

# **PADN for IpcPH: Pilot Results**

**Shao-Liang Chen, MD**  
**Nanjing First Hospital**  
**Nanjing Medical University**  
**Nanjing, China**

# Disclosure

- I have nothing to disclose

# Heart failure is a complex clinical syndrome

Impairment of ventricular filling

±

Reduction of LV ejection fraction

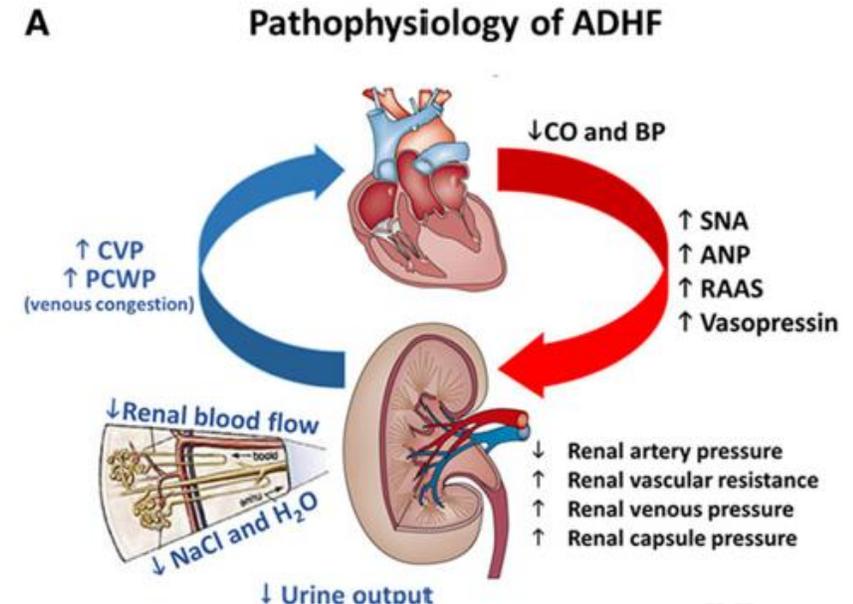
## Acute HF (ADHF):

- Re-hospitalization: 31.9%/per year  
--Usually <60-90 days since discharge
- Mortality-34.1%/per year

