

Is IL-6 a Possible Target to Prevent Post-AMI Cardiovascular Events?



Davide Capodanno MD, PhD, FESC

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### **Financial disclosures**

Within the past 12 months, with respect to the content of this presentation, I, **Davide Capodanno**, have had a financial interest/arrangement or affiliation with the organization(s) listed below:

### **Advisory Board fees**

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### **RESIDUAL CARDIOVASCULAR RISK**



Università di Catania

Adapted from Lawler PR, et al. Eur Heart J. 2021;42:113-131

Deposition of oxidized LDL and cholesterol in the vessel wall

Post-AMI cell debris and metabolites, ischemia and reperfusion injury

# Inflammatory Pathway









# Anti-inflammatory drugs Colchicine



### **COLCOT TRIAL**

di Catania



Tardif JC, et al. N Engl J Med 2019;381:2497-2505

### **COLCOT TRIAL**

## Serious Adverse Events at ~23 Months

	Colchicine (N=2330)	Placebo (N=2346)
Any serious adverse events	383 (16.4%)	404 (17.2%)
Gastrointestinal event	46 (2.0%)	36 (1.5%)
Infection	51 (2.2%)	38 (1.6%)
Pneumonia	21 (0.9%)	9 (0.4%)
Septic shock	2 (0.1%)	2 (0.1%)
Hospitalization for heart failure	25 (1.1%)	21 (0.7%)
Cancer	43 (1.8%)	46 (2.0%)



Tardif JC, et al. N Engl J Med 2019;381:2497-2505

### **TRIALS AND GUIDELINES RECOMMENDATIONS**





**CLEAR TRIAL** 

## **Major Adverse Cardiac Events**

7062 patients who had a MI at Median 3 Years Hazard ratio, 0.99 (95% CI 0.85-1.6; P=0.93 for superiority)



### Serious Adverse Events at ~36 Months

	Colchicine (N=3528)	Placebo (N=3534)
Noncardiovascular death	45 (1.3%)	66 (1.9%)
Death from all causes	162 (4.6%)	179 (5.1%)
Pericarditis	91 (2.6%)	89 (2.5%)
Serious adverse GI event	35 (1.0%)	33 (0.9%)
Serious adverse hematologic event	0 (0%)	8 (0.2%)
Serious infection	87 (2.5%)	101 (2.9%)
Diarrhea	361 (10.2%)	233 (6.6%)



Jolly SS, et al. N Engl J Med 2025;392:633-642

	<b>Colchicine</b> Events / PY	<b>No Colchicine</b> Events / PY
Deftereos et al.	0 (0)	0 (0)
COLIN	0 (0)	0 (0)
COLCOT	111 (8281)	130 (8327)
LoDoCo-MI	0 (9)	2 (9)
LoDoCo2	115 (6583)	157 (6578)
Australian COPS	24 (429)	41 (432)
Akrami et al.	8 (60)	28 (65)
PODCAST-PCI	15 (161)	18 (160)
COVERT-MI	36 (101)	40 (91)
CLEAR	241 (10584)	250 (10602)
Pooled effect		

### **10 Trials, 19304 patients with MI** Mean follow-up 11±15 months





Laudani C, Capodanno D, et al. Eur Heart J Cardiovasc Pharmacother [ePub ahead of print]

# Targeting IL-1 Canakinumab



## **MACE at Median 3.7 Years**

10061 patients with previous myocardial infarction and a highsensitivity C-reactive protein level of 2 mg or more per liter





Ridker PM, et al. N Engl J Med 2017;377:1119-1131

## **Annualized Incidence of Serious Adverse Events**

	Canakinumab (N=6717)	Placebo (N=3344)
Any serious adverse events	2389 (11.8%)	1202 (12.0%)
Fatal cancer	115 (0.5%)	81 (0.6%)
Fatal infection or sepsis	78 (0.3%)	23 (0.2%)
Arthritis	545 (2.3%)	385 (3.3%)
Leukopenia	100 (0.4%)	30 (0.2%)
Thrombocytopenia	150 (0.6%)	53 (0.4%)



Ridker PM, et al. N Engl J Med 2017;377:1119-1131

# Major Adverse Cardiovascular Events

According to the achievement of on-treatment interleukin-6 levels above or below the trial median of 1.65 mg/L at 3 months among those allocated to canakinumab

### **P** < 0.0001 for interaction

### Hazard ratio (95% CI)

 Placebo
 Reference

 Canakinumab, IL-6 ≥ median value (1.65 mg/L)
 HR, 1.06; 95% CI, 0.90-1.25

 Canakinumab, IL-6 < median value (1.65 mg/L)</td>
 HR, 0.64; 95% CI, 0.54-0.77



Ridker PM, et al. N Engl J Med 2017;377:1119-1131

# Targeting IL-6 Ziltivekimab



### Ziltivekimab (monoclonal antibody)

A human monoclonal antibody directed against the IL-6 ligand

+ IL-6 signaling pathway

**IL-6** ligand

Given once monthly as a subcutaneous injection

## Ziltivekimab (monoclonal antibody)

### ↓ IL-6 signaling pathway

**IL-6** ligand



### **ARTEMIS TRIAL**

### **10000** Participants

#### • AMI (STEMI or NSTEMI)

- Angiographic evidence of type 1 MI
- ≥1 enrichment criteria
- Randomization as early as possible and latest within 36 h from STEMI or 48 h from NSTEMI



### Study objective

To demonstrate the superiority of a loading dose of ziltivekimab 30 mg s.c. versus placebo s.c. followed by 15 mg s.c. once monthly vs placebo s.c. both added to SOC, in reducing the risk of MACE in participants with angiographic evidence type 1 MI.

#### **Primary endpoint**

Time to first occurrence of 3-point MACE

- CV death
- Non-fatal MI
- Non-fatal stroke

#### **Confirmatory secondary endpoints (hierarchy)**

Time to first occurrence of

- Coronary MACE (CV-death, non-fatal MI, ischemia-driven coronary revascularization)
- Expanded MACE (CV death, non-fatal MI, non-fatal stroke, ID-CR, HFH, urgent HF)
- Expanded HF (CV death, HFH, urgent HF, or outpatient HF visit)
- All-cause death



### **CLOSING REMARKS**



- Low-dose colchicine is class IIa in the CCS guidelines and class IIb in the ACS guidelines, but recently failed to show benefit in a large trial of patients with AMI.
- I still consider colchicine in the infrequent CCS-PCI "frequent flyer" patients who meet the LDL-C targets but remain with high hs-CRP.
- The divergent results of the trials of canakinumab and colchicine highlight the need for large trials that target different parts of the inflammatory pathway.
- Trials are in planning or underway evaluating interleukin-6 inhibition in several clinical settings.

X: @DFCapodanno