From LEADERS to LEADERS FREE: A Patient Centric Approach

Clinical Implication of Biofreedom Stent Review of Real Experiences

Byeong-Keuk Kim, M.D. Ph D

Division of Cardiology, Severance Cardiovascular Hospital Yonsei University College of Medicine, Seoul, Korea

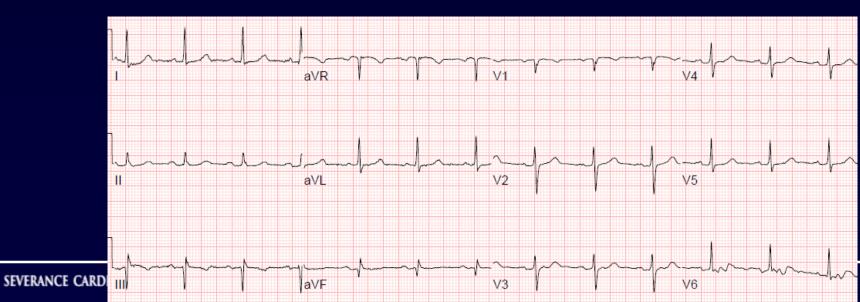


CASE #1.



Brief History

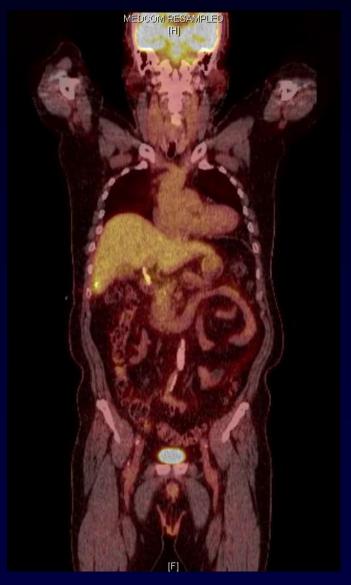
- 65 / M, Pre-op CAG for cancer operation
- Chief complaint
 - Jaundice for 1 month
 - Recently aggravated chest pain for 2 weeks
- Risk factors
 - Hypertension
 - Smoking: Ex-smoker (30PYs) / Alcohol: heavy usage
- Echo
 - RWMA at inferior wall



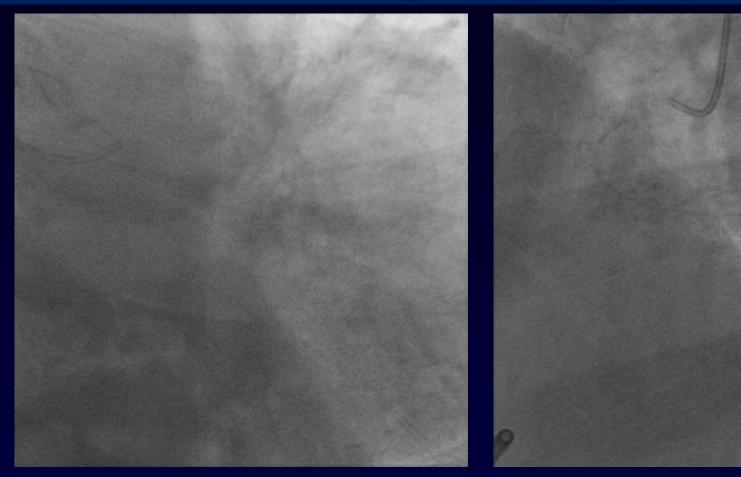
APCT & PET-CT



Imp. R/O Distal CBD cancer Plan. Operation



Coronary angiography



Tubular eccentric 80% LN of pRCA with hazziness → Suspicious plaque rupture with

thrombi



Diagnosis & Plan

- Diagnosis ACS (UA), 1-VD suspicious of plaque rupture
 - Distal CBD cancer requiring operation
- Treatment



- A. CABG first, and then GS Operation
- B. PCI with BMS, and then GS operation
- C. PCI with DES, operation after 6 months (or 3 months) later

1-VD...too healthy coronary arteries to perform bypass surgery...LAD, normal ... not easy PCI with BMS in Korea d/t very limited size & length...

Delayed operation would be risky and patient can not understand.