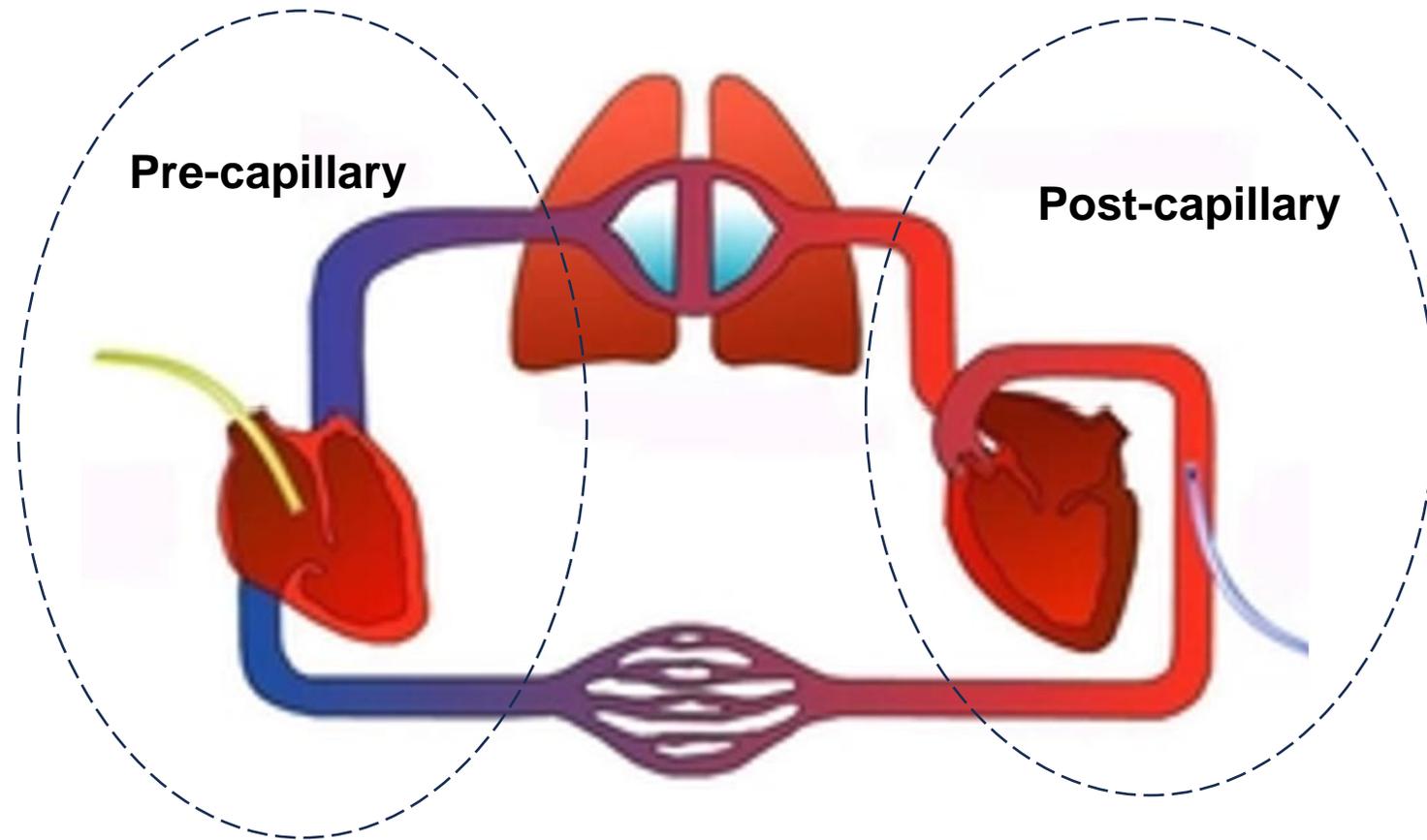
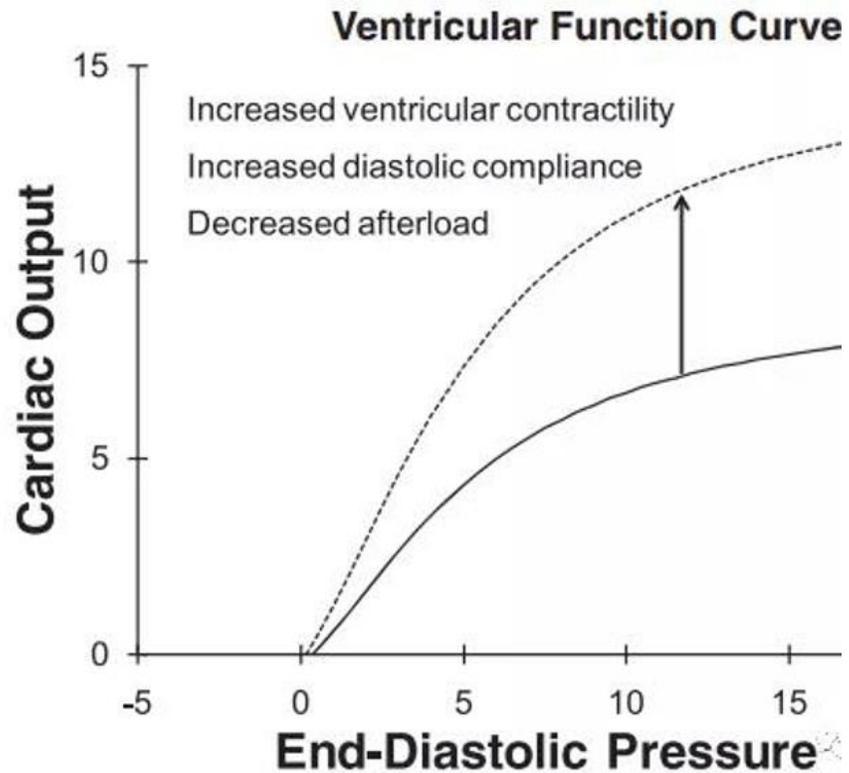
## Chronic HF

