

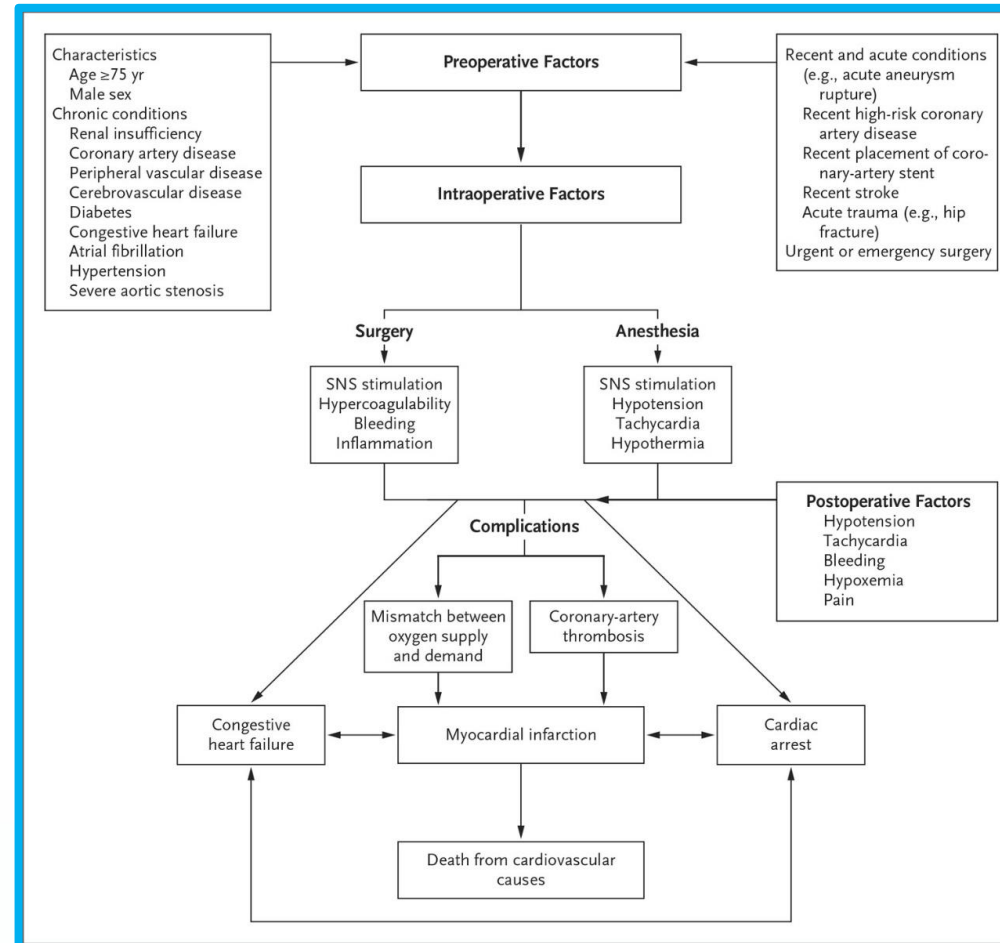
# Perioperative **A**ntiplatelet Therapy In Patients With Drug- Eluting **S**tent Undergoing Noncardiac **SURgEry**

## ASSURE-DES Randomized Trial

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# Preoperative, Intraoperative, and Postoperative Factors Associated with Perioperative Cardiac Complications in Patients Undergoing Major Noncardiac Surgery



# Non-Cardiac Surgery and Cardiac Events

Catheterization and Cardiovascular Interventions 65:516–519 (2005)

## Late Thrombosis of Sirolimus-Eluting Stents Following Noncardiac Surgery

Mithal Nasser, MD, Michael Kapeliovich, MD, and Walter Markiewicz,\* MD, FACC

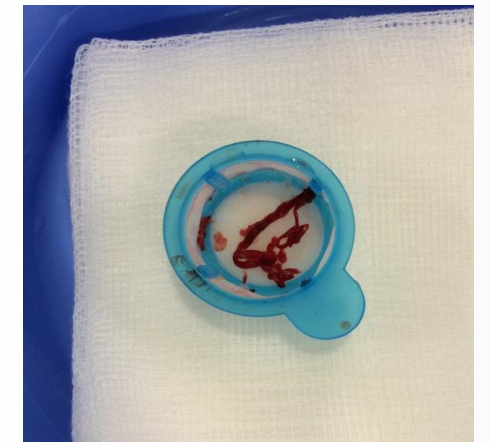
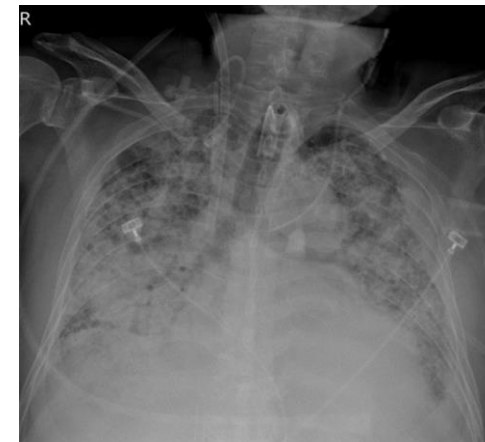
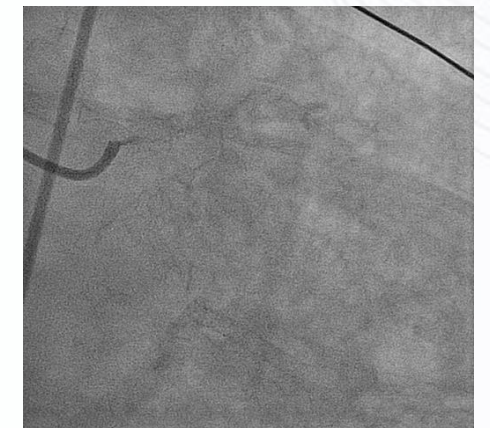
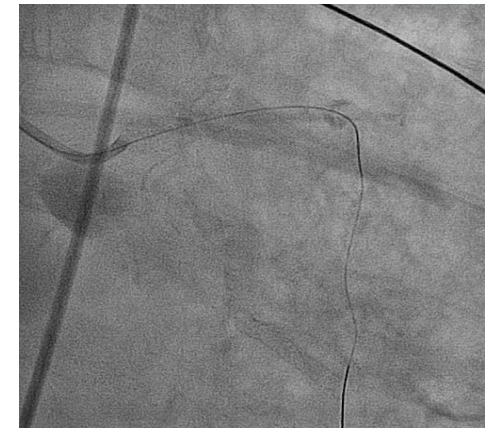
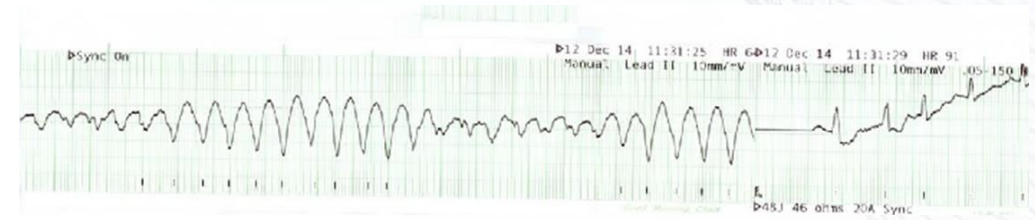
We describe two patients with in-stent thrombosis occurring 4 and 21 months after implantation of sirolimus-eluting stents. Both cases occurred following noncardiac surgery. In both cases, aspirin had been stopped prior to surgery. Both patient sustained a severe myocardial infarction; one died. The occurrence of late thrombosis of sirolimus-eluting stents is of concern. © 2005 Wiley-Liss, Inc.

