

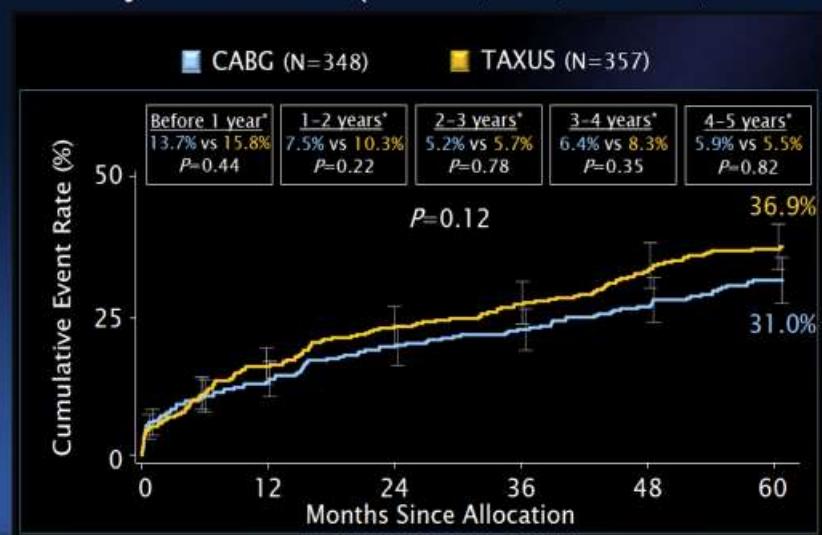
# **LM and MVD PCI: Imaging and Functional Guidance**

Jung-Min Ahn, MD

Heart Institute, Asan Medical Center, Ulsan University  
College of Medicine, Seoul, Korea

## LM Subgroup From SYNTAX (TAXUS)

Primary End Point (Death, MI, Stroke, or RR)



Circulation. 2014 Jun 10;129(23):2388-94

## PRECOMBAT (CYPHER)

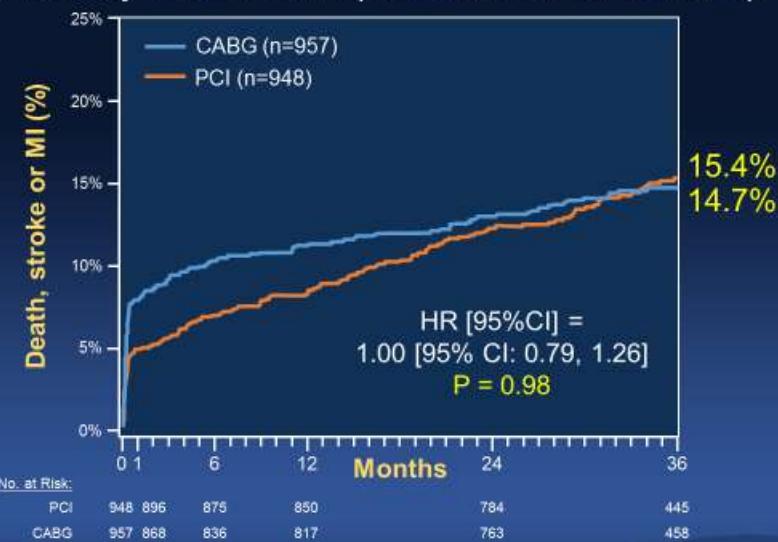
Primary End Point (Death, MI, Stroke, or iTVR)



Ahn JM, Roh JH, Park SJ et al. J Am Coll Cardiol. 2015;65(20):2198-206

## EXCEL (XIENCE)

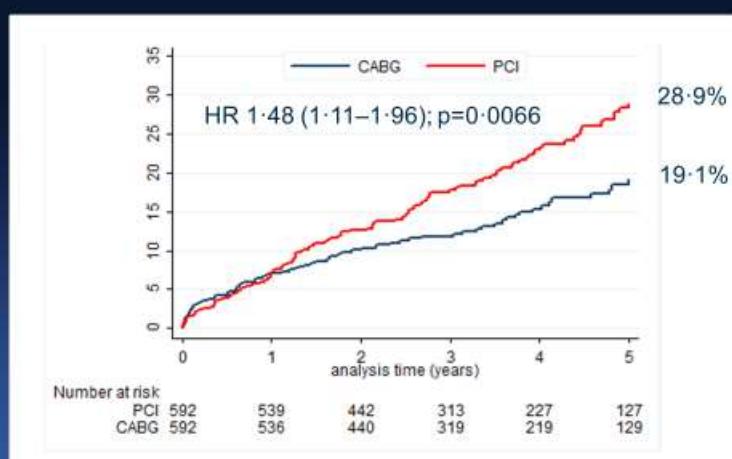
Primary End Point (Death, MI, or Stroke)



Stone GW et al. N Eng J Med 2016 ePub

## NOBLE Trial

Primary End Point (Death, MI, Stroke, or RR)



Makikallio T et al. Lancet 2016 ePub

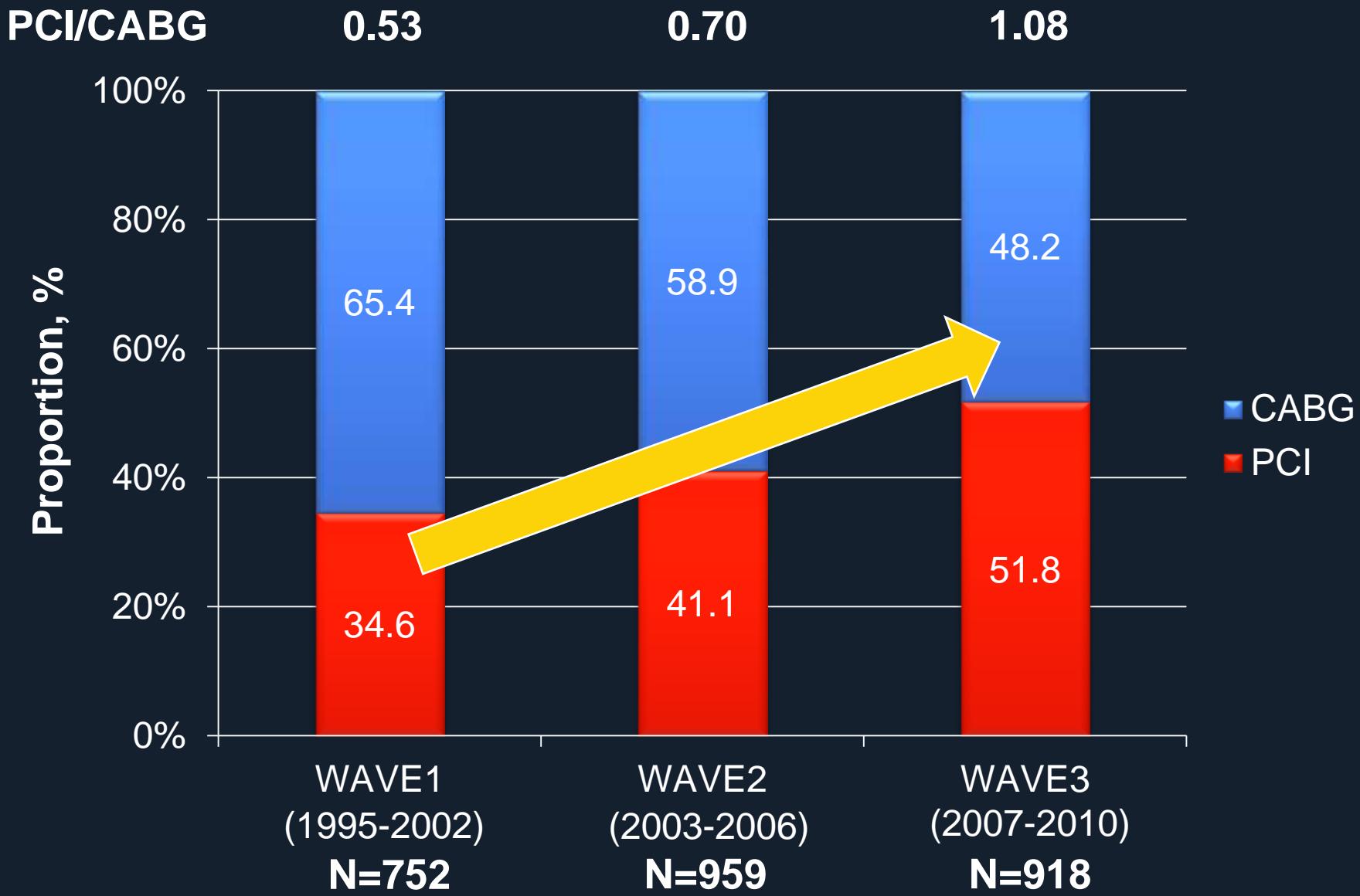
UNIVERSITY OF UTAH COLLEGE MEDICINE ASAN Medical Center

Cardiovascular Research Foundation

Cardiovascular Research Foundation

ASAN Medical Center

# Revascularization Strategy



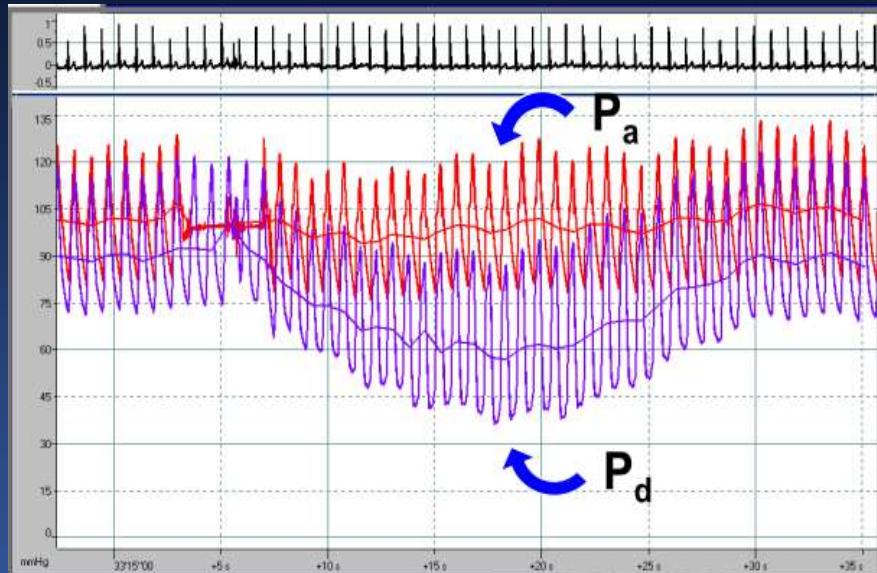
# LM PCI 2017

## ESC Guidelines 2014 Elective PCI for LM Stenosis

	CABG		PCI	
Recommendation according to extent of CAD	Class	Level	Class	Level
LM disease a SYNTAX score $\leq 22$	I	B	I	B
LM disease a SYNTAX score 23 -32	I	B	IIa	B
LM disease a SYNTAX score $> 32$	I	B	III	B

# How to Do Optimal LM Stenting?

## Integrated Use of FFR and IVUS



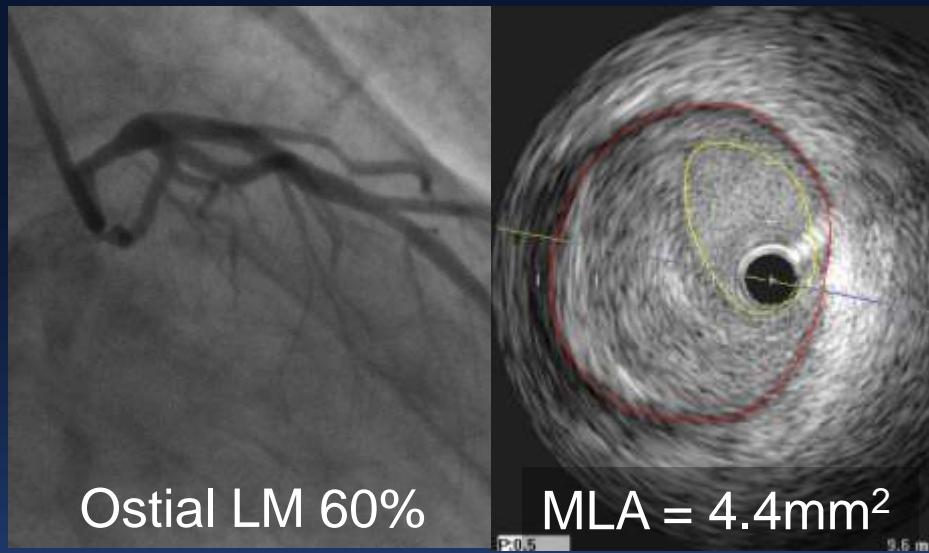
# Diagnosis for Significant LM

Which One is Significant LM stenosis?

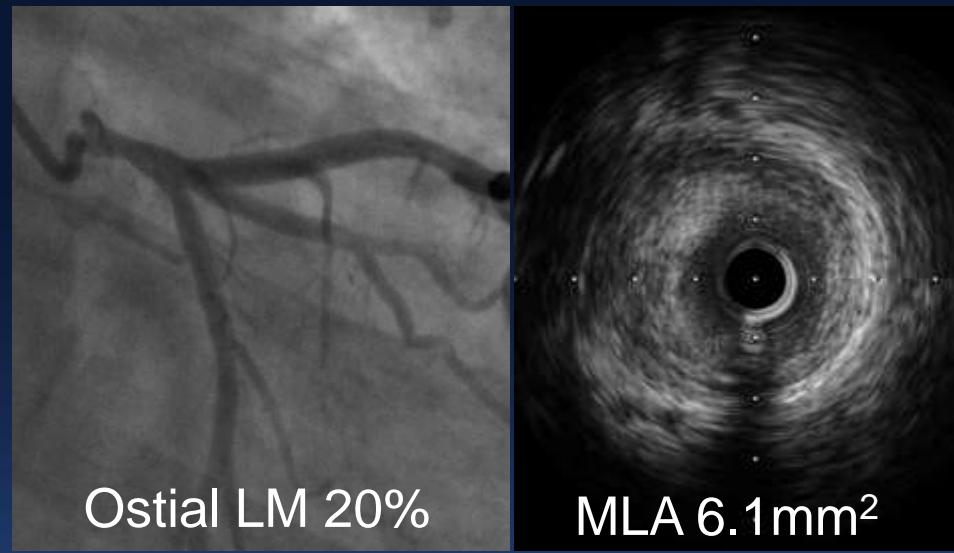


# Which one is Significant LM stenosis?

47/M Stable angina

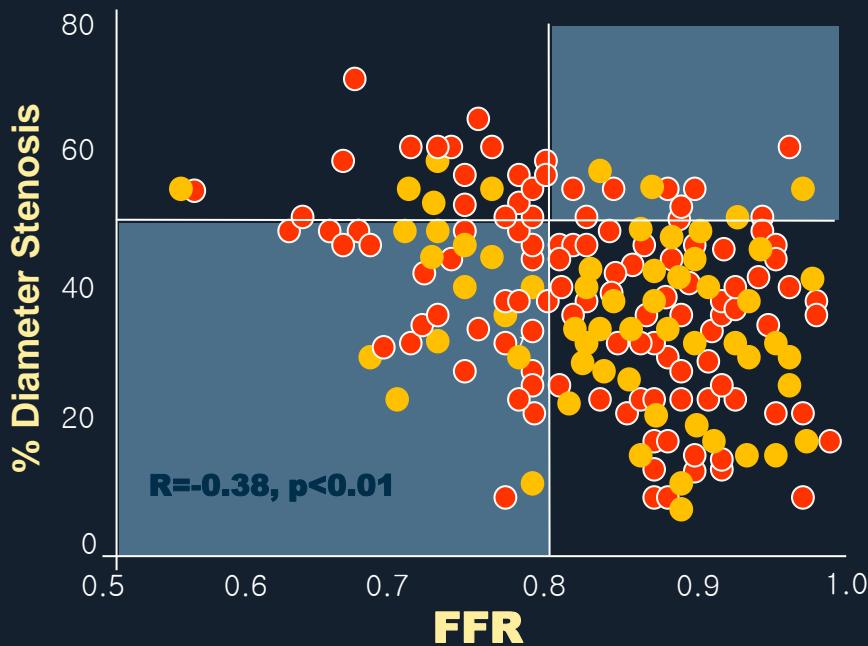


50/M Stable angina



# The Limitation of CAG

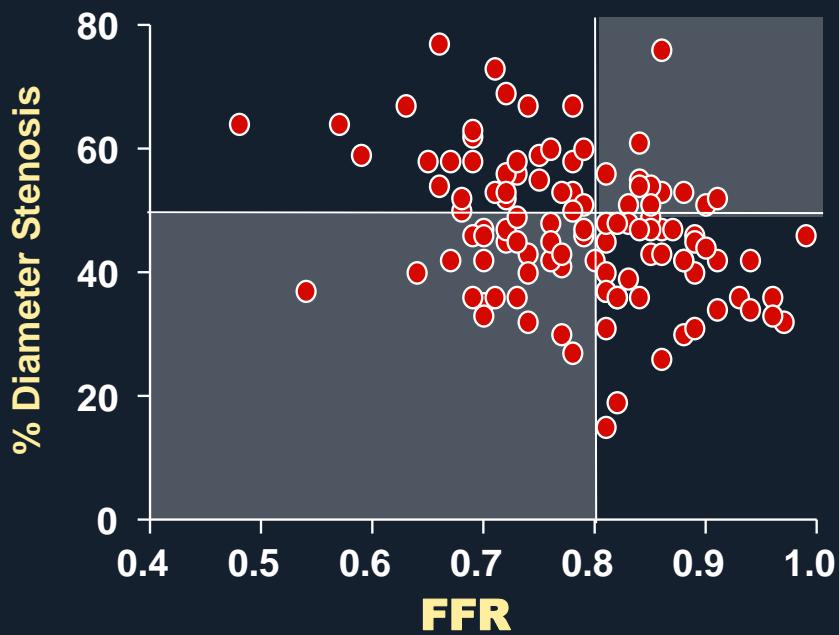
**“Mismatch” is 29% in equivocal LMCA**



Hamilos et al  
*Circulation* 2009;120:1505-1512

● Isolated LMCA disease

**“Mismatch” is 37% in equivocal LMCA**



Park SJ, Ahn JM et al  
JACC Cardiovasc Interv. 2014 ;7(8):868-74)

