PREVENT Trial: Update and Interesting Cases

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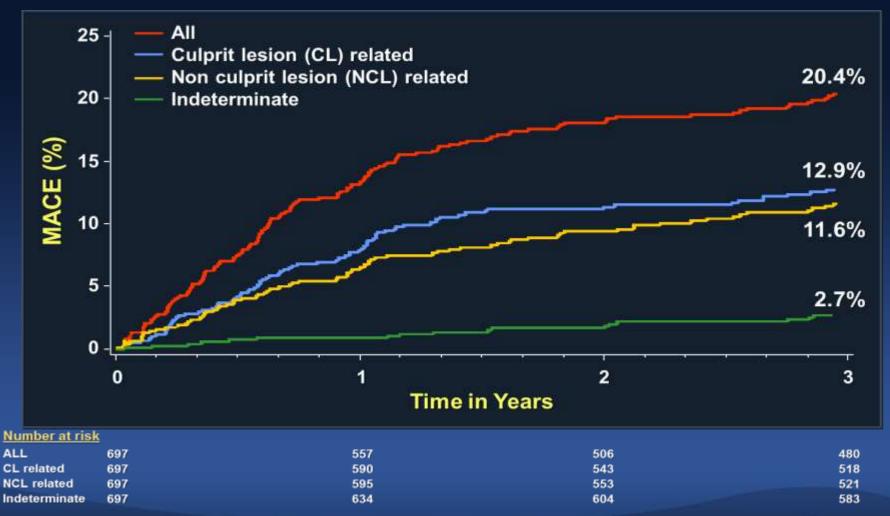
To Treat or Not Tot Treat?

Functionally Insignificant Vulnerable Plaque



PROSPECT: MACE

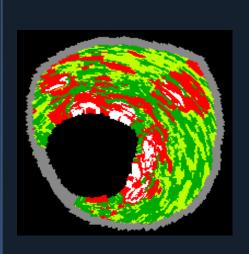
(N=700, ACS, 3-Vessel Imaging after PCI)





Vulnerable Plaque Defined by VH-IVUS

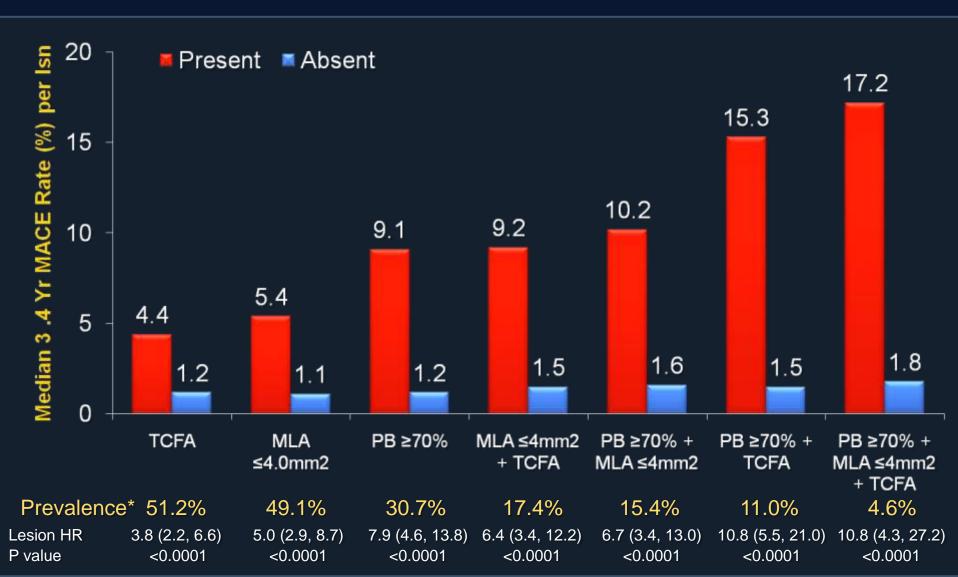
Independent Predictors of Non-Culprit Lesion Events



