Long-term safety and efficacy of renal denervation in the Global SYMPLICITY Registry using the Symplicity Spyral catheter

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Disclosure

 Within the past 12 months, I, Tzung-Dau Wang or my spouse/partner, have had a financial interest/arrangement or affiliation with Omron and Medtronic.

Background

- Catheter-based renal denervation (RDN) therapy targets overactivity of the sympathetic nervous system to treat hypertension.
- Results from recent randomized sham-controlled clinical trials¹⁻³ have demonstrated the safety and efficacy of RDN.
- Long-term safety and durability of the procedure in real-word patients is important for clinical implementation.
- The Global SYMPLICITY Registry is the largest collection of real-world patients treated with radiofrequency RDN for uncontrolled hypertension documenting data on long-term safety and effectiveness of the Symplicity[™] RDN system.

Global SYMPLICITY Registry Clinical Trial Design

Prospective, open-label, single-arm, multi-center, all-comer observational study

3,000 consecutive patients with uncontrolled hypertension or other conditions associated with increased sympathetic activity treated with the Symplicity[™] (Flex or Spyral) RDN system

	Follow-up visits:	3Mo	6Mo	1Yr	2Yr	3Yr
ocus of current analysis	Pts treated with Symplicity Flex [™]		2231	2226	2211	2207
	Pts treated with Sympli	icity Spyral [™]	641	595	470	383
	Follow-up eligible to da	ite:	2872	2821	2681	2590

Global SYMPLICITY Registry Baseline Patient Characteristics

% or mean + SD	All patients	Spyral Patients	
	N = 2,872	N = 641	
Age (years)	61 ± 12	61 ± 12	
Male gender	57.8	56.9	
History of cardiac disease	47.0	42.5	
Atrial fibrillation	12.4	11.4	
Diabetes, type 2	37.8	37.2	
CKD ¹	20.5	19.1	
Obstructive sleep apnea	11.1	12.9	
Current smoking	9.9	9.8	
Office systolic BP (mmHg)	166 ± 25	168 ± 25	
24-Hr systolic BP (mmHg)	154 ± 19	156 ± 20	
Number of AH meds	4.6 ± 1.4	4.6 ± 1.5	

¹ Chronic Kidney Disease (CKD) defined as eGFR <60ml/min/1.73m².

Global SYMPLICITY Registry: Spyral Patients Safety Results

%	6 Months (n=592)	1 Year (n=543)	2 Year (n=367)	<mark>3 Year</mark> (n=249)
Death	0.3	1.1	4.6	6.0
Cardiovascular death	0.0	0.6	1.6	1.6
Myocardial infarction	0.0	0.0	0.5	0.8
Stroke	1.4	2.0	4.1	6.8
End-stage renal disease	0.2	0.6	1.4	2.4
Creatinine elevation >50%	0.0	0.0	0.0	0.0
New renal artery stenosis >70%	0.0	0.0	0.0	0.0
Hospitalization for new onset heart failure	1.0	1.3	3.0	5.2
Hospitalization for AF	0.2	0.4	1.1	2.4
Hospitalization for HTN crisis	1.2	1.7	2.5	4.0

Global SYMPLICITY Registry: Spyral Patients Stable Renal Function



28th TCTAP



Global SYMPLICITY Registry: Spyral Patients Sustained Blood Pressure Reduction



Global SYMPLICITY Registry: Spyral Patients BP Reduction Independent of Medications

Mean Number of

Medications

Office Systolic BP Distribution (% Patients)



Among 167 matched patients, 36% of patients achieved BP under control independent of medications: the mean number of med classes reduced from 4.75 at baseline (n=166) to 4.51 at 3 years (n=166, P=0.007).

Conclusions

Patients treated in Global SYMPLICITY Registry using the latest generation Symplicity Spyral RDN system:

- Represented a broad, real-world population including patients with multiple co-morbidities
- No short- or long-term safety concerns following RDN have been observed
 - No instances of renal artery stenosis or re-intervention
 - Renal function changes within the expected range for hypertensive patients
- Clinically significant "always on" reductions in Office and 24-hour BP that were sustained over 3 years without increase in number of medications