

# Contemporary ADR; The Evolution of Devices and Techniques

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# Overview

- Disclaimer
- Basics of ADR
- Cases

# AWE

- KNOW WHAT YOU CAN WIRE
- ADR NOT A SUBSTITUTE FOR GOOD WIRING SKILLS
- KNOW WHEN TO SWITCH STRATEGIES

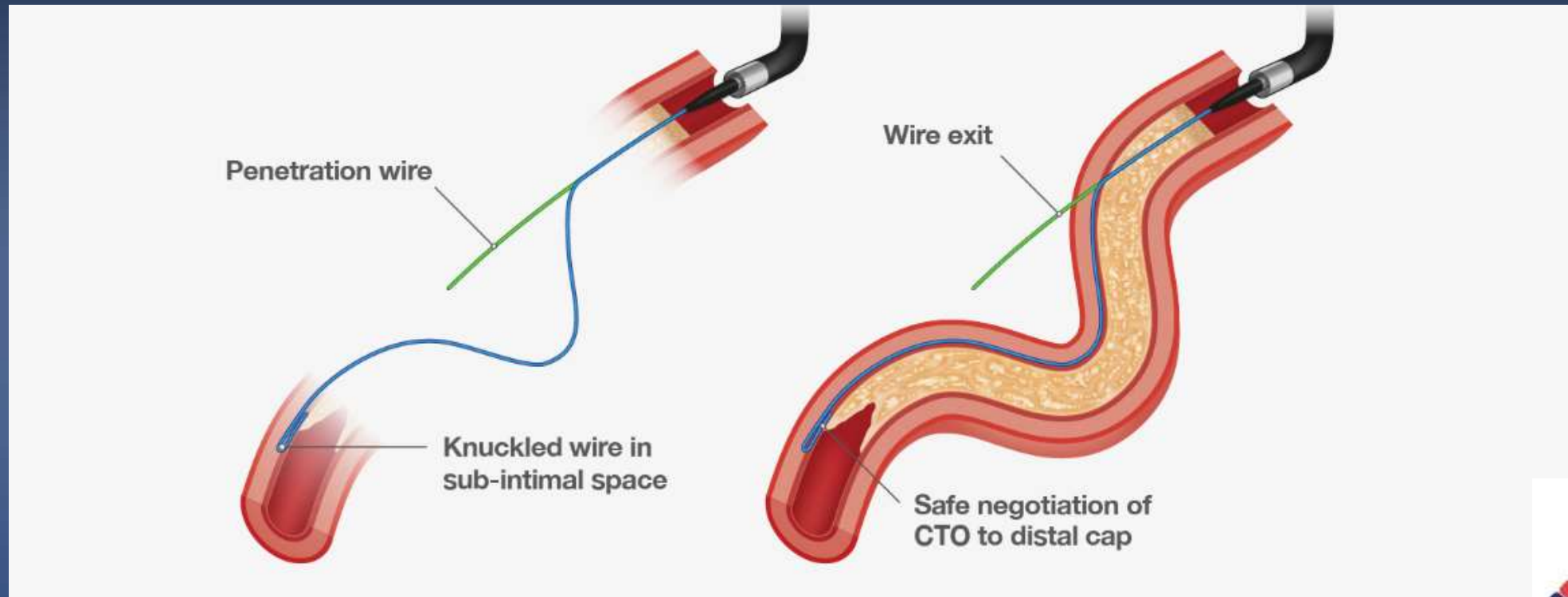
**Parallel wiring is important!**

# Why is ADR part of the algorithm?

- ❖ Long lesions cannot be consistently wired true to true
  - ❖ Even by experts and contemporary wires
- ❖ Some no viable retrograde options

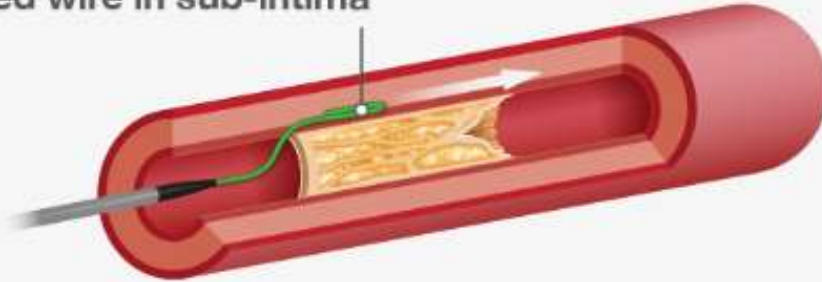
# CTO Lesion assessment

Long lesion = dissection



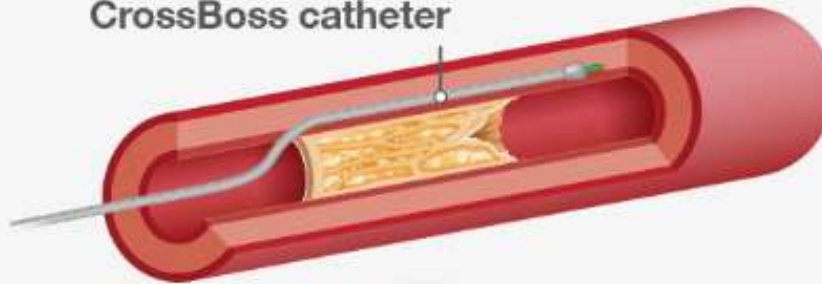
# ADR principles – refresher

Knuckled wire in sub-intima

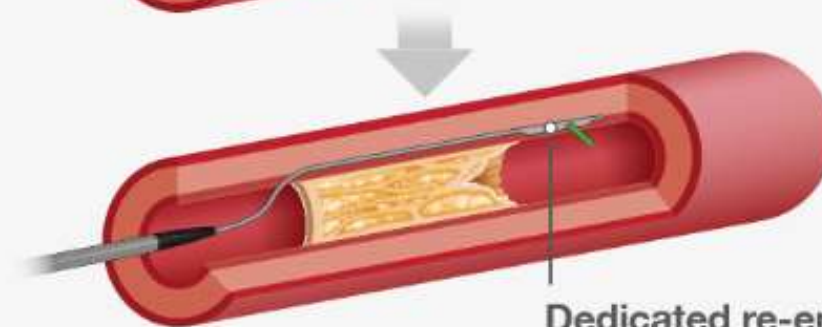


Deliberate access into the sub-intimal space with a knuckled wire which is then advanced just proximal to the distal cap

CrossBoss catheter



CrossBoss advanced beyond the distal cap to the landing zone



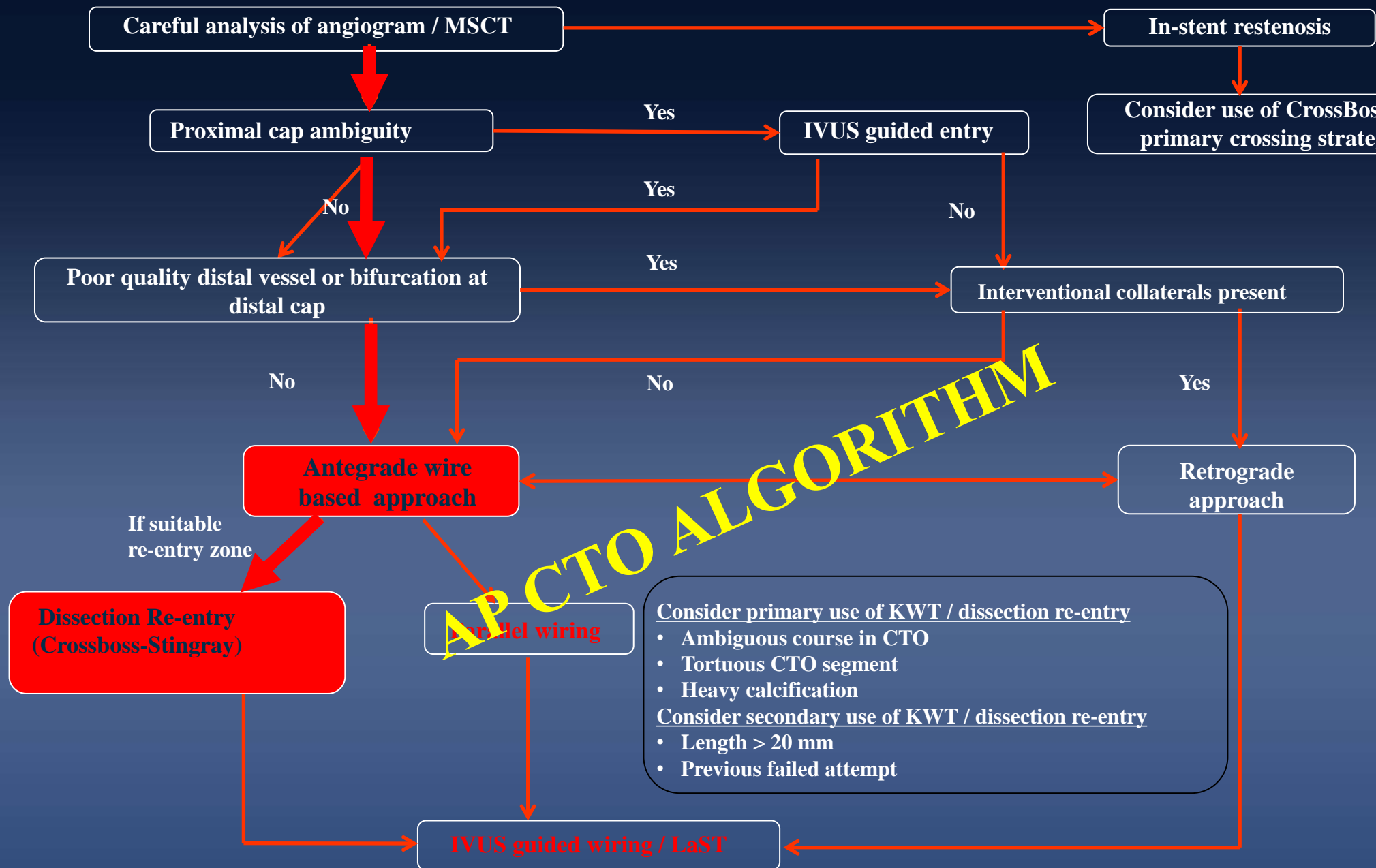
A dedicated re-entry system is used to access the true lumen

Dedicated re-entry system

# Initial antegrade strategy







**AP CTO ALGORITHM**

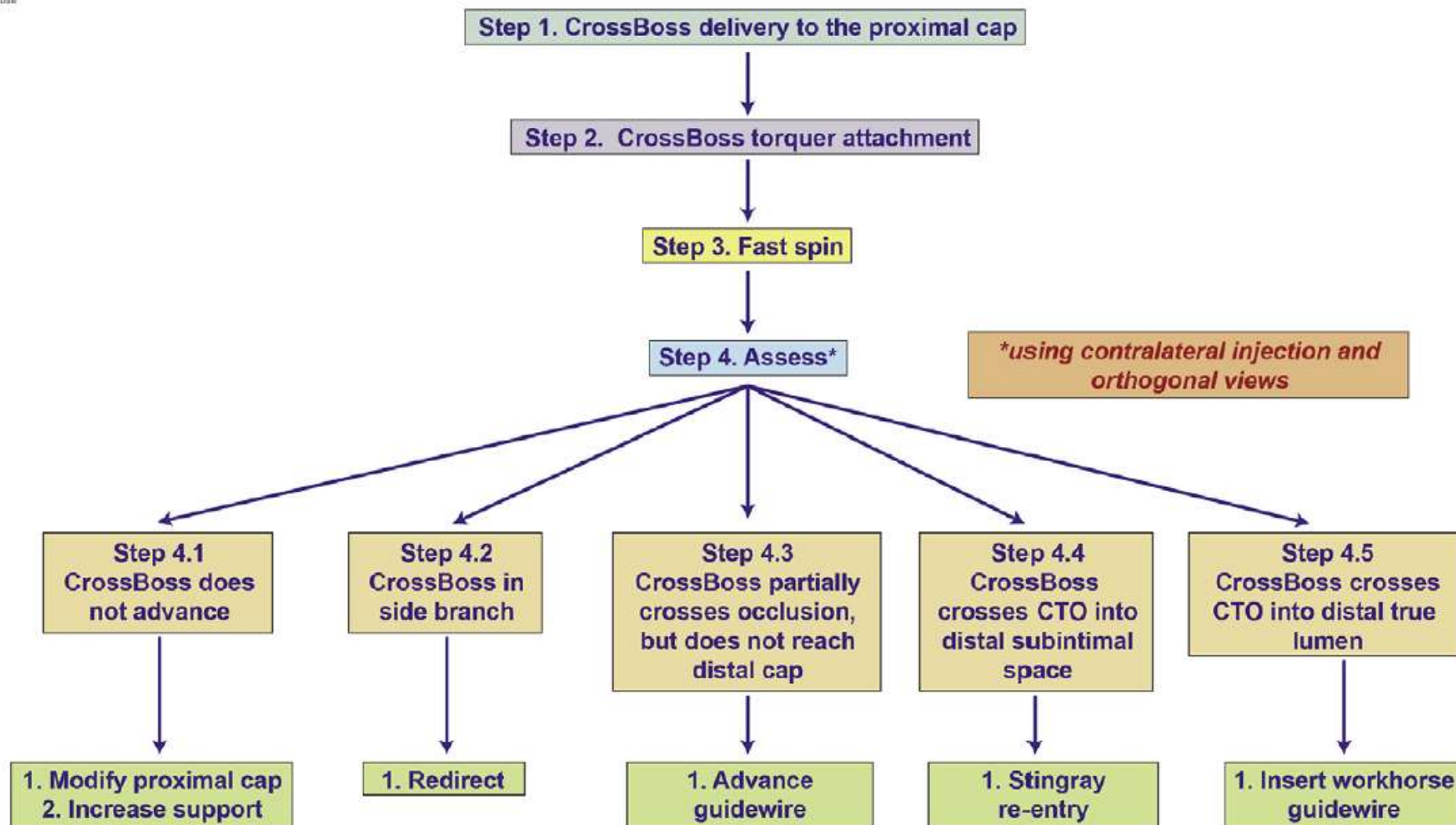
Consider primary use of KWT / dissection re-entry