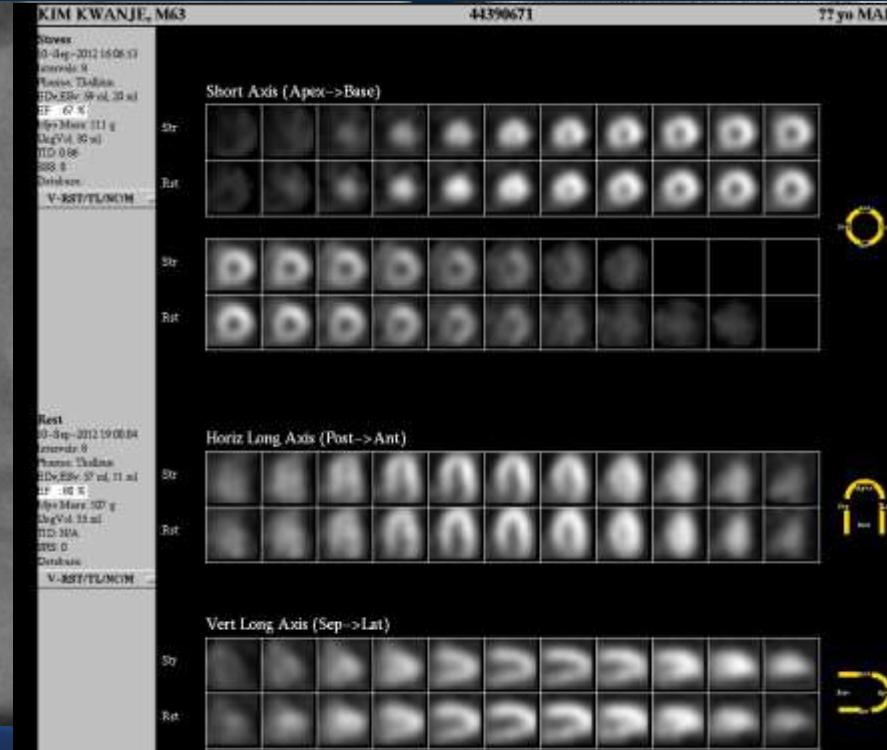
# LM Stenosis with RCA disease

65yrs/M, eCP

RCA

LCA

Normal Perfusion in Thallium SPECT  
Balanced Ischemia in LM with RCA dz



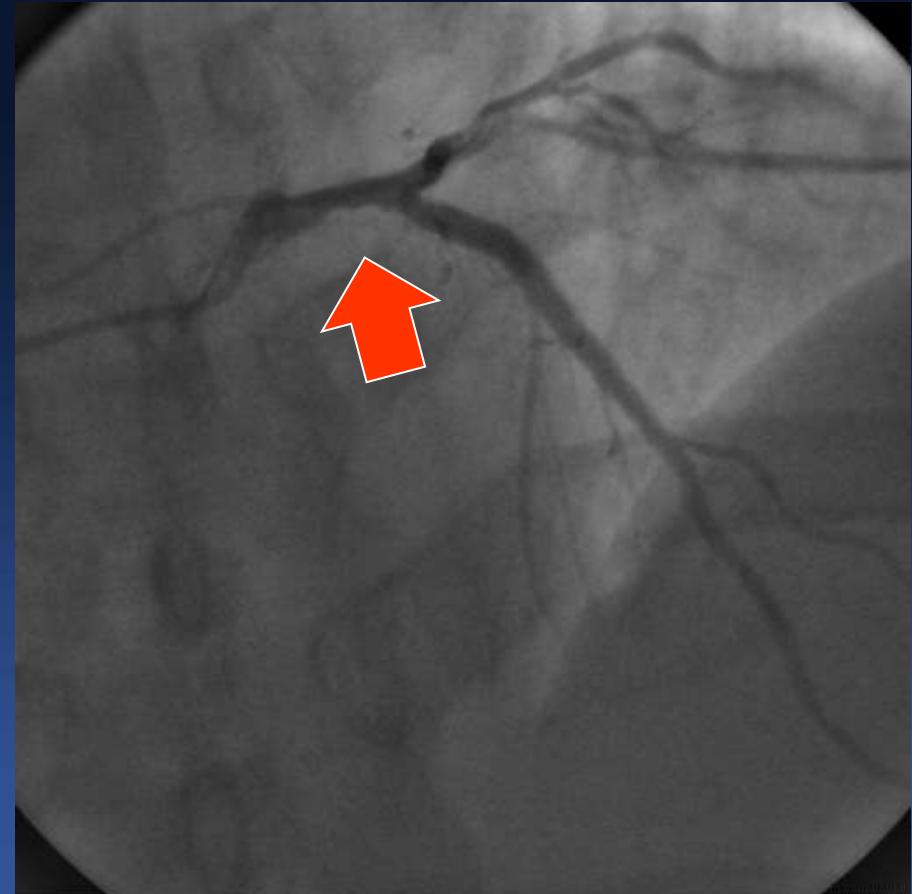
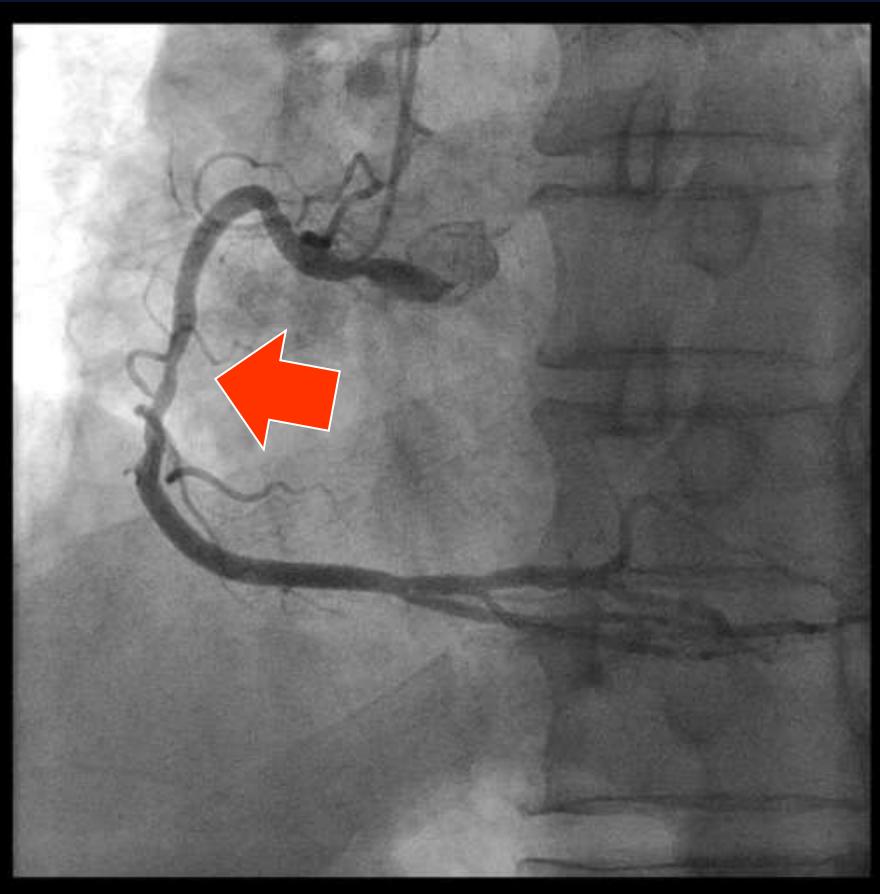
# M/76, eCP

## Treadmill Test

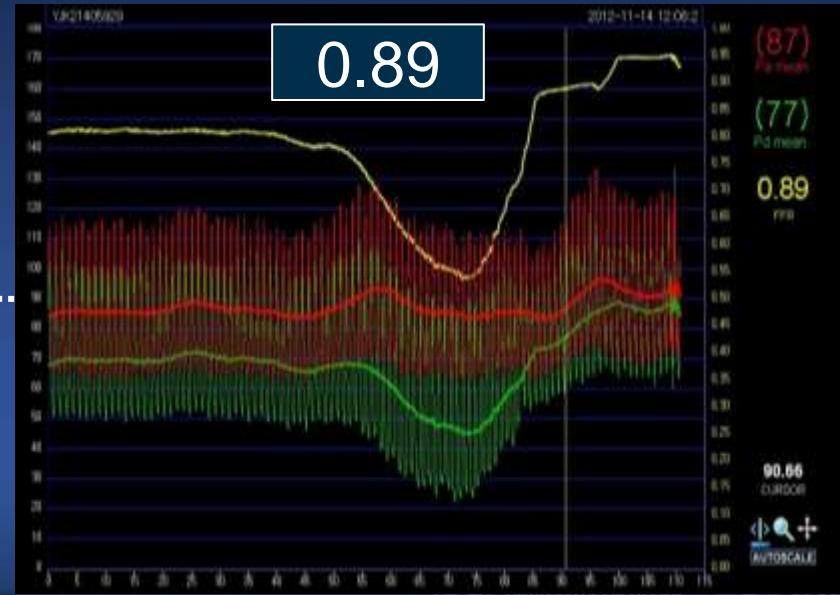
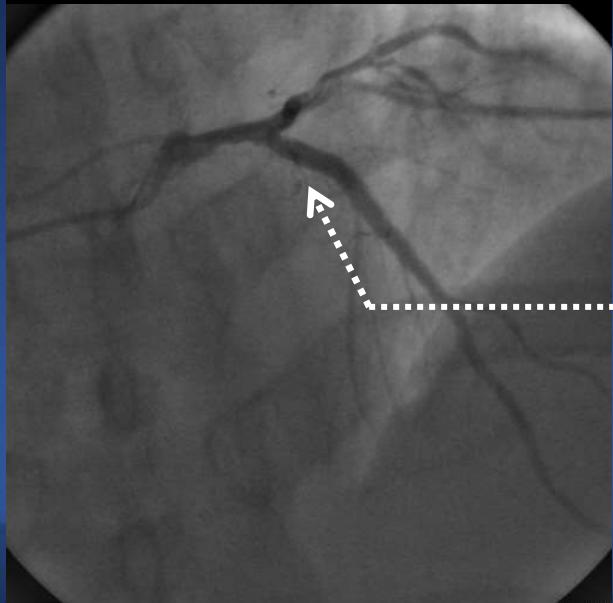
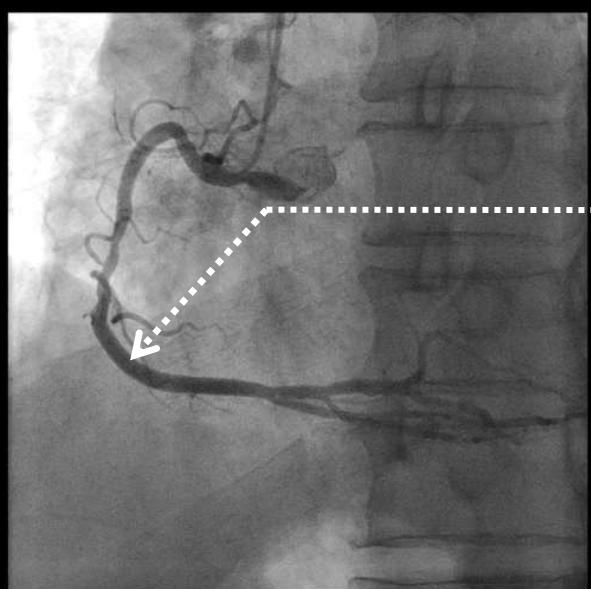


Positive at Stage 4

# Coronary Angiography

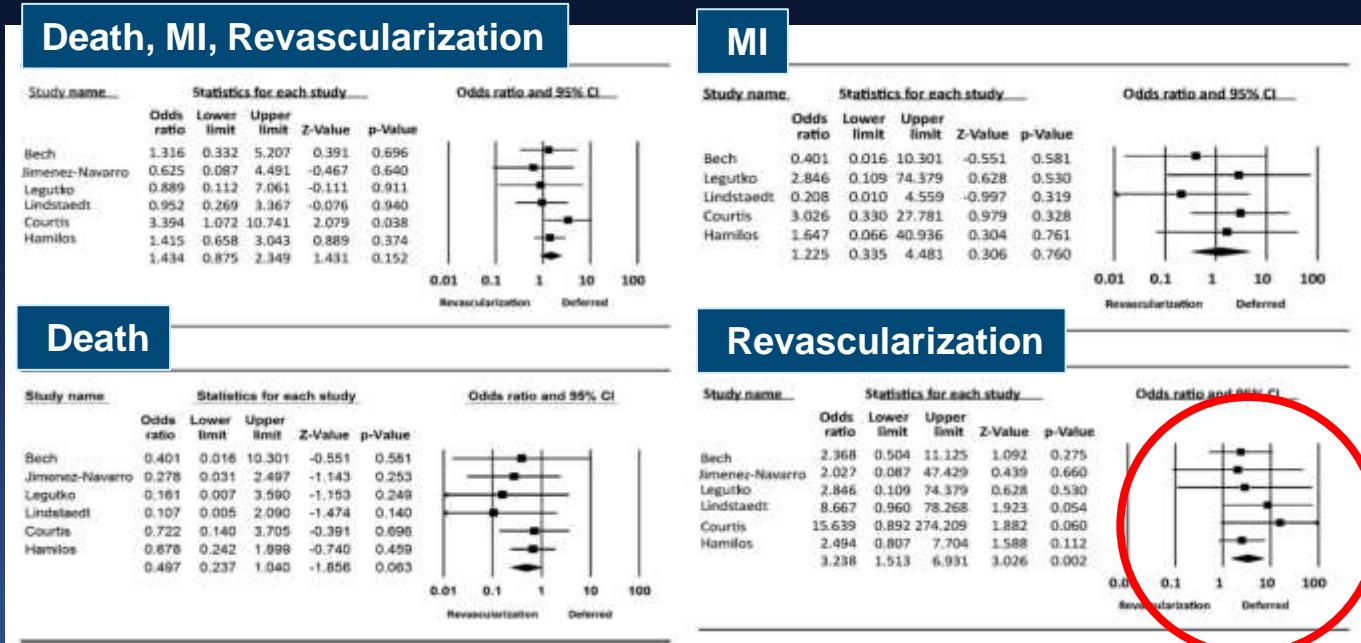


**FFR**



# Meta-analysis FFR Guided Treatment of LM:

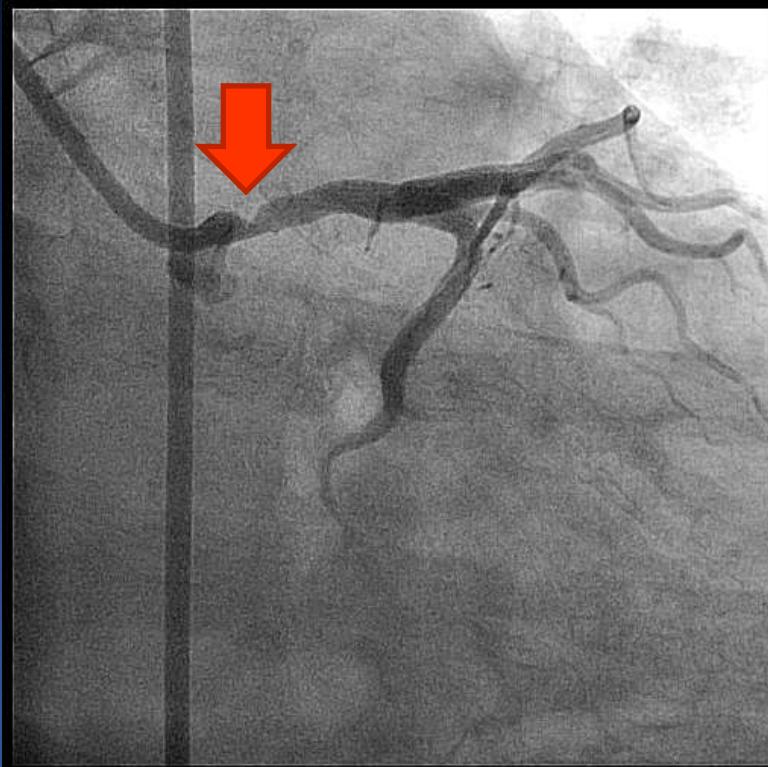
6 prospective cohort studies involving 525 patients met the inclusion criteria



