When to and when not to (and when to partially) close ASDs (using transcatheter techniques)

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Ask yourself

Is closure going to change quality of life?

Is closure expected to prolong life?

 No place (as yet) for "Cosmetic Intervention" on the heart

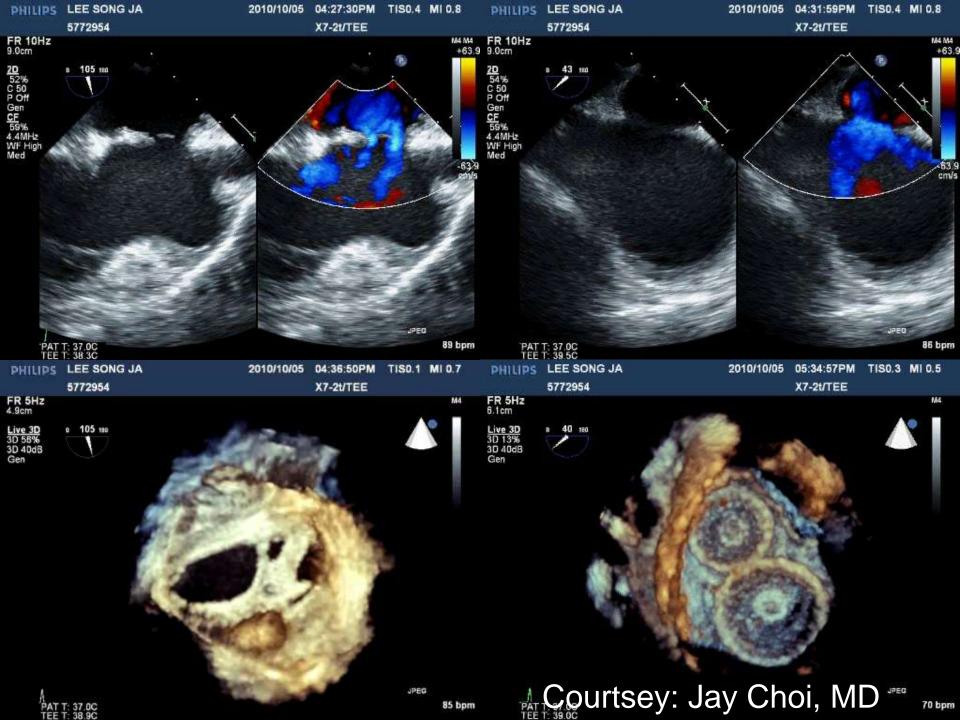
How do we decide?

- ASD morphology
- Patient characteristics
- Hemodynamics
- Costing
- Experience and expertise

- Types:
 - Sinus venosus
 - Primum
 - Common atrium
 - Secundum √
 - Coronary sinus √

- Size:
 - Upto 36 mm with ASO
 - Upto 42 mm with Lifetech, Cacoon
 - Upto 46 mm with Occlutech
- Does size matter?
- Limiting factor is size of the device available

- Numbers:
 - One
 - Two (Using one or two devices)
 - Three
 - Fenestrated
- One or in two staged

