

# Integrated Use of FFR and IVUS in Non-LM Revascularization

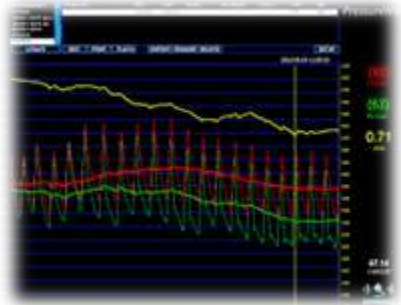
**Joo Myung Lee, MD, MPH, PhD**

**Heart Vascular Stroke Institute,  
Samsung Medical Center, Seoul, Republic of Korea**



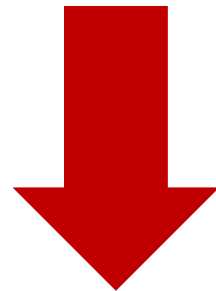
# Fractional Flow Reserve (FFR)

“**FFR-guided PCI strategy** for CAD has proved its benefit over **angiography-guided PCI or medical treatment** by previous randomized clinical trials”



**FAME**

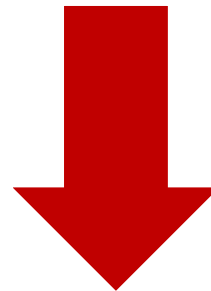
**Death/MI  
At 2-Year**



**35%**

**FAME**

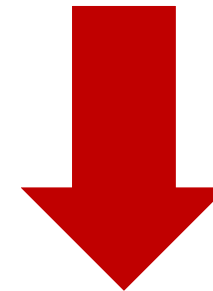
**Cost  
At 1-Year**



**\$ 2400**

**FAME 2**

**Urgent RR  
In Stable CAD**



**87%**

# Intravascular Ultrasound (IVUS)

“**IVUS-guided PCI strategy** for CAD has proved its benefit over **angiography-guided PCI** by previous randomized clinical trials/registries/meta-analysis”

**ADAPT-DES**

**Bifurcation**

**CTO**

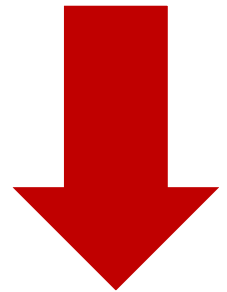
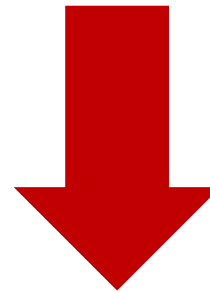
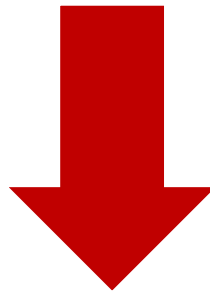
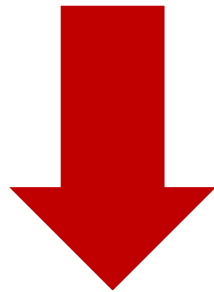
**Long Stent**

**MACE  
At 1-Year**

**Death/MI  
At 3-Year**

**MACE  
At 1-Year**

**MACE  
At 1-Year**

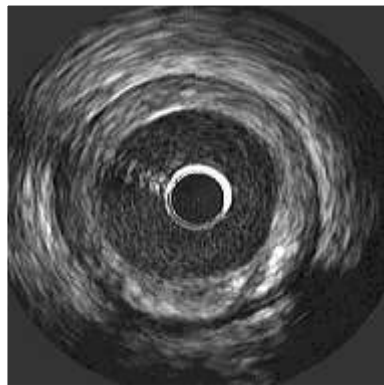


**33%**

**56%**

**65%**

**52%**



# FFR and IVUS

- **Complementary Role in Patients Management -**
- **Complementary Role in PCI**
  - **Pre-Procedural Lesion Assessment**
  - **During- or Post-Procedural Optimization of PCI**
- **Fundamental Reason**
  - ① **Pre-PCI : Discordance Between Anatomy and Functional Significance**
  - ② **During- or Post-PCI: Intravascular imaging can provide much information for stented segment**
  - ③ **Physiologic assessment can stratify high risk patient after successful revascularization**

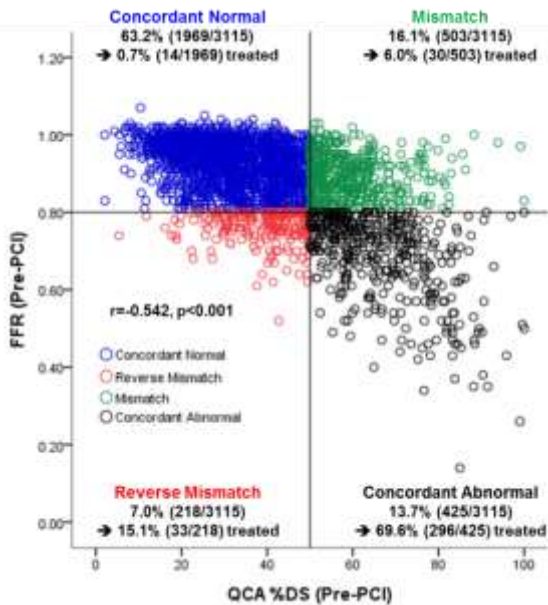
# FFR and QCA : Pre-Intervention

## - Discordance Between Anatomy and Functional Significance -

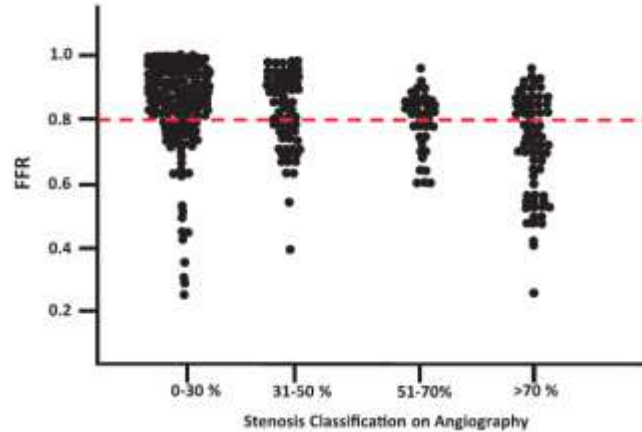
Routine 3-Vessels FFR  
(Regardless of Stenosis Severity)

FFR as Clinical Indication  
(At least one Intermediate Stenosis)

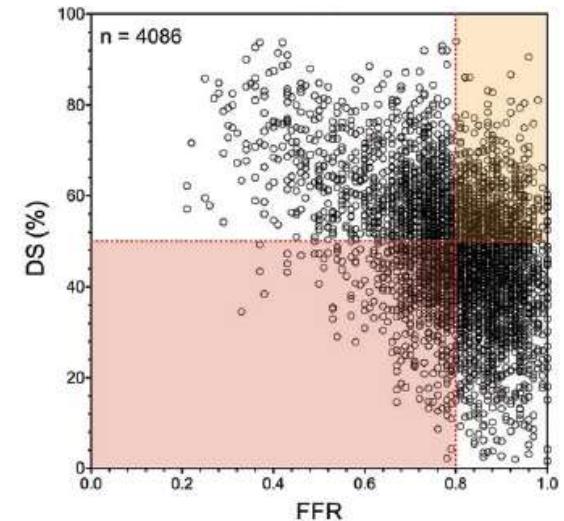
3V-FFR-FRIENDS Study



RIPCORD Trial



Real-World Pooled Registry



Among 3115 vessels  
Reverse Mismatch : 7.0%  
Mismatch : 16.1%

Total 23.1% Discordance

Among 569 vessels  
Reverse Mismatch : 13.1%  
Mismatch : 9.5%

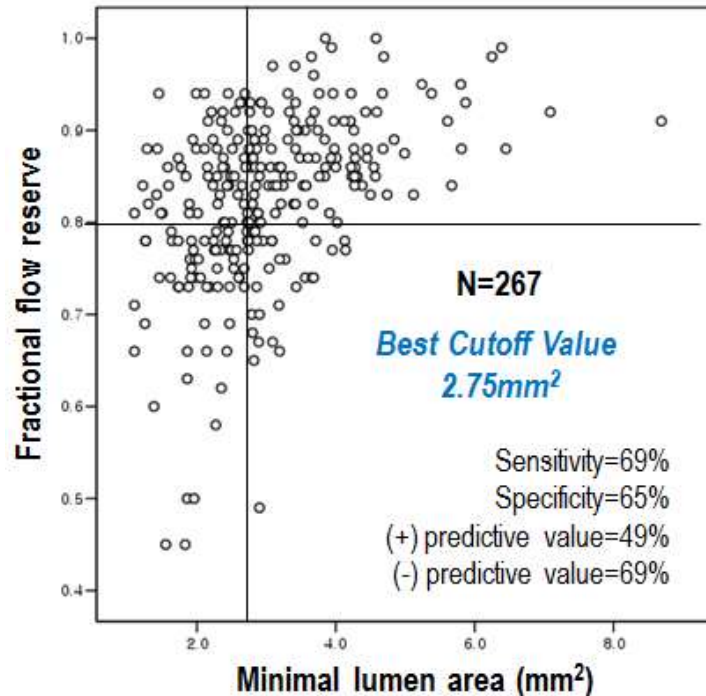
Total 22.6% Discordance

%DS > 50% to Predict  $FFR \leq 0.80$   
Sensitivity : 61.2%  
Specificity : 66.9%