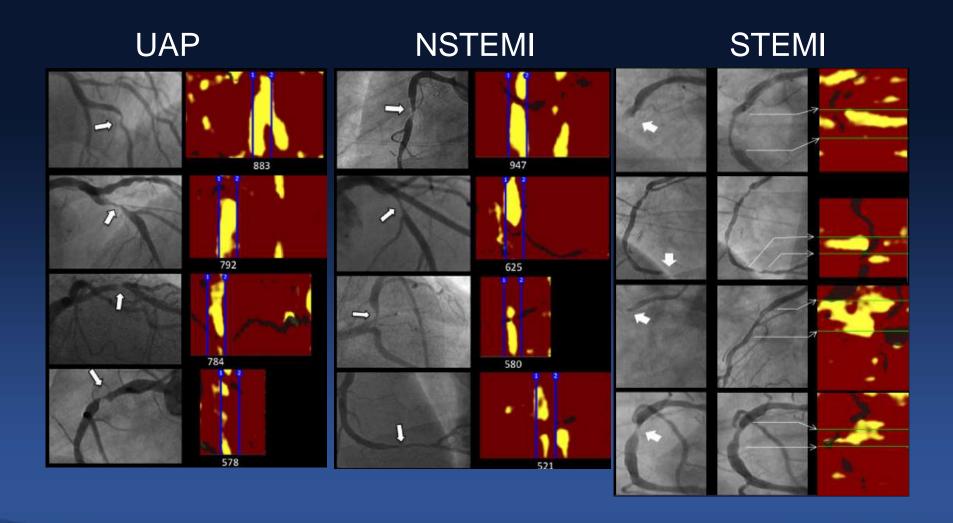
PB_{MLA} ≥70% VH-TCFA MLA ≤4.0 mm² HR [95% CI] P value
5.03 [2.51, 10.11] <0.0001
3.35 [1.77, 6.36] 0.0002
3.21 [1.61, 6.42] 0.001



PROSPECT: Correlates of Non Culprit Lesion Related Events

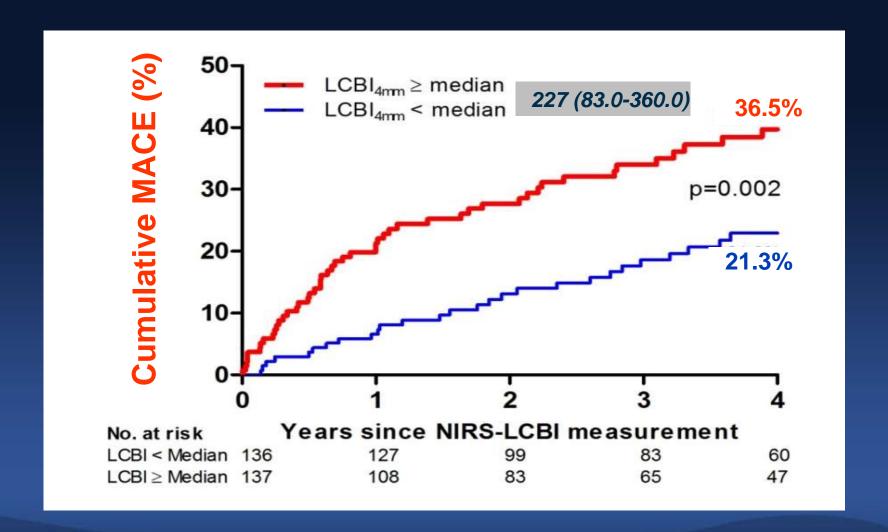


Near-infrared spectroscopy (NIRS)





Lipid Core Burden Index (LCBI) Predicts MACE!



