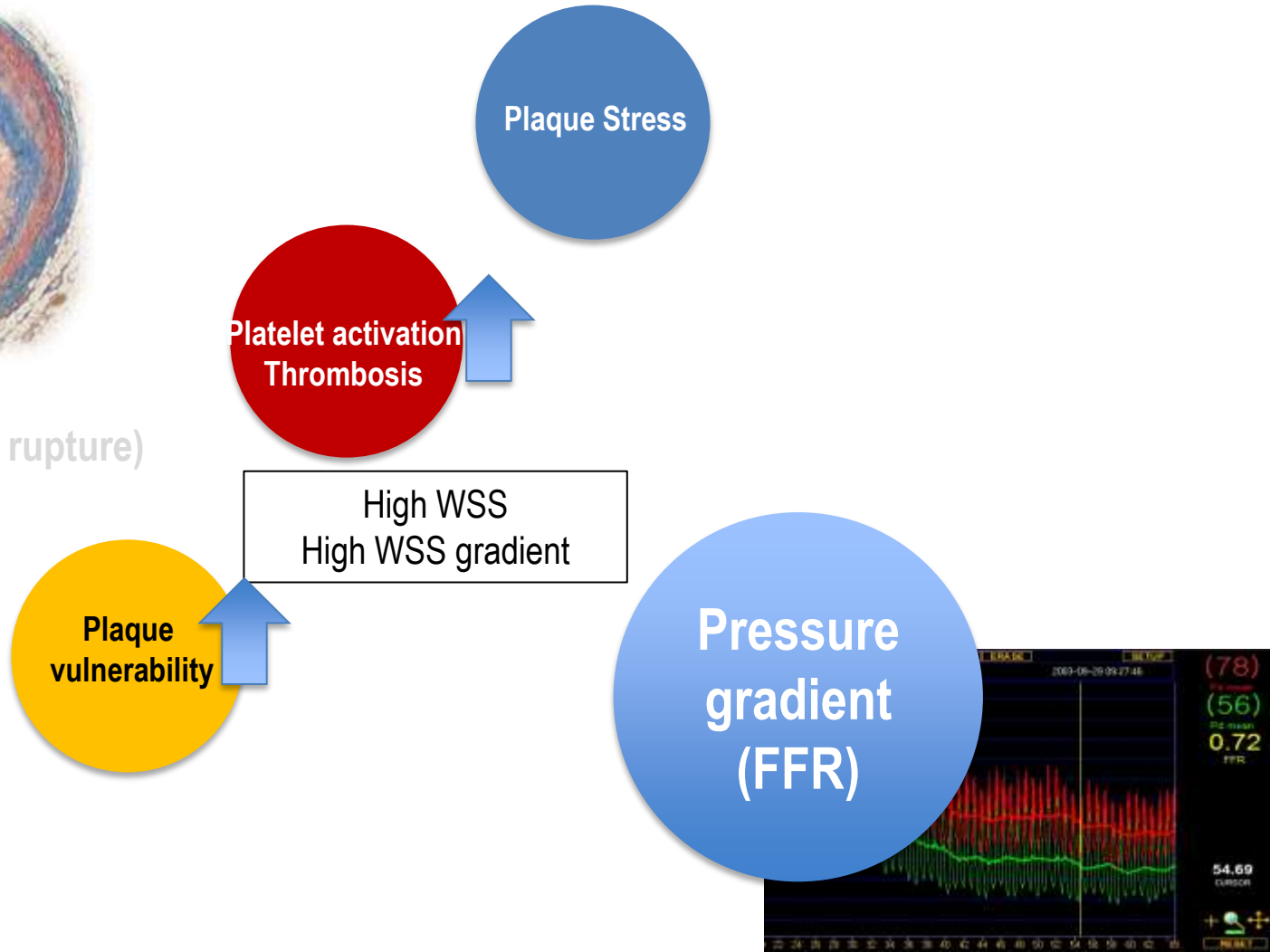
- Activation of MMP
- Smooth muscle cell apoptosis
- Suppress matrix production
- Acceleration of downstream atherosclerosis
- Positive remodeling
- Increase necrotic core
- Platelet activation

Slager CJ, et al. Nature Clin Pract 2005  
 Sherif J, et al. Ann Biomed Eng 2010  
 Samady H, et al. Circulation 2011

# Vulnerability Assessment Using Physiologic Indices



**ACS** (with rupture)



# Non-invasive hemodynamic parameter measurement using computational fluid dynamics and cCTA

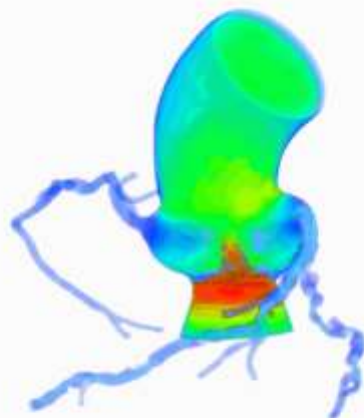


Rest

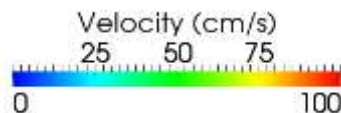
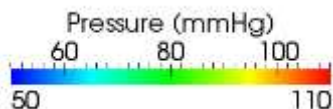
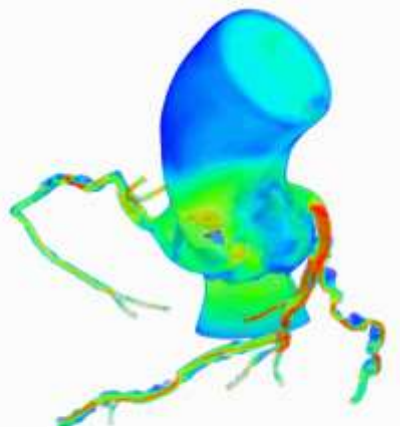
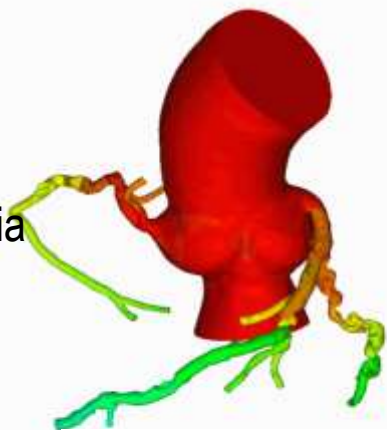
Pressure