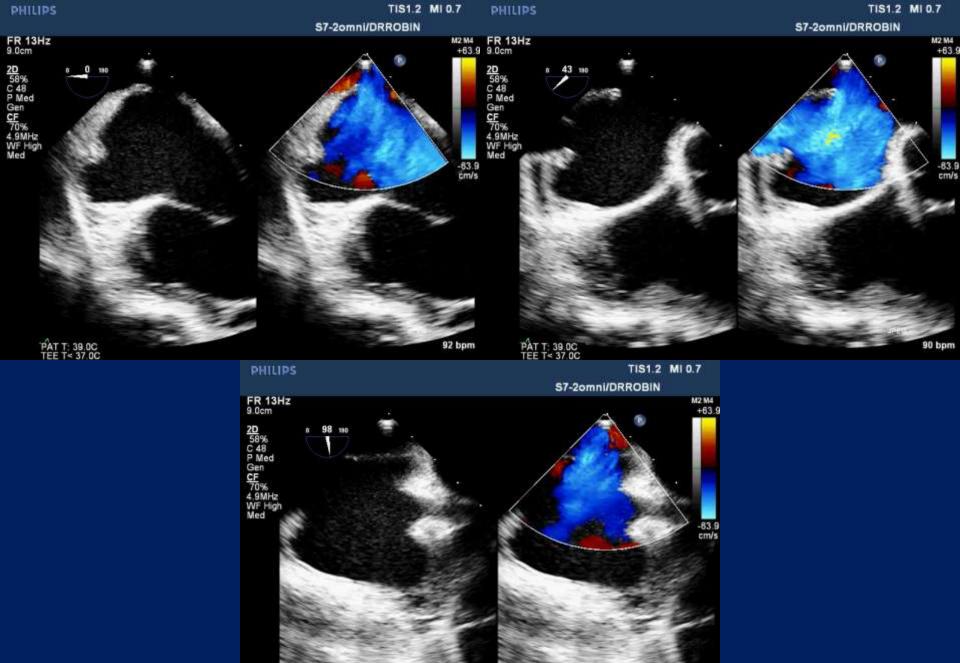


- Rims:
 - Length : What is adequate?
 - Strength
 - Alignment
- IAS length



117 bpm

PAT T: 37.0C TEE T: 39.4C



90 bpm

PAT T: 39.0C TEE T: 39.3C

Patient Characteristics

If asymptomatic: Age > 2 years, Weight > 12
 Kg

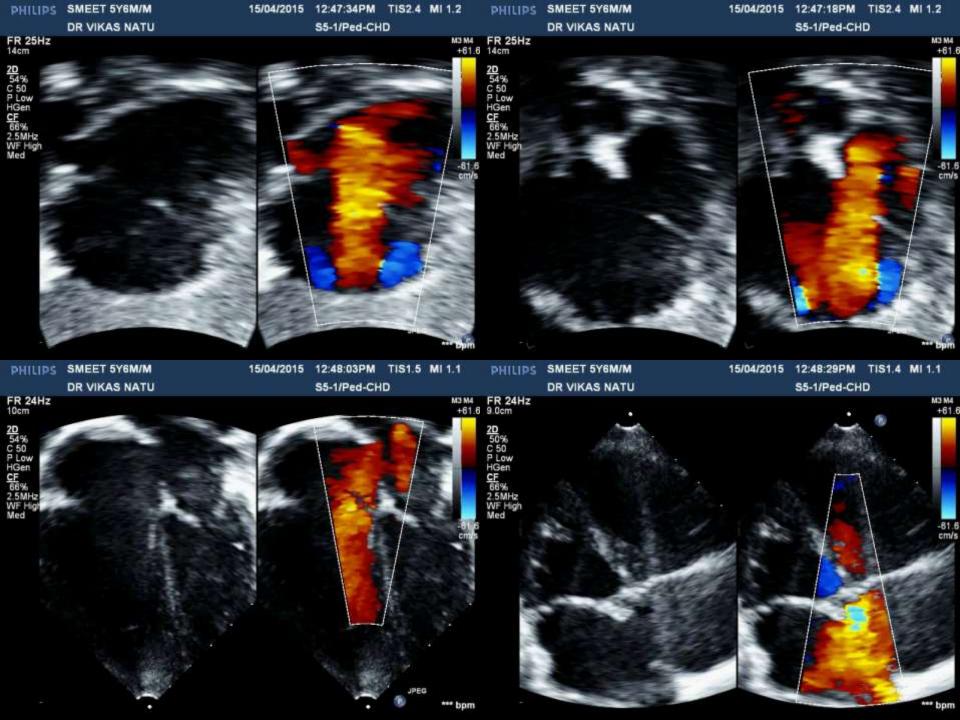
If symptomatic: Less stringent with age and weight