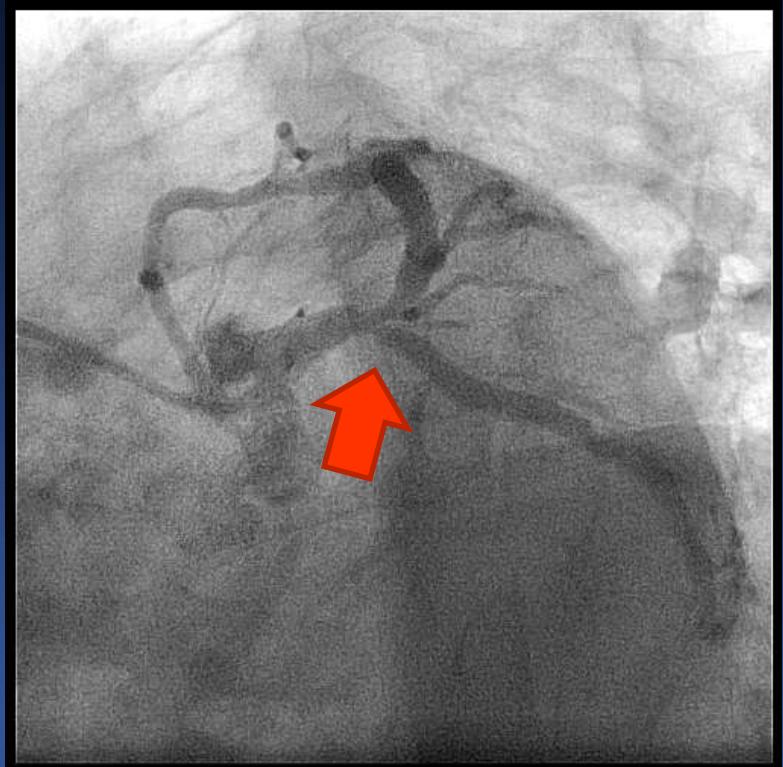
The long term clinical outcomes in patients with ambiguous LMCA stenosis for whom revascularization is deferred based on FFR are favorable and similar to the revascularized group in terms of overall mortality and MI

# How to Treat: PCI Strategy

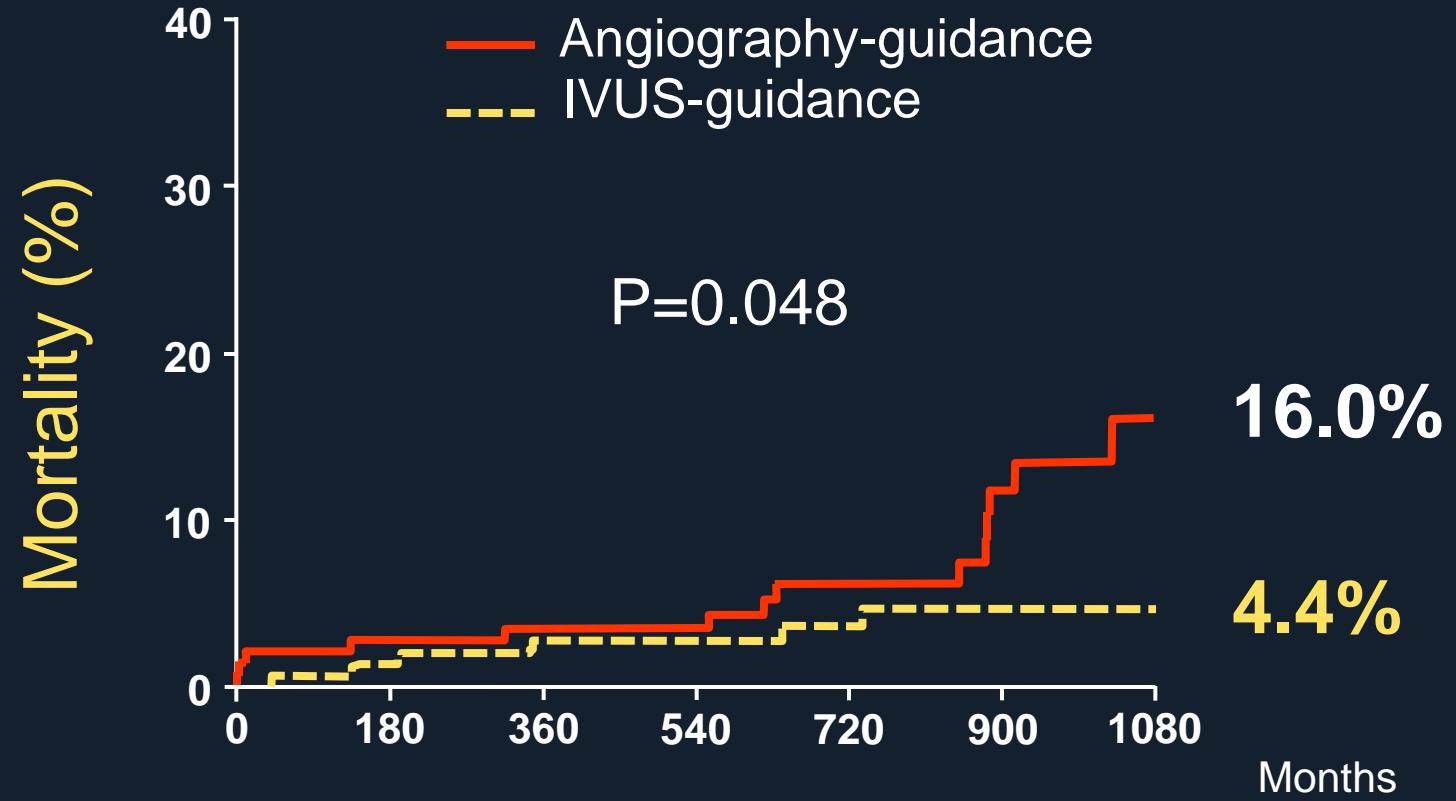
Ostial and Shaft Disease



Bifurcation Disease



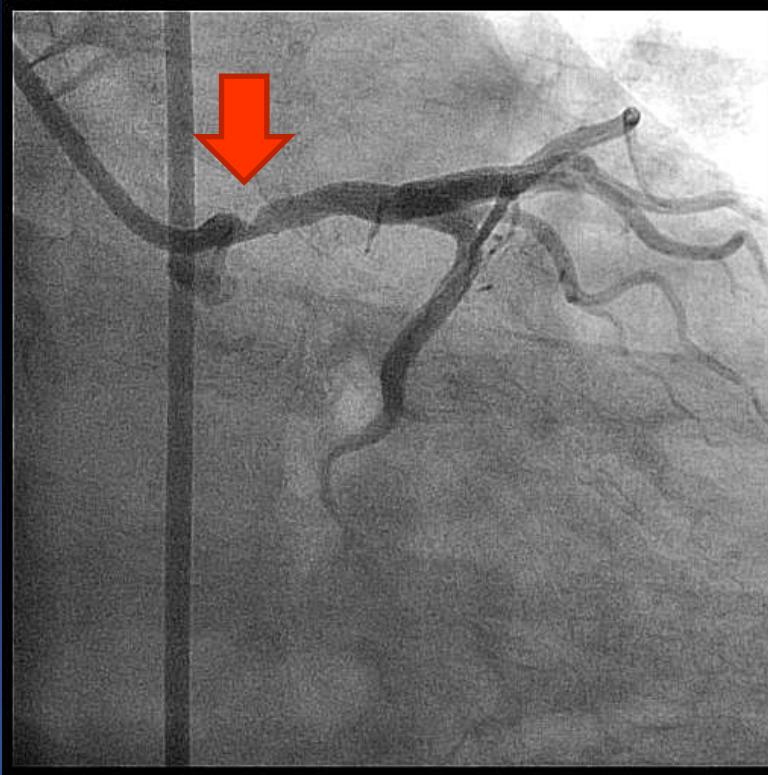
# *IVUS Guidance Saved Lives !*



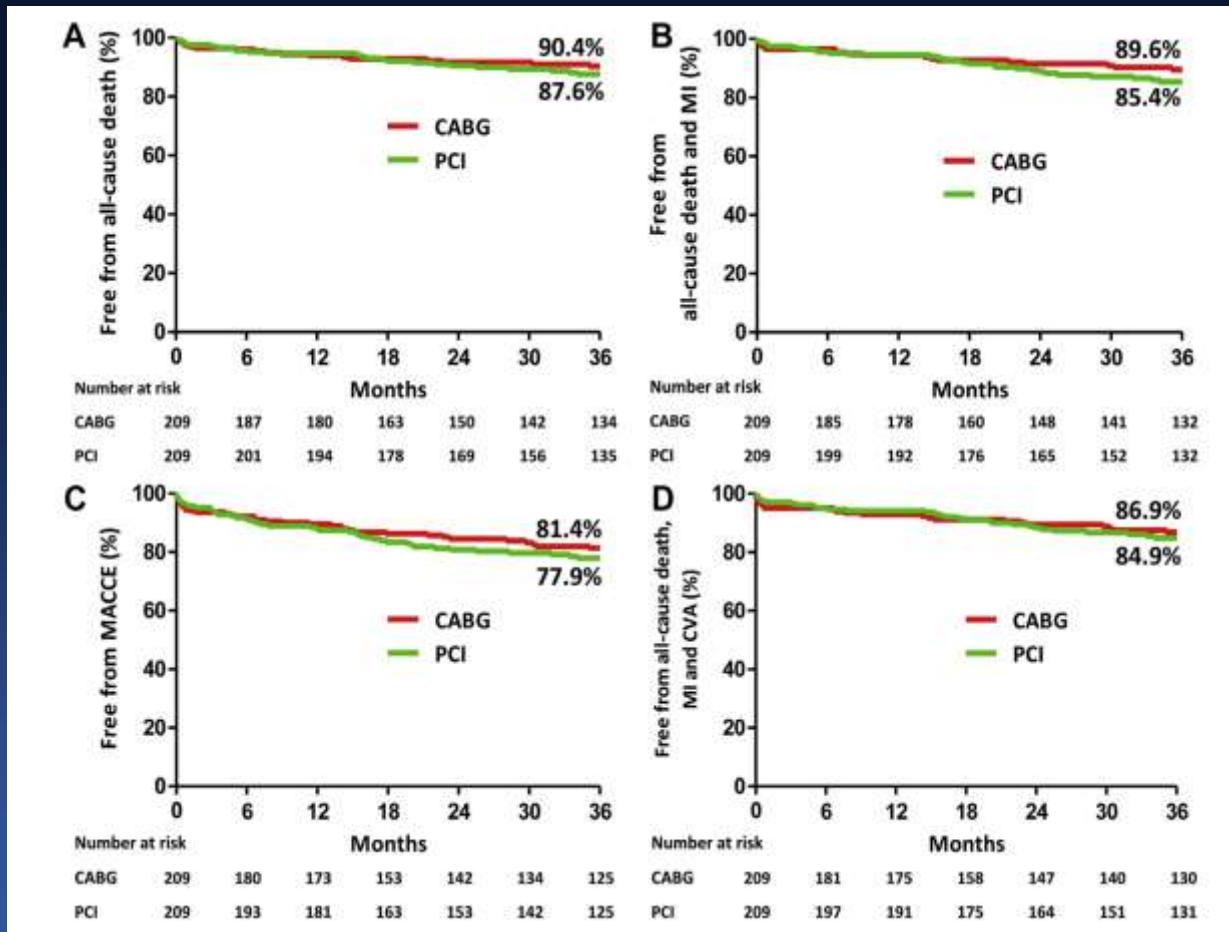
Patients after risk

IVUS-guidance	145	140	98	37
Angiography-guidance	145	137	88	29

# Left Main Ostial or Shaft Disease



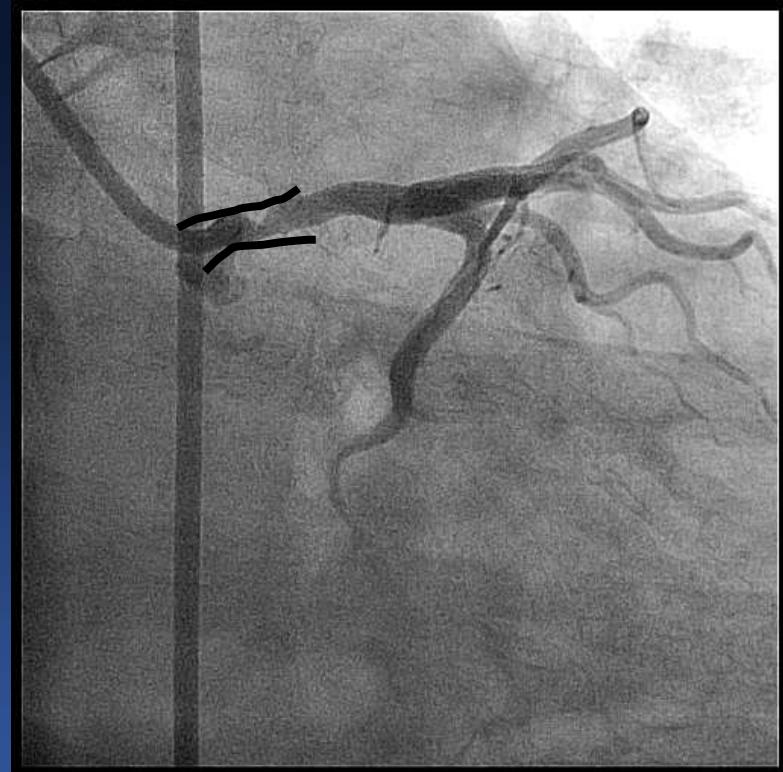
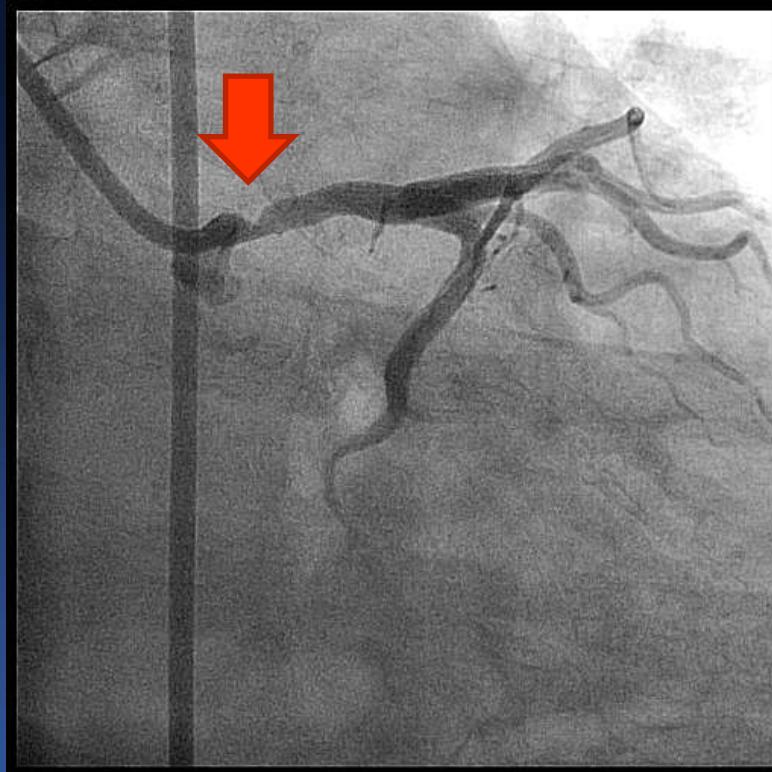
# Left Main Ostial or Shaft Disease



DELTA Registry J Am Coll Cardiol Intv 2014;7:354–61

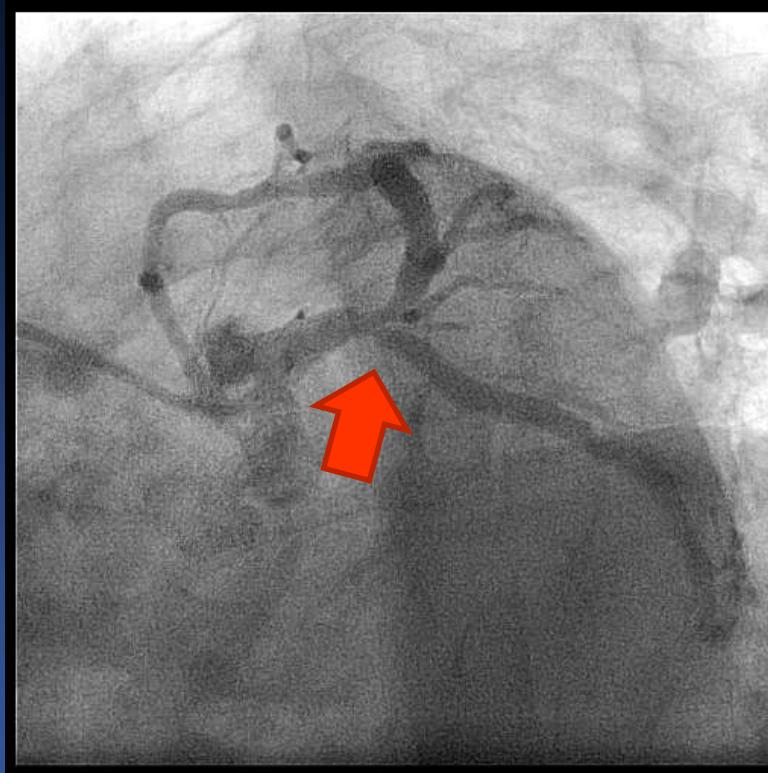
# Left Main Ostial or Shaft Disease

Just Stent it



# How to Treat: PCI Strategy

Bifurcation Disease



# One Stent Better Than Two Stent For LM Bifurcation

	Patients N			FU (M)	MACE	Hazard Ratio		
	1 Stent	2 Stent				Death	MI	TVR
Palmerini <sup>1</sup>	456	317	24		0.48 <b>P=0.001</b>	-	-	-
Toyofuku <sup>2</sup>	261	119	36		-	0.61 <b>P=0.09</b>	-	0.32 <b>P&lt;0.01</b>
Kim <sup>3</sup>	234	158	36		0.89 <b>P&lt;0.001</b>	0.77 <b>P=0.62</b>	0.38 <b>P&lt;0.01</b>	0.16 <b>P=0.005</b>
Song <sup>4</sup>	509	344	36		0.42 <b>P&lt;0.001</b>	0.30 <b>P=0.02</b>	0.41 <b>P=0.04</b>	0.47 <b>P&lt;0.01</b>