Velocity



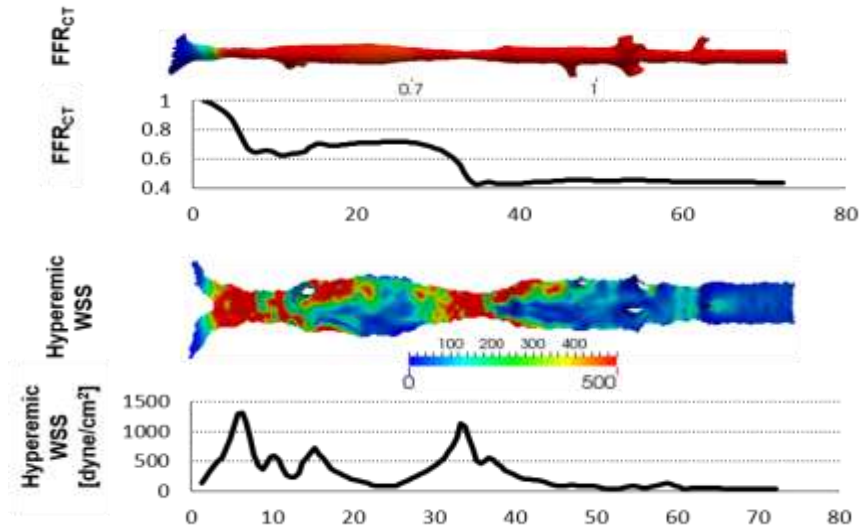
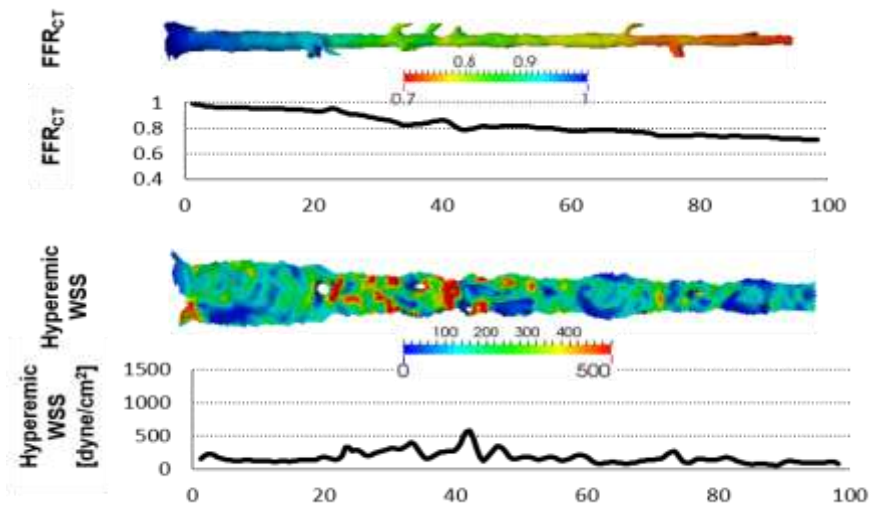
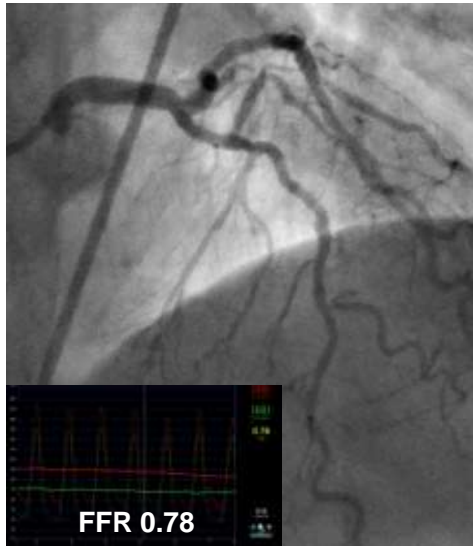
Hyperemia



## Hemodynamics

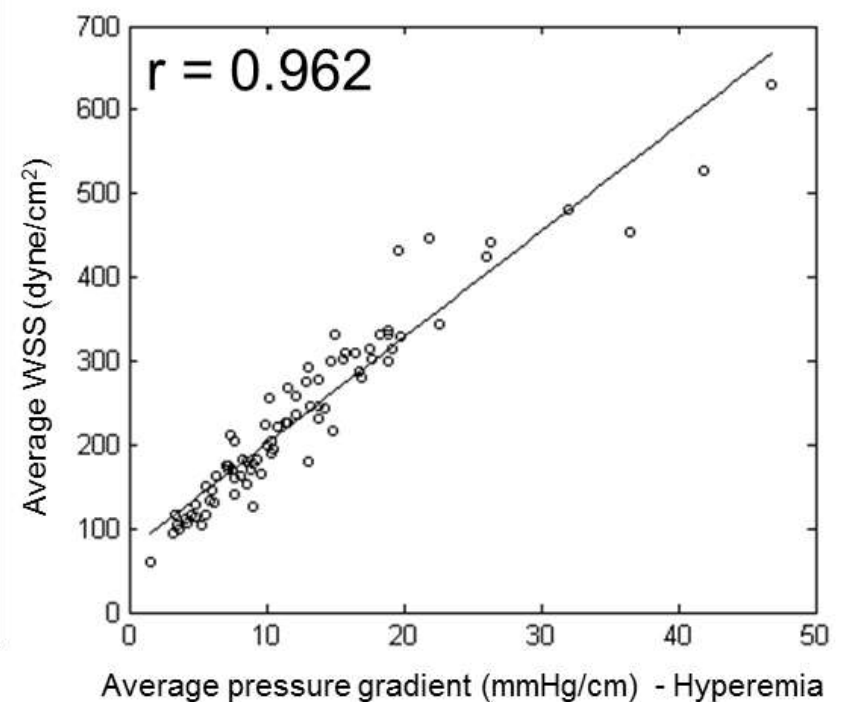
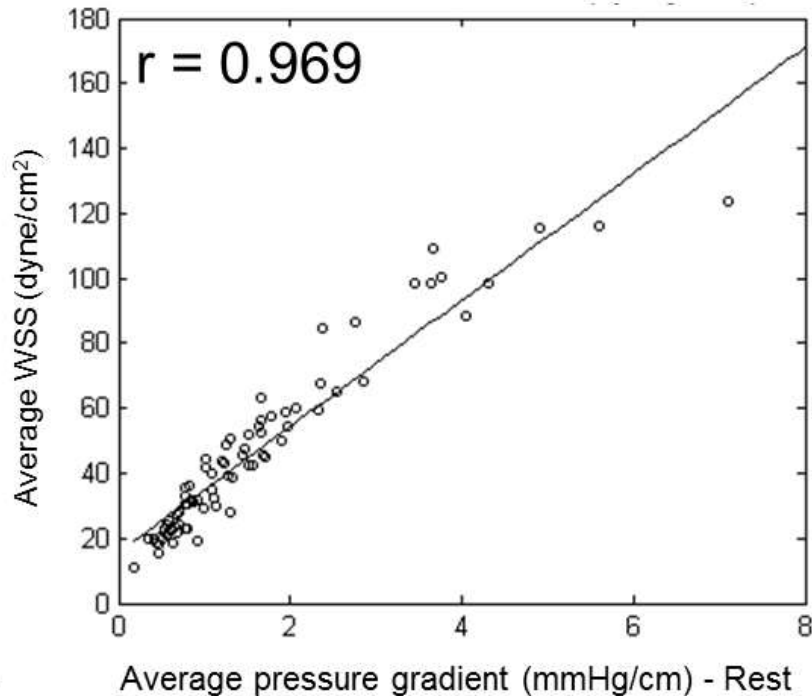
- Pressure
  - Pressure difference
  - Pressure gradient
  - Pressure recovery
  - FFR
- Flow velocity
- Flow rate
- Shear rate
- Shear stress – average, peak, gradient
- Traction
- Oscillatory shear index
- Particle residence time
- Turbulent kinetic energy
- .....