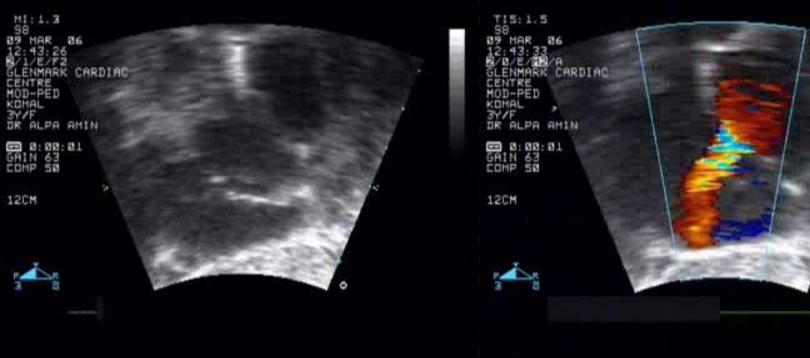
Hemodynamics

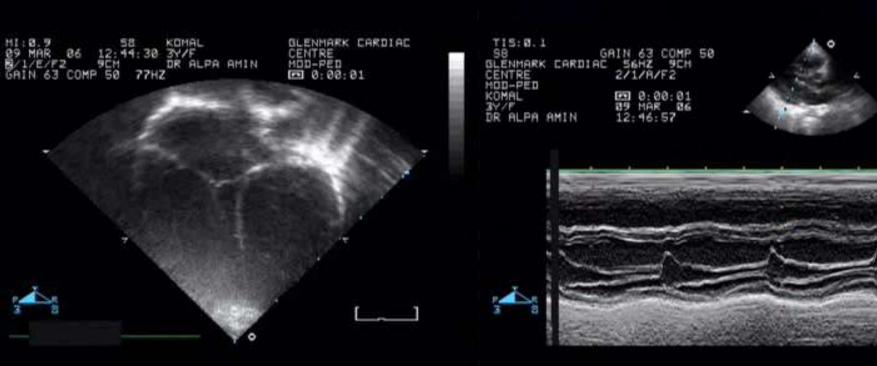
- Assessment is vital
 - Asymptomatic patient (Cardiac point of view)
 - Severe PAHT
 - LV restrictive physiology

Asymptomatic

- Qp:Qs > 1.5 or 1.7: 1
- MDM in the tricuspid area
- ESM in the pulmonary area
- Wide and fixed A2P2
- RA and RVVO
- Transmitral Vs Transtricspid Doppler velocity







To close or not to close?

Those with severe PAHT: From long term point of view

 Those with restrictive LV physiology: From short term point of view

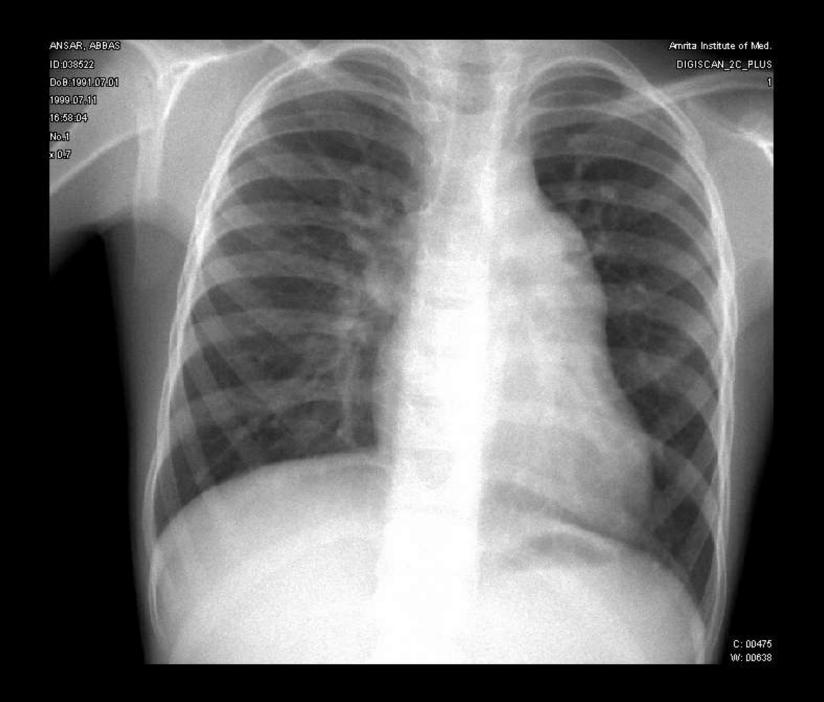
Guidelines

- ACC/AHA
- ESC
- PAP, PVR or PVR/SVR, response to pulmonary vasodilators, response to balloon occlusion
- "Vague" NOT "Precise"
- Too many assumptions and finite sources of error
- "Holistic" approach in decision making

Case 1

- 27 year old with SOB and easy fatigability
- Cyanosis and clubbing
- Small heart
- Large secundum ASD (30mm) with a bidirectional shunt
- Qp:Qs < 1.5:1, PVRI 12 WU/m²