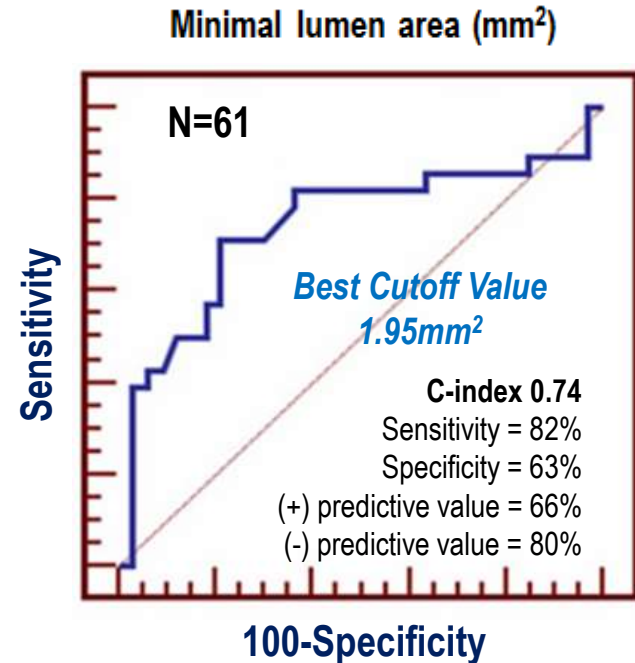
# FFR and Invasive Imaging: Pre-Intervention

## - Discordance Between Anatomy and Functional Significance -

### IVUS



### OCT



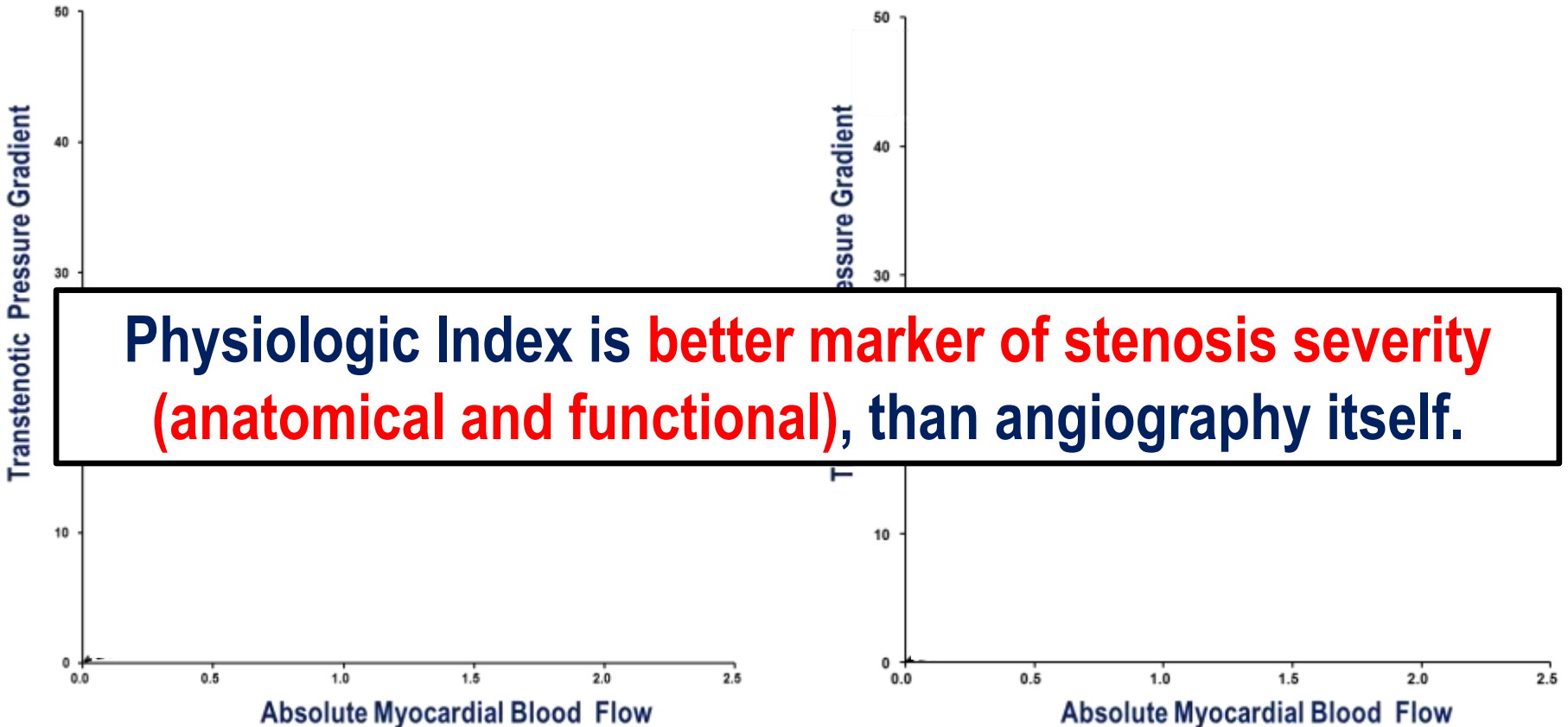
Discordance between Stenosis Severity and Functional Significance  
Is not a problem of “How accurate in measuring stenosis severity”

Functional significance cannot be predicted using stenosis severity.

# Physiologic Index is Better Marker of Stenosis Severity

QCA Classification (%DS)

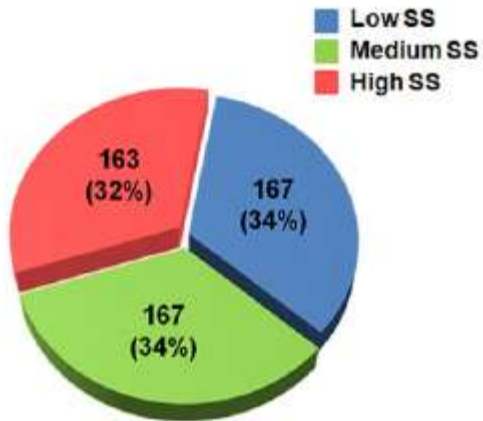
FFR Classification



Stenosis severity defined by FFR better discriminates an “Unique Pressure Gradient – Absolute Myocardial Blood Flow” relationship than by angiographic %DS.

# Re-Classification of Disease Extent : FFR

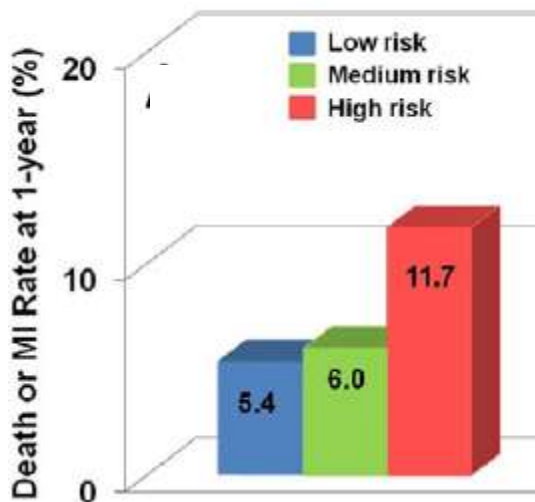
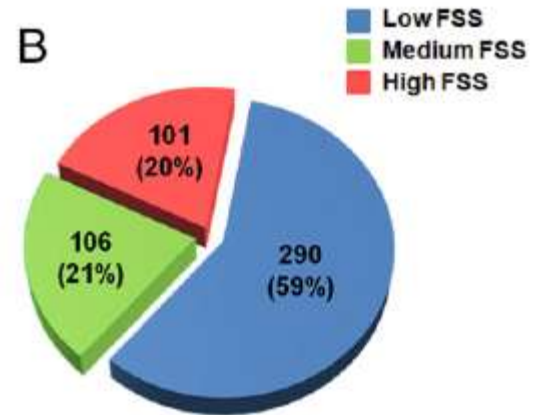
## Anatomical SYNTAX



