

FFR is the Gold Standard

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Sound Scientific Basis

Experimental Coronary Flow by Function A

Nico H.

Background. Several pressure gradient-flow relationships may only be present after maximum arterial vasodilation. Theoretically, the maximum flow is the theoretically maximum flow that can be achieved.

Methods and Results. In the present study, the relationship between coronary flow and arterial pressure was studied in the presence of maximum arterial vasodilation. The contribution of collateral circulation and the reserve in both the coronary and collateral circulation were measured by the contribution of collateral circulation to the total flow. To test the flow velocity, trans-

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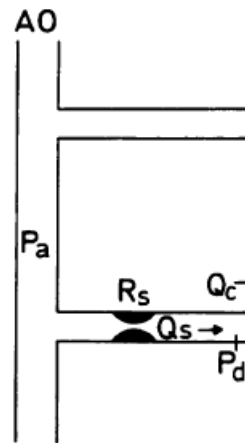


FIGURE 1. *Schematic diagram of coronary flow measurement. AO, ascending aorta; Pa, arterial pressure; Pv, venous pressure; Qc, coronary flow; Qs, myocardial flow; Rs, resistance of the coronary artery; Pd, pressure in the collateral circulation supplying epicardial vessels.*

As explained later, Equation 1 is derived from Equation 2 in case of maximum arterial vasodilation.

$$\frac{P_a - P_v}{P_w - P_v} = 1$$

$$FFR_{cor} = \frac{Q_c}{Q_{c,max}}$$

$$FFR_{myo} = \frac{Q_s}{Q_{s,max}}$$

or

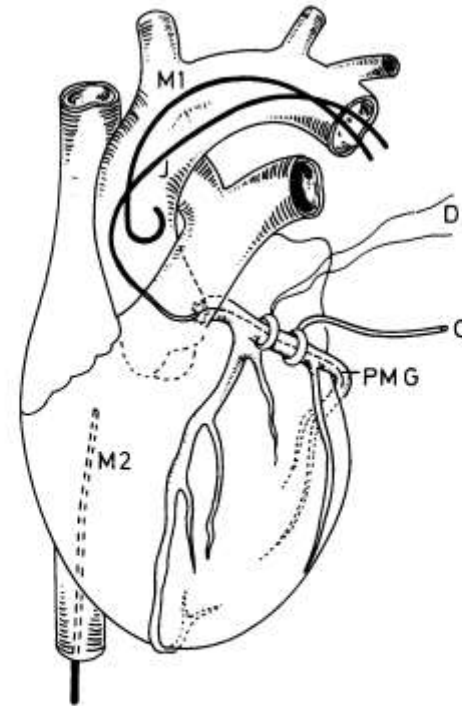


FIGURE 2. *Schematic of animal instrumentation. D, Doppler probe; J, 6F left Judkins catheter; M₁, Millar catheter in ascending aorta; M₂, Millar catheter in right atrium; O, balloon occluder; PMG, pressure-monitoring guide wire with its tip 3–5 cm distal to the balloon occluder.*