# Non-invasive WSS assessment using cCTA and computational fluid dynamics

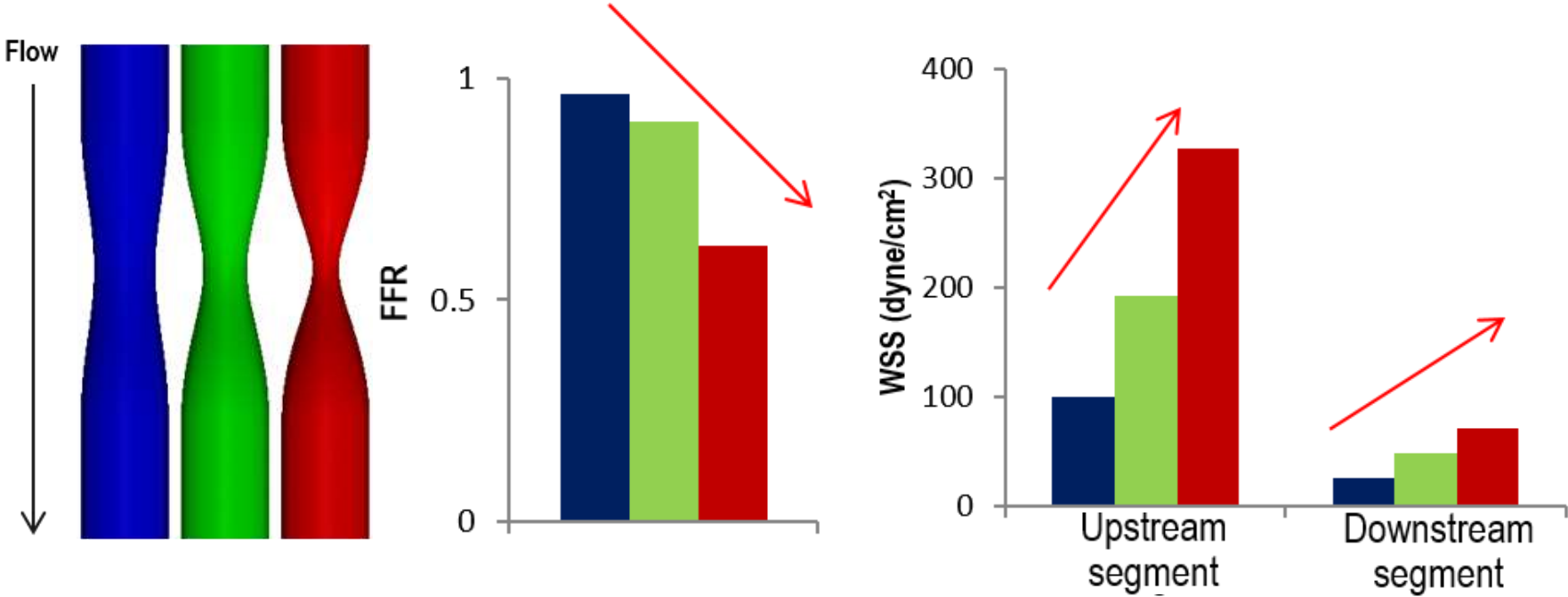




# Relationship between WSS and pressure gradient

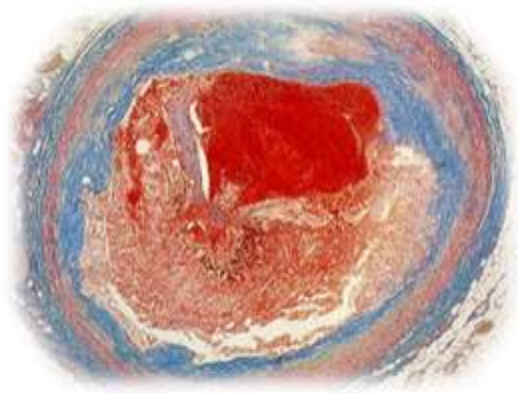


# FFR vs. WSS

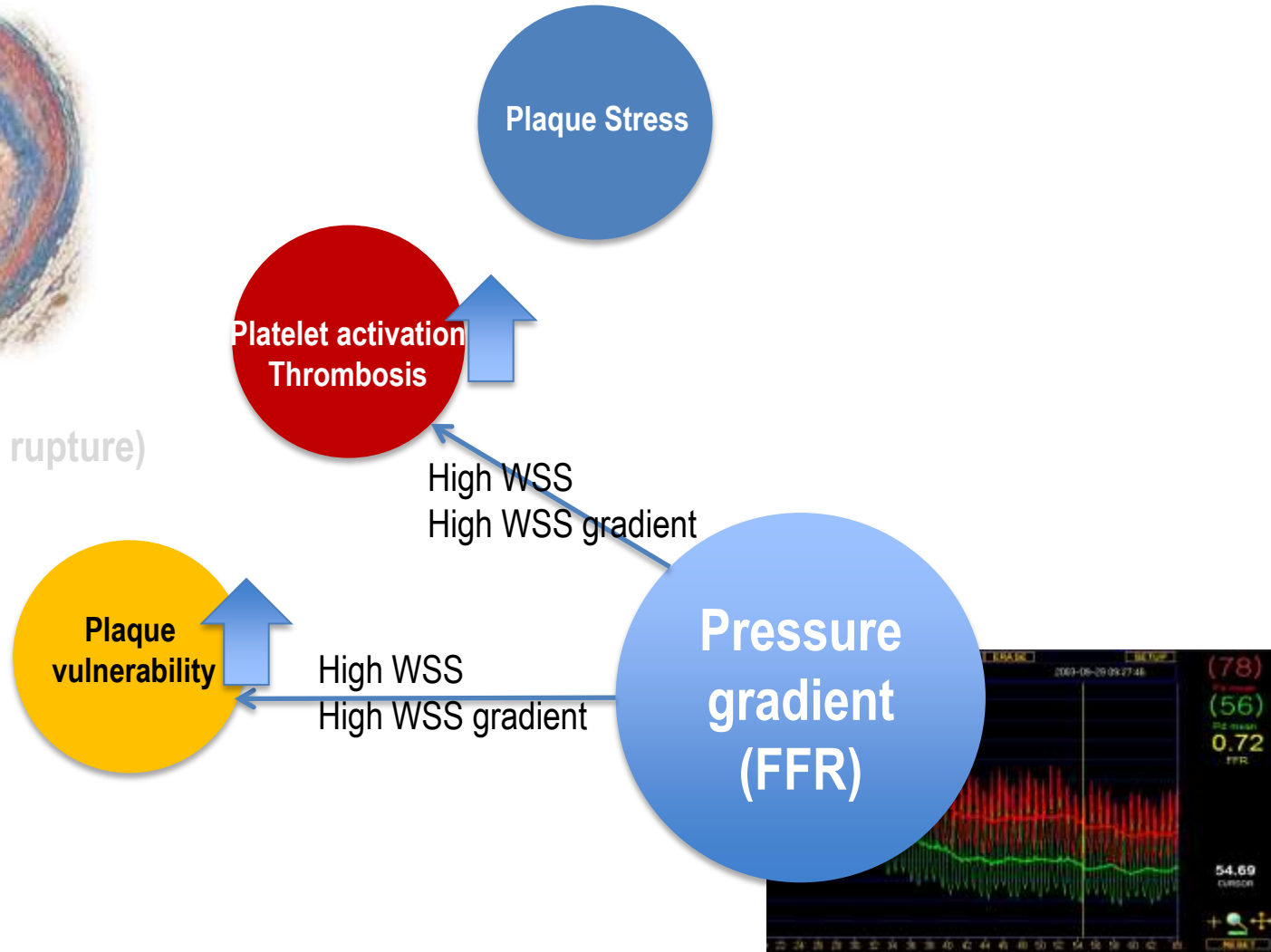


Choi GW...Koo BK. JACC imaging 2015

