

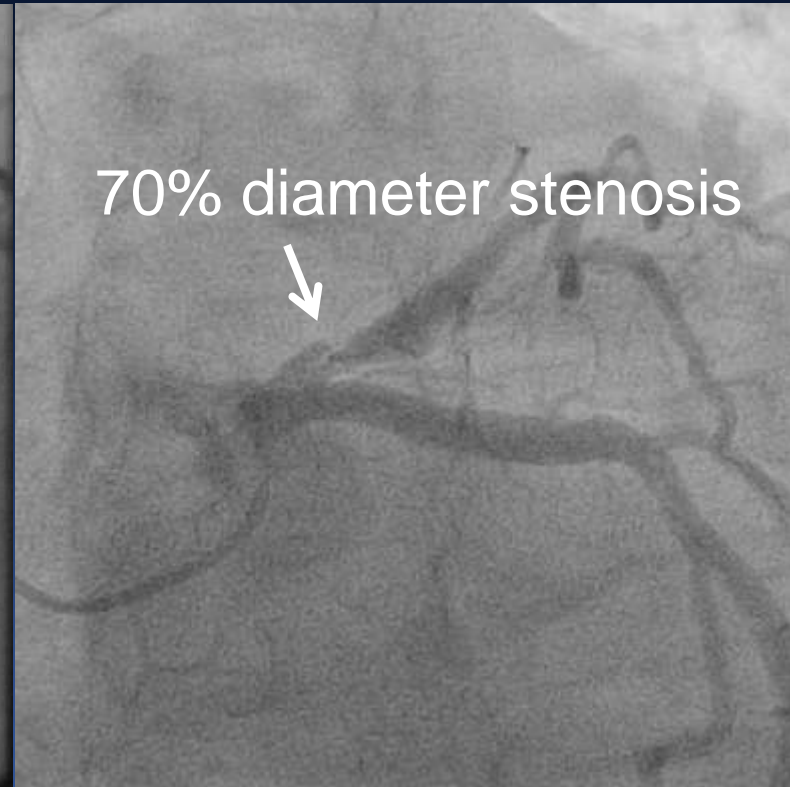
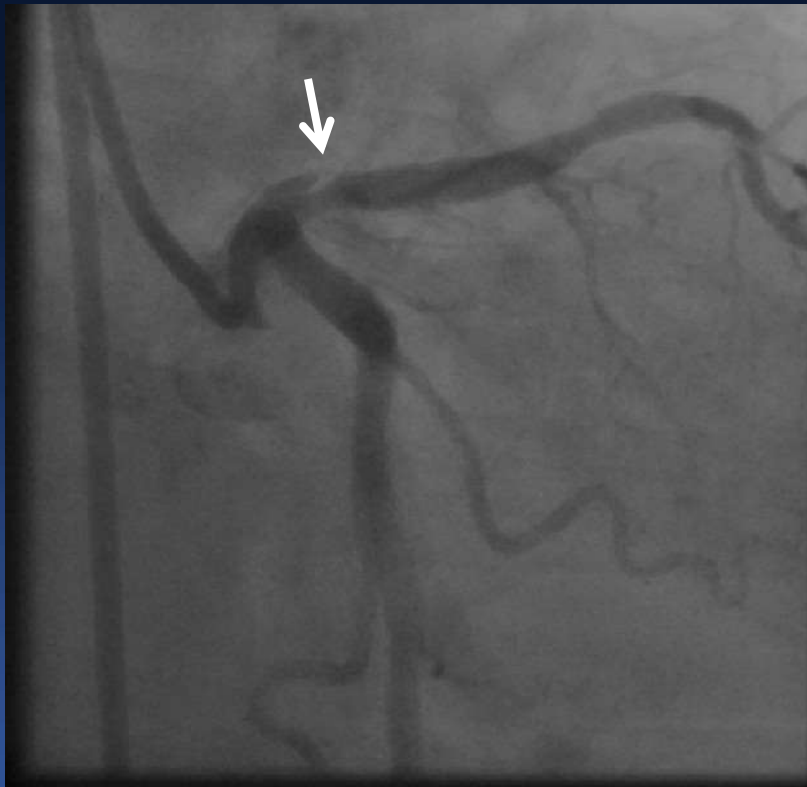
Provocative PREVENT cases

Vulnerable Plaque: To Treat or Not to Treat

Do-Yoon Kang, MD.

Heart Institute, University of Ulsan College of Medicine
Asan Medical Center, Seoul, Korea

