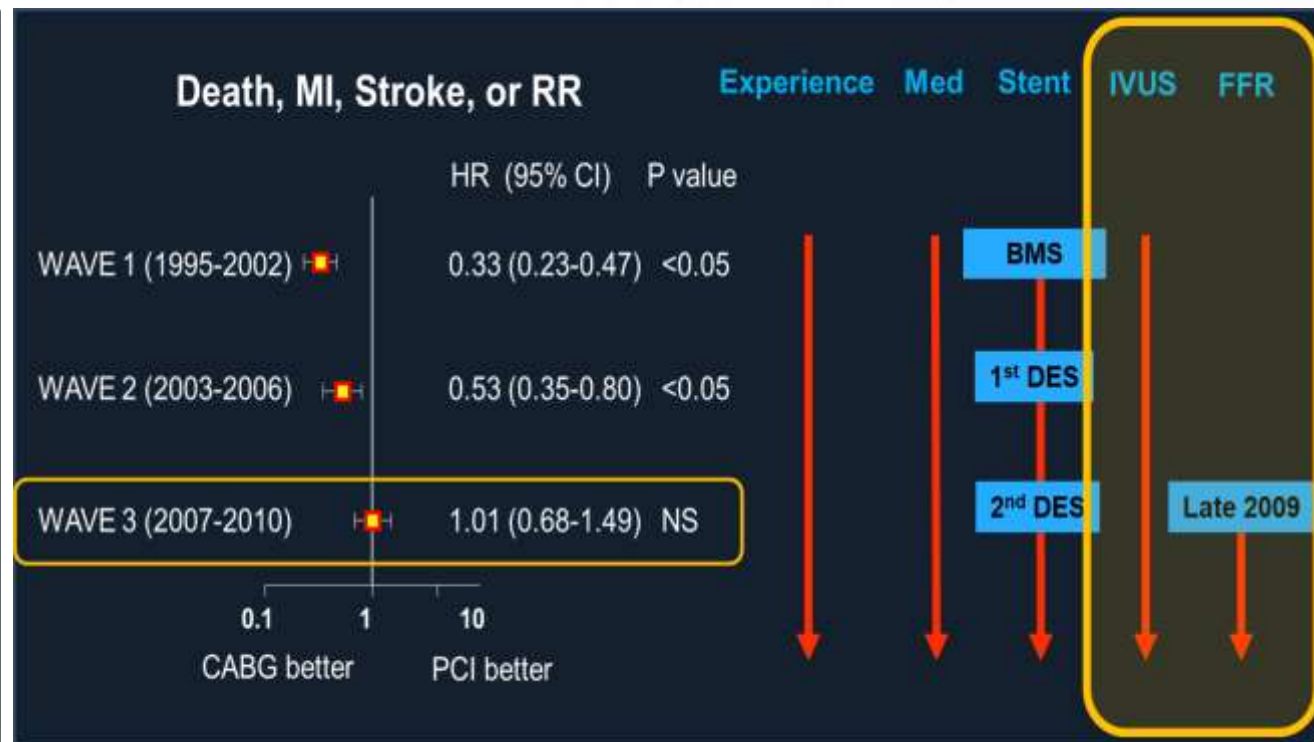


# **Unmet Need for FFR in LM PCI**

**Jung-Min Ahn, MD**

**Division of Cardiology, Asan Medical Center,  
University of Ulsan College of Medicine, Seoul, Korea.**

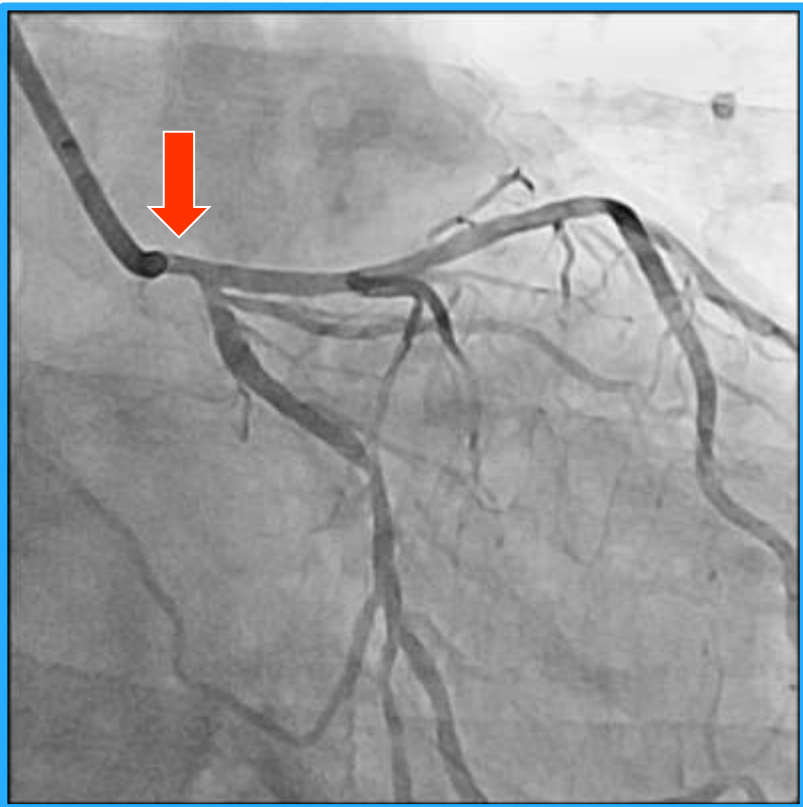
# ASAN LM Registry: Revascularization Strategy



# Why FFR in LM disease?

- Inaccuracy of Coronary Angiography.
- Lack or Low Spatial Resolution of Non-Invasive Functional Study.
- FFR Guided PCI in LMCA Showed Favorable Outcomes.

# Which is a Significant Stenosis

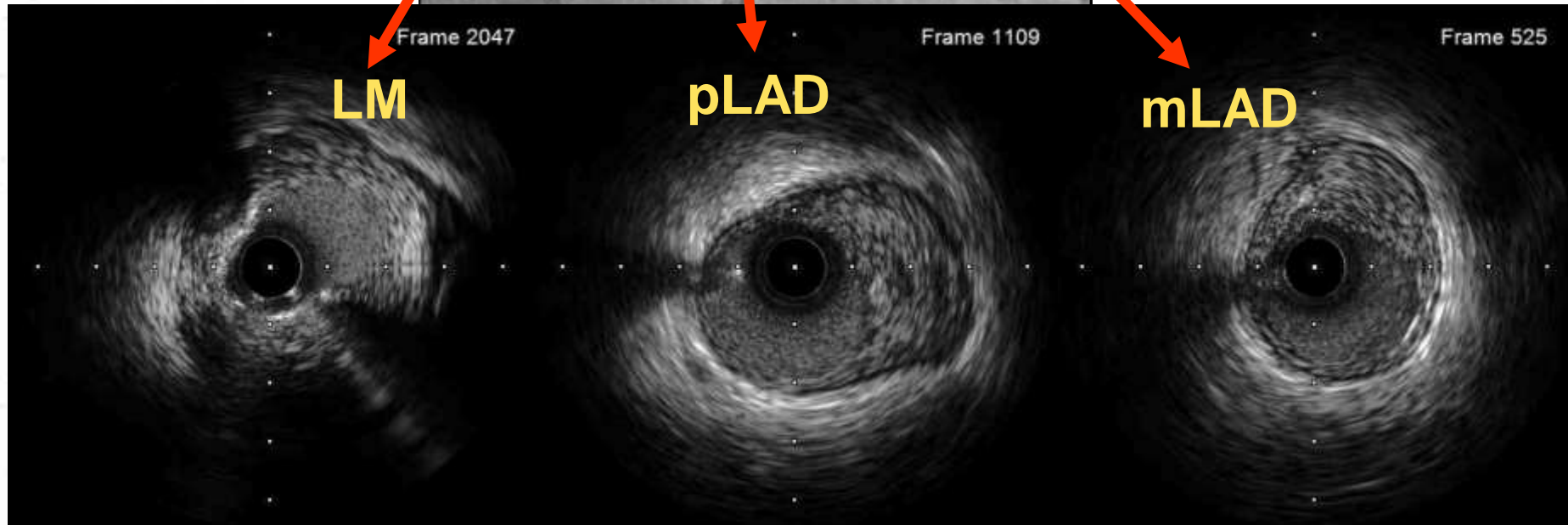
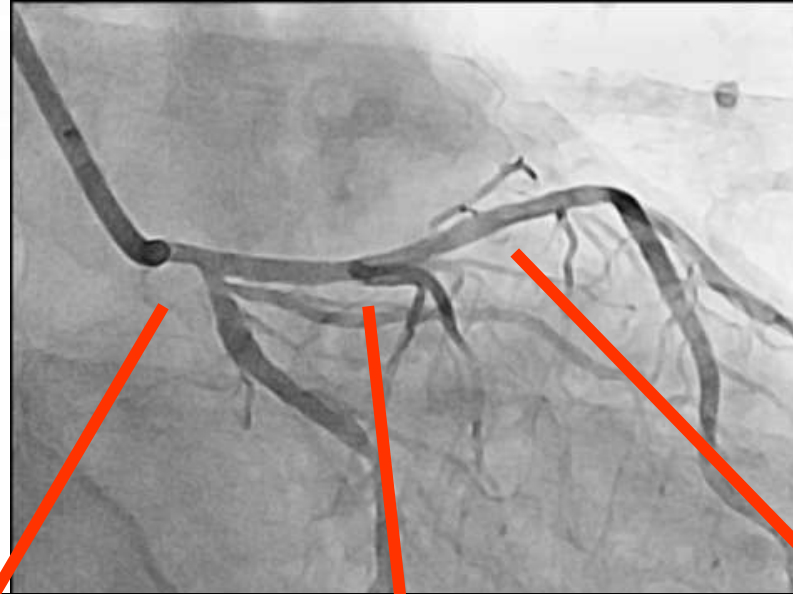


**FFR 0.71**

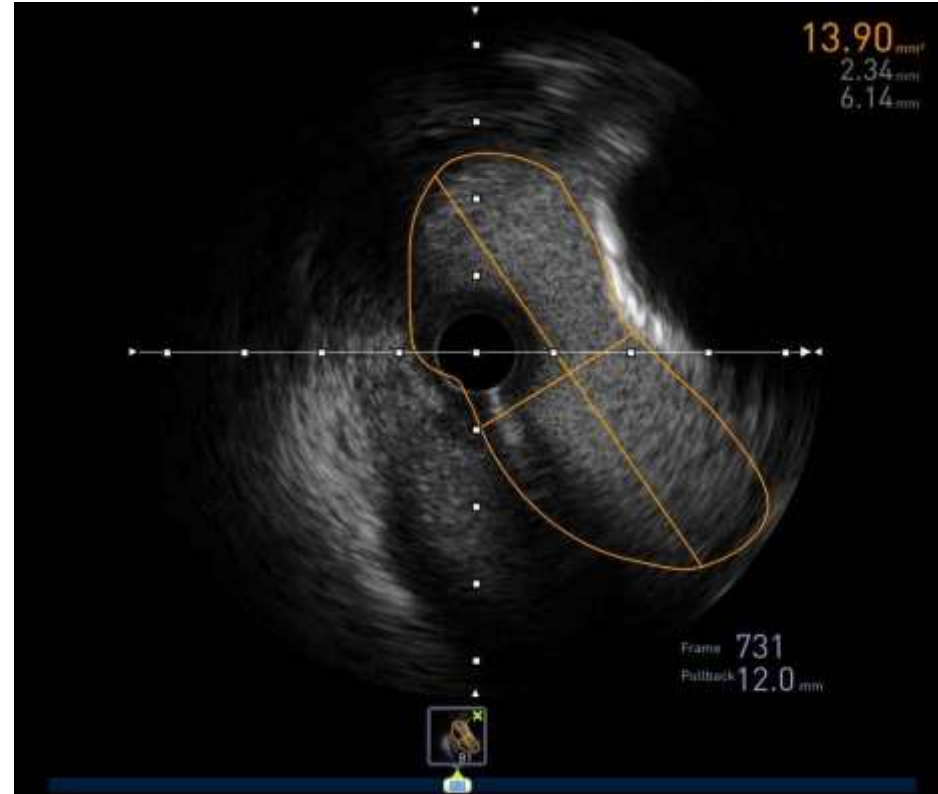
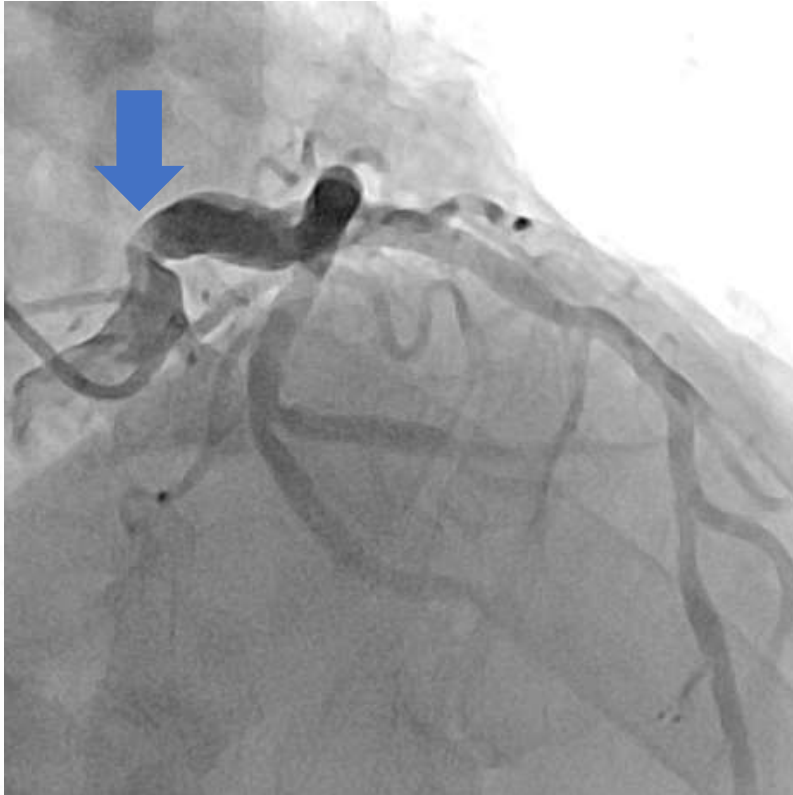