<sup>1</sup>Circ Cardiovasc Interv. 2008;1:185-92

<sup>3</sup>Catheter Cardiovasc Interv. 2011;77:775-82

<sup>2</sup>JACC Cardiovasc Interv. 2014;7:255-63

<sup>4</sup>Circulation. 2009;120:1866-74

# LM Bifurcation

**Stent  
Cross  
Over**

***Normal Ostial LCX (Medina 1.1.0., 1.0.0)***

Normal or Diminutive LCX

Small LCX with < 2.5 mm in diameter

Focal disease in distal LCX

**Two  
Stent**

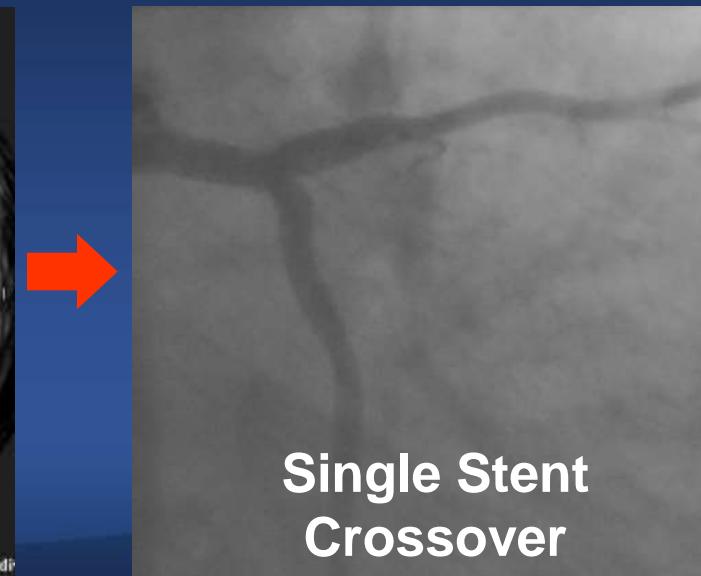
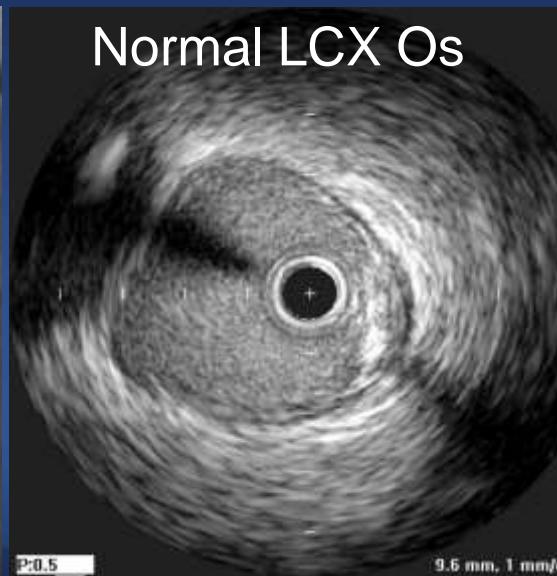
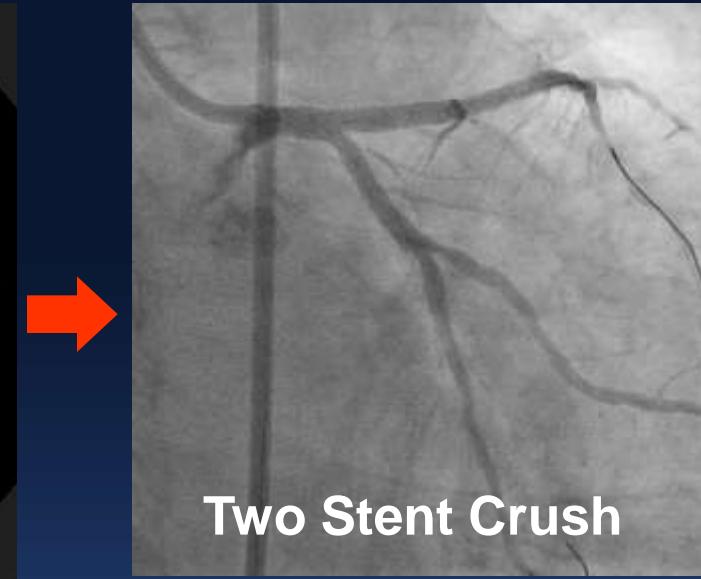
***Diseased LCX (Medina 1.1.1., 1.0.1)***

Large LCX with  $\geq$  2.5 mm in diameter

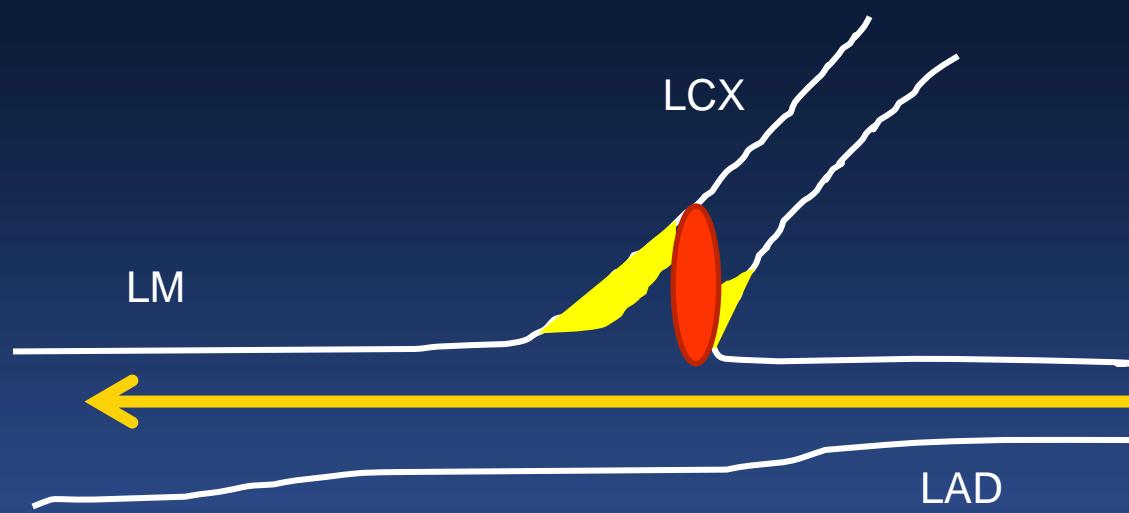
Diseased left dominant coronary system

Concomitant diffuse disease in distal LCX

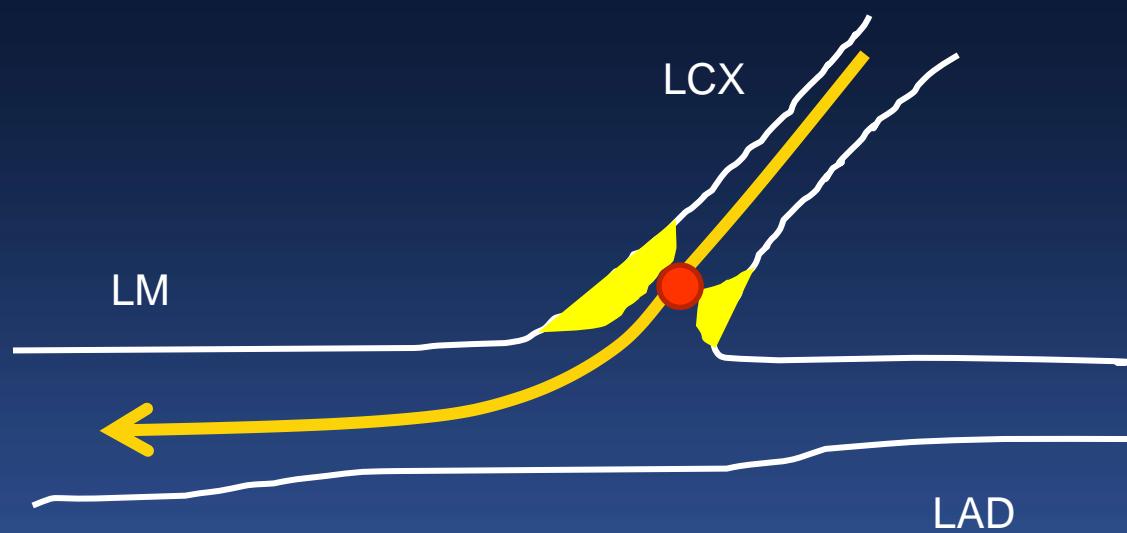
# *Direct LCX pullback IVUS LAD pullback overestimates LCX ostial MLA*



*Direct LCX pullback IVUS  
LAD pullback overestimates LCX ostial MLA*

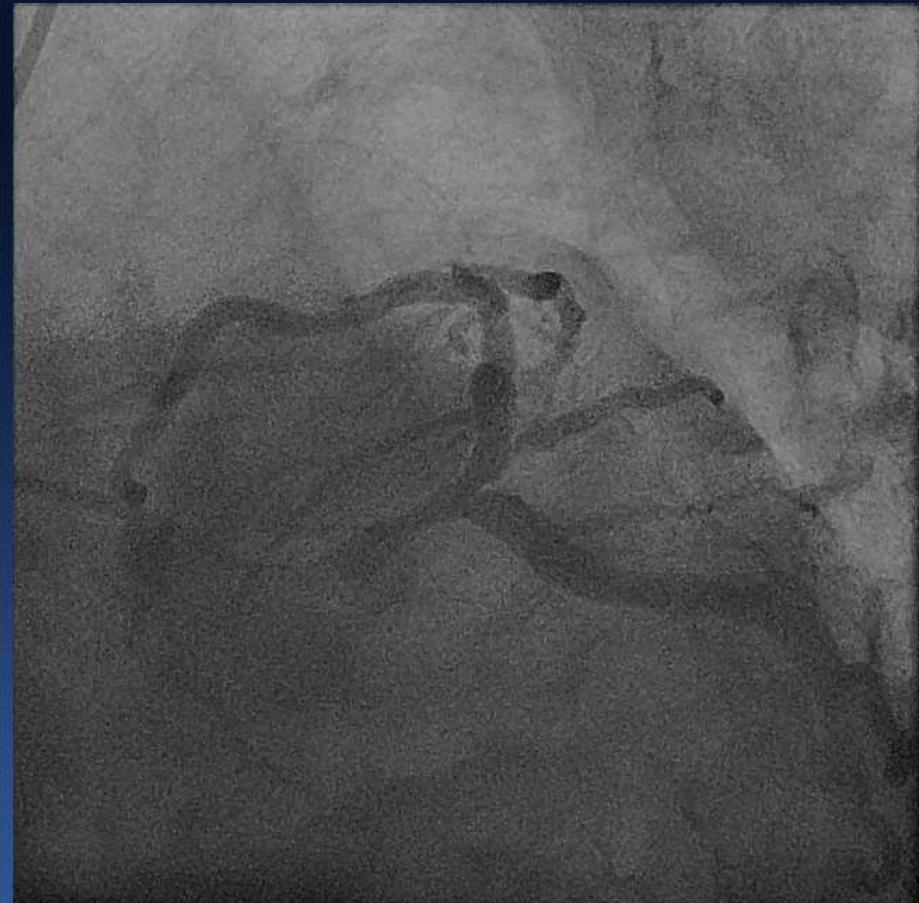


*Direct LCX pullback IVUS  
LAD pullback overestimates LCX ostial MLA*

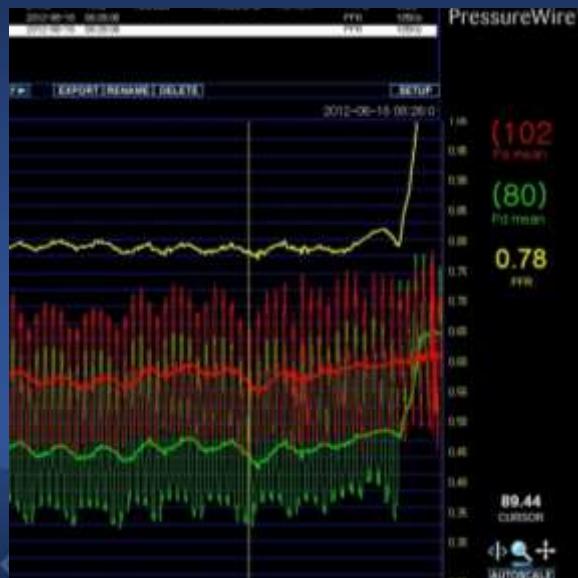
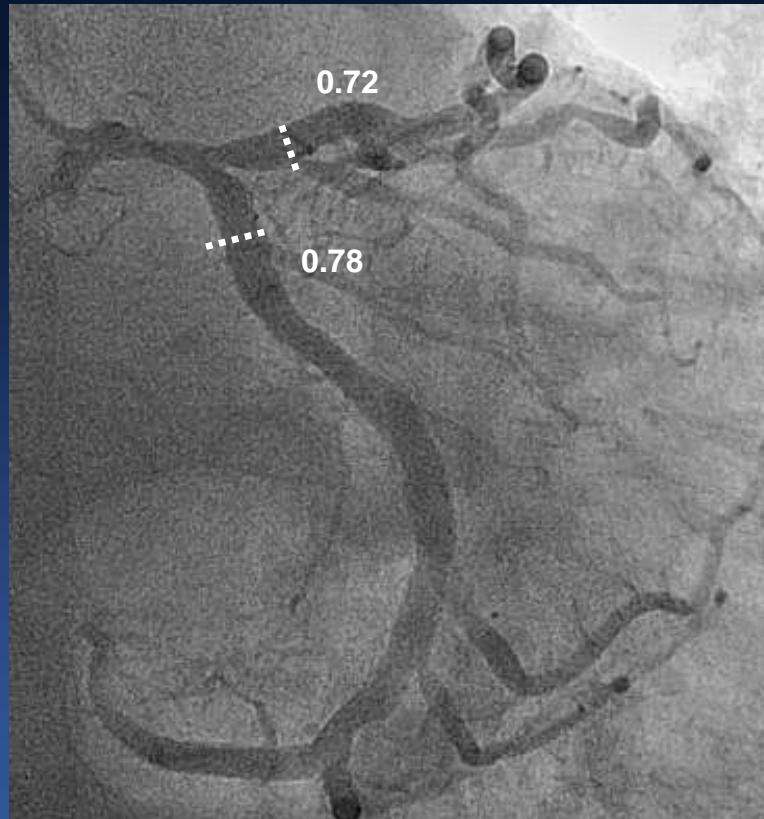