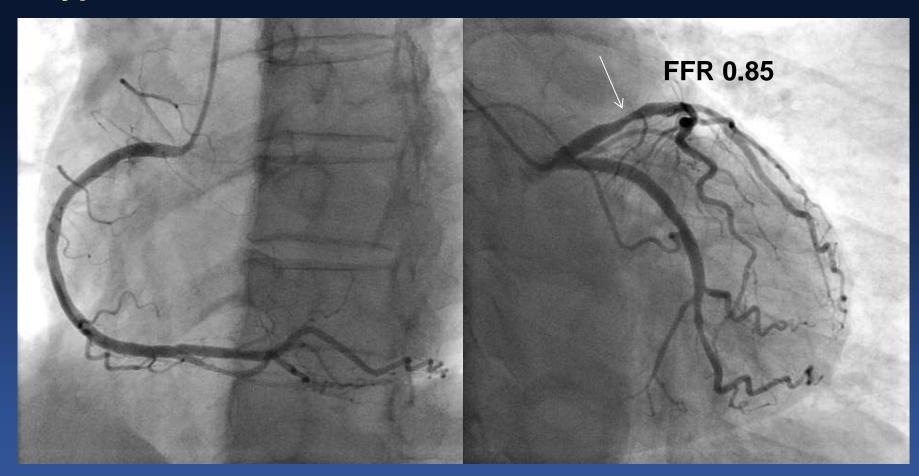


Cases



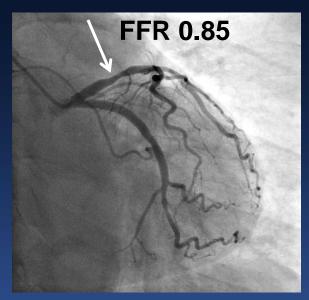


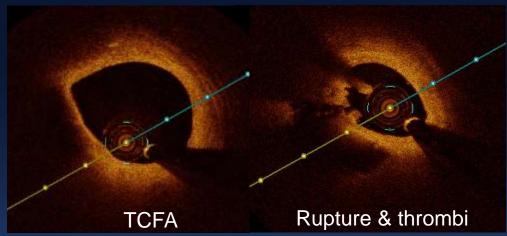
57 y/o Female, Atypical Chest Pain

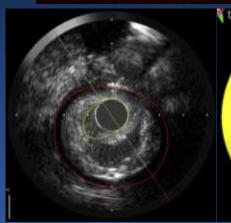


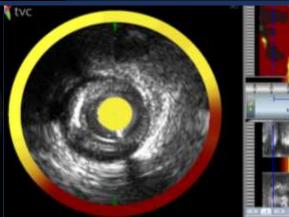


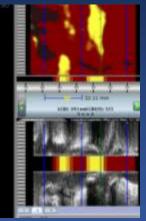
Vulnerable Plaqueby OCT & NIRS











MLA 2.7 mm² Plaque burden 73%

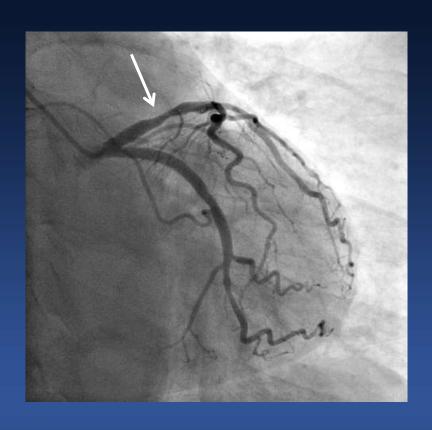
maxLCBI 4mm: 571





To Treat or Not Tot Treat?

Functionally Insignificant Vulnerable Plaque



FFR: 0.85

Non-ischemic

IVUS MLA: 2.7 mm²

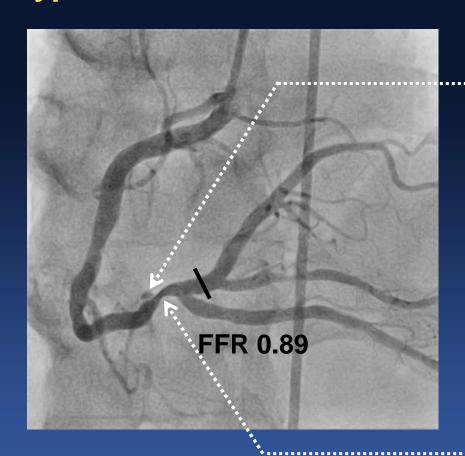
Plaque burden: 73%

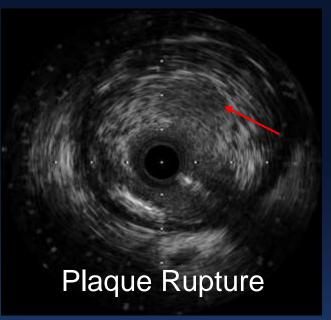
maxLCBI_{4mm}: 571

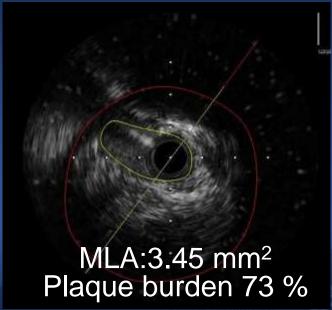
TCFA (+)