**FFR 0.89**

# Diffuse Atherosclerosis



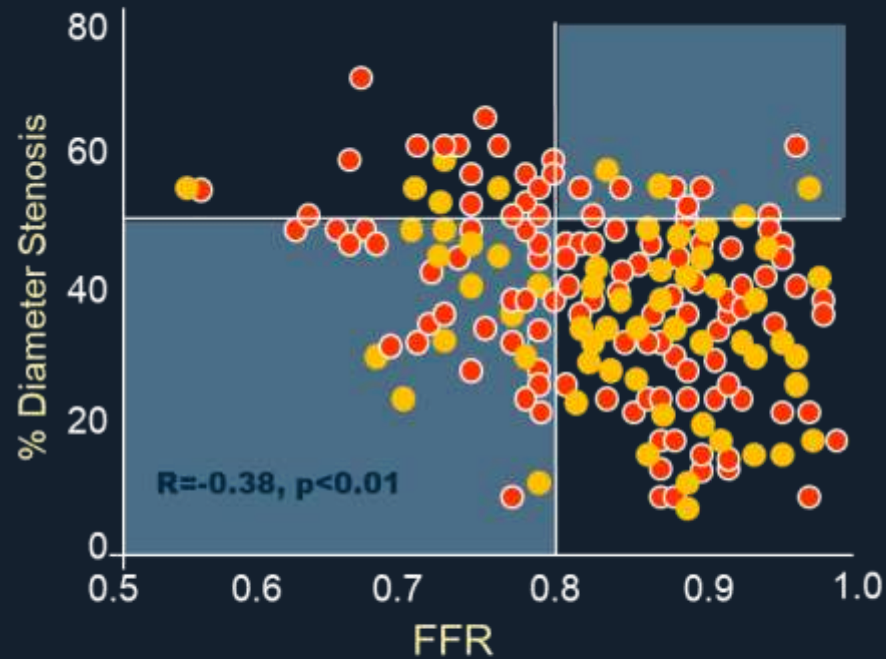
# MLA 8.8-13.9mm<sup>2</sup>





# Inaccurate Coronary Angiography

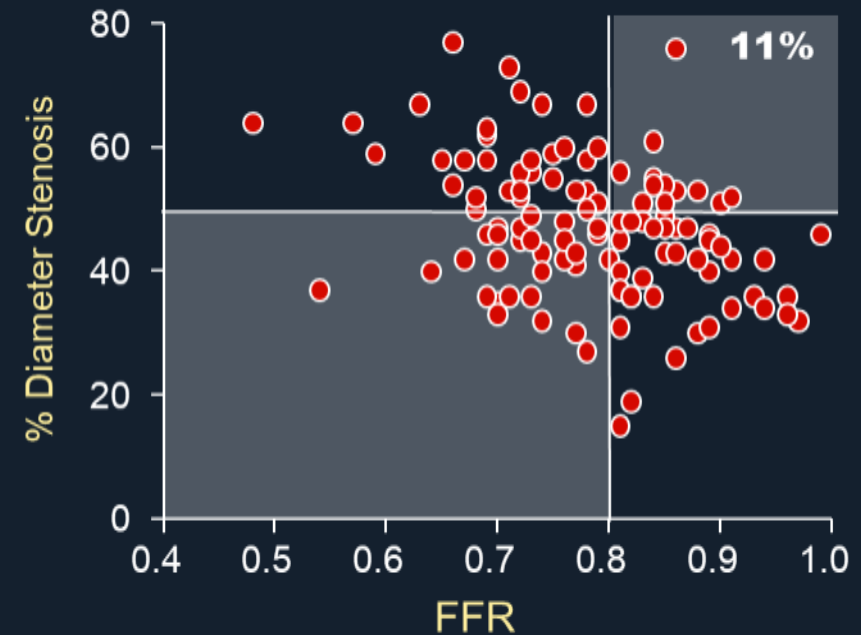
“Mismatch” is 29% in equivocal LMCA



Hamilos et al  
Circulation 2009;120:1505-1512

● Isolated LMCA disease

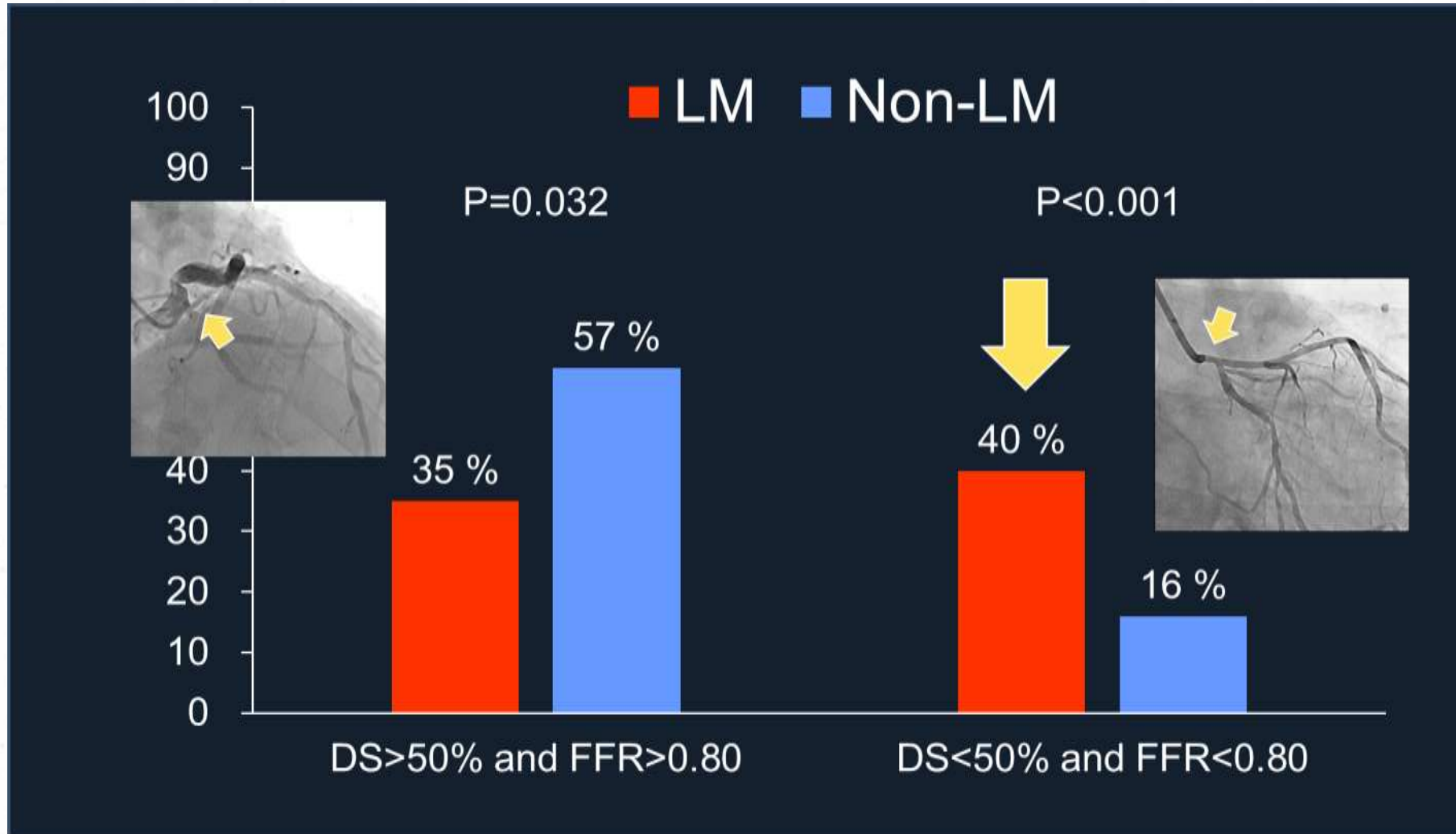
“Mismatch” is 37% in equivocal LMCA



Park SJ, Ahn JM et al  
JACC Cardiovasc Interv. 2014 ;7(8):868-74

# Left Main Supplies Large Myocardium

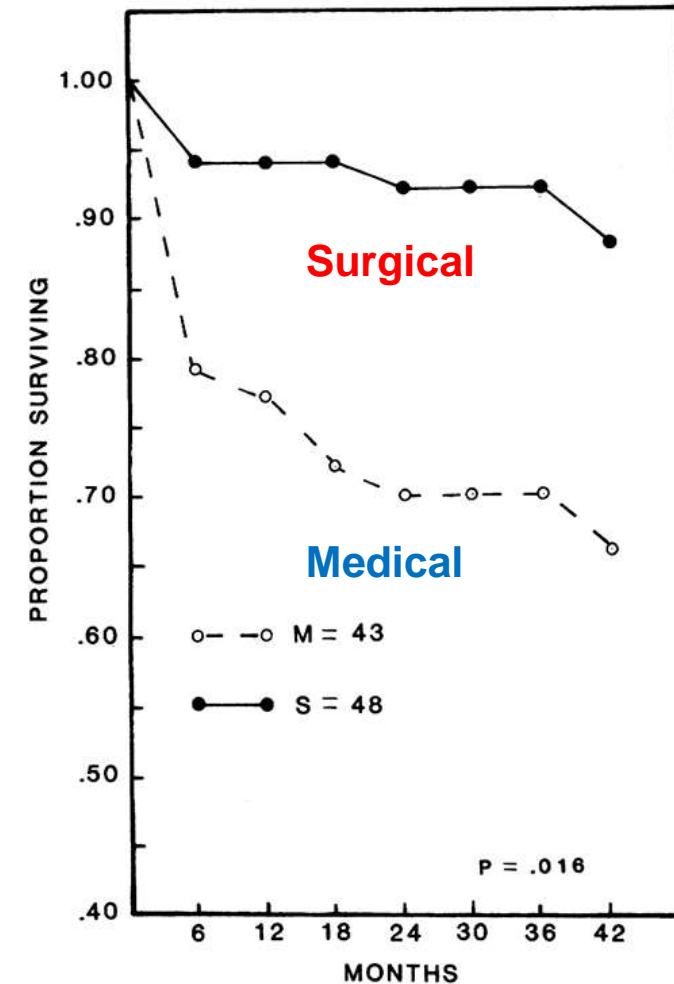
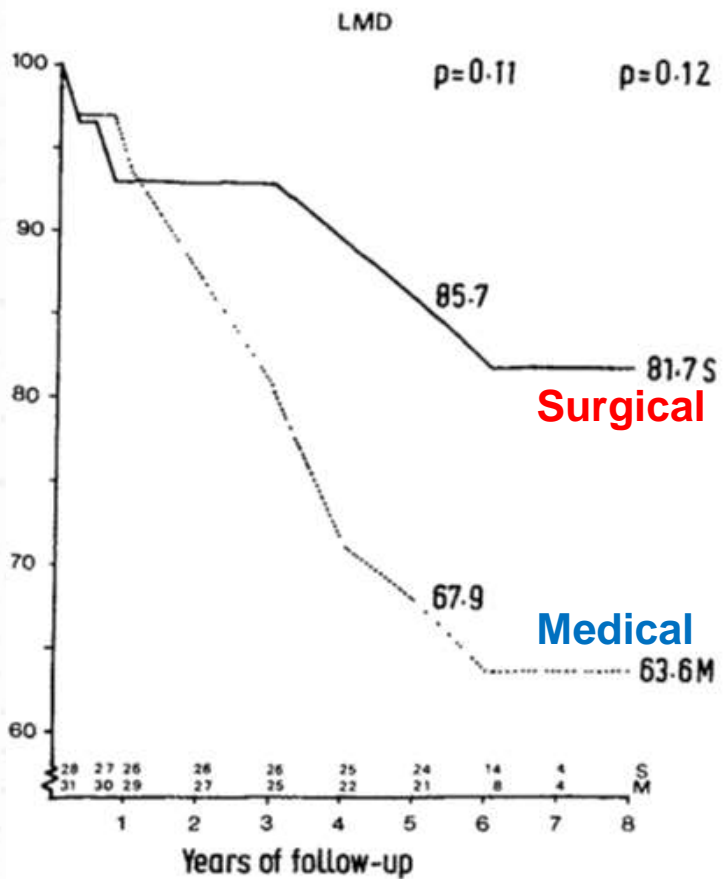
In symptomatic patients, ambiguous LM stenosis should be evaluated by FFR



Park SJ et al JACC Cardiovasc Interv. 2012;5:1029-36



# Significant Left Main Disease (**DS>50%**)



ECSS Group Lancet 1982 Nov 27;2(8309):1173-80

Takaro et al. Circulation 1982;66:14-22

# Significant Left Main Disease (**DS>50%**)

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Randomized Trial of Stents versus Bypass Surgery for Left Main Coronary Artery Disease

Seung-Jung Park, M.D., Young-Hak Kim, M.D., Duk-Woo Park, M.D.,  
Sung-Cheol Yun, Ph.D., Jung-Min Ahn, M.D., Hae Geun Song, M.D.,  
Jong-Young Lee, M.D., Won-Jang Kim, M.D., Soo-jin Kang, M.D.,  
Seung-Whan Lee, M.D., Cheol Whan Lee, M.D., Seong-Wook Park, M.D.,  
Cheol-Hyun Chung, M.D., Jae-Won Lee, M.D., Do-Sun Lim, M.D.,  
Seung-Woon Rha, M.D., Sang-Gon Lee, M.D., Hyeon-Cheol Gwon, M.D.,  
Hyo-Soo Kim, M.D., In-Ho Chae, M.D., Yangsoo Jang, M.D.,  
Myung-Ho Jeong, M.D., Seung-Jea Tahk, M.D., and Ki Bae Seung, M.D.

The NEW ENGLAND  
JOURNAL of MEDICINE

ESTABLISHED IN 1812

DECEMBER 8, 2016

VOL. 375 NO. 23

## Everolimus-Eluting Stents or Bypass Surgery for Left Main Coronary Artery Disease

G.W. Stone, J.F. Sabik, P.W. Serruys, C.A. Simonton, P. G  n  reux, J. Puskas, D.E. Kandzari, M.-C. Morice, N. Lembo, W.M. Brown III, D.P. Taggart, A. Banning, B. Merkely, F. Horkay, P.W. Boonstra, A.J. van Boven, I. Ungi, G. Bog  ts, S. Mansour, N. Noiseux, M. Sabat  , J. Pomar, M. Hickey, A. Gershlick, P. Buszman, A. Bochenek, E. Schampaert, P. Pag  , O. Dressler, I. Kosmidou, R. Mehran, S.J. Pocock, and A.P. Kappetein, for the EXCEL Trial Investigators\*

ABSTRACT

All patients had to have newly diagnosed unprotected stenosis of more than 50% of the diameter of the left main coronary artery, as estimated visually

Stenosis of the LMCA of 70% or more, as estimated visually, or stenosis of 50% to less than 70% if determined by means of noninvasive or invasive testing to be hemodynamically significant

# Left main stenosis with RCA disease

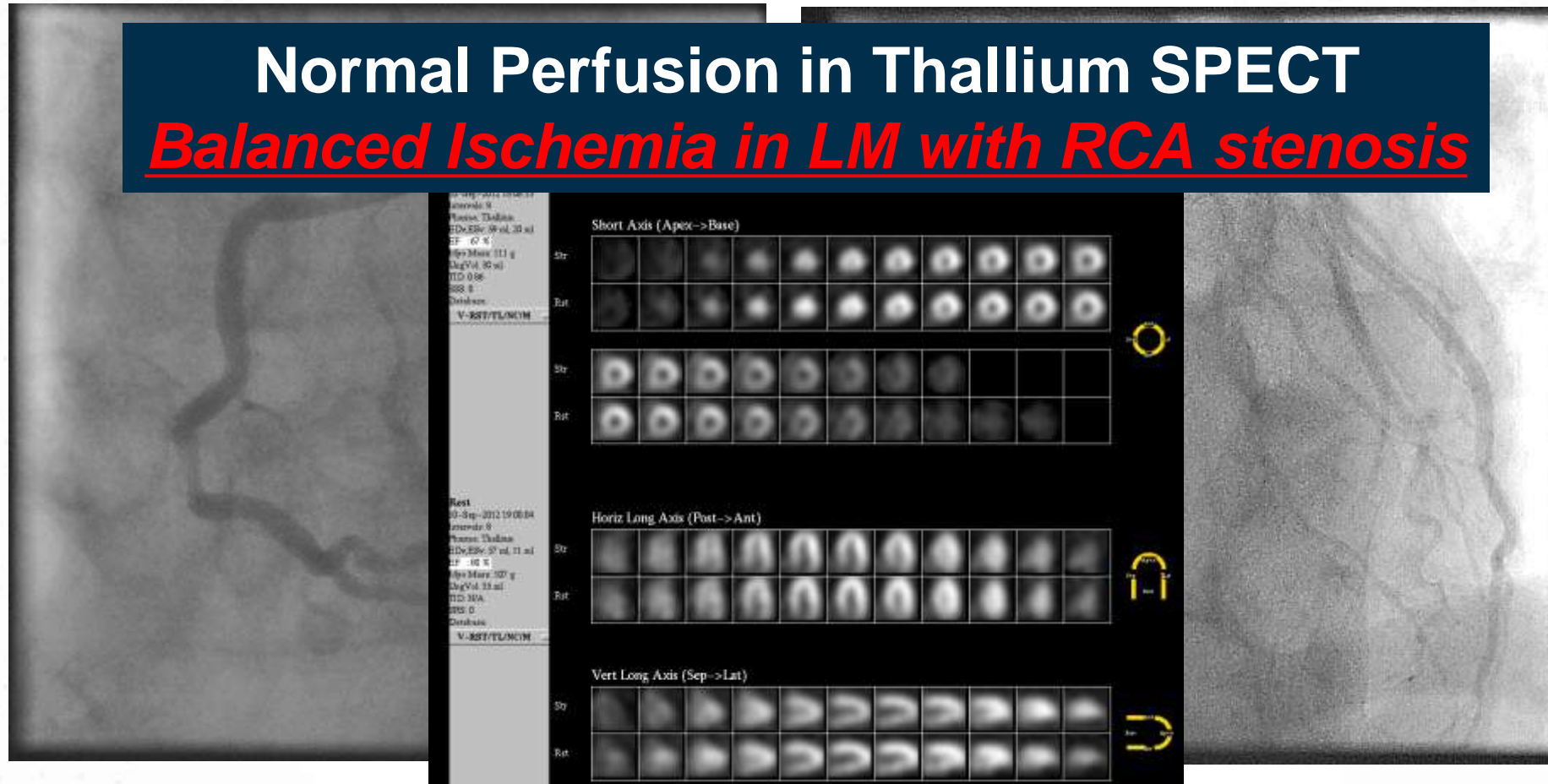
65yrs/M, Effort chest pain

Right Coronary

Left Coronary

**Normal Perfusion in Thallium SPECT**

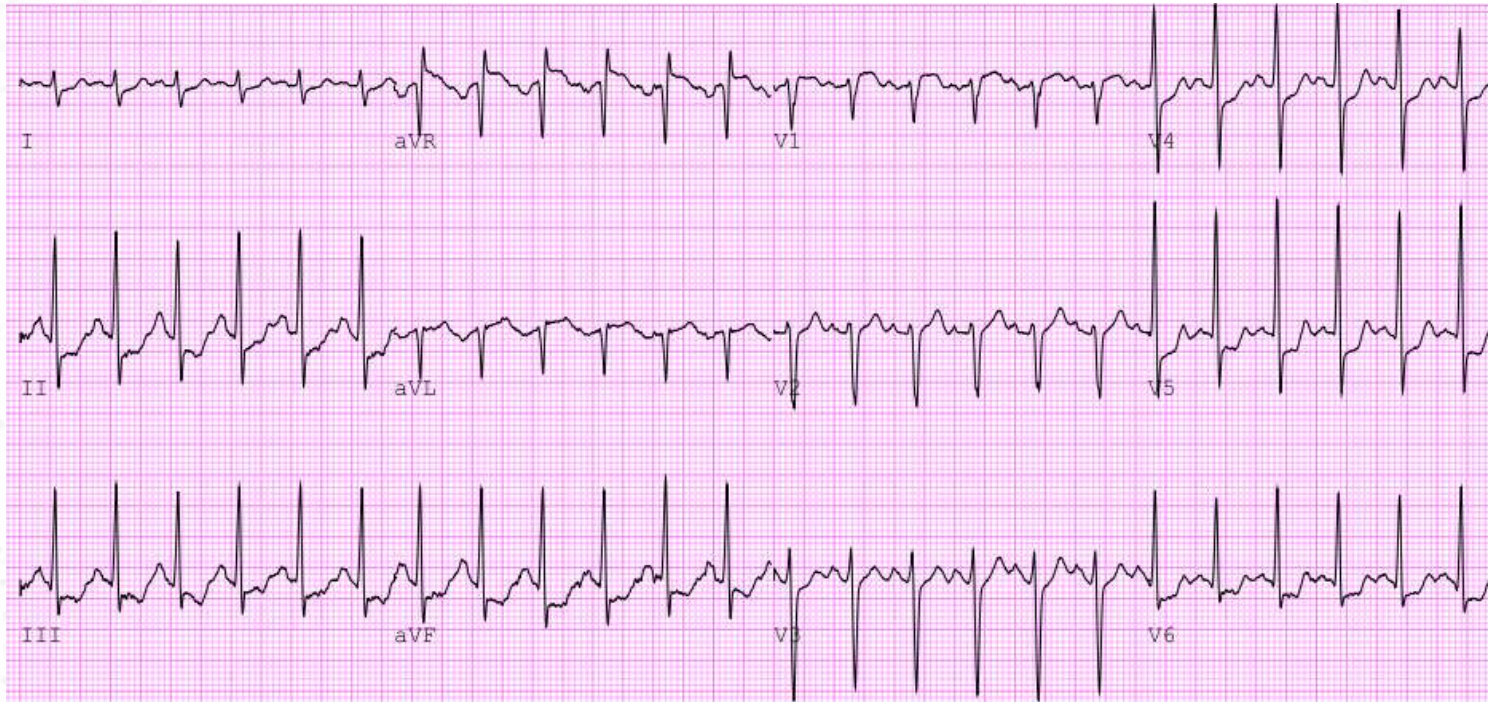
**Balanced Ischemia in LM with RCA stenosis**