	LVEF
HFrEF	<40%
HFmrEF (mid-range)	41-49%
HFpEF	≥ 50%

8 million in US  
23 million globally  
GDMT  
Device-based



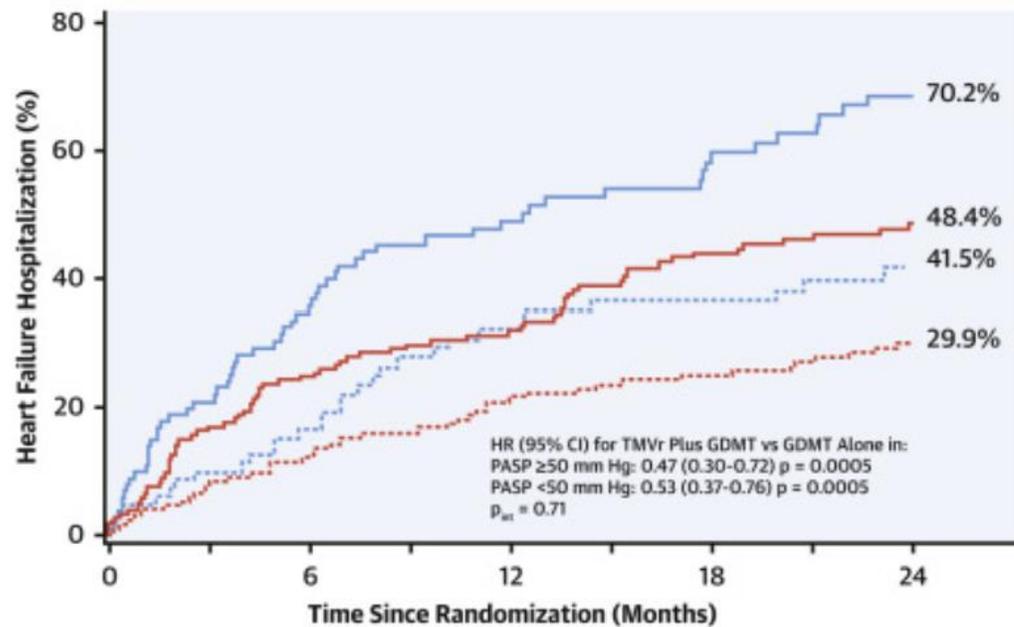