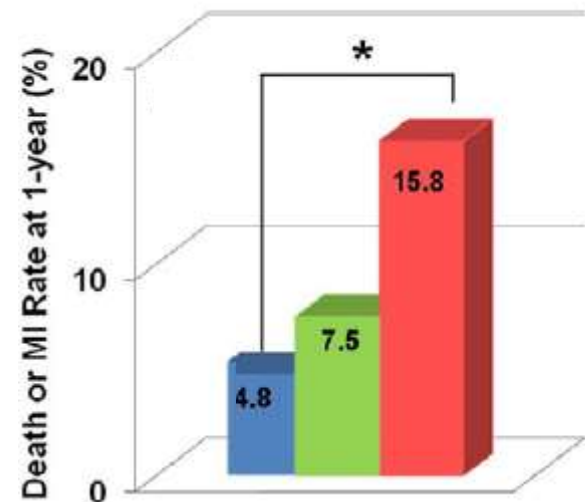
32% Moved to Lower-Risk Group



## Functional SYNTAX



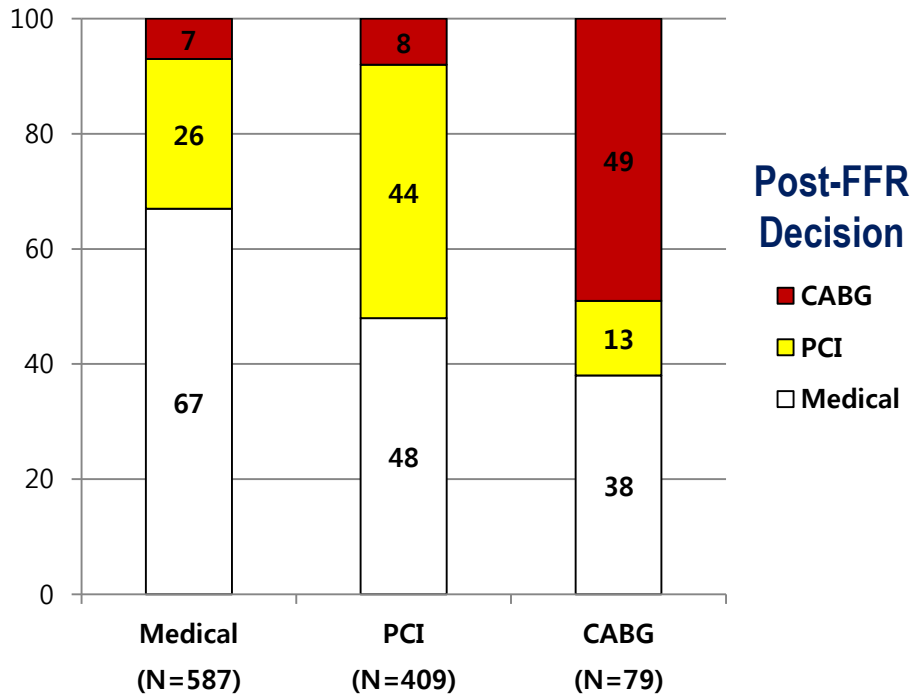
Better Discrimination Death/MI





# Per-Patient Decision of Treatment Strategy : FFR

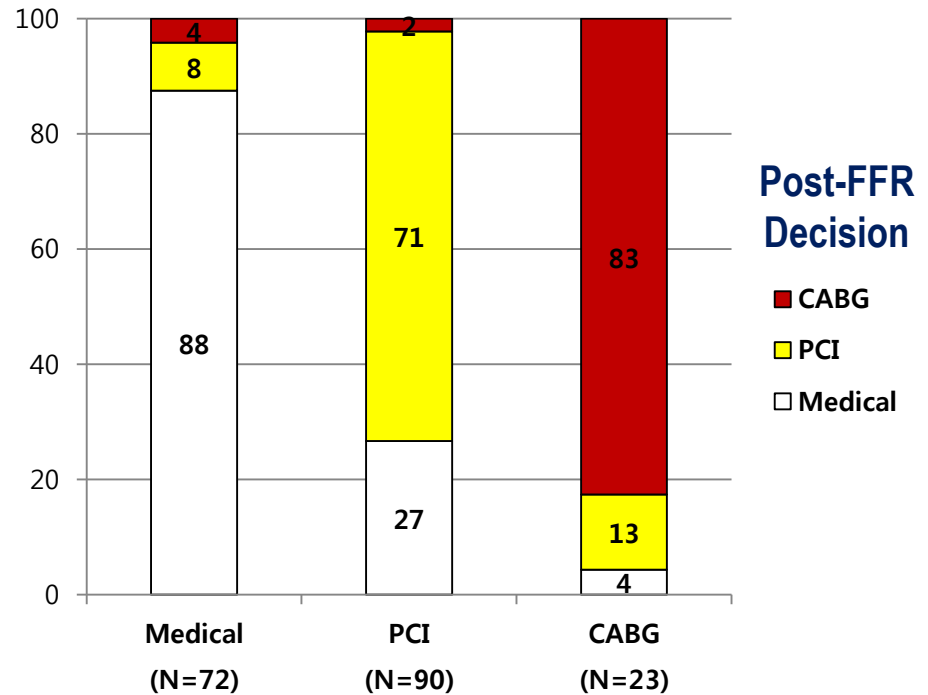
## R3F Registry (N=1075)



Pre-FFR Decision

Change in Treatment Decision was occurred in **43%** of Population

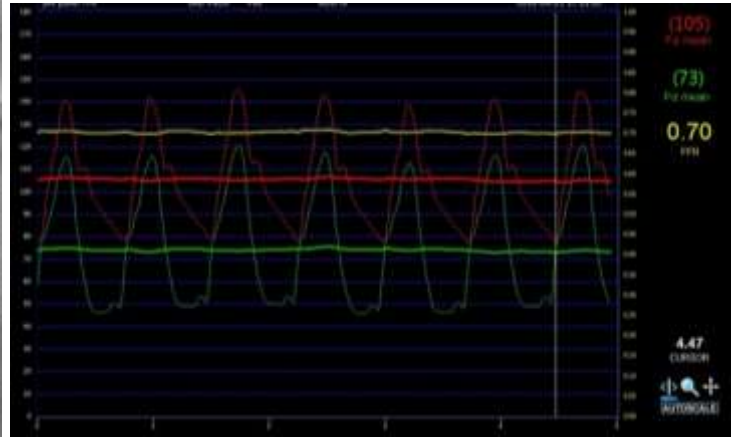
## RIPCORD Trial (N=200)



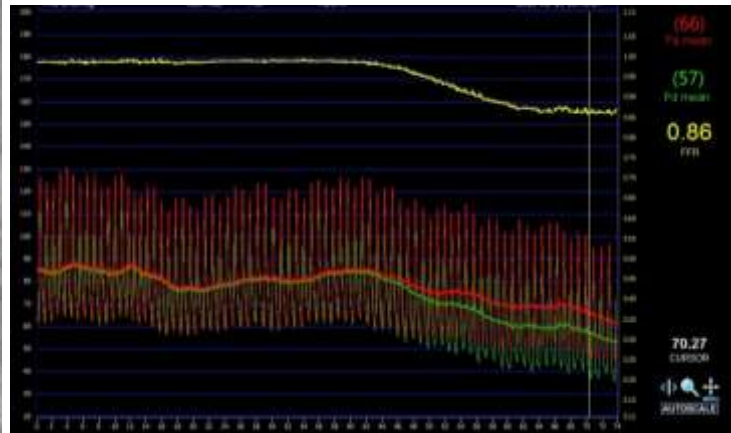
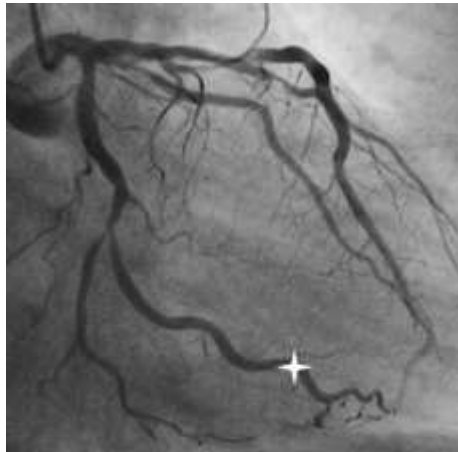
Pre-FFR Decision