- Ambiguous course in CTO
- Tortuous CTO segment
- Heavy calcification

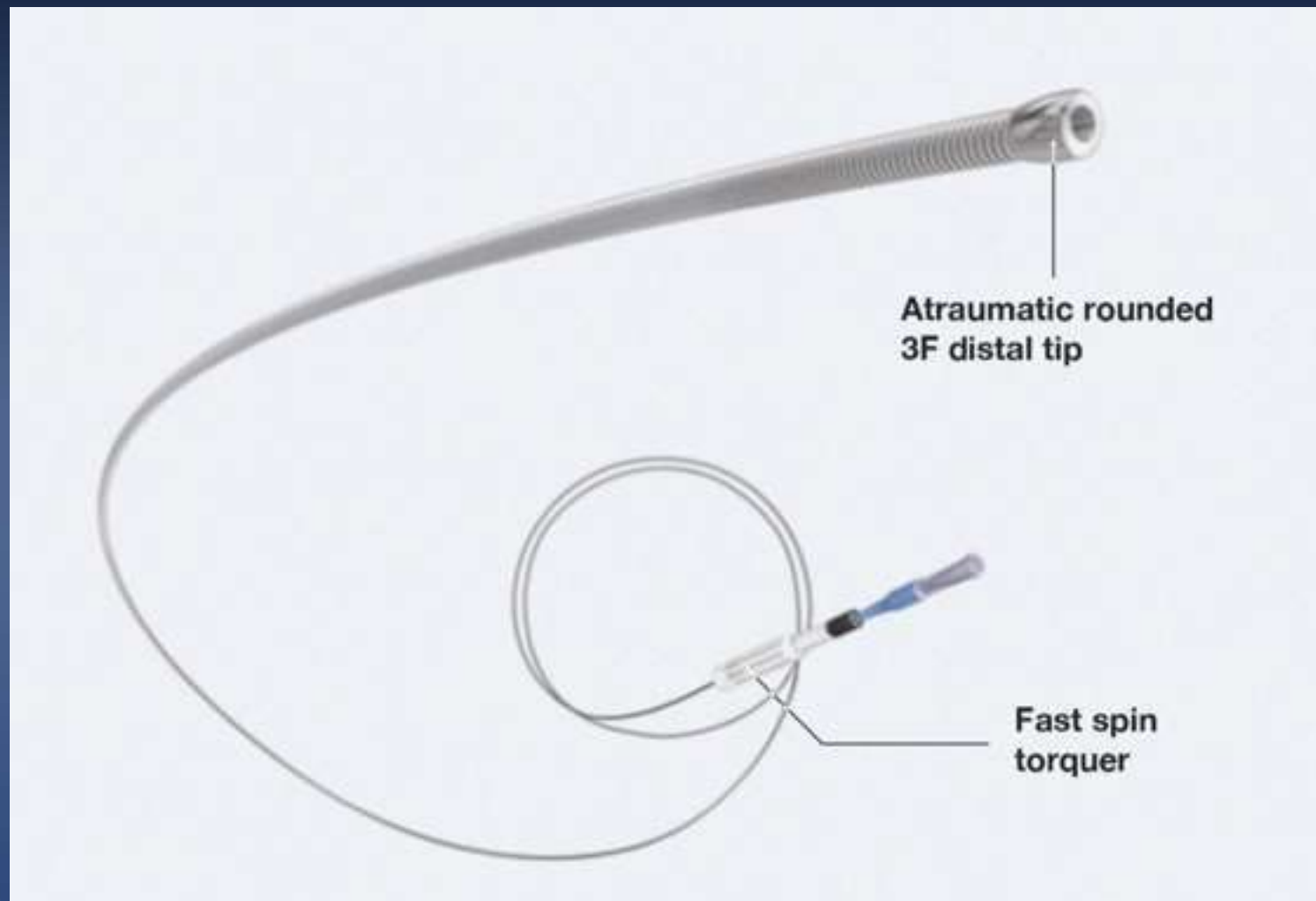
Consider secondary use of KWT / dissection re-entry

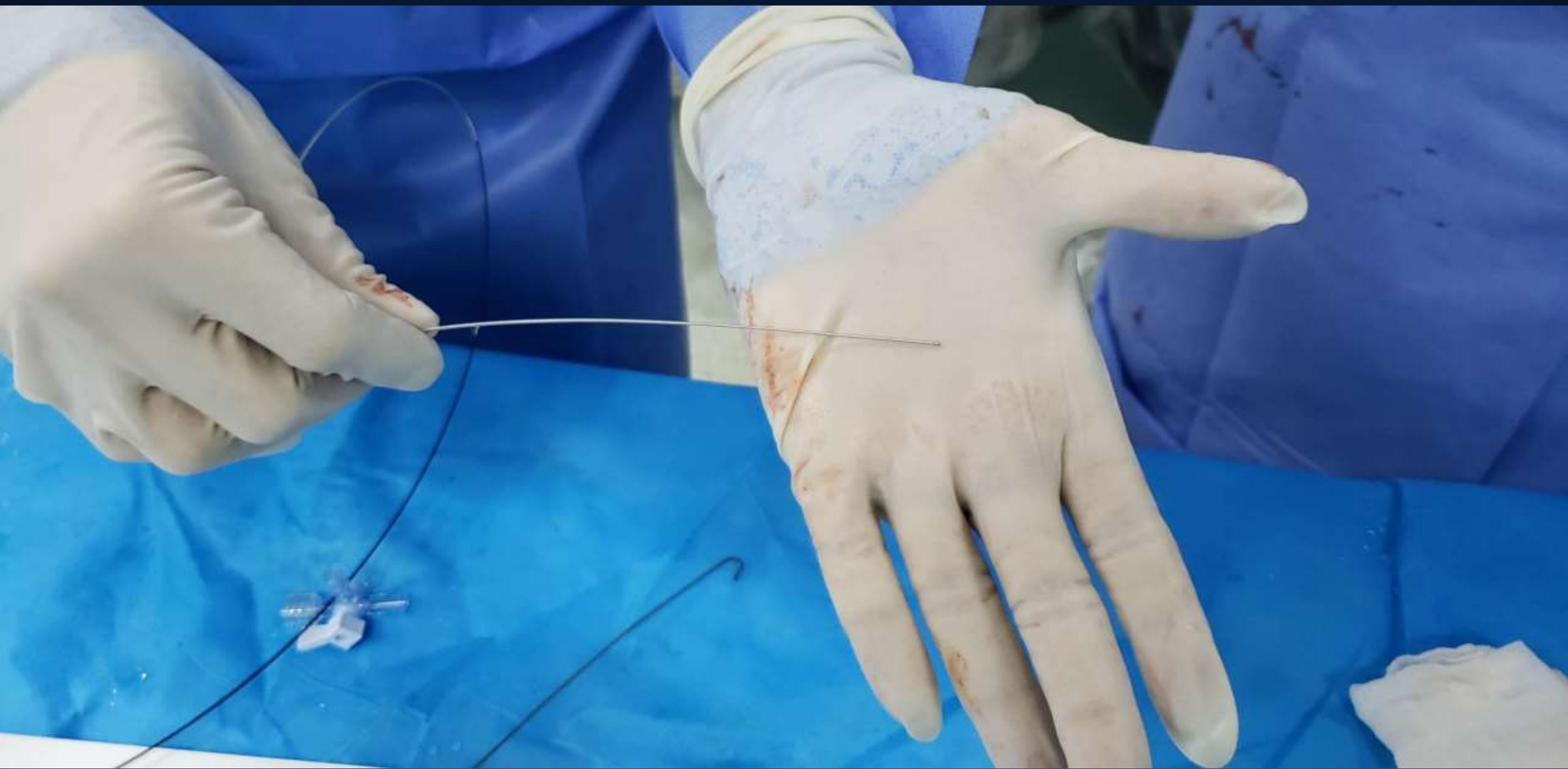
- Length > 20 mm
- Previous failed attempt

# ADR with CrossBoss

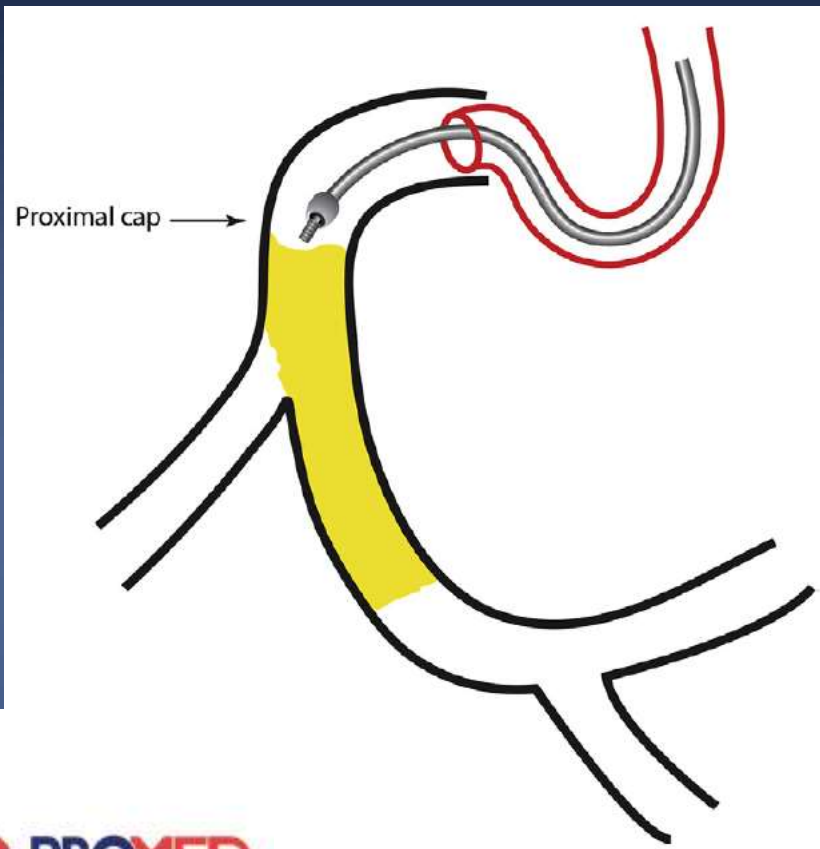


# CrossBoss





# 1. Proximal cap



# 2. Torquer attachment



### 3. Fast spin

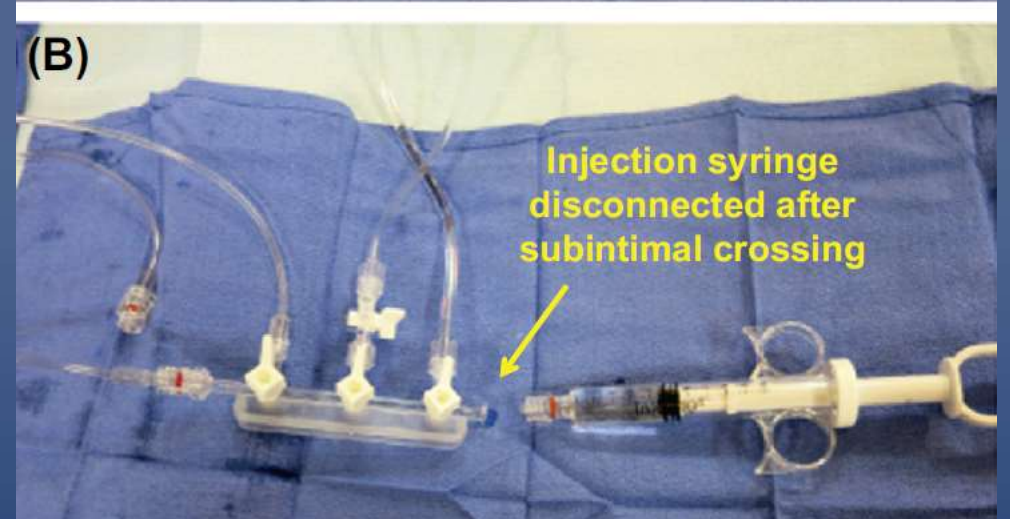
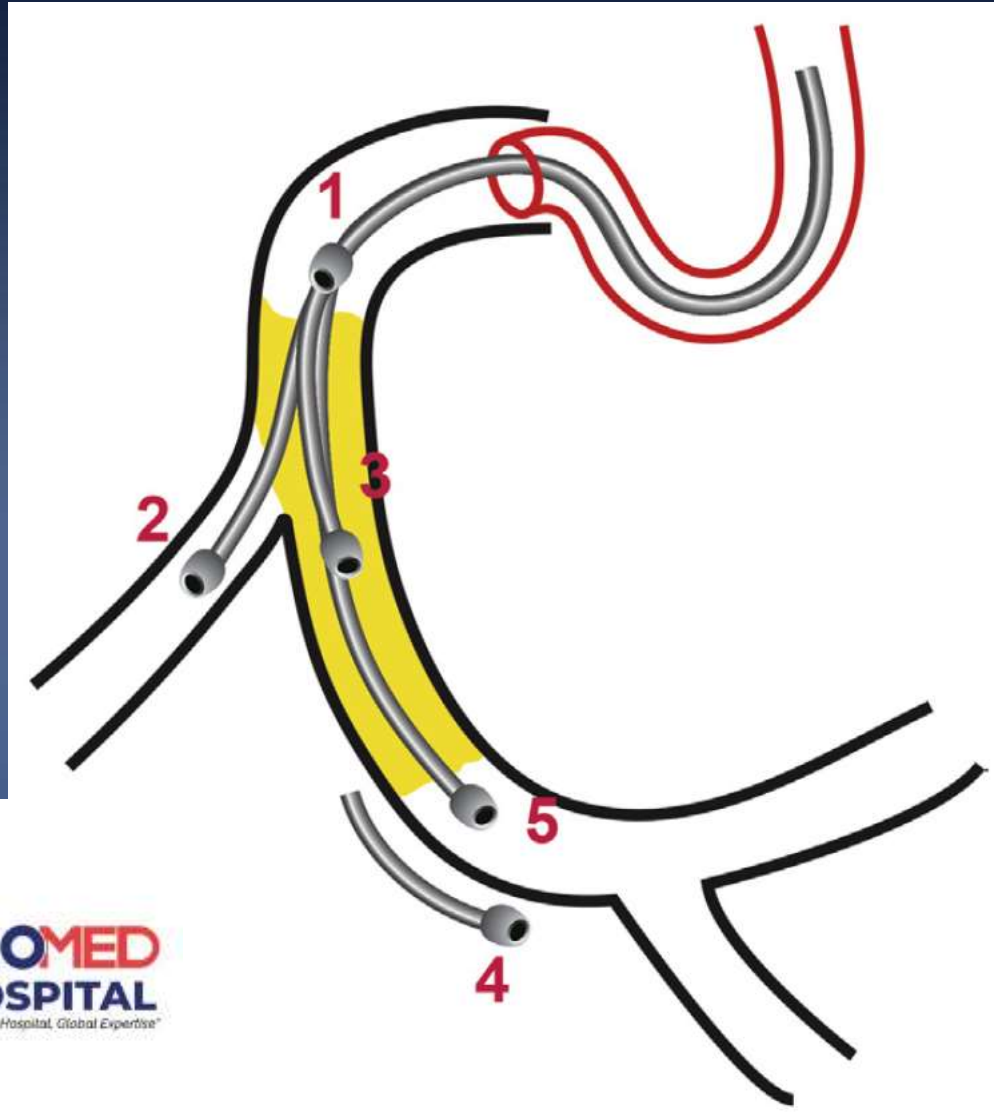