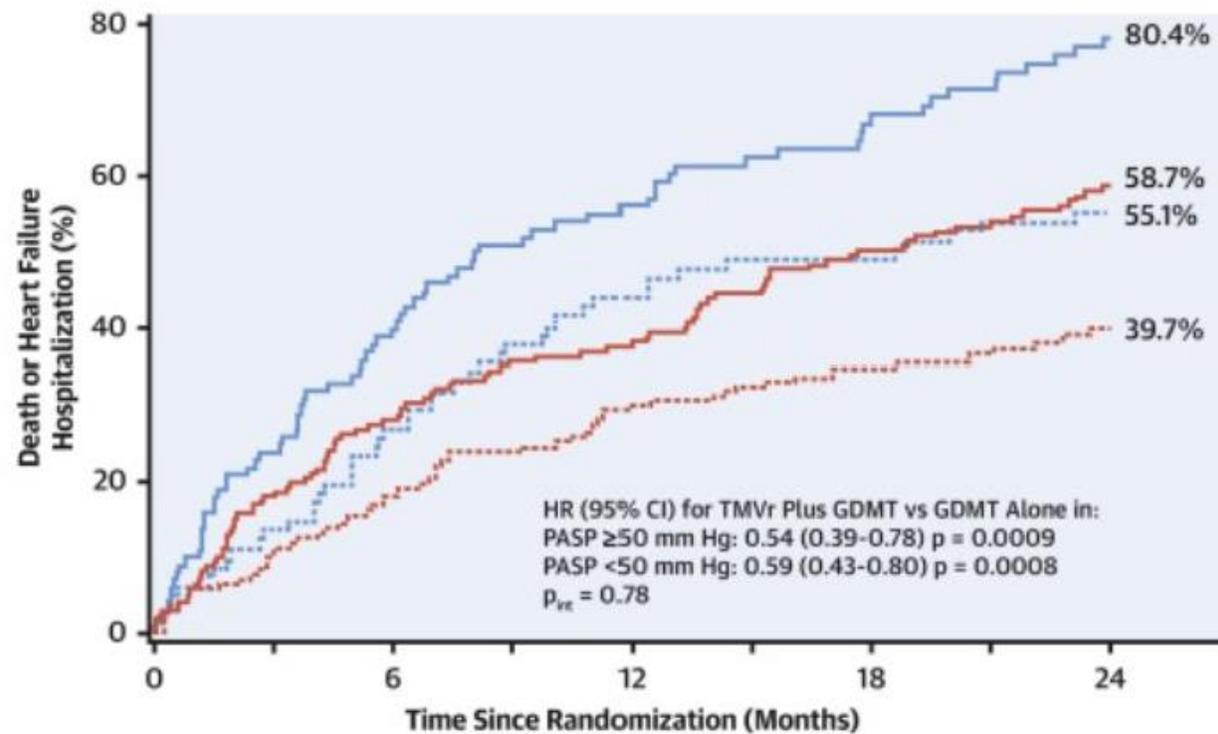
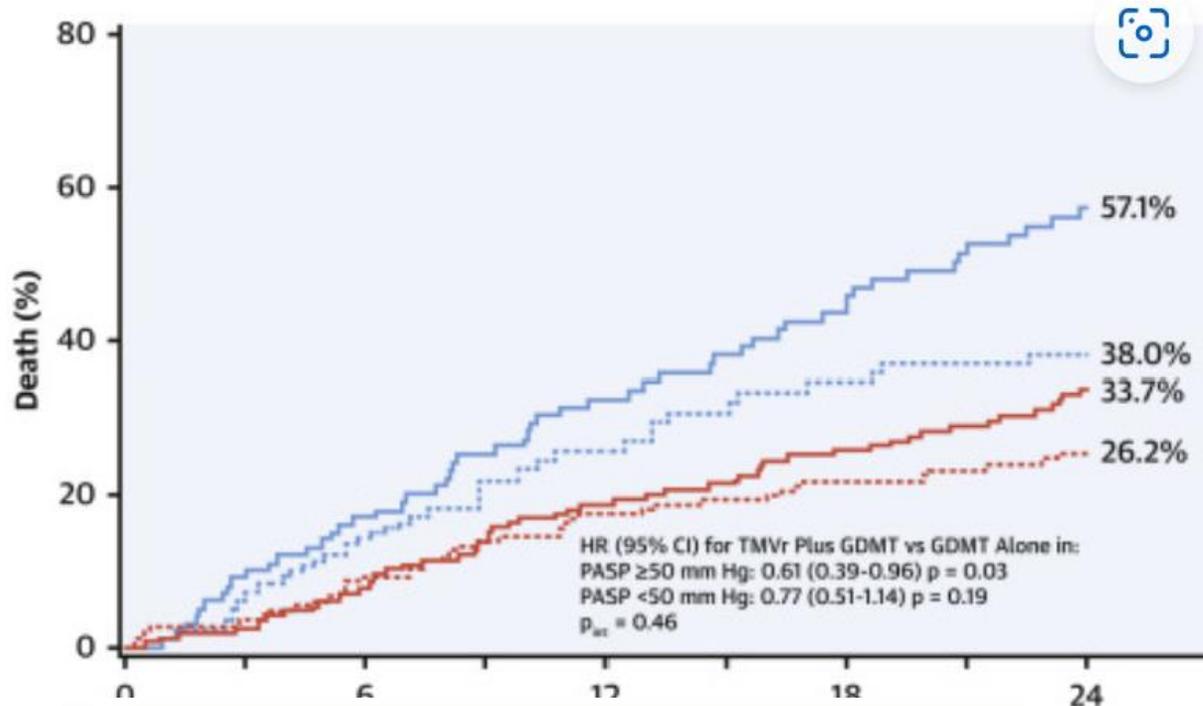
- ✓ PVR < 5 WU: indication for repair
- ✓ PVR 5-8 WU: grey zone
- ✓ PVR > 8 WU: contraindication