55 y/o male, Atypical Chest Pain



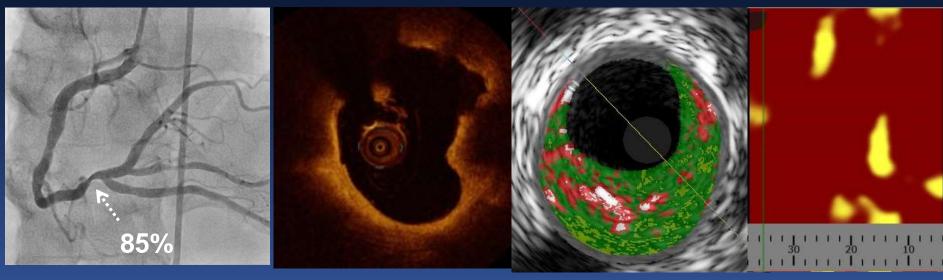




Vulnerable Plaqueby OCT, VH-IVUS & NIRS

Rupture, TCFA

 $_{\text{max}} LCBI_{\text{4mm}} = 404$



Necrotic Core 25%



To Treat or Not Tot Treat?

Functionally Insignificant Vulnerable Plaque



No Chest Pain

FFR: 0.89

Non-ischemic

IVUS MLA: 3.45 mm²

Plaque burden : 73%

maxLCBI_{4mm}: 404

TCFA (+)





Background





Q1,

Can Optimal Medical Treatment Stabilize Plaque Vulnerability?



STABLE Trial

(<u>ST</u>atin and <u>A</u>theroma Vulnera<u>B</u>i<u>L</u>ity <u>E</u>valuation)
Double-blinded, Prospective, Randomized, Controlled Trial

290 patients with Deferred native coronary artery lesion

2:1 randomization, double-blinded

Rosuvastatin 40mg

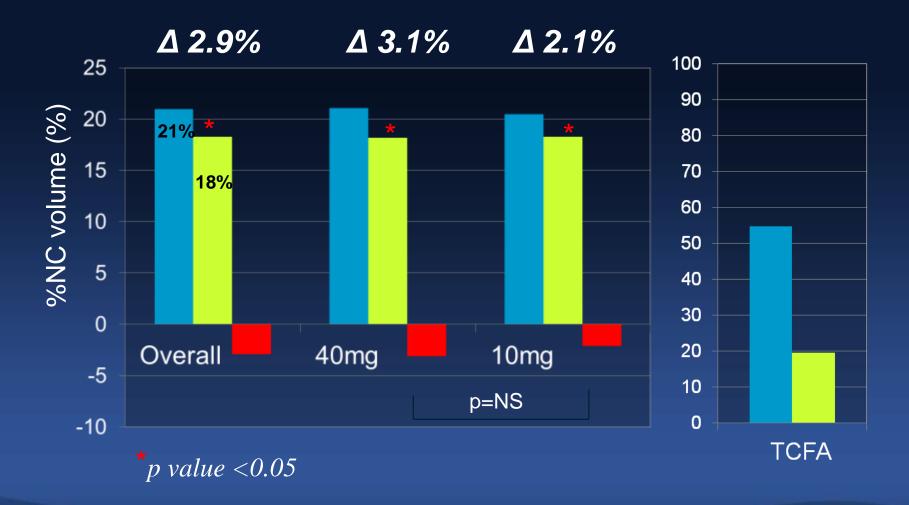
Rosuvastatin 10mg

Primary efficacy endpoint; Change in %NC volume within target segment by VH-IVUS at 1 year

Secondary endpoint: change in %NC volume comparing rosuvastatin 40mg vs. 10mg.