# Blunt versus Tapered Cap

- CrossBoss only works to cross proximal cap if cap is tapered
- Often times, with a blunt cap, penetrate with a Penetration wire and a microcatheter, and then switch penetration wire to knuckle wire
- Advance knuckle, and then switch microcatheter to CrossBoss after trapping to finish with CrossBoss

## 4. Assess

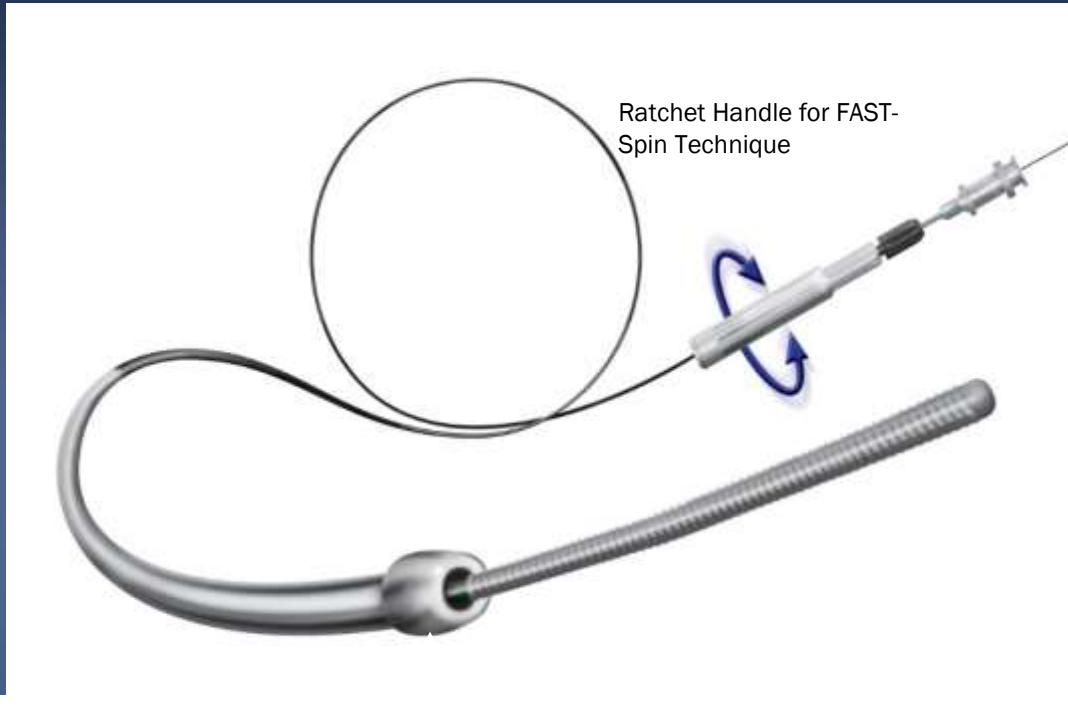
## Disconnect syringe





# Dissection

## CrossBoss



Atraumatic 1 mm Distal Tip

## Knuckle wire



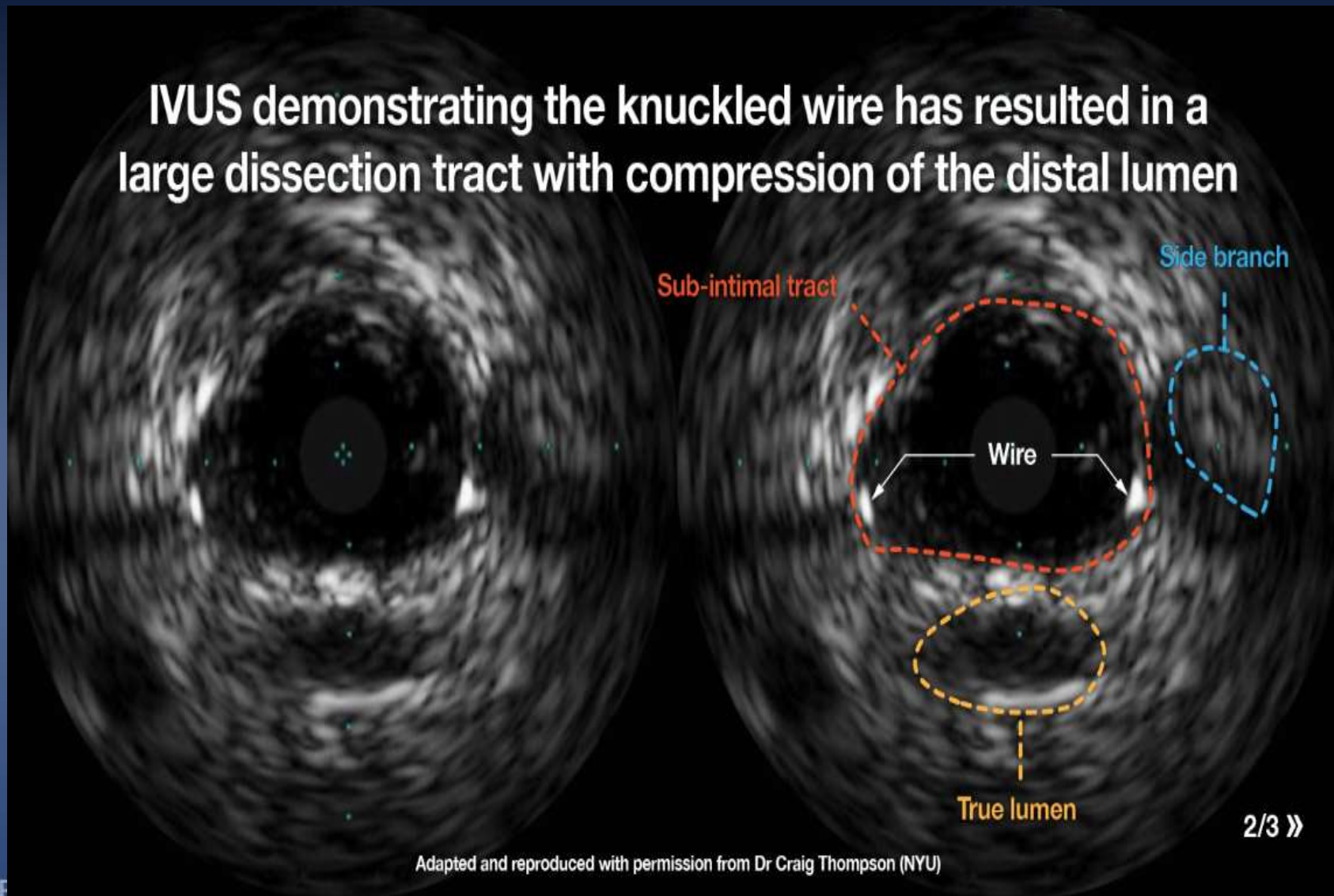
Polymer-jacketed guidewire

# ADR with Knuckle

- Finish with CrossBoss if knuckled wire

# Dissection with knuckle

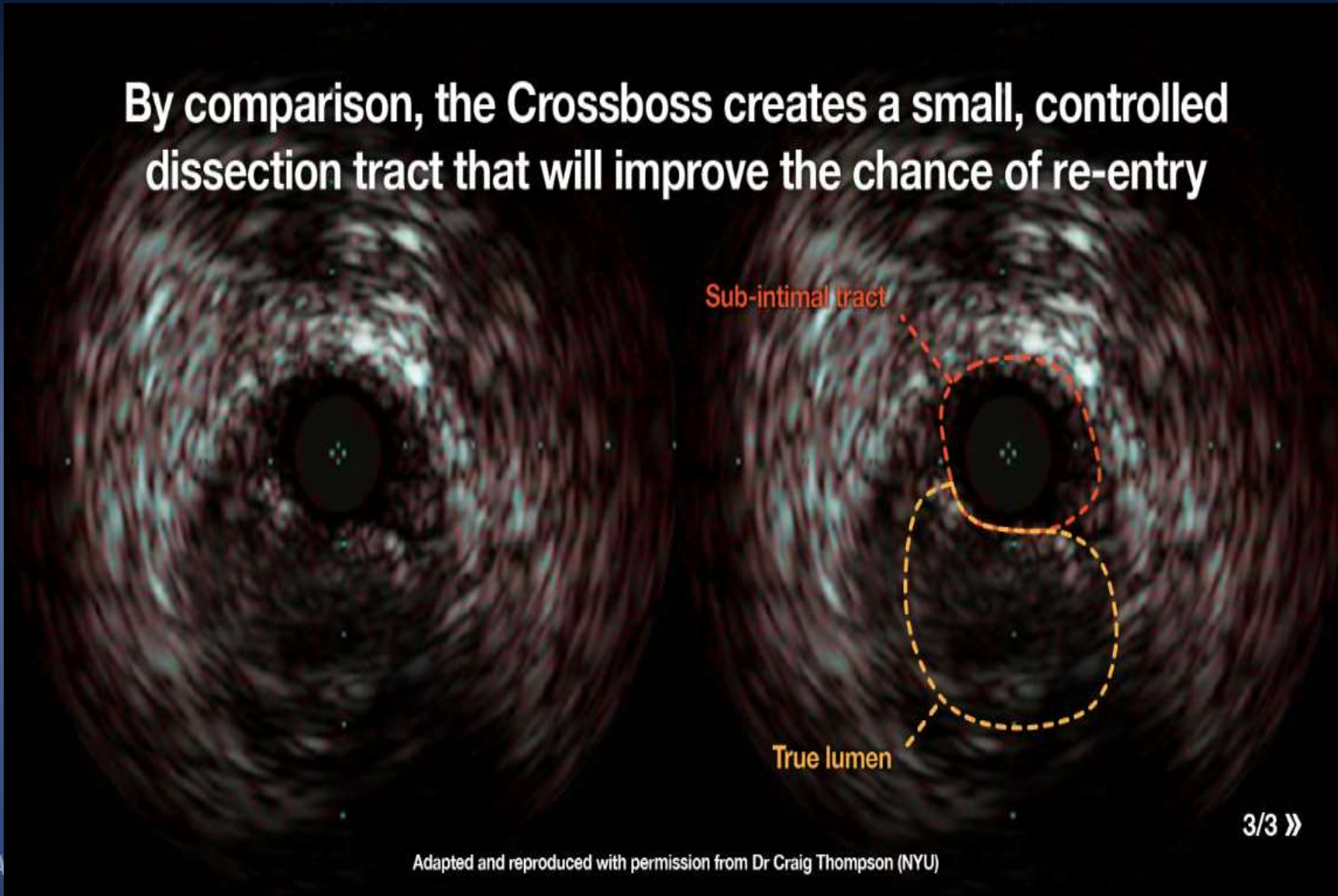
IVUS demonstrating the knuckled wire has resulted in a large dissection tract with compression of the distal lumen



Adapted and reproduced with permission from Dr Craig Thompson (NYU)