All treatments for valvular, congenital, ischemic, and heart failure focus on improving circulation-- minimizing the likelihood of **pulmonary hypertension**

# Classification and definition of HF-PH

	2022 ESC/ERS	Previous criteria
HFrEF	LVEF $\leq$ 40%	LVEF $\leq$ 40%
HFpEF	LVEF $>$ 40%	LVEF $>$ 40%
IpcPH	mPAP $>$ 20 mmHg, PAWP $>$ 15 mmHg, PVR $<$ 2 Wood Units	mPAP $\geq$ 25 mmHg PAWP $>$ 15 mmHg PVR $<$ 3 Wood Units
CpcPH	mPAP $>$ 20 mmHg, PAWP $>$ 15 mmHg, PVR $>$ 2 Wood Units	mPAP $\geq$ 25 mmHg PAWP $>$ 15 mmHg PVR $>$ 3 Wood Units



Ben-Yehuda O, et al. Pulmonary Hypertension in Transcatheter Mitral Valve Repair for Secondary Mitral Regurgitation: The **COAPT Trial**. J Am Coll Cardiol. 2020;76(22):2595-2606.

# PADN-5 trial

865 HF patients (stable  $\geq 3$  months, recent worsening of HF)

On maximal anti-HF medications and stabilizing for  $\geq 3$  days

387 patients had a sPAP  $\geq 45$  mmHg by cardiac echo

112 patients were defined as **CpcPH** by RHC

2 died

10 withdrew

Sham group (n=50)

PADN group (n=48)

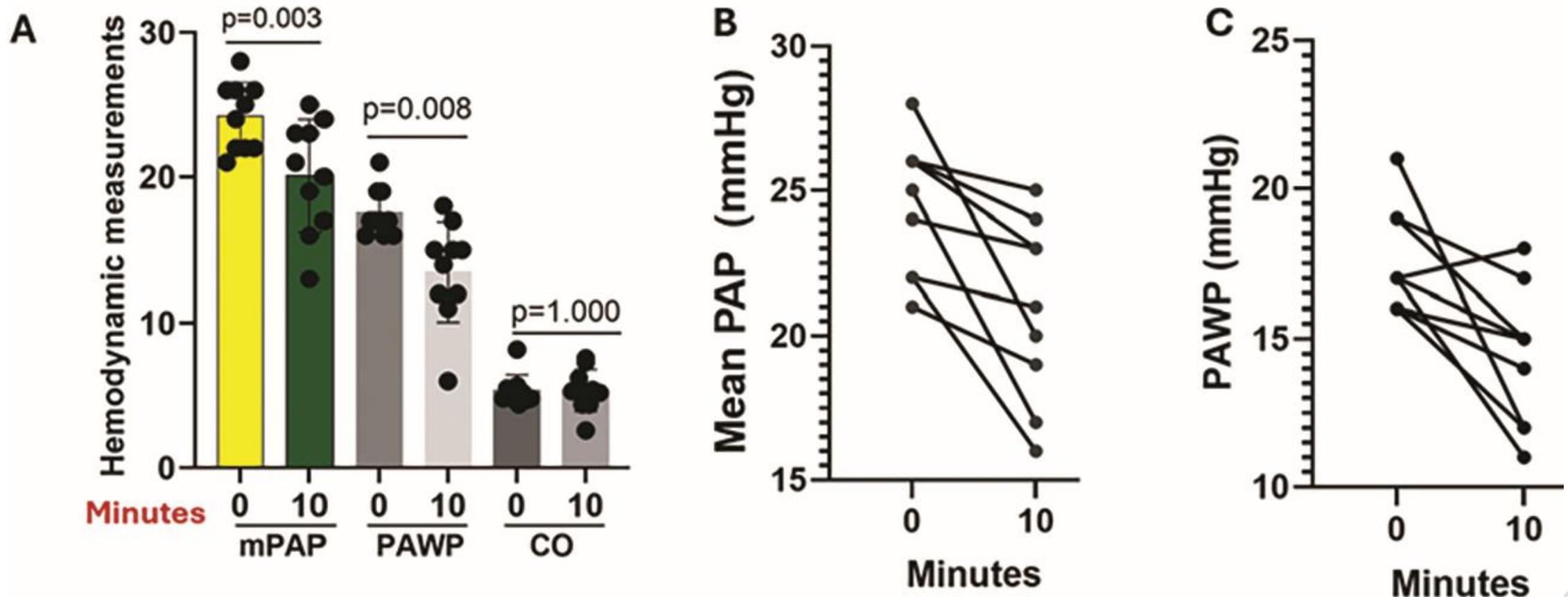
Primary endpoint: 6MWD change at 6-month

