

NAPLES

Novel Approaches for Preventing or Limiting Event Study

Randomised Comparison of Bivalirudin Monotherapy
versus Unfractionated Heparin plus Tirofiban
in Diabetic Patients Undergoing
Elective Coronary Stenting

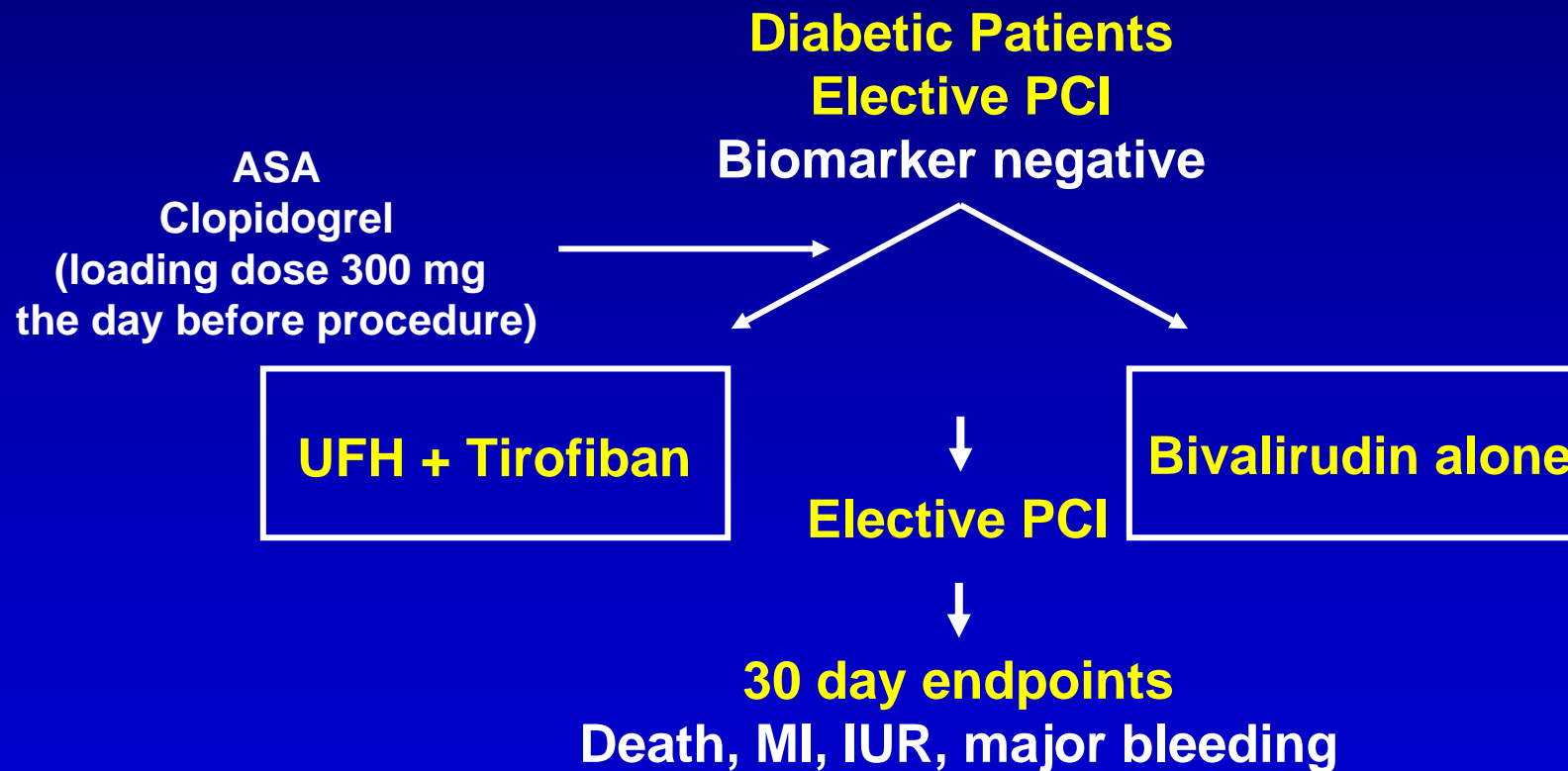
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DESIGN: Prospective, randomized, double-arm, single-center clinical study



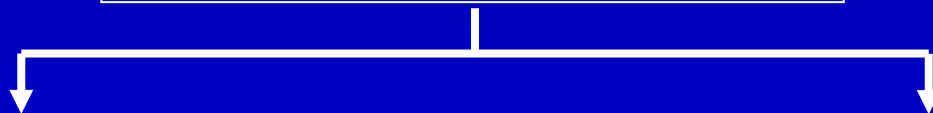
Patients assessed for eligibility
Oct. 2005- Feb.2008
(n=366)