Key words: acute thrombosis; stent; drug-eluting stent; percutaneous coronary intervention; complication; myocardial infarction

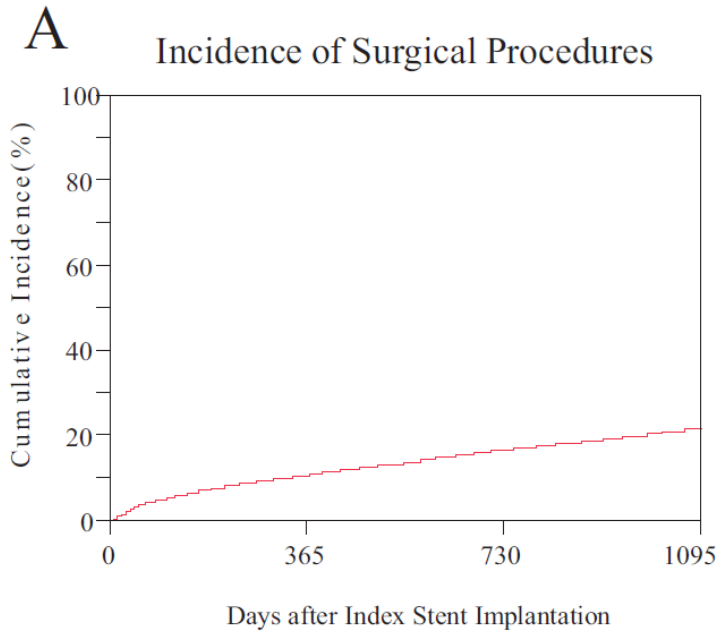
### INTRODUCTION

Stent thrombosis is a feared complication of percutaneous coronary interventions [1,2]. Overall incidence following bare stent implantation is < 1–2% when thienopyridine derivatives are added to aspirin therapy.

underwent an excision biopsy of an enlarged right supraclavicular node under general anesthesia. The procedure lasted ~ 40 min and was uneventful. Aspirin had been stopped 10 days earlier. Two hours following the procedure, the patient complained of

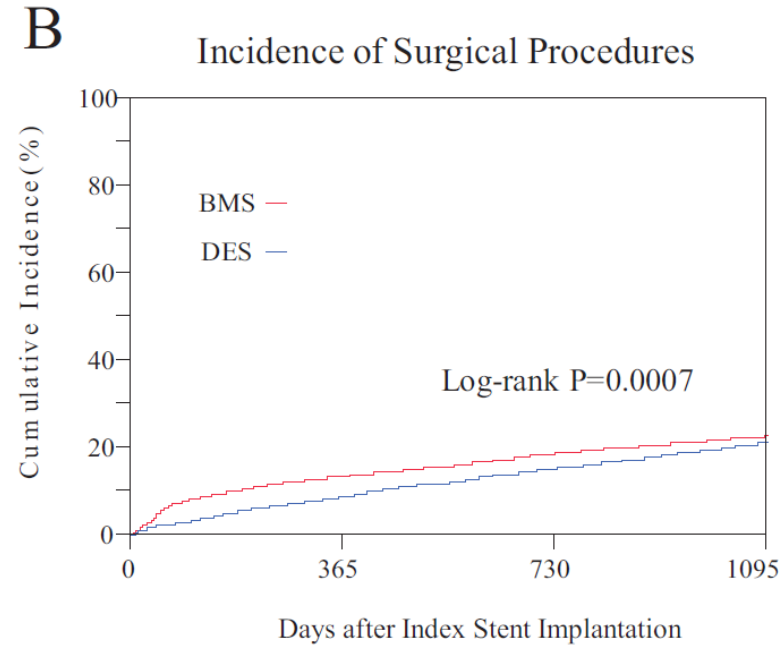


# How Many Patients with DES Need Non-Cardiac Surgery ?



|                  | Baseline | 42 Days | 1 Year | 2 Years | 3 Years |
|------------------|----------|---------|--------|---------|---------|
| Incidence        |          | 3.0%    | 11%    | 17%     | 22%     |
| Number of events |          | 355     | 1253   | 1878    | 2218    |
|                  |          |         |        | 7317    | 3673    |

**10% at 1 Year**  
**20% at 3 Year**



| BMS                        |          |         |        |         |         |
|----------------------------|----------|---------|--------|---------|---------|
|                            | Baseline | 42 Days | 1 year | 2 years | 3 years |
| Incidence                  |          | 4.4%    | 13%    | 19%     | 23%     |
| Number of events           |          | 227     | 682    | 914     | 1034    |
| Number of patients at risk | 5405     | 4933    | 4205   | 3105    | 1666    |
| DES                        |          |         |        |         |         |
| Incidence                  |          | 1.9%    | 9%     | 15%     | 21%     |
| Number of events           |          | 128     | 575    | 914     | 1034    |
| Number of patients at risk | 6802     | 6550    | 5845   | 4212    | 2007    |

# 2016 ACC/AHA Focused Update

## 2014 ESC/ESA Guidelines

| COR          | LOE  | Recommendations   |
|--------------|------|---|
| I            |      | Elective noncardiac surgery should be delayed 30 days after BMS implantation and optimally 6 months after DES implantation (101-103,143-146).   |
| I            | C-EO | In patients treated with DAPT after coronary stent implantation who must undergo surgical procedures that mandate the discontinuation of P2Y <sub>12</sub> inhibitor therapy, it is recommended that aspirin be continued if possible and the P2Y <sub>12</sub> platelet receptor inhibitor be restarted as soon as possible after surgery. |
| IIa          | C-EO | When noncardiac surgery is required in patients currently taking a P2Y <sub>12</sub> inhibitor, a consensus decision among treating clinicians as to the relative risks of surgery and discontinuation or continuation of antiplatelet therapy can be useful.   |
| IIb          | C-EO | Elective noncardiac surgery after DES implantation in patients for whom P2Y <sub>12</sub> inhibitor therapy will need to be discontinued may be considered after 3 months if the risk of further delay of surgery is greater than the expected risks of stent thrombosis.   |
| III:<br>Harm | B-NR | Elective noncardiac surgery should not be performed within 30 days after BMS implantation or within 3 months after DES implantation in patients in whom DAPT will need to be discontinued perioperatively (101-103,143-146).  |

Independently of the timeframe between DES implantation and surgery, single anti-platelet therapy (preferably with aspirin) should be continued.