How To Detect Objective Ischemia

- Decreased Coronary Blood Flow +



Myocardial Perfusion Abnormality



Contractile Abnormality



Electrical Abnormality

Non-Invasive Study In Cath Lab

Comparison with 3 non-invasive functional studies

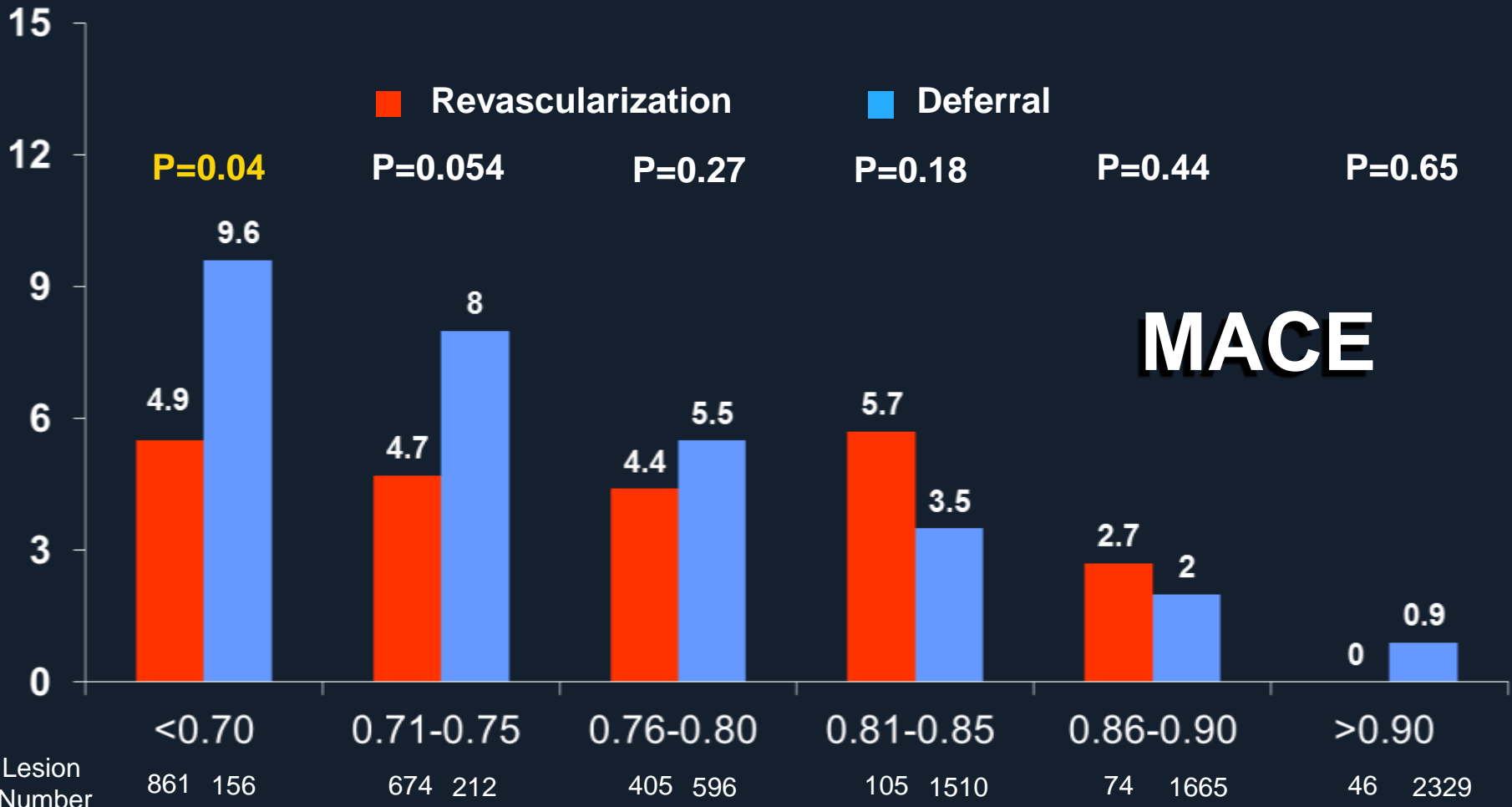


- N = 45 patients
- Sensitivity 88%, Specificity 100%, PPV 100%, NPV 88%

FFR

Outcome Derived Revascularization Threshold