Primary Endpoint %NC Volume Changes at 1 Year





Q2,

Can BVS Stabilize Plaque Vulnerability and Make an Any Difference ?



BRS Concept Is Perfect!

Disappeared,
Plaque Stabilization,
Lumen Enlargement,
Restored Vasomotor tone

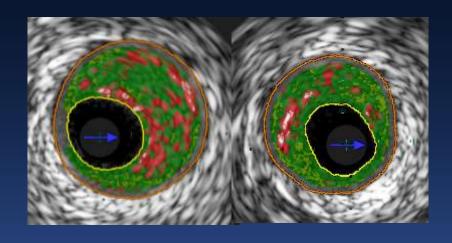




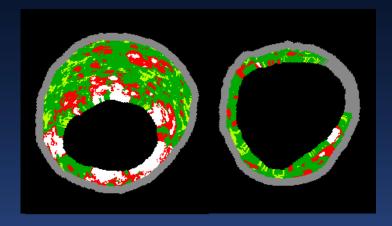
What's the Difference?

Optimal Medical Treatment

BVS



Stabilized Plaque Vulnerability
Decreased Plaque Volume
Decrease Vessel Size
Decreased Lumen



Local Treatment
Stabilized Plaque Vulnerability
Decreased Plaque Volume
Decrease Vessel Size
Increased Lumen

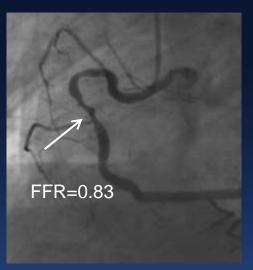


PREVENT Study,

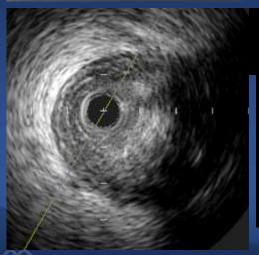
The *PREVENT* ive Implantation of BVS on Stenosis With Functionally Insignificant Vulnerable Plaque Compared to Optimal Medical treatment.

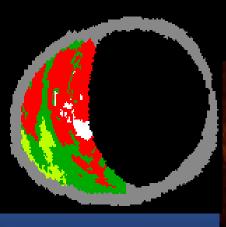


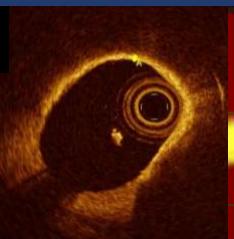
Defining, Functionally Insignificant Vulnerable Plaque



- 1. PB_{MLA} ≥70%
- 2. MLA ≤4.0 mm²
- 3. TCFA by OCT or VH-IVUS
- 4. LRP on NIRS ($_{max}LCBI_{4mm}>315$)









PREVENT Trial

Any Epicardial Coronary Stenosis (≤ 40 mm) with FFR ≥0.80 and with <u>Two</u> of the following

- 1. Plaque Burden >70%
- 2. MLA ≤4.0mm²
- 3. TCFA by OCT or VH-IVUS
- 4. Lipid-Rich Plaque on NIRS (maxLCBI_{4mm}>315)



Primary endpoint at 2 years: CV death, MI, Hospitalization d/t unstable angina

OCT sub-study/ NIRS sub-study, (300 patients in each arm at 2 years)



BRS Is Gone! Disappeared in Our Practice.



PREVENT Trial

Any Epicardial Coronary Stenosis (≤ 40 mm) with FFR ≥0.80 and with <u>Two</u> of the following

- 1. Plaque Burden >70%
- 2. MLA ≤4.0mm²
- 3. TCFA by OCT or VH-IVUS
- 4. Lipid-Rich Plaque on NIRS (_{max}LCBI_{4mm}>315)

XIENCE+OMT N=800 OMT N=800

Primary endpoint at 2 years:

CV death, MI, Hospitalization d/t unstable angina

OCT sub-study/ NIRS sub-study, (300 patients in each arm at 2 years)



Inclusion Criteria

Age 18 years or older, Symptomatic or asymptomatic coronary stenosis, Eligible lesions for PCI (< 40 mm), with FFR >0.80 and met the two of the following