# Vulnerability Assessment Using Physiologic Indices



**ACS** (with rupture)



# Mechanical constraints on coronary stenoses

40.000.000 / year



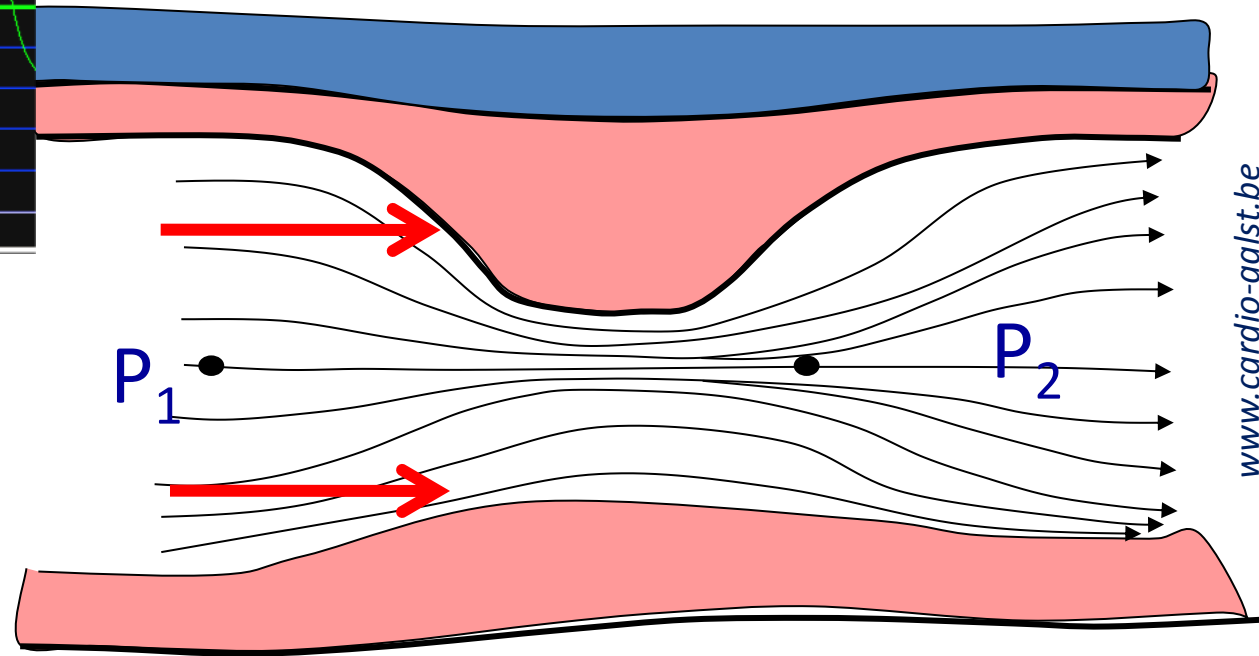
Pressure wave



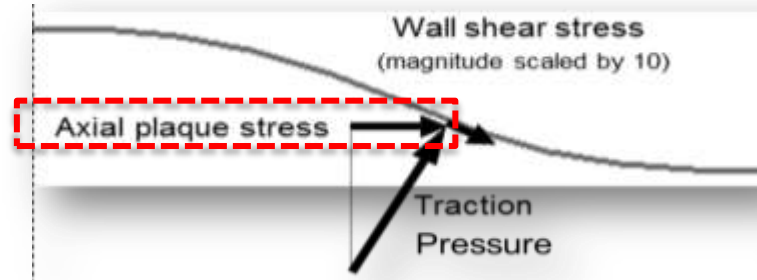
Slicing forces



Plaque fatigue



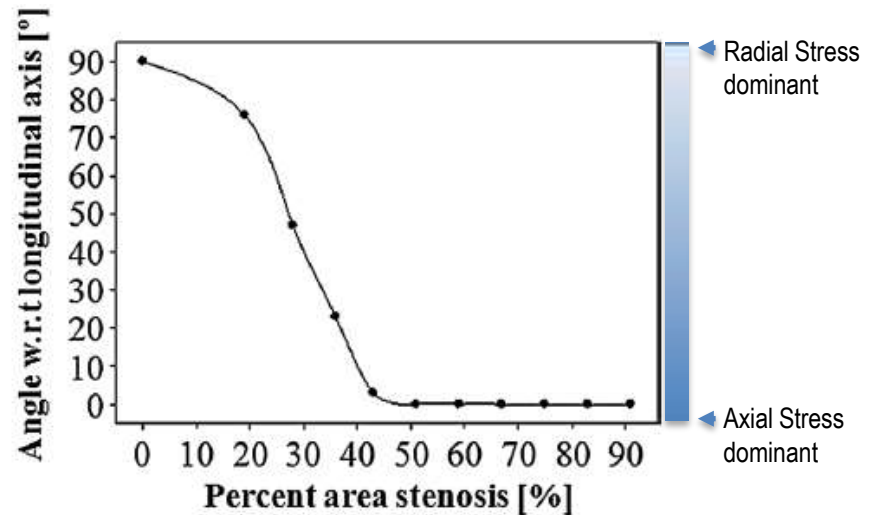
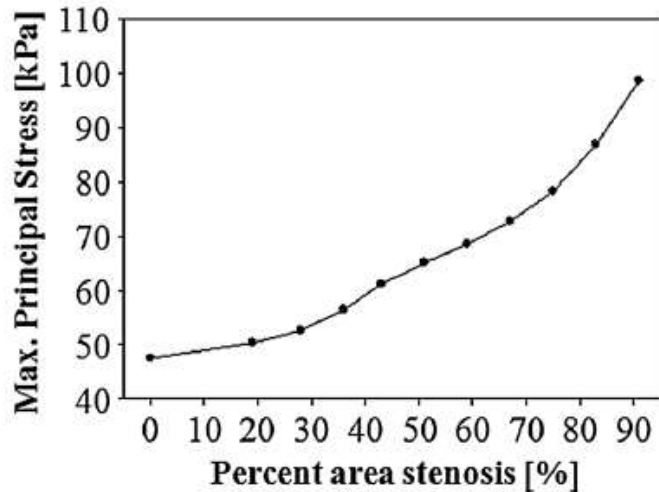
# WSS and pressure, then what else?