# LM Bifurcation Lesion (Medina 1,0,0) with Minimal LCX Disease

55/M, Stable angina,

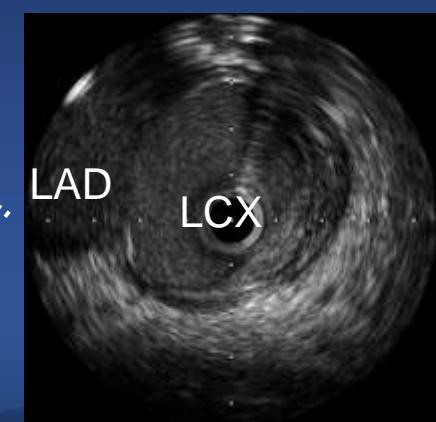
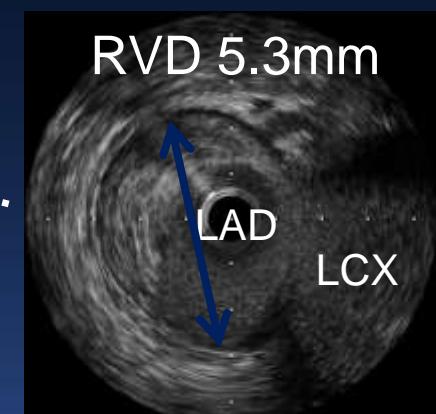
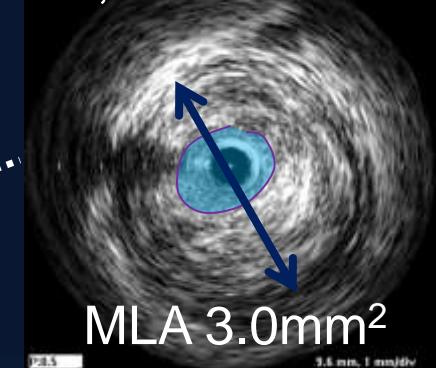
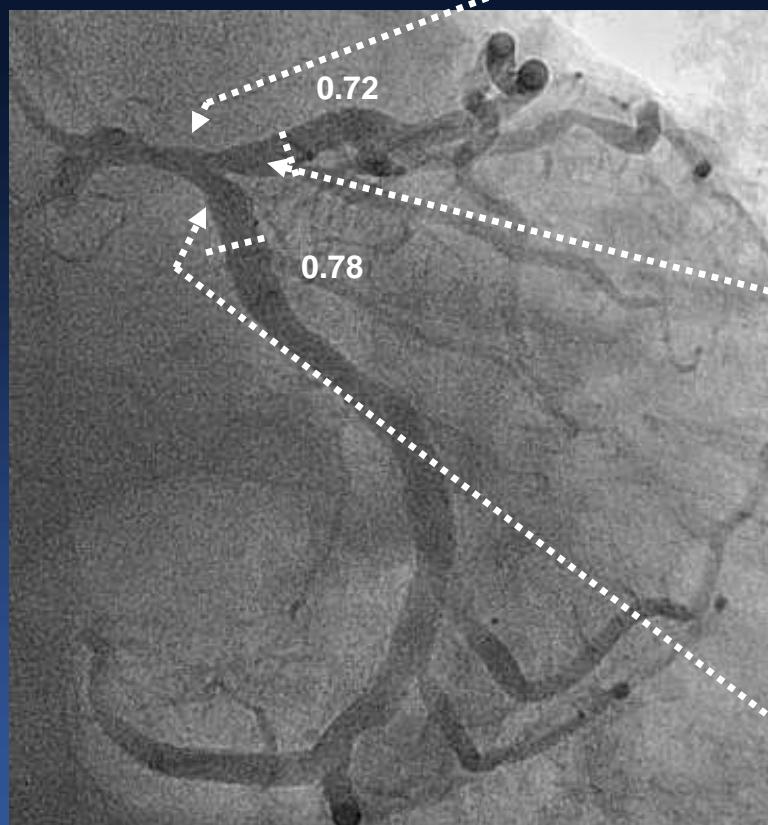


# FFR in Both LAD and LCX,



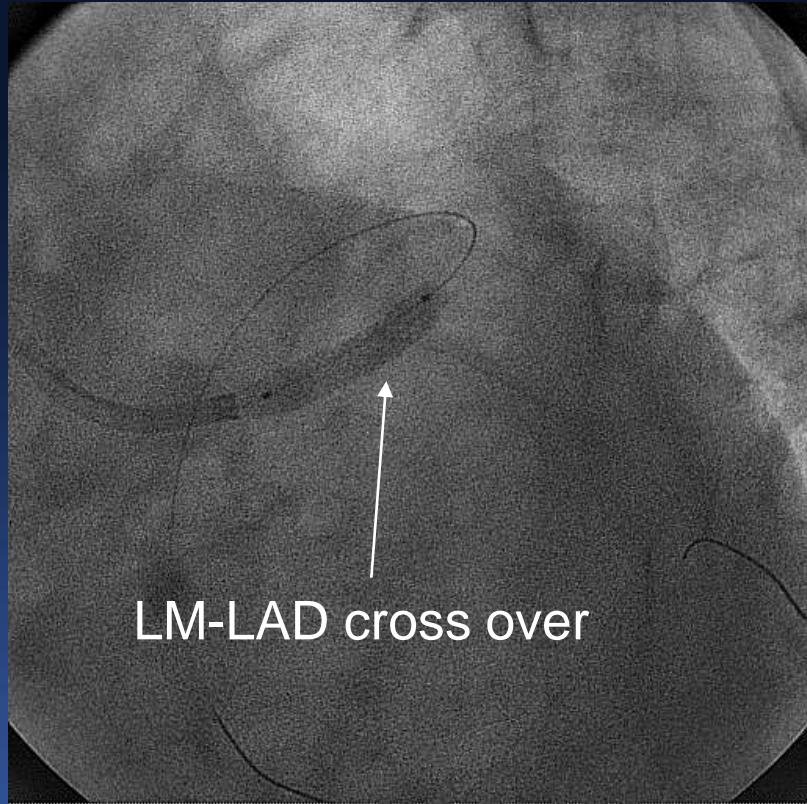
# IVUS in Both LAD and LCX,

Distal LM, RVD 6.2mm

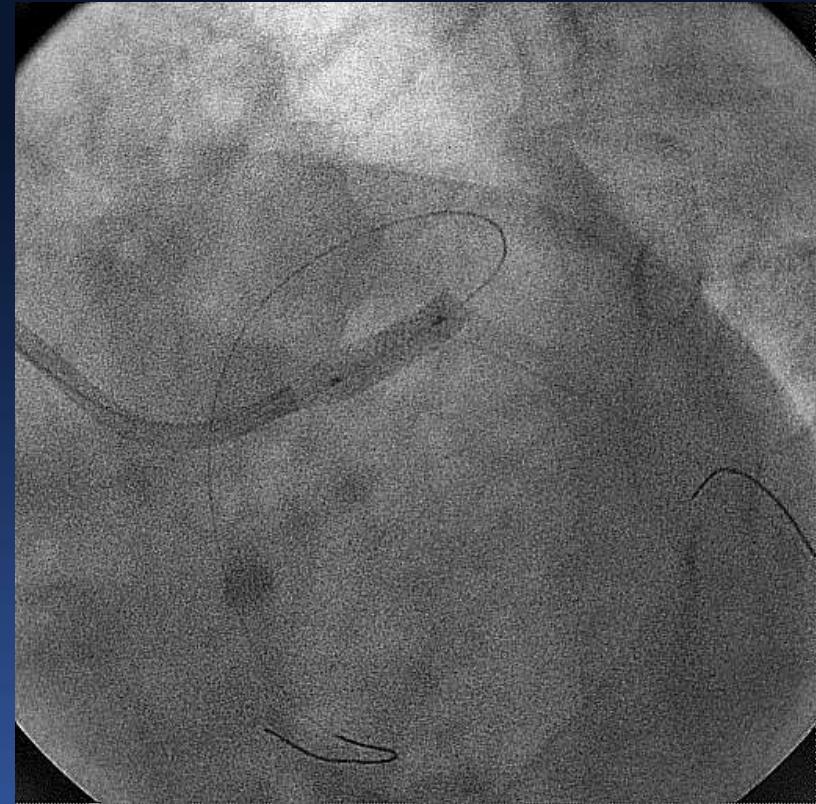


Minimal disease at LCX ostium

# Single Stent Cross-Over with minimal-disease at LCX OS

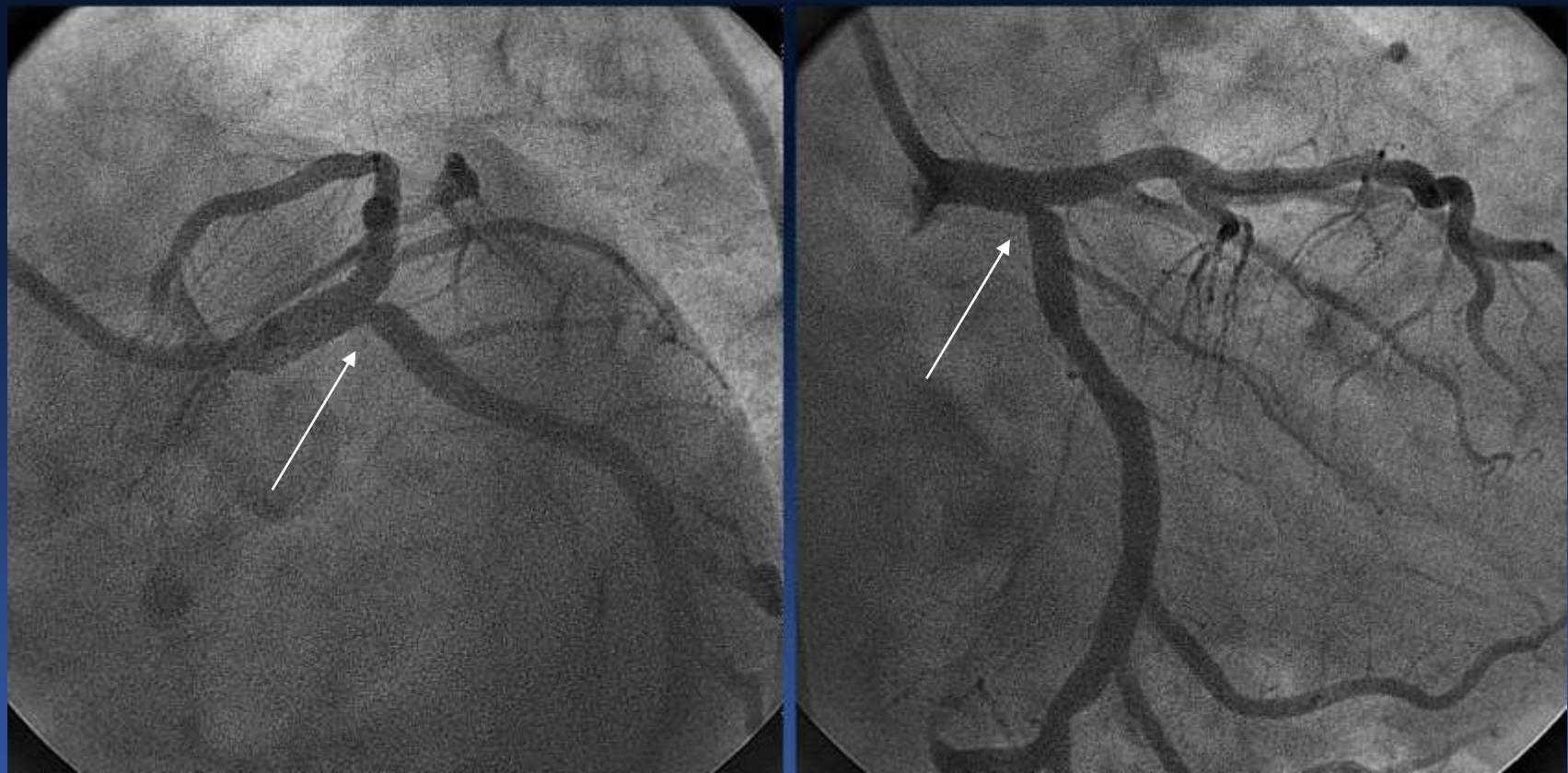


Promus Element  
4.0x20

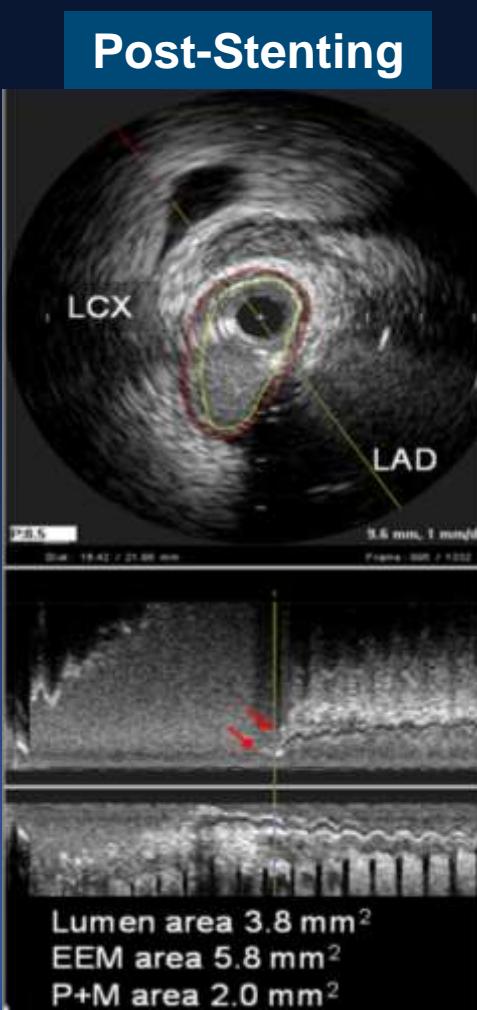
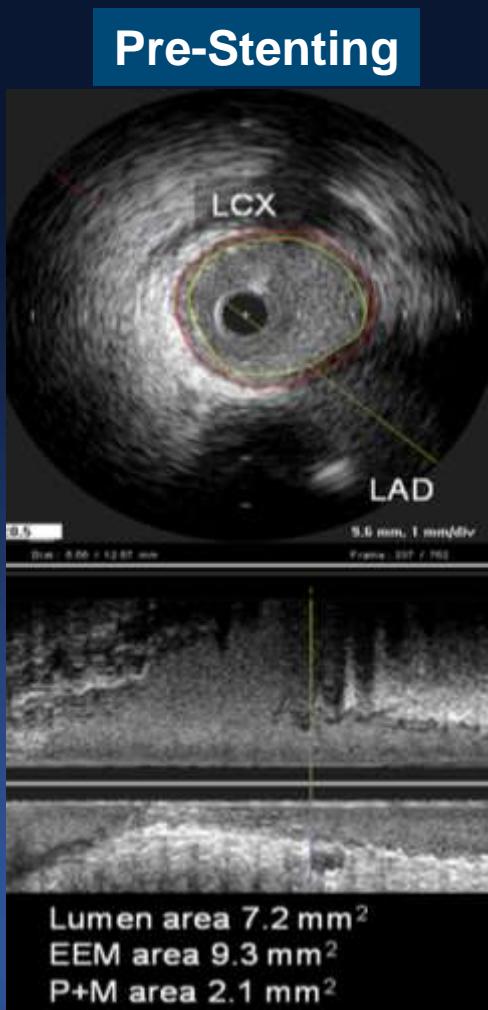


Additional high pressure  
Inflation with 4.0 mm  
non-compliant balloon

# After Single Stent Cross-Over, Angiographic Compromise of LCX Ostium.



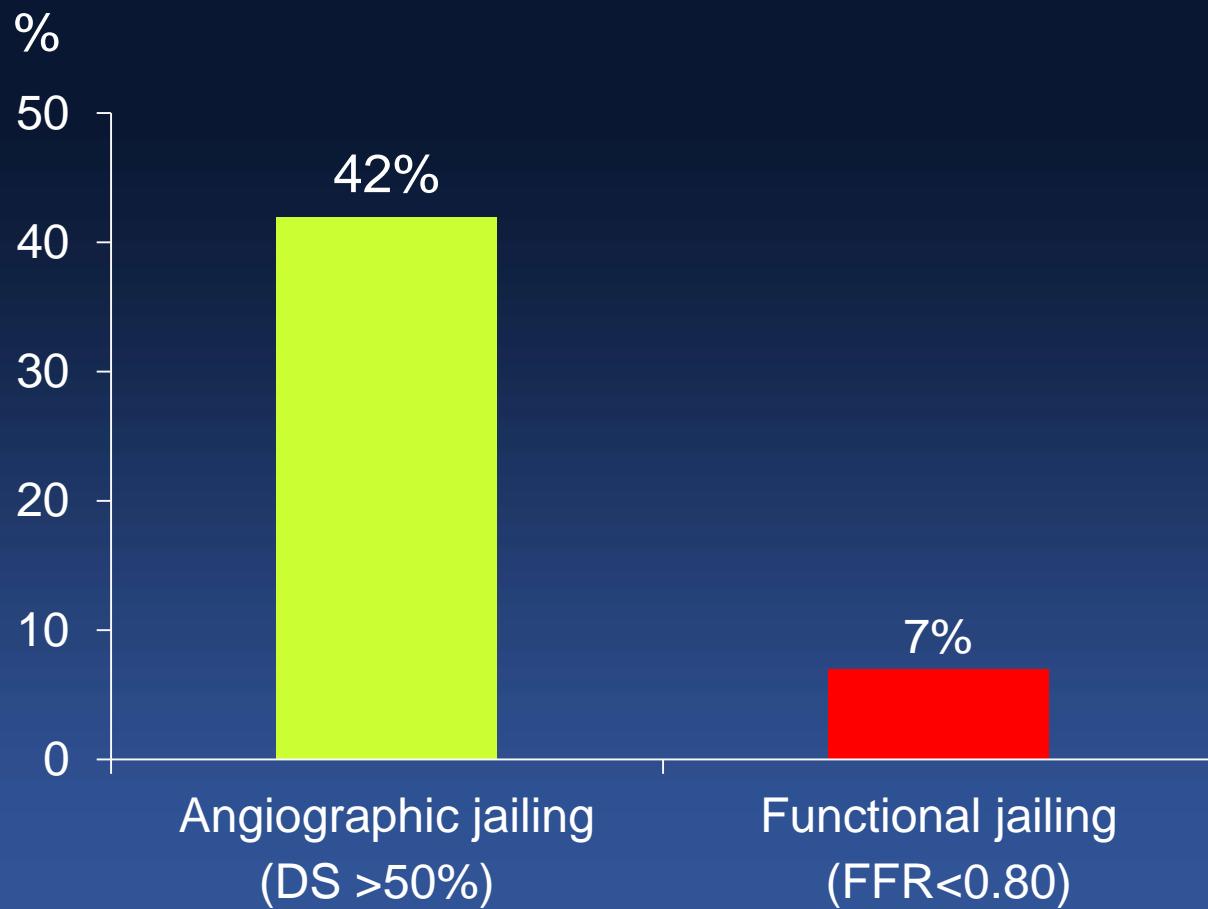
# Geometric Change in LCX Ostium After Stent Cross Over