## Key question:

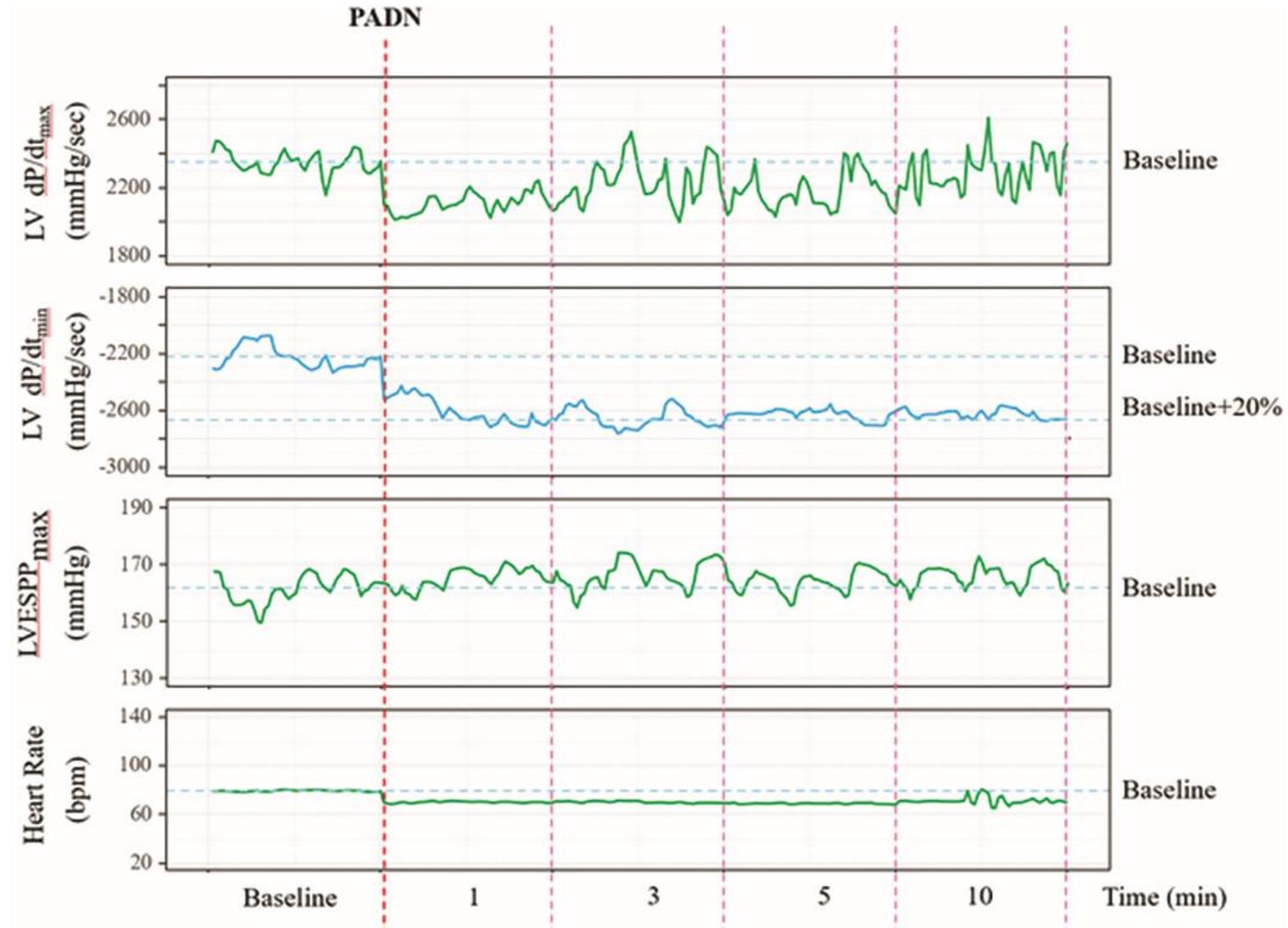
Is PADN a beneficiary for **lpcPH** patients?

