# Tandem lesions, diffuse disease

### FFR and resting physiology

#### Nils Johnson MD, MS, FACC, FESC

Associate Professor of Medicine Weatherhead Distinguished Chair of Heart Disease Division of Cardiology, Department of Medicine and the Weatherhead PET Imaging Center McGovern Medical School at UTHealth (Houston) Memorial Hermann Hospital – Texas Medical Center United States of America



UTHealth McGovern The University of Texas Medical School **Health Science Center at Houston** 



#### **Disclosure Statement of Financial Interest**

Within the past 12+ months, Nils Johnson has had a financial interest/arrangement or affiliation with the organization(s) listed below.

#### **Affiliation/Financial Relationship**

- Grant/research support (to <u>institution</u>)
- Licensing and associated consulting (to *institution*)
- Support for educational meetings/training (honoraria/fees donated to <u>institution</u>)

#### **Organizations (alphabetical)**

- St Jude Medical (for CONTRAST study)
- Volcano/Philips (for DEFINE-FLOW study)
- Boston Scientific (for smart-minimum FFR algorithm)
- Various, including academic and industry

## Serial LMCA and LAD lesions



# Place pressure wire distal to all lesions



# How distal is far enough?



Rodés-Cabau J, Am J Cardiol. 2011 Aug 15;108(4):483-90. (Figure 1 with my annotations)

## <u>Most distal = all focal + diffuse</u>



Rodés-Cabau J, Am J Cardiol. 2011 Aug 15;108(4):483-90. (Figure 1+3 with my annotations)

FFR measurements

## Start IV adenosine to assess net effect



### Move pressure sensor back to guide



# Pullback curve: fundamental technique

#### 1996 NEJM



#### 2000 review

#### Practice and Potential Pitfalls of Coronary Pressure Measurement

Nico H.J. Pijls,<sup>1</sup>\* MD, PhD, Morton J. Kern,<sup>2†</sup> MD, Paul G. Yock,<sup>3†</sup> MD and Bernard De Bruyne<sup>4</sup> MD, PhD

#### Pullback Pressure Recordings

The most convincing and reproducible demonstration of the exact location and severity of a coronary stenosis is the so-called pressure pullback curve (Fig. 5).

If a large

resting gradient is already present and the main purpose of the pullback recording is to determine the exact location of the stenosis, additional hyperemia is not required during the pressure pullback curve. The pullback curve also enables the assessment of serial lesions within one vessel (Fig. 6) or the presence of diffuse disease (gradually decreasing hyperemic pressure gradient during pullback from distal coronary artery to coronary ostium; Fig. 7)

# **Overlay of pullback and angiogram**

#### iFR Pullback recording: iFR throughout vessel

iFR intensity overlaid onto angiogram



Angiographic stenosis corresponds to region with highest change in IFR fall/mm (intensity)



# Pullback information #1: drift



Pd/Pa=0.91 back at guide  $\rightarrow drift!$  Pd/Pa=1.00 back at guide  $\rightarrow$  no drift!

# How much drift can we expect?



Jeremias A, manuscript under review (analysis from CONTRAST supplement added to figure)

# Pullback information #2: diffuse



Various pressure tracings from ETP and TCT presentations (De Bruyne, Pijls)

# Diffuse disease common in CAD



#### 44 year-old man, stable angina FFR 0.76 distally, Pa-Pd=23mmHg but diffuse on pullback

- N=106 with CAD
- All diffuse on pullback
- 8% with FFR<0.75
- 57% with FFR<0.92

# Post-PCI FFR ≈ diffuse disease burden



FFR measured *AFTER* stenting Focal disease largely gone Diffuse disease left behind

left = Rimac G, Am Heart J. 2017 Jan;183:1-9. (Figure 7)

# Diffuse disease impacts prognosis



Time Since PCI (Years)

FFR measured *AFTER* stenting Focal disease largely gone Diffuse disease left behind

left = Rimac G, Am Heart J. 2017 Jan;183:1-9. (Figure 7) right = Johnson NP, JACC. 2014 Oct 21;64(16):1641-54. (Figure 4A)

# Treat diffuse disease with PCI?



Baranauskas A, EuroIntervention. 2016 Dec 20;12(12):1473-1480. (Figure 1 and Table 3)

# Treat diffuse disease with LIMA?



Shiono Y, Int J Cardiol. 2016 Nov 1;222:16-21. (Figures 1-3 with colored annotations)

# Pullback information #3: focal



Various pressure tracings from ETP and TCT presentations (De Bruyne, Pijls, Tonino)

# Serial/tandem stenoses



Treat A? *or* Treat B? Treat A *and* B?