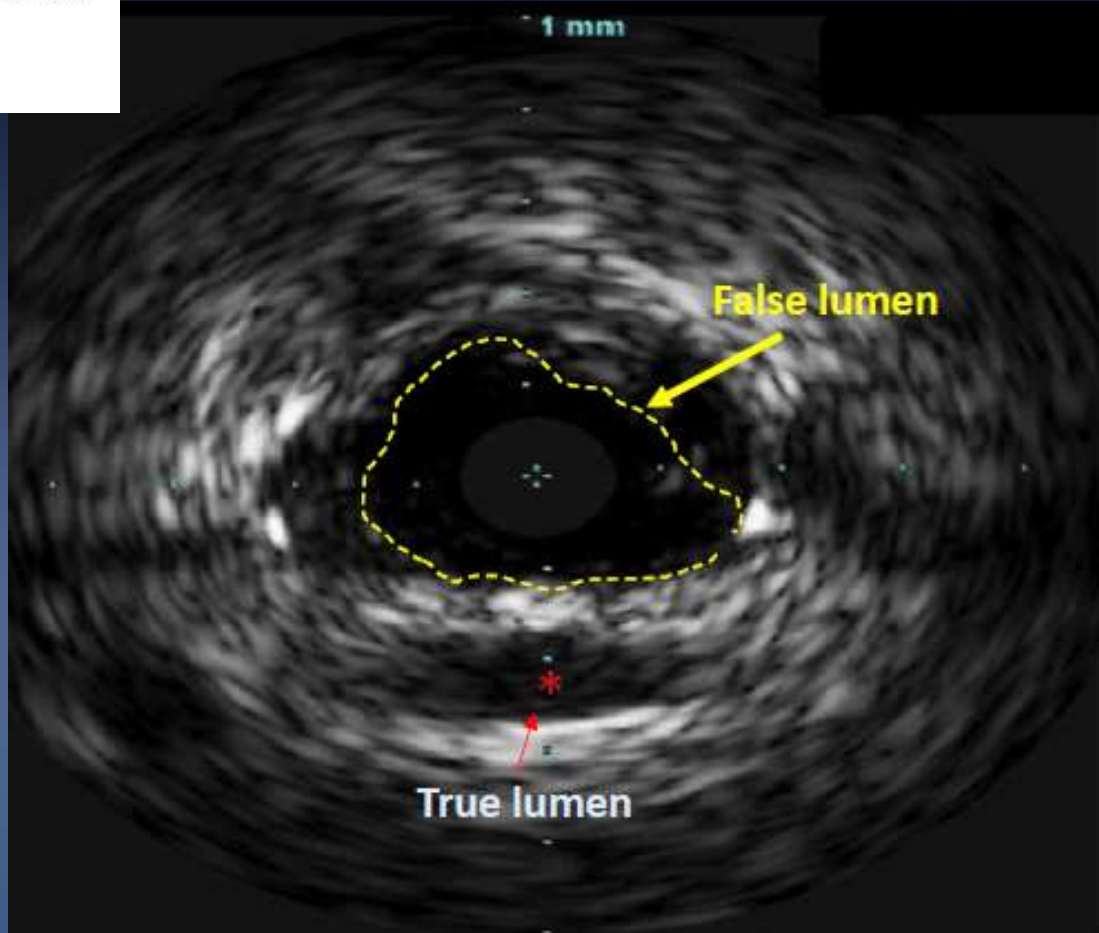
# Dissection with CrossBoss

By comparison, the Crossboss creates a small, controlled dissection tract that will improve the chance of re-entry

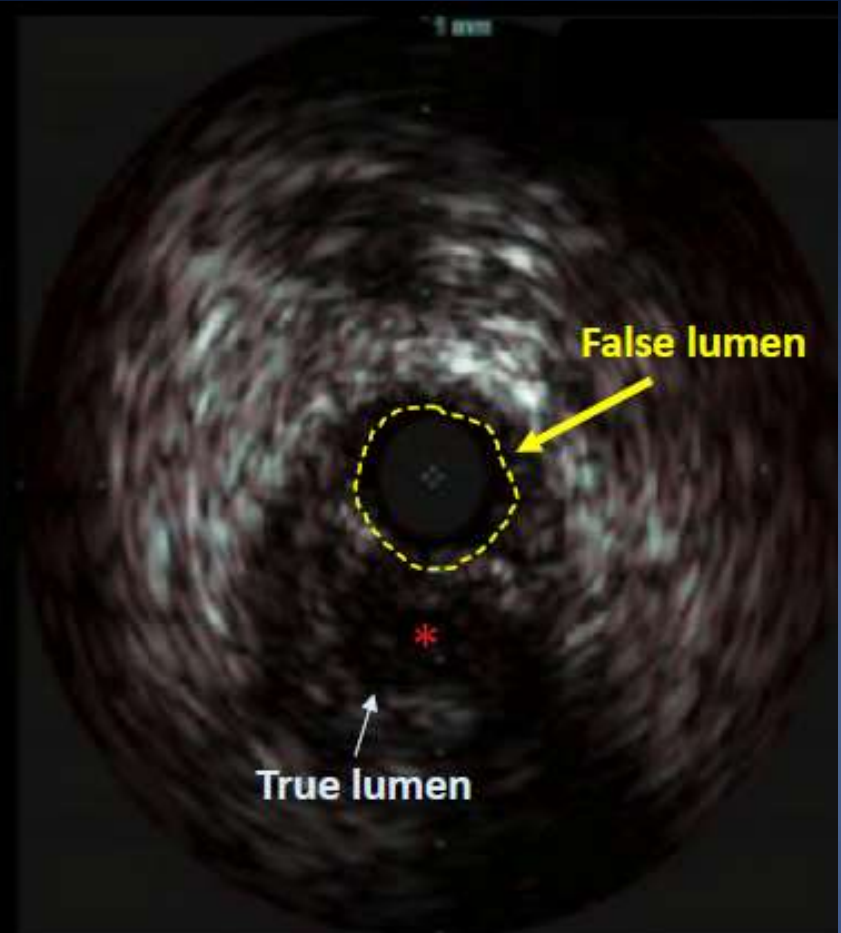


3/3 »

# CrossBoss vs knuckle



Knuckle wire



Cross boss

10392  
\* 10/13/1972  
10/13/2017  
3:49:00 PM  
14 - 1/25

Geetanjali Medical College /1E0F34/...  
DR. R. PATEL/DR. CP/DR. HS  
AXIOM-Artis  
VC21C 161026  
HFS  
/com/////

# Advancing crossboss

R

FL Card  
cm 25  
A  
D 40  
LAO 42° / CRAN 1°

70.0 kV FL  
207.1 mA 7.5 f/s

**A**  
Coro 2020  
LD Coro 2020  
FL Card

Σ 012.8 min  
485 mGy  
3944.37  $\mu\text{Gym}^2$

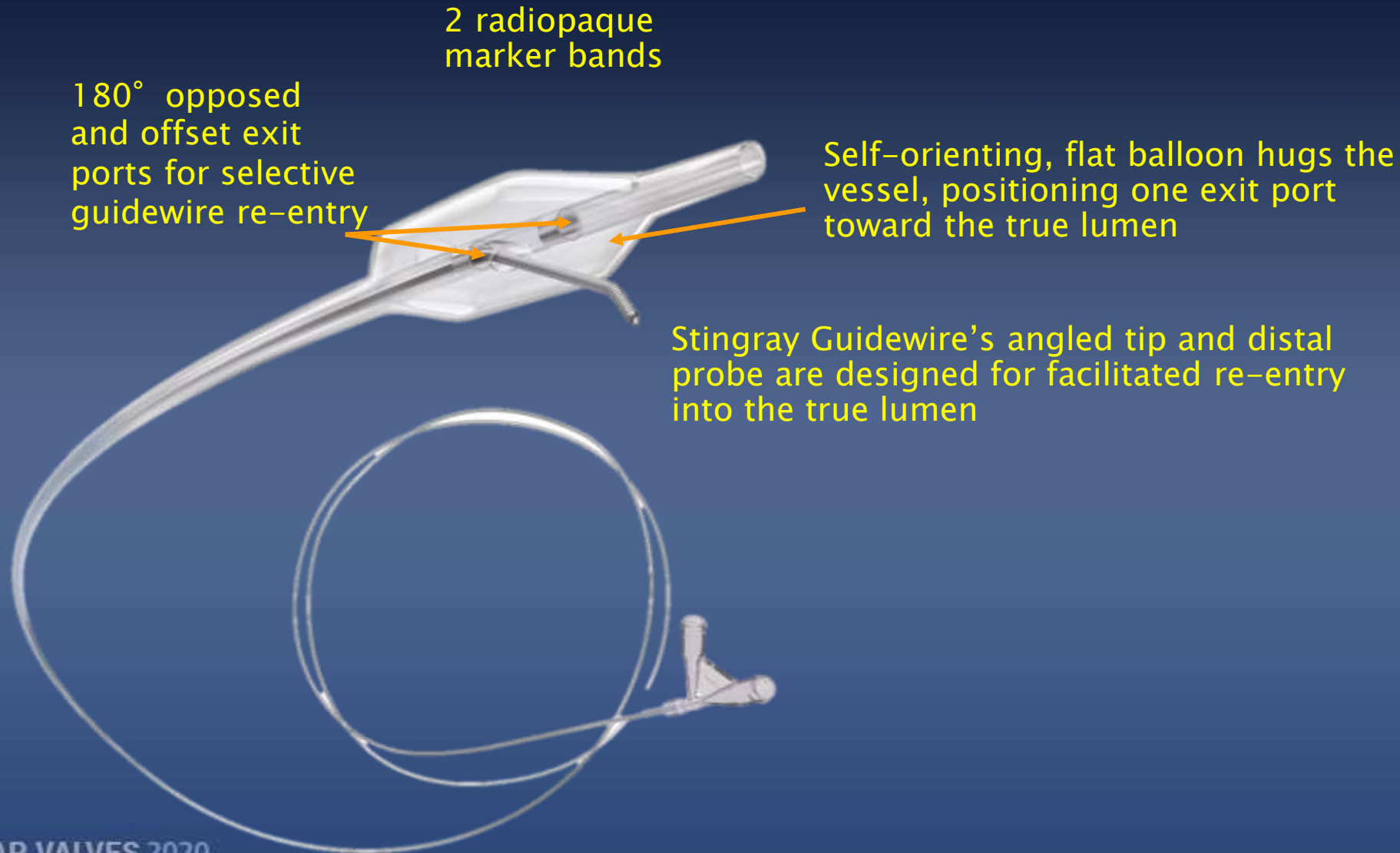
10%

00:00



# Stingray<sup>®</sup> Coronary CTO Re-Entry System

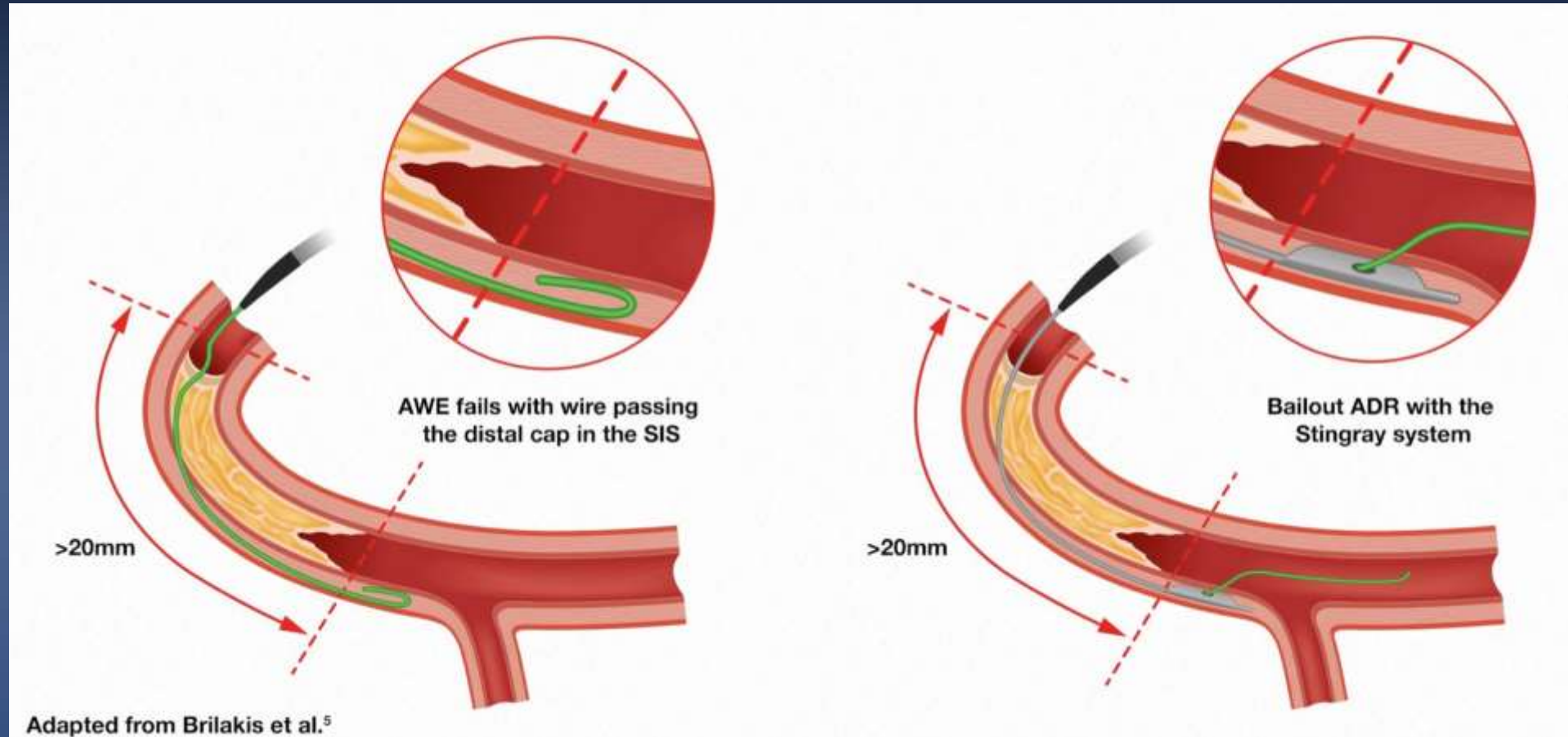
*Target and re-enter the true lumen from a subintimal position in coronary arteries*