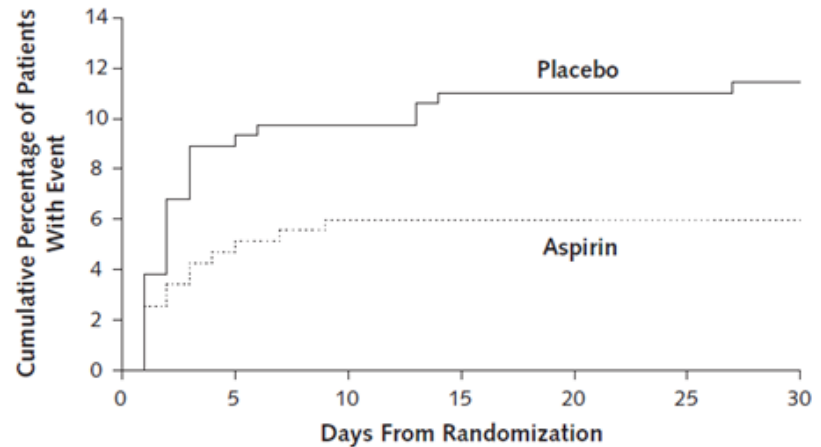
# 2022 ESC Guidelines

| Recommendations  | Class <sup>a</sup> | Level <sup>b</sup> |
|--|--------------------|--------------------|
| It is recommended to delay elective NCS until 6 months after elective PCI and 12 months after an ACS. <sup>264,271</sup>   | I                  | A                  |
| After elective PCI, it is recommended to delay time-sensitive NCS until a minimum of 1 month of DAPT treatment has been given. <sup>266,271,288,289</sup>                            | I                  | B                  |
| In patients with a recent PCI scheduled for NCS, it is recommended that management of antiplatelet therapy is discussed between the surgeon, anaesthesiologist, and cardiologist.    | I                  | C                  |
| In high-risk patients with a recent PCI (e.g. STEMI patients or high-risk NSTEMI-ACS patients), a DAPT duration of at least 3 months should be considered before time-sensitive NCS. | IIa                | C                  |
| <b>Continuation of medication</b>  |                    |                    |
| In patients with a previous PCI, it is recommended to continue aspirin peri-operatively if the bleeding risk allows. <sup>244</sup>  | I                  | B                  |

| Recommended time interval for drug interruption before NCS   |     |   |
|--|-----|---|
| If interruption of P2Y <sub>12</sub> inhibitor is indicated, it is recommended to withhold ticagrelor for 3–5 days, clopidogrel for 5 days, and prasugrel for 7 days prior to NCS. <sup>262–264</sup>          | I   | B |
| For patients undergoing high bleeding risk surgery (e.g. intracranial, spinal neurosurgery, or vitreoretinal eye surgery), it is recommended to interrupt aspirin for at least 7 days pre-operatively.         | I   | C |
| In patients without a history of PCI, interruption of aspirin at least 3 days before NCS may be considered if the bleeding risk outweighs the ischaemic risk, to reduce the risk of bleeding. <sup>243</sup>   | IIb | B |
| <b>Resumption of medication</b>  |     |   |
| If antiplatelet therapy has been interrupted before a surgical procedure, it is recommended to restart therapy as soon as possible (within 48 h) post-surgery, according to interdisciplinary risk assessment. | I   | C |

# Subgroup: POISE-2

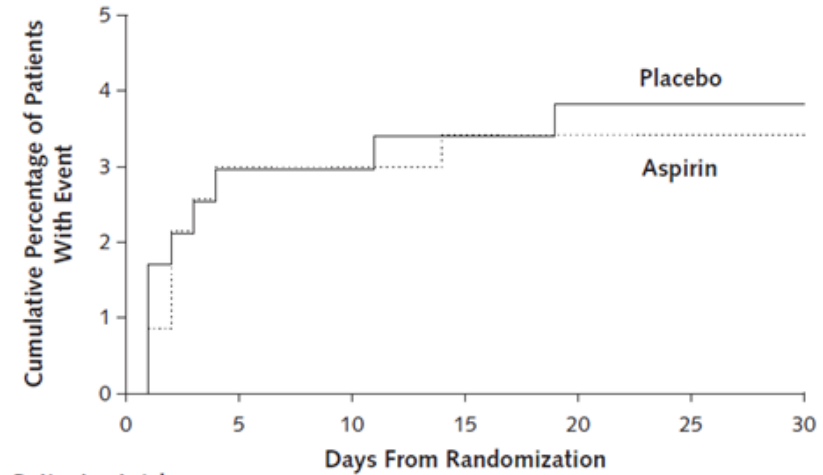
(A) Death or Myocardial Infarction



| Patients at risk, <i>n</i> |     |
|----------------------------|-----|
| Placebo                    | 236 |
| Aspirin                    | 234 |

| Days From Randomization | 5   | 10  | 15  | 20  | 25  | 30  |
|-------------------------|-----|-----|-----|-----|-----|-----|
| Placebo                 | 215 | 212 | 209 | 209 | 209 | 208 |
| Aspirin                 | 223 | 221 | 221 | 221 | 221 | 221 |

(B) Major Bleeding



| Patients at risk, <i>n</i> |     |
|----------------------------|-----|
| Placebo                    | 236 |
| Aspirin                    | 234 |

| Days From Randomization | 5   | 10  | 15  | 20  | 25  | 30  |
|-------------------------|-----|-----|-----|-----|-----|-----|
| Placebo                 | 228 | 225 | 224 | 223 | 223 | 223 |
| Aspirin                 | 228 | 227 | 226 | 226 | 226 | 226 |