- 1) Carina shift
- 2) MLA ↓
- 3) Eccentricity ↑

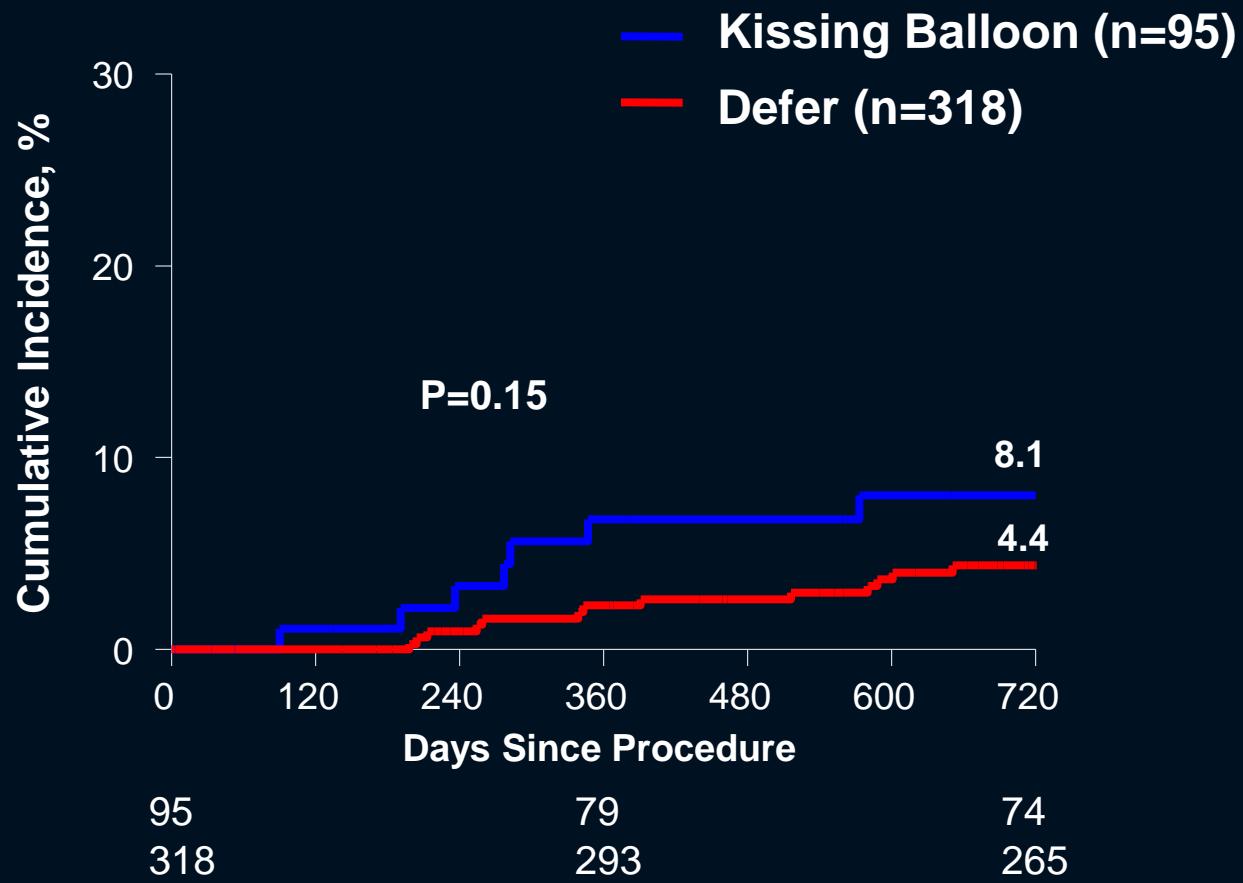
# *Functionally Significant LCX Jailing*

## After Stent Crossover (LCX ostial DS<50%)

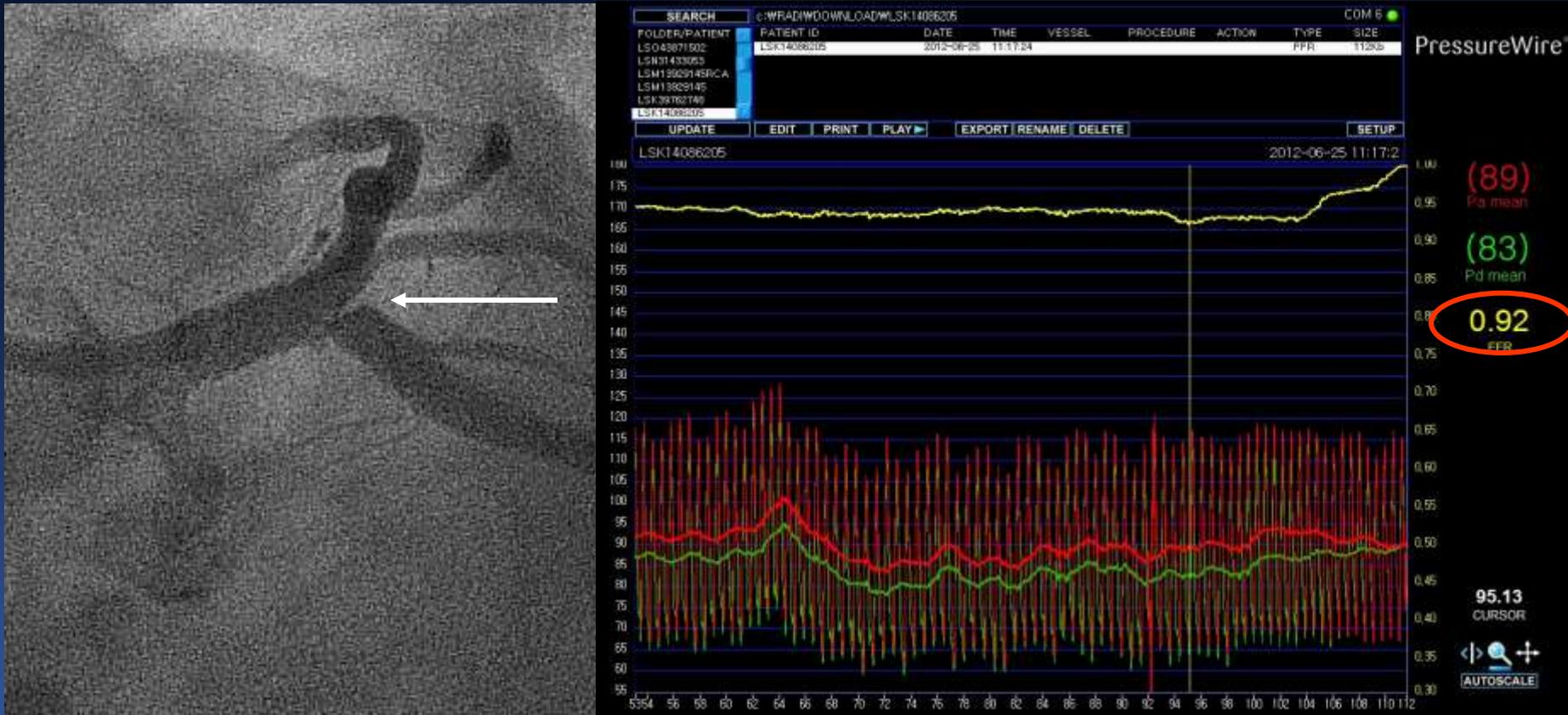


Kang SJ, Catheterization and Cardiovascular Interventions. 2014;83(4):545-52.

# Left Main-TLR at 2 Years



# Do You Want to Treat It ? *Consider FFR, First !*



*Just Defer !*

# True Bifurcation

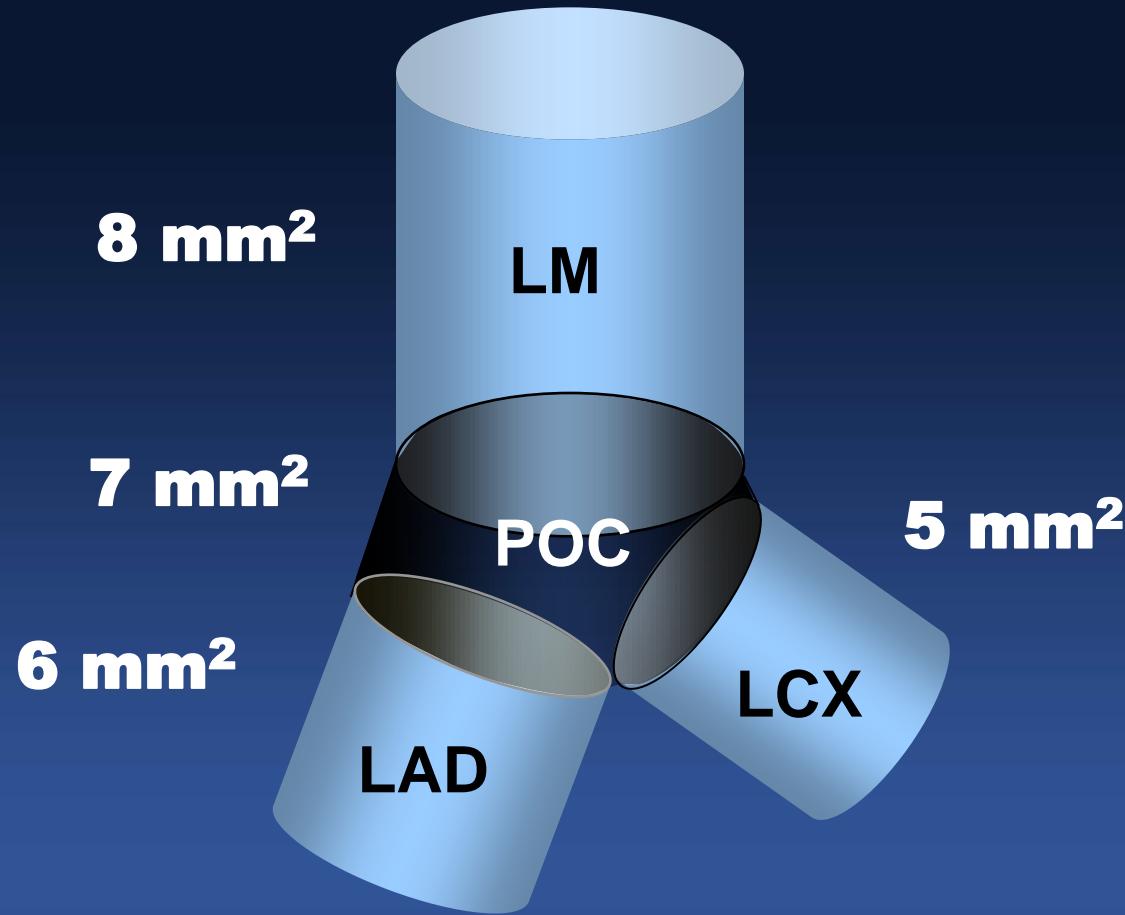


# Is There Difference in Outcomes?

- Crush Technique
- Mini-Crush Technique
- T stent Technique
- Kissing Stent Technique
- Culotte Technique
- Double-Kiss Crush Technique

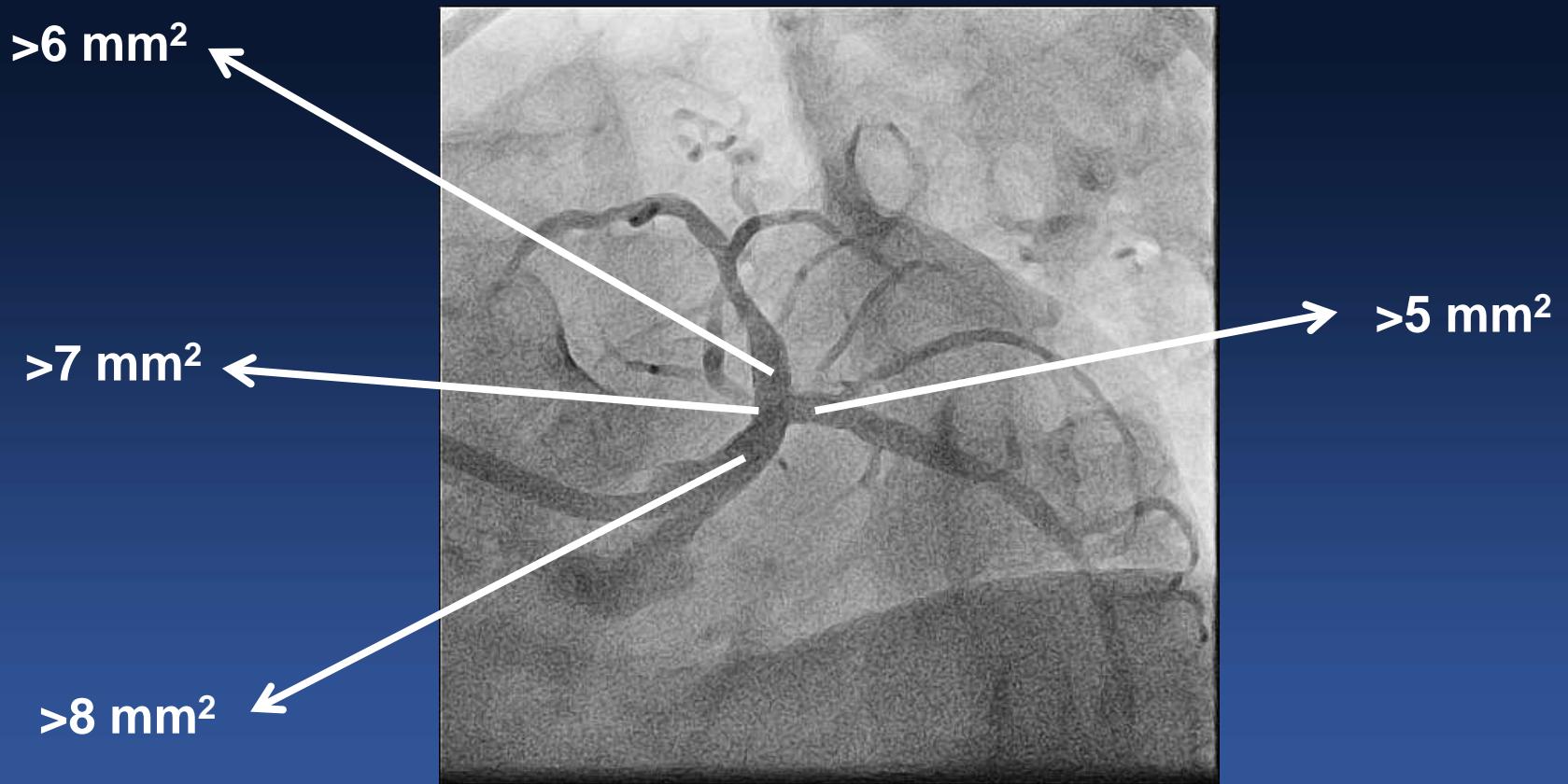
# *Effective IVUS Stent Area (Rule of 5,6,7,8)*