# Targeted re-entry



10392  
\* 10/13/1972  
10/13/2017  
3:56:08 PM



70.0 kV FL  
176.6 mA 7.5 p/s

**A**

Coro 2020  
LD Coro 2020  
FL Card

Σ 014.1 min  
516 mGy  
27 mGy/min

8%

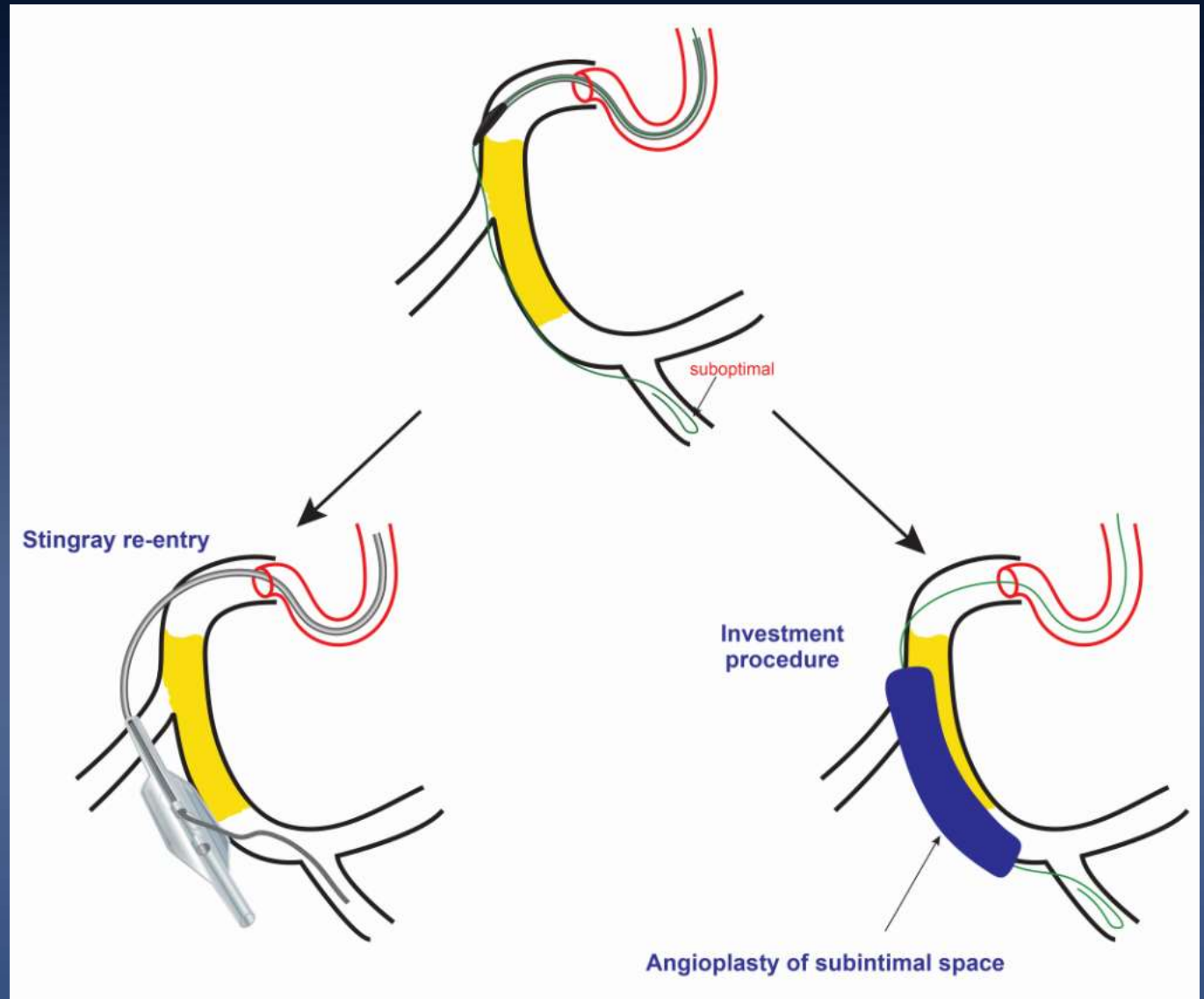
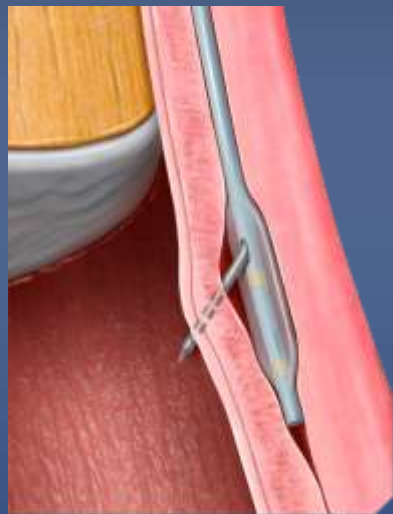
00:00

Advance Stingray balloon

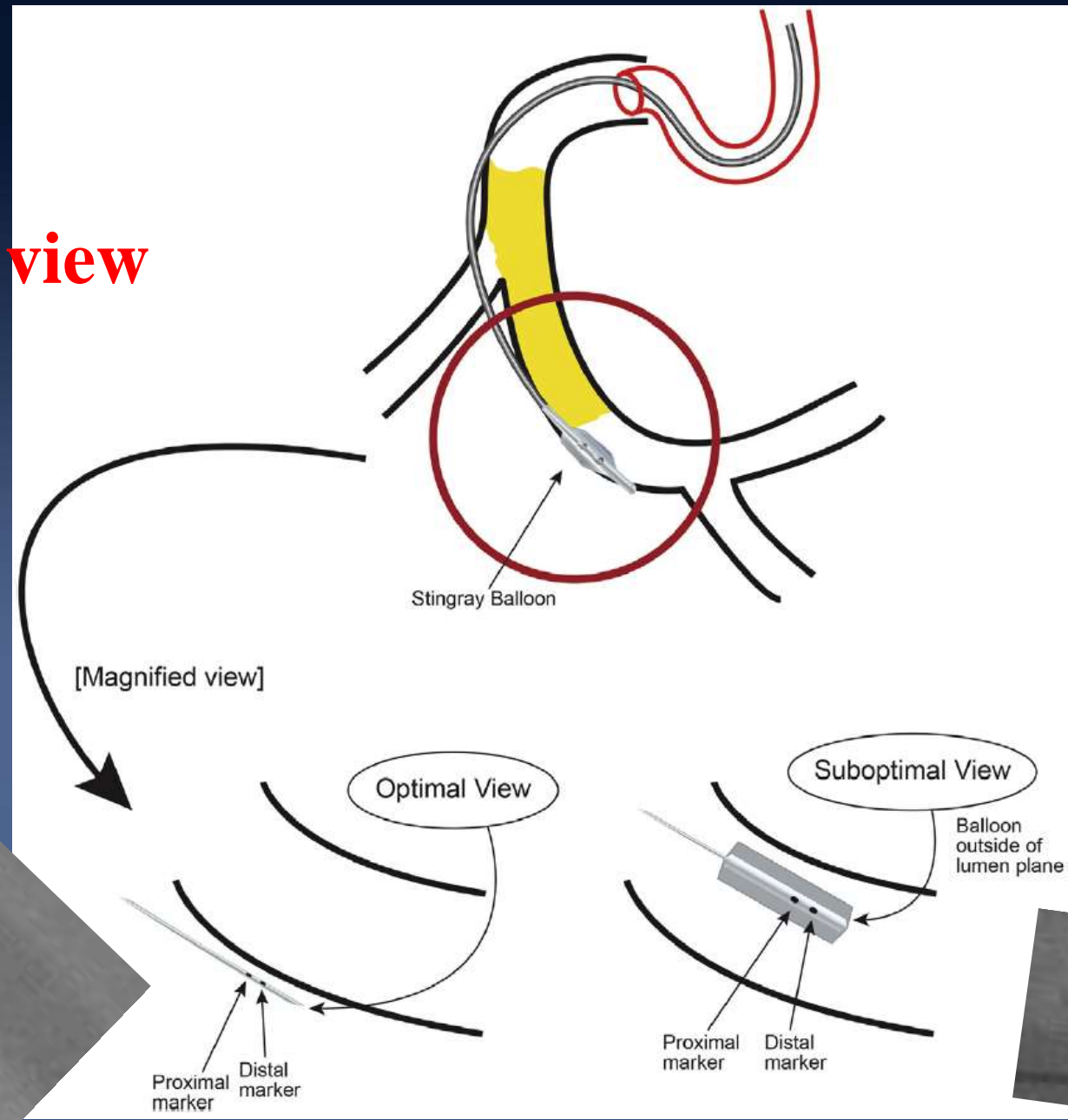
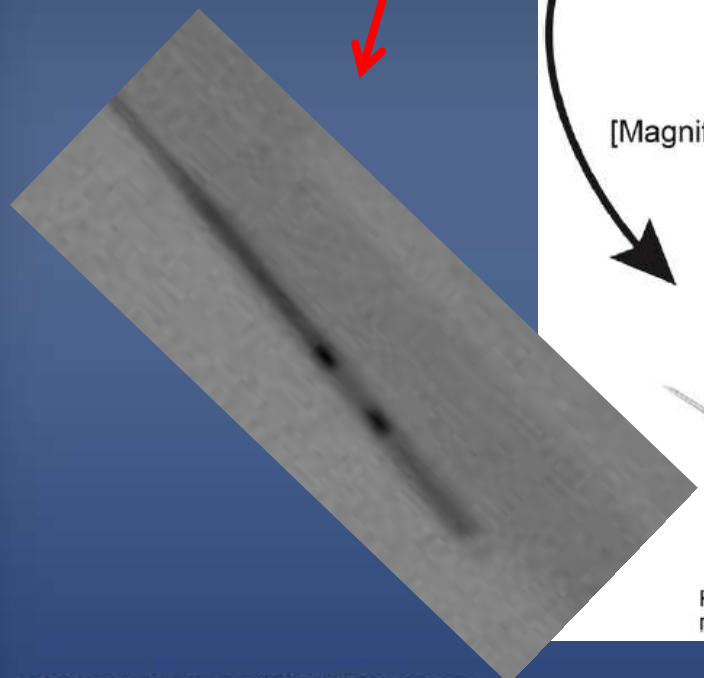
cm 20  
LAO 42° / CRAN 1°