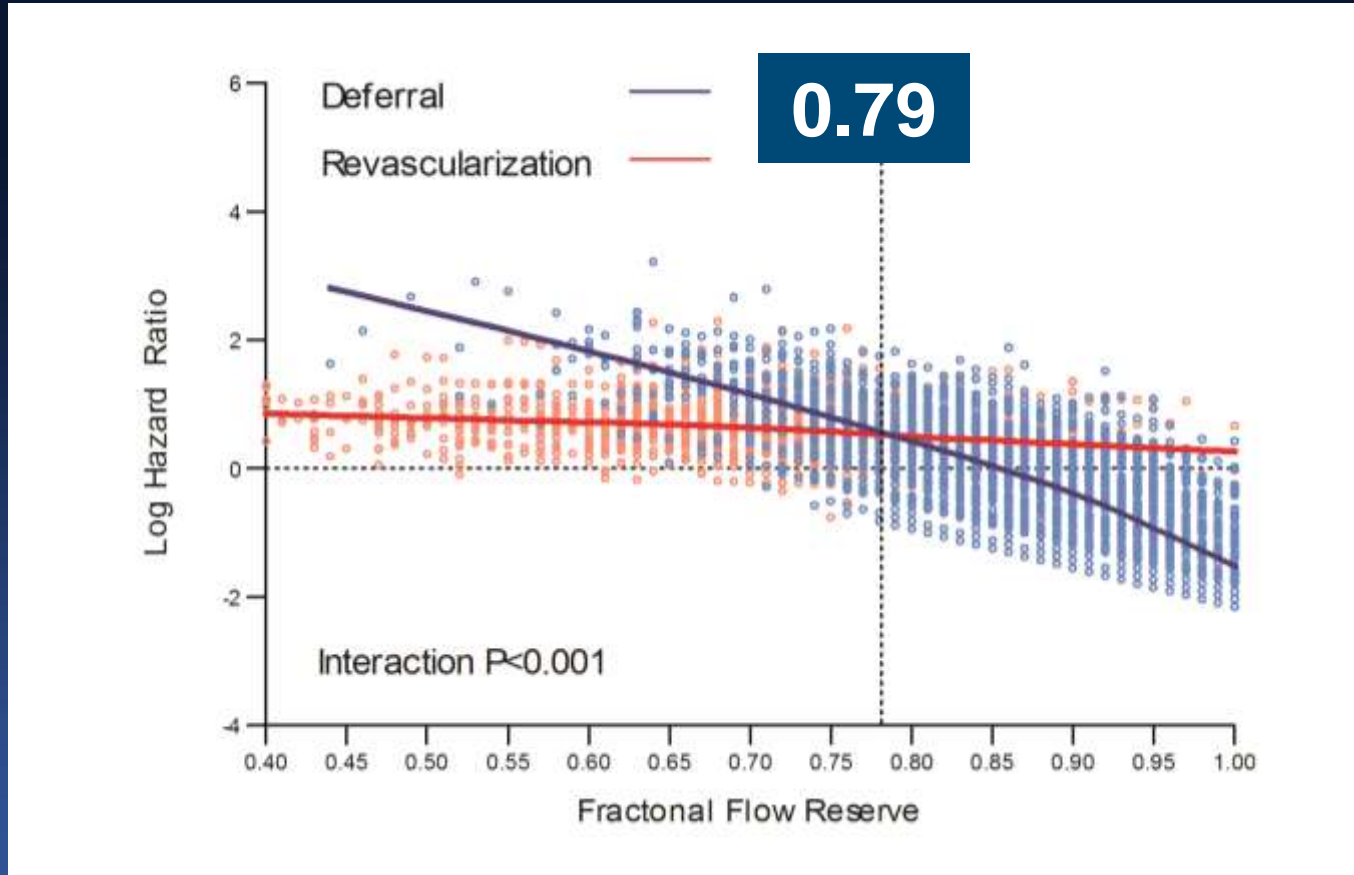
%



% from crude proportion

Ahn JM, Park SJ et al. *Circulation*. 2017 Mar 29

Outcome Derived Revascularization Threshold



Ahn JM, Park SJ et al. *Circulation*. 2017 Mar 29

FFR Guided PCI

≤ 0.80

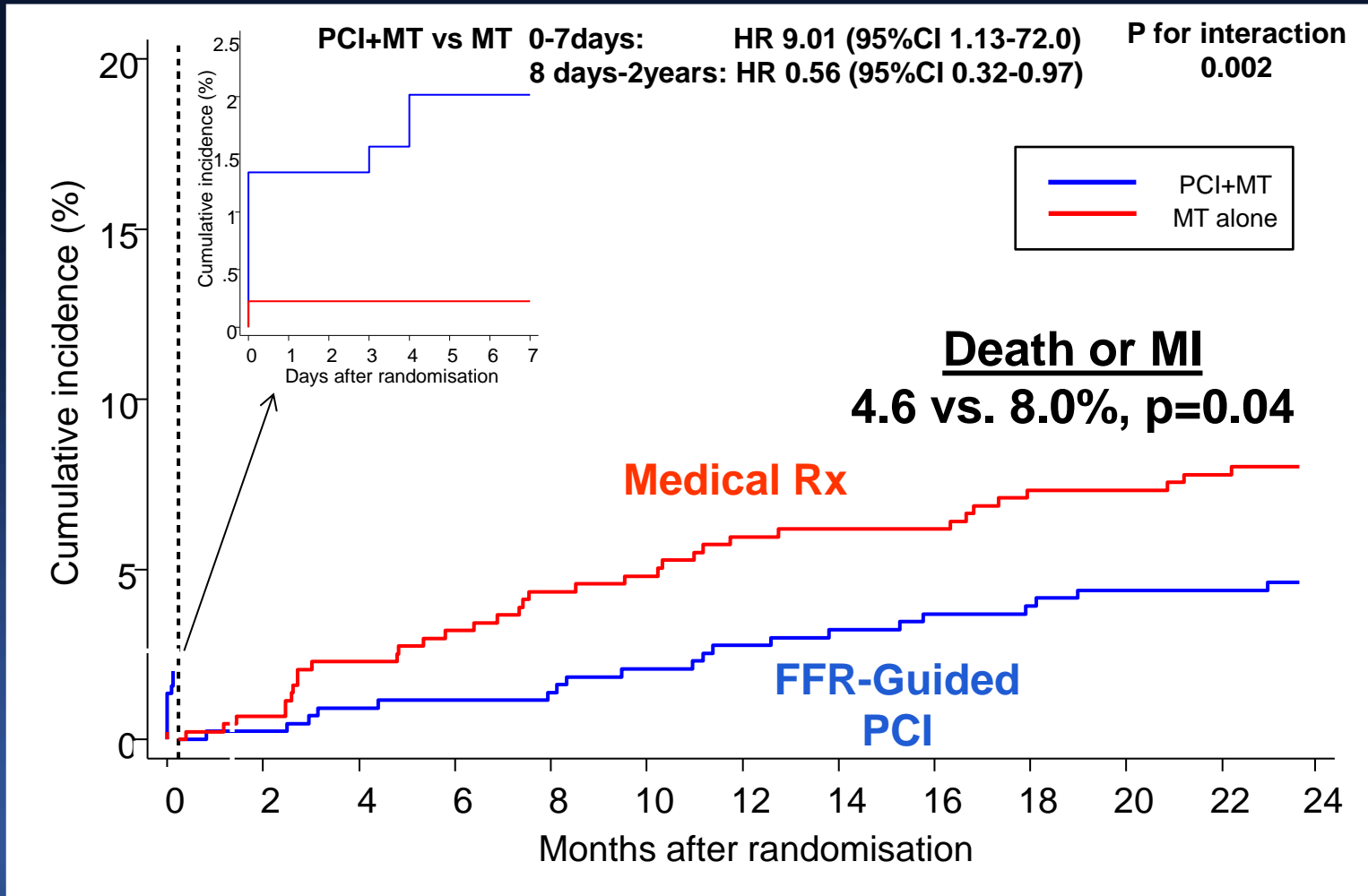
- ✓ Myocardial Ischemia producing
- ✓ Stenting

>0.80

- ✓ **Not** Myocardial Ischemia producing
- ✓ Optimal Medical Treatment
- ✓ Deferral of Stenting