Change in Treatment Decision was occurred in **26%** of Population

# Per-vessel Treatment Decision for Revascularization : FFR



**“Consider<sup>†</sup>”  
Revascularization  
&  
Secondary Prevention<sup>‡</sup>**

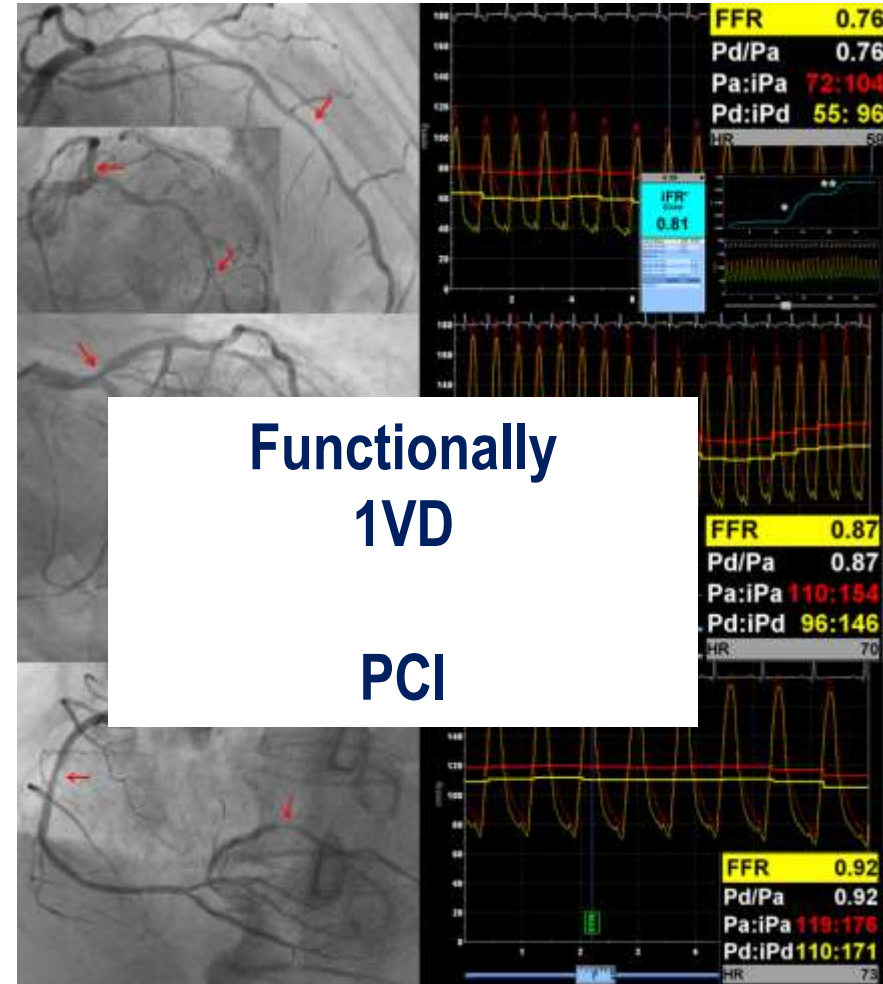
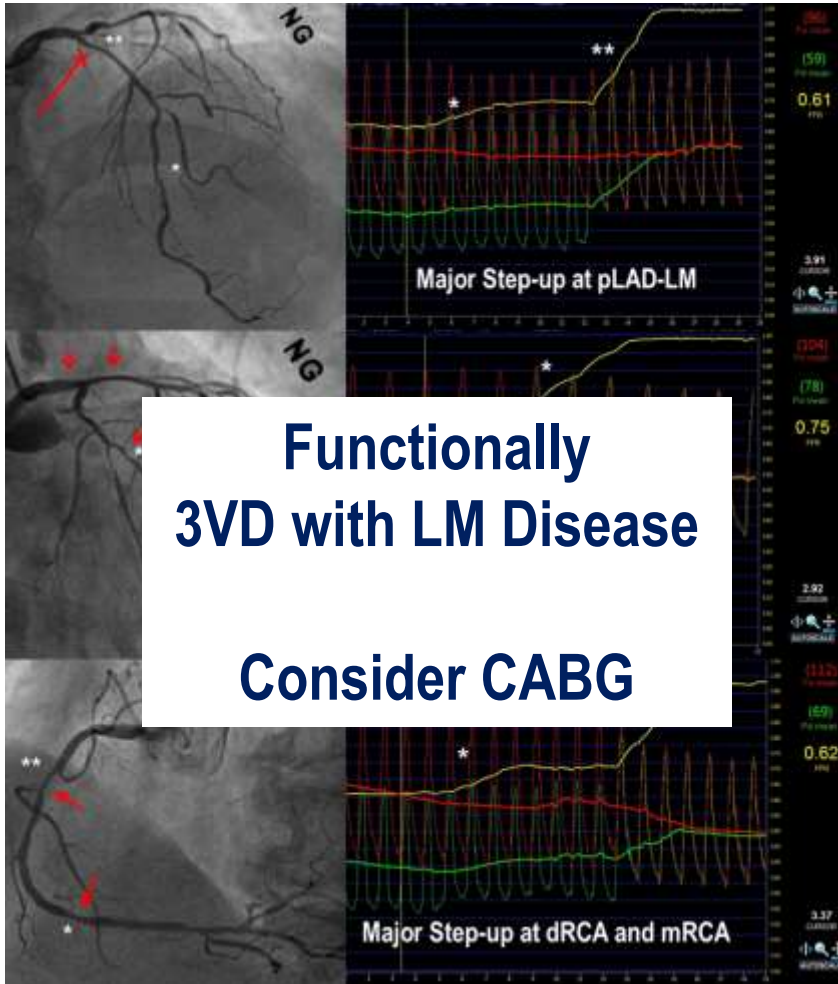


**“Deferral” of  
revascularization  
&  
Secondary Prevention<sup>‡</sup>**

<sup>†</sup> According to clinical and socioeconomic status of patient and technical difficulty of revascularization

<sup>‡</sup> More important in patient care than FFR-guided decision.

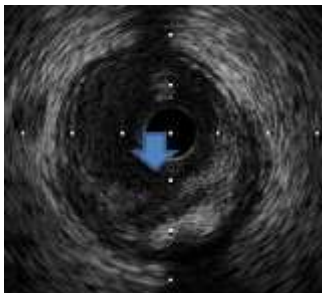
# Per-Patient Treatment Decision : Routine Application of FFR



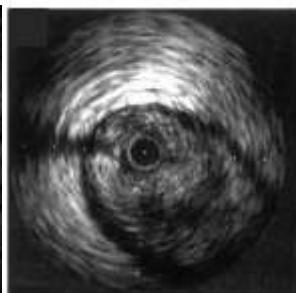
# Pre-Procedural Planning of PCI : IVUS

## - Plaque Characterization -

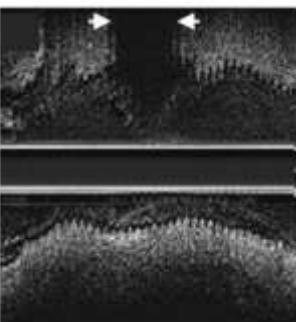
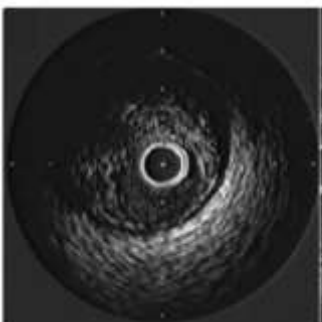
Plaque Rupture



Echolucent Plaque



Attenuating Plaque



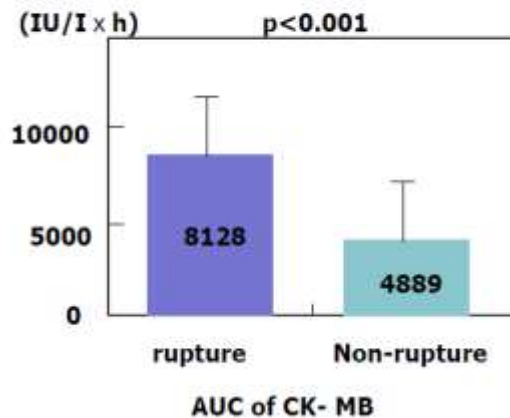
Attenuating Plaque, High PB, Positive Remodeling