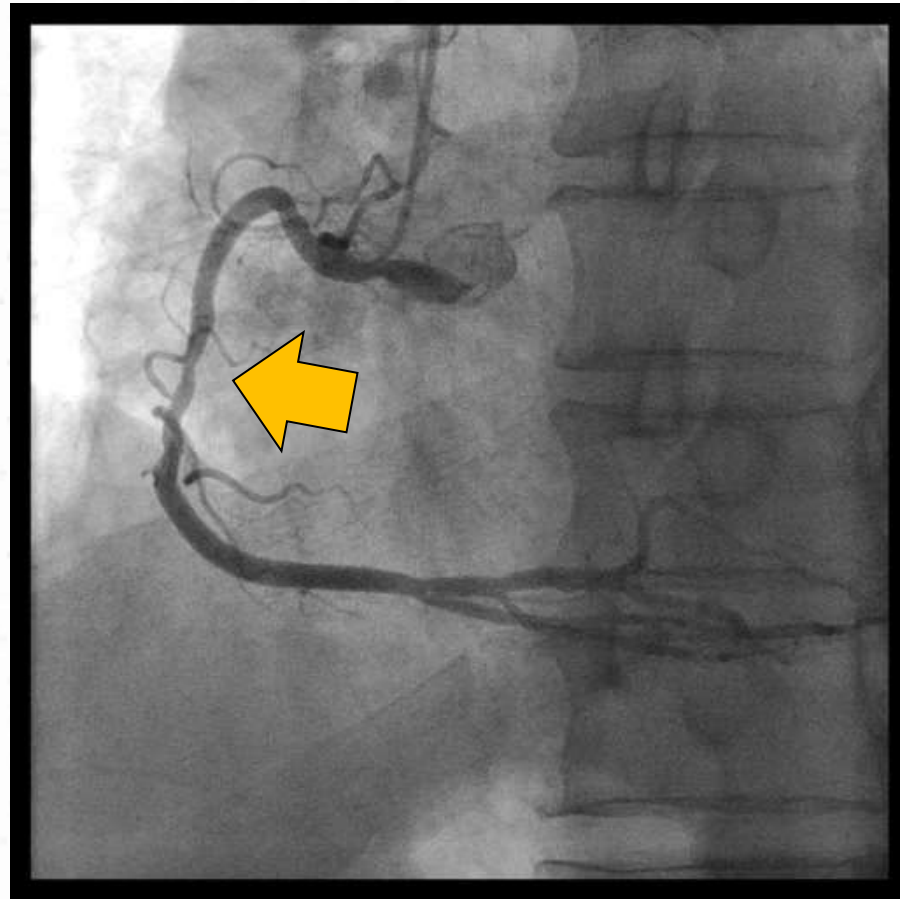
# M/76, Effort Chest Pain

## Treadmill Test

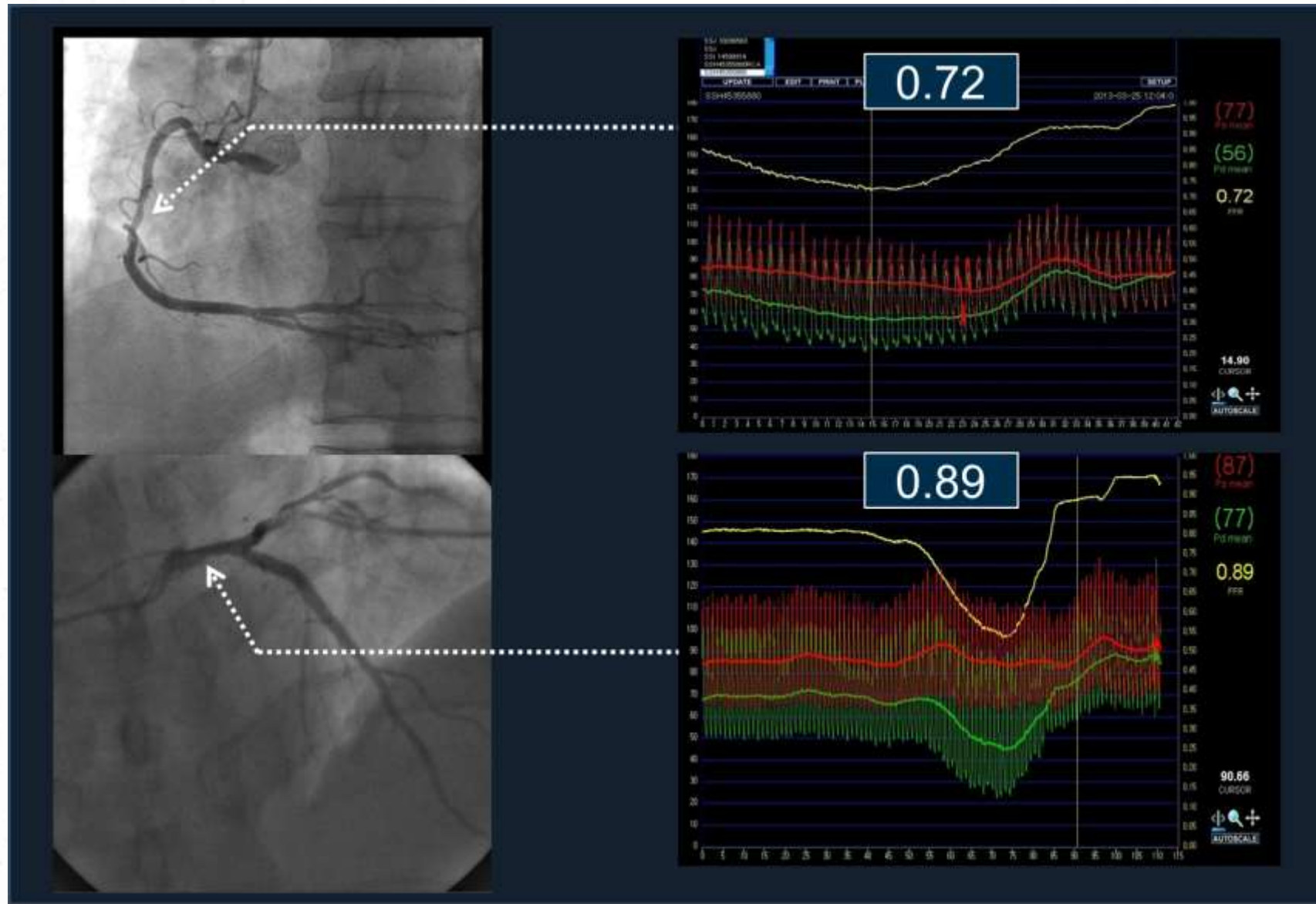


Positive at Stage 4

# Coronary Angiography



# Fractional Flow Reserve

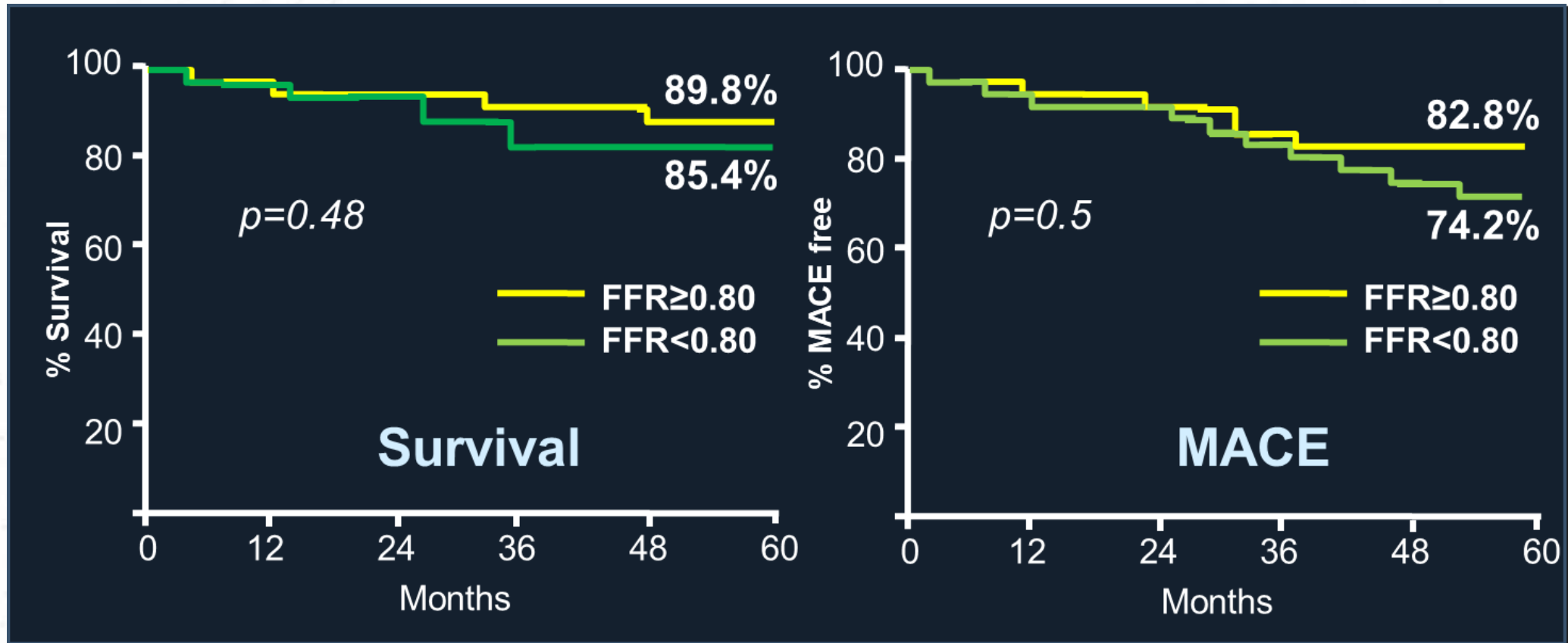




# FFR guided PCI in Equivocal LMCA

In 213 patients with an equivocal LMCA stenosis

FFR  $\geq 0.80$ : Medication (n=138) vs. FFR  $< 0.80$ : CABG (n=75)



Hamilos M. et al. Circulation. 2009;120:1505-1512

# Clinical Outcomes After Deferral of LM Disease

## (6 studies, 296 patients)

Outcomes	Incidence (%/year)
All Death	2.6 (1.3-5.2)
Cardiac Death	2.6 (1.3-5.2)
Myocardial Infarction	2.0 (0.7-5.1)
TVR	5.5 (3.3-8.8)
MACE	8.2 (5.5-12.1)

Hamilos M, Circulation. 2009;120:1505-1512

Bech GJ, Heart. 2001;86:547-552

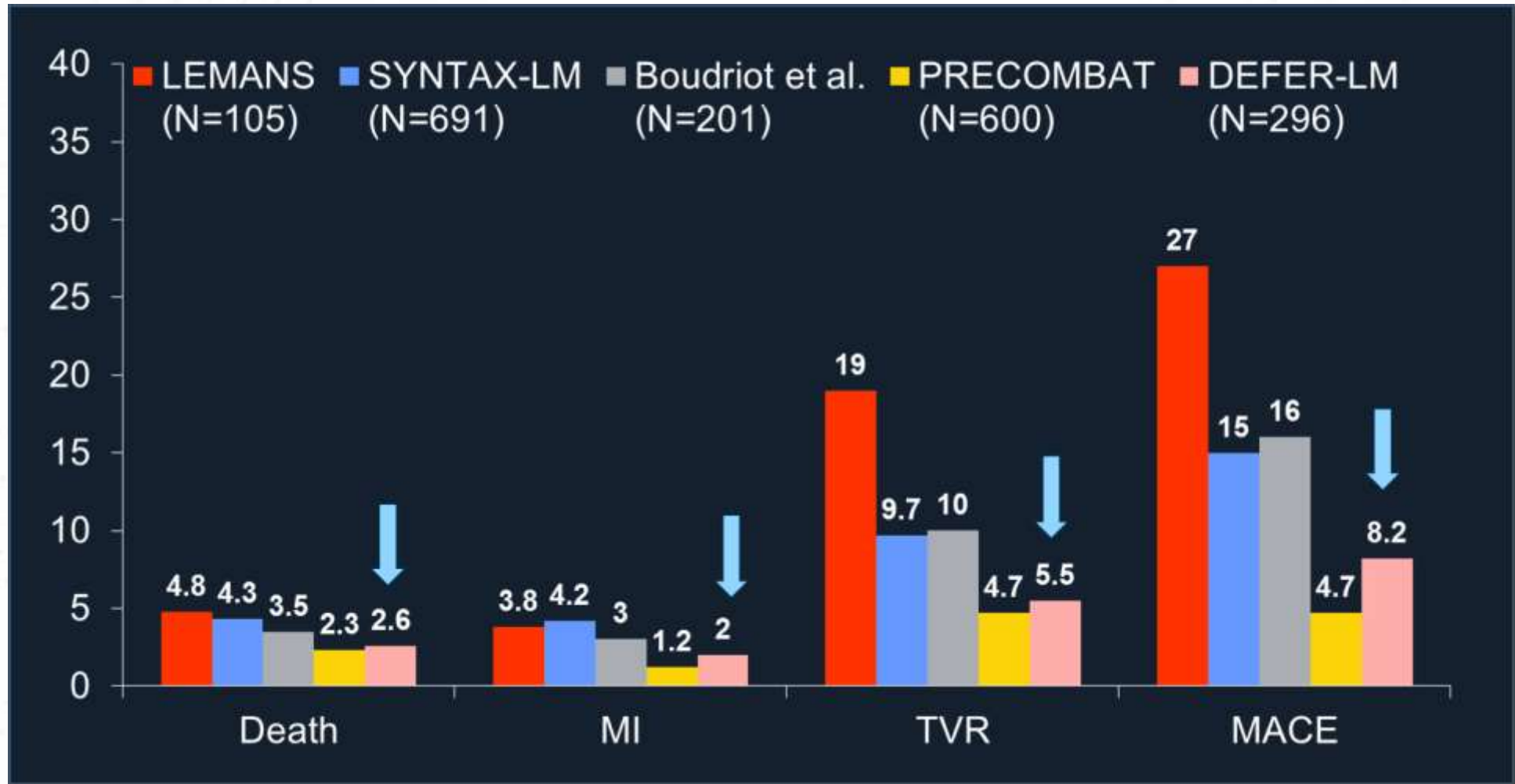
Courtis J, Am J Cardiol. 2009;103:943-949

Lindstaedt M, Am Heart J. 2006;152:151-159

Jasti V, Circulation. 2004;110:2831-2836

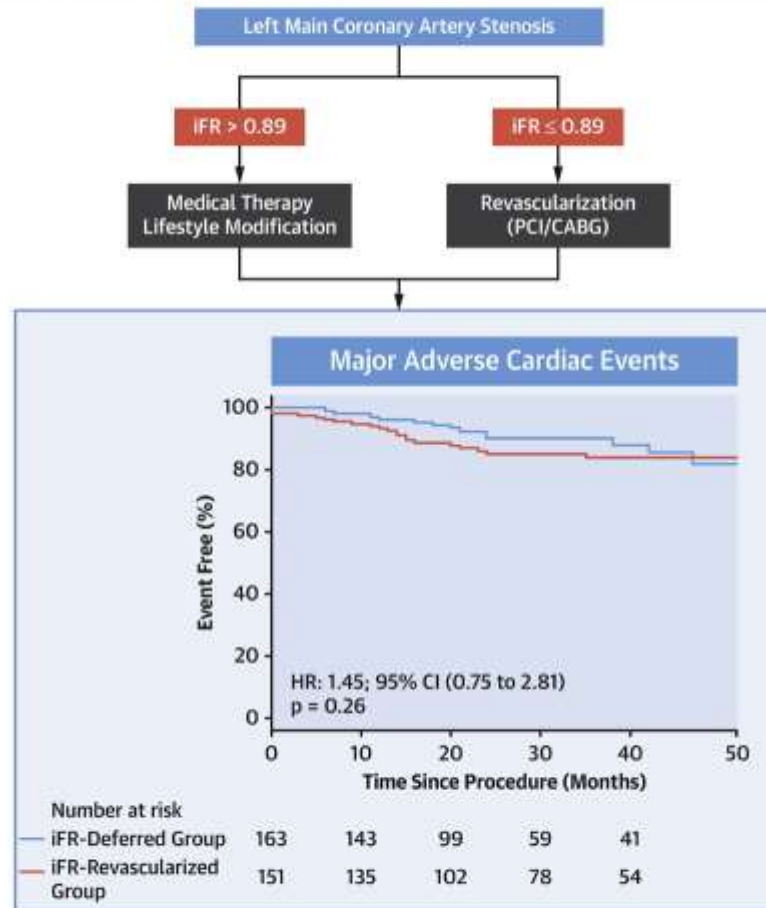
Sueman, Heart Vessels. 2005;20:271-7

# Safety of Deferred LM Disease



# Deferred LM Disease By iFR

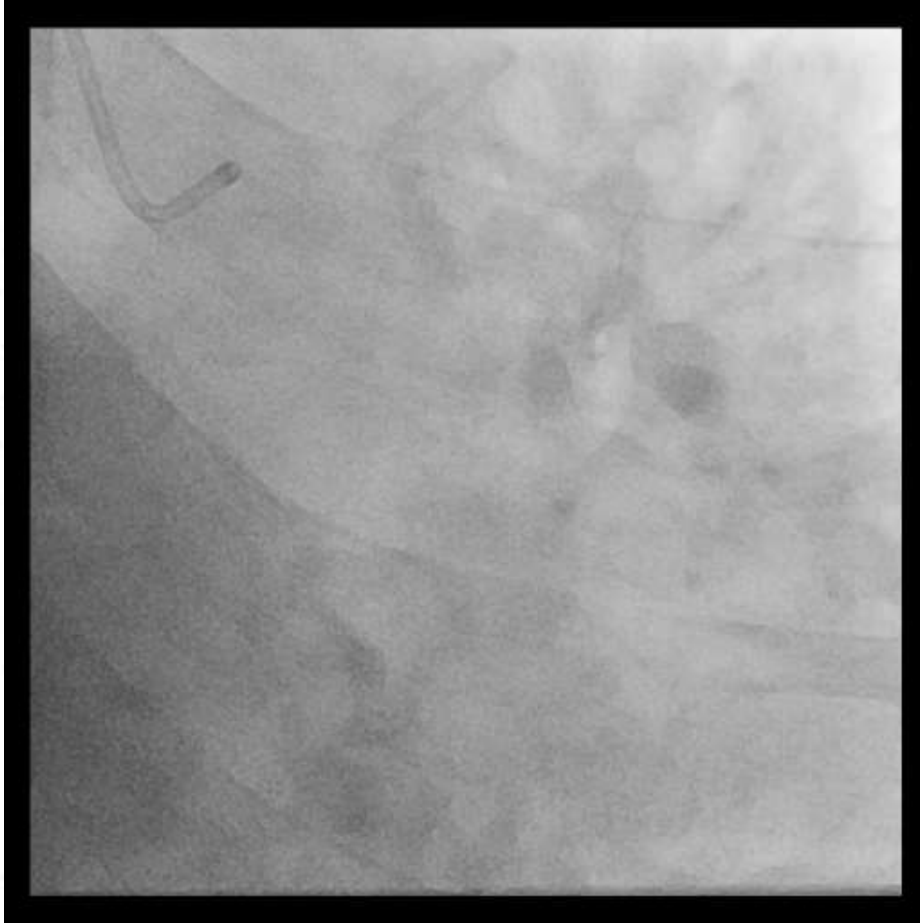
**CENTRAL ILLUSTRATION: MACE in Patients With LM Stenosis: Kaplan-Meier Curves**



Warisawa, T. et al. J Am Coll Cardiol Interv. 2020;13(14):1655-64.