FFR \leq 0.80: Stenting Justified

FAME 2



FFR > 0.80: DEFER

Cardiac Death and MI

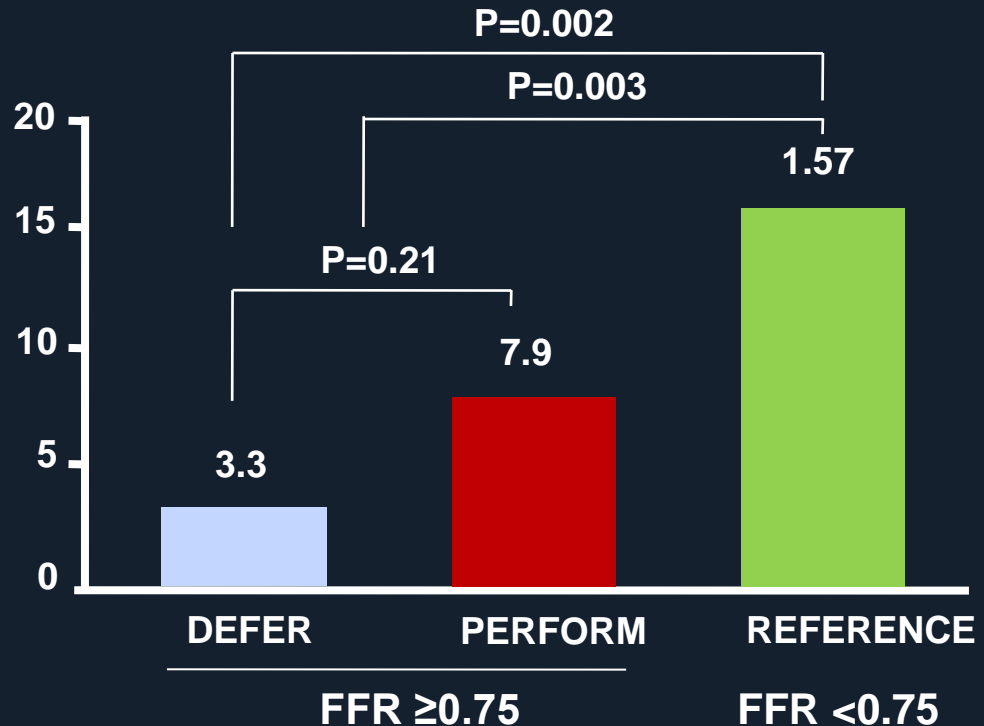
In 325 patients

- FFR ≥ 0.75

R → DEFER (n=91)
→ PERFORMANCE (N=90)

- FFR < 0.75

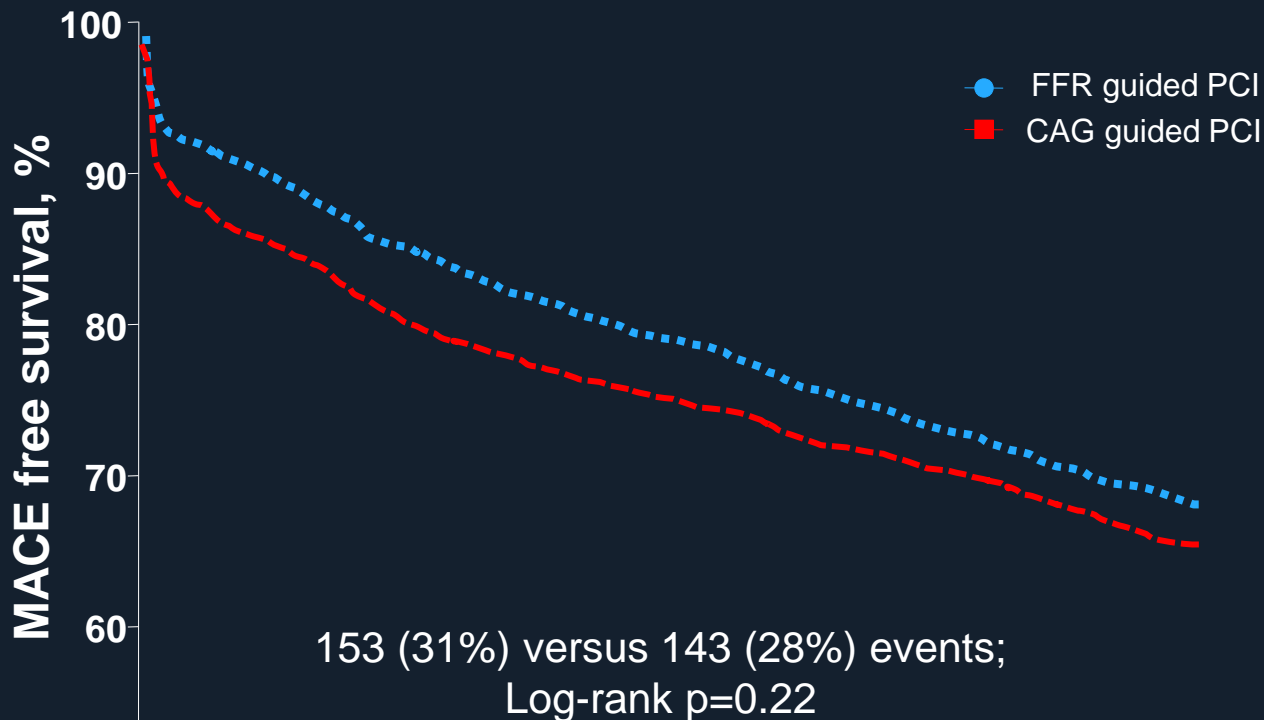
REFERENCE (N=144)



• The risk of CD or MI related to this stenosis is <1%/year and not decreased by stenting.