Treatment Plan



Treatment Option

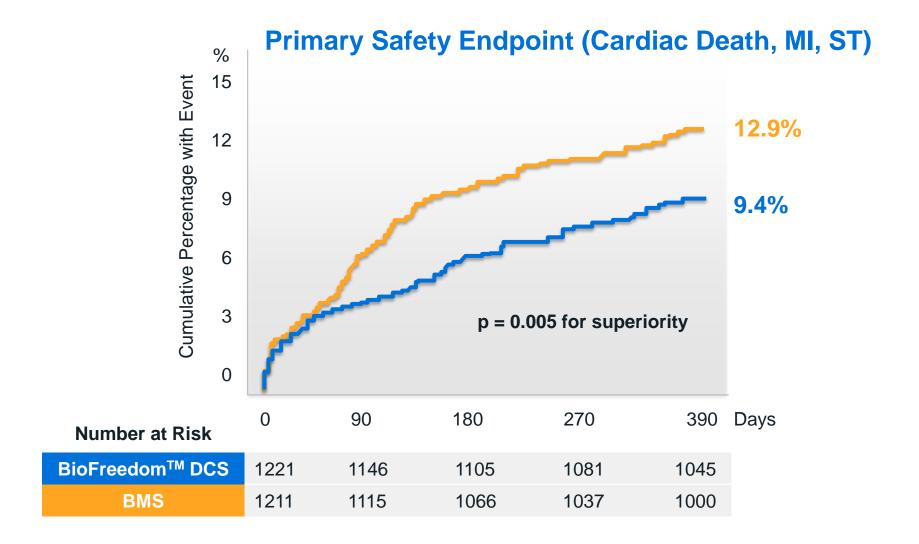
- A. CABG first, and then GS Operation
- B. PCI with BMS, and then GS operation
- C. PCI with DES, operation after 6 months or 3 months later
- D. New option !!! PCI with DES, operation 1 month later with maintaining aspirin only

Surgeon and patient agree to our suggestion. We perform PCI first with BioFreedom stent





Prospective, double-blind randomized (1:1) trial 2,466 High bleeding risk PCI patients with **1-month DAPT**



PCI

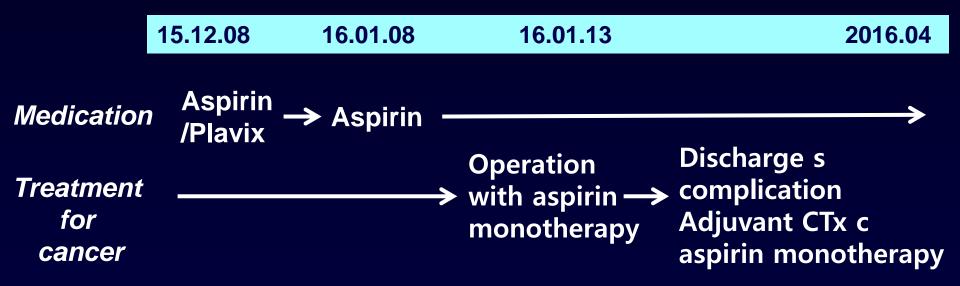


Successful PTCA c stent at p-RCA (BioFreedom 4.0 x 14mm)



Progress

PTCA c stent at p-RCA (BioFreedom 4.0 x 14mm)

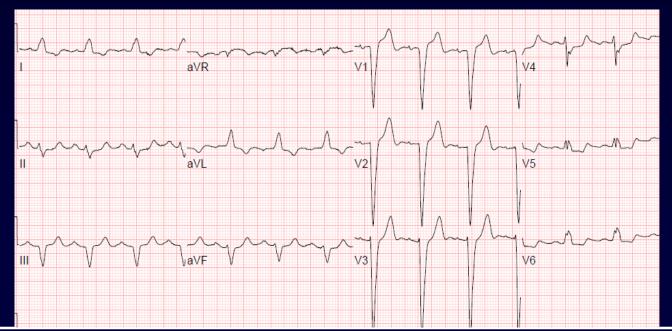


CASE #2.