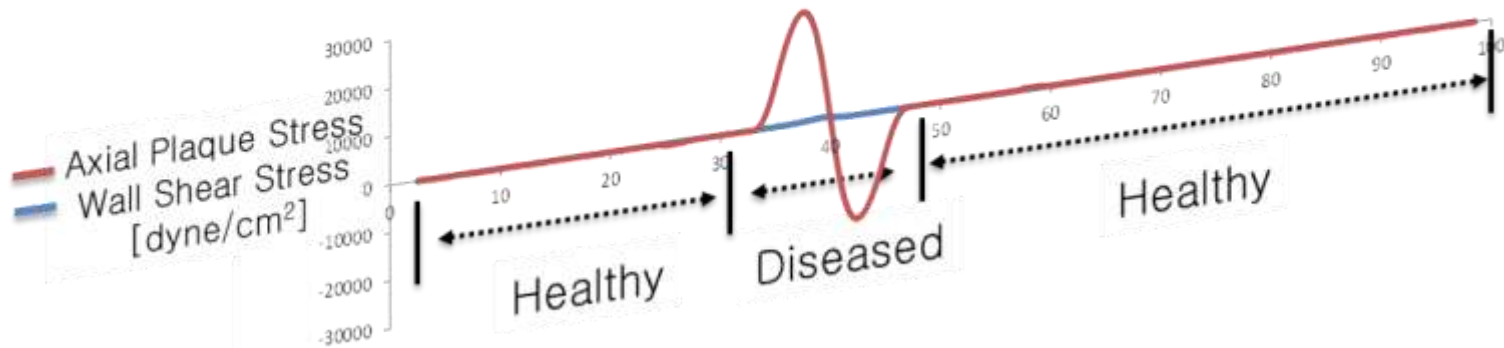
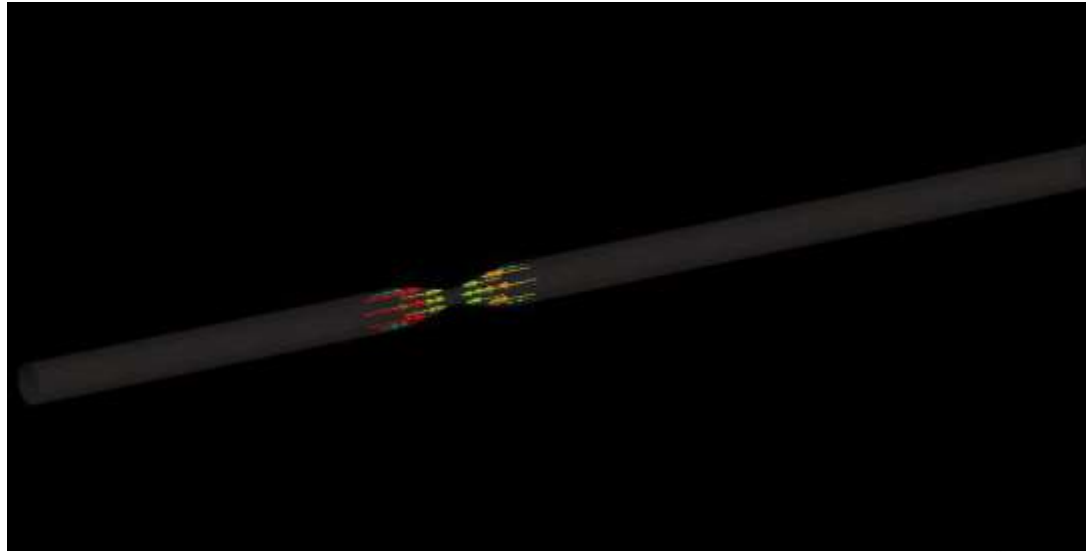
- Traction is the total force acting on vessel wall, and can be decomposed

In relation to lumen surface:  $\|\mathbf{Traction}\|^2 = \|\mathbf{WSS}\|^2 + \|\mathbf{Pressure}\|^2$

In relation to centerline:  $\|\mathbf{Traction}\|^2 = \|\mathbf{Axial Stress}\|^2 + \|\mathbf{Radial Stress}\|^2$

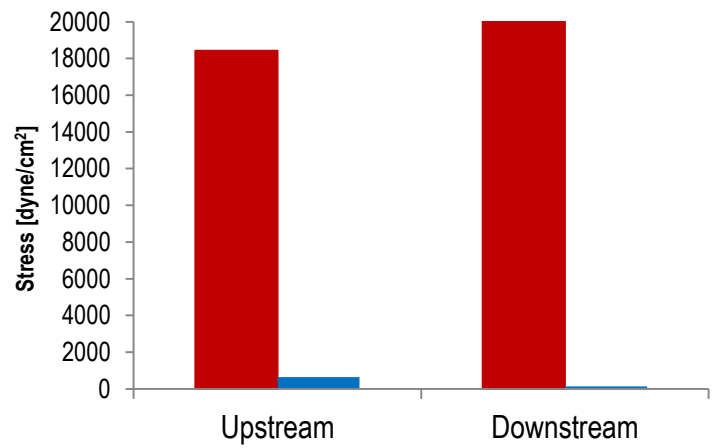
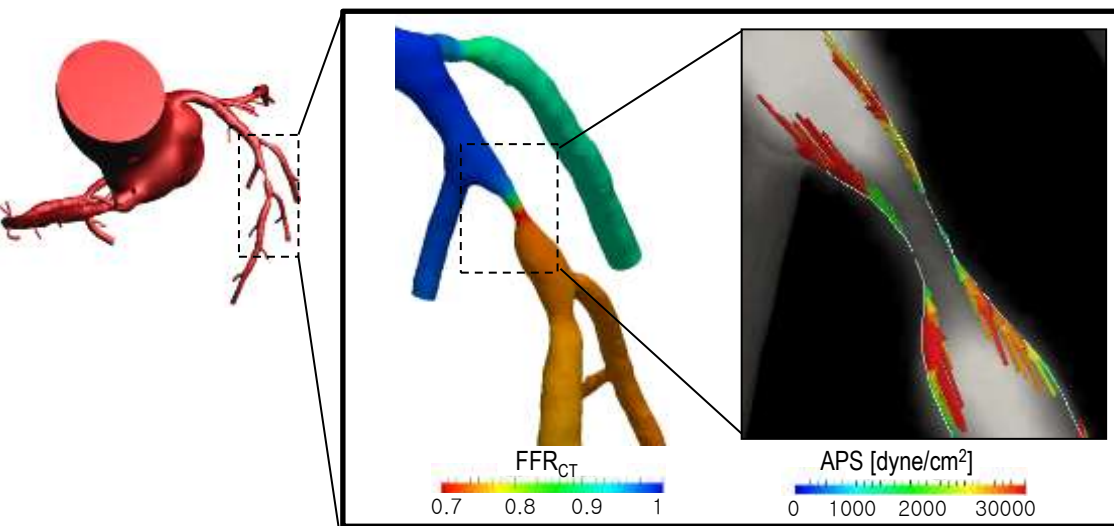
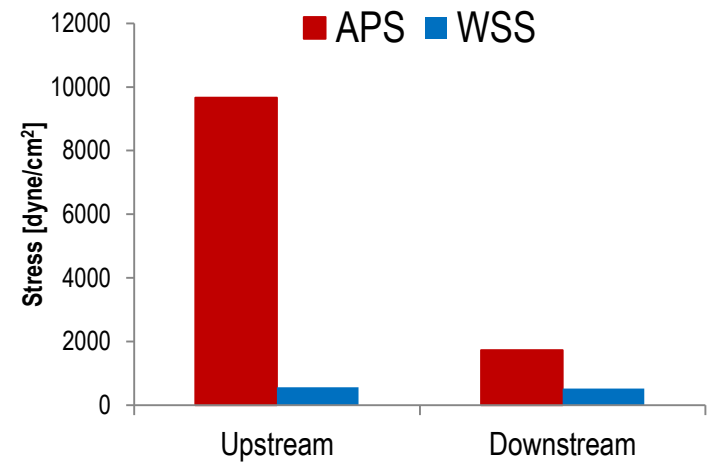
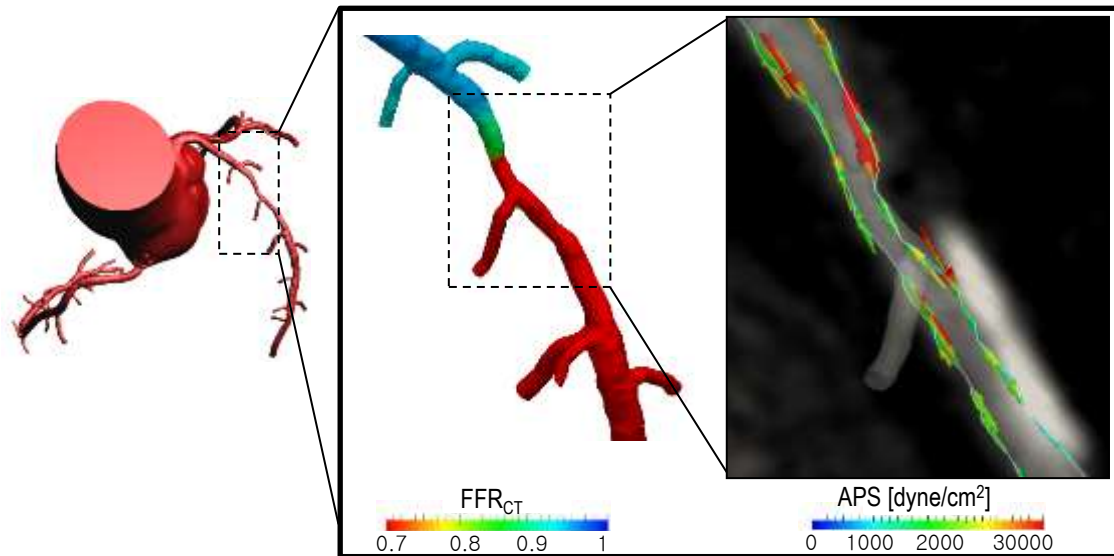