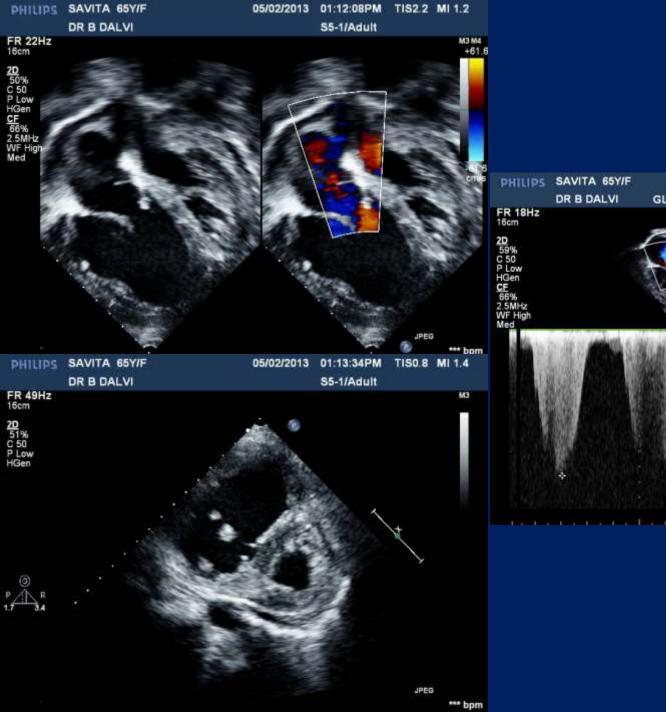


Treatment

- Leave the ASD alone for the present
- Closing ASD Counterproductive
- Follow up on pulmonary vasodilators

Case 2

- SOB and easy fatigability
- No cyanosis or clubbing
- Echo/CD showing small 18 mm ASD with left to right shunt
- Evidence of severe PHT
- PAP by TR jet 100 mm Hg



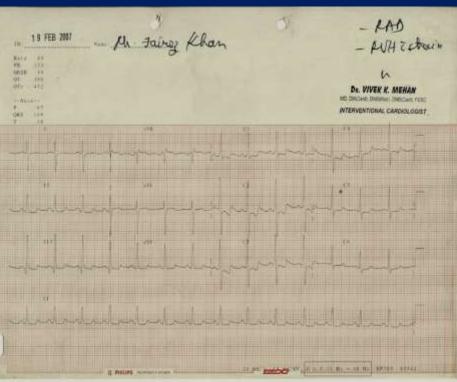


- Qp:Qs 1.7:1, PVRI 11.6 WU/m²
- PHT is out of proportion to the size of the defect and magnitude of the shunt
- Pulmonary vasculopathy ASD being an inosent bystander
- Better to leave the ASD alone
- Treatment with pulmonary vasodilators

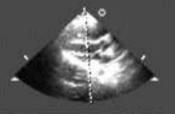
Case 3

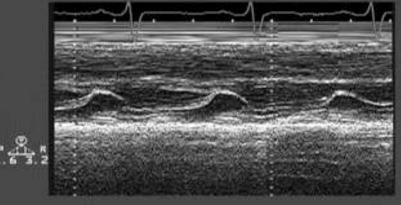
- 35 year old, SOB and palpitations
- Large heart
- Flow murmurs
- Normally splitting S2 with loud P2
- Mild cardiomegaly with plethoric lung fields
- Large secundum ASD 28 mm with exclusive left to right shunt
- Severe PHT. PAP by TR jet is 110 mm Hg