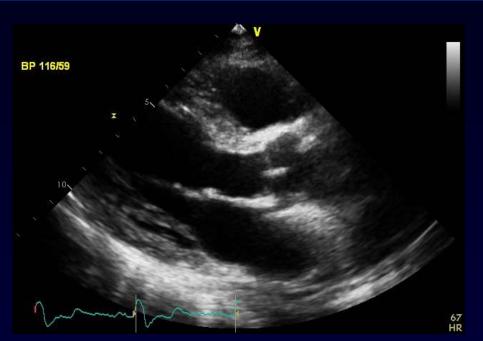


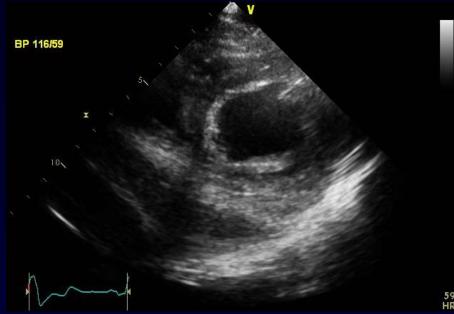
Brief History

- 73 / M
- Consult for : abnL ECG & Echo, pre-op evaluation of pancreatic Ca
- Past Hx
 - Pancreatic cancer, cT4N0M0
 s/p 5 cycles of chemotherapy (15.10.22~16.2.18)
 Planning of Curative resection
- Risk factors
 - Smoking: Current smoker (50PYs) / Alcohol : non-drinker



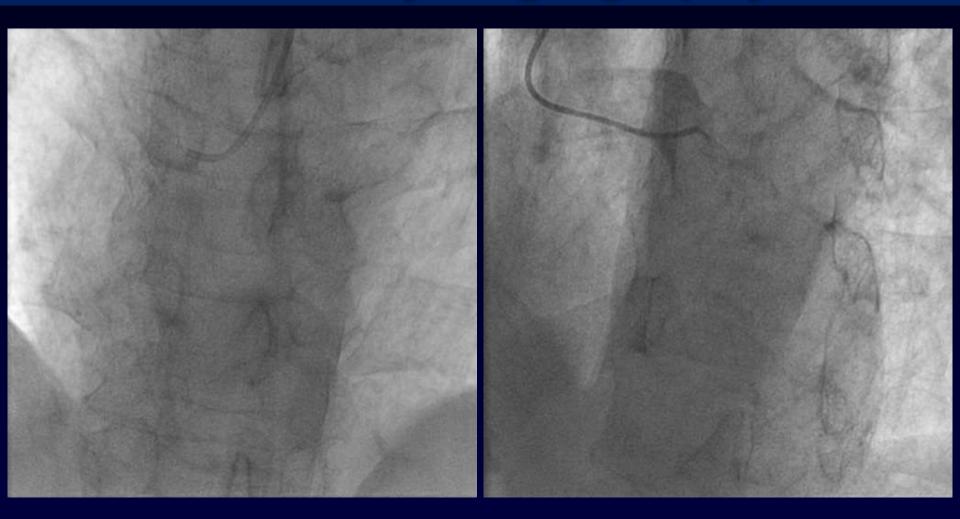
TTE





- Moderate hypokinesia at inferior apex.
- LV ejection fraction: 68%

Coronary angiography



CAOD (2VD), significant stenosis at RCA & LAD



Diagnosis

- Pancreatic cancer
 s/p 5 cycles of chemotherapy (15.10.22~16.2.18)
 - => scheduled to undergo curative operation

- Stable angina, CAD 2-VD
 - → requiring Pre-Op revascularization

Revascularization plan

Treatment PCI with BioFreedom stent

16.03.07 CAG + PCI 16.04.07
Discontinue of clopidogrel

16.04.14
Pancreas op with Aspirin monotherapy

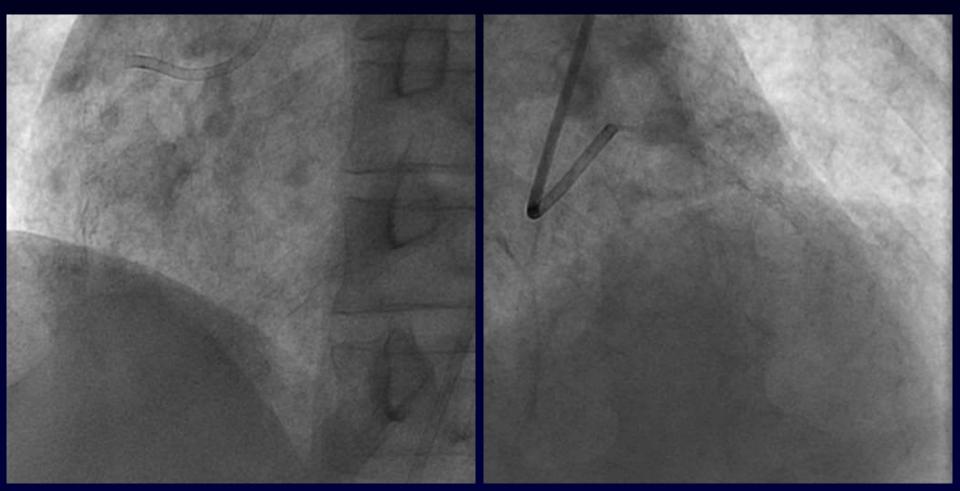
2

• Sometimes, New treatment strategy, "PCI with BioFreedom & operation 1-month later with aspirin monotherpy" would be faster than other pre-op treatment including bypass surgery.