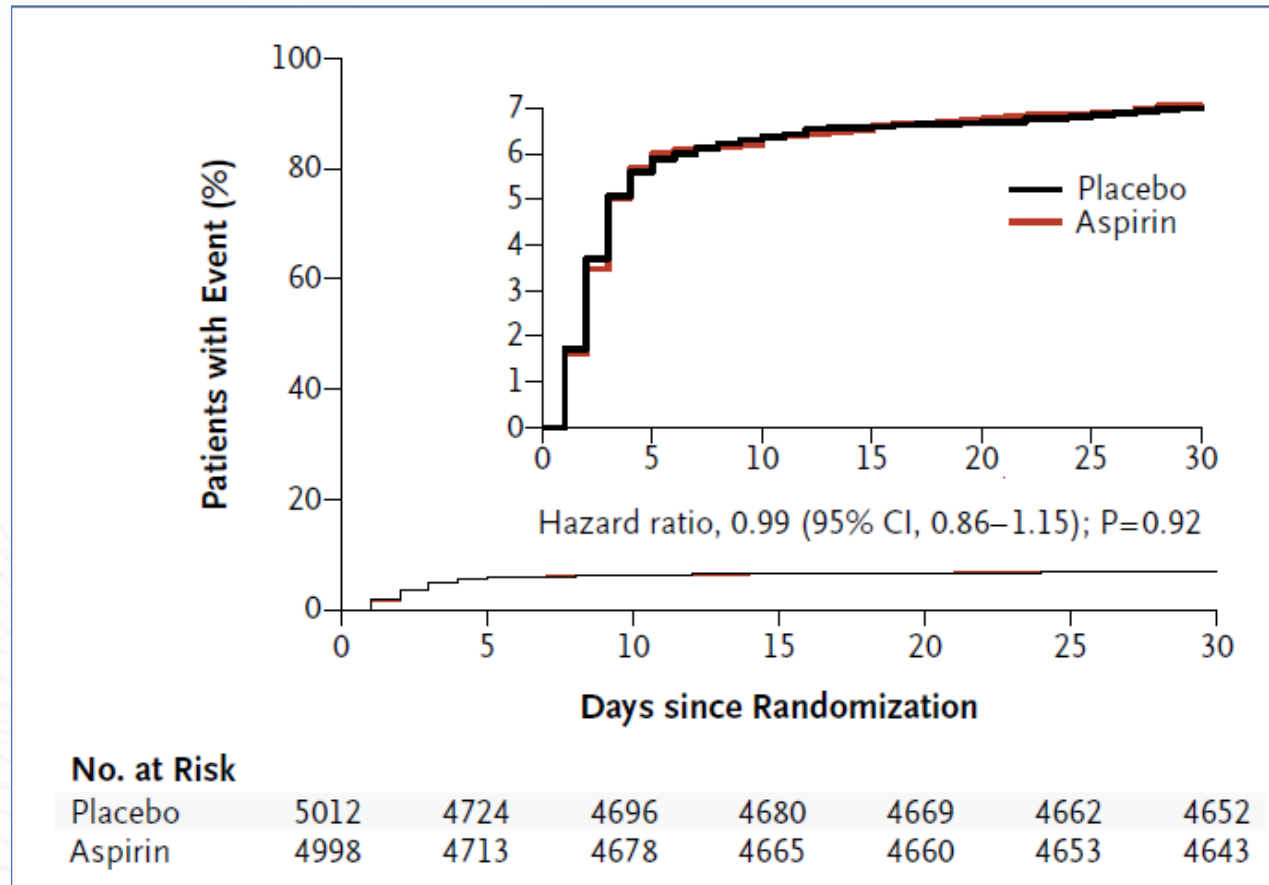
Death 0.9% vs. 1.3%

Non Fatal MI 5.1% vs. 11.0%

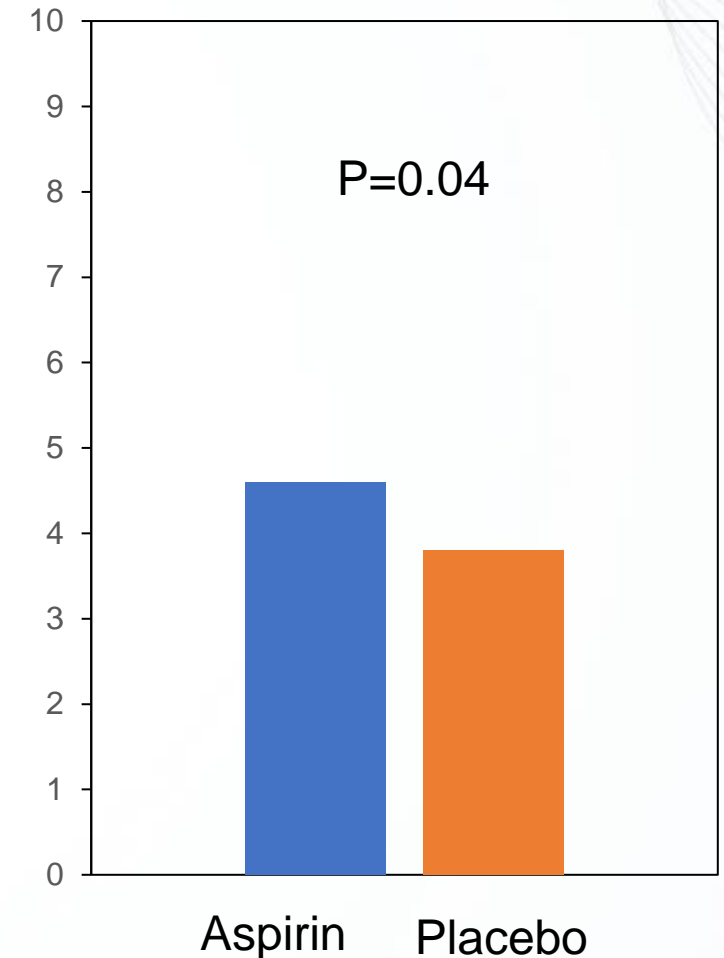
*Ann Intern Med.* 2018;168:237-244.