# Technical Issues

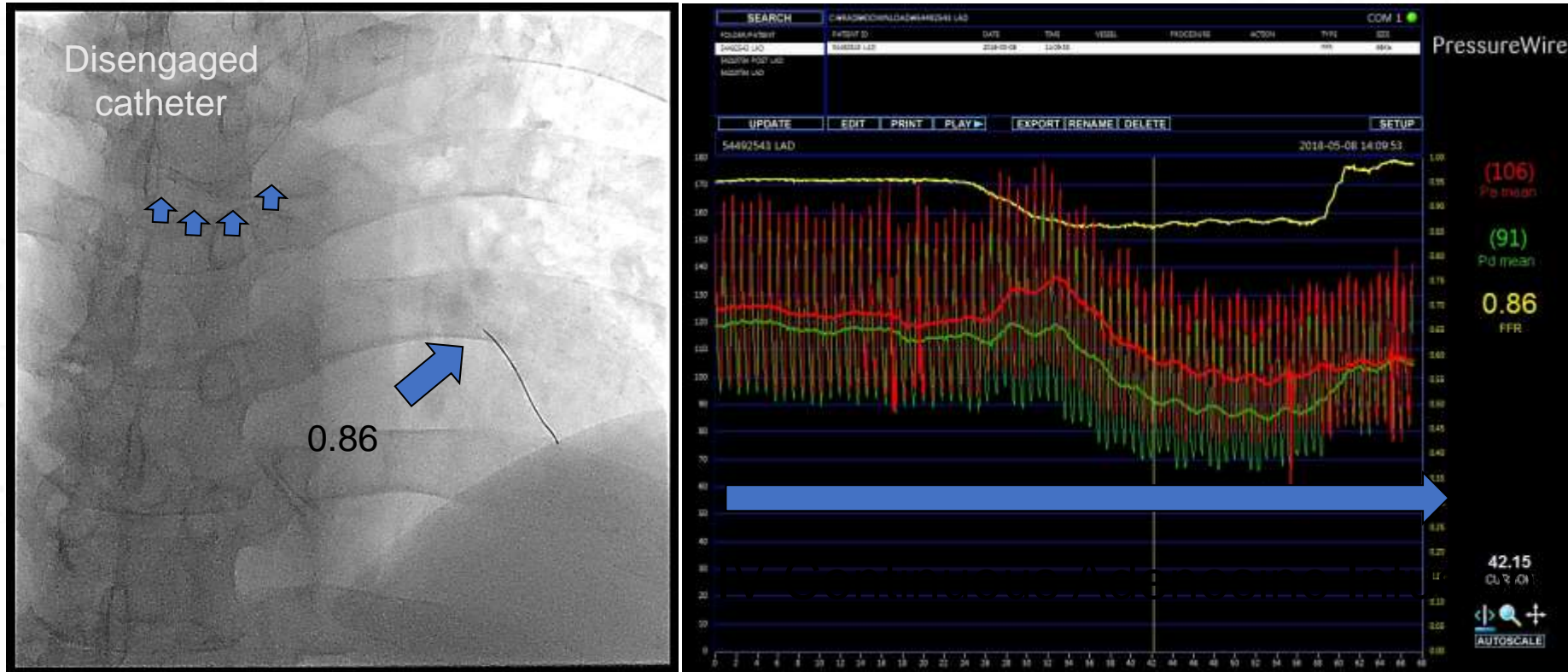
# Left Main Ostial Evaluation





# Left Main Ostial Evaluation

## Guiding Catheter Disengagement

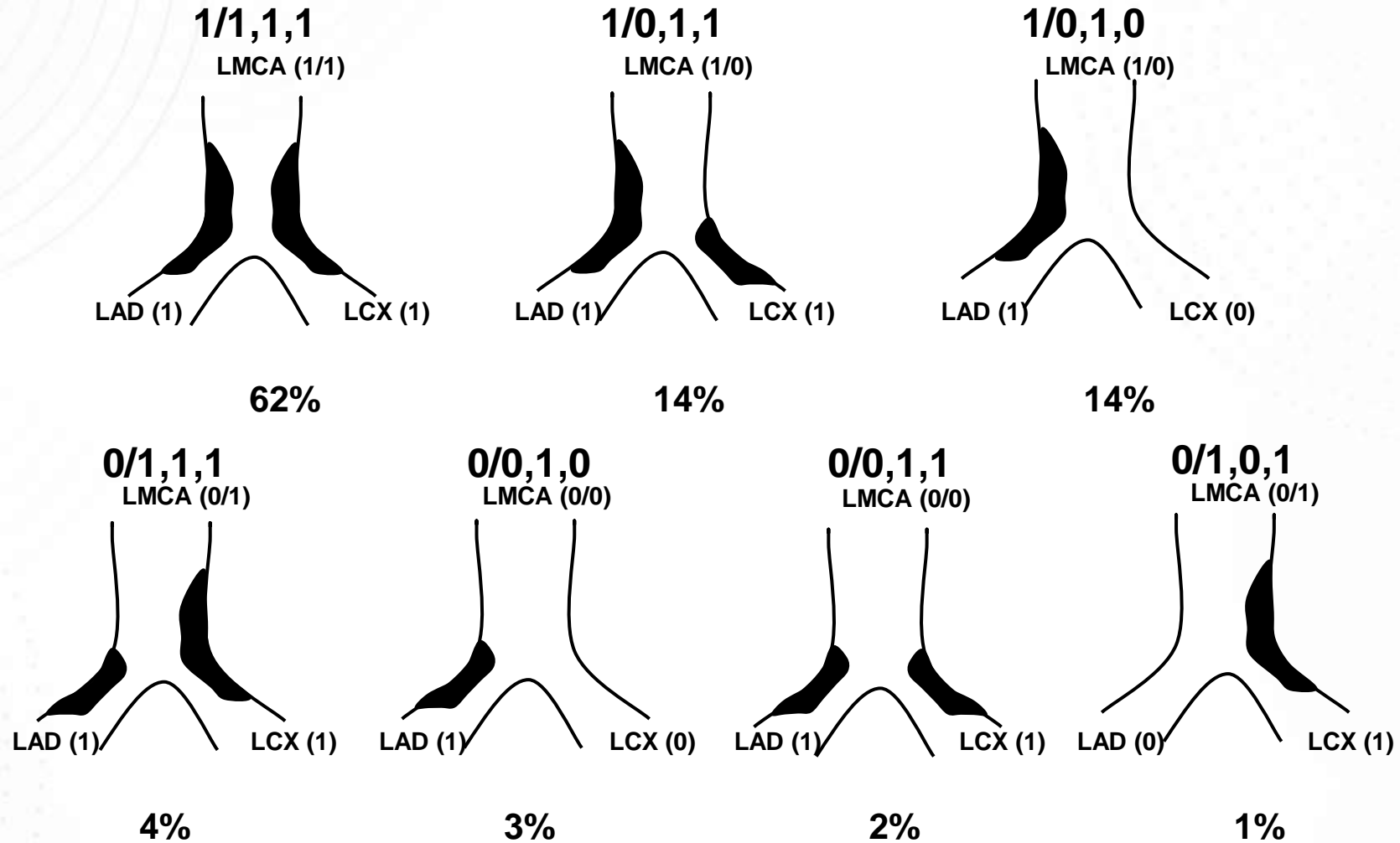


**LM, FFR 0.86**

# LM Bifurcation Evaluation



# LM Bifurcation Evaluation

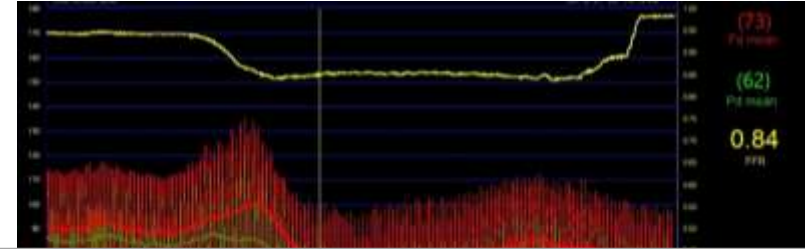


In 90% plaque extends from LMCA-LAD

Oviedo C et al. Circ Cardiovasc Interv 2010;3:105-12.

# LM Bifurcation Evaluation

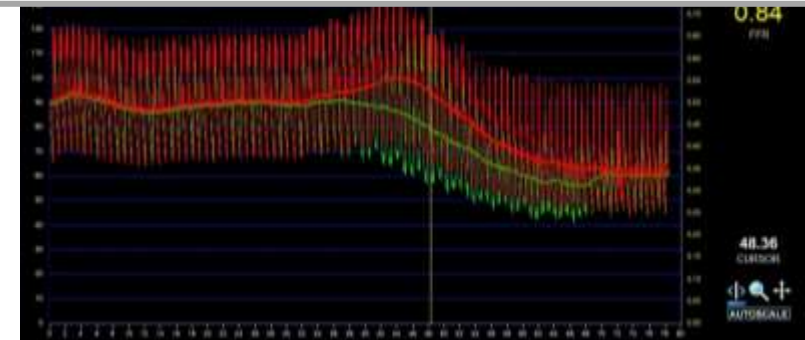
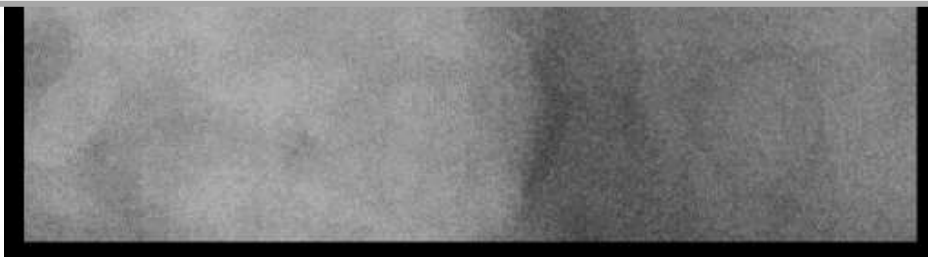
LAD Pull Back



If either FFR is Positive,

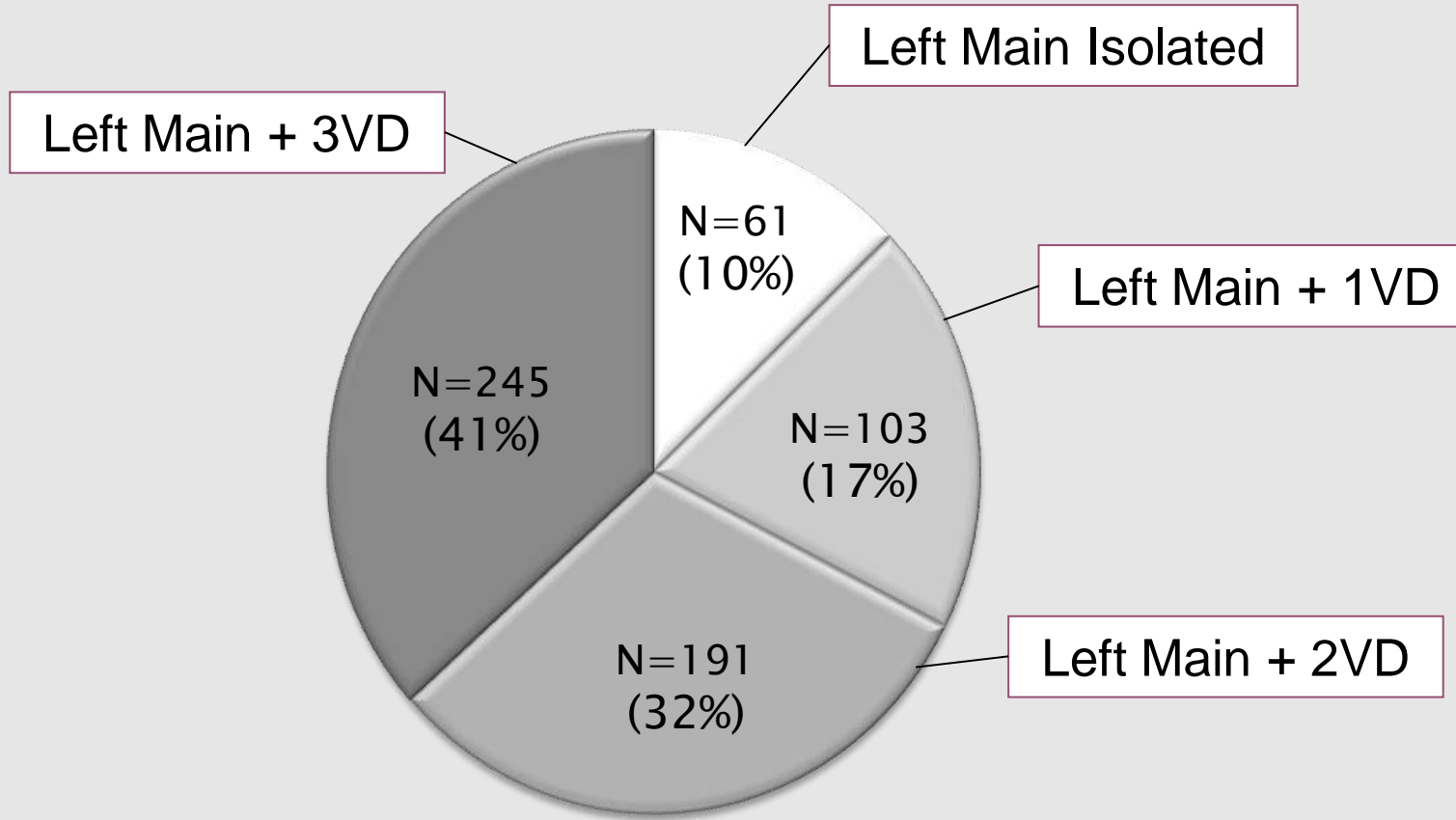
- We have to treat LM bifurcation (single disease unit).
- We cannot separately treat it.