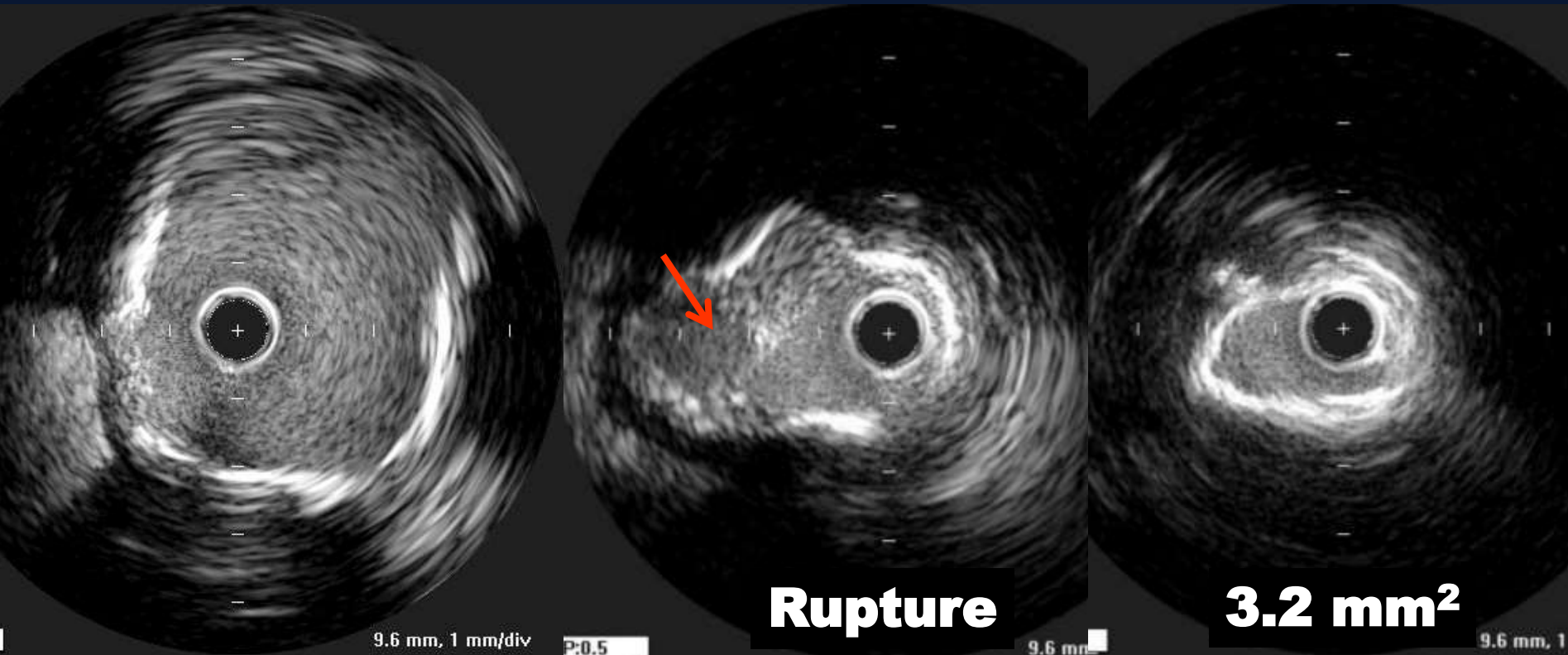
M/74, Asymptomatic Plaque Rupture



IVUS

LM

LAD, Culprit



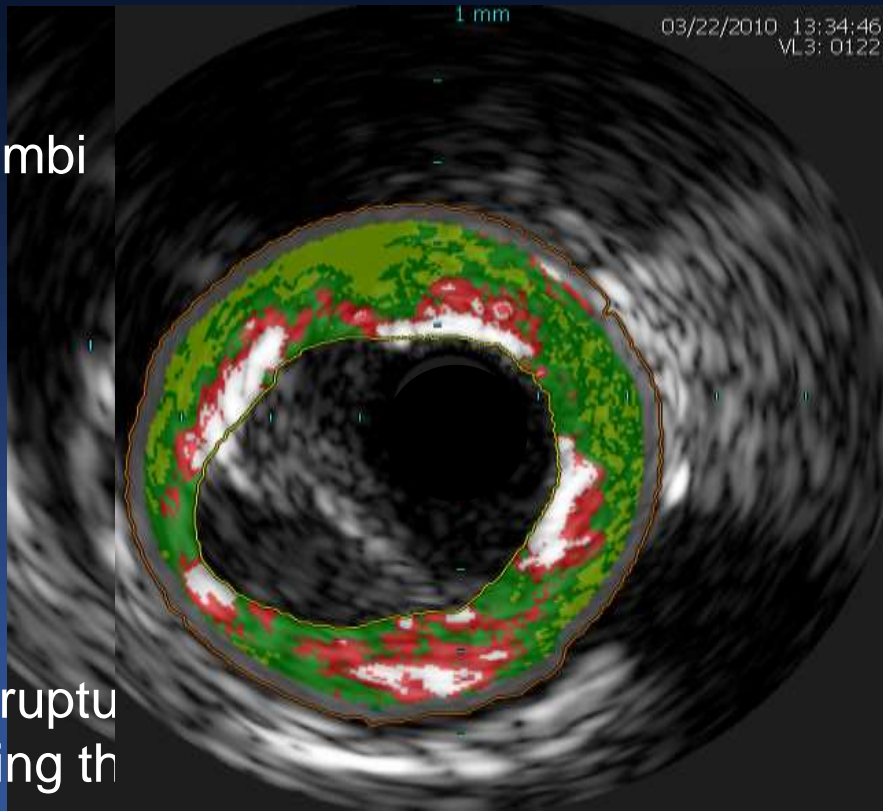
Rupture

3.2 mm^2

VH-IVUS

LAD, Culprit

Thrombi



Plaque rupture
organizing th

PB: 71.3%

FI : 41.4%

FF: 20.0%

NC: 23.0%

DC: 15.6%

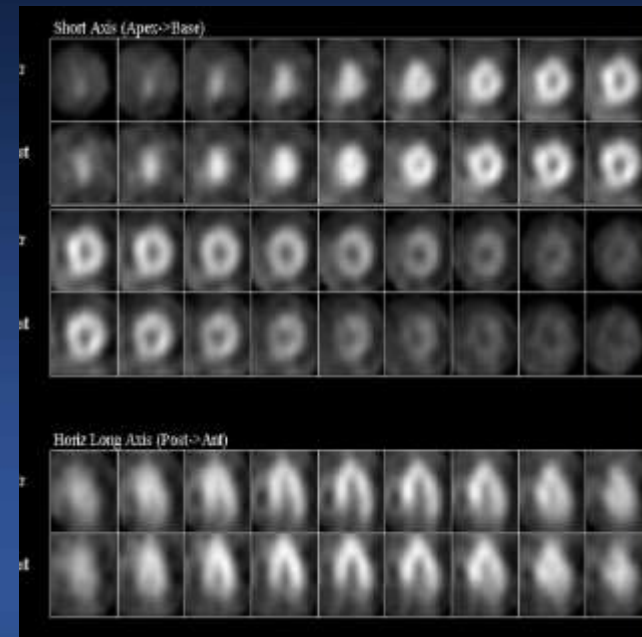
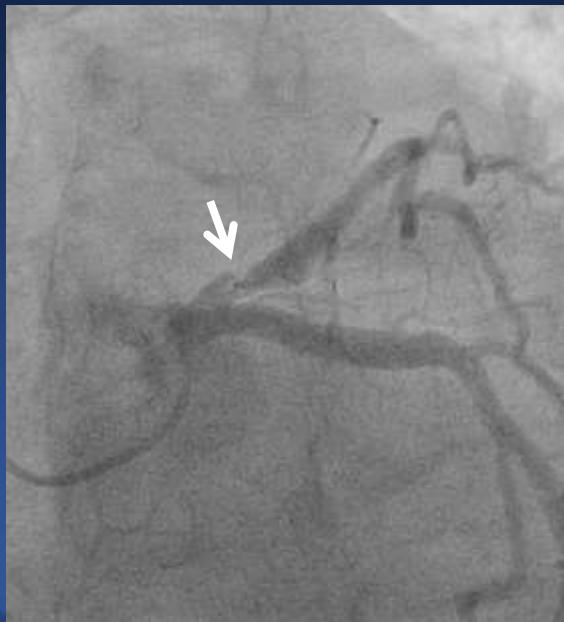
Vulnerable Plaque !

Functionally Insignificant To Treat or Not To Treat? Vulnerable Plaque

**Vulnerable
Plaque**

**Negative FFR
0.89**

**Normal
Thallium SPECT**



Not to Treat ?

Negative FFR (non-invasive stress tests) means *excellent prognosis (0.6%/year, Cardiac death and MI)*, even in the presence of angiographically proven coronary artery disease.

Shaw LJ, J Nucl Cardiol 2004;11:171-85 ,Prognostic value of gated myocardial perfusion SPECT. Very large meta-analysis (n=39,173 patients)

To Treat ?

Vulnerable Plaque (defined by PROSPECT study) *has more tendency to increase MACE.*

Hypothesis,

BVS Implantation Can Stabilize Plaque Vulnerability Which May Prevent Future Events of Vulnerable Plaque.

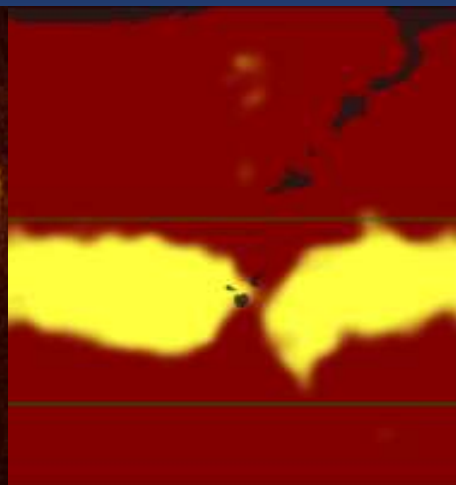
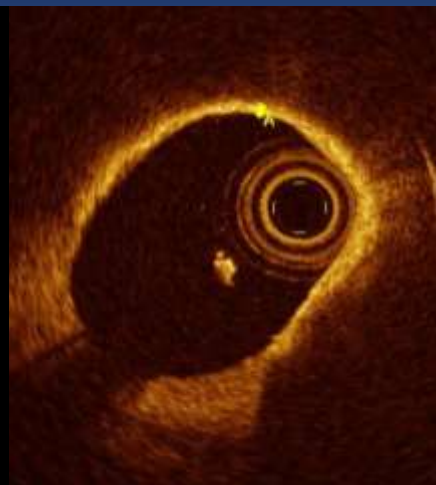
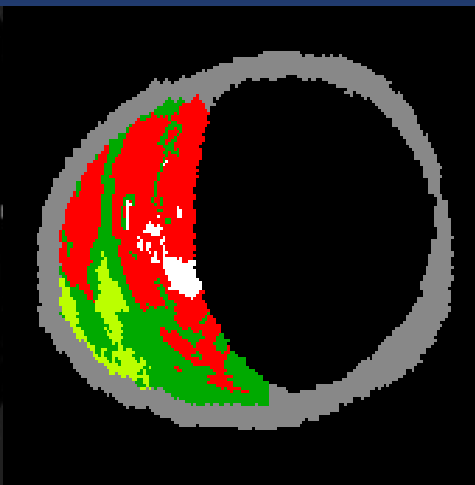
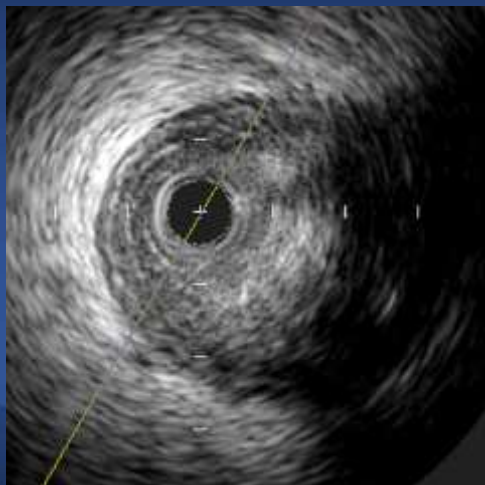
PREVENT Study,

The **PREVENT**ive Implantation of BVS on Stenosis With Functionally Insignificant Vulnerable Plaque Compared to Optimal Medical treatment.

Defining, Functionally Insignificant Vulnerable Plaque



1. TCFA by OCT or VH-IVUS
2. $PB_{MLA} \geq 70\%$
3. $MLA \leq 4.0 \text{ mm}^2$
4. LRP on NIRS ($_{\max}LCBI_{4\text{mm}} > 315$)



PREVENT Trial

Any Epicardial Coronary Stenosis with **FFR ≥ 0.80** and with **Two** of the following

1. TCFA by OCT or VH-IVUS
2. IVUS MLA $\leq 4.0\text{mm}^2$
3. IVUS Plaque Burden $>70\%$
4. Lipid-Rich Plaque on NIRS ($\text{max LCBI}_{4\text{mm}} > 315$)

R

BVS+OMT
N=800

OMT
N=800

Primary endpoint at 2 years:
CV death, MI, Hospitalization d/t unstable angina

TCFA : OCT definition: fibrous cap thickness $< 65\ \mu\text{m}$ and arc $> 90^\circ$

VH-IVUS definition: $\geq 10\%$ confluent NC with $> 30^\circ$ abutting to the lumen in 3 consecutive slices