# PADN for HFpEF (LVEF>40%) with IpcPH, n=10

Proof and Concept of Trial: N=20, HFrEF=10, HFpEF=10



# Dynamic change of dp/dt until to 10 min after PADN



## Central Illustration. Dynamic change of dp/dt ratio during 10-minute monitoring

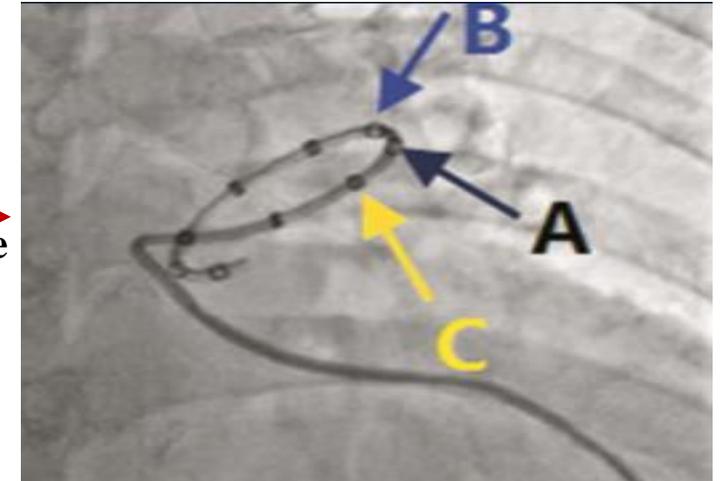


Heart failure, LVEF>40%

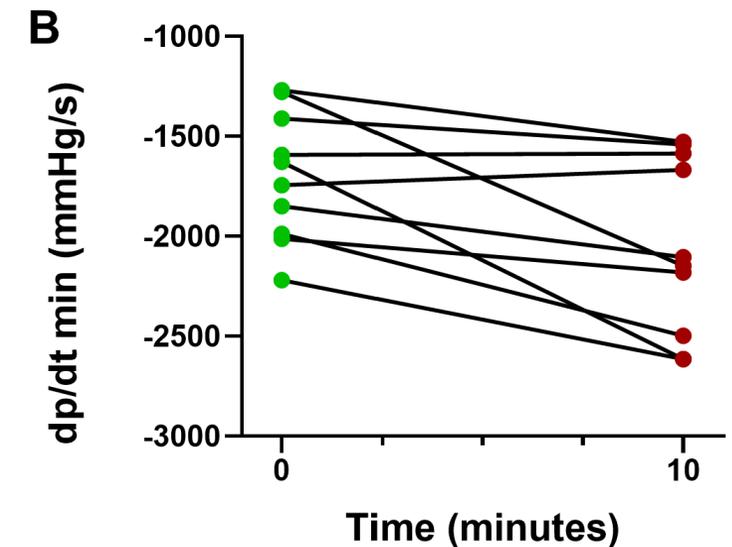


IpcPH (mPAP>20mmHg, PAWP>15 mmHg, PVR≤2 Woods Unit )

