Left Atrial Ligation with the LARIAT Device Technique Tips & Tricks

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Why Does Atrial Fibrillation Cause Stroke? The Left Atrial Appenage (LAA)



91% of stroke in AF is caused by blood clots that form in the Left Atrial Appendage (LAA)





The LARIAT Device Components



13F (4.3mm) Pericardial access Sheath **Remote** suture delivery device compatible with access <u>></u>4.3mm WITH open / close capabilities allow control & precise placement

Includes SofTIP & TenSURE accessories

40mm pre-tied, "0" polyester suture loop mounted on collapsible snare

LAA Closure: The LARIAT Device How It Works



CUNIC MAYO CLINIC

LAA Closure: The LARIAT Device





Singh SM et al. Heart Rhythm 2010;7:370-376.

Contraindications to LARIAT

- Any prior cardiac surgery
- Known pericarditis
- LAA > 4 cm
- Inaccessible LAA (behind the pulmonary artery, etc..)

Anatomic Suitability



Laura D et al. J Am Soc Echocardiogr 2014;27:699-708



• HPI

72 year-old male with history of CAD s/p
 PCI
 Persistent atrial fibrillation

Prior stroke

GI bleeding while on Warfarin



Lassy Compression - not intended for diagnosis



Pericardial Access



AP Angle of Access:

1:00	10/85 (12%)	 4/10 (40%) required 2nd stick
1:30	22/85 (26%)	- 5/22 (23%) required 2 nd stick
2:00	45/85 (53%)	- 8/45 (18%) required 2nd stick
2:30	12/85 (14%)	- 1/12 (8%) required 2 nd stick



Lateral Angle of Access:

3:30	18/85 (21%)	 - 4/18 (22%) required 2rd stick
4:00	58/85 (68%)	-10/58 (17%) required 2 nd stick
4:30	8/85 (9%)	- 0/8 (0%) required 2 nd stick
5:00	4/85 (5%)	- 2/4 (50%) required 2 nd stick
5:30	1/85 (1%)	- 1/1 (100%) required 2 nd stick

Pericardial Access

Lossy Compression - not intended for diagnosis





Pericardial Access

Lossy Compression - not intended for diagnosis





Pericardial & Transseptal Access



Lossy Compression - not intended for diagnosis



"Building the Rail"

Lossy Compression - not intended for diagnosis



"Building the Rail"





Advancing the LARIAT

Lossy Compression and Intended for diagnosis









Lossy Compression - not intended for diagnosis





Completion









The Evidence Base



The Evidence Base

TABLE 1 Baseline Demographic and Clinical Cha of the Study Population (n = 154)	racteristics
Age (yrs)	72.1 ± 9.4
Age >75 yrs	70 (45)
Male	96 (62)
Hypertension	125 (81)
Diabetes mellitus	56 (36)
History of heart failure	53 (34)
Peripheral arterial disease	21 (14)
Prior CVA/TIA	58 (38)
Prior hemorrhagic CVA	21 (14)
Prior major bleed or propensity for bleeding	96 (62)
Labile INR measurements	31 (20)
Concomitant chronic NSAID use	22 (14)
Liver disease	9 (6)
Renal disease	14 (9)
Significant alcohol consumption	16 (10)
CHADS ₂ score	3 (2-4)
CHA ₂ DS ₂ VASC score	4 (3-5)
HAS-BLED score	3 (2-4)

Procedural Success & Complications



Indications for LAA Closure?