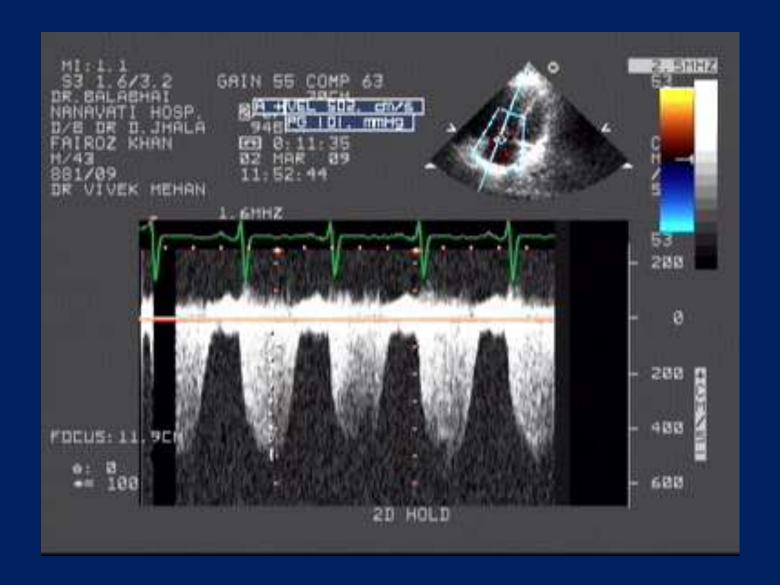


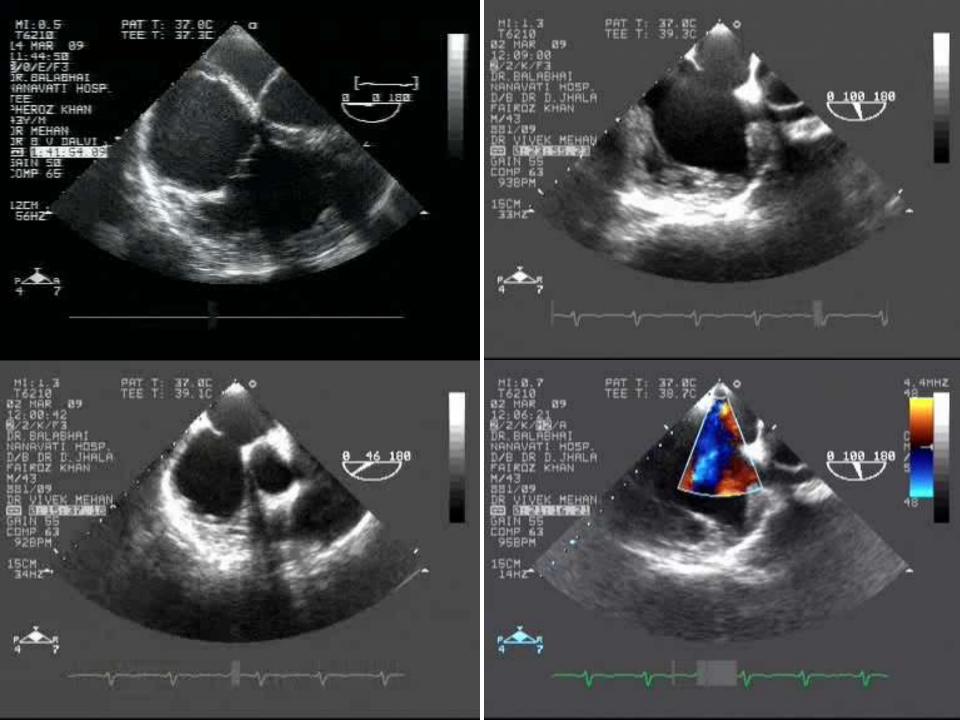
M1:1.4 93 1.6/3.2 GAIN 95 COMP 63 DR. BALABHAI 35HZ 22CH NANAVATI HOSP. 2/2/B/H3 D/E DR D. JHALA FAIROZ KHAN GB 0:11:35 H/43 881/09 11:48:23 DR VIVEK MEHAN