Gray-scale IVUS plaque character associated with worse clinical outcome

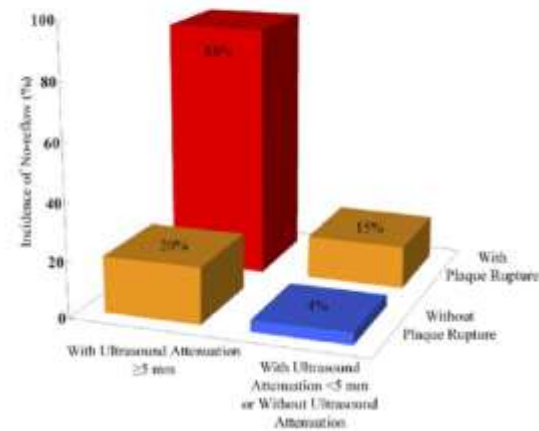
### Infarct Size

91 patients with acute STEMI  
54 with PR vs 37 without PR



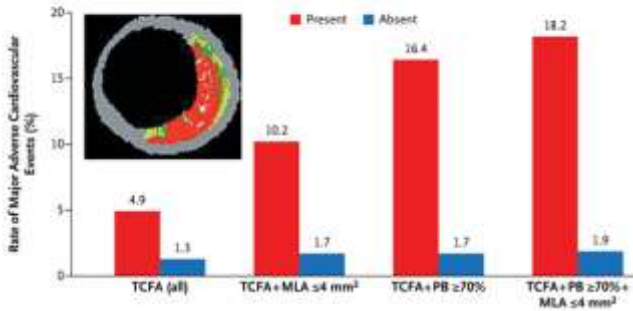
### No Reflow

170 patients with acute STEMI  
underwent PCI within 12 h

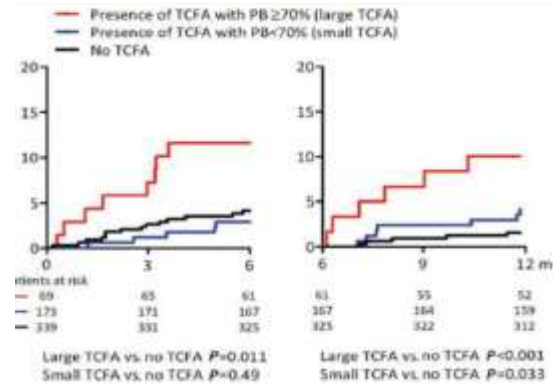


# Pre-Procedural Planning of PCI : IVUS - Plaque Characterization and Outcome -

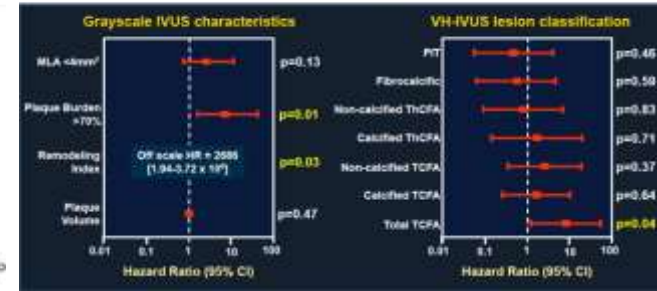
## PROSPECT Trial



## ATHEROREMO



## VIVA



Predictor	Multivariable HR (95% CI)	P value
PB (MLA) ≥ 70%	5.03 (2.51-10.11)	<0.001
VH-TCFA	3.35 (1.77-6.36)	<0.001
MLA ≤ 4.0mm <sup>2</sup>	3.21 (1.61-6.42)	0.001

Predictor	Adjusted HR (95% CI)	P value
PB (MLA) ≥ 70%	2.90 (1.60-5.25)	<0.001
VH-TCFA	1.98 (1.09-3.60)	0.026
MLA ≤ 4.0mm <sup>2</sup>	1.23 (0.67-2.26)	0.05

Predictor	Univariate HR (95% CI)	P value
PB (MLA) ≥ 70%	8.13 (1.63-40.56)	0.011
VH-TCFA	7.53 (1.12-50.55)	0.038
Remodeling index	2686 (1.94-3.72*10 <sup>6</sup> )	0.032

**Vulnerable Plaque in IVUS (High plaque burden, Positive remodeling, low MLA, VH-TCFA) is Associated with Worse Clinical Outcome in ACS patients**

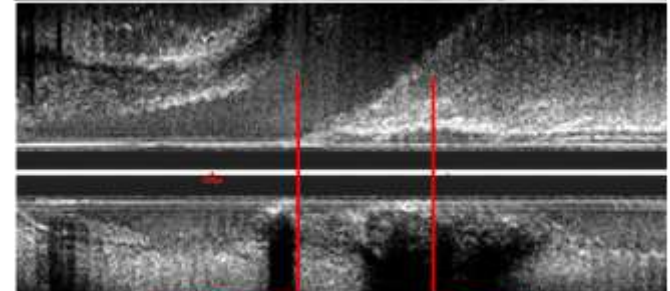
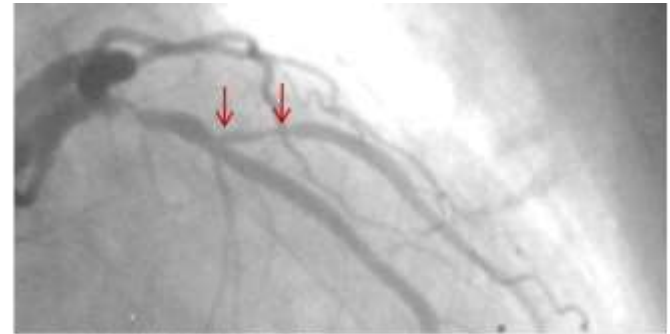


# Pre-Procedural Planning of PCI : IVUS

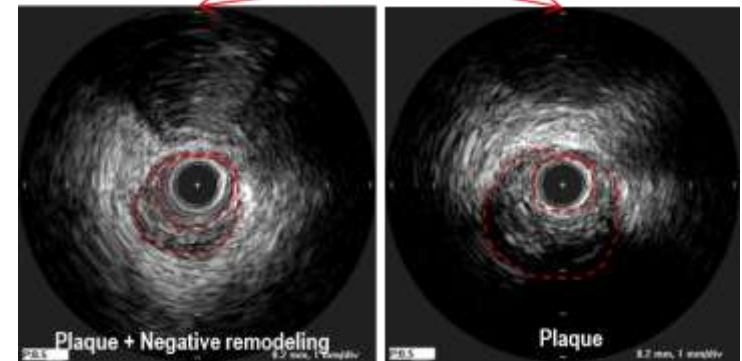
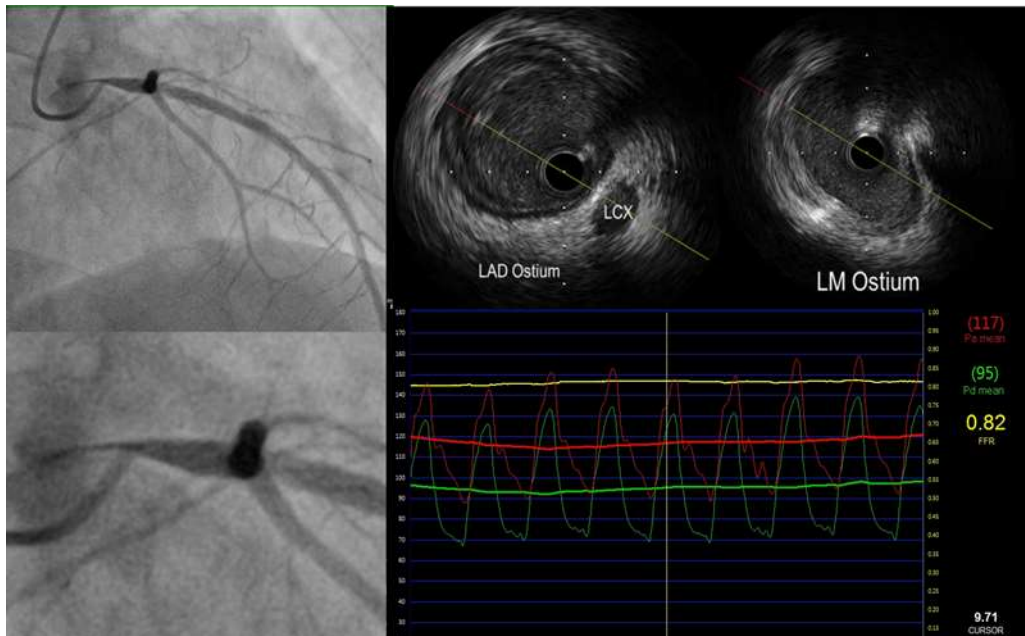
## - Lesion Severity and Mechanism of Luminal Narrowing -

- Quantitative evaluation of lumen, plaque, and vessel
- Mechanism of narrowing
- Plaque and Vessel Geometry (especially important in bifurcation PCI)

