A Modified Jailed Inflated Balloon Technique Prevents Side Branch Compromise in Coronary Bifurcation Lesions

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The authors have no financial conflicts of interest to disclose concerning the presentation.





- Coronary bifurcations remain challenging due to the high rate of side branch occlusion.
- Although a provisional stenting approach has been widely accepted, a jailed wire technique does not necessarily ensure side branch patency.
- Once a side branch is occluded, it would lead to serious complications.





Background

 A jailed balloon technique (JBT) was first reported in 2010 and has been used for some bifurcation lesions to reduce side branch occlusion.





Burzotta F et al, EuroIntervention 2010, Qu et al., BMC Cardiovasc Disord. 2019, modified





- POT or KBT is a prerequisite for the conventional JBT.
- They are useful ways of finishing up the JBT, but they need several steps and procedures during PCI.







 We modified a jailed balloon technique and developed a new method to prevent side branch compromise and to simplify an overall procedure in the treatment of coronary bifurcation lesions.





Case presentation

- 77-year-old male, Chief complaint; chest pain
- Present history; recurrent exertional angina
- Previous history;

PCI for LCX (Ultimaster Tansei 2.25/38 mm, $90 \rightarrow 0\%$) catheter ablation for PAF

- Past smoking; +, HTN; +, DM; -, DL; +
- L/D; Cre 0.88 mg/dl, eGFR 64 ml/min/1.73m2, LDL 76 mg/dl
- ECG: sinus rhythm, no ST-T change, CXp: CTR 46%, UCG; EF=63%





CAG LAD proximal 75%, distal 90%



We diagnosed effort angina pectoris, CCS II

CAG; Seg3 50%, Seg6 75%, Seg7 90%, Seg11 90%

<u>Target lesion of present PCI</u>
<u>Seg6 75% with complex bifurcation</u>, Medina (1, 0, 1)
<u>Seg7 90%</u>





PCI Procedure

- Rt. Radial artery approach
- G/C: 6-Fr Heartrail BL 3.5
- G/W: LAD, Runthrough NS Ultra Floppy





Pre-PCI OCT;

a true bifurcation lesion including calcification





Pre-dilatation with ScoreFlex 2.5/10 mm



A modified jailed inflated balloon technique through SION blue into the D1





We implanted the DES while inflating the jailed balloon

JB remaining inflated

stenting





After removing the jailed balloon, we inflated the stent balloon again







Post-PCI OCT after stent implantation



The reasonable stent apposition following a modified jailed inflated balloon technique



Discussion

- A conventional jailed balloon technique has been designed as optimal treatment of bifurcation lesions to reduce side branch loss.
- There have been a lot of modified procedures ever proposed, but most of them postulate the re-cross of a guide wire into side branch through stent struts or tolerate the stent proximal deformity in main vessel.





Description of a modified jailed inflated balloon technique



Qu et al., BMC Cardiovasc Disord. 2019, modified

Discussion Points

Secure side branch patency

The stent implantation while inflating the jailed balloon prevents the plaque or carina shift into the side branch.

Simplifies a PCI procedure

 The full expansion using stent balloon after removing the jailed balloon does not require additional POT or KBT without causing stent deformity.





Conclusion/Take-home Message

 In conclusion, the proposed method is an applicable and therapeutic tool for side branch protection in coronary bifurcation lesions while minimizing a risk of stent deformity.