# POISE-2: Aspirin in NCS

## Death and Non Fatal MI

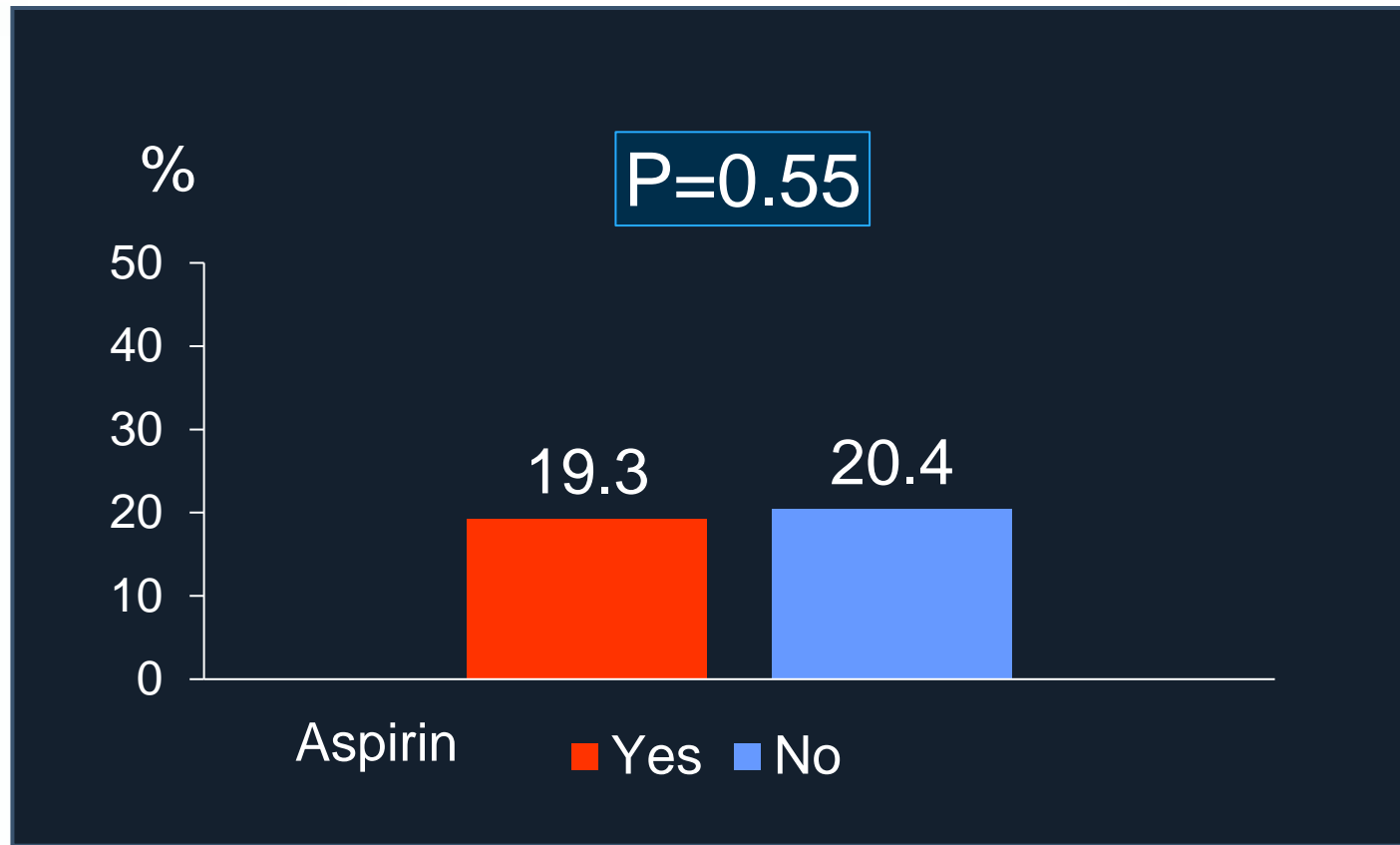


## Major Bleeding





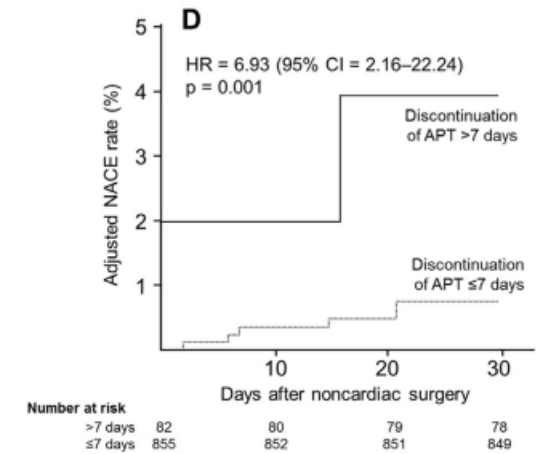
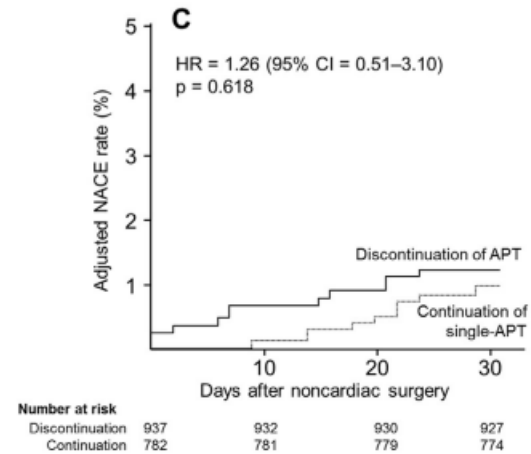
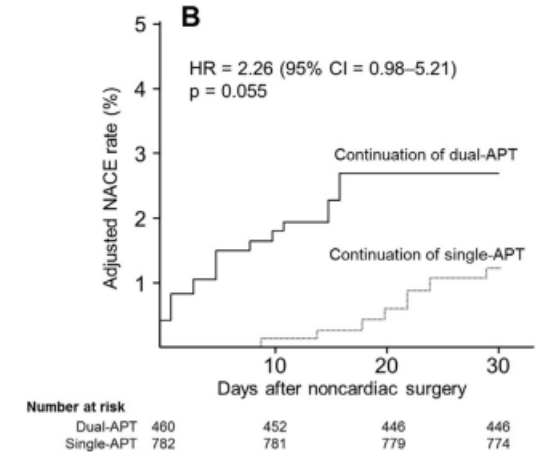
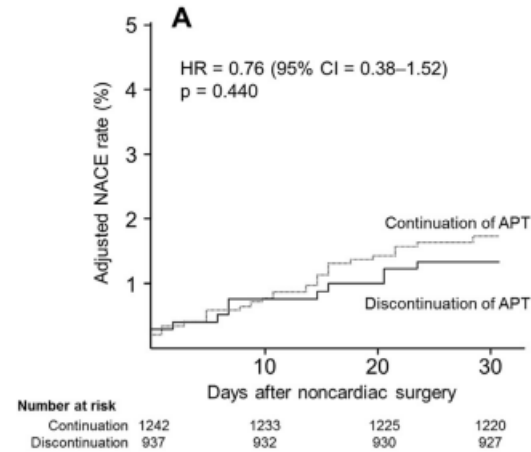
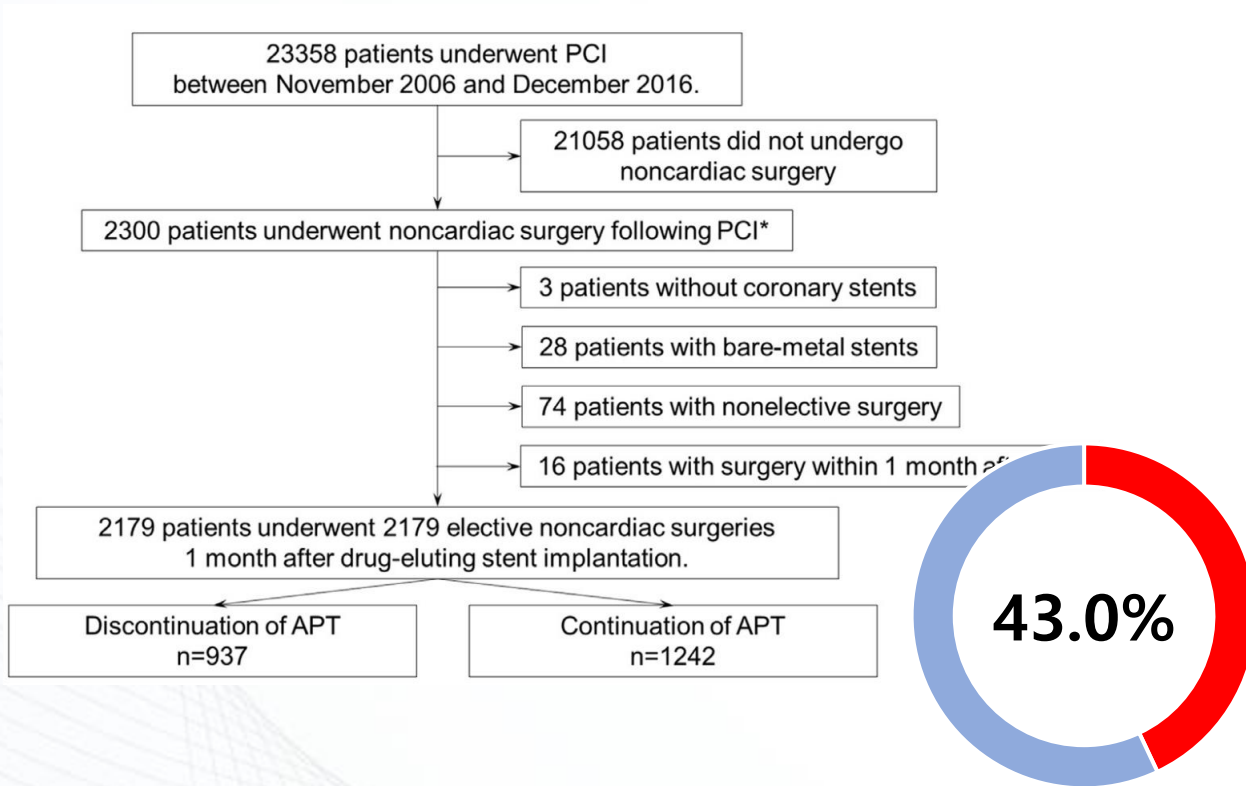
# ATACAS: Aspirin in CABG



Among patients undergoing coronary artery surgery, the administration of preoperative aspirin resulted in ***neither a lower risk of death or thrombotic complications nor a higher risk of bleeding than that with placebo.***