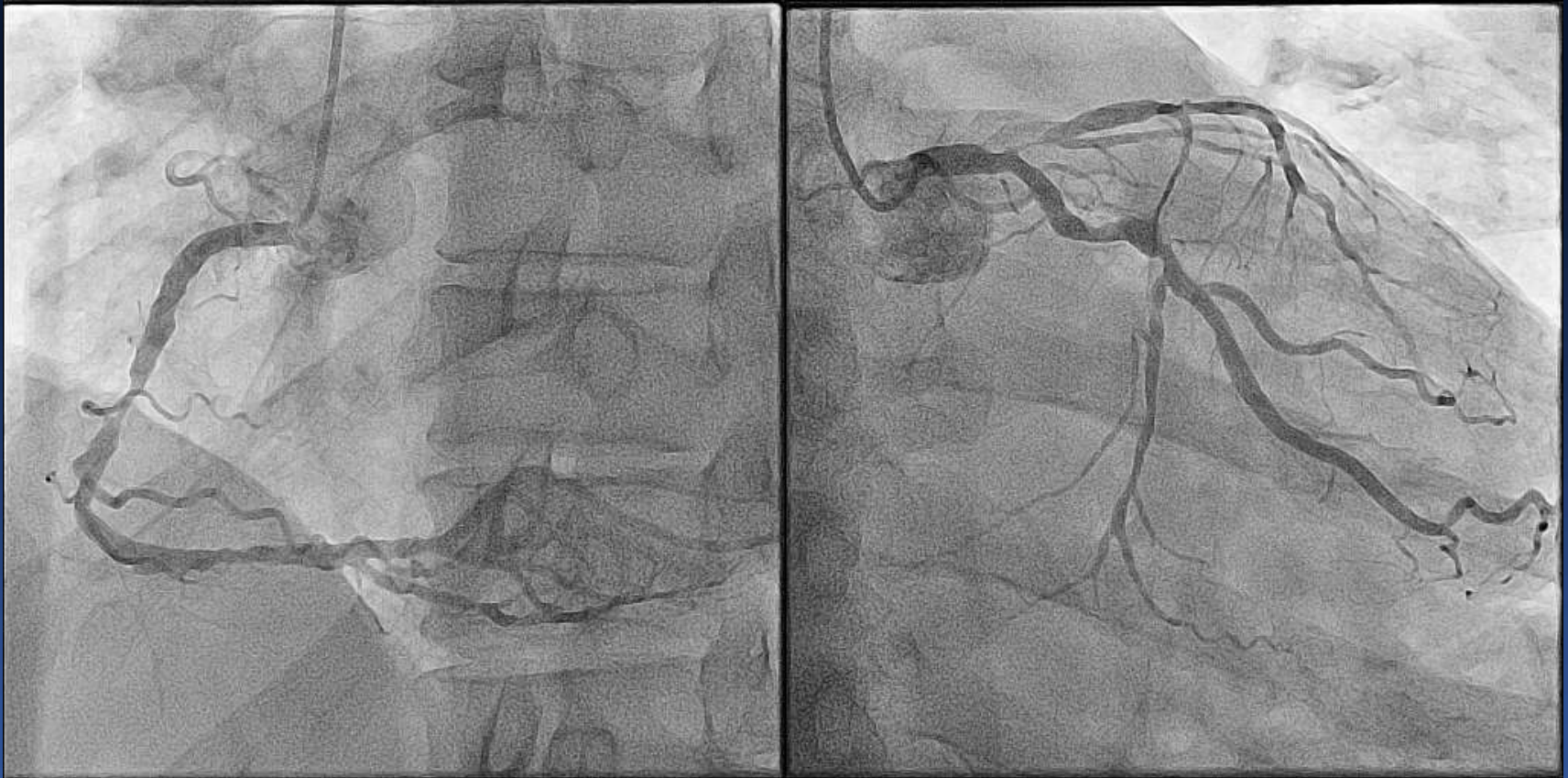
CASE #1

- 50 y/o male
- Effort chest pain, new-onset (1 months ago)
- Coronary risk factor
: Ex-smoker(15PYR)

Clinical Presentation

- Unstable angina
- Cardiac enzyme : within normal level
- Echocardiography
 - LV EF = 40%
 - Akinesia of inferior wall, mid ateroseptum

Coronary Angiogram

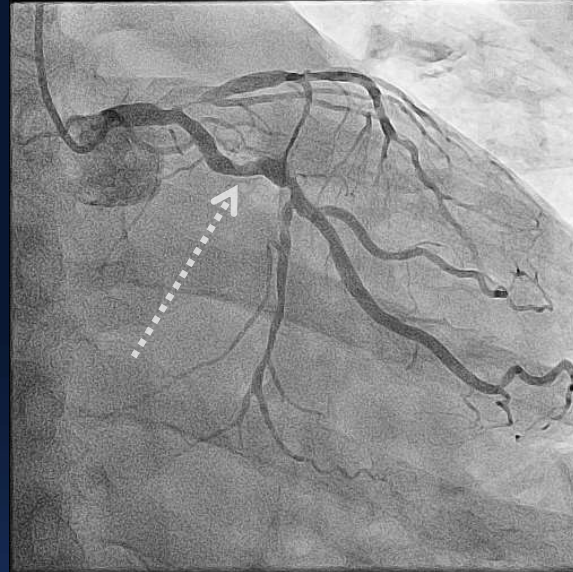


FFR

Intravenous adenosine, 140 µg/kg/min

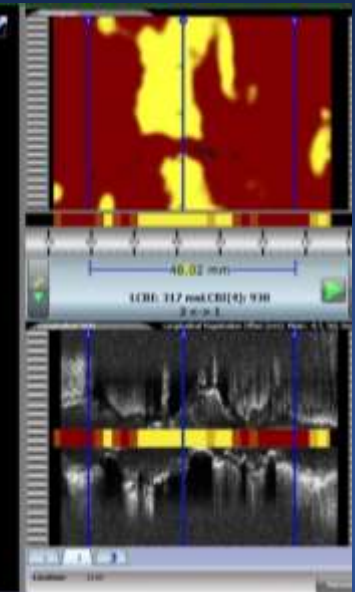
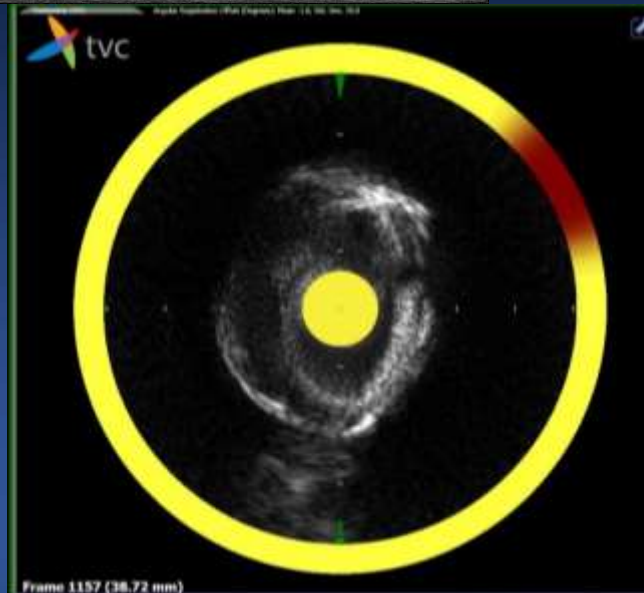
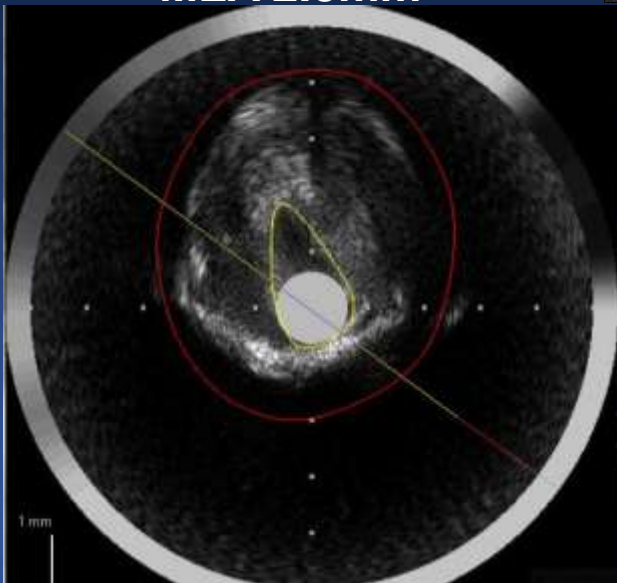


NIRS



Plaque burden 81%
MLA 2.8mm²

maxLCBI_{4mm} : 930



The *PREVENTive* Implantation of Bioresorbable Vascular Scaffold on Stenosis With Functionally Insignificant Vulnerable Plaque

PREVENT Trial

Any Significant Epicardial Coronary Stenosis ($DS > 50\%$)
with $FFR > 0.80$ and with Two of the following

1. MLA $< 4.0\text{mm}^2$
2. Plaque Burden at MLA site $> 70\%$
3. Lipid-Rich Plaque on NIRS ($_{\max}LCBI_{4\text{mm}} > 315$)
4. TCFA defined by OCT or VH-IVUS

BVS+OMT
N=800

R

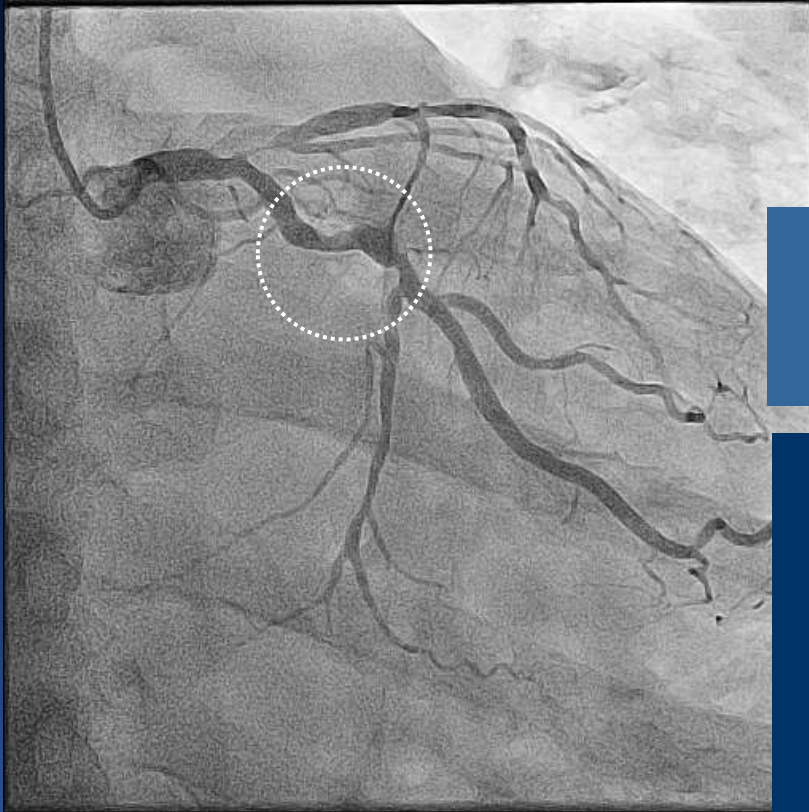
OMT
N=800

Primary endpoint at 2 years:
CV death, MI, Hospitalization d/t unstable angina

TCFA

- OCT definition: fibrous cap thickness $< 65\ \mu\text{m}$ and arc $> 90^\circ$
- VH-IVUS definition: $\geq 10\%$ confluent NC with $> 30^\circ$ abutting to the lumen in 3 consecutive slices

OMT for this patient!