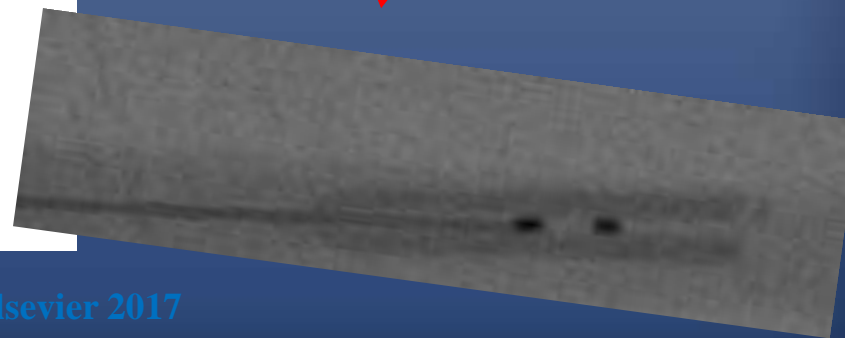
# 4. Assess



**Optimal view**



**Railroad tracks**



10392  
\* 10/13/1972  
10/13/2017  
4:00:16 PM



70.0 kV FL  
213.8 mA 7.5 p/s

**A**

- Coro 2020
- LD Coro 2020
- FL Card

Σ 014.9 min  
571 mGy  
33 mGy/min

7%

00:00

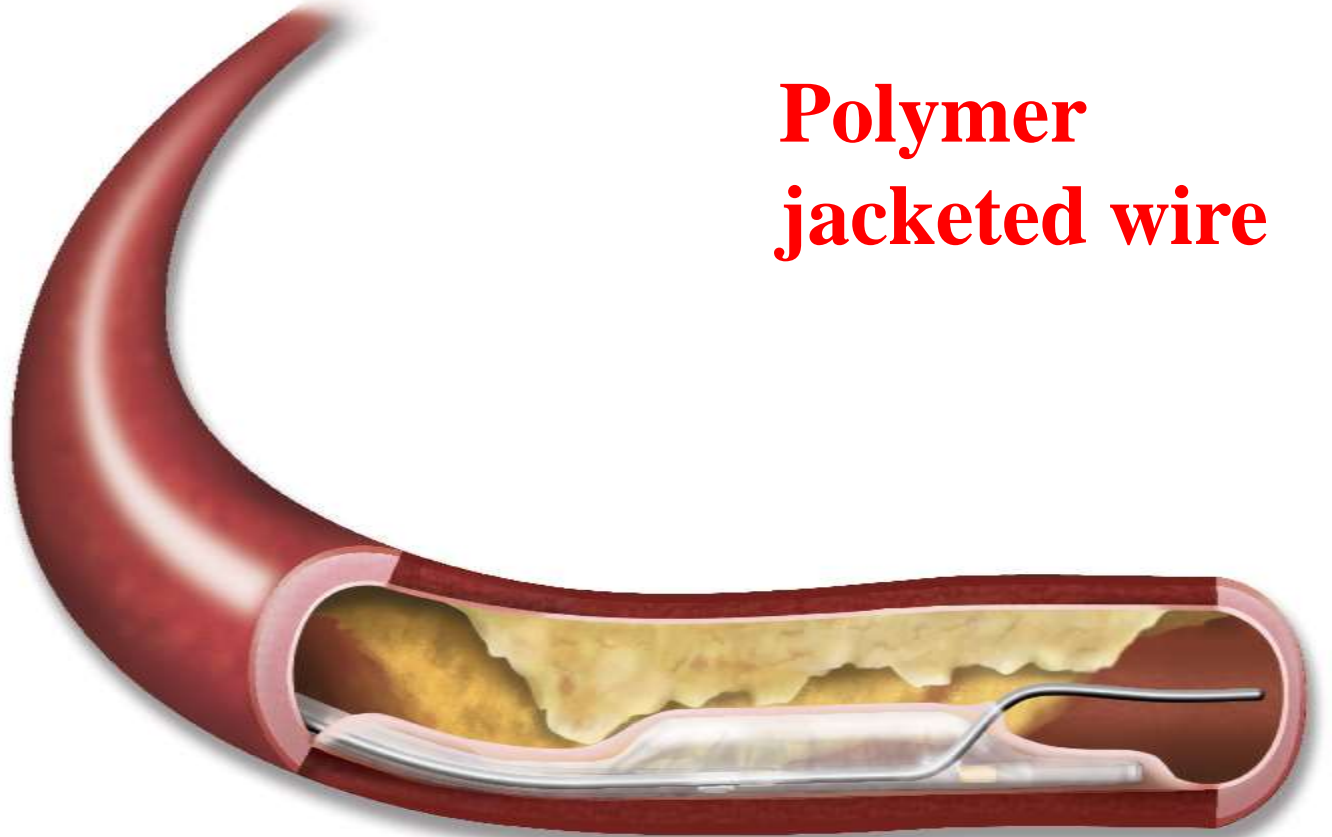
Stick

cm 20  
LAO 36° / CRAN 1°





# Stick and swap



**Polymer jacketed wire**

If wire cannot track into distal vessel

**Polymer-jacketed wire tracks distal vessel**

Swap for Pilot 200





# Contemporary approach to ADR

	Classic ADR 2011	Contemporary ADR 2018
Set up	8Fr Femoral with supportive guides AL0.75/EBU 3.5	Compatible with radial access 7Fr with 7F Trapliner or 6Fr without guide extension
Initial Microcatheter	CrossBoss	Start with wire and microcatheter Finish with CrossBoss to limit dissection in re-entry zone
CrossBoss utilization	Almost always	Decreasing use worldwide
Re-entry catheter	Stingray	Stingray LP
Re-entry wire	Stingray wire	Stingray /Astato 20/Hornet 14/ GAIA 3 <sup>rd</sup> Next
Re-entry Technique	Stick and go	Stick and swap with Pilot 200; Stick and go with other wires
Hematoma Management	STRAW- if loss of visualization of distal vessel	Active management with Trapliner upfront and preemptive STRAW

# Contemporary approach to ADR

	Classic ADR 2011	Contemporary ADR 2018
Problem Solving	Not much experience	Algorithms within algorithms for problem solving
Wire Based ADR	Stent data unavailable	Really use as salvage and still consider stenting only after IVUS and ensuring loss of branches
Re-entry zone	Easiest area to reenter necessitating longer stents than required	Striving to minimize stent length by reentering as close to the distal cap as possible
Operators	Most in the west	Global
Lesion length	20 mm	Long Plus
	Only part of hybrid	Newer schools of thought – as an evolution from hybrid and adapted to regional sensibilities – APCTO club algorithm

# Case

2-June-2019 10:35:40

2-June-2019 10:35:40

Coronary Diagnostic Coronary Catheterization  
Coronary

RAO: 35.80 CAU: 12.50

XA

JPEGLossless:Non-hierarchical-1stOrderPrediction

Images: 1/60

Series: 1

321 mA 88.50kV

WL: 109 WW: 140

[REDACTED]  
2-June-1965 M

2-June-2019 18:38:08

Coronary Diagnostic Coronary Catheterization  
Coronary

LAO: 40.60 CAU: 28.90

XA

JPEGLossless:Non-hierarchical-1stOrderPrediction

Images: 1/48

272 mA 105.80kV

Series: 2

WL: 109 WW: 139

# Target vessel:

## Circumflex

### ASSESSMENT

Length:	> 20 mm
Distal vessel:	Possibly ok
Collaterals:	Unsure
Proximal cap:	Ambiguous