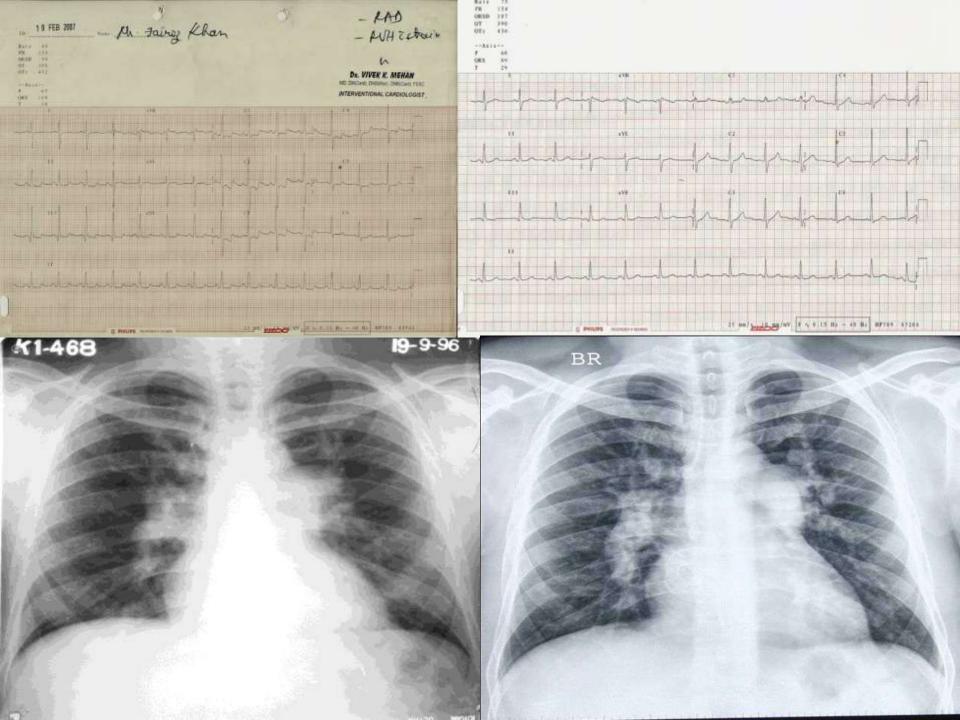


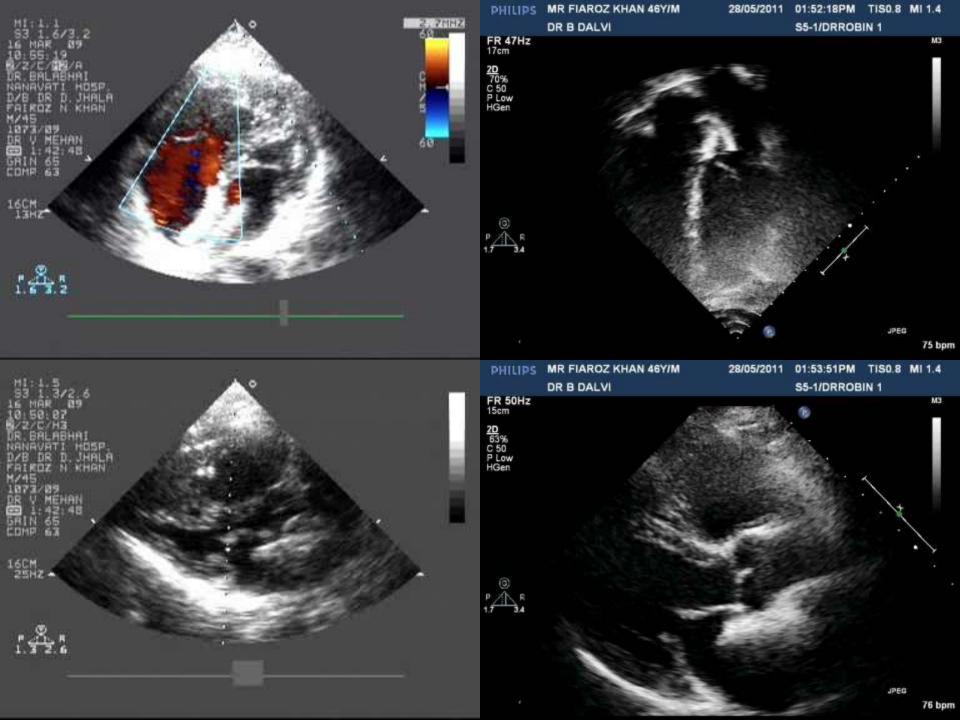


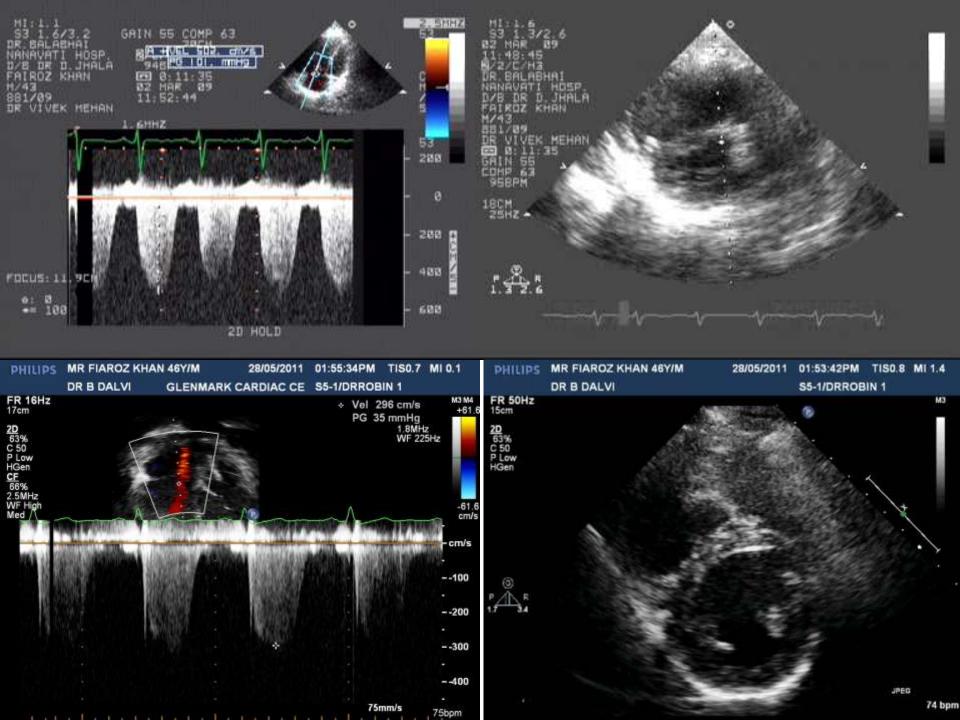
MR FAIROZ, KHAN ASD549 Ш MR FAIROZ, KHAN

Qp:Qs = 3.2:1 PVRI 6.5 WU









ASD in Elderly

- > 60 years of age
- HT, CAD
- Symptomatic by virtue of SOB and easy fatigability
- Mild to moderate PHT (50-60 mm Hg)
- Normal LV systolic function
- AV valve spectral Doppler and Tissue Doppler