Practically, I measured LAD FFR > LCX FFR



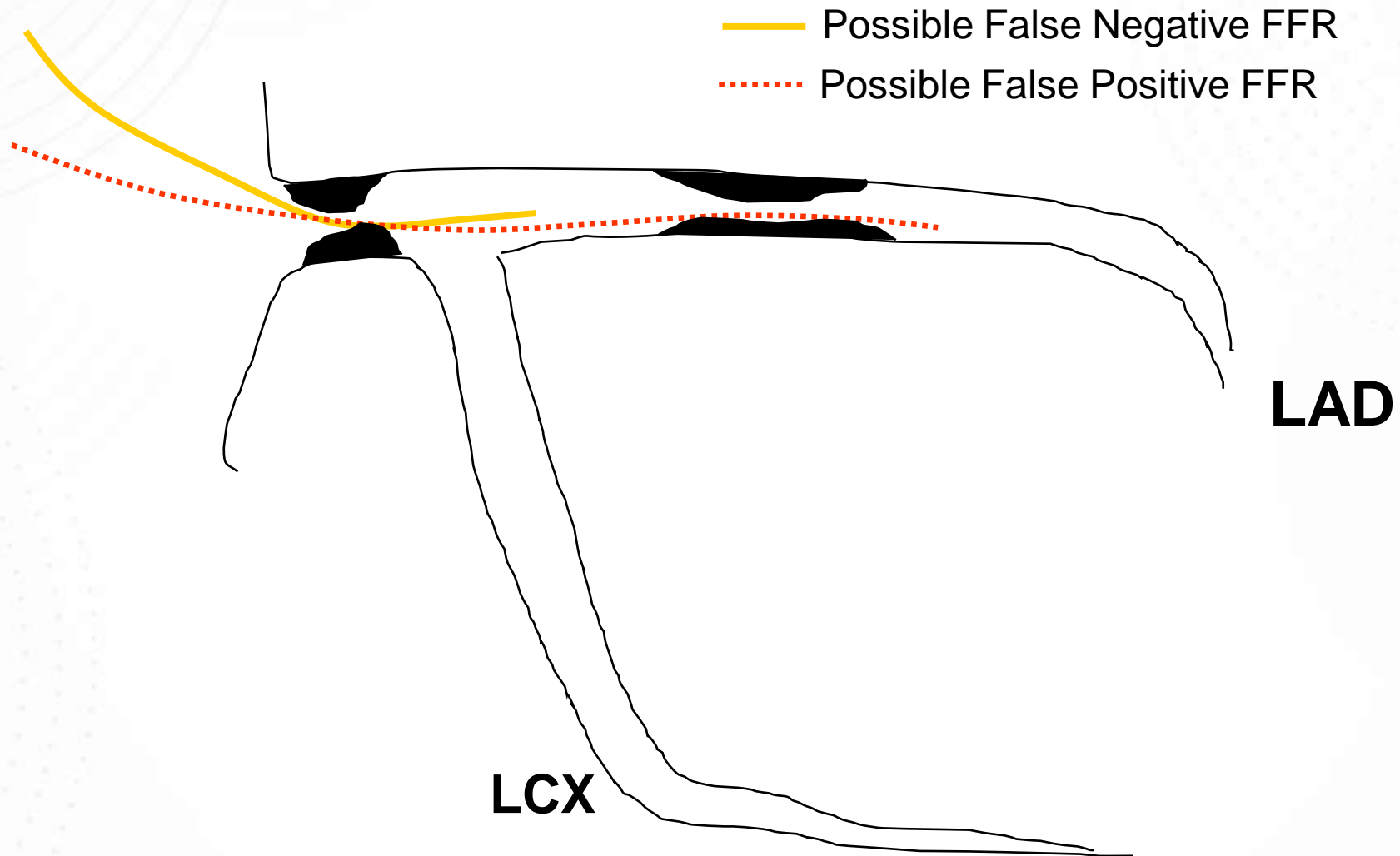
# Down Stream Disease

## PRECOMBAT Trial



Ahn JM et al. J Am Coll Cardiol 2015;65:2198-2206

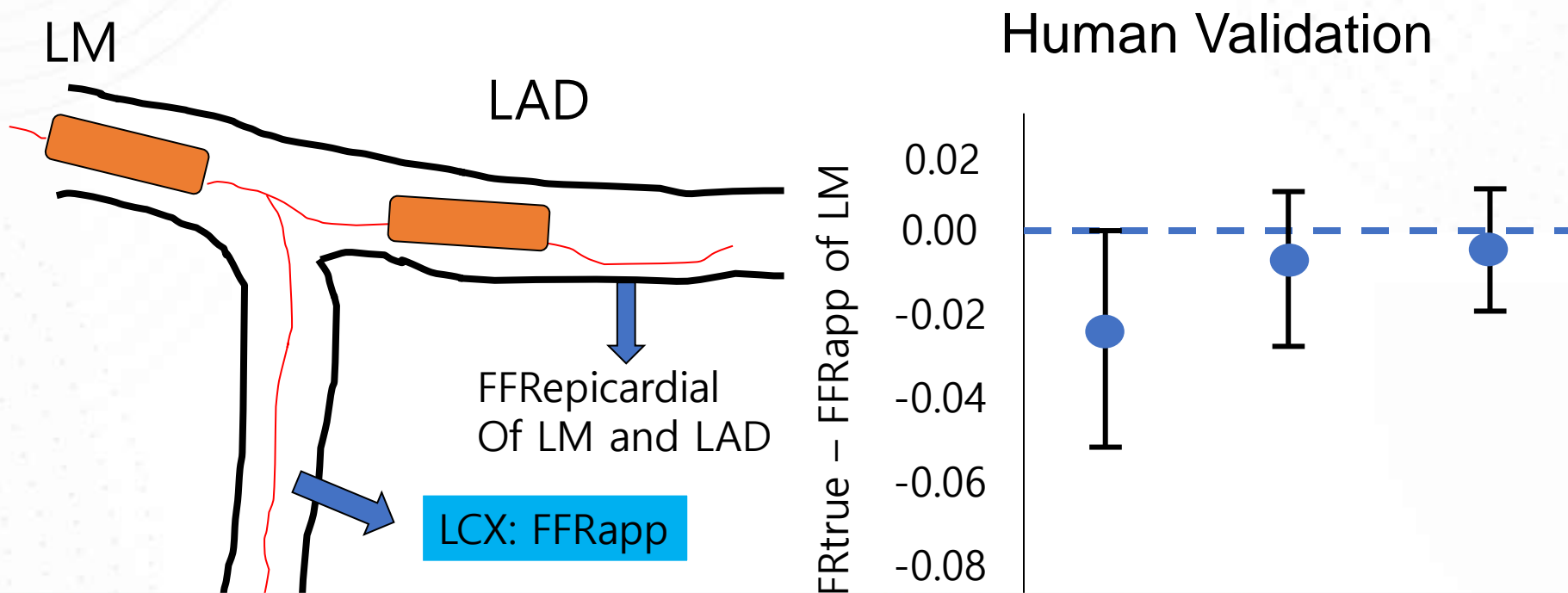
# Down Stream Disease





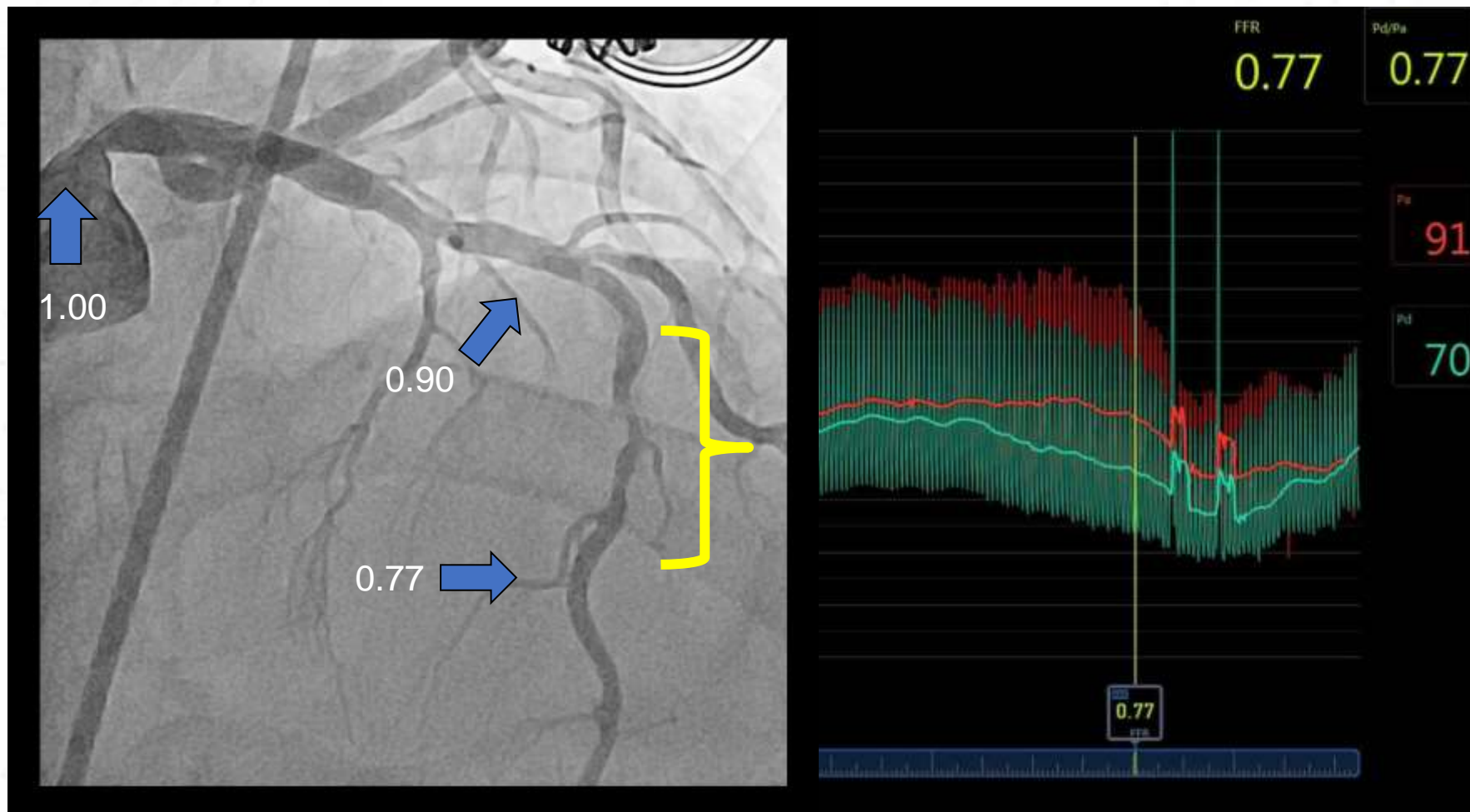
# Down Stream Disease

Unless downstream stenosis is very significant, its impact is mild

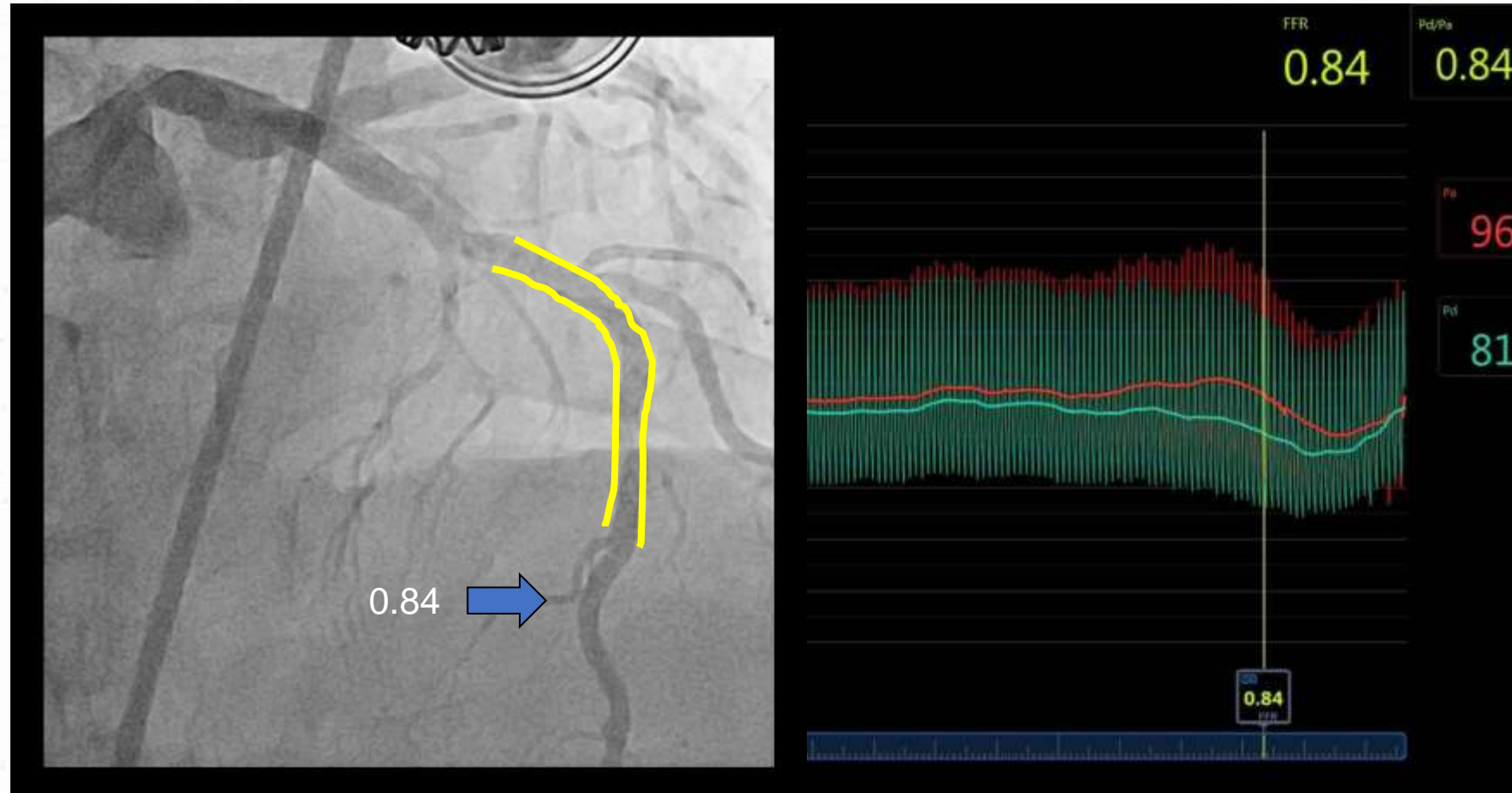


**RESULTS** In 25 patients, 91 pairs of measurements were made, 71 with LAD stenosis and 20 with LCx stenosis.  $FFR_{true}$  of the LMCA was significantly lower than  $FFR_{app}$  ( $0.81 \pm 0.08$  vs.  $0.83 \pm 0.08$ ,  $p < 0.001$ ), although the numerical difference was small. This difference correlated with the severity of the downstream disease ( $r = 0.35$ ,  $p < 0.001$ ). In all cases in which  $FFR_{app}$  was  $>0.85$ ,  $FFR_{true}$  was  $>0.80$ .

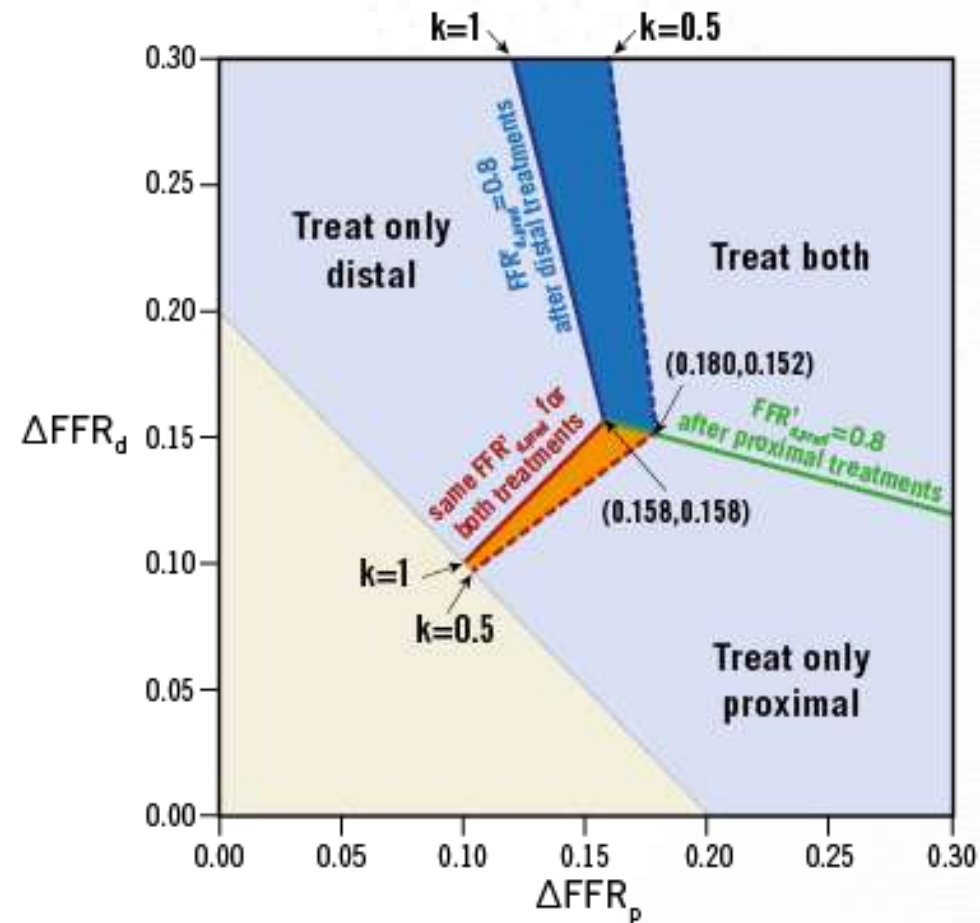
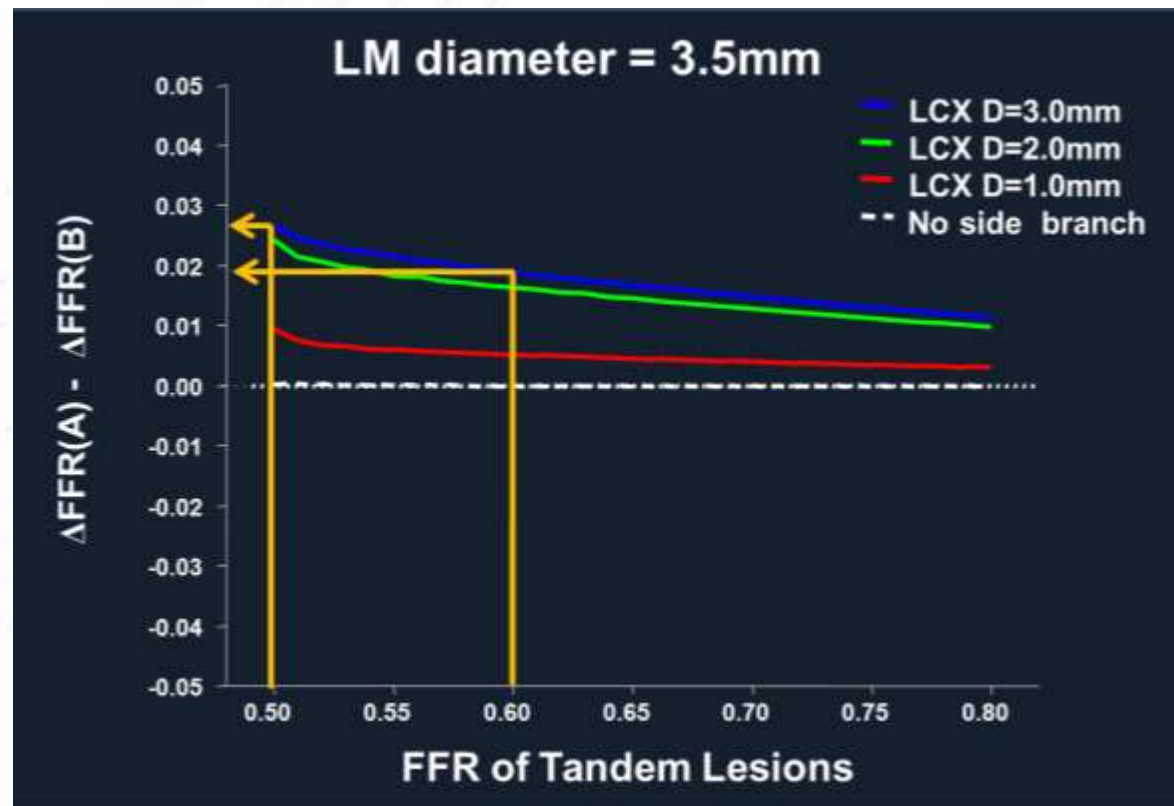
# Concept of Tandem Lesion Pressure Wire Pull Back



# Concept of Tandem Lesion Pressure Wire Pull Back



The impact of big side branch (LCX) on  $\Delta \text{FFR}$  is about  $<0.02-0.03$ .  
This number may be below the clinical significance.