### PLAN

1. Antegrade wire escalation after IVUS entry
2. Retrograde
3. ADR

Sanjay Gandhi Post Graduate

AXIOM-Artis

2-June-1965 M

2-June-2019 10:45:43

Coronary Diagnostic Coronary Catheterization  
Coronary

# IVUS identification of proximal cap

RAO: 31.80 CAU: 14.80

XA

JPEGLossless:Non-hierarchical-1stOrderPrediction

Images: 1/46

Series: 5

303 mA 94.10kV

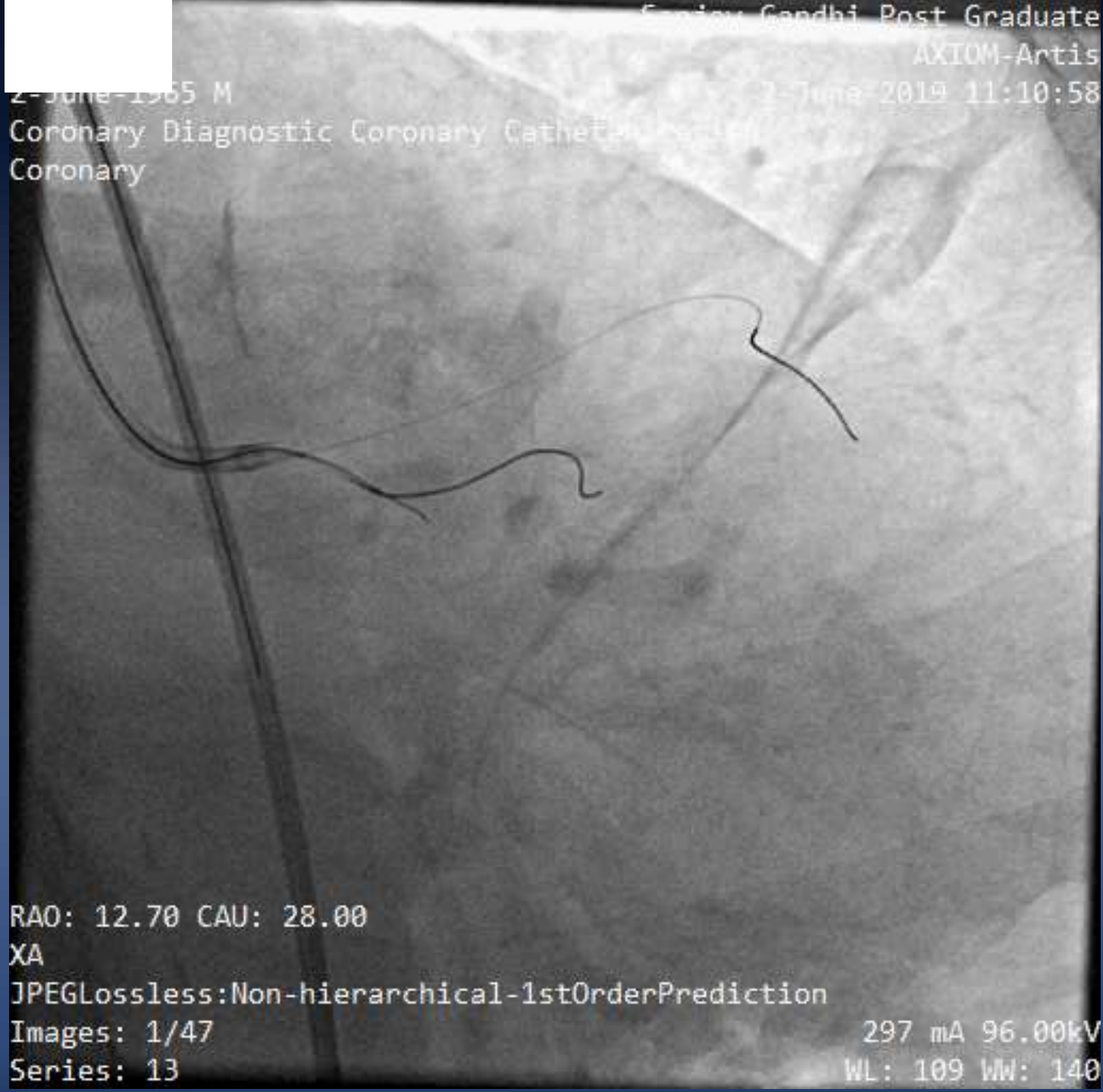
WL: 109 WW: 140



**Successful IVUS guided  
identification of proximal CAP**



# Crusade and entry with penetrative wire



Sanjay Gandhi Post Graduate

AXIOM-Artis

2-June-1965 M

2-June-2019 11:19:25

Coronary Diagnostic Coronary Catheterization  
Coronary

LAO: 38.00 CRA: 21.60

XA

JPEGLossless:Non-hierarchical-1stOrderPrediction

Images: 1/66

Series: 19

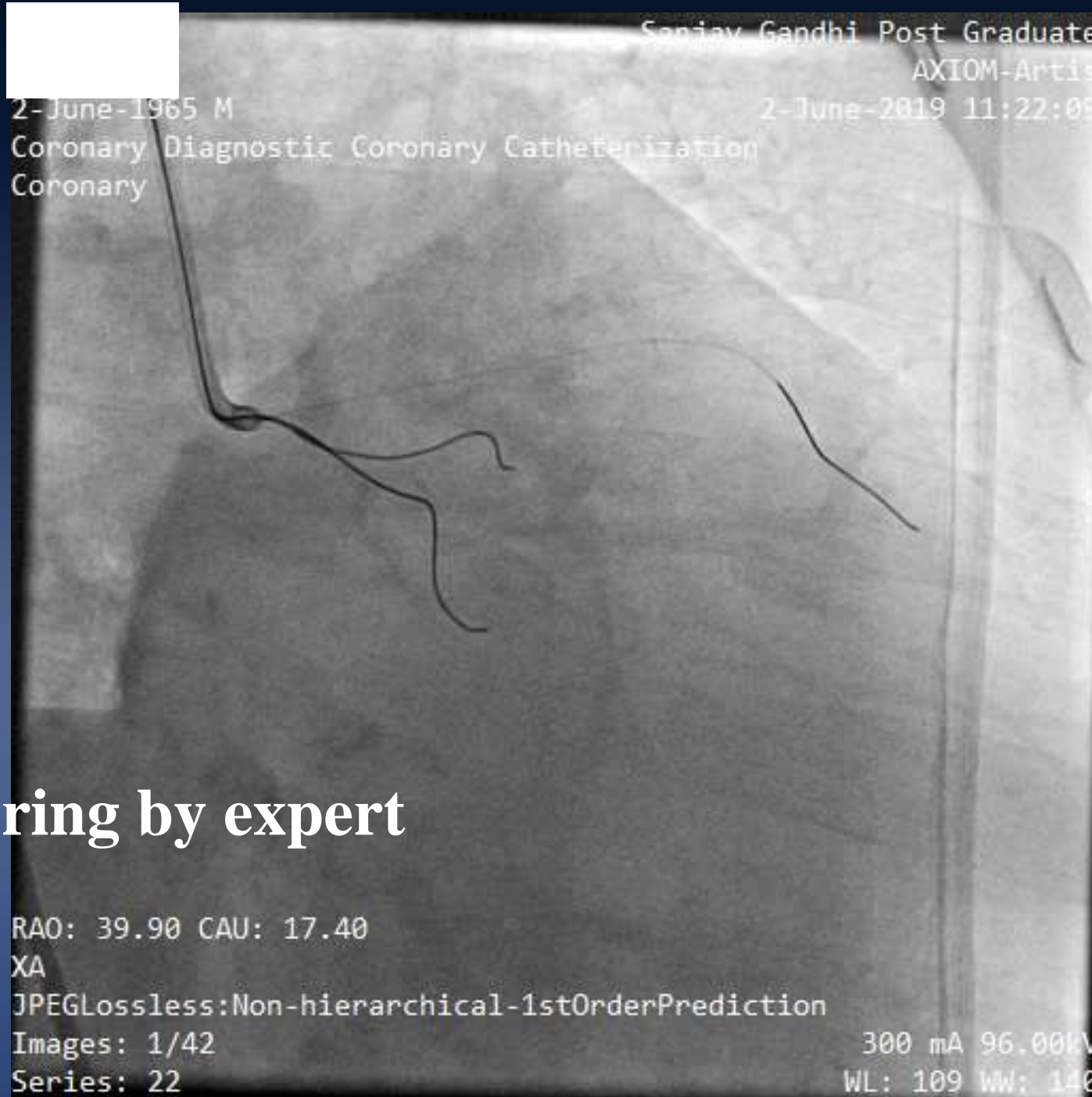
311 mA 91.30kV

WL: 109 WW: 140

2-June-1965 M

2-June-2019 11:22:09

Coronary Diagnostic Coronary Catheterization  
Coronary



# Unsuccessful wiring by expert

RAO: 39.90 CAU: 17.40

XA

JPEGLossless:Non-hierarchical-1stOrderPrediction

Images: 1/42

300 mA 96.00kV

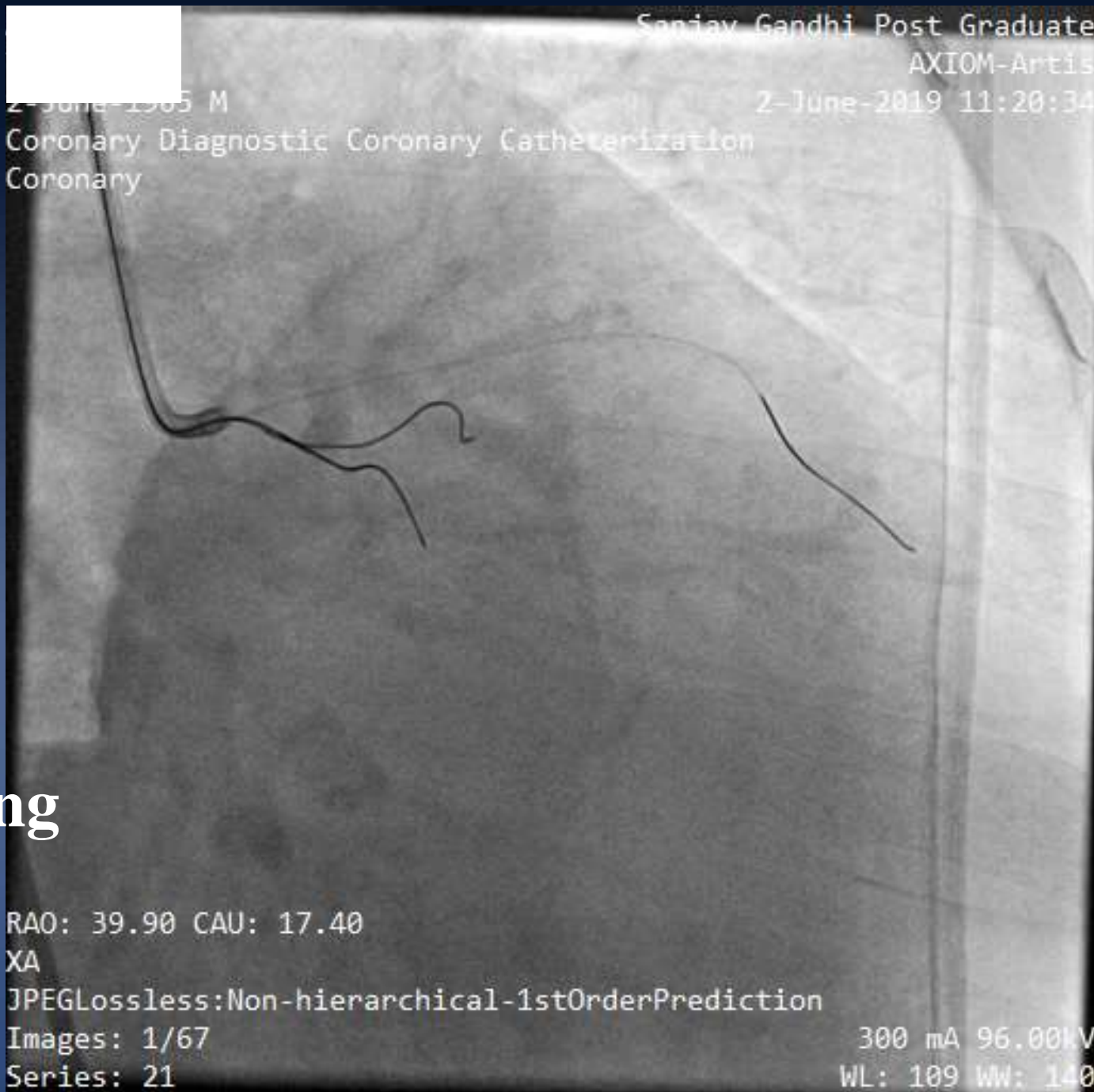
Series: 22

WL: 109 WW: 140

2-June-2019 11:20:34

2-June-2019 11:20:34

Coronary Diagnostic Coronary Catheterization  
Coronary



Unsuccessful wiring

RAO: 39.90 CAU: 17.40

XA

JPEGLossless:Non-hierarchical-1stOrderPrediction

Images: 1/67

Series: 21

300 mA 96.00kV

WL: 109 WW: 140

# Other events

- Unable to wire despite multiple attempts, and different wires including XT, Gaia, UB3  
(Fail AWE)
- Collateral explored unsuccessfully  
(no Retro Option)

# CROSSING THE CTO SEGMENT



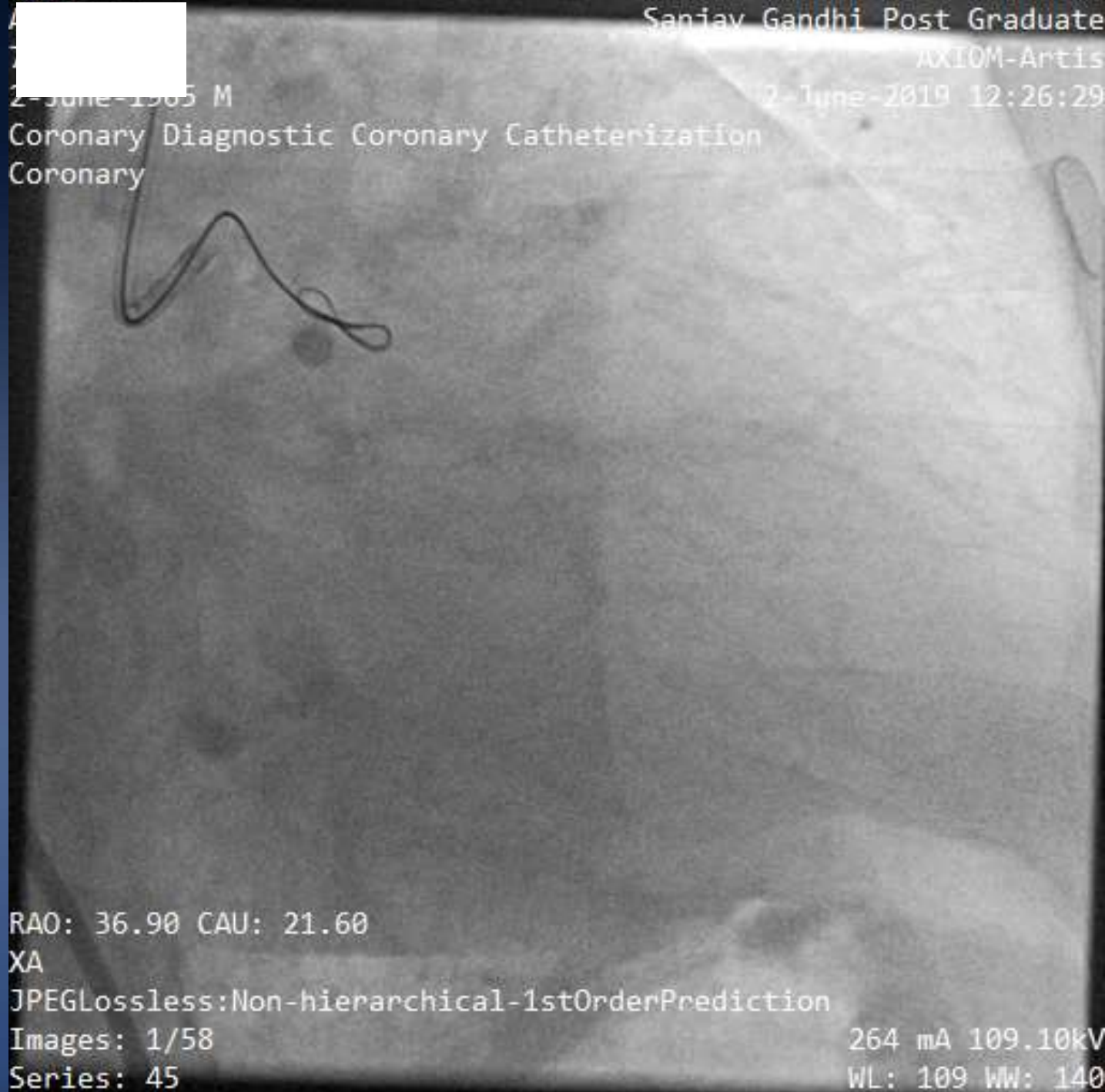


Courtesy: William Lombardi MD



# Desperate times, Desperate measures

- Primary operator agreed to knuckle



Decision to  
switch strategy  
to knuckle

Sanjay Gandhi Post Graduate

AXIOM-Artis

2-June-1965 M

2-June-2019 12:28:33

Coronary Diagnostic Coronary Catheterization

Coronary

**Knuckle in architecture of vessel**

LAO: 40.30 CRA: 16.00

XA

JPEGLossless:Non-hierarchical-1stOrderPrediction

Images: 1/59

Series: 47

299 mA 96.00kV

WL: 109 WW: 140

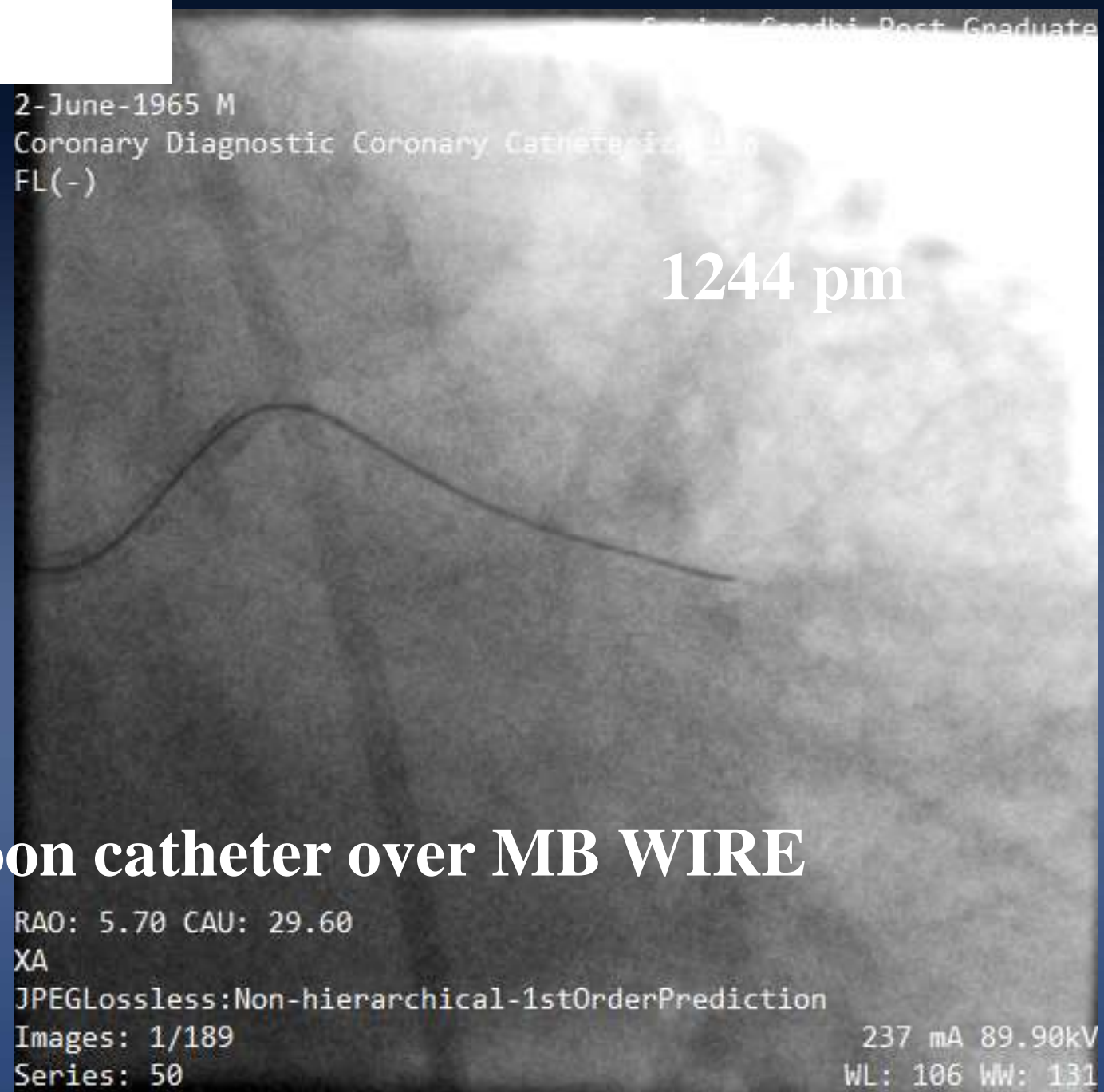


2-June-1965 M

Coronary Diagnostic Coronary Catheterization

FL(-)