 - LV restrictive physiology

Currently used criteria

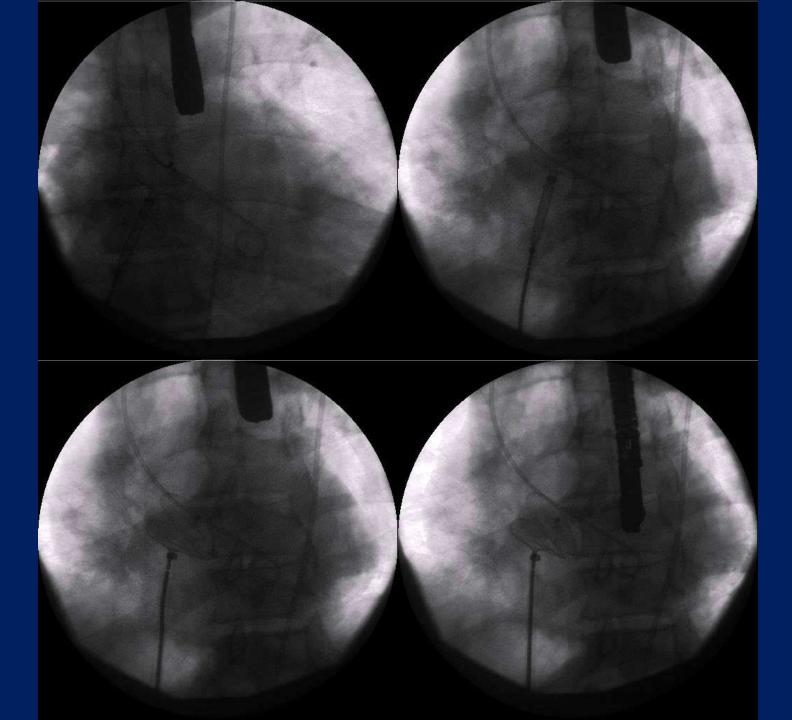
- > 5 mm Hg increase on balloon occlusion or > 25 mm Hg
- Diuretics
- Vasodilators
- Fenestrate the device

Case 1

- 64 year old lady
- SOB and easy fatigability
- Non HT/Non DM
- H/O COPD on inhalers
- Coronary arteries normal on CAG
- Detected to have ASD accidentally Evaluated for Sx for # neck femur