- 1. Plaque burden>70%
- 2. MLA<4mm2
- 3. TCFA by OCT or VH-IVUS
- 4. Lipid-rich plaque on NIRS (maxLCBI_{4mm}>315)





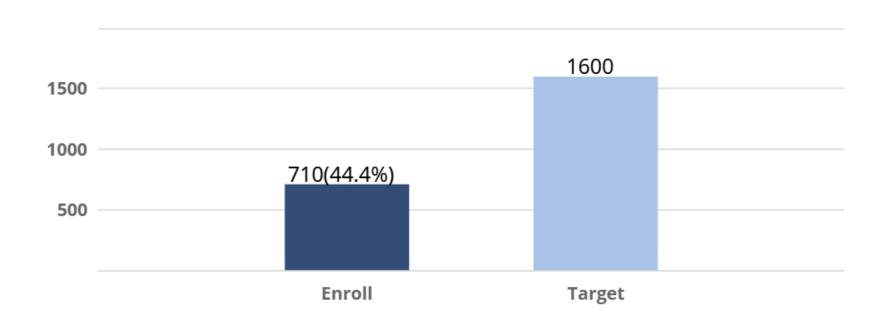
Primary and Major Secondary End Point,

The primary endpoint is the 2-year MACE (cardiovascular death, nonfatal MI, unplanned rehospitalization due to unstable angina).

The secondary endpoints include overall MACE, non-urgent revascularization, and rate of cerebrovascular event.



Current Patients Enrollment 2018 April.