FFR Guided PCI: **FAME I**

MACE

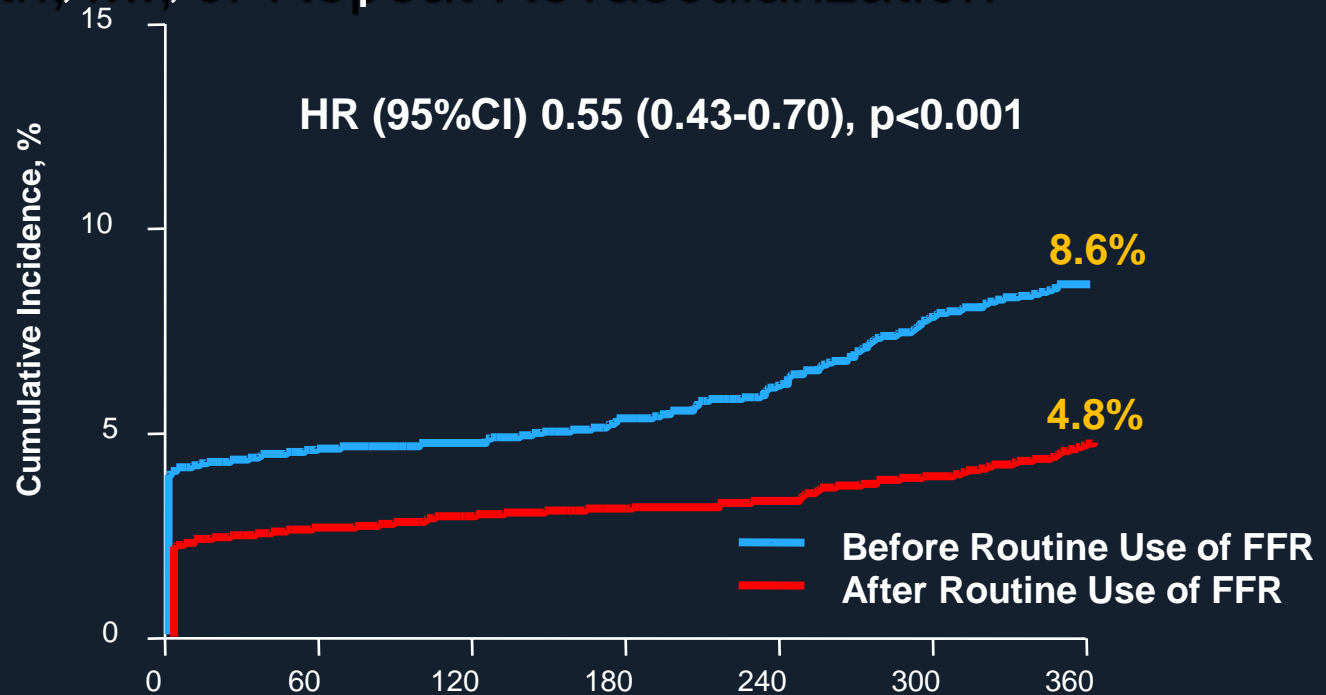


No. at Risk		1	2	3	4	5
CAG guided	496	393	350	319	293	257
FFR guided	509	434	389	341	310	263

Routine FFR Use in Real World Practice

ASAN PCI Registry

Death, MI, or Repeat Revascularization

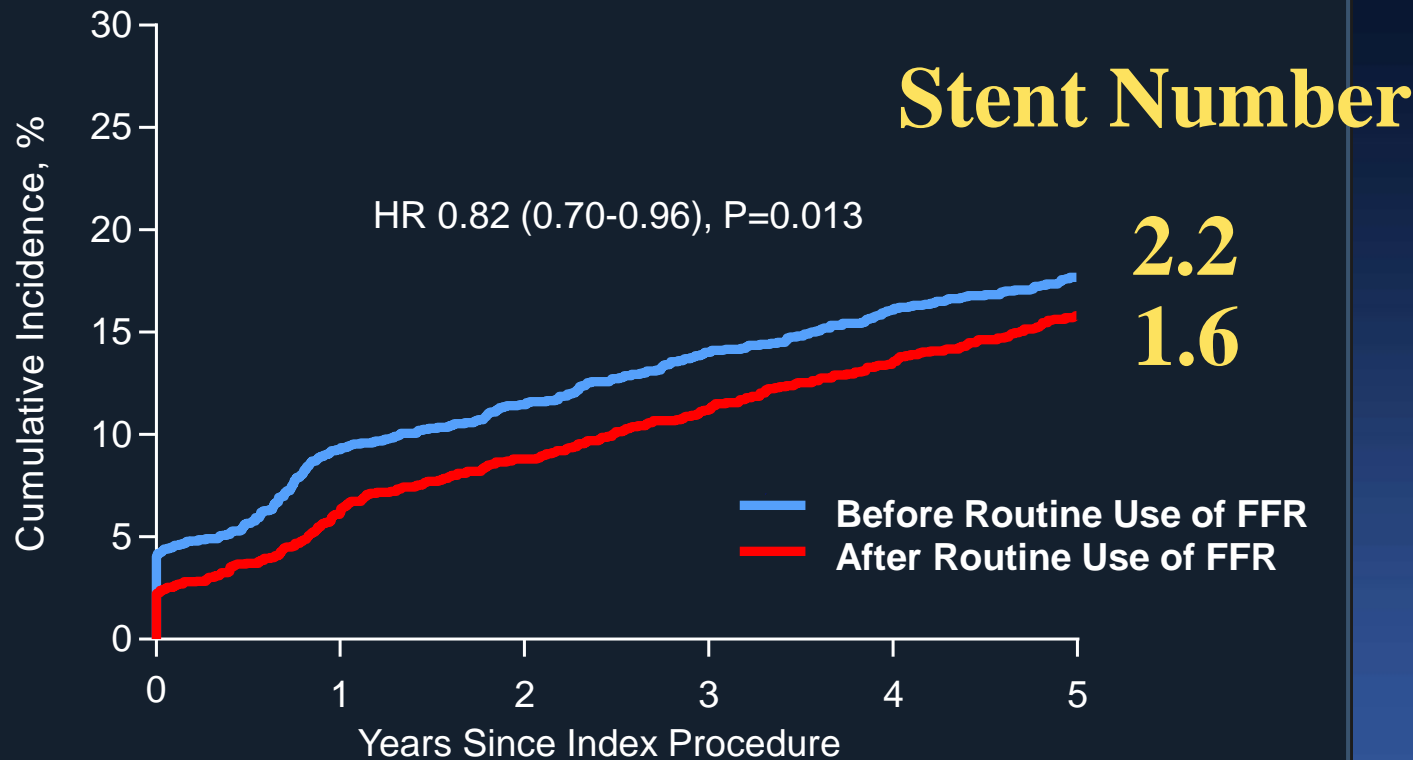


No. at Risk

	0	60	120	180	240	300	360
Before Routine Use	2178	2066	2011	1960			
After Routine Use	2178	2092	2067	2037			