## Can Reduce Restenosis Rate

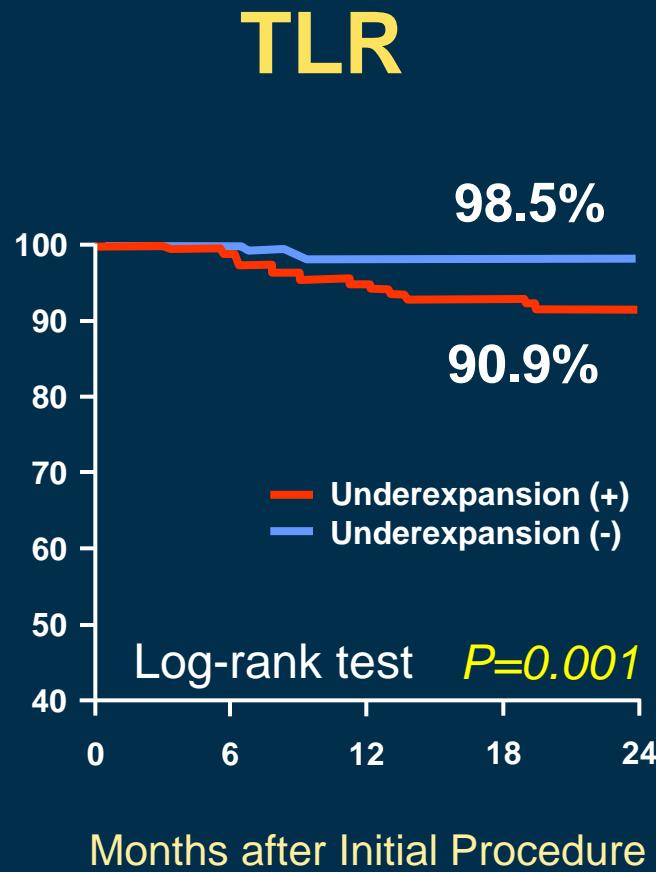
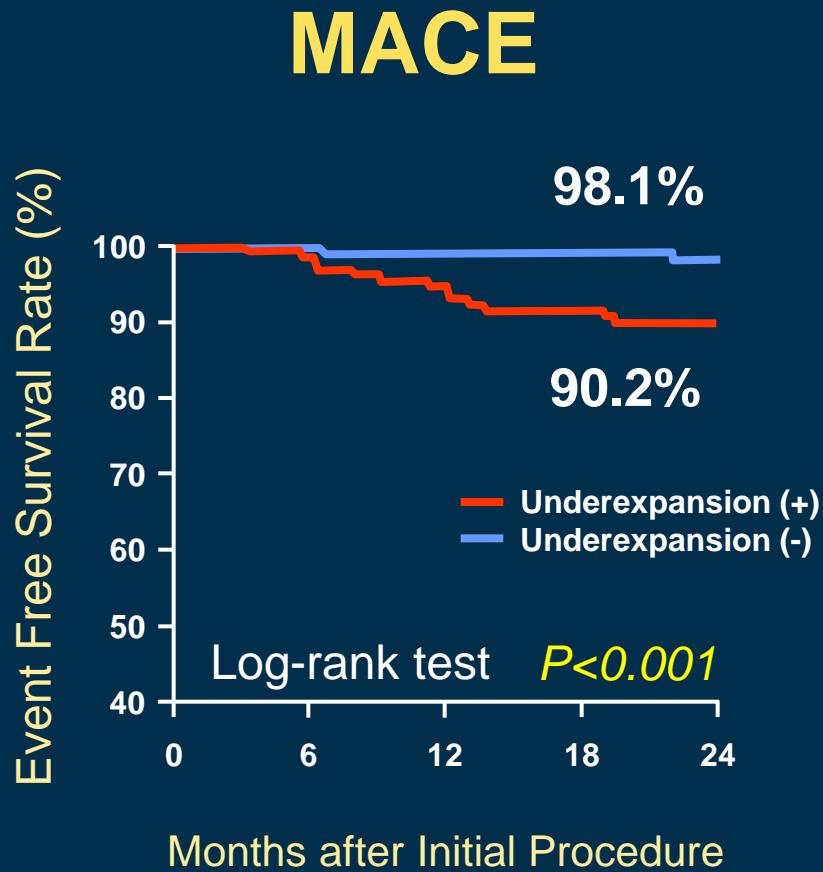


Kang et al. Circ Cardiovasc Interv 2011;4:1168-74

# Post Stent **IVUS** Surveillance For Further High Pressure Ballooning

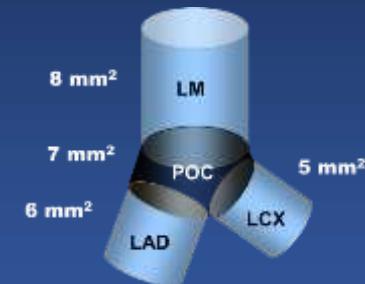
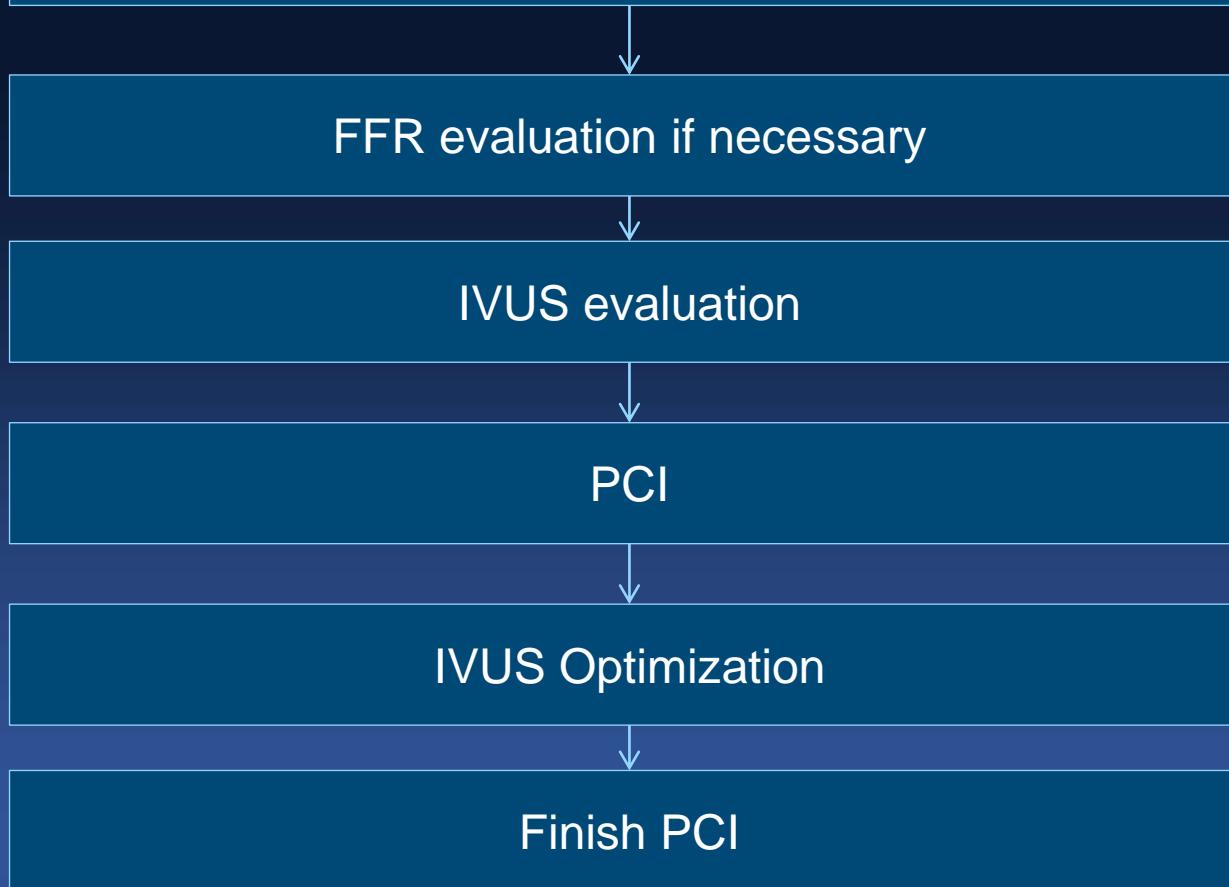


# MACE-free and TLR-free Survival



# Integrated Use of FFR and IVUS

## Ostial or Shaft LM Stenosis



# Distal LM Bifurcation Stenosis

IVUS Evaluation of Both LAD and LCX

- No or mild stenosis of LCX ostium
- Small LCX

- True Bifurcation
- Big LCX
- Diffuse LCX disease

Provisional One Stent Approach

Main Branch Stenting

IVUS Optimization (6,7,8)

Angiographic Jailed Side Branch

No

Yes

If you want to treat it

Two Stent Technique

IVUS Optimization (5,6,7,8)

Finish PCI

FFR measurement

FFR≤0.80

FFR>0.80

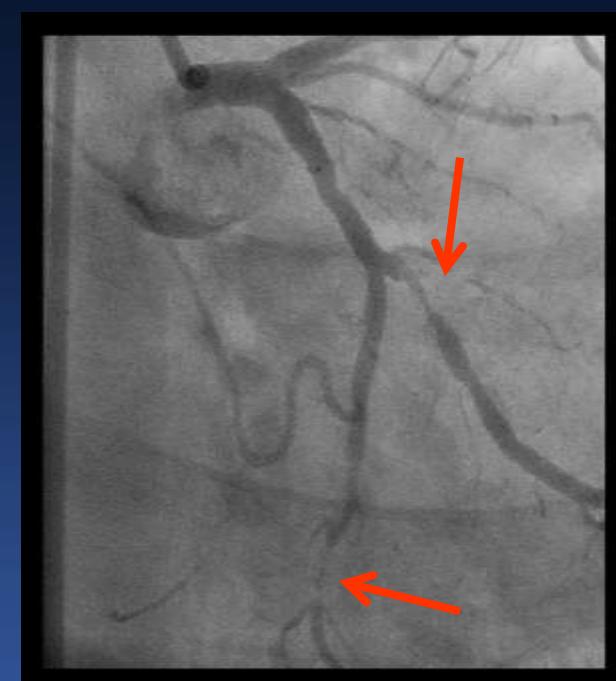
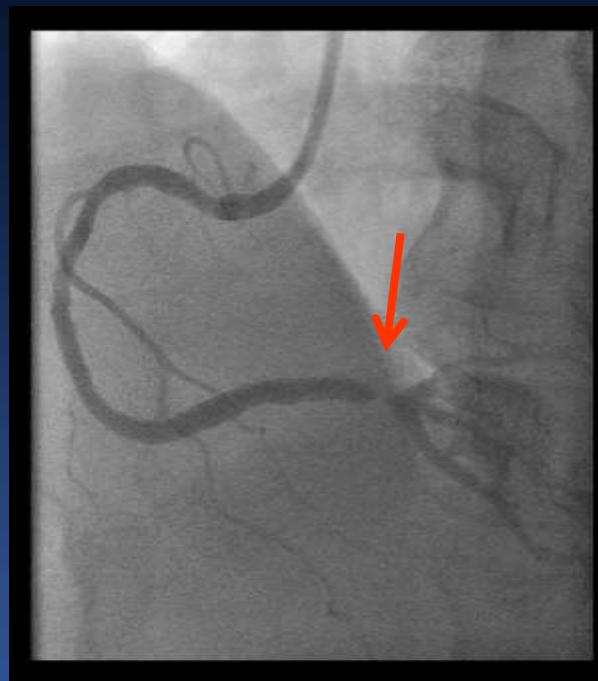
FKB or  
T stenting

Finish PCI

IVUS Optimization

# Coronary Angiogram

Angiographically 3 VD



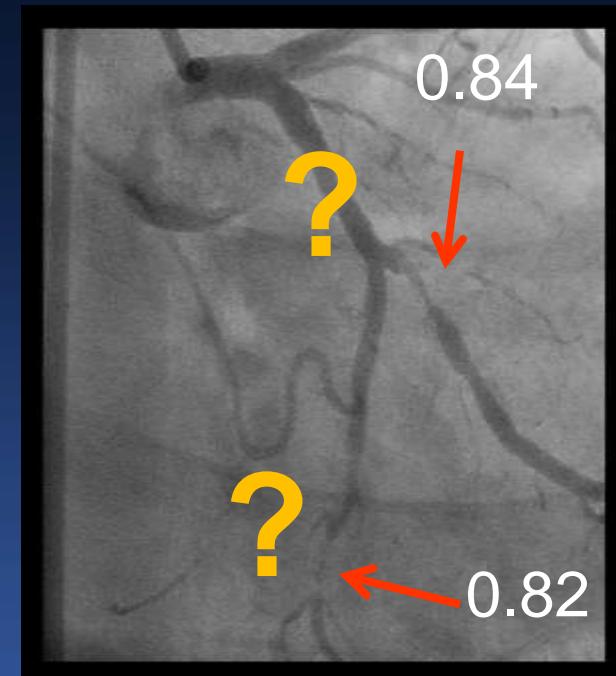
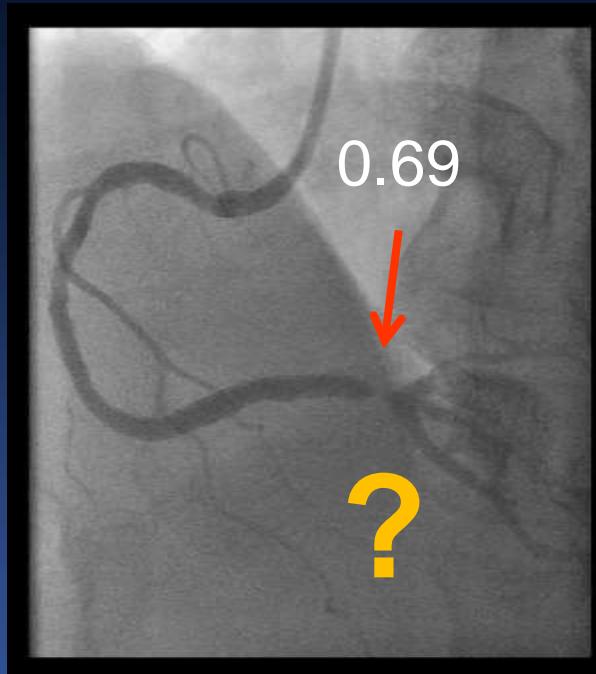
Thallium: large perfusion defect at LAD territory