# Novel hemodynamic index: Axial Plaque Stress



- **Axial plaque stress** uniquely characterizes the diseased segment of both upstream and downstream.
- **Axial plaque stress** is much higher than wall shear stress.

# Distribution of Axial Plaque Stress in patients

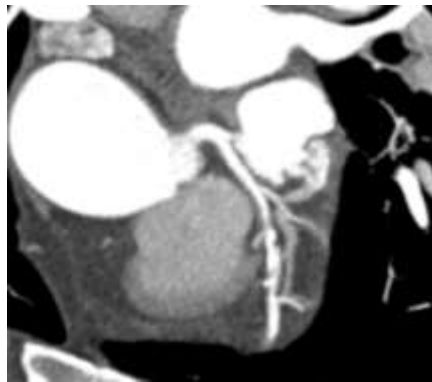


Choi GW...Koo BK. JACC imaging 2015

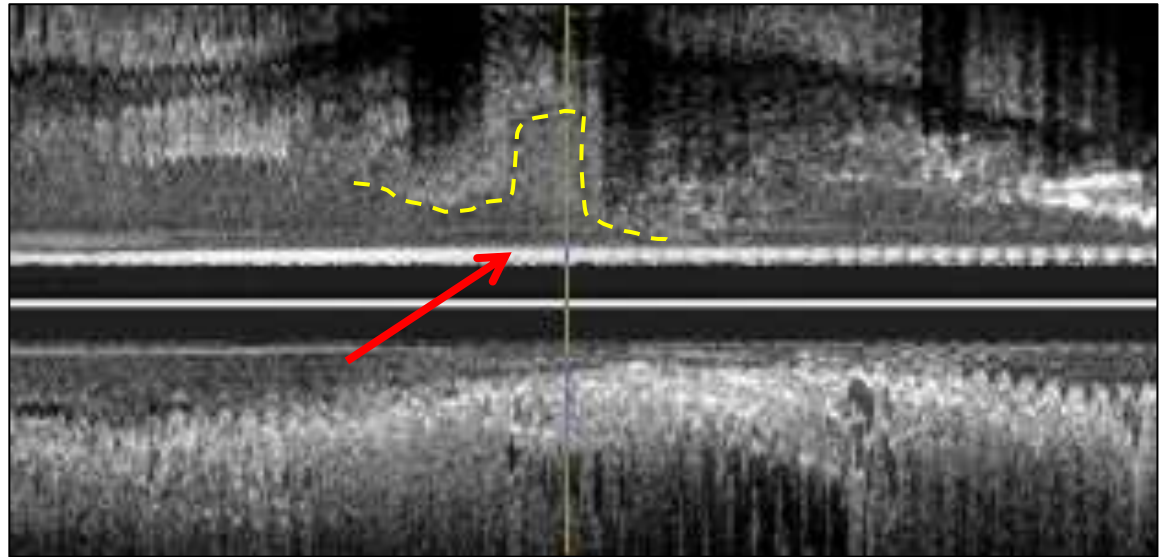
# Axial Plaque Stress and Clinical Event

*Why the rupture is there?*

2011-04 CT, Asymptomatic



2012-06 Acute MI



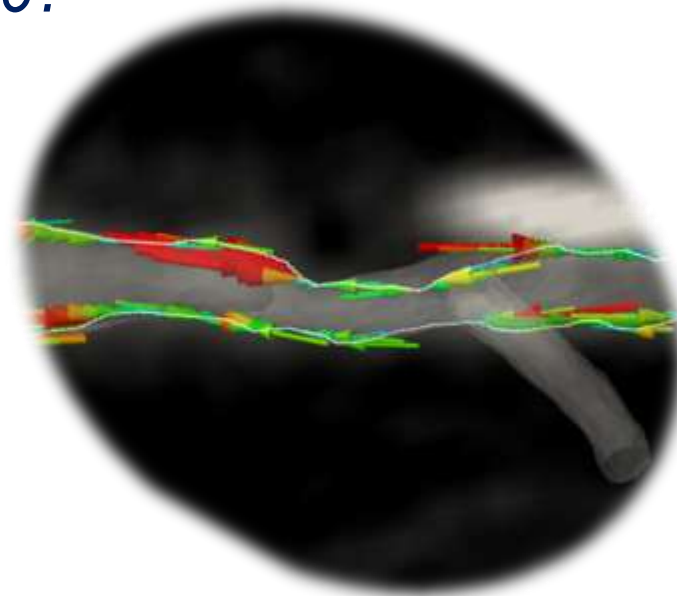
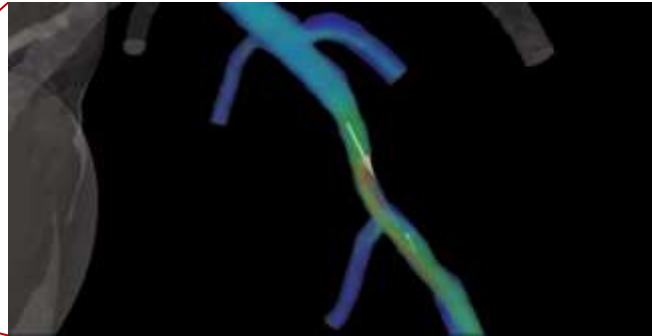
Choi GW...Koo BK. JACC imaging 2015