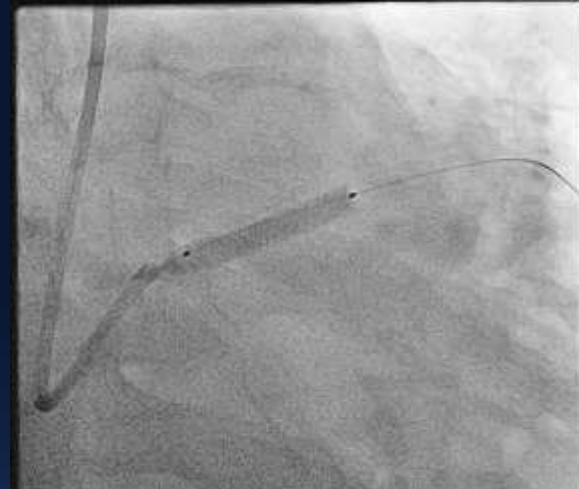
Angiographic DS : **50%**
FFR : **0.83**

IVUS MLA : **2.8 mm²**
Plaque burden : **81%**
max LCBI_{4mm} : **930**

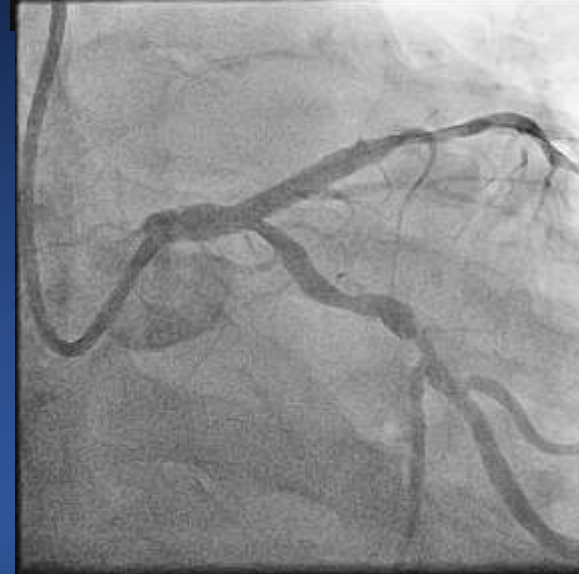
PCI for RCA and LM-pLAD



Xience Alpine 3.0 x 18 mm



Xience Alpine 4.0 x 23 mm

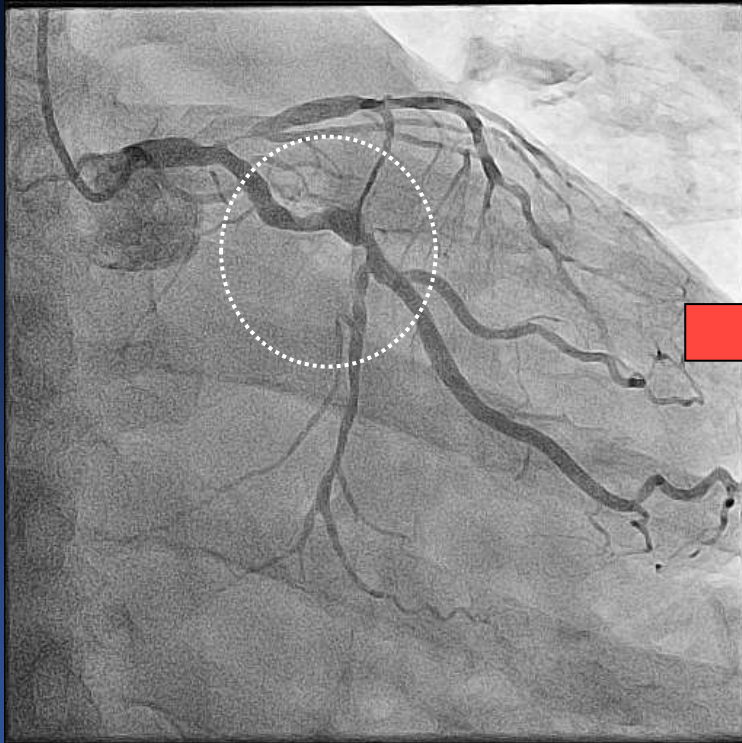


11 months later

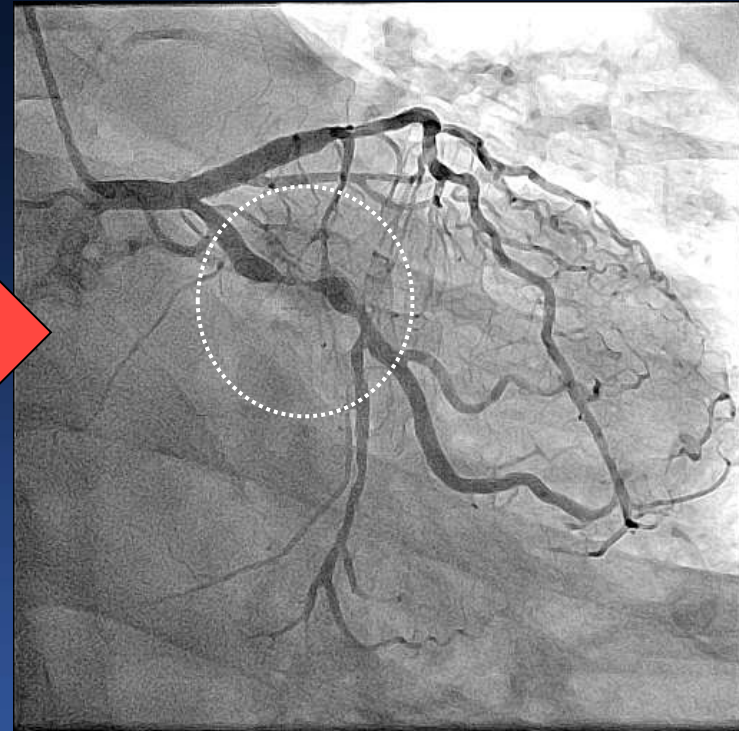
- Unstable angina
- Effort chest pain for 3 weeks
- Cardiac enzyme : within normal level

Coronary Angiogram

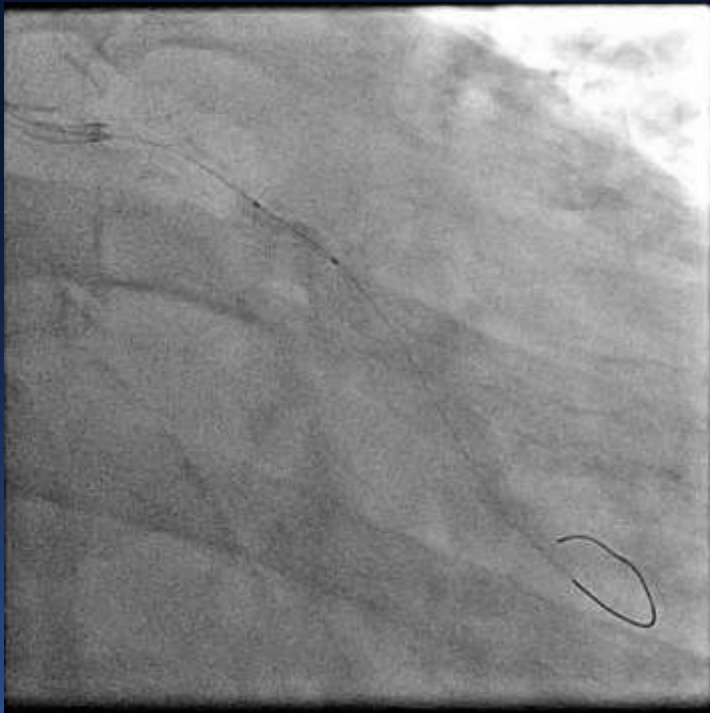
Screening



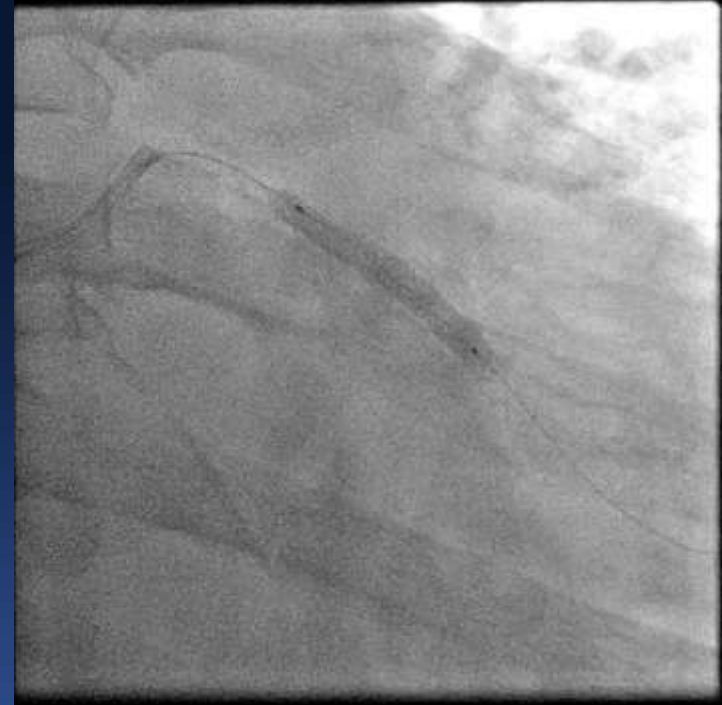
11 months later



PCI



Preballoon
: Tazuna 2.0 x 15mm



Stent
: Xience Alpine 3.5 x 23mm

Final angiogram



CASE #2

- 57 y/o female
- Atypical chest pain
- Coronary risk factor
: Hyperlipidemia

Clinical Presentation

- Atypical chest pain
- Cardiac enzyme : within normal level
- Echocardiography
 - LVEF = 66%
 - No regional wall motion abnormality