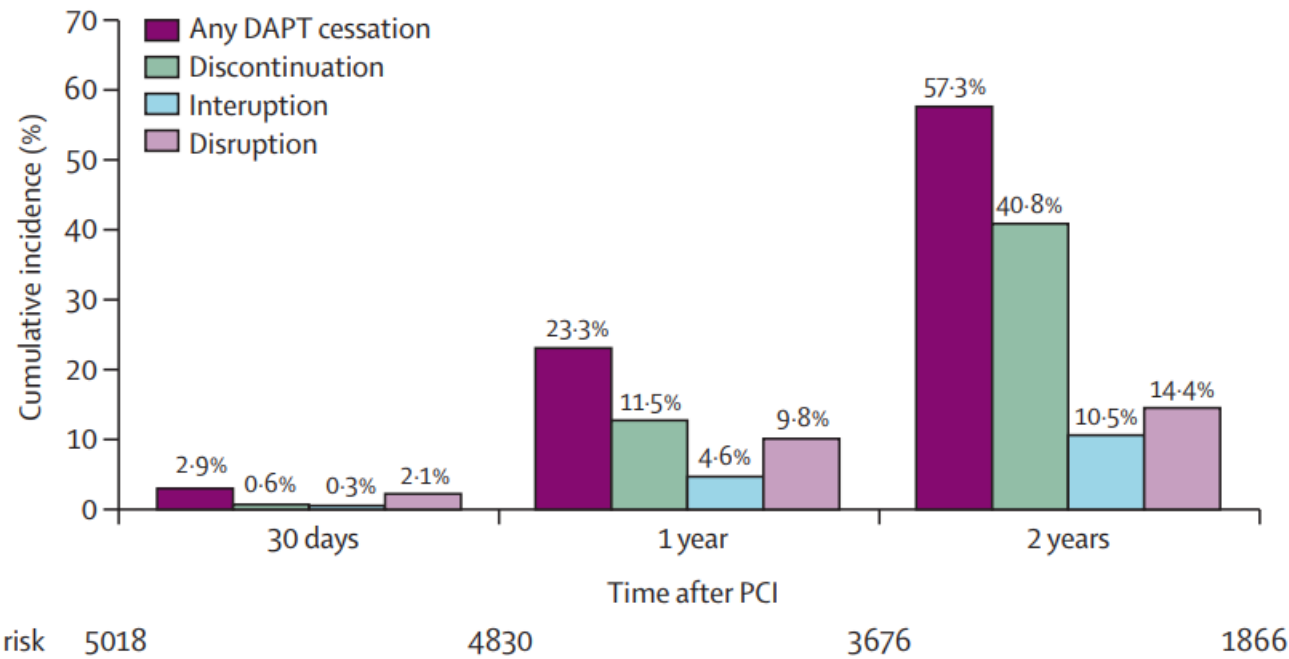
# Severance Cardiovascular Hospital Registry

## Anti-Platelet Discontinuation

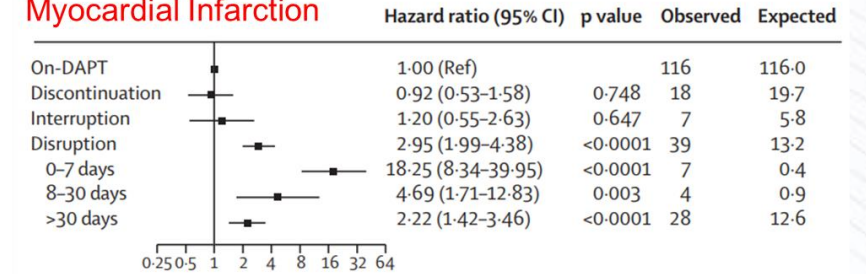


Am J Cardiol. 2019 May 1;123(9):1414-1421

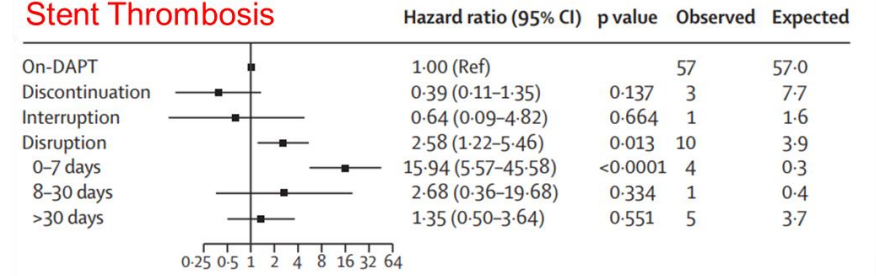
# PARIS Registry



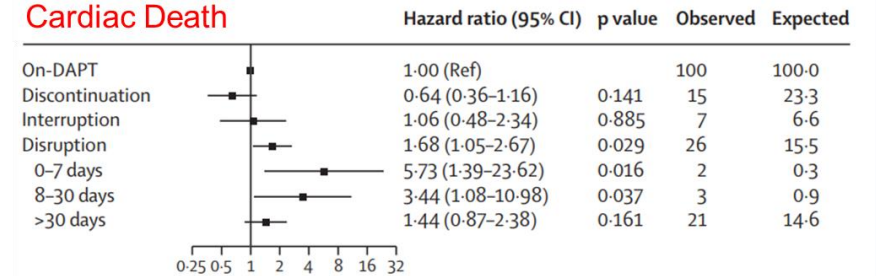
## Myocardial Infarction



## Stent Thrombosis



## Cardiac Death



Lancet. 2013 Nov 23;382(9906):1714-22

# Antiplatelet Cessation vs. Maintenance: Summary of Studies

2007년-2019년

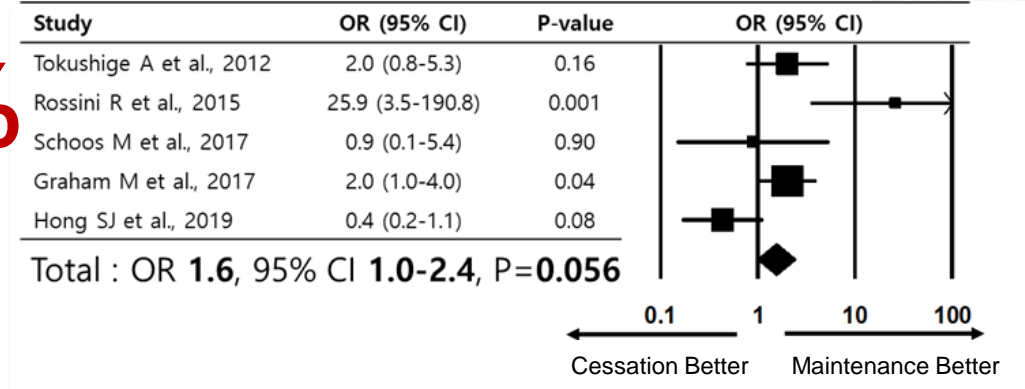
5 Observational Study and 4880 Patients

► Maintenance (N=2144) 『Cessation (N=2736)』

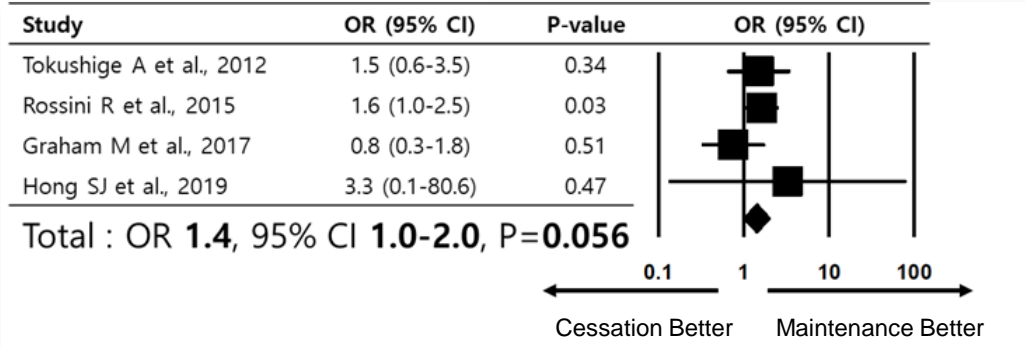
**Stop Rate: 56%**

| 연구자/발표년도                | 허혈성 사건                         | 중단군     | 유지군    | 출혈성 사건                                     | 중단군     | 유지군    |
|-------------------------|--------------------------------|---------|--------|--|---------|--------|
| Schoos M et al. 2017    | MI                             | 2/254   | 3/340  | N/A  | N/A     | N/A    |
| Tokushige A et al. 2012 | Death, MI or Stroke            | 26/1088 | 5/416  | GUSTO moderate or severe Bleeding          | 27/1044 | 7/403  |
| Graham M et al. 2017    | Death or MI                    | 27/236  | 14/234 | POISE-2 Major or Life-threatening Bleeding | 10/236  | 13/234 |
| Rossini R et al. 2015   | Cardiac death, MI, or Stroke   | 30/371  | 1/295  | BARC 3 Bleeding                            | 65/371  | 34/295 |
| Hong SJ et al. 2019     | Death, MI, or Stent thrombosis | 6/787   | 15/859 | ISTH Major Bleeding                        | 1/787   | 0/859  |