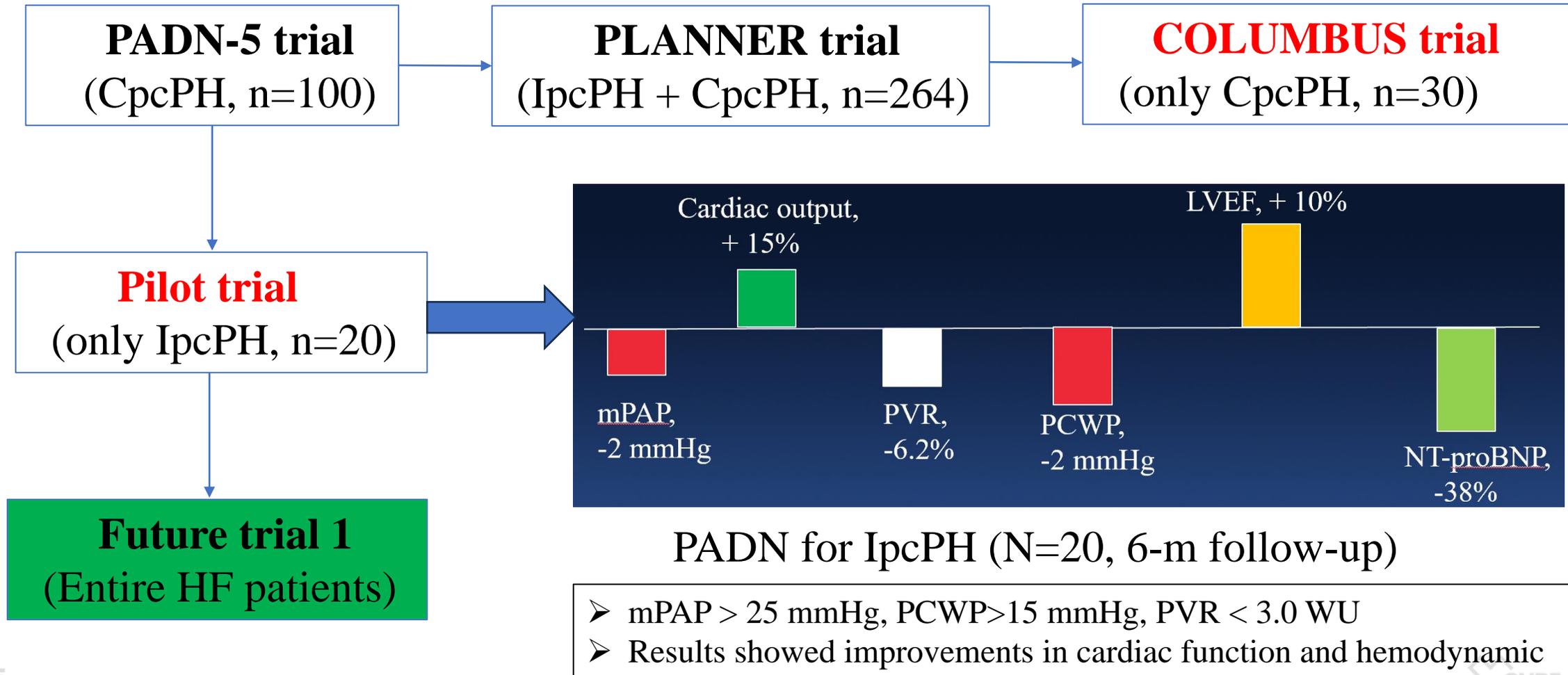
PADN procedure



Timing (min)	LV dp/dt <sub>mini</sub> (mmHg/s)	% of reduction	p value
Baseline	-1699 ± 323	Reference	Reference
1 minutes	-1880 ± 456	-10.7%	0.015
3 minutes	-1919 ± 543	-12.9%	0.025
5 minutes	-1882 ± 480	-10.8%	0.020
10 minutes	-2048 ± 442	-20.5%	0.012



# Future trials for PADN in PH-LHD



# In Conclusion

PADN is associated with significant reductions in PAP and PAWP, likely driven by improved left ventricular relaxation, as reflected by  $dp/dt_{\min}$ , in patients with HFpEF-induced IpcPH. (*ClinicalTrials. Gov: NCT06323512*).

**Thanks for your kind attention!**