Coronary Angiogram

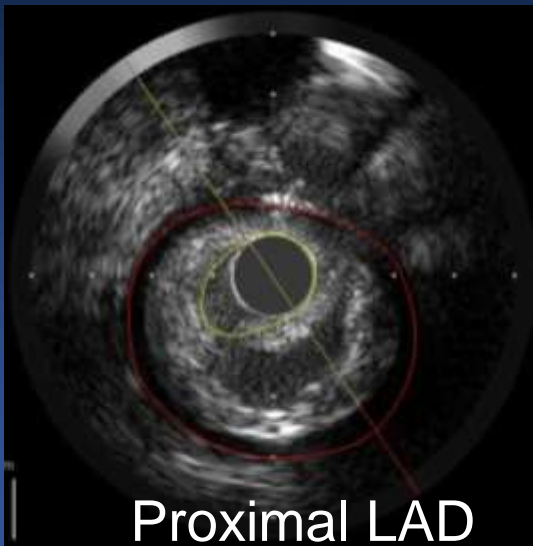
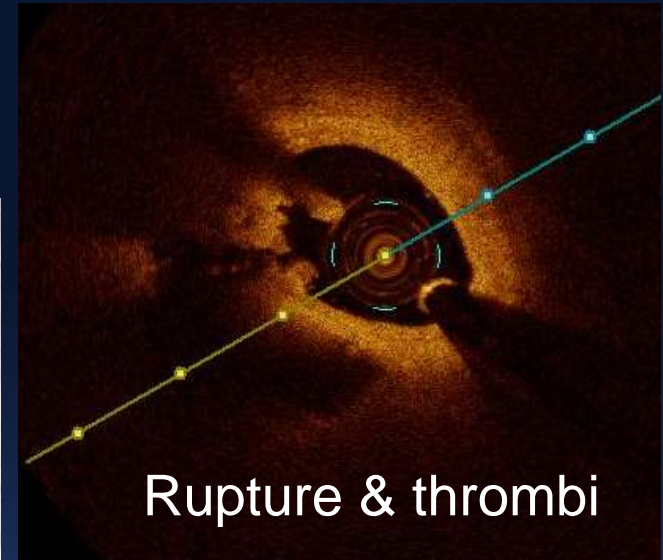
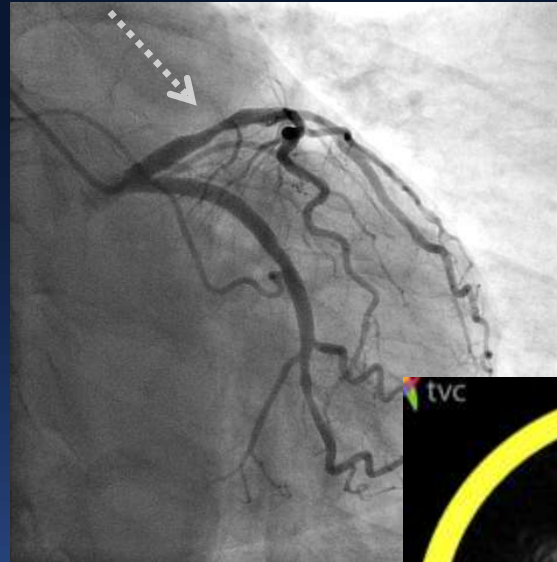
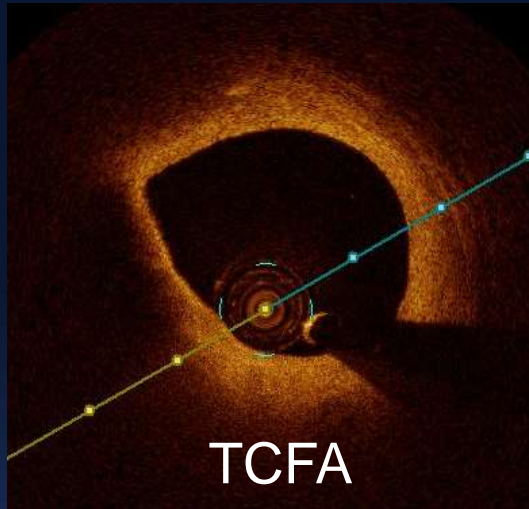


FFR

Intravenous adenosine, 140 $\mu\text{g}/\text{kg}/\text{min}$



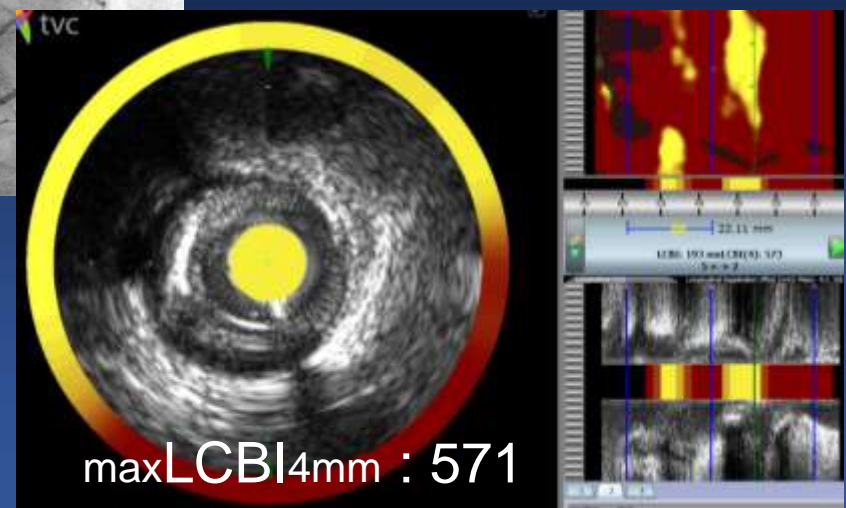
OCT & NIRS



Proximal LAD

MLA : 2.7 mm²

Plaque burden 73%



The *PREVENTive* Implantation of Bioresorbable Vascular Scaffold on Stenosis With Functionally Insignificant Vulnerable Plaque

PREVENT Trial

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with $FFR > 0.80$ and with Two of the following

1. MLA $< 4.0\text{mm}^2$
2. Plaque Burden at MLA site $> 70\%$
3. Lipid-Rich Plaque on NIRS ($_{\max}LCBI_{4\text{mm}} > 315$)
4. TCFA defined by OCT or VH-IVUS

BVS+OMT
N=800

R

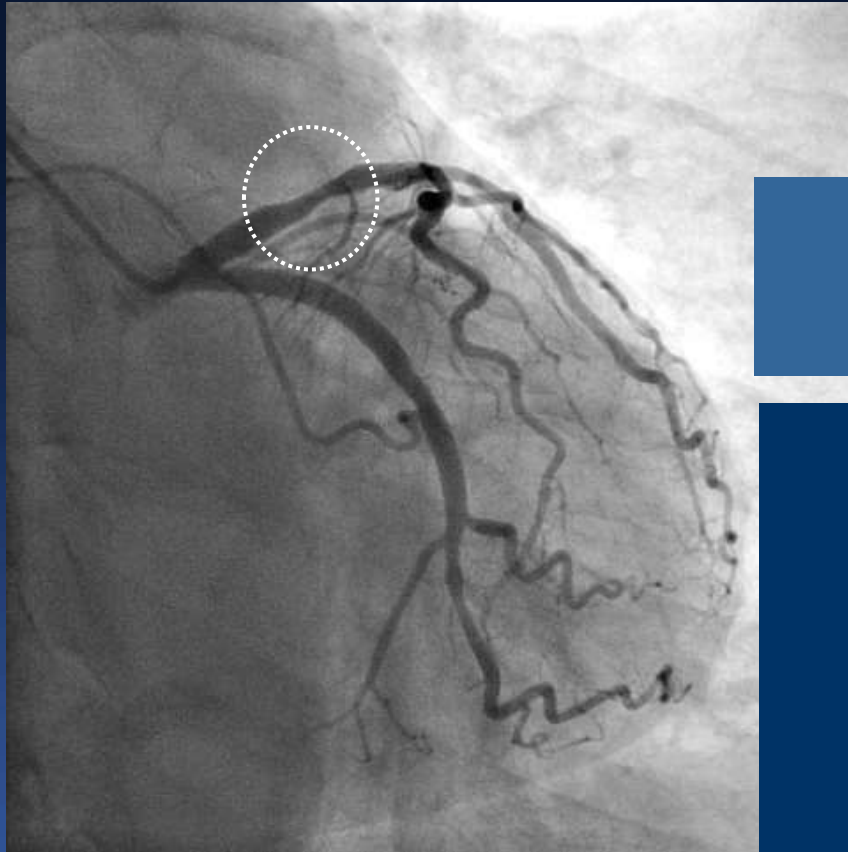
OMT
N=800

Primary endpoint at 2 years:
CV death, MI, Hospitalization d/t unstable angina

TCFA

- OCT definition: fibrous cap thickness $< 65\ \mu\text{m}$ and arc $> 90^\circ$
- VH-IVUS definition: $\geq 10\%$ confluent NC with $> 30^\circ$ abutting to the lumen in 3 consecutive slices

OMT for this patient!