# Fractional Flow Reserve

Functionally 2 VD



Not Done



Thallium: large perfusion defect at LAD territory

# Multivessel Disease

**Angiographic 2 Vessel Disease  
But, Functionally Normal Coronary**

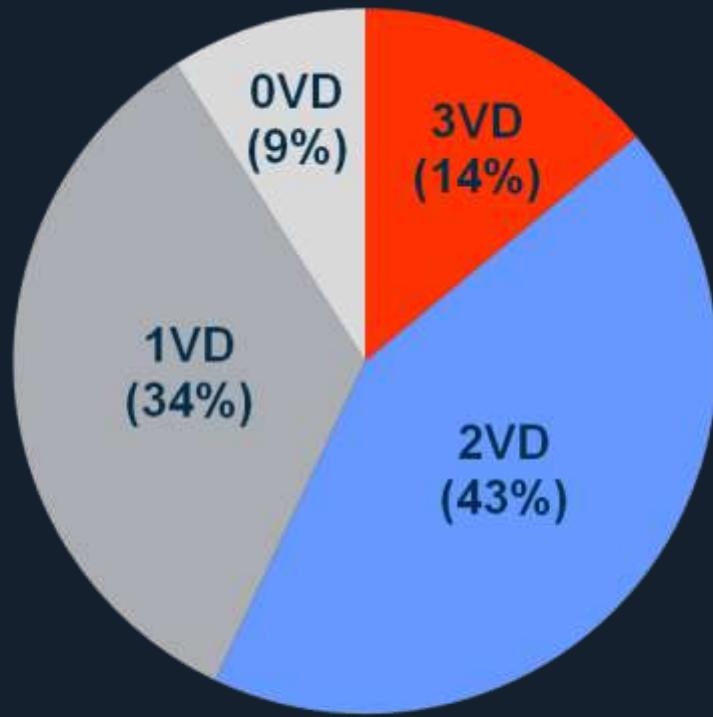
**FFR : 0.84**

**FFR : 0.86**

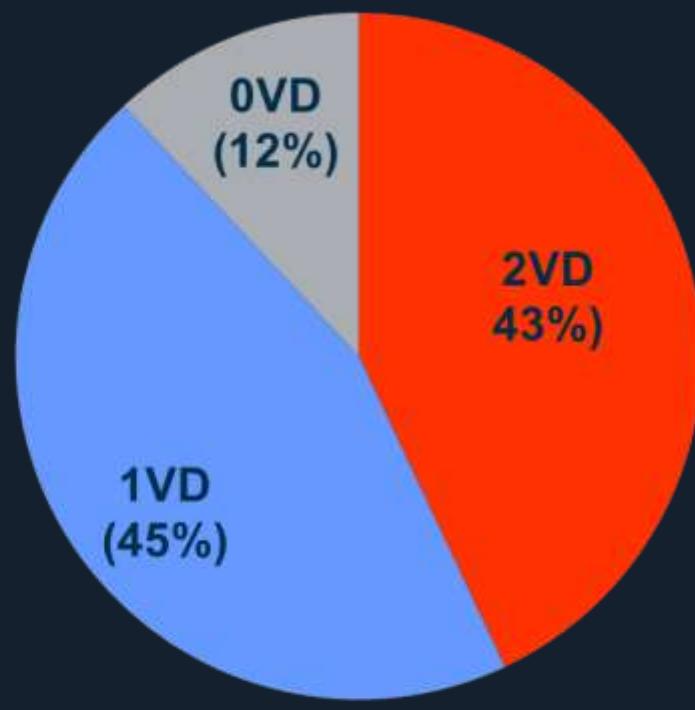
# Visual-Functional Mismatch

From FAME Study

Functionally Diseased Coronary Arteries

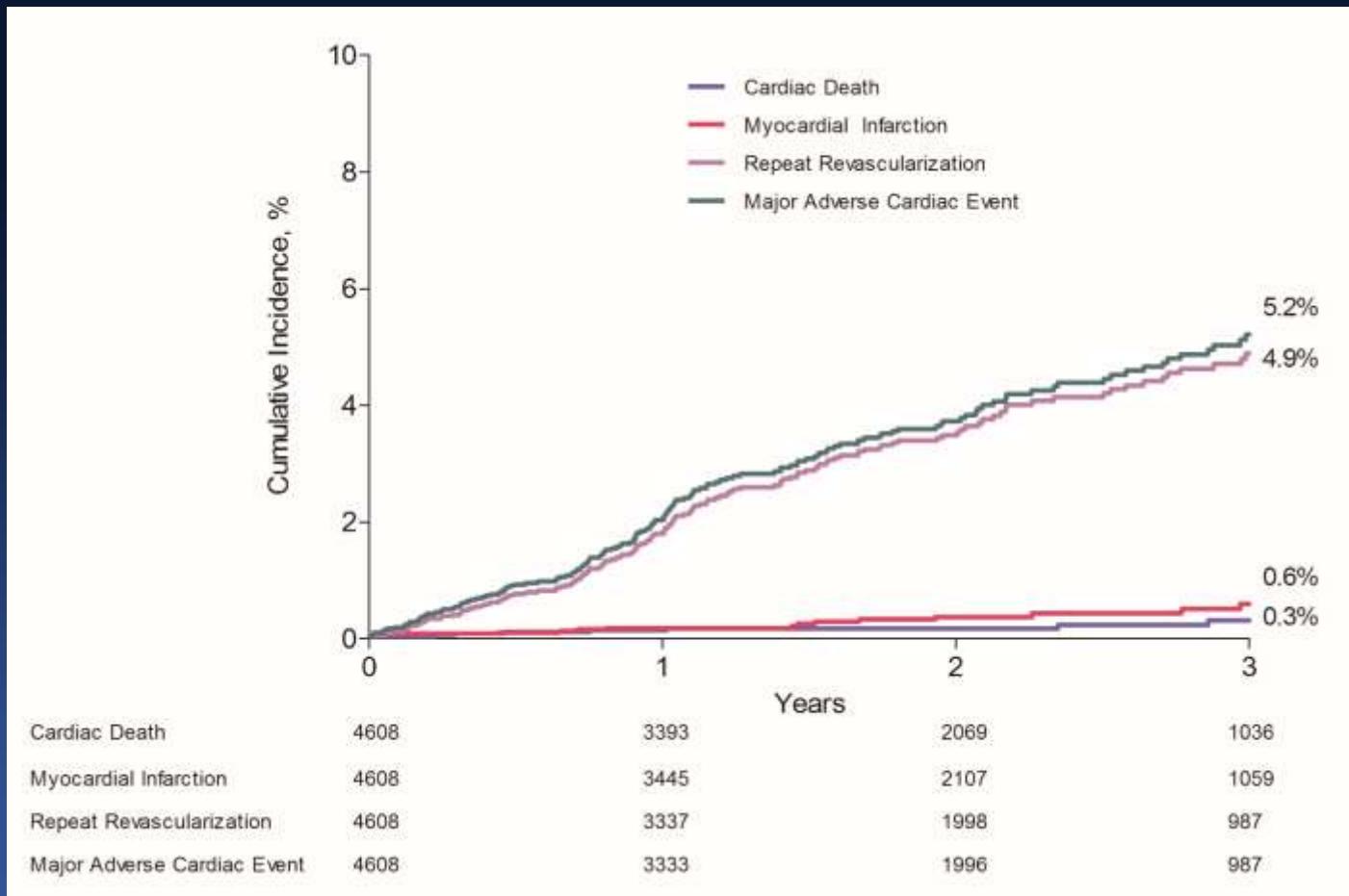


Angiographic 3VD

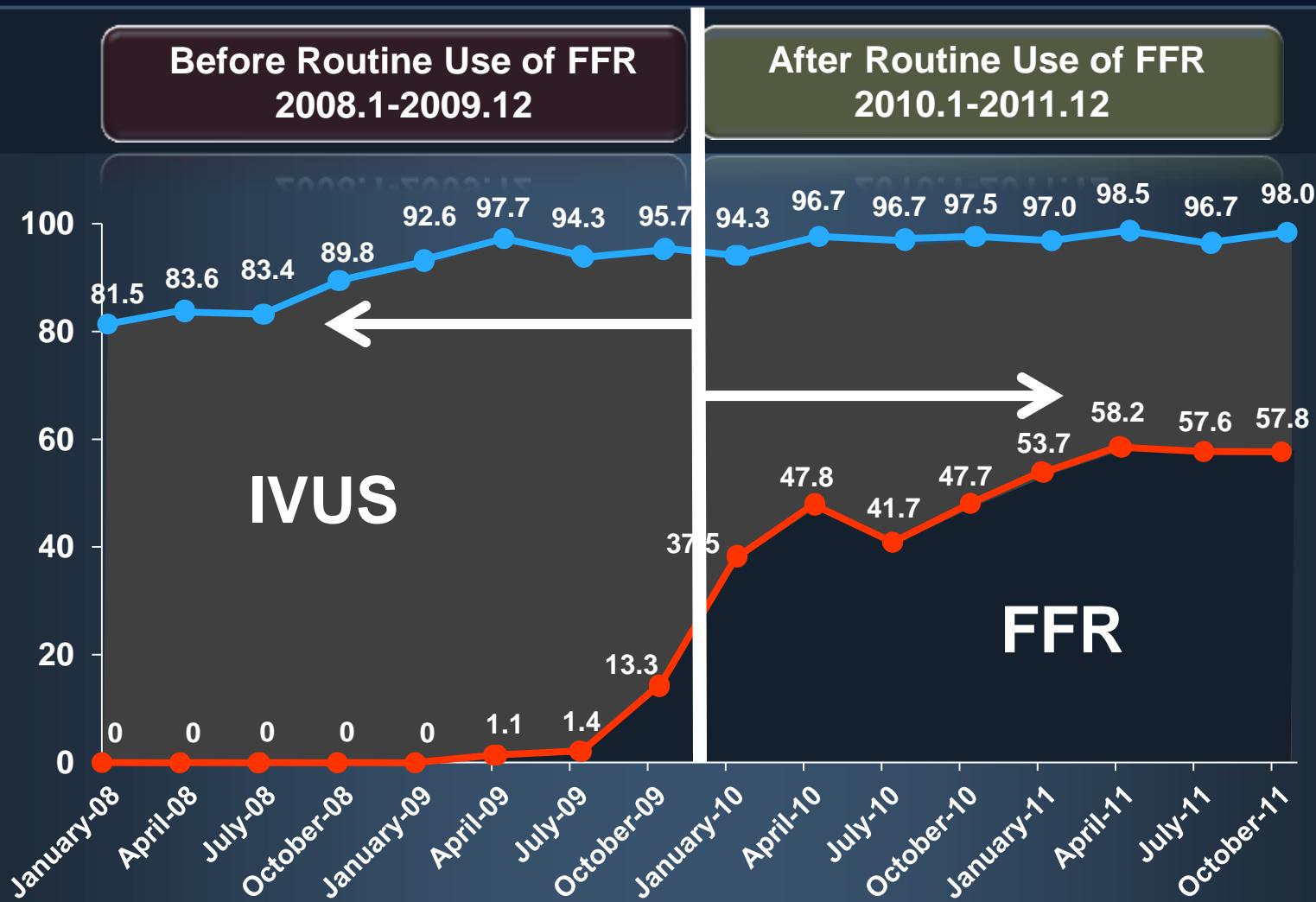


Angiographic 2VD

# Deferred Lesion Outcome (1)



# PCI vs. CABG in LM + 3VD



# Treatment Strategy



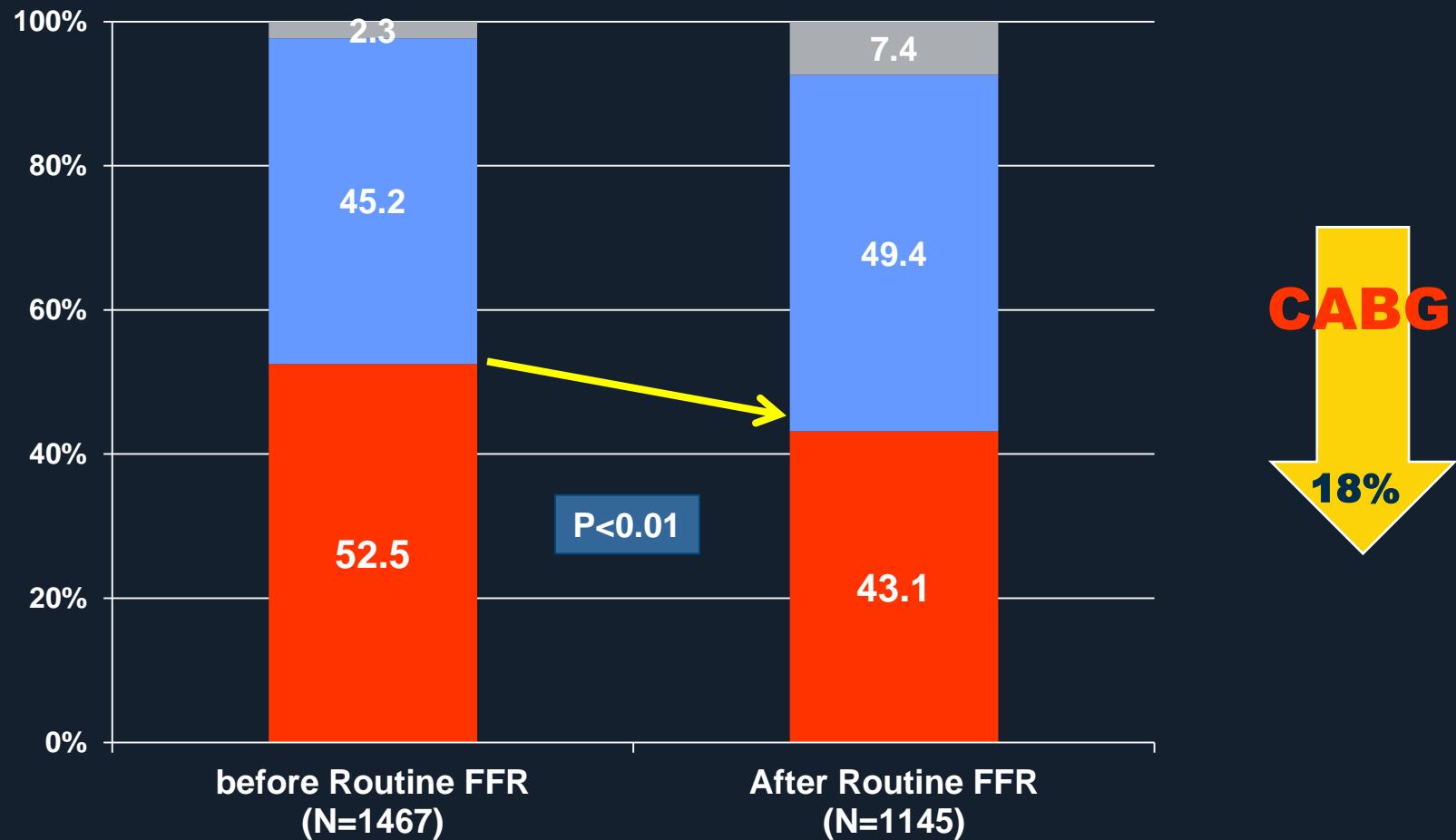
CABG



PCI



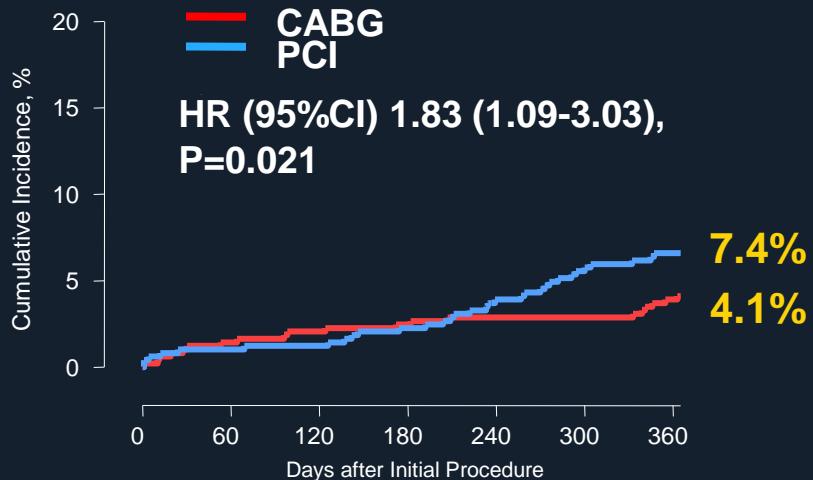
DEFER



# Primary End Point

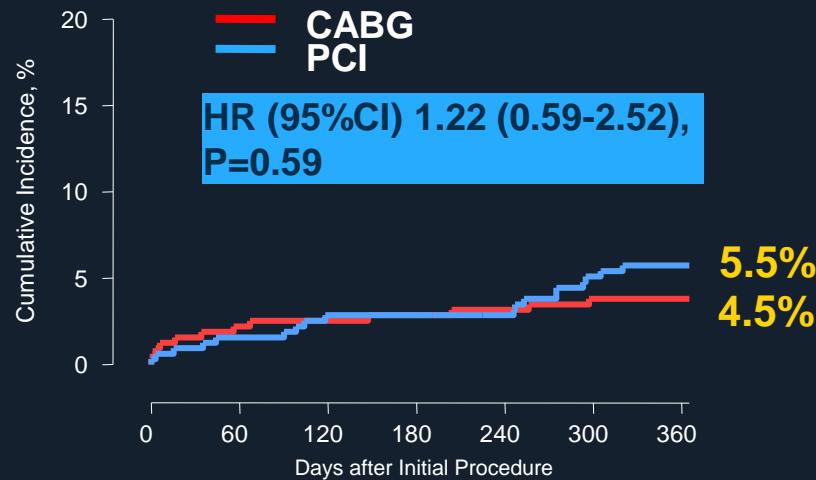
(Death, MI, Stroke or Repeat Revascularization)

## Before Routine FFR (2008-2009)



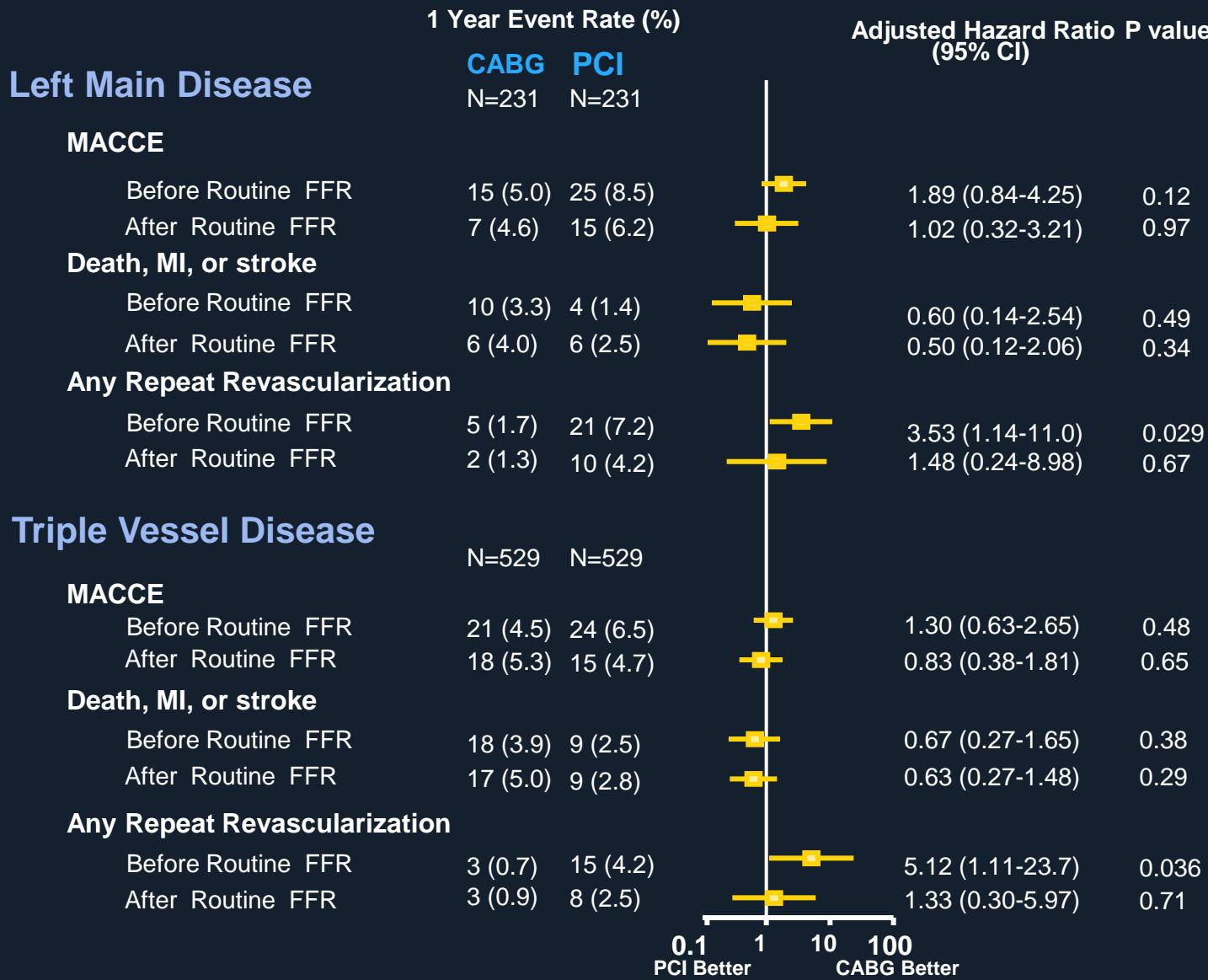
CABG	488	480	472	466
PCI	488	483	465	450

## After Routine FFR (2010-2011)



CABG	314	308	303	301
PCI	314	306	300	292

# Subgroup Analysis



# Conclusion

1. The routine incorporation of FFR in the decision making for revascularization has extended role of PCI, while it reduced role of CABG as the primary revascularization strategies.
2. PCI with second generation DES, guided by FFR showed similar clinical outcomes with concurrent CABG at 1 year in patients with left main or three vessel disease.