# Axial Plaque Stress and Clinical Event

*Why the rupture is there?*

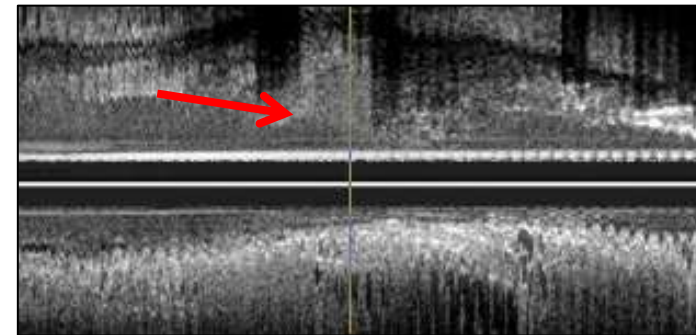
2011-04 CT, Asymptomatic



2012-06 Acute MI



Axial plaque stress	
Upstream	9960 dyne/cm <sup>2</sup>
Downstream	1740 dyne/cm <sup>2</sup>



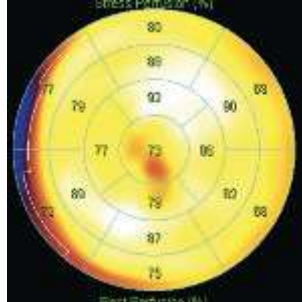
Choi GW...Koo BK. JACC imaging 2015

# Axial Plaque Stress and Clinical Event

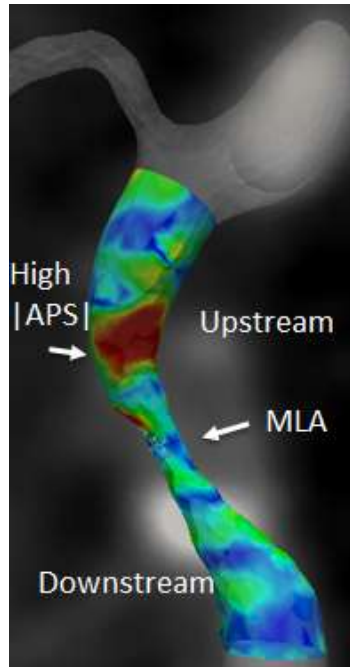
M/52, Asymptomatic

Rb-82 myocardial perfusion scan

1 year later, after strenuous exercise.....



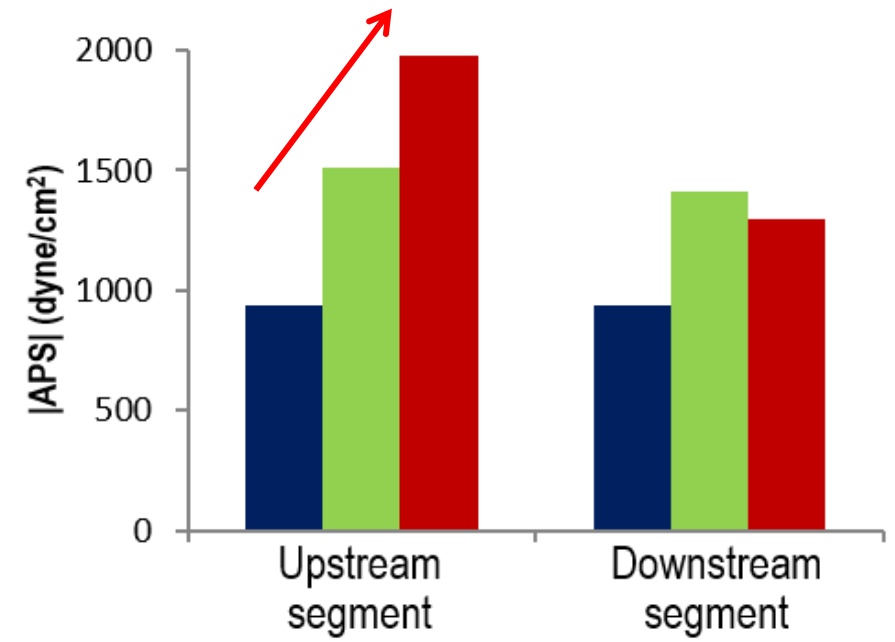
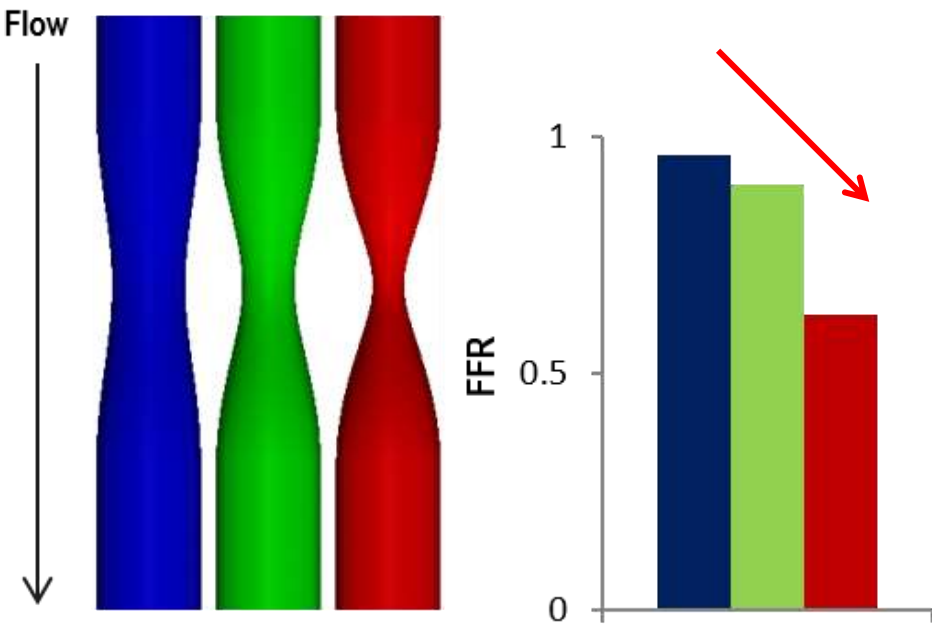
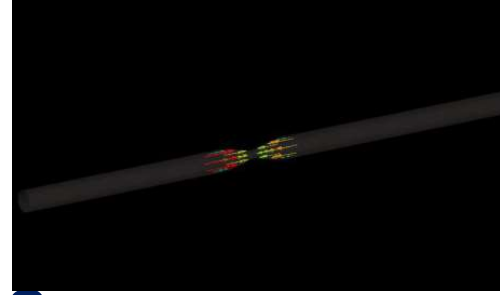
No perfusion decrease



	Upstream segment	Downstream segment
APS (dyne/cm <sup>2</sup> )	17200	-11732
WSS (dyne/cm <sup>2</sup> )	325	209