Real World Practice In ASAN PCI Registry 5 Year follow-up

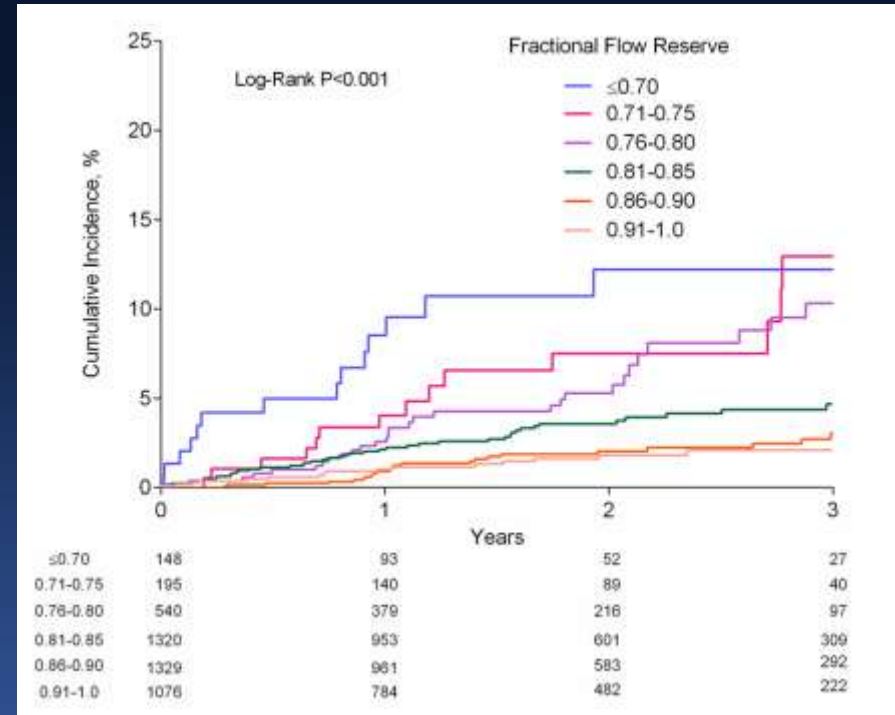
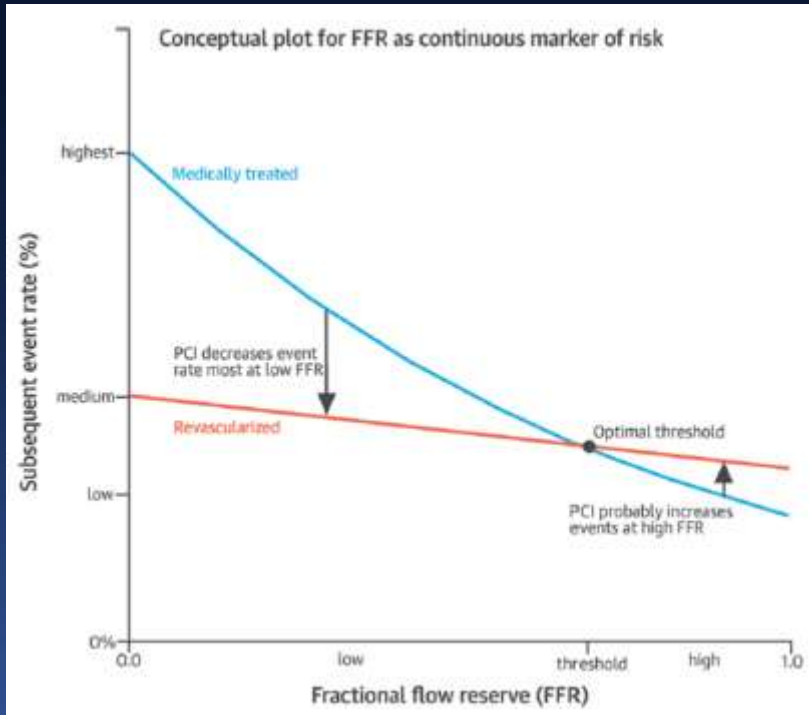
Death, MI, or Repeat Revascularization



No. at Risk

Before Routine Use	2178	1965	1827	1735	1596	940
After Routine Use	2178	2035	1826	1722	1606	966