Kim HL. JACC Cardiovasc Interv. 2012 Oct;5(10):1013-8. (Figure 1 A)

## Two lesions on pull-back curve





 $\Delta FFR_A > \Delta FFR_B$ 

top = Kim HL. *JACC Cardiovasc interv.* **2**012 Oct;5(10):1013-8. (Figure 1 A and B, annotated) bottom = Pijls NH. *Circulation*. 2000 Nov 7;102(19):2371-7. (Portions of Figure 2)

## Treat worst and remeasure



top = Pijls NH. *Circulation*. 2000 Nov 7;102(19):2371-7. (Portions of Figure 2) bottom = Kim HL. *JACC Cardiovasc Interv*. 2012 Oct;5(10):1013-8. (Figure 1 C and D, annotated)

# Why is there "cross talk"?



Kim HL. JACC Cardiovasc Interv. 2012 Oct;5(10):1013-8. (Figure 1 A to D, annotated)

#### Why is there "cross talk"?



Pijls NH. *Circulation*. 2000 Nov 7;102(19):2371-7. (Portions of Figure 2) Gould KL. *Circ Res*. 1978 Aug;43(2):242-53. (Figure 8, modified)



Pijls NH. *Circulation*. 2000 Nov 7;102(19):2371-7. (Portions of Figure 2) Gould KL. *Circ Res*. 1978 Aug;43(2):242-53. (Figure 8, modified)

## Can we predict?



left, graph = Pijls NH. *Circulation*. 2000 Nov 7;102(19):2371-7. (Figure 5B) left, euqations = De Bruyne B. *Circulation*. 2000 Apr 18;101(15):1840-7. (Equations 3 and 4) right = Kweon J, *EuroIntervention*. 2016 Nov 22. [Epub ahead of print] (Figure 6)

# Limitations to prediction

- Produces false positives and negatives
- Requires measurement of wedge pressure
- Theory makes several assumptions
  - ✓ Neglects quadratic flow term
  - ✓ Does not allow branch between lesions
  - ✓ Assumes no coupling of flow profiles
  - ✓ Venous pressure ignored

# Does resting physiology help?



Inspired by discussion with Frederick Zimmermann, February 24, 2017.

# Does resting physiology help?



Inspired by discussion with Frederick Zimmermann, February 24, 2017.

# Does resting physiology help?



Inspired by discussion with Frederick Zimmermann, February 24, 2017.

# "Everyday" algorithm for serial lesions



pullback

treat worst (if possible) and remeasure (>>distal PCI 1<sup>st</sup>)

stop when significant focal (Δ>10mmHg) is gone

Kim HL. JACC Cardiovasc Interv. 2012 Oct;5(10):1013-8. (Figure 1)

# But what about the left main?



left = Daniels DV. *JACC Cardiovasc Interv*. 2012 Oct;5(10):1021-5. (Figure 1) middle = Yong AS. *Circ Cardiovasc Interv*. 2013 Apr;6(2):161-5. (Figure 1B) right = Fearon WF. *JACC Cardiovasc Interv*. 2015 Mar;8(3):398-403. (Figure 1)

# Only important with low distal FFR





Fearon WF. JACC Cardiovasc Interv. 2015 Mar;8(3):398-403. (Figure 7)

# Algorithm for LM serial/tandem lesion

- Measure FFR in LMCA + non-diseased vessel
  ✓ FFR≤0.80 then LMCA significant
  ✓ FFR>0.85 then LMCA not significant
  ✓ FFR=0.81 to 0.85
  - Measure FFR = LMCA + diseased vessel
  - If FFR<sub>distal</sub>≤0.45 then LMCA ?significant
  - If FFR<sub>distal</sub>>0.45 then LMCA likely OK

#### Practice and Potential Pitfalls of Coronary Pressure Measurement

Nico H.J. Pijls,<sup>1</sup>\* мD, PhD, Morton J. Kern,<sup>2†</sup> мD, Paul G. Yock,<sup>3†</sup> мD and Bernard De Bruyne<sup>4</sup> мD, PhD

In summary, a pullback curve at maximum hyperemia is the most accurate, most convincing, and most reliable way to study the functional status of every part of a coronary artery. The pullback curve under hyperemia never lies.

Pijls NH, Catheter Cardiovasc Interv. 2000 Jan;49(1):1-16. (Text excerpts)