Angiographic DS : 50%
FFR : 0.85

IVUS MLA : 2.7 mm²
Plaque burden : 73%

max LCBI_{4mm} : 571

TCFA (+)

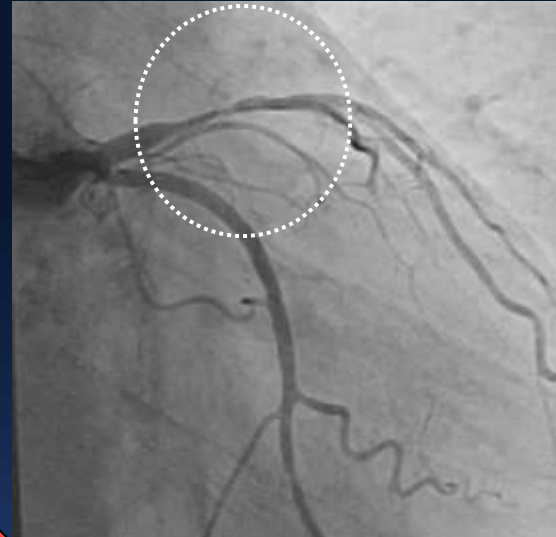
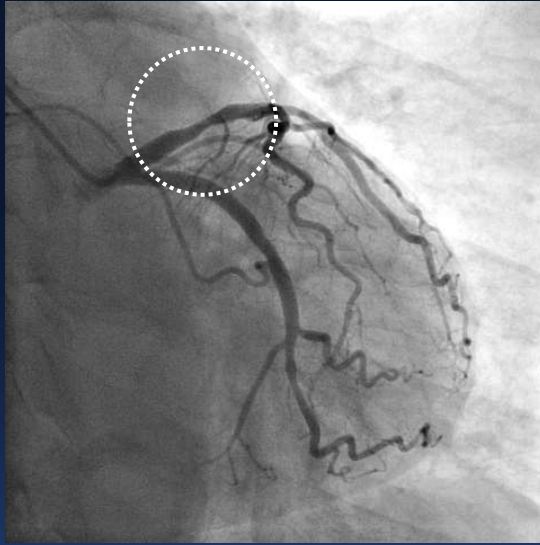
7 months later

- Unstable angina
- Resting chest pain for 1 months
- Cardiac enzyme : within normal level
- Echocardiography
 - LVEF = 66%
 - RWMA(-)

Coronary Angiogram

Screening

7 months later



PCI



pLAD
: Resolute Onyx 3.5 x 18 mm
Di br.
: Resolute Onyx 2.5 x 15 mm



Kissing balloon
pLAD : Maverick 3.0 x 15mm
Di br. : Tazuna 2.5 x 15 mm

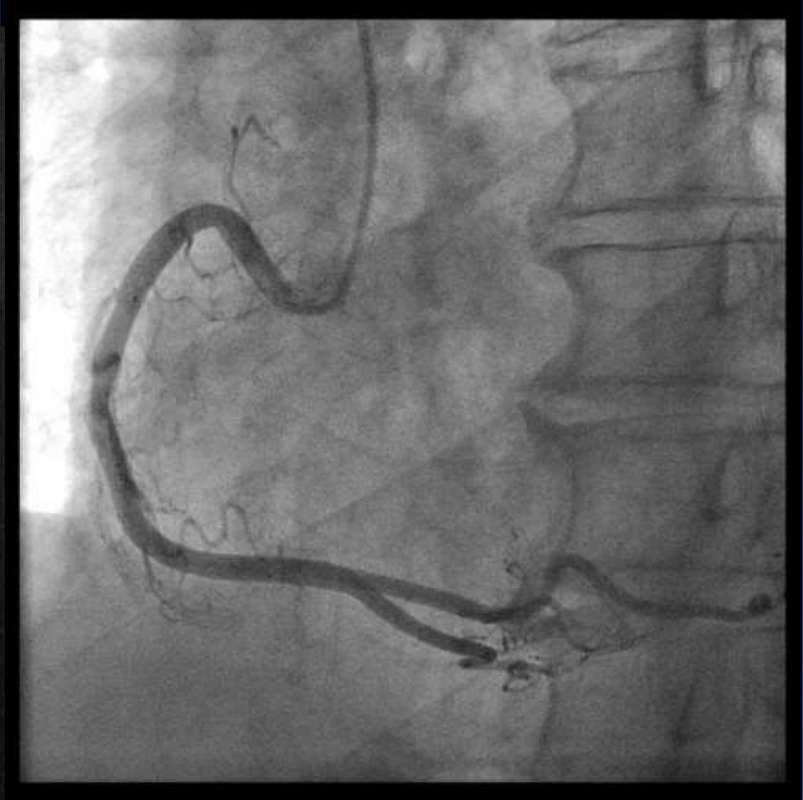
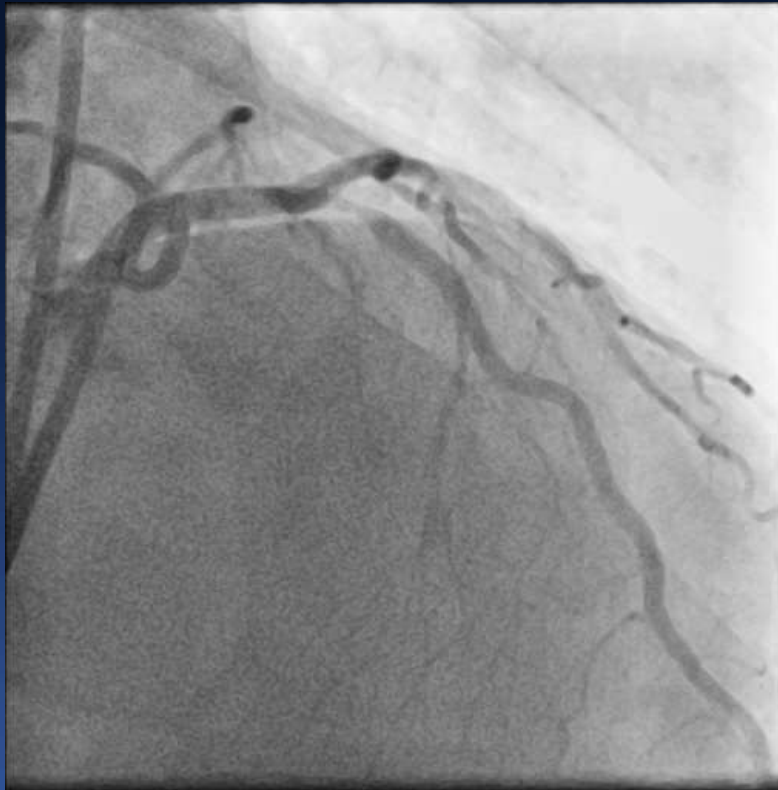
Final angiogram



CASE #3

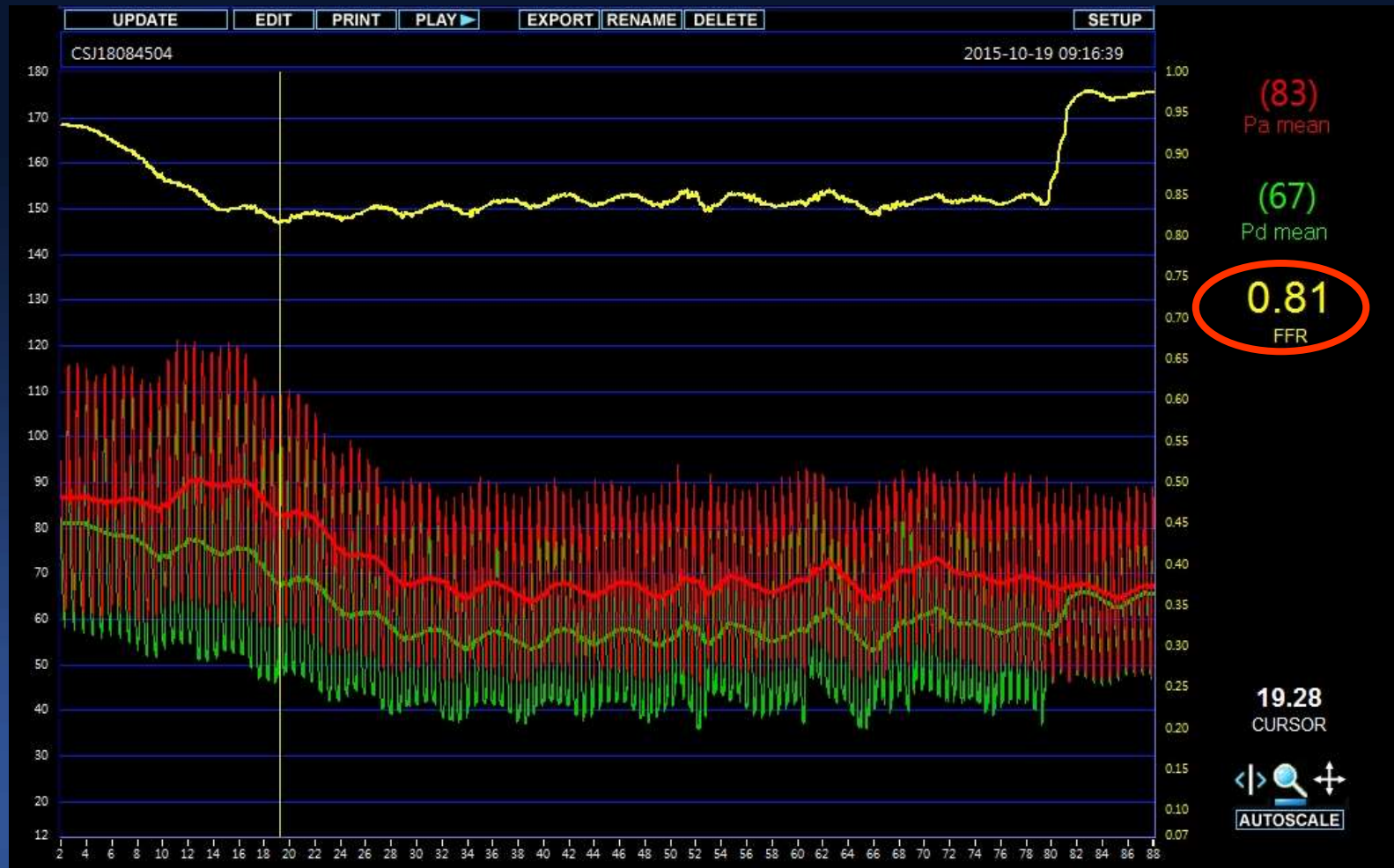
- 74 y/o male
- Effort related chest pain for 1 month
- Intermittent resting chest pain for 2 days
- Coronary risk factor
: Ex-smoker(25PYR)