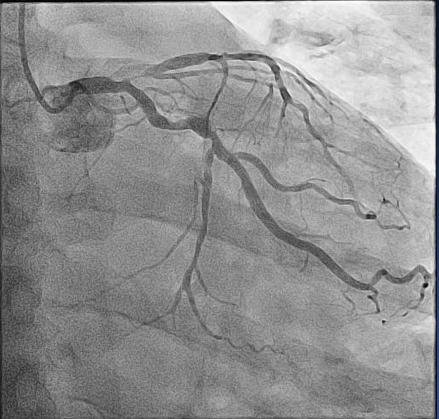


Event Cases During Follow-up



55 y/o male, Unstable Angina



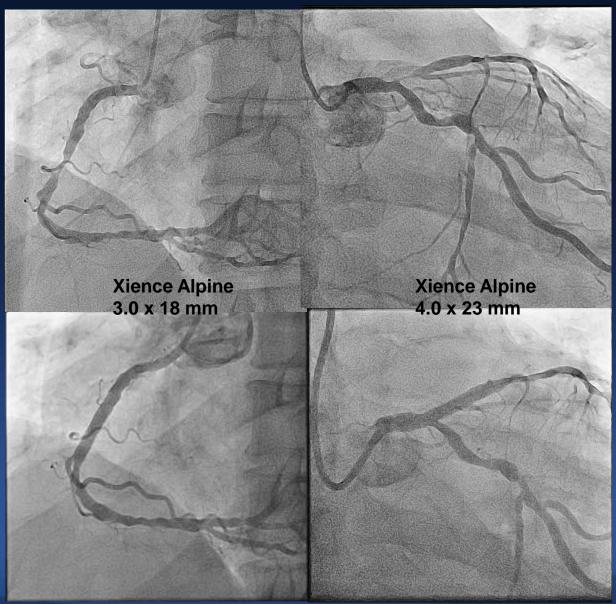




Culprit PCI for RCA and LM-pLAD

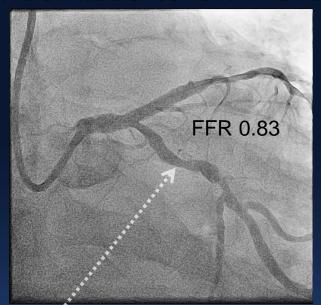
Pre

Post PCI



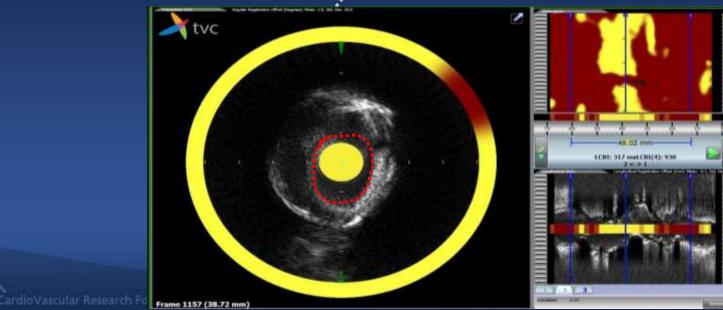


Non-Culprit LCX, Randomized to OMT Group



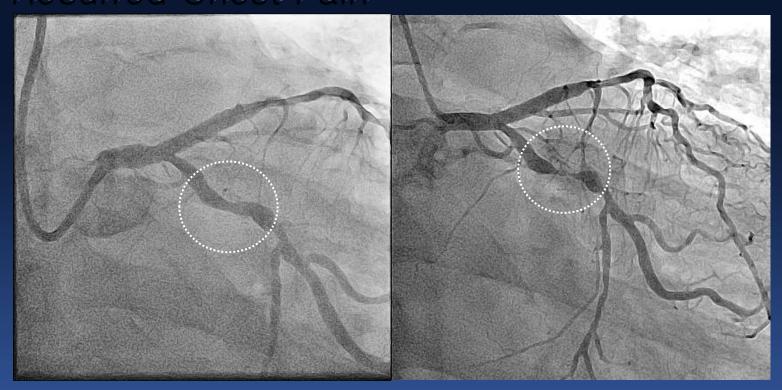
MLA 2.8 mm² Plaque burden 81%

maxLCBI4mm: 930





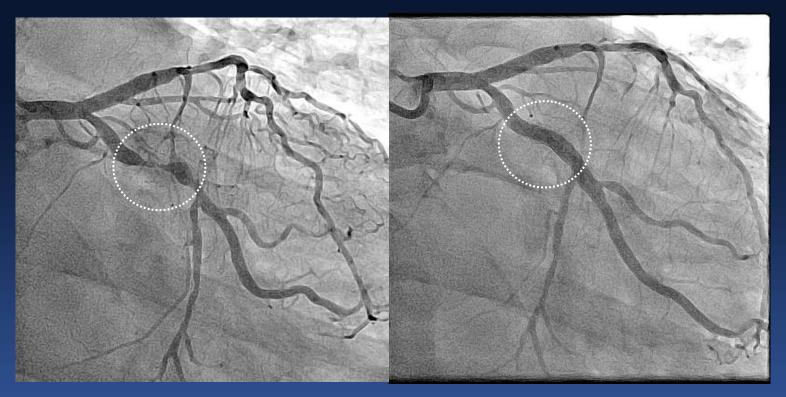
11 months later, Recurred Chest Pain



Disease Progression!