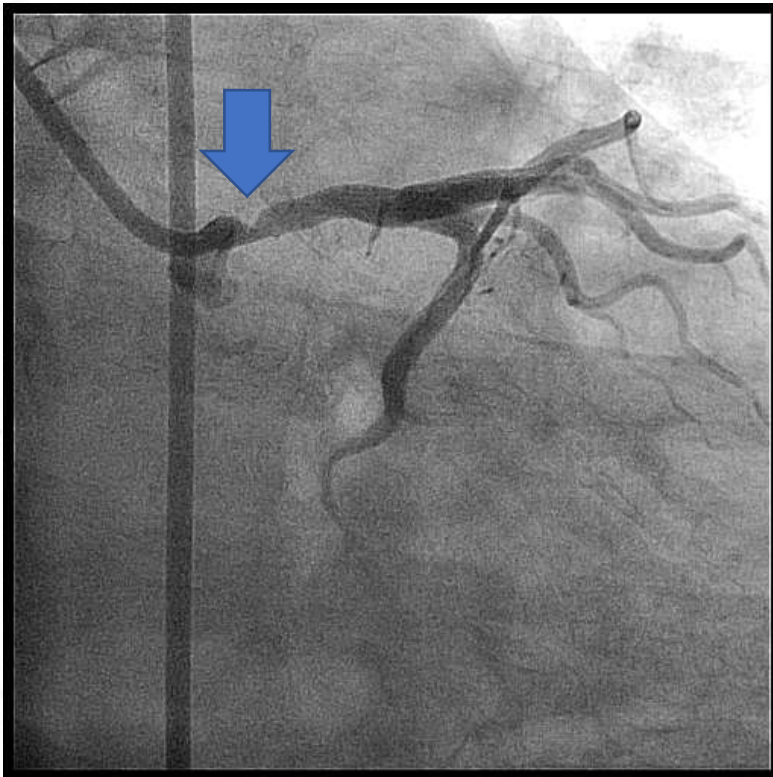
EuroIntervention 2016;12:e1375-e1384

# How to Treat LM disease by PCI

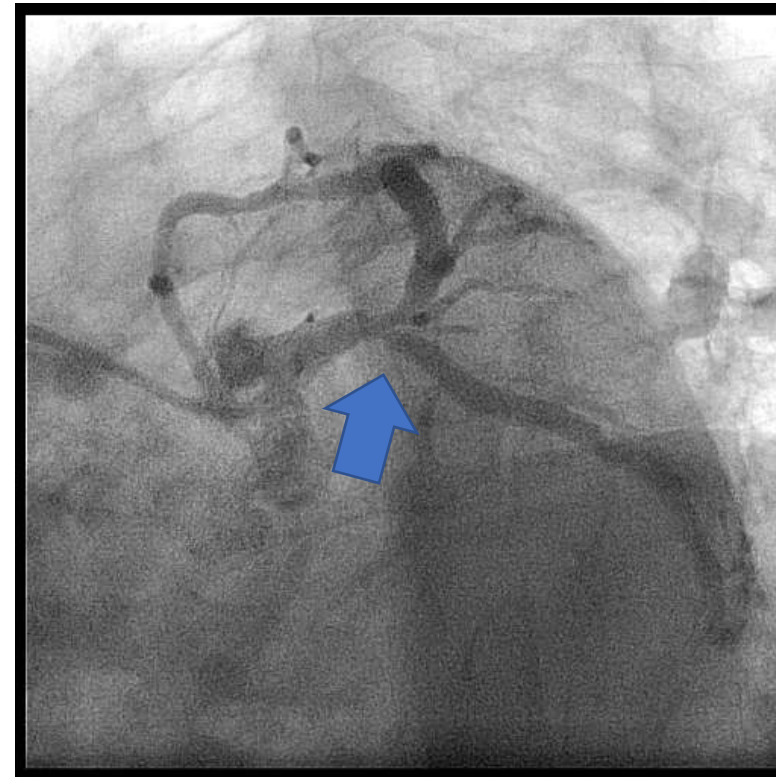


# LM PCI Strategy

Ostial and Shaft Disease

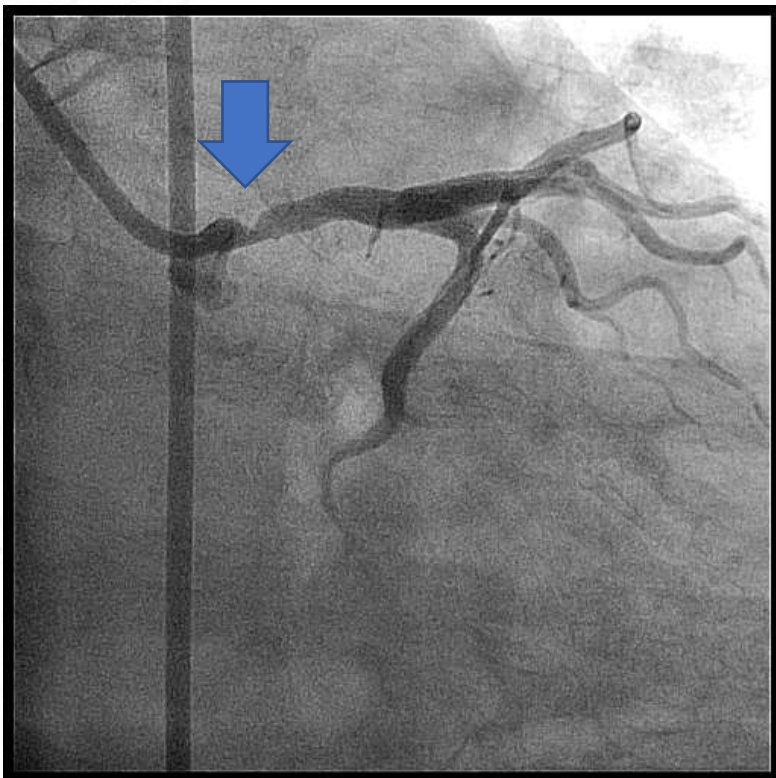


Bifurcation Disease



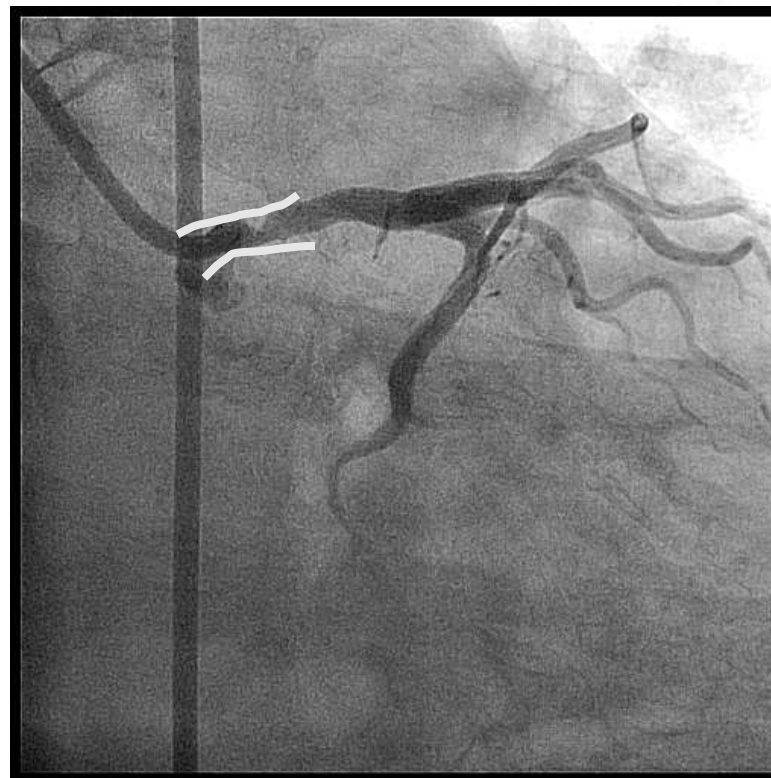
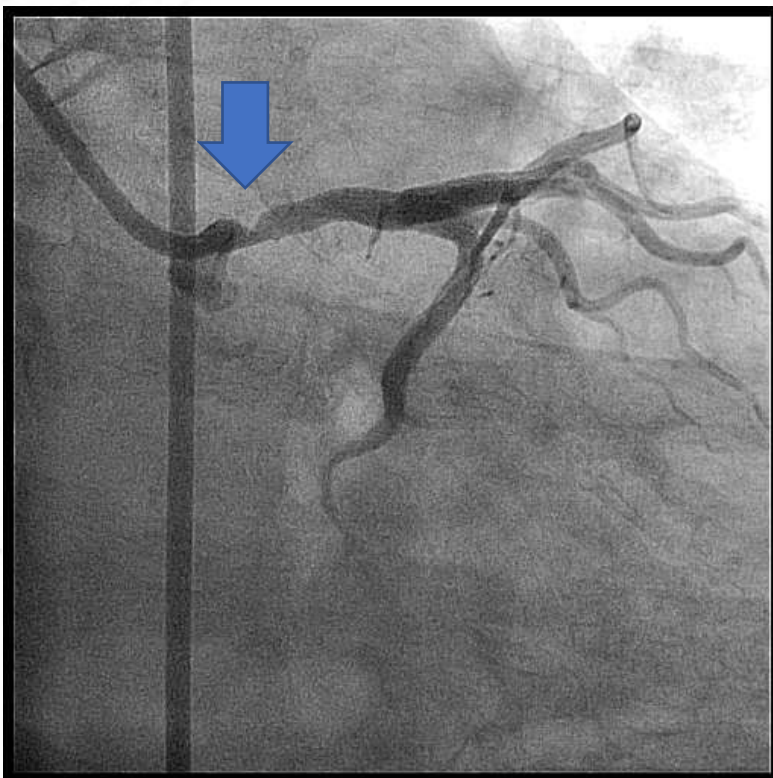


# Ostial or Shaft Stenosis

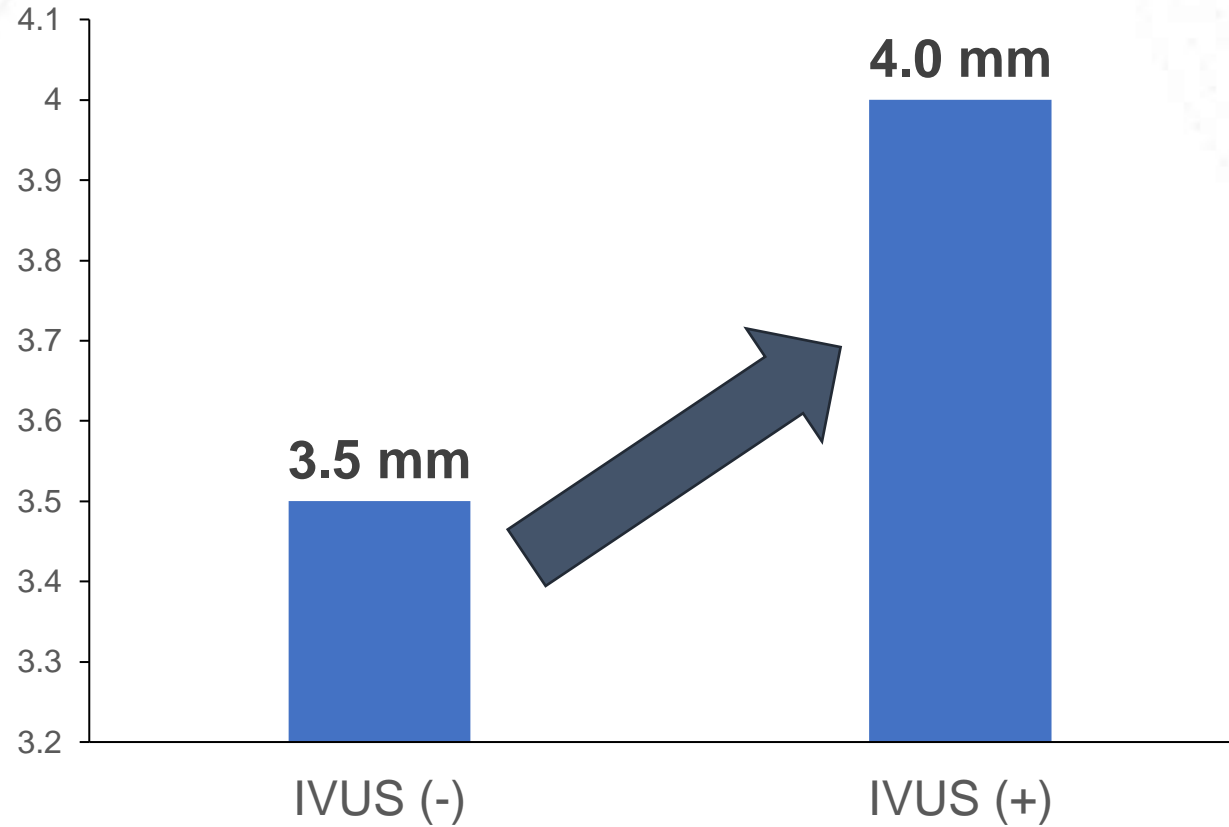


# Ostial or Shaft Stenosis

**Just Stent it**

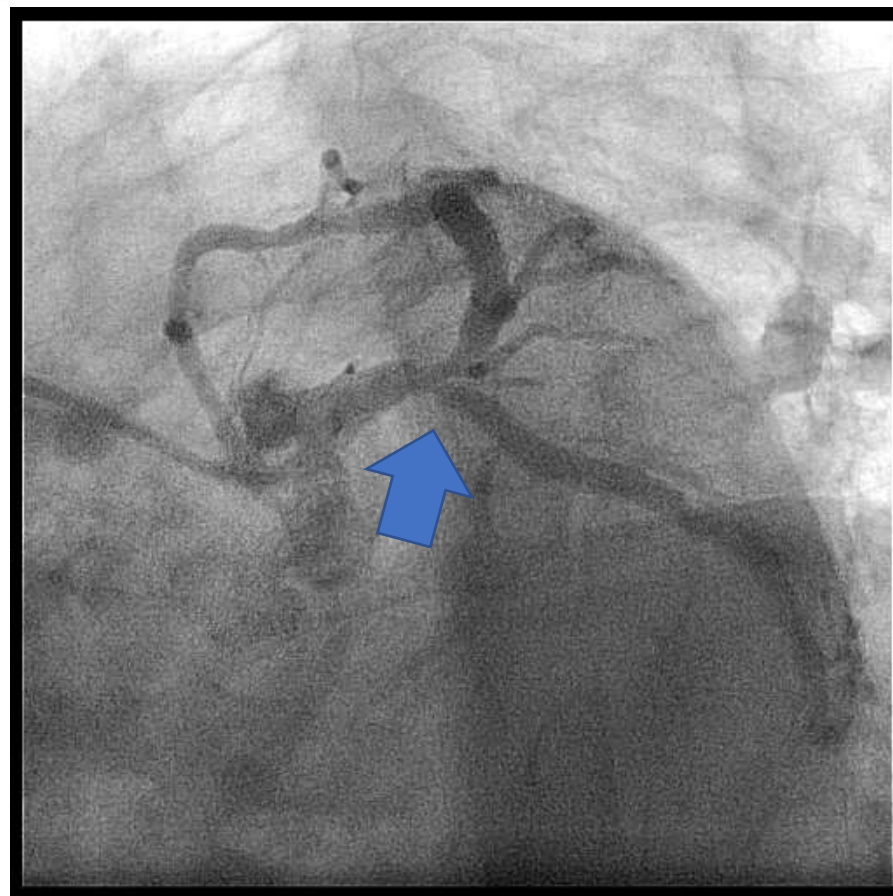


# You Can Select Bigger Stent When You Use IVUS

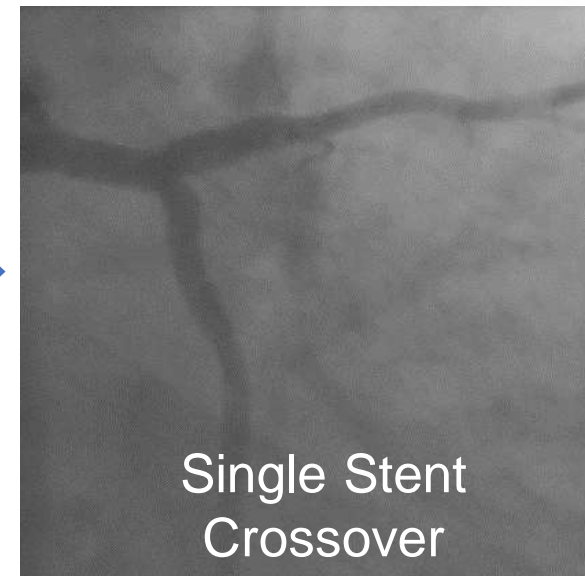
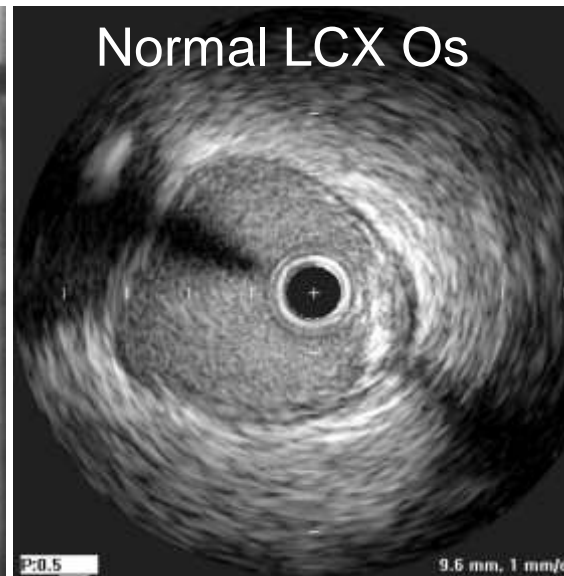
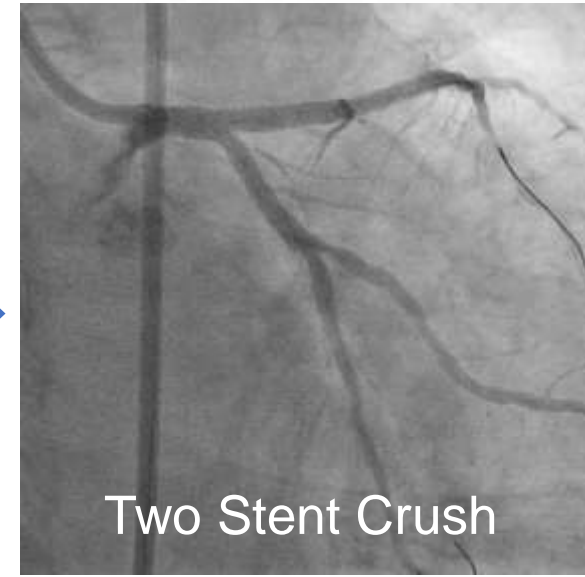
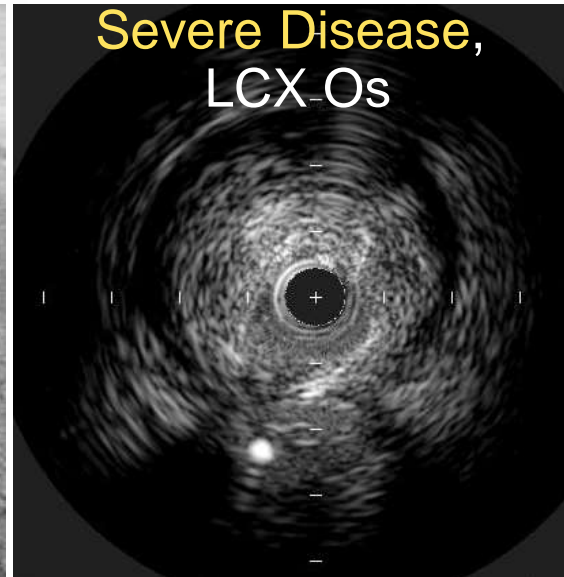
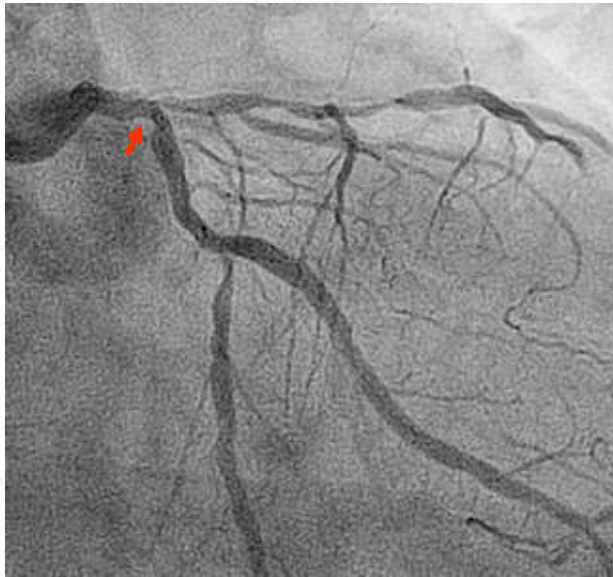