Courtesy: Biswajit Bandopadhyay









Case 2

- 75 year old male
- Hypertension, permanent Afib, CKD
- NYHA class III HF despite medication
- ASD diameter: 24mm
- Qp/Qs: 3.18
- PA pressure: 57/19/32 mmHg
- BNP 351 pg/ml

Courtsey: Teji Akagi



Change in PCWP by test balloon occlusion

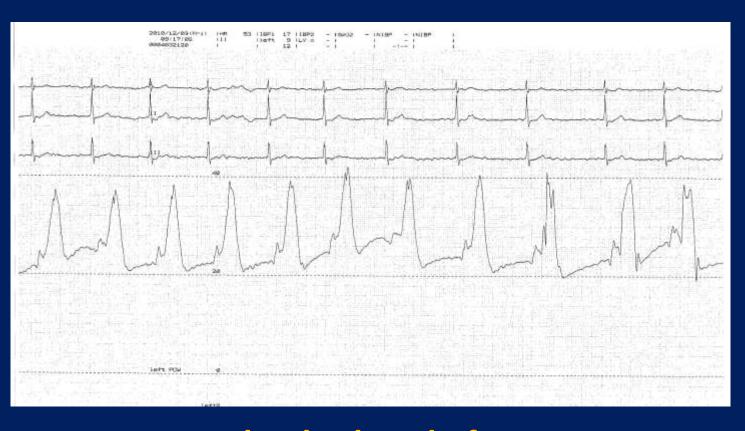


Change in PCWP by test balloon occlusion



Balloon occlusion

Change in PCWP by test balloon occlusion



Completely closed of ASD

Change in PCWP by test balloon occlusion

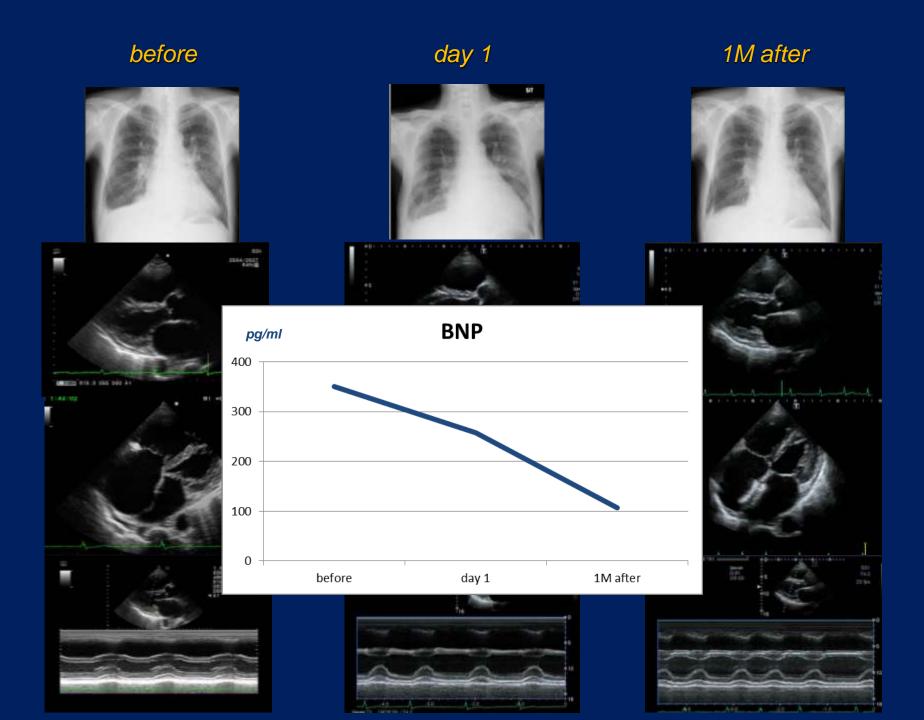


After the device deployment

Change in PCWP by test balloon occlusion



After the releasing of device



Conclusion

- All ASDs irrespective of symptoms IF hemodynamically significant – Complete closure.
- Hemodynamically insignificant ASDs : No closure
- ASD with irreversible PVD: No closure
- ASD with severe PHT but reversible PVR or LV restrictive physiology – Partial closure
- Always an element of UNCERTAINTY