Excluded
(n=31)
6 withdrew consent
25 did not meet the inclusion criteria



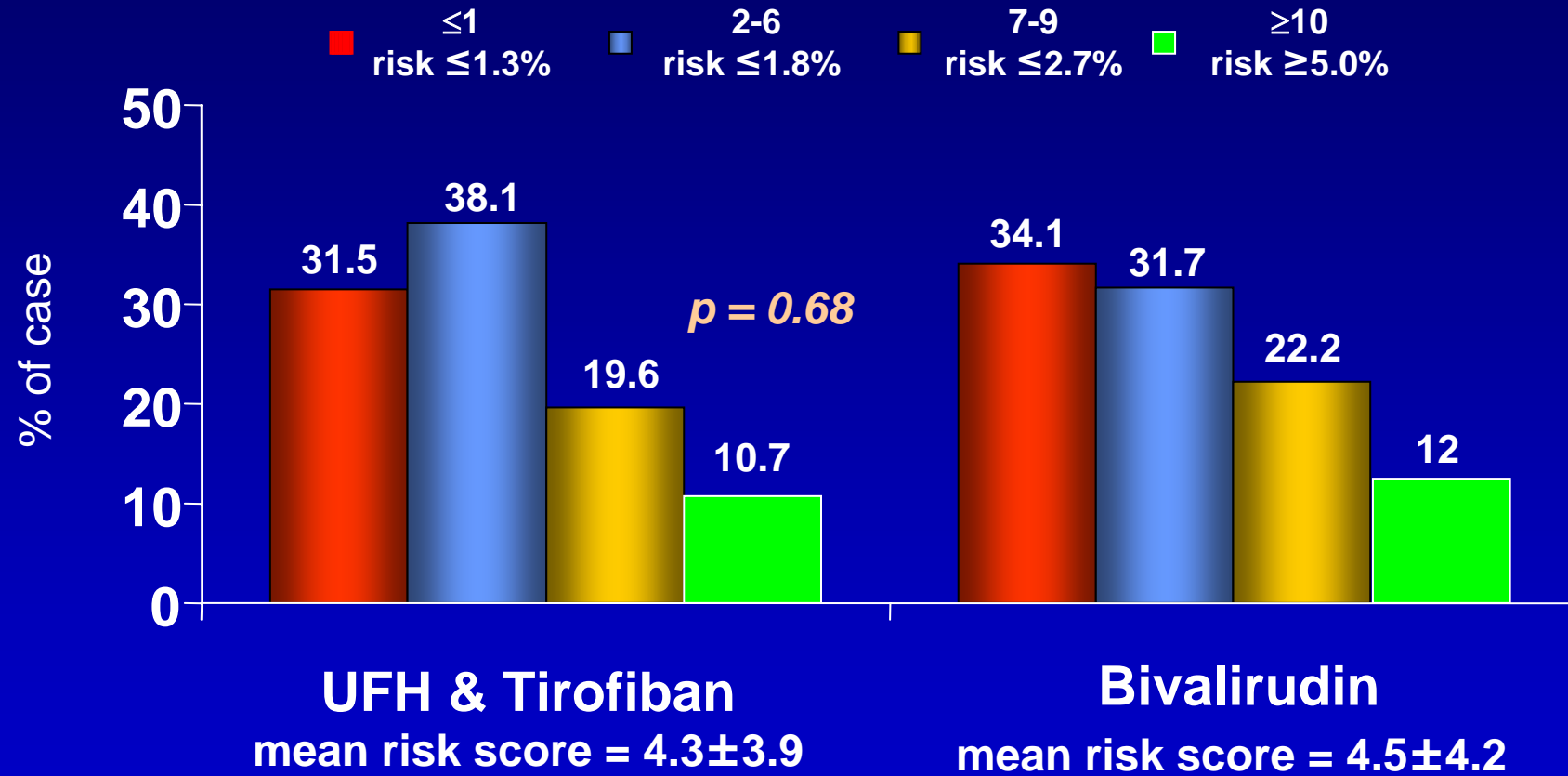
335 patients randomized



**168 allocated to
UFH plus tirofiban group**

**167 allocated to
Bivalirudin group**

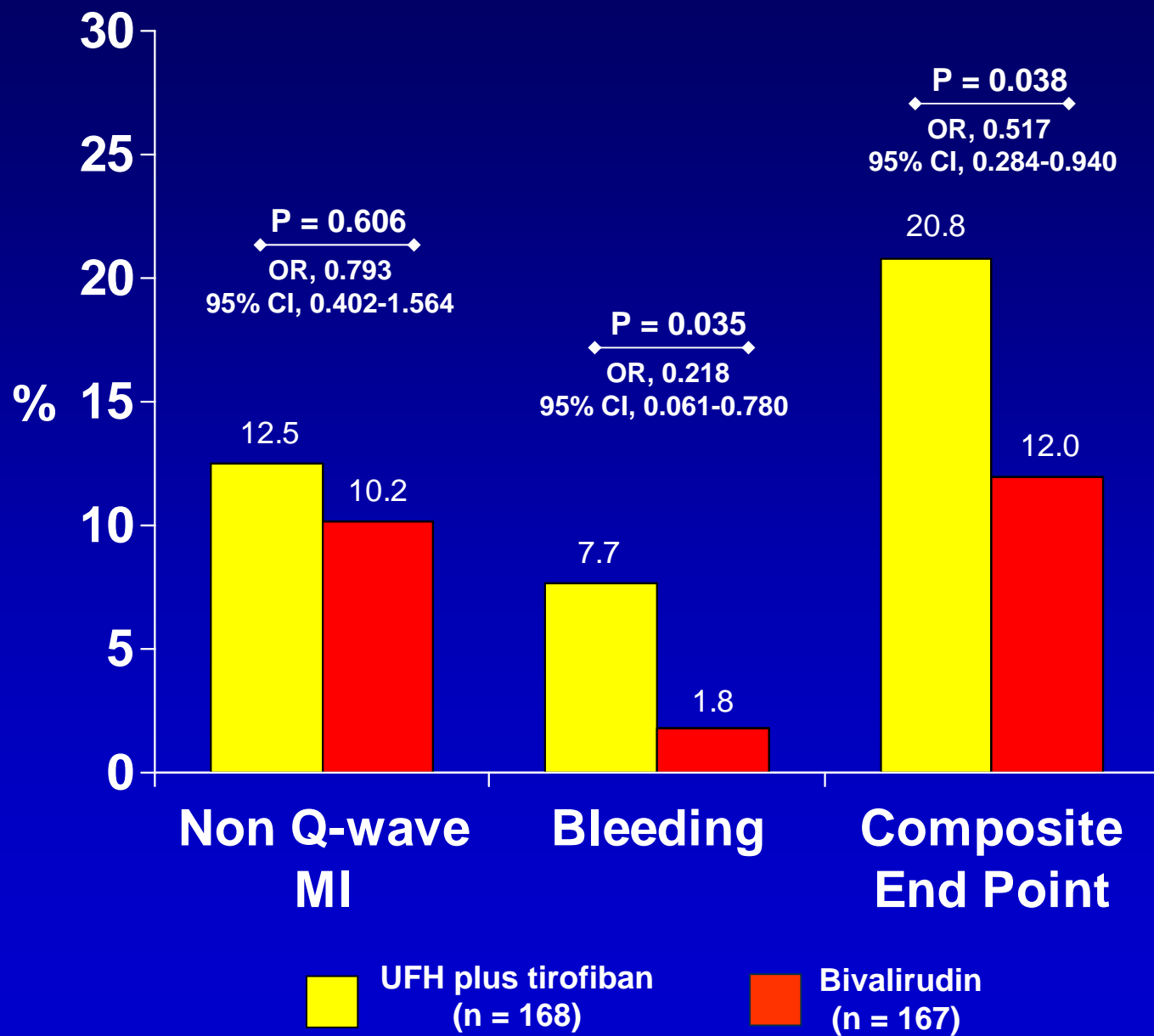
Bleeding risk score*



* According to Nikolsky E. et al. *Eur Heart J* 2007; 28: 1936-45

30-day outcome

| | UFH + Tirofiban (N=168) | Bivalirudin alone (N=167) | P value |
|----------------------|-------------------------------|---------------------------------|--------------|
| Net clinical outcome | 35 (20.8%) | 20 (12%) | 0.038 |
| Death | 0 | 0 | |
| MI | 21 (12.5%) | 17 (10.2%) | 0.61 |
| Q-wave MI | 0 | 0 | |
| Non Q-wave MI | 21 (12.5%) | 17 (10.2%) | 0.61 |
| Unplanned revasc | 0 | 0 | |
| Bleeding | 13 (7.7%) | 3 (1.8%) | 0.018 |
| Major | 3 (1.8%) | 1 (0.6%) | 0.623 |
| Minor | 10 (6%) | 2 (1.2%) | 0.035 |



Conclusions

- In diabetic patients undergoing elective PCI the antithrombotic strategy of bivalirudin monotherapy compared with unfractionated heparin plus tirofiban is safe and feasible.
- Antithrombotic regimen with bivalirudin alone suppresses adverse 30-day ischaemic events to a similar extent as does unfractionated heparin plus tirofiban.
- Bivalirudin administration compared with unfractionated heparin plus tirofiban is associated with a reduction of bleeding.
- Bivalirudin administration, compared with unfractionated heparin plus tirofiban, results in a significant decrease of the composite end-point of 30-day death, urgent revascularization, myocardial infarction and bleeding.