## Bifurcation (SB)

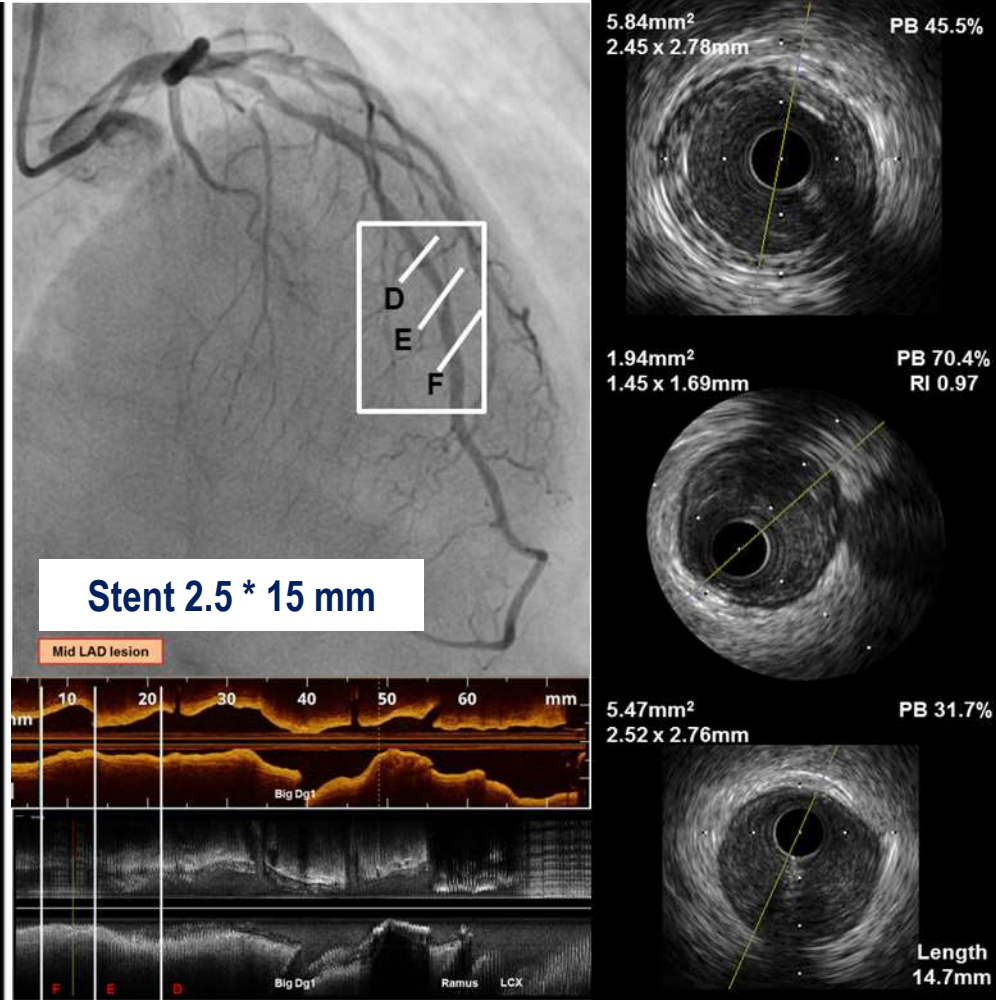
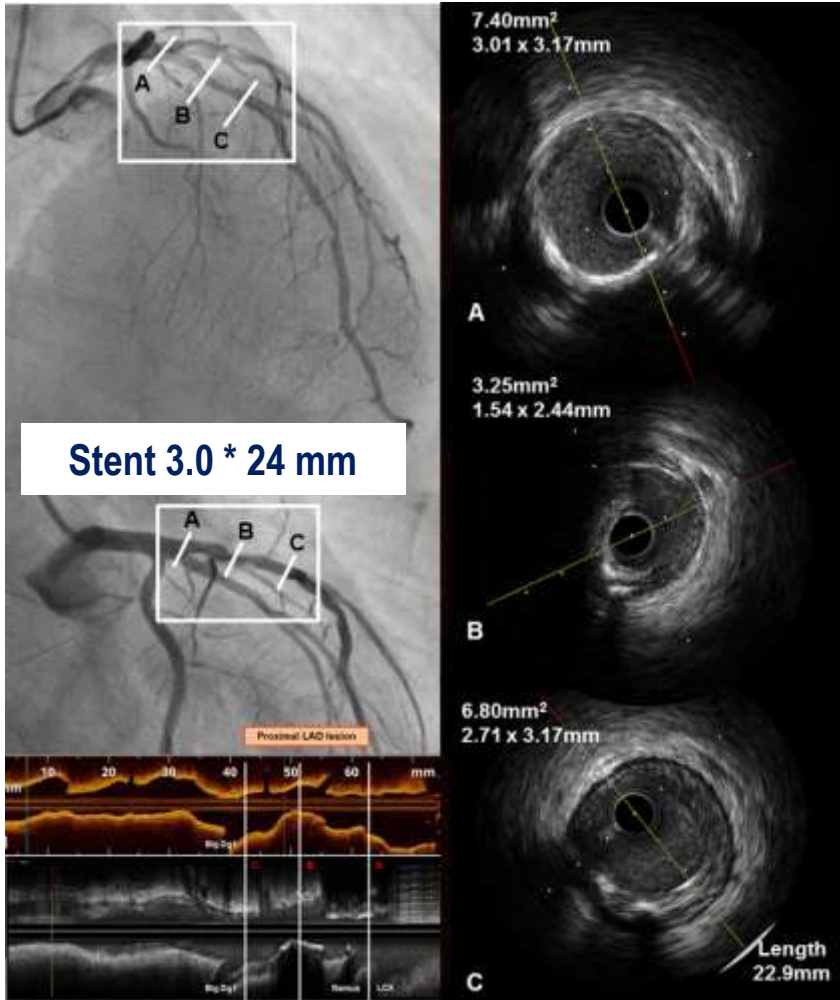


## LM Ostium



# Pre-Procedural Planning of PCI : IVUS

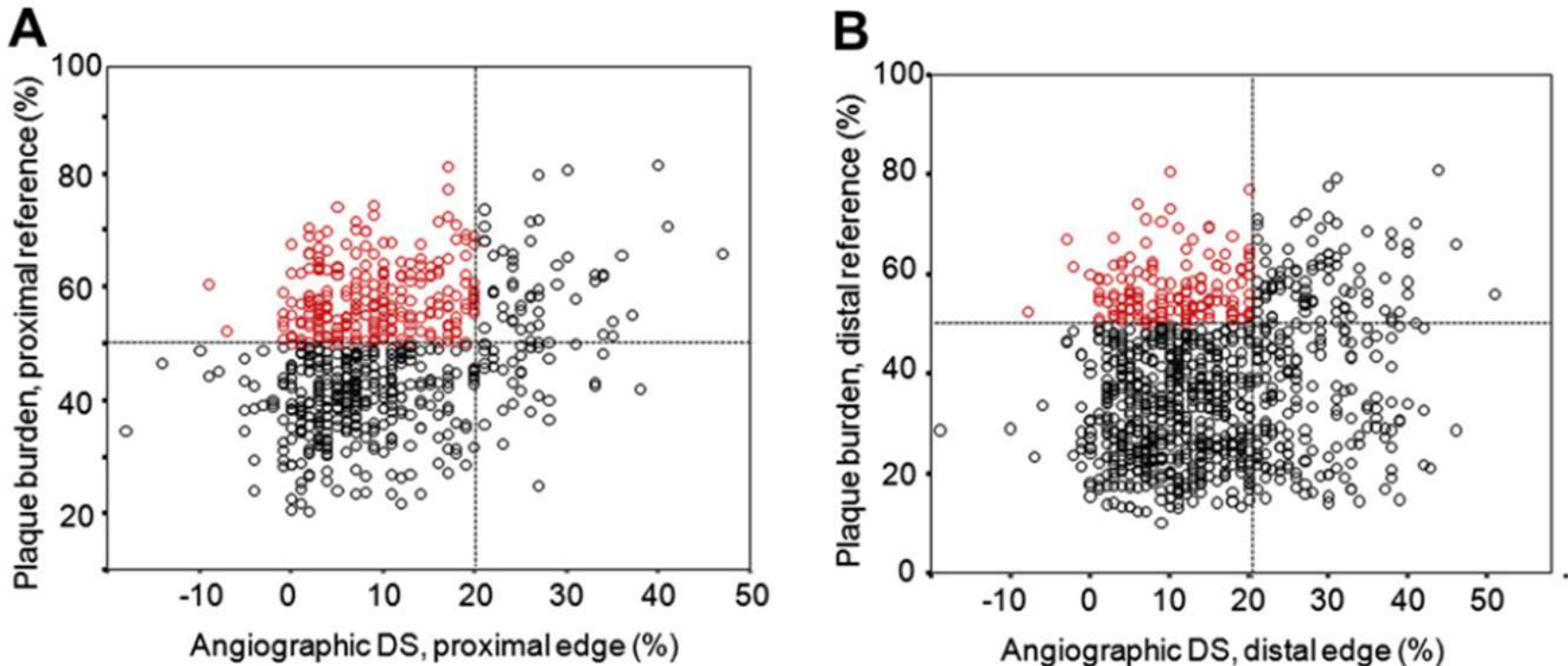
## - Appropriate Sizing -



# Pre-Procedural Planning of PCI : IVUS

## - Proper Landing Zone -

Poor Correlation with Angiographic %DS and IVUS Plaque Burden In Reference Segment



(A) Of 785 proximal reference segments with %DS <20%, 290 (37%) had plaque burden >50%.

(B) Of 724 distal reference segments with %DS <20%, 153 (21%) had plaque burden >50%.