Coronary Angiogram

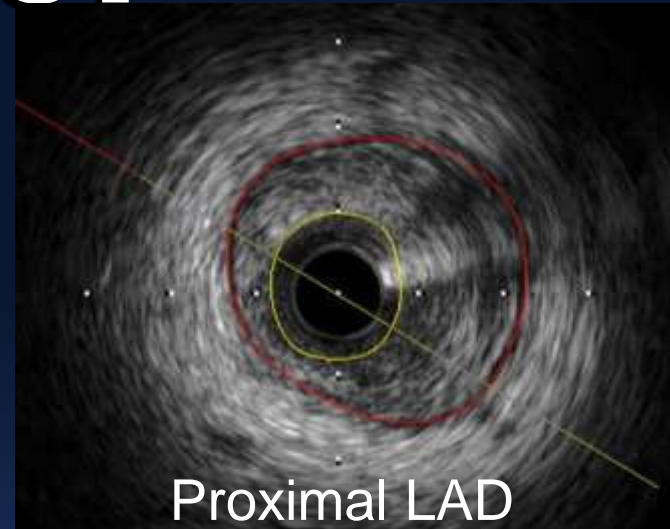
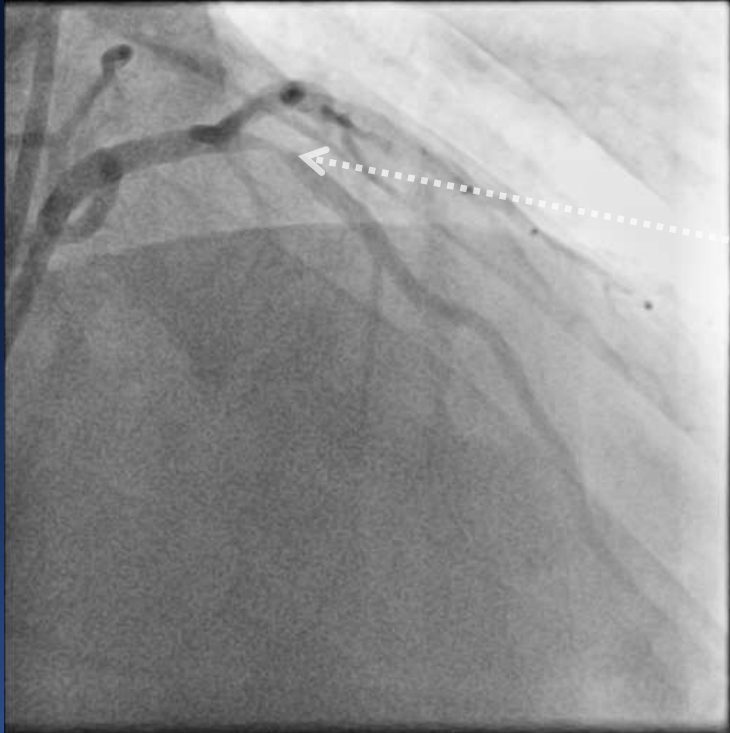


FFR

Intravenous adenosine, 200 $\mu\text{g}/\text{kg}/\text{min}$



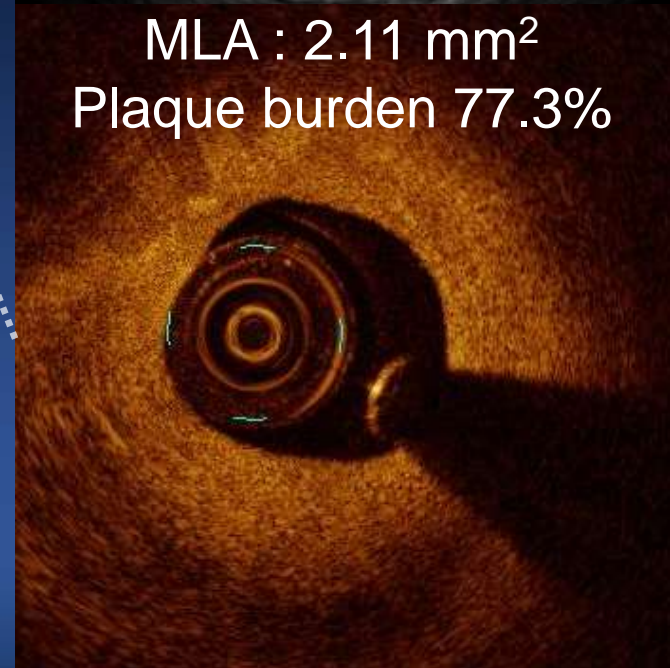
IVUS & OCT



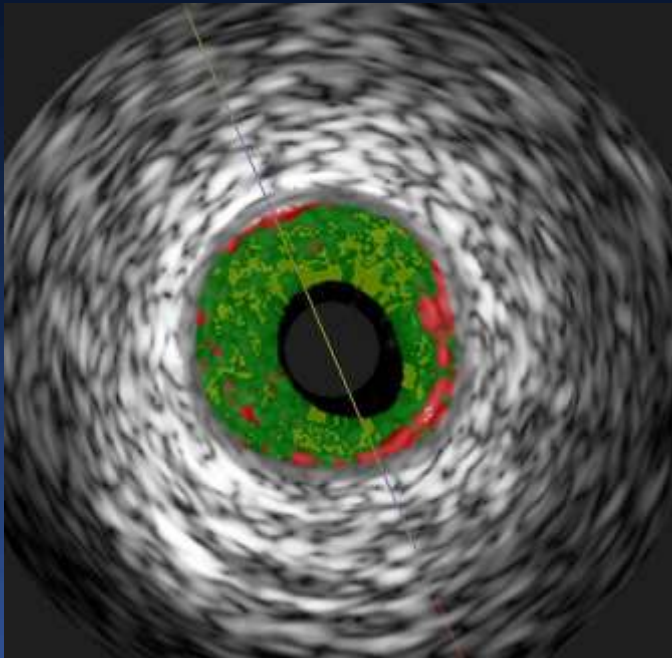
Proximal LAD

MLA : 2.11 mm²

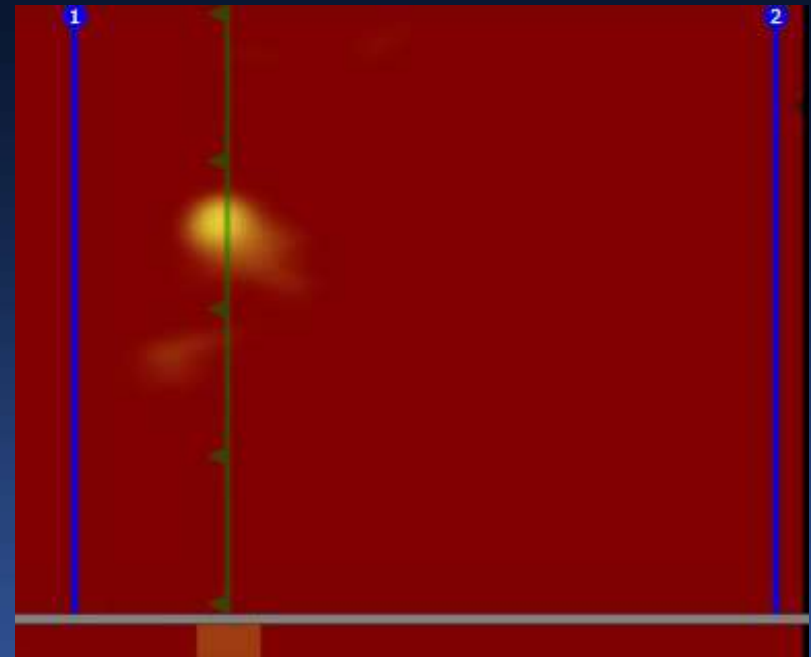
Plaque burden 77.3%



VH-IVUS & NIRS



Necrotic Core 15%



$\max \text{LCBI}_{4\text{mm}} = 93$

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4. TCFA defined by OCT or VH-IVUS