## Ischemic Events



## Bleeding Events



# A US National, Retrospective Cohort Study (N=41 989)

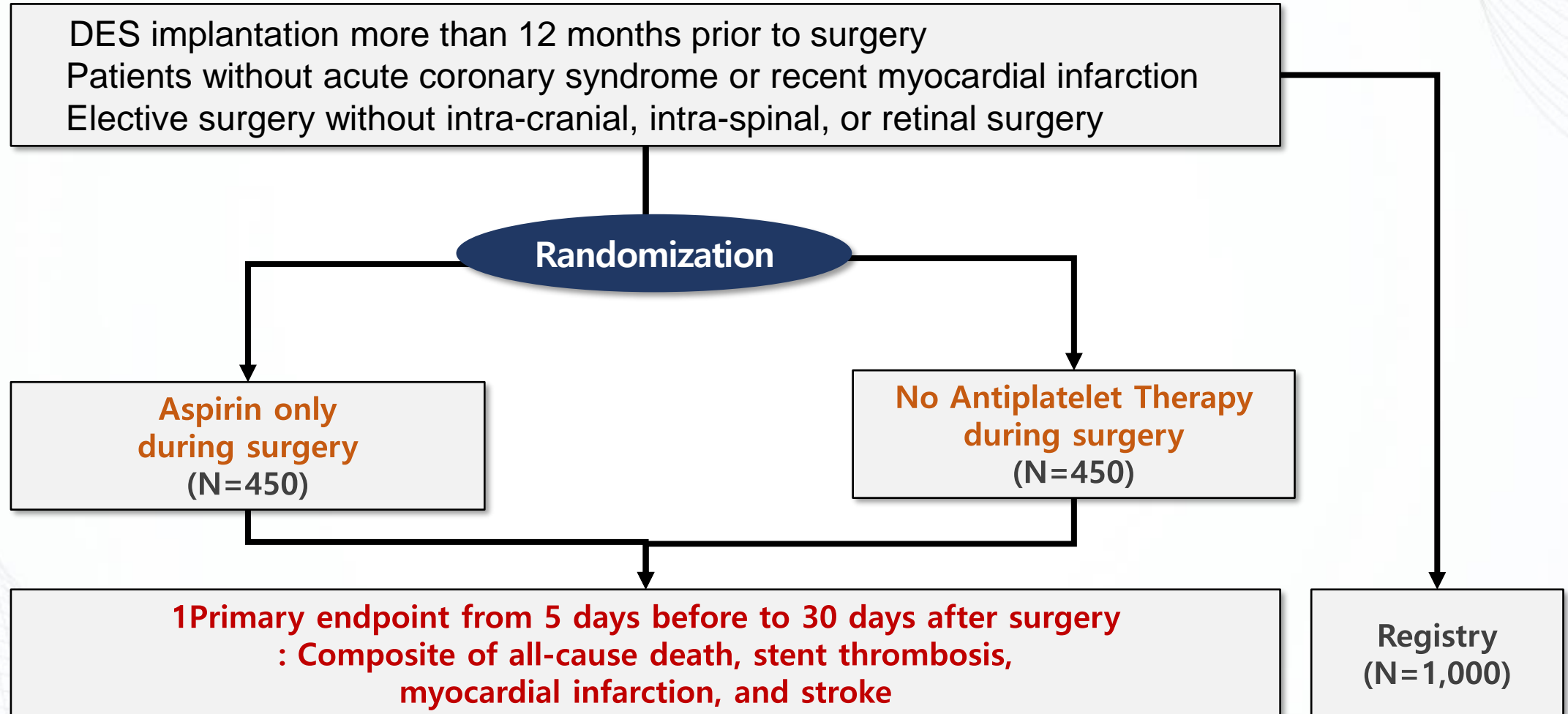
|  | No. (%)    |            |            | P Value |
|--|------------|------------|------------|---------|
|  | Overall    | MACE       | No MACE    |         |
| Antiplatelet medication prior to surgery |            |            |            |         |
| Dual                                     | 328 (57.8) | 170 (59.9) | 158 (55.6) | .43     |
| Single                                   | 206 (36.3) | 100 (35.2) | 106 (37.3) |         |
| None                                     | 34 (6.0)   | 14 (4.9)   | 20 (7.0)   |         |
| Antiplatelet management at surgery       |            |            |            |         |
| Dual therapy                             |            |            |            |         |
| All therapy continued                    | 216 (65.9) | 114 (67.1) | 102 (64.6) | .82     |
| Clopidogrel held                         | 36 (11.0)  | 16 (9.4)   | 20 (12.7)  |         |
| Aspirin held                             | 14 (4.3)   | 7 (4.1)    | 7 (4.4)    |         |
| All therapy held                         | 62 (18.9)  | 33 (19.4)  | 29 (18.4)  |         |
| Aspirin only                             |            |            |            |         |
| Continued                                | 143 (82.7) | 70 (87.5)  | 73 (78.5)  | .12     |
| Held                                     | 30 (17.3)  | 10 (12.5)  | 20 (21.5)  |         |
| Clopidogrel only                         |            |            |            |         |
| Continued                                | 22 (66.7)  | 12 (60.0)  | 10 (77.0)  | .31     |
| Held                                     | 11 (33.3)  | 8 (40.0)   | 3 (23.1)   |         |
| Antiplatelet cessation >5 d, all held    |            |            |            |         |
| Yes                                      | 137 (24.1) | 65 (22.9)  | 72 (25.4)  | .49     |
| No                                       | 431 (75.9) | 219 (77.1) | 212 (74.7) |         |

JAMA. 2013;310(14):1462-1472



# ASSURE DES Randomized Trial

## Perioperative Antiplatelet Therapy In Patients With Drug-Eluting Stent Undergoing Noncardiac SURgEry



## Objectives

- This trial compared the clinical efficacy and safety of antiplatelet therapy in patients undergoing non-cardiac surgery for more than 12 months after PCI with DES.
- This trial compared outcome of discontinued antiplatelet treatment group and aspirin-alone treatment group.