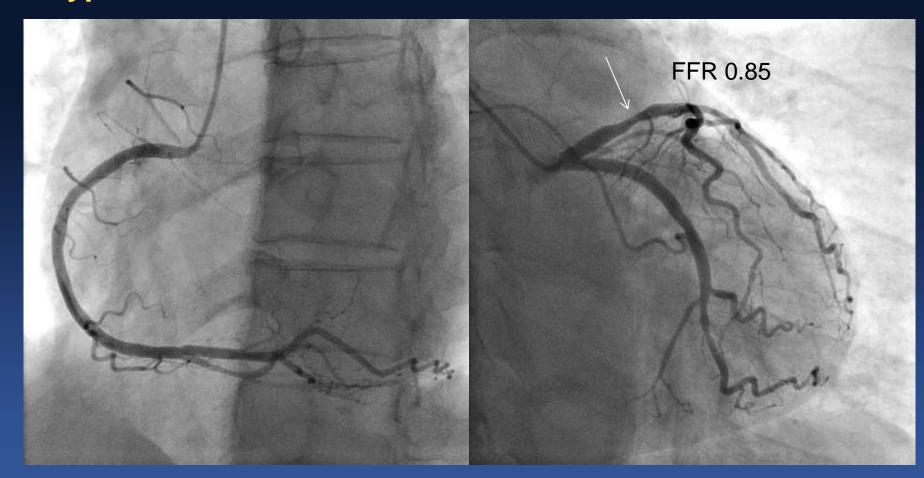
OMT group, PCI



Xience Alpine 3.5 x 23mm

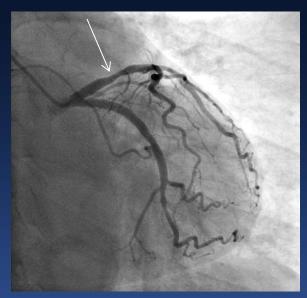


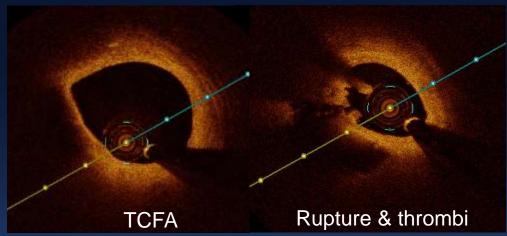
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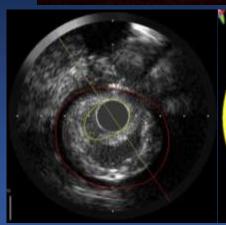


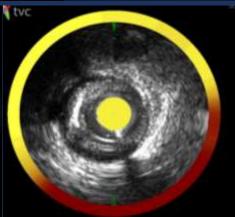


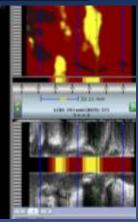
Vulnerable Plaque by OCT & NIRS











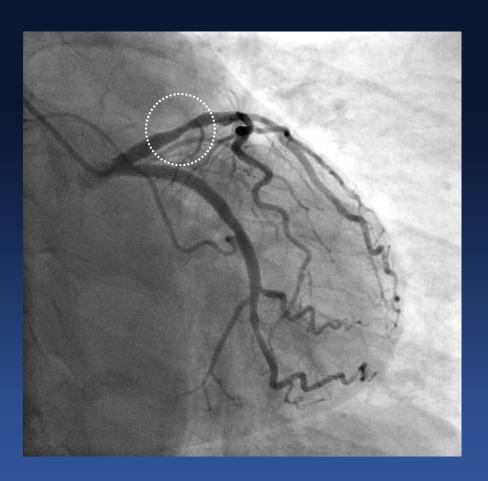
MLA 2.7 mm² Plaque burden 73%

maxLCBI 4mm: 571





Randomized to OMT



FFR: 0.85

Angiographic DS: 50%

IVUS MLA: 2.7 mm²

Plaque burden: 73%

max LCBI_{4mm}: 571

TCFA (+)

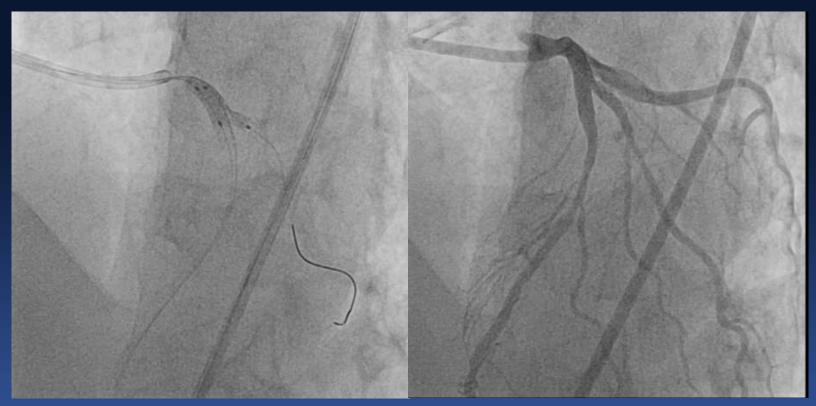


Functionally Insignificant Vulnerable Plaque

7 months later, Rest Chest Pain



OMT group, PCI



Resolute Onyx 3.5 x 18 mm 2.5 x 15 mm





To Treat or Not Tot Treat? Functionally Insignificant Vulnerable Plaque



Thank You!!

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