BVS+OMT
N=800

R

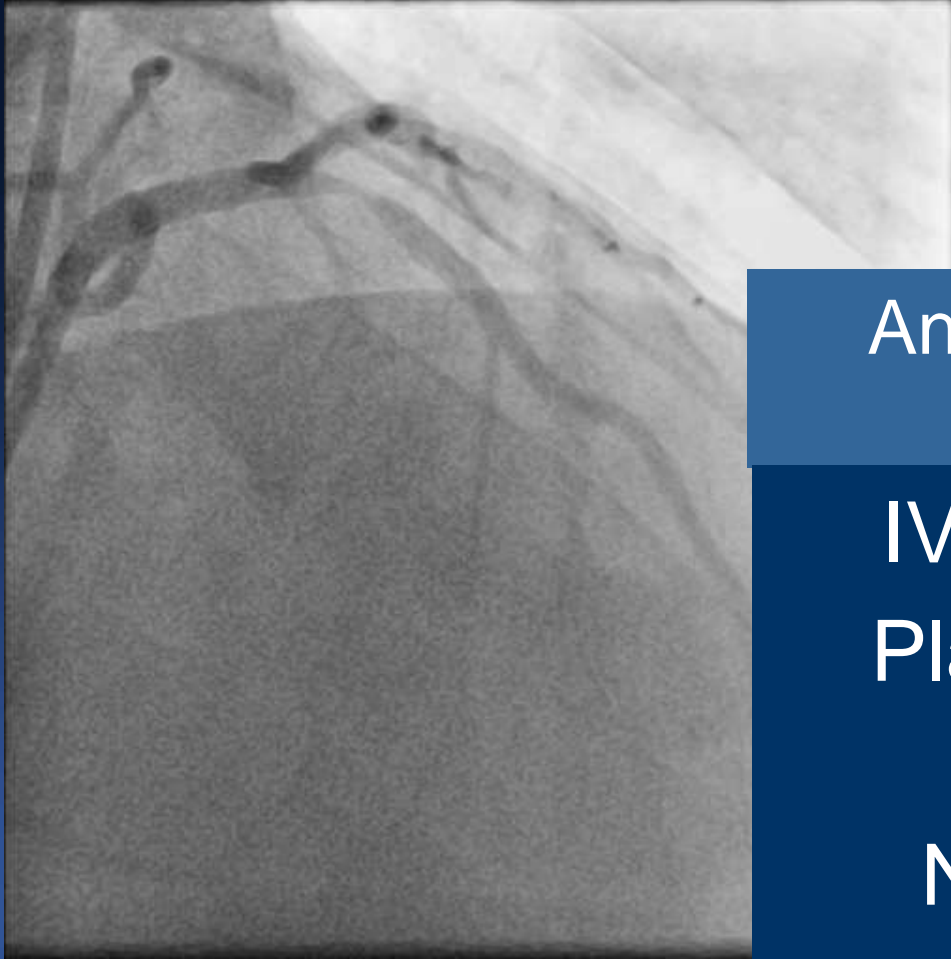
OMT
N=800

Primary endpoint at 2 years:
CV death, MI, Hospitalization d/t unstable angina

TCFA

- OCT definition: fibrous cap thickness $< 65\ \mu\text{m}$ and arc $> 90^\circ$
- VH-IVUS definition: $\geq 10\%$ confluent NC with $> 30^\circ$ abutting to the lumen in 3 consecutive slices

BVS for this patient!



Angiographic DS : 80%
FFR : 0.83

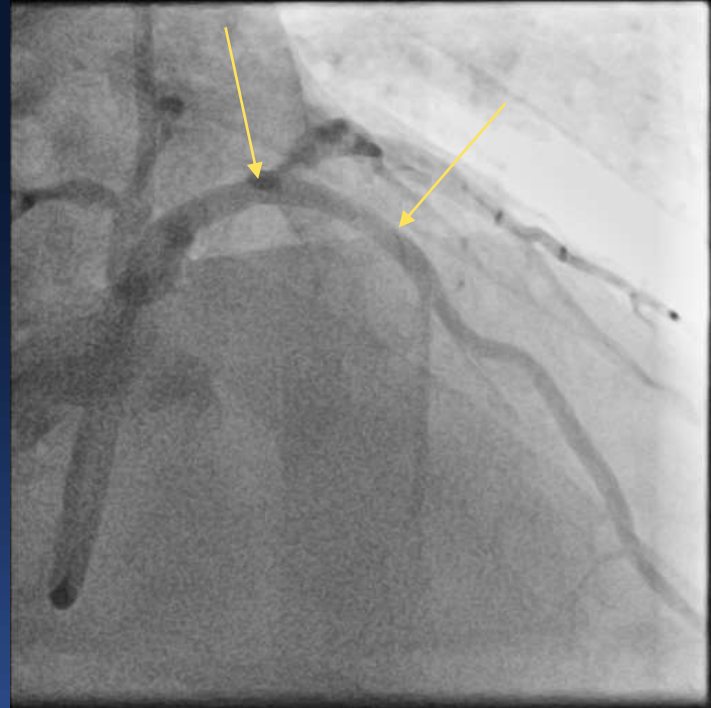
IVUS MLA : 2.11 mm²

Plaque burden : 77%

max LCBI_{4mm} : 93

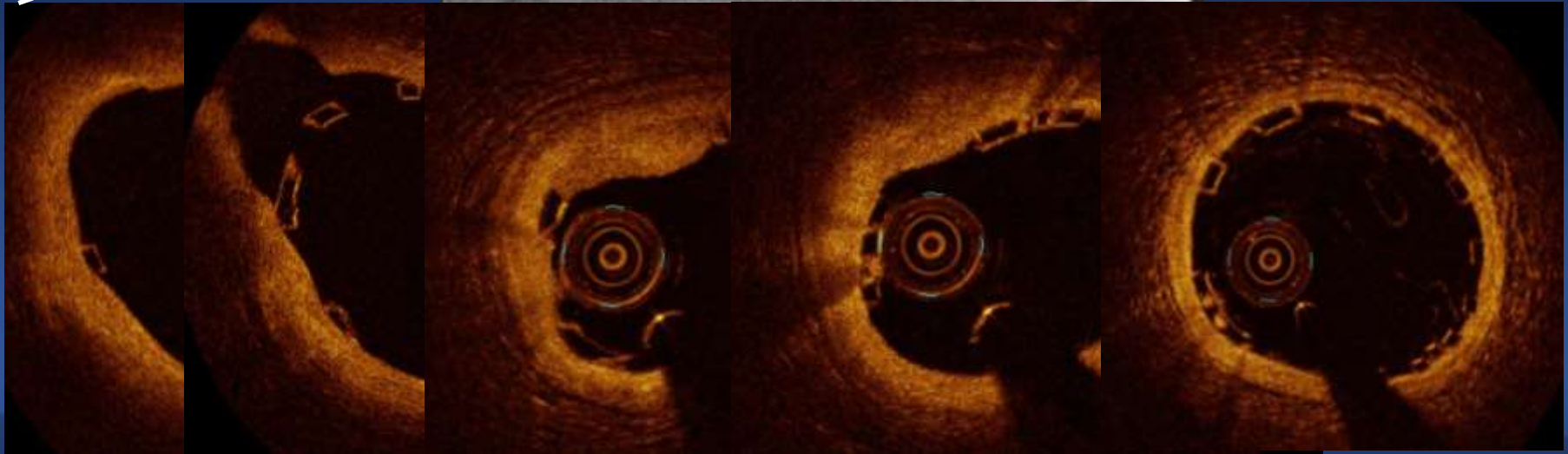
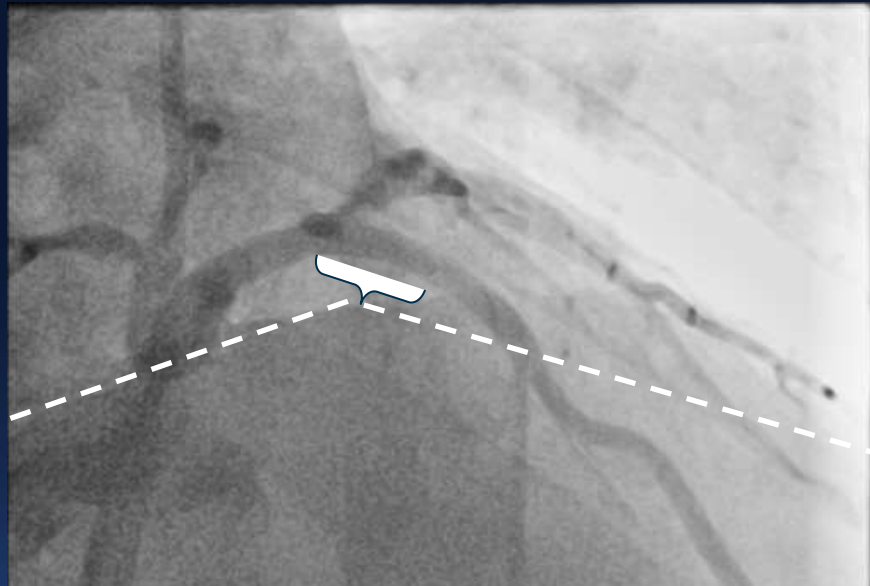
Necrotic core : 15%

PCI



Absorb (BVS)
3.5 mm x 18 mm

Post PCI - OCT



PREVENT Trial, *8 Countries, 33 Centers*

Principal Investigators

Seung-Jung Park, MD, PhD.
Korea

Co-Principal Investigator

Gregg Stone, MD, PhD.
USA

Active Participants

Korea, Japan, Taiwan,
Hong-Kong, New Zealand,
Australia, Italy and USA



Thank You !!

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