## Primary endpoint

- The Composite of Death, Stent Thrombosis, MI, Stroke (5 days before and 30 days after Non-cardiac Surgery)

## Inclusion Criteria

- 1) Men and women aged 19 years or more
- 2) Patients who implanted  $\geq 1$  coronary drug-eluting stents
- 3) Patients scheduled for surgery at more than 12 months after PCI
- 4) Patients scheduled for elective non-cardiac surgery under general anesthesia

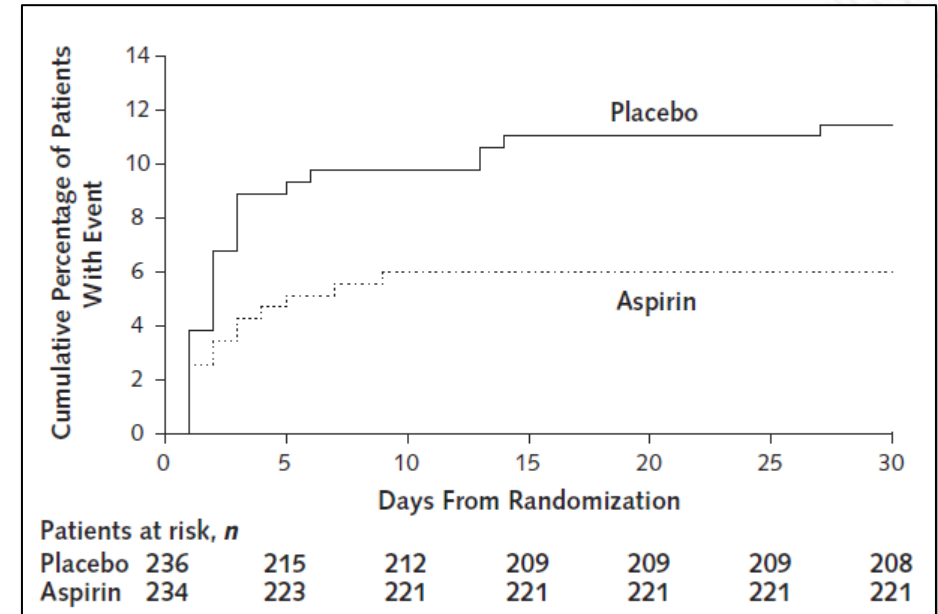
## Exclusion Criteria

- 1) Patient who currently have ACS or MI within 1 month
- 2) Patient with dyspnea (NYHA III~IV) due to severe LV dysfunction (EF  $\leq 30\%$ ) or severe VHD
- 3) Patient who have Intolerance for aspirin
- 4) Patient who need for anticoagulation therapy
- 5) Emergent operation
- 6) Cardiac surgery
- 7) High bleeding risk op. (Intra-cranial, Intra-spinal, Retinal surgery)
- 8) Pregnant and/or lactating women

## Sample Size

► Based on the results of the study in the POISE-2 trial, the primary endpoints of each treatment group were estimated. We will randomize 900 patients over 12 months after coronary stenting by 1:1 fashion, a) aspirin-alone treatment, b) discontinuation of antiplatelet agents. The assumed primary endpoint event rate was assumed 6.0% in aspirin-only therapy group and 11.5% in antiplatelet therapy discontinuation group. We estimated that enrollment of 900 patients would provide the study with 80% power to establish superiority of aspirin-only therapy in primary endpoint at 30 days, at a two-side type I error rate of 0.05.

POISE-2 (Ann Intern Med. 2018;168:237-244)



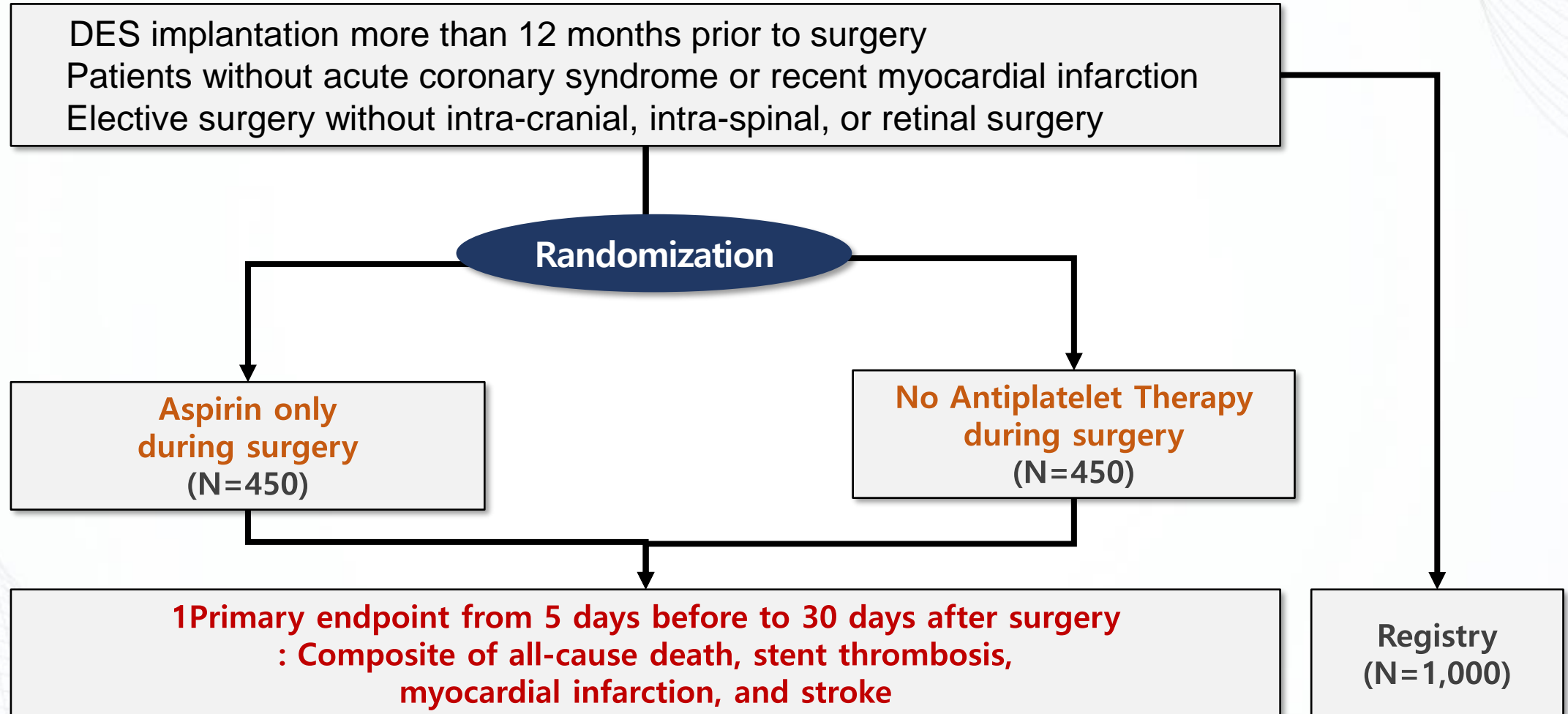
## TRIAL PROCEDURES AND FOLLOW-UP

- Patients are randomized to Aspirin-alone or Non-Antiplatelet group.
- Aspirin-alone group takes only aspirin from 5 days before surgery.
- Patients on a single P2Y12 inhibitor change to aspirin from 5d before operation.
- Patients on DAPT change to single aspirin from 5 days before operation.
- DAPT is resumed postoperatively as soon as possible (if possible, POD #2)
- Non-antiplatelet group discontinue all antiplatelet agent from 5 days before op. Antiplatelet agent is resumed as soon as possible after op.
- All patients are followed up by OPD visits or telephone at 30 day after surgery.



# ASSURE DES Randomized Trial

## Perioperative Antiplatelet Therapy In Patients With Drug-Eluting Stent Undergoing Noncardiac SURgEry



# Current Status



# Summary

- The ASSURE-DES trial is a prospective, multicenter, and randomized study to compare the safety and efficacy of aspirin cessation or not in perioperative period of non-cardiac surgery in patient who have undergone PCI with DES for more than 12 months.
- It may help to determine optimal antiplatelet therapy in patient who underwent PCI with DES before non-cardiac surgery.