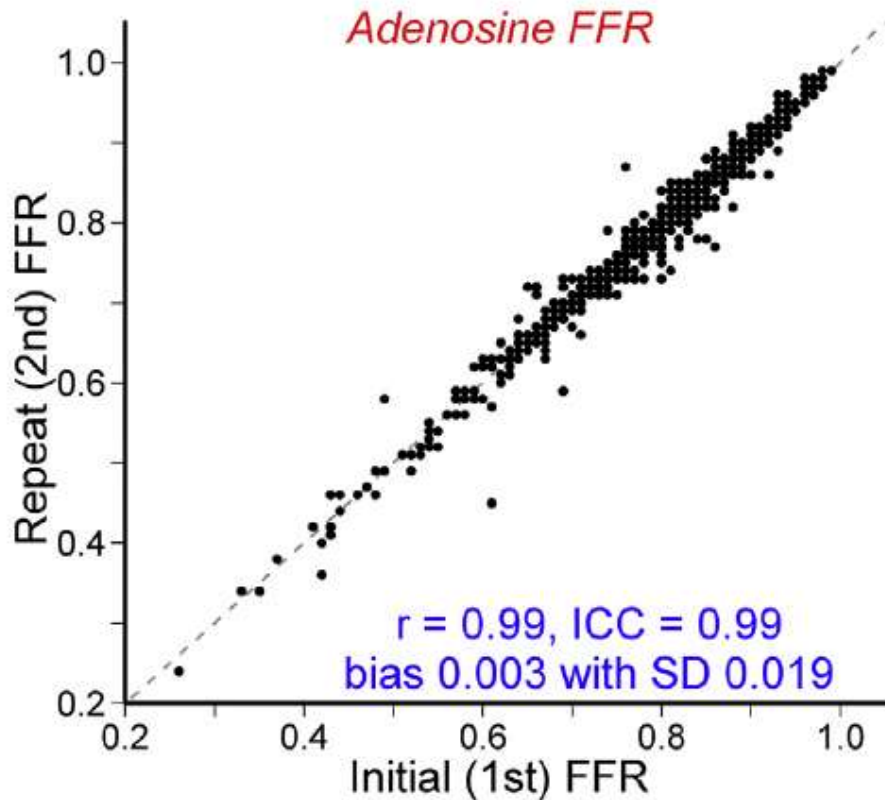
Risk Continuum of FFR



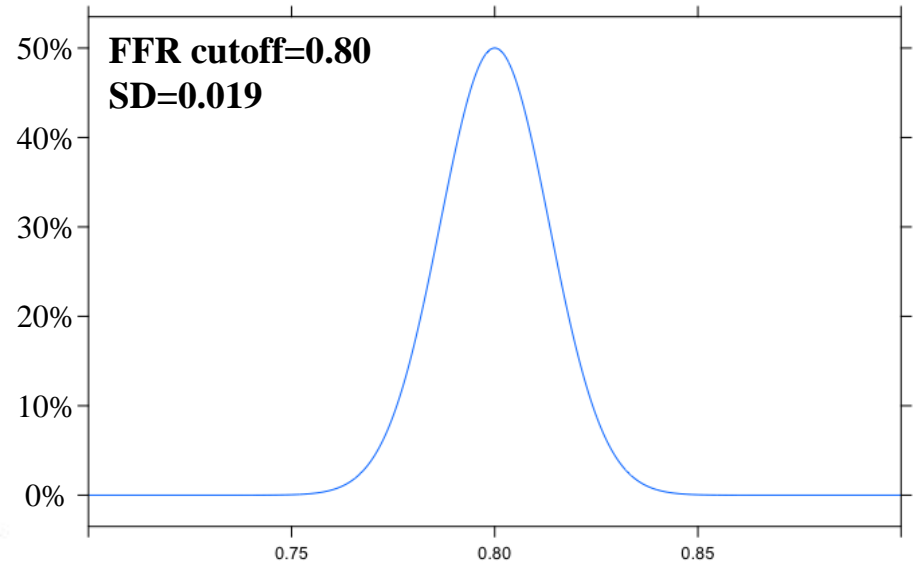
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Ahn JM, Park SJ et al. Circulation. 2017 Mar 29

