Pre-procedural Planning for Complex CTO PCI; focused on the role of CT scan

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Disclosure

• received speaker honoraria

from ASAHI intecc, Medtronic, Abbott Korea, Boston Sci, and Biotronic Korea





The most important things for the successful CTO from the lecture by Yangsoo Jang @ 2015 CTO camp



- **1.** Prepare CTO angiogram for interventional collaterals before finishing diagnostic angiogram (for every Interventionalists).
- 2. Review angiogram thoroughly and repeatedly !!!
- 3. Perform pre-procedural Coronary CT.
- Pre-procedural Planning only for short 4. Perform dual inicet r success of the complex CTO ?euures every case.
 - nd mechanism of reverse CART Pre-procedural CT scan for the complex CTO together with CAG review

lesion evaluation.

10. Be ready for the treatment of the complications during CTO PCI.

Could **pre-procedural CT scan** improve success rate of the **complex/difficult CTO**?



conclusions Pre-procedural CT-guidance for CTO resulted in higher success rates with numerically fewer immediate complications such as coronary perforations or PPMI than angiography guidance. Higher success rates were more prominently observed in patients with CTO who had a high J-CTO score than those who did not.



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Primary endpoint: Rate of the successful recanalization

Pre-procedural CT Analyses from CT-CTO trial

- 1. Making two orthogonal CT images matching with CAG; 3-D volume rendering and MPR images corresponding to 2 orthogonal views
 - **CTO courses** (how CTO course goes & what the hidden route is within CTO segment)
 - Anatomical location associated with side branches



2. Qualitative and quantitative analyses of CTO from MPR images

- 1) CTO length and the shapes of proximal & distal CTO ends
- 2) Calcification; longitudinal & cross-sectional analyses
 - Maximal cross-sectional extent; <50% or $\ge50\%$
 - Length of calcification with cross-sectional extent $\geq 50\%$
 - Calcification shape; semicircular $<180^\circ$, circular $\ge 180^\circ$, or 360° (full moon)
 - Location of calcium on CTO lesion
 - → "Geographic calcification-mapping"

3. Analyses of the segments around CTO

• Check the size of vessel and lumen and the tortuosity in proximal and distal reference segments







CCTA guidance for complex CTO (J-CTO ≥2)

 Blunt stump or long tortuous CTO;



Pre-procedural CCTA could show the exact anatomical location related with the adjacent SB and the courses from proximal to distal CTO cap.

• Reasons for recanalization failure in CT-CTO trial

Reasons for failure	CCTA- guidance N=13	Angiography- guidance N=32	Р
No. of failed antegrade-only approach	10	17	
Wiring to false lumen and fail to enter to true lumen	7 (70)	8 (47)	0.247
Failure to advance the cap or the CTO segment	1 (10)	2 (12)	0.260
Failure to enter the cap due to anatomical ambiguity	0	6 (35)	0.033
Failure to achieve TIMI grade flow ≥2 after stenting	2 (20)	1 (6)	0.888

JACC Cardiovasc Imaging;14:1993-2004



Case 1: Aorto-ostial CTO, invisible coronary artery ostium from CAG



Where is LAD ostium? Ambiguous CTO anatomy





Where is the LAD ostium ?



CT revealed nearly hidden separated LAD ostial total occlusion

CT-guided wire-puncture of LAD-Os CTO





- LAD: Ultimate 3 \rightarrow Fielder XT \rightarrow Miracle 6
- LCX: Sion



Final CAG after stenting



 Pre-CTO CT scan would be nonidentify the ambiguous CTO entry (similar role like wiring under IVUS).



CCTA guidance for complex CTO (J-CTO ≥2)

• CTO with severe calcification;





21.2 mm

 CCTA → visualizing CTO course and plaque characteristics (calcification geometry) Be helpful for navigating & selecting the proper wires and devices

Reasons for recanalization failure in CT-CTO trial	CCTA- guidance N=13	Angiography- guidance N=32	Р
No. of failed hybrid approach (antegrade & retrograde)	3	15	
Failure to cross collaterals with retrograde wire	3 (100)	7 (47)	0.090
Failure to enter distal cap with retrograde wire	0	2 (13)	0.502
Failure to deliver the supporting device	0	1 (7)	0.645
Failure to meet both wires on the same plane	0	4 (27)	0.310
Failure to achieve TIMI grade flow ≥2 after stenting	0	1 (7)	0.645



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Case 2: Retried RCA-CTO, CT-guided CTO

- M/48 ... 178cm / 84Kg / 2.03m²
- Dx ... stable angina, Previously failed RCA-CTO
- Risk factor ... CVA (Mar 2022), current -smoker
- TTE (2022.03) : RWMA (RCA territory), EF 61%





Ad hoc RCA-CTO PCI (2022.08.01)



Pre-procedural Planning for Retry of RCA-CTO



Retry of previously failed RCA-CTO (2022.10.13)

Antegrade : Rt. CFA c 8 Fr sheath : SAL 8-1 SH



Retrograde : Lt. CFA c 7 Fr sheath : SPB 7-3.5 SH





Proximal

Retry of previously failed RCA-CTO Antegrade preparation

Corsair Pro XS + UB-3

 \rightarrow Gaia Next 2

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Retrograde; Septal wiring

Tip injection

Corsair Pro XS: Runthrough \rightarrow SUOH 03



Retrograde CTO; Advancement of retrograde Corsair



SEVERANCE CARDIO

Tip injection

Retrograde CTO; Retrograde wiring

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Retrograde CTO; Both retrograde & antegrade wiring





Retrograde CTO; Reverse CART & Externalization



SEVERANCE CAR

Advance Corsair Pro XS into telescope Externalization with RG 3

Pre-dilation & IVUS evaluation



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Stenting & post-dilation







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Final IVUS & CAG



1

10.54m 3.59m 3.72m

15.14 4.32m 4.45m

Frame 2140

Procedural characteristics & outcomes in CT-CTO trial

	CCTA-guidance (N=200)	Angio-guidance (N=200)	p Value
Total procedure time, min	80 (55-120)	80 (60-110)	0.981
Total crossing time, min	45 (24-81)	52 (30-85)	0.147
Antegrade-only crossing time, min	44 (20-72)	47 (28-80)	0.042
Fluoroscopic time, min	35 (22-62)	36 (26-56)	0.909
Successful recanalization	187 (94%)	168 (84%)	0.003
Successful retrograde CTO-PCI	45/48 (94%)	34/49 (69%)	0.002
Coronary perforation ≥type II	2 (1%)	8 (4%)	0.055
Post-procedural peak CK-MB, ng/ml	4.6 \$ 7.2	6.8 \$ 31	0.342
Post-procedural CK-MB elevation ≥ 10 x UNL	0 (0%)	4 (2%)	0.123



Pre-procedural Planning for Complex CTO

- As the pre-procedural planning, the angiographic review is essential for the treatment of CTO.
- In case of the <u>complex/difficult CTO</u>, <u>pre-procedural CT planning</u> is helpful and significantly associated with a higher CTO success with a lower trend of complications (esp. coronary perforation, PPMI) and a high efficiency (less time in antegrade CTO), confirmed in the randomized CT-CTO trial.
- A thorough <u>understanding of</u> <u>CCTA images</u> (CTO course, <u>anatomical location</u>, <u>calcification analyses</u>) will help to understand the reasons of failure, to plan the CTO strategy, and resultantly to cause fully understanding of angio-review.
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