Op date, discontinue aspirin and clopidogrel consecutively ..



PCI



Successful PTCA c stent at p ~ mRCA (Biofreedom 3.0 x 28mm)
p ~ mLAD (Biofreedom 3.0 x 24mm)
→ A month later, he underwent pancreas Op & discharged without complications.

CASE #3.



Brief History

- 76 / F ... Height 150 cm / Weight 38kg .. BMI 16.9 kg/m²
- Chief complaint
 - Transfer from local clinic with positive TMT & recently aggravated exertional chest pain
- Past Hx
 - Hypertension / CKD, stage II
 - No history of general medical check-up including EGD, colono, and dental check-up
- Echo No RWMA / Normal sized cardiac chambers with normal global LV systolic function (LVEF 74%)

Coronary angiography

Plan>

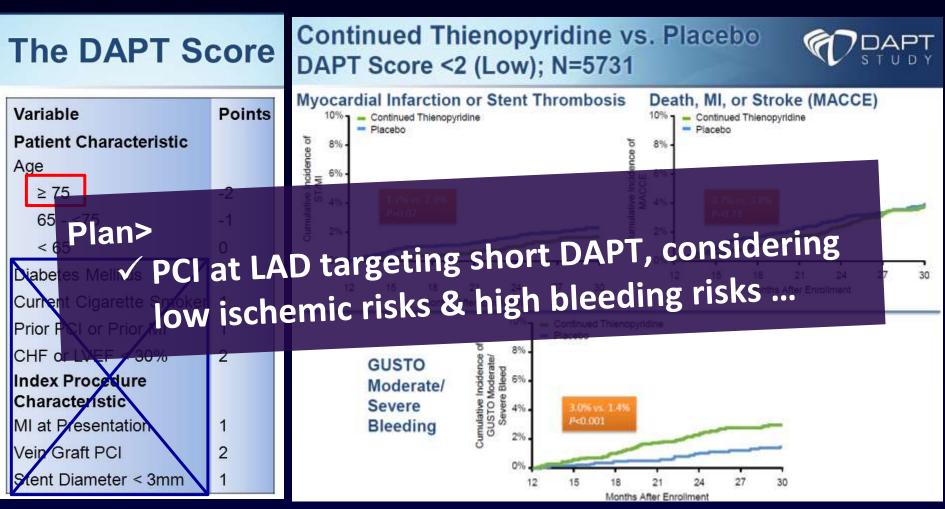
Definitely PCI of LAD needed, which DES? and how long DAPT?

CONCERNS

- Old age with low body weight
- Many future procedures or operations requiring discontinuation of DAPT
- ✓ Low ischemic risks?



DAPT score, a clinical decision tool to identify patients expected to derive benefit vs harm from continuing DAPT beyond 1 year after PCI, considering ischemic/ bleeding risks



Patient's DAPT score : - 2



PCI



Successful PTCA c stent at p-LAD (BioFreedom 3.5 x 18mm)



Progress

PTCA c stent at p-LAD (BioFreedom 3.5 x 18mm)

	16.01.05	16.02.08	
Medication	Aspirin/Plavix ——	→ Aspirin	
Event —			→ No ischemic or bleeding event occurred.

Lesson from these experiences (1)

A polymer-free and carrier-free drug-coated stent, the BioFreedom stent implantation would be the "new" treatment option following specific condition ...

PCI using DES (with 1-month DAPT) before major surgery (except brain surgery)

... comparable with bypass surgery before major surgery

... could be better than PCI using BMS

We need more data regarding theses



Lesson from these experiences (2)

If treatment ranges extended to the more general uses ...

BioFreedom stent implantation with short duration DAPT (1 month)

- PCI in patients having high potentials for elective surgery within 12 months
- PCI in patients with high bleeding risks
- PCI for old-age group
- or PCI for all general population
 - We need data.
 We are currently doing this study for proving.



Thank you for your attention

Severance Cath room at 1996