# Post-Procedural Optimization of PCI : IVUS

## - Adequate Expansion -

990 lesions treated by SES, ZES, and EES  
**Post-PCI MSA was the only Independent Predictor for 9-Month ISR**

**IVUS MSA Best Cutoff Value (To prevent 6-9Mo ISR)**

Variable	OR	95% CI	P value
<b>Univariable</b>			
DM	0.981	0.449-2.144	0.002
Smoker	2.241	0.997-5.037	0.051
Multivessel disease	0.608	0.297-1.248	0.608
IVUS MSA	0.710	0.569-0.887	0.002
IVUS Post-EEM	0.929	0.853-1.013	0.095
IVUS Reference vessel diameter	0.404	0.180-0.970	0.028
IVUS Post-PCI In-stent MLD	0.535	0.268-1.065	0.075
<b>Multivariable</b>			
<b>IVUS MSA</b>	<b>0.722</b>	<b>0.581-0.897</b>	<b>0.003</b>

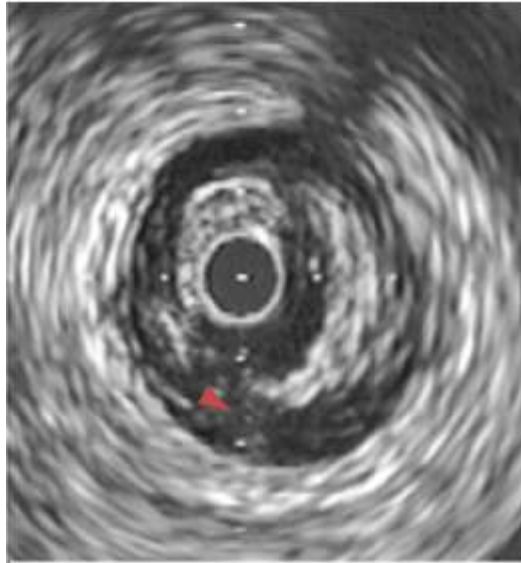
	Stent	Sample Size	MSA
<b>SIRIUS</b>	<b>SES</b>	<b>72</b>	<b>5.0mm<sup>2</sup></b>
<b>Hong et al.</b>	<b>SES</b>	<b>550</b>	<b>5.5mm<sup>2</sup></b>
<b>TAXUS Meta</b>	<b>PES</b>	<b>1098</b>	<b>5.7mm<sup>2</sup></b>
<b>Song et al.</b>	<b>ZES</b>	<b>220</b>	<b>5.3mm<sup>2</sup></b>
<b>Song et al.</b>	<b>EES</b>	<b>229</b>	<b>5.4mm<sup>2</sup></b>

**Adequate stent expansion is still important in the DES era.**

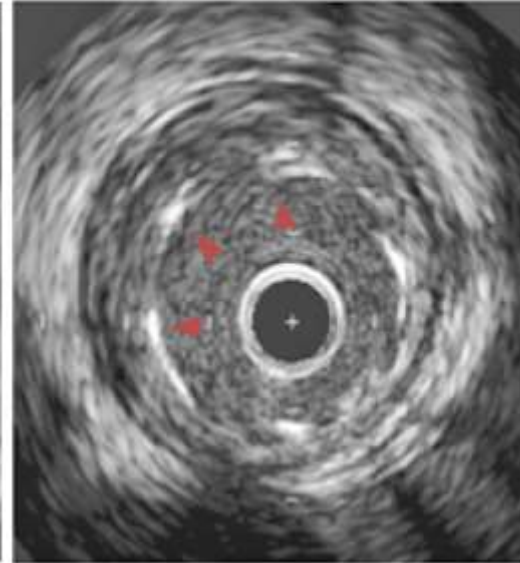
# Post-Procedural Optimization of PCI : IVUS

## - Evaluating Acute Complication -

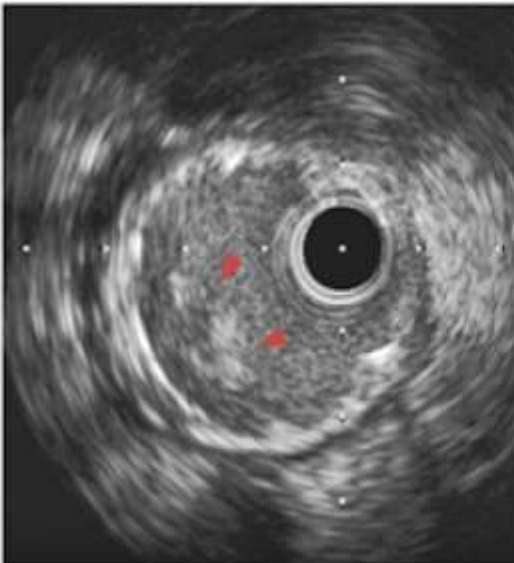
Edge dissection



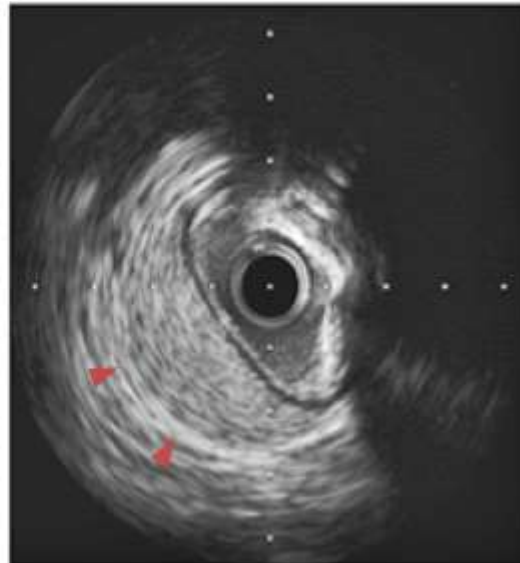
ISA



Thrombi or  
Tissue prolapse



Hematoma

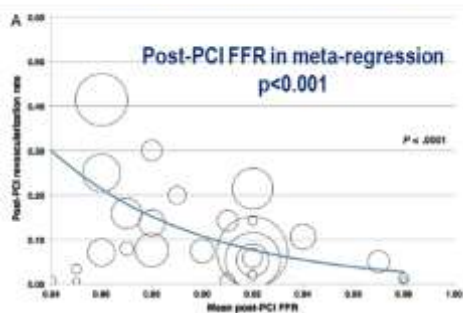


# Post-Procedural Optimization of PCI : FFR

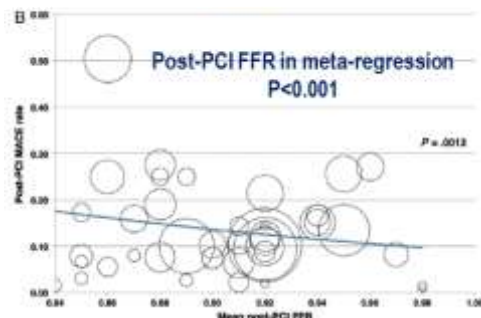
## - Evaluating Functional Completeness -

Study-level meta (N=7470)

Repeat Revascularization



MACE

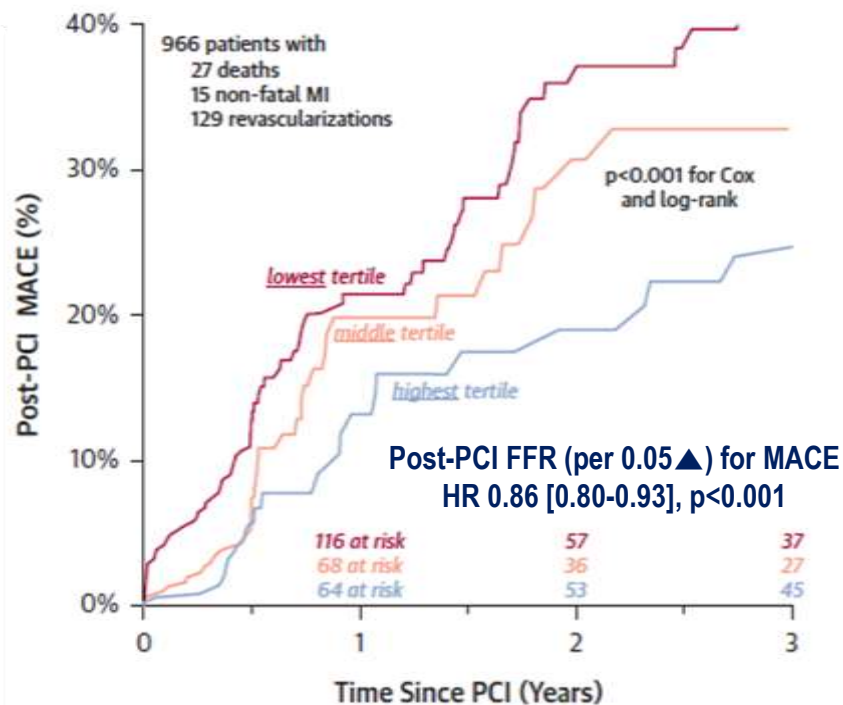


Post-PCI FFR  $\geq 0.90$

Repeat Revascularization 55% ▼

MACE 30% ▼

Patient-level meta (N=966)