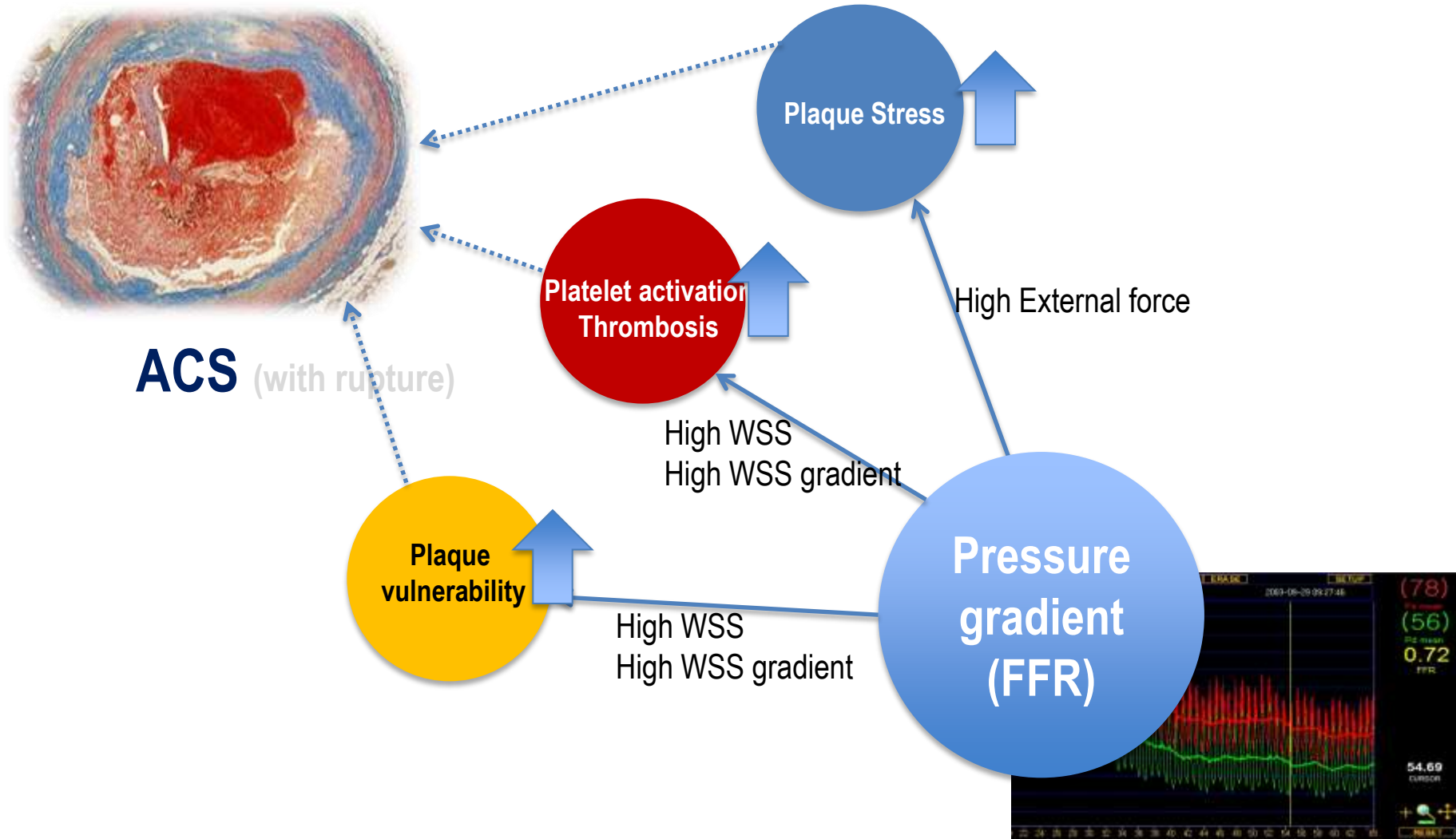
Courtesy of Bjarne L. Norgaard, MD, PhD

# FFR vs. Axial plaque stress

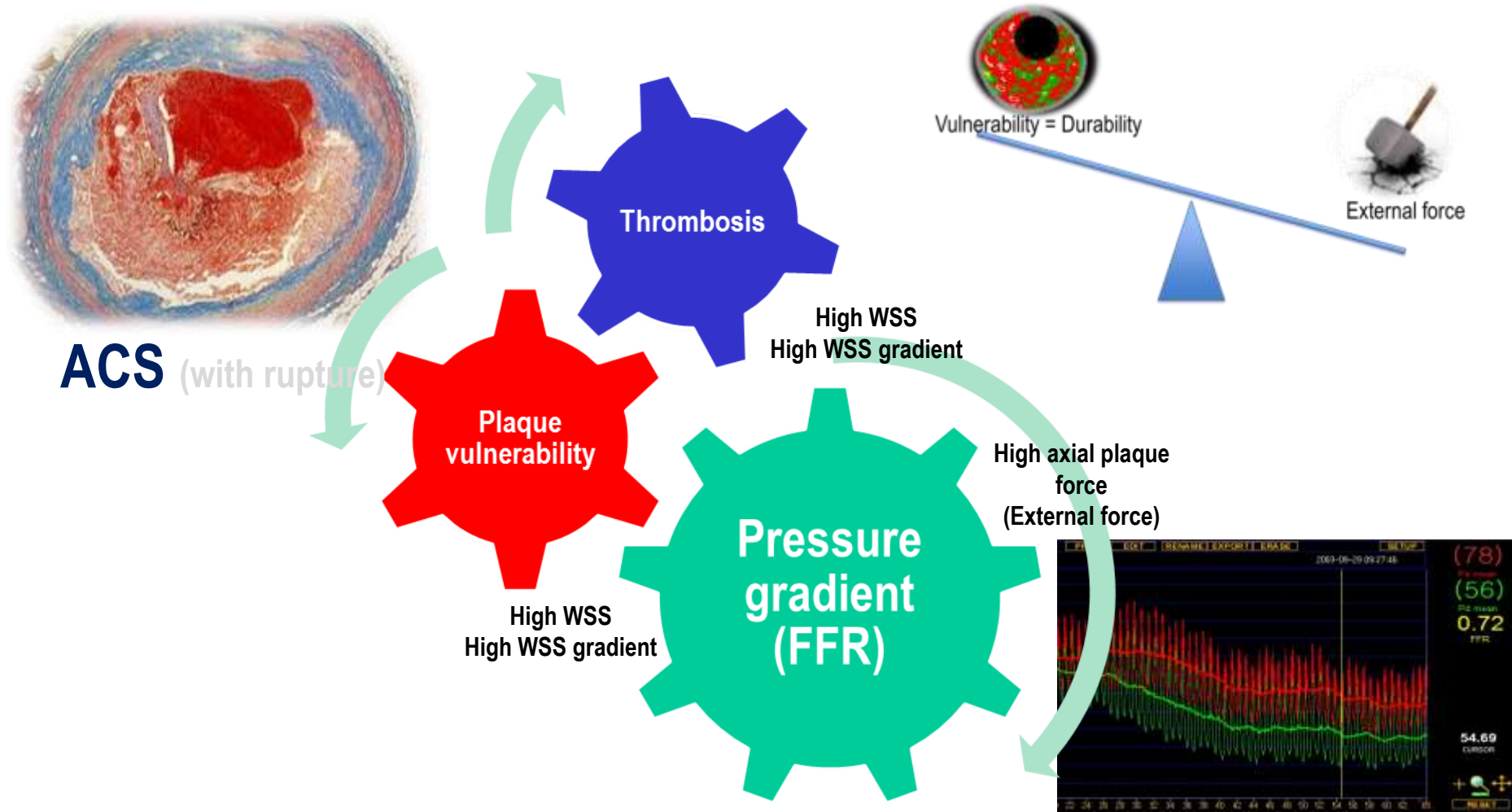


Choi GW...Koo BK. JACC imaging 2015

# Vulnerability Assessment Using Physiologic Indices



# Vulnerability Assessment Using Physiologic Indices



In addition to define ischemia, FFR can tell the risk of ACS through the interaction with biomechanical forces.