1244 pm



# Stingray balloon catheter over MB WIRE

RAO: 5.70 CAU: 29.60

XA

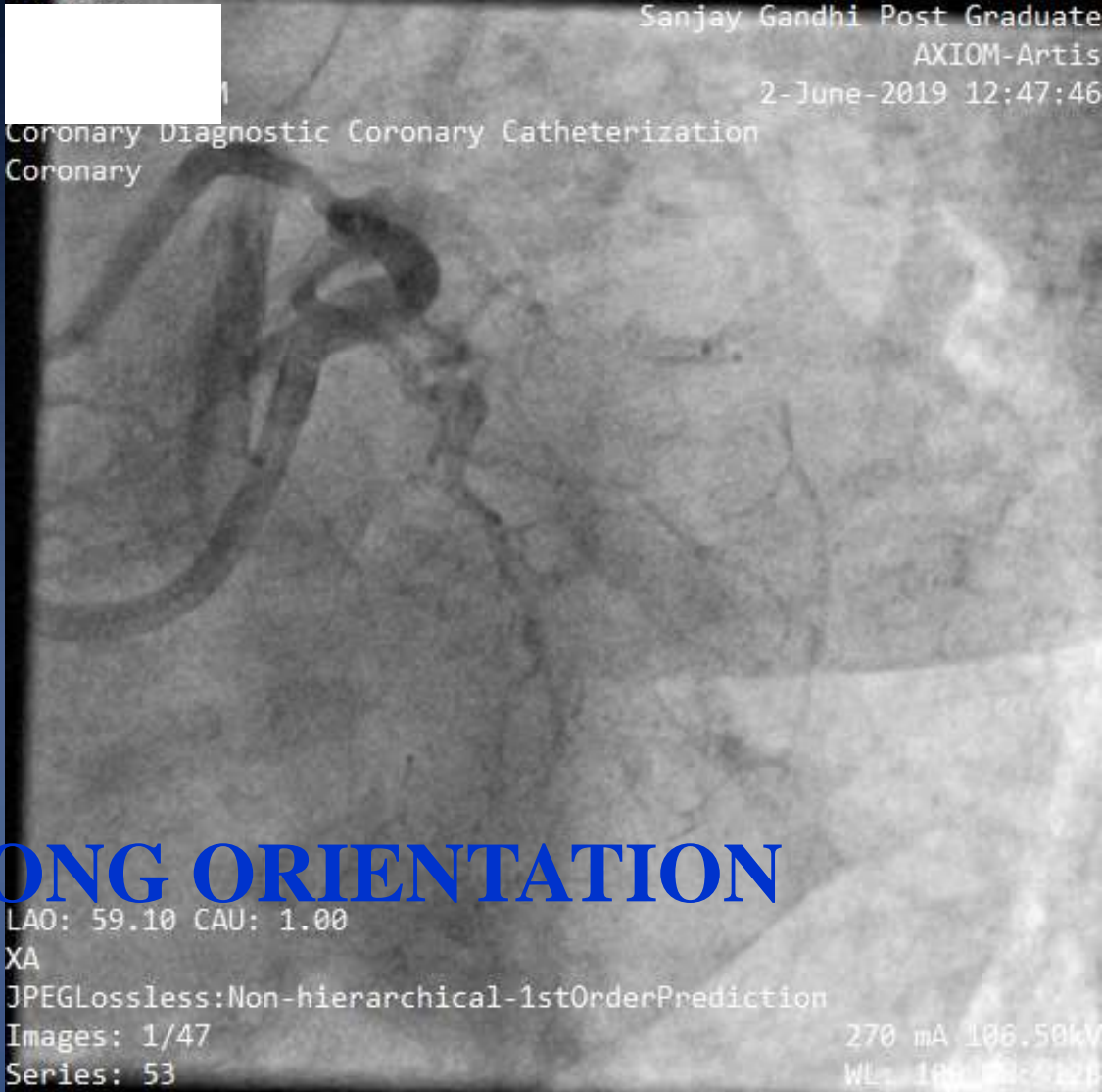
JPEGLossless:Non-hierarchical-1stOrderPrediction

Images: 1/189

Series: 50

237 mA 89.90kV

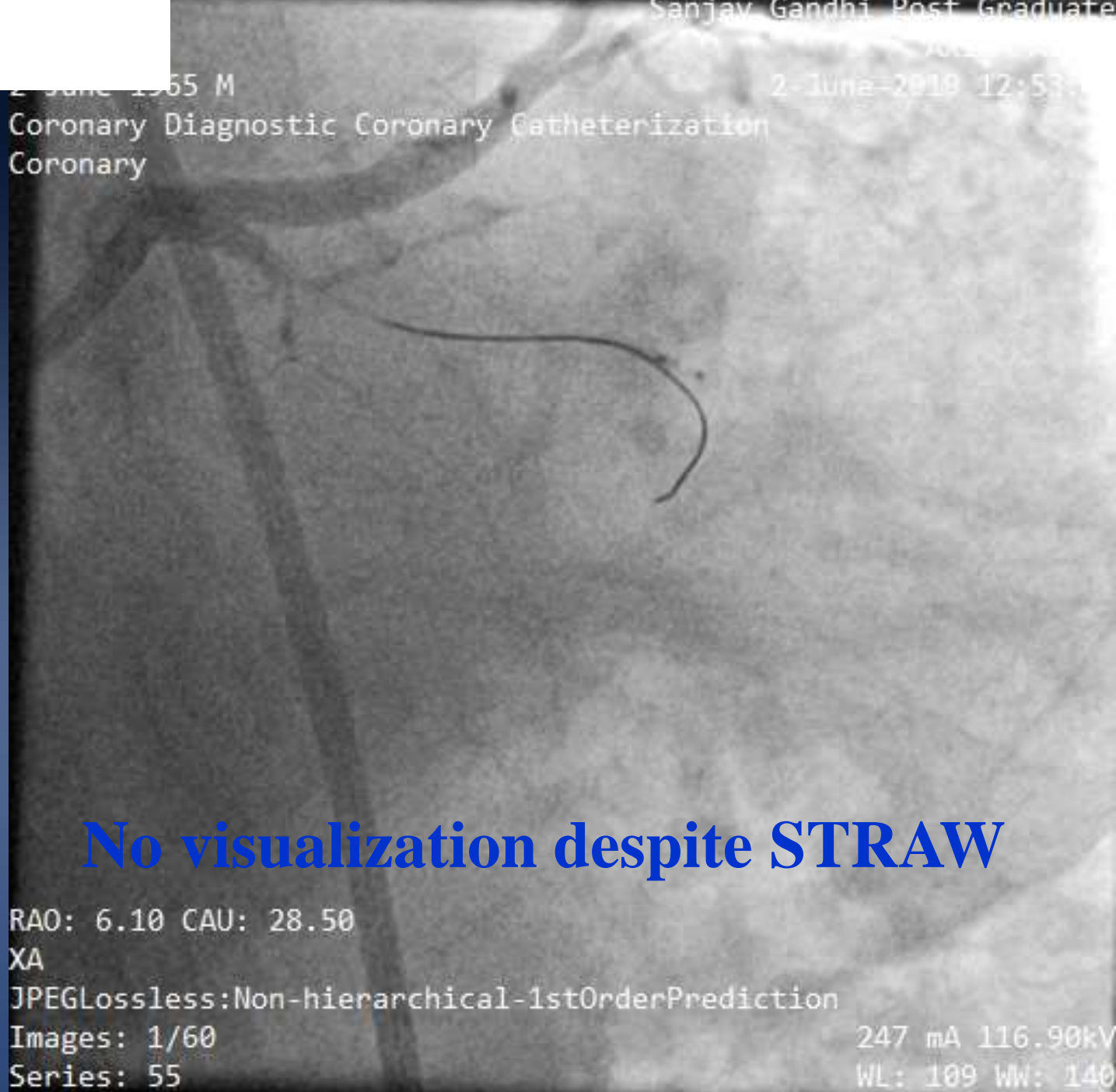
WL: 106 WW: 131



2 June 1965 M

2-June-2019 12:53

Coronary Diagnostic Coronary Catheterization  
Coronary



**No visualization despite STRAW**

RAO: 6.10 CAU: 28.50

XA

JPEGLossless:Non-hierarchical-1stOrderPrediction

Images: 1/60

247 mA 116.90kV

Series: 55

WL: 109 WW: 140



2-June-1985 M

Coronary Diagnostic Coronary Catheter

FL(-)

1256 pm

**Blind stick and drive through tactile feel**

RAO: 6.10 CAU: 28.50

XA

JPEGLossless:Non-hierarchical-1stOrderPrediction

Images: 1/138

Series: 58

239 mA 90.00KV

WL: 106 WW: 131



2-June-1965 M  
Coronary Diagnostic Coronary  
FL(-)

## Advancing microcatheter to exchange for workhorse wire

RAO: 5.60 CAU: 32.90

XA

JPEGLossless:Non-hierarchical-1stOrderPrediction

Images: 1/224

Series: 64

237 mA 89.90kV

WL: 106 WW: 131

2-June-1965 M

2-JUN-2013 13:23:27

Coronary Diagnostic Coronary Catheterization

FL(-)

**Post securing inferior OM branch  
through dual lumen catheter**

RAO: 35.60 CAU: 14.60

XA

JPEGLossless:Non-hierarchical-1stOrderPrediction

Images: 1/83

Series: 72

236 mA 75.60kV

WL: 106 WW: 131

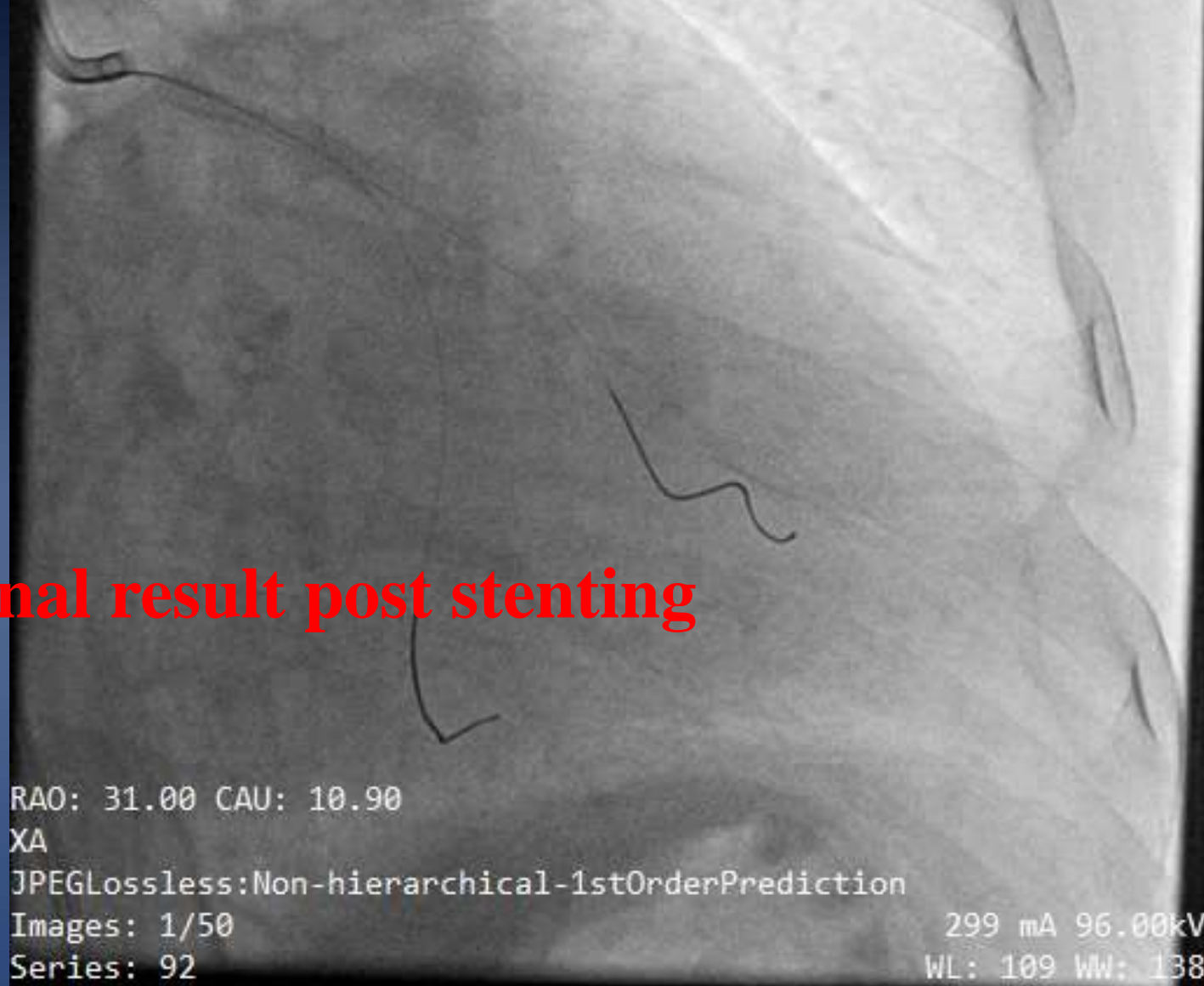
**IVUS confirmation that both wire  
in true lumen in both branches**



2-June-2019 13:59:48

2-June-2019 13:59:48

Coronary Diagnostic Coronary Catheterization  
Coronary



**Final result post stenting**

RAO: 31.00 CAU: 10.90

XA

JPEGLossless:Non-hierarchical-1stOrderPrediction

Images: 1/50

Series: 92

299 mA 96.00kV

WL: 109 WW: 138

# Lessons:

- Early switch to ADR
  - Was definitely harder due to hematoma and lack of visualization
- Not every lesion can be wired or done retrograde
  - Long
  - Tortuous and ambiguous course
- Knuckling is very useful in CTO PCI

# Conclusions

- ADR: important CTO technique
- Have a game plan before every case
- Can be done as a **primary strategy** OR **Secondary Strategy** after AWE or Retro failure
- Technique is evolving
- Preventing and managing hematoma is key
- If you decide to do ADR, do it sooner than later