High Post-PCI FFR (Per-vessel) is  
Significantly Associated with Lower Risk of Future Events

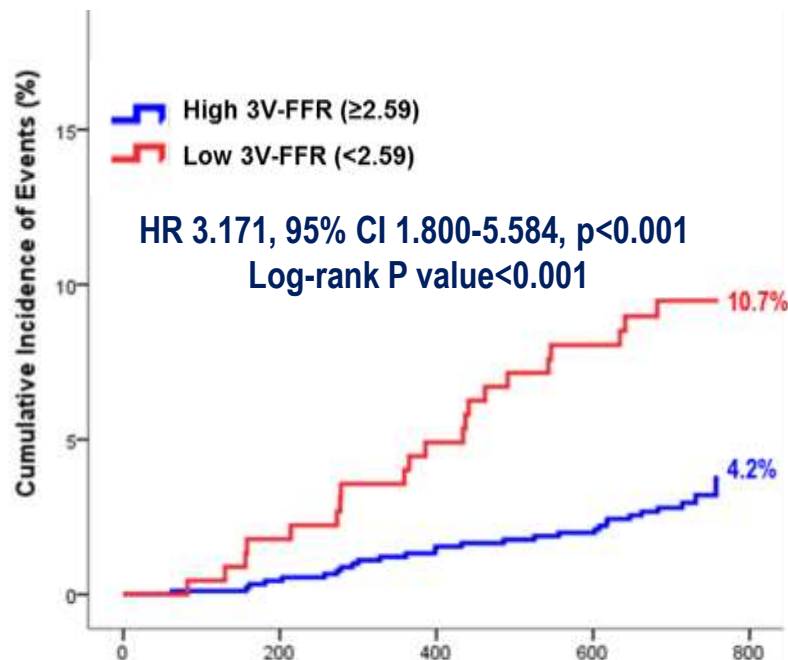
# Post-Procedural Optimization of PCI : FFR

## - Beyond Per-Vessel Evaluation -

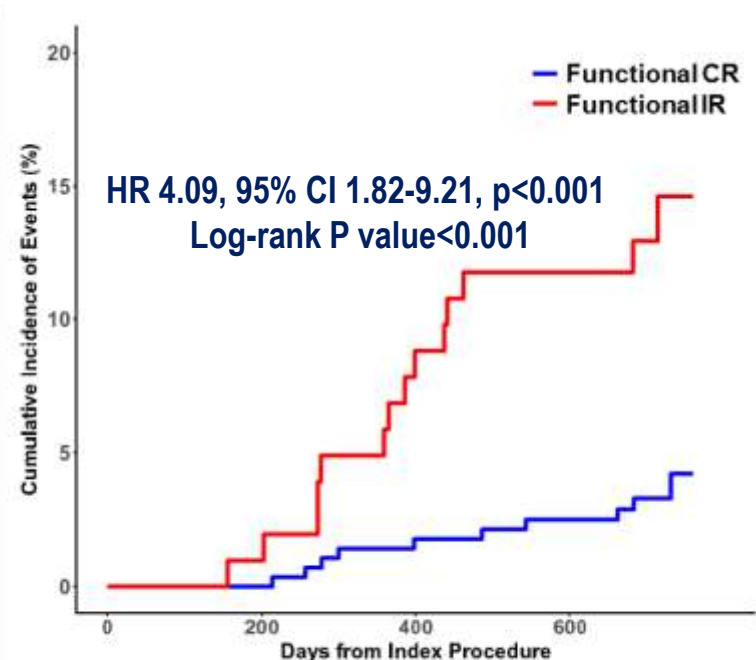
1136 Patients with Mandatory Measurement of Final Per-vessel FFR

3V-FFR : Total Sum of Final FFR in all 3 vessels

2-Year MACE



No. at Risk	Days From Index Procedure				
High	911	906	887	879	869
Low	225	220	212	205	202



No. at risk	Days from Index Procedure			
Functional CR	283	282	273	270
Functional IR	102	101	93	90

Results from 3V-FFR-FRIENDS Study

- ① 3V-FFR is a Prognostic Indicator as Global Marker of Physiologic Atherosclerotic Burden
- ② Functional Incomplete Revascularization (residual functional SYNTAX  $\geq 0$ ) showed higher MACE

# Integrated Use of FFR and IVUS

## - Summary -

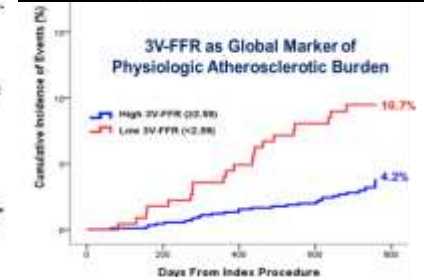
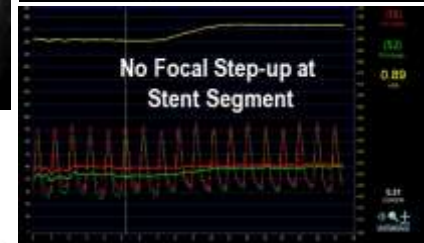
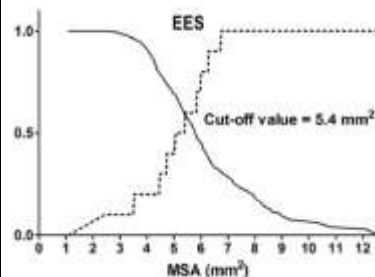
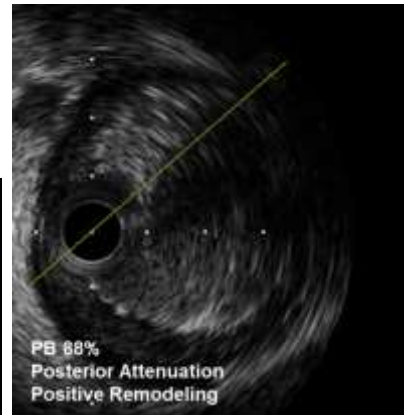
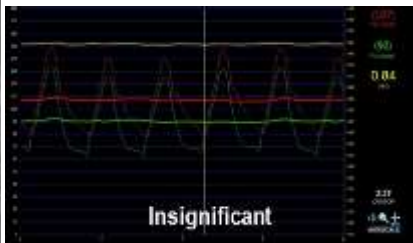
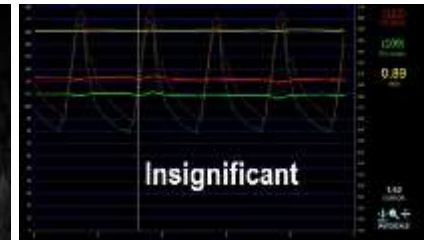
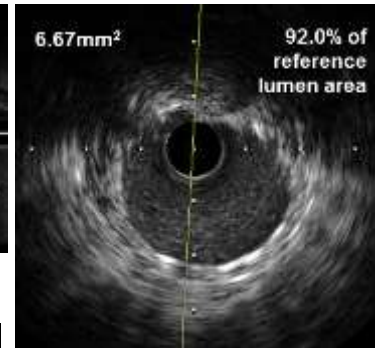
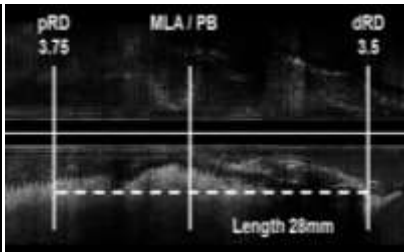
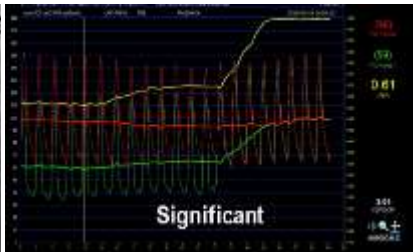
Stenosis  
Myocardial Mass  
Subtended

Functional Significance  
Lesion Reclassification  
Treatment Decision (Patient)

Plaque Character  
Proper Sizing  
Landing Zone

Stent  
Optimization

Evaluating  
Functional  
Completeness



Integrating Imaging and Physiology will Enhance Patient Outcome

# Thank You For Your Attention !

**Joo Myung Lee, MD, MPH**

**Heart Vascular Stroke Institute,  
Samsung Medical Center, Seoul, Republic of Korea**

**If you have any question, don't hesitate to e-mail me.**

**[drone80@hanmail.net](mailto:drone80@hanmail.net)**