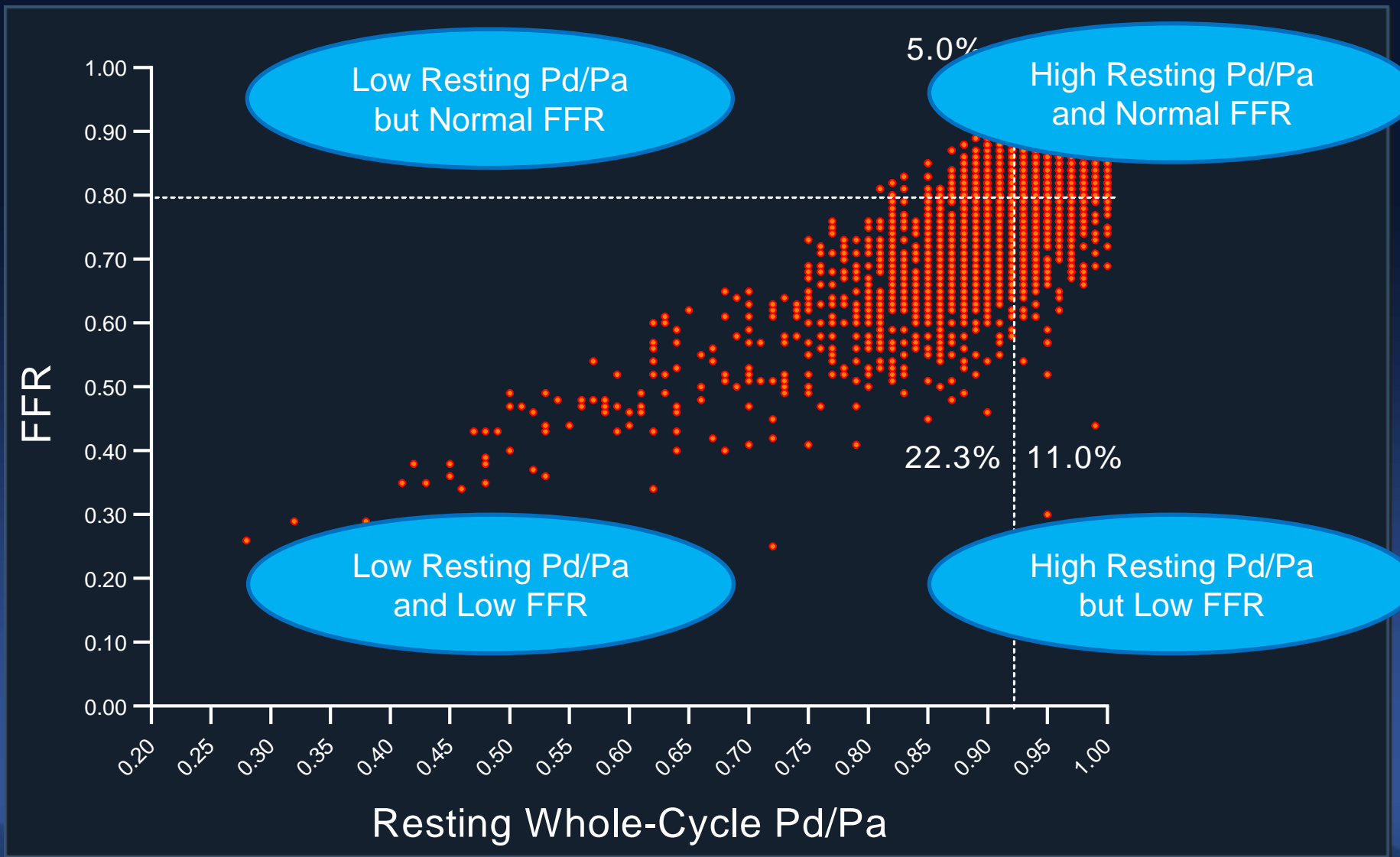
Measurement



Probability that revascularization decision will change if measurement is repeated

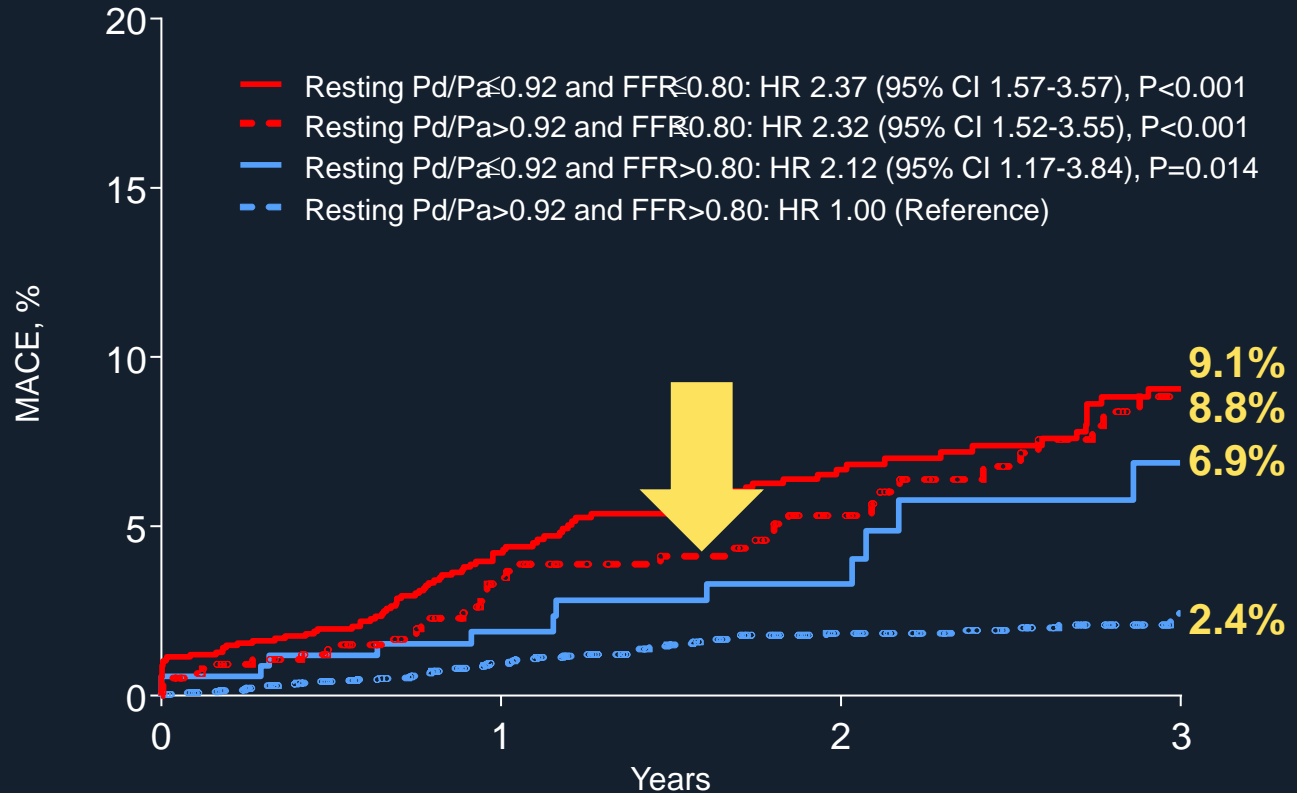


Resting Pd/Pa and FFR



Without hyperemia, clinically important subsets with moderately but significantly increased risk of cardiac events could not be identified

For Cardiac Death, MI, RR



Lesion at risk	0	1	2	3
Pd/Pa \leq 0.92 and FFR \leq 0.80	1566	1079	623	345
Pd/Pa > 0.92 and FFR \leq 0.80	772	527	324	183
Pd/Pa \leq 0.92 and FFR > 0.80	351	244	151	71
Pd/Pa > 0.92 and FFR > 0.80	4325	3099	1730	864

Unpublished Data

Summary

1. Sound scientific basis.
2. Cut-off value was validated against *ischemia test* and *clinical outcome*.
3. FFR guided PCI was validated in randomized trials and real world registry: *favorable outcomes* with *less stent use*.
4. FFR has a prognostic value.
5. Highly reproducible.
6. Induction of hyperemia can identify unique clinical, physiologic, and prognostic phenotype of patients.