Andell P et al. Circ Cardiovasc Interv. 2017;10:e004813

# For Bifurcation Stenosis

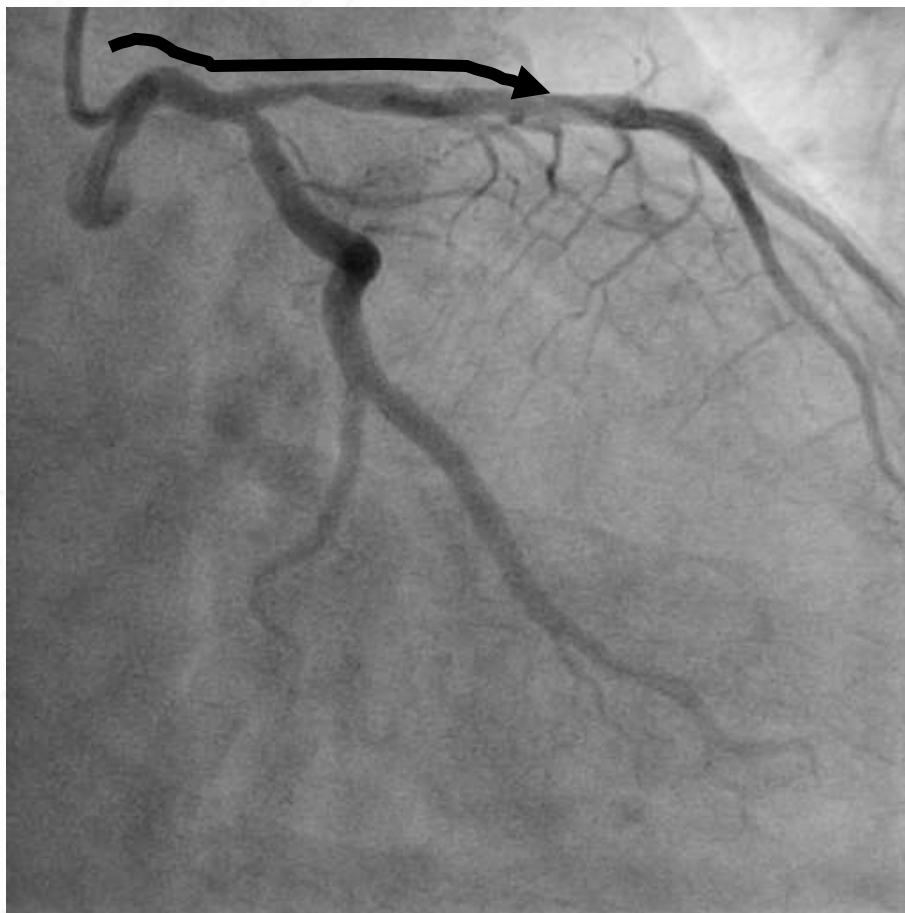


# ***If Either FFR is Positive, LCX Ostial Disease (By IVUS) Determines Strategy***

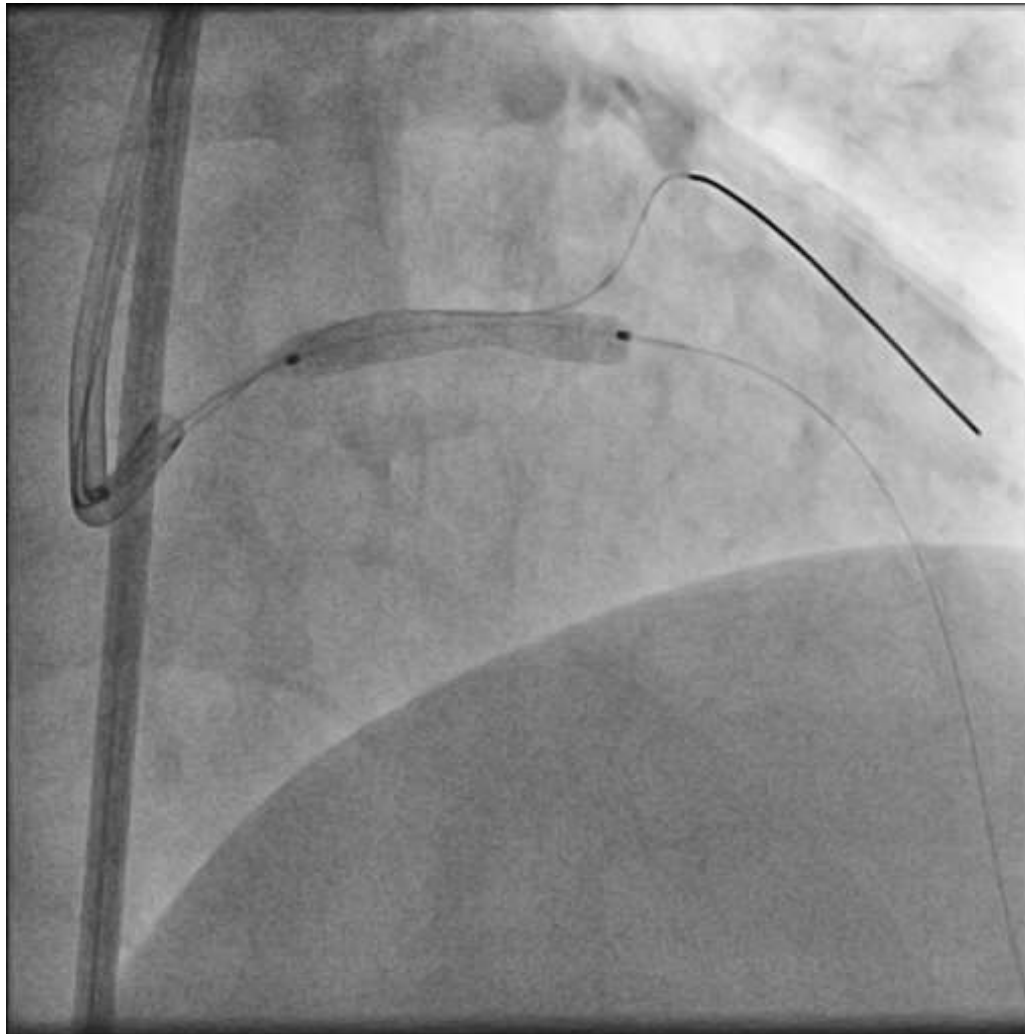




# LAD, FFR 0.68

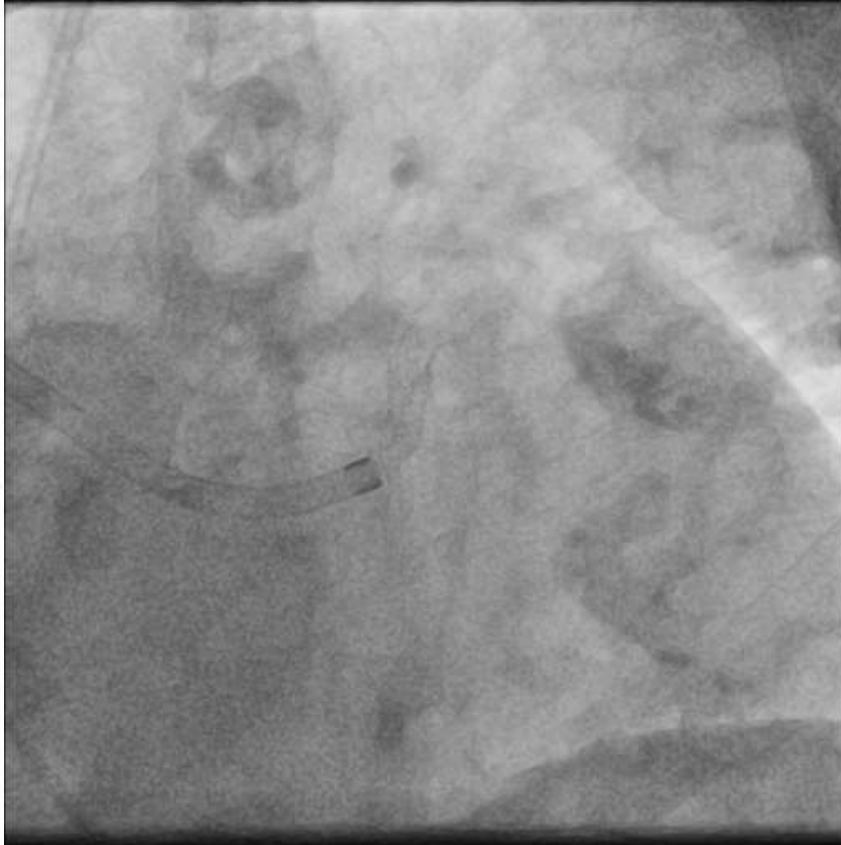


# PCI at LM-LAD

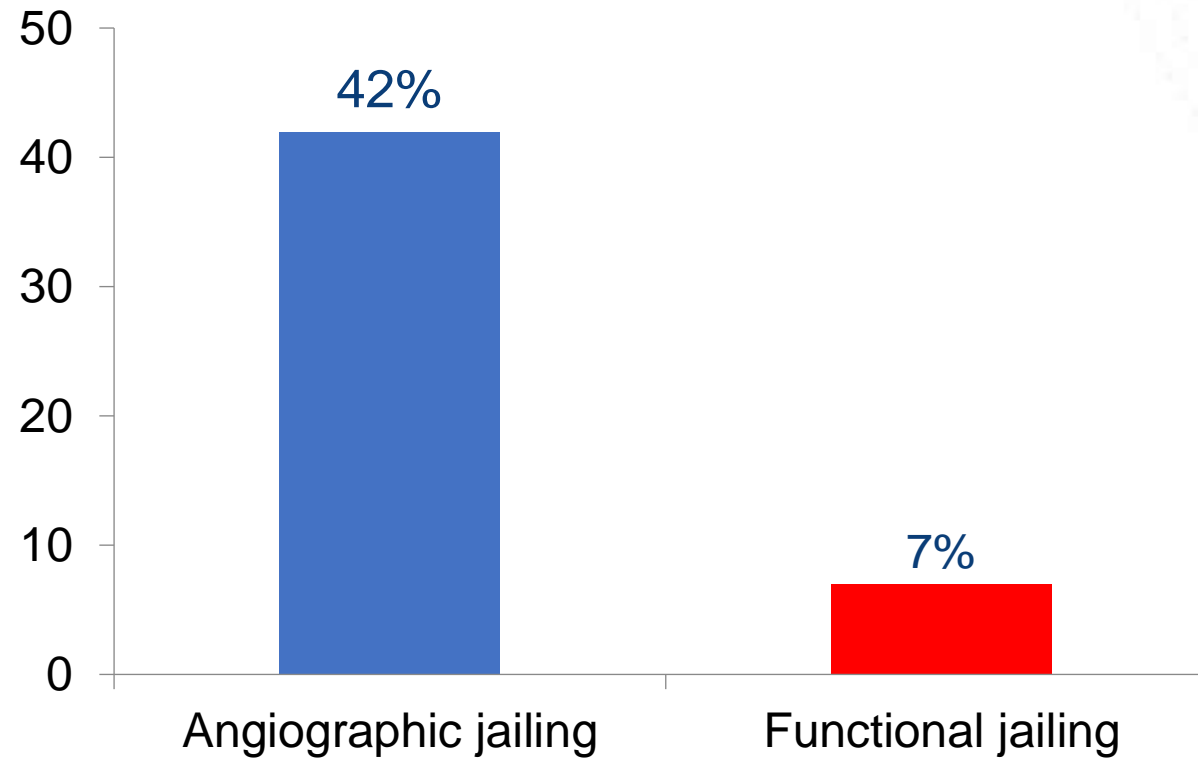


LM-pLAD Orsiro 4.0 (22)

# Post Simple Cross Over Stenting

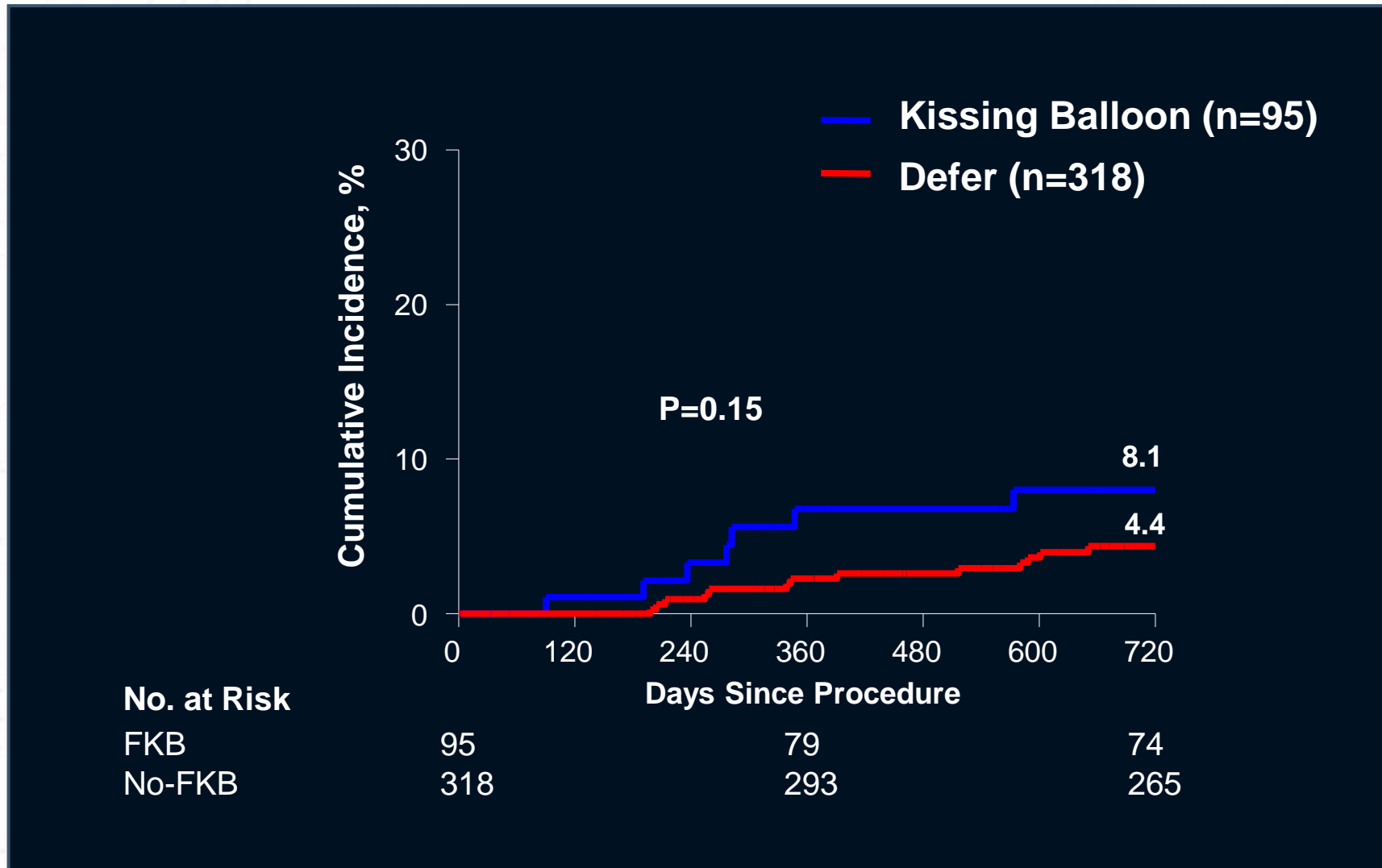


***Functionally Significant LCX Jailing***  
**After Stent Crossover (LCX ostial DS<50%)**



Kang SJ, Catheterization and Cardiovascular Interventions. 2014;83(4):545-52.

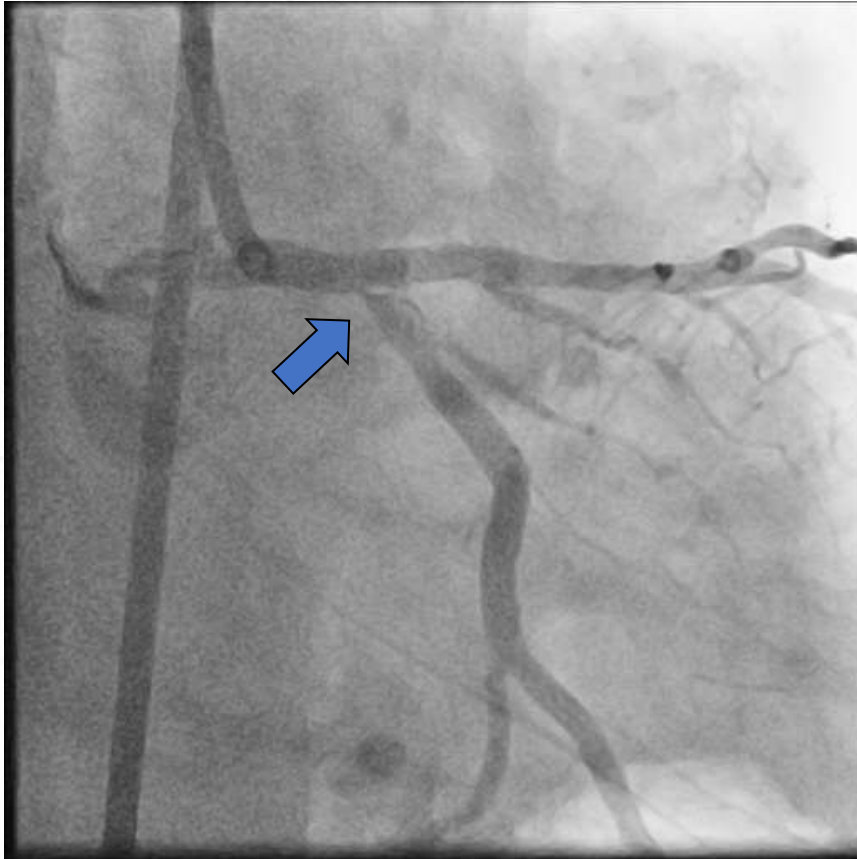
# Left Main-TLR *at 2 Years*



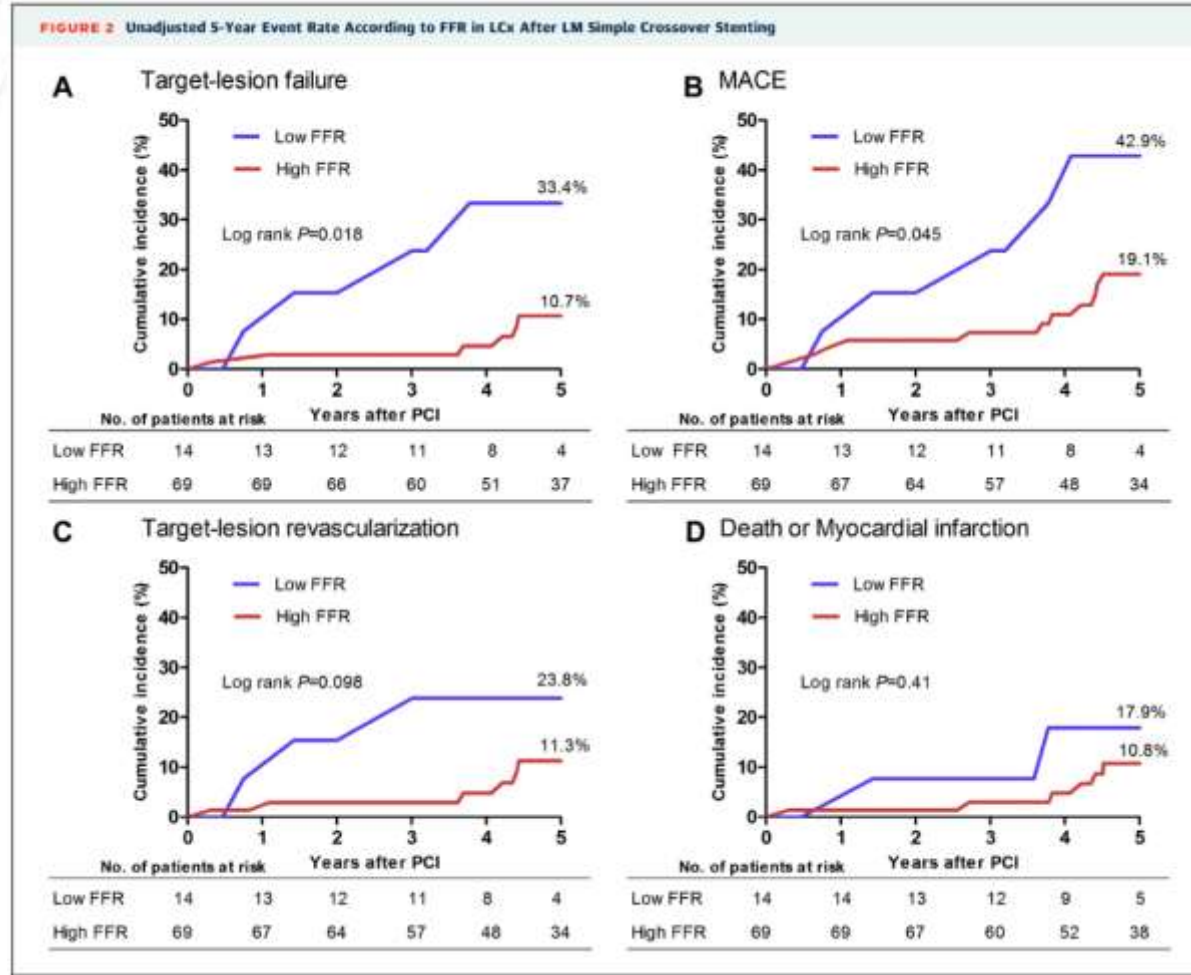
Ahn JM, Park SJ, et al. Am J Cardiol. 2017 Feb 15;119(4):528-534



# POST PCI LCX FFR 0.82



# LCX FFR after Simple Cross Over



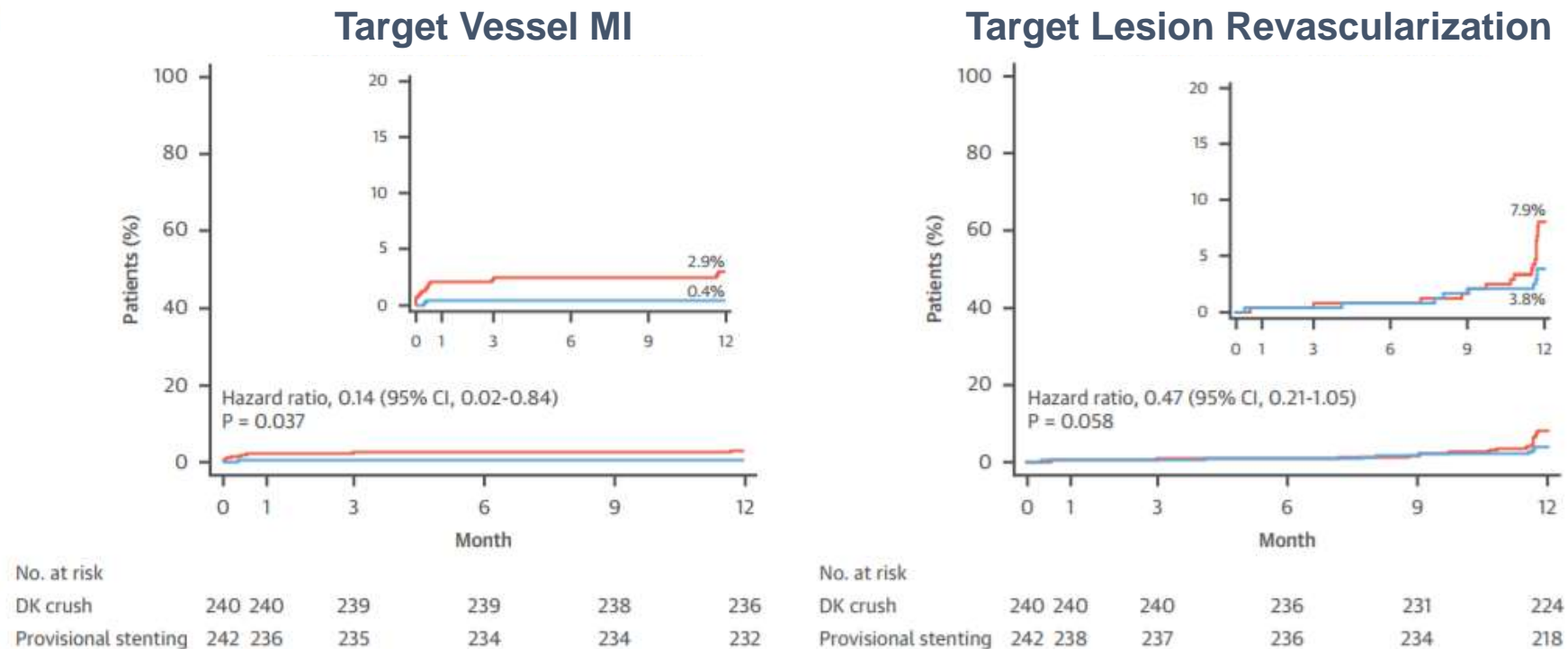
J Am Coll Cardiol Interv 2019;12:847–55

# For True Bifurcation



# Don't Do One Stent For *True* Bifurcation

## DK CRUSH V



Chen SL et al. J Am Coll Cardiol. 2017 Nov 28;70(21):2605-2617

# Is There Difference in Outcomes?

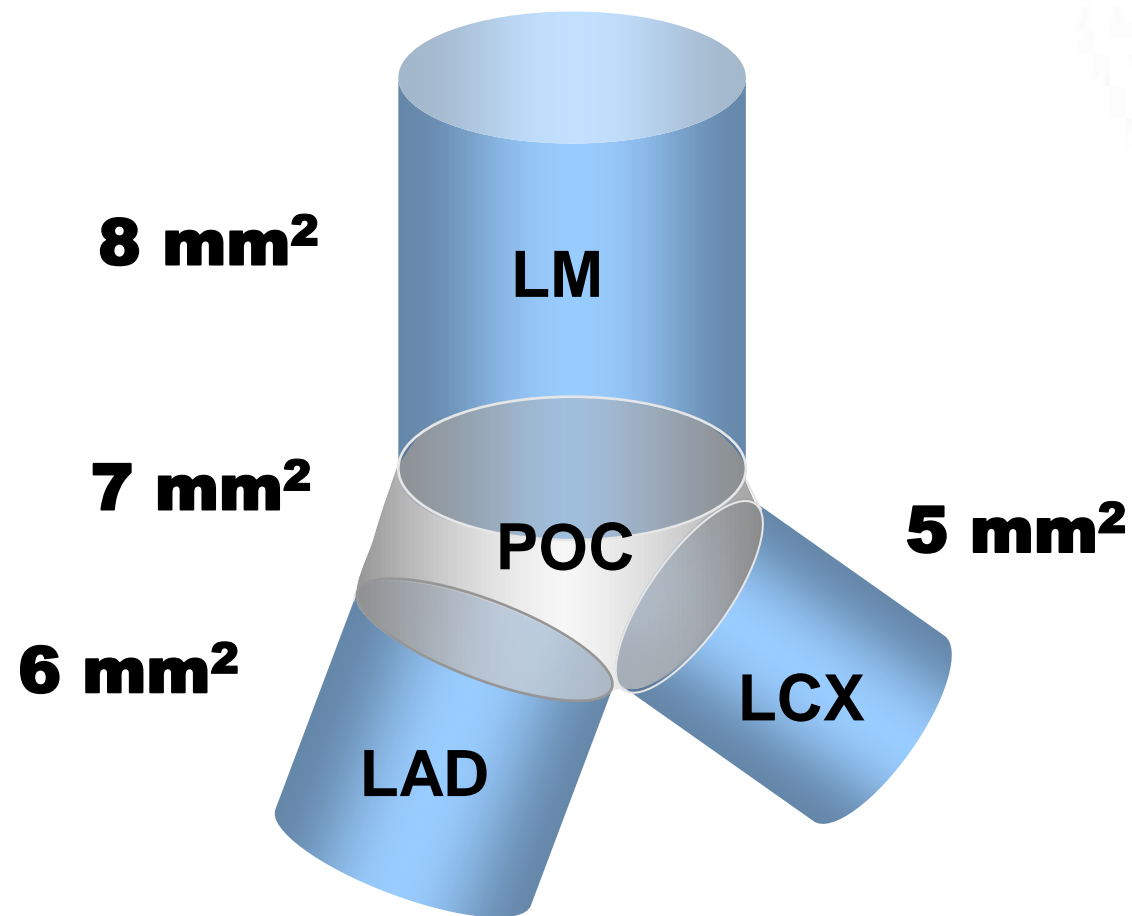
	Advantages	Disadvantages
Culotte	Compatible with 6 Fr guider Independent of bifurcation angle Predictable scaffolding	Leaves multiple layers of strut Potential acute closure of MB
Classic crush	Relatively simple Low risk of SB occlusion Good coverage of SB ostium	Difficult FKI Requires 7 or 8 Fr guider Leaves multiple layers of strut
Mini-crush	Minimises multiple layers of strut Good scaffolding at SB ostium Facilitates FKI Compatible with 6 Fr guider using balloon crushing	Still leaves multiple layers of strut
DK-crush	Good scaffolding at SB ostium Facilitates FKI Compatible with 6 Fr guider	Complex procedural steps
Simultaneous kissing stenting	No risk of occlusion for both branches No need to re-cross any stent Technically easy and quick	Requires 7 or 8 Fr guider Leaves long metallic carina Over-dilatation in proximal MB Diaphragmatic membrane formation at the overlapped stents Difficulty in repeat revascularisation
T-stenting	Good SB scaffolding with angles >70°	Potential gap at SB ostium Protrusion of SB stent into the MB (in the case of TAP)

*Roh JH et al. Eurointervention 2015;11 Suppl V:V125-8*



# Post LM Stenting Optimization

## *Effective IVUS Stent Area (Rule of 5,6,7,8)*



Kang et al. Circ Cardiovasc Interv 2011;4:1168-74

# 2018 ESC Guideline

## Recommendations on functional testing and intravascular imaging for lesion assessment

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>
When evidence of ischaemia is not available, FFR or iwFR are recommended to assess the haemodynamic relevance of intermediate-grade stenosis. <sup>15,17,18,39</sup>	I	A
FFR-guided PCI should be considered in patients with multivessel disease undergoing PCI. <sup>29,31</sup>	IIa	B
IVUS should be considered to assess the severity of unprotected left main lesions. <sup>35-37</sup>	IIa	B

©ESC 2018

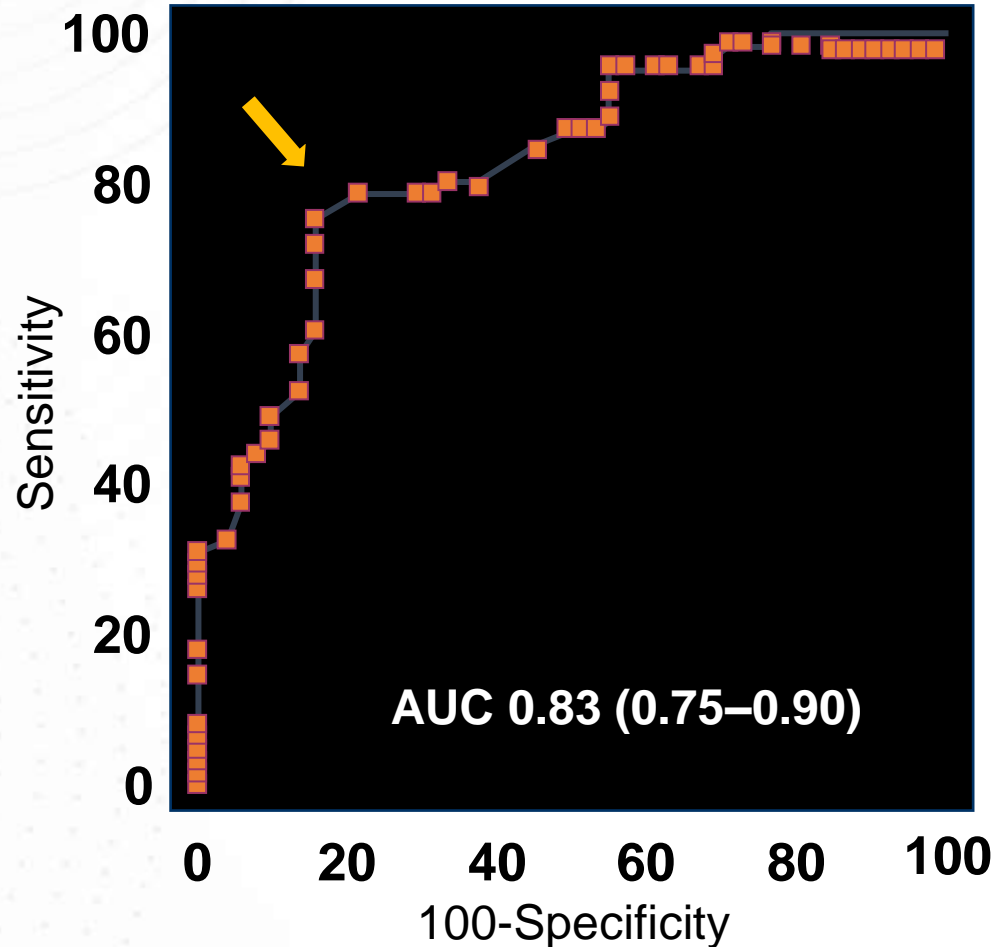
FFR = fractional flow reserve; iwFR = instantaneous wave-free ratio; IVUS = intravascular ultrasound; PCI = percutaneous coronary intervention.

<sup>a</sup>Class of recommendation.

<sup>b</sup>Level of evidence.

# IVUS MLA

Matched with FFR  $<0.80$  (N=112)



**Cut-off = 4.5 mm<sup>2</sup>**

Sensitivity	79%
Specificity	80%
PPV	83%
NPV	76%
Accuracy	80%

# Unmet Need for FFR in LM PCI

- The concept of FFR use in LMCA has been evaluated in relatively small observational studies. Large randomized clinical trial would be necessary.
- Because of complex nature of LMCA, operator should be careful